

VIII Marceński Bieg Zimowy - 5 km

Poznań 06.02.2022 | Dystans: 5,00 km | Wyniki OPEN



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|----------------------|------|--------------------------------|--------------------|---------|------------|----------------|----|---|-------------|--------------|-----------------|
| 1 | 106 | Rafał Tomowiak | POL | # SzymanowskiTeam | Leszno | 1984 | M30 | 1 | 1 | | 00:18:04 | 00:18:06 | 03:37 |
| 2 | 9 | Bartosz Chrząszcz | POL | | Pakość | 1995 | M20 | 1 | 2 | | 00:19:12 | 00:19:13 | 03:51 |
| 3 | 19 | Łukasz Feliksiak | POL | Obornicki Klub Lekkoatletyczny | Oborniki | 1982 | M40 | 1 | 3 | | 00:19:20 | 00:19:22 | 03:52 |
| 4 | 340 | Jakub Sroczyński | POL | | Poznań | 1998 | M20 | 2 | 4 | | 00:19:22 | 00:19:28 | 03:52 |
| 5 | 101 | Łukasz Szlachetka | POL | | Września | 1992 | M30 | 2 | 5 | | 00:19:26 | 00:19:28 | 03:53 |
| 6 | 109 | Łukasz Walkowiak | POL | #Charty Jarka | Poznań | 1997 | M20 | 3 | 6 | | 00:19:33 | 00:19:35 | 03:55 |
| 7 | 77 | Sławomir Perlikowski | POL | | Inowrocław | 1975 | M40 | 2 | 7 | | 00:21:20 | 00:21:23 | 04:16 |
| 8 | 75 | Katarzyna Pasieka | POL | | Poznań | 1984 | K30 | 1 | | 1 | 00:22:03 | 00:22:05 | 04:25 |
| 9 | 33 | Zuzanna Idkowiak | POL | | Poznań | 1996 | K20 | 1 | | 2 | 00:22:08 | 00:22:10 | 04:26 |
| 10 | 108 | Sebastian Urbaniaka | POL | Tuptańsko | Plewiska | 1993 | M20 | 4 | 8 | | 00:22:39 | 00:22:44 | 04:32 |
| 11 | 56 | Wojciech Latawiec | POL | Lata Team | Suchy Las | 2000 | M20 | 5 | 9 | | 00:23:12 | 00:23:14 | 04:39 |
| 12 | 112 | Daniel Wiśniewski | POL | Latawiec Team | Suchy Las | 2000 | M20 | 6 | 10 | | 00:23:50 | 00:23:53 | 04:46 |
| 13 | 120 | Norbert Zborowski | POL | #biegiemwlas | Poznań | 1990 | M30 | 3 | 11 | | 00:23:50 | 00:23:55 | 04:46 |
| 14 | 72 | Maciej Nowak | POL | Speed Feet'16 | Poznań | 1974 | M40 | 3 | 12 | | 00:23:59 | 00:24:02 | 04:48 |
| 15 | 121 | Szymon Zduńczyk | POL | Walka Kostrzyn | Kostrzyn Wlkp | 1994 | M20 | 7 | 13 | | 00:24:07 | 00:24:10 | 04:50 |
| 16 | 93 | Jakub Skórzewski | POL | | Pamiątkowo | 2003 | M15 | 1 | 14 | | 00:24:43 | 00:24:45 | 04:57 |
| 17 | 2 | Jakub Augustyniak | POL | KOBeJot FC | Mosina | 1997 | M20 | 8 | 15 | | 00:25:19 | 00:25:23 | 05:04 |
| 18 | 73 | Jadwiga Paluch | POL | Łuk Team | Poznań | 1989 | K30 | 2 | | 3 | 00:25:36 | 00:25:41 | 05:07 |
| 19 | 83 | Jarosław Pietrzak | POL | | Dobrzyca | 1969 | M50 | 1 | 16 | | 00:25:58 | 00:25:58 | 05:12 |
| 20 | 123 | Jan Żaczek | POL | | Poznań | 1958 | M60+ | 1 | 17 | | 00:26:00 | 00:26:03 | 05:12 |
| 21 | 68 | Łukasz Milkiewicz | POL | MB Motors | Koziegłowy | 1999 | M20 | 9 | 18 | | 00:26:11 | 00:26:19 | 05:14 |
| 22 | 89 | Ryszard, Marek Raś | POL | Eko-Wod-Kan | Przeźmierowo | 1950 | M60+ | 2 | 19 | | 00:26:24 | 00:26:27 | 05:17 |
| 23 | 91 | Wojciech Rożuk | POL | Getinge Infecteam | Poznań | 1992 | M30 | 4 | 20 | | 00:26:29 | 00:26:34 | 05:18 |
| 24 | 85 | Patryk Piński | POL | | Poznań | 1996 | M20 | 10 | 21 | | 00:26:45 | 00:26:57 | 05:21 |
| 25 | 110 | Izabela Warych | POL | | Śrem | 1980 | K40 | 1 | | 4 | 00:26:51 | 00:27:04 | 05:22 |
| 26 | 37 | Bartosz Jarosz | POL | | Książ Wielkopolski | 1989 | M30 | 5 | 22 | | 00:26:56 | 00:27:09 | 05:23 |
| 27 | 8 | Damian Borsuk | POL | | Poznań | 1985 | M30 | 6 | 23 | | 00:27:30 | 00:27:42 | 05:30 |
| 28 | 50 | Łukasz Krzymieniecki | POL | | Poznań | 1981 | M40 | 4 | 24 | | 00:27:40 | 00:27:46 | 05:32 |
| 29 | 60 | Juliusz Łukaszewski | POL | Łuk Team | Poznań | 1964 | M50 | 2 | 25 | | 00:27:48 | 00:27:53 | 05:34 |
| 30 | 78 | Kamila Piątek | POL | | Poznań | 1989 | K30 | 3 | | 5 | 00:28:04 | 00:28:04 | 05:37 |
| 31 | 103 | Jacek Szymański | POL | | Poznań | 1987 | M30 | 7 | 26 | | 00:27:54 | 00:28:08 | 05:35 |
| 32 | 45 | Iwona Kozłowska | POL | drużyna szpiku | Granowo | 1971 | K50 | 1 | | 6 | 00:28:03 | 00:28:10 | 05:37 |
| 33 | 38 | Marcin Jarota | POL | | Poznań | 1998 | M20 | 11 | 27 | | 00:28:00 | 00:28:10 | 05:36 |
| 34 | 320 | Maciej Szafrąński | POL | #biegiemwlas | Poznań | 1987 | M30 | 8 | 28 | | 00:21:00 | 00:28:28 | 04:12 |
| 35 | 81 | Tomasz Piela | POL | | Poznań | 1990 | M30 | 9 | 29 | | 00:28:32 | 00:28:38 | 05:42 |
| 36 | 88 | Katarzyna Przybylska | POL | Tuptańsko | Plewiska | 1994 | K20 | 2 | | 7 | 00:28:41 | 00:28:46 | 05:44 |
| 37 | 12 | Mateusz Cieślik | POL | TEAM APK | Bogdanowo | 1999 | M20 | 12 | 30 | | 00:24:27 | 00:28:51 | 04:54 |
| 38 | 36 | Kacper Jankowski | POL | KOBeJot FC | Brodnica | 1997 | M20 | 13 | 31 | | 00:28:48 | 00:28:53 | 05:46 |
| 39 | 46 | Katarzyna Kozłowska | POL | #biegiemwlas | Poznań | 1981 | K40 | 2 | | 8 | 00:28:59 | 00:29:03 | 05:48 |
| 40 | 90 | Roman Rożkowski | POL | Runner's Power Śrem | Śrem | 1958 | M60+ | 3 | 32 | | 00:28:49 | 00:29:04 | 05:46 |

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|------|-----|--------------------------|------|------------------------|-------------|---------|------------|----------------|----|----|-------------|--------------|-----------------|
| 41 | 57 | Dariusz Leszczak - Phong | POL | Getinge Infecteam | Poznań | 1983 | M30 | 10 | 33 | | 00:29:03 | 00:29:08 | 05:49 |
| 42 | 96 | Renata Sobkowiak | POL | | Kostrzyn | 1985 | K30 | 4 | | 9 | 00:29:00 | 00:29:11 | 05:48 |
| 43 | 32 | Anna Hyży | POL | | Buk | 1999 | K20 | 3 | | 10 | 00:29:03 | 00:29:12 | 05:49 |
| 44 | 7 | Bartosz Boiński | POL | EuroCash | Poznań | 1992 | M30 | 11 | 34 | | 00:29:04 | 00:29:12 | 05:49 |
| 45 | 42 | Magdalena Klima | POL | | Rawicz | 1984 | K30 | 5 | | 11 | 00:29:19 | 00:29:22 | 05:52 |
| 46 | 34 | Jakub Izydorczyk | POL | TEAM APK | Oborniki | 1999 | M20 | 14 | 35 | | 00:24:58 | 00:29:23 | 05:00 |
| 47 | 62 | Karolina Maćkowiak | POL | | Rawicz | 1985 | K30 | 6 | | 12 | 00:29:23 | 00:29:25 | 05:53 |
| 48 | 5 | Beata Bela | POL | | Wrocław | 1970 | K50 | 2 | | 13 | 00:29:14 | 00:29:28 | 05:51 |
| 49 | 107 | Andrzej Topolski | POL | | Swarzędz | 1984 | M30 | 12 | 36 | | 00:29:23 | 00:29:38 | 05:53 |
| 50 | 25 | Damian Głodek | POL | | Poznań | 1994 | M20 | 15 | 37 | | 00:29:28 | 00:29:44 | 05:54 |
| 51 | 35 | Zuzanna Jankowska | POL | #Charty Jarka | Poznań | 1996 | K20 | 4 | | 14 | 00:29:42 | 00:29:50 | 05:56 |
| 52 | 82 | Agata Pietruczuk | POL | | - | 1994 | K20 | 5 | | 15 | 00:29:46 | 00:29:52 | 05:57 |
| 53 | 6 | Andrzej Bobak | POL | | Poznań | 1981 | M40 | 5 | 38 | | 00:29:47 | 00:29:56 | 05:57 |
| 54 | 54 | Robert Kupczak | POL | Bukowski Klub Biegacza | Buk | 1968 | M50 | 3 | 39 | | 00:30:12 | 00:30:24 | 06:03 |
| 55 | 64 | Dominik Majewski | POL | TEAM APK | Gościejewo | 2000 | M20 | 16 | 40 | | 00:26:01 | 00:30:25 | 05:12 |
| 56 | 49 | Gabriela Krzymieniecka | POL | | Poznań | 2004 | K15 | 1 | | 16 | 00:30:30 | 00:30:36 | 06:06 |
| 57 | 65 | Zbigniew Makosz | POL | | Poznań | 1993 | M20 | 17 | 41 | | 00:30:27 | 00:30:40 | 06:06 |
| 58 | 105 | Agata Thompson | POL | | Rawicz | 1983 | K30 | 7 | | 17 | 00:30:44 | 00:30:47 | 06:09 |
| 59 | 13 | Stefan Czajkowski | POL | TEAM APK | Kowanowko | 1997 | M20 | 18 | 42 | | 00:26:26 | 00:30:50 | 05:17 |
| 60 | 14 | Zuzanna Dobersztyn | POL | | Poznań | 1993 | K20 | 6 | | 18 | 00:30:55 | 00:30:59 | 06:11 |
| 61 | 4 | Piotr Beder | POL | | Glinno | 1969 | M50 | 4 | 43 | | 00:30:55 | 00:31:00 | 06:11 |
| 62 | 48 | Agnieszka Krukowska | POL | | Poznań | 1975 | K40 | 3 | | 19 | 00:30:57 | 00:31:04 | 06:11 |
| 63 | 22 | Michał Gawęcki | POL | | Poznań | 1988 | M30 | 13 | 44 | | 00:31:03 | 00:31:10 | 06:13 |
| 64 | 95 | Bartłomiej Sobczak | POL | | Trzcianka | 1992 | M30 | 14 | 45 | | 00:30:59 | 00:31:10 | 06:12 |
| 65 | 29 | Julia Grabowska | POL | | Rogoźno | 2001 | K20 | 7 | | 20 | 00:31:00 | 00:31:11 | 06:12 |
| 66 | 26 | Tymon Głogowski | POL | H2TM | Poznań | 2006 | M15 | 2 | 46 | | 00:31:23 | 00:31:31 | 06:17 |
| 67 | 39 | Marcin Józefowski | POL | | Plewiska | 1982 | M40 | 6 | 47 | | 00:31:32 | 00:31:37 | 06:19 |
| 68 | 1 | Bogumiła Andrzejak | POL | Ruukki | Suchy Las | 1969 | K50 | 3 | | 21 | 00:31:43 | 00:31:55 | 06:21 |
| 69 | 334 | Filip Nawrowski | POL | | Poznań | 1977 | M40 | 7 | 48 | | 00:31:59 | 00:32:09 | 06:24 |
| 70 | 92 | Anna Skołuda | POL | Kostrzyn | Kostrzyn | 1979 | K40 | 4 | | 22 | 00:32:11 | 00:32:27 | 06:26 |
| 71 | 23 | Filip Gaworski | POL | EuroCash | | 1988 | M30 | 15 | 49 | | 00:32:14 | 00:32:27 | 06:27 |
| 72 | 30 | Adam Grześkowiak | POL | Dirty Sparrows | Opalenica | 1960 | M60+ | 4 | 50 | | 00:32:44 | 00:32:51 | 06:33 |
| 73 | 63 | Marta Majewska | POL | Spin Force Runners | Września | 1984 | K30 | 8 | | 23 | 00:32:43 | 00:32:57 | 06:33 |
| 74 | 338 | Agnieszka Czaja | POL | Vege runners | Poznań | 1984 | K30 | 9 | | 24 | 00:32:50 | 00:33:06 | 06:34 |
| 75 | 47 | Ewa Kramer-Dwóźnik | POL | | Wronki | 1968 | K50 | 4 | | 25 | 00:32:55 | 00:33:06 | 06:35 |
| 76 | 117 | Krzysztof Wojcieszak | POL | Hermes Team | Poznań | 1984 | M30 | 16 | 51 | | 00:32:57 | 00:33:07 | 06:36 |
| 77 | 116 | Ilona Wojcieszak | POL | | Poznań | 1985 | K30 | 10 | | 26 | 00:32:58 | 00:33:08 | 06:36 |
| 78 | 61 | Henryk Maćkowiak | POL | UAM | Poznań | 1970 | M50 | 5 | 52 | | 00:33:05 | 00:33:13 | 06:37 |
| 79 | 58 | Anna Leśniewska | POL | | Krosinko | 1986 | K30 | 11 | | 27 | 00:33:04 | 00:33:21 | 06:37 |
| 80 | 114 | Małgorzata Włodarczyk | POL | COLOR TREND Orzechowo | Orzechowo | 1982 | K40 | 5 | | 28 | 00:33:34 | 00:33:43 | 06:43 |

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|------|-----|----------------------------|------|--|---------------------|---------|------------|----------------|----|----|-------------|--------------|-----------------|
| 81 | 43 | Paweł Konieczny | POL | | Sierosław | 1992 | M30 | 17 | 53 | | 00:33:31 | 00:33:44 | 06:42 |
| 82 | 31 | Małgorzata Gugala | POL | | Poznań | 1986 | K30 | 12 | | 29 | 00:33:29 | 00:33:46 | 06:42 |
| 83 | 21 | Anna Gawęcka | POL | Bukowski Klub Biegacza | Poznań | 1985 | K30 | 13 | | 30 | 00:33:44 | 00:33:51 | 06:45 |
| 84 | 118 | Michał Wozniak | POL | | Poznań | 1979 | M40 | 8 | 54 | | 00:33:45 | 00:34:04 | 06:45 |
| 85 | 79 | Zuzanna Pichola | POL | | Poznań | 1986 | K30 | 14 | | 31 | 00:33:52 | 00:34:09 | 06:46 |
| 86 | 337 | Paulina Stamm | POL | | Poznań | 1974 | K40 | 6 | | 32 | 00:34:16 | 00:34:38 | 06:51 |
| 87 | 122 | Michał Złoty | POL | | Kędzierzyn-Koźle | 1999 | M20 | 19 | 55 | | 00:34:34 | 00:34:38 | 06:55 |
| 88 | 111 | Barbara Wilk | POL | | Strzelin | 2000 | K20 | 8 | | 33 | 00:34:35 | 00:34:39 | 06:55 |
| 89 | 66 | Monika Merklingshaus-Kober | POL | Speed Feet '16 | Kościan | 1975 | K40 | 7 | | 34 | 00:34:45 | 00:34:58 | 06:57 |
| 90 | 119 | Sylwia Zaremba | POL | | Sroda Wlkp. | 1990 | K30 | 15 | | 35 | 00:34:52 | 00:35:06 | 06:59 |
| 91 | 87 | Magdalena Przewoźniak | POL | kobietybiegaja.pl | Luboń | 1976 | K40 | 8 | | 36 | 00:35:23 | 00:35:30 | 07:05 |
| 92 | 16 | Agnieszka Dygudaj | POL | | Poznań | 1982 | K40 | 9 | | 37 | 00:35:31 | 00:35:37 | 07:06 |
| 93 | 3 | Daria Barańska | POL | | Kaźmierz | 1996 | K20 | 9 | | 38 | 00:35:27 | 00:35:37 | 07:06 |
| 94 | 76 | Sylwia Pawłowska | POL | | 62-080 | 1987 | K30 | 16 | | 39 | 00:35:30 | 00:35:41 | 07:06 |
| 95 | 84 | Dominika Pińska | POL | | Poznań | 1992 | K30 | 17 | | 40 | 00:35:40 | 00:35:52 | 07:08 |
| 96 | 100 | Sandra Synowiec | POL | | Poznań | 1994 | K20 | 10 | | 41 | 00:36:12 | 00:36:16 | 07:14 |
| 97 | 97 | Paula Sójka | POL | | Komorniki | 1987 | K30 | 18 | | 42 | 00:36:19 | 00:36:30 | 07:16 |
| 98 | 113 | Piotr Witkowski | POL | | Gorzów Wielkopolski | 1970 | M50 | 6 | 56 | | 00:37:25 | 00:37:44 | 07:29 |
| 99 | 11 | Anna Cieślik | POL | Slow Jogging Poznań | Poznań | 1982 | K40 | 10 | | 43 | 00:37:48 | 00:37:58 | 07:34 |
| 100 | 69 | Alicja Mocydlarz | POL | | Opalenica | 1969 | K50 | 5 | | 44 | 00:37:54 | 00:38:01 | 07:35 |
| 101 | 15 | Małgorzata Dominiczak | POL | | Poznań | 1983 | K30 | 19 | | 45 | 00:38:30 | 00:38:50 | 07:42 |
| 102 | 71 | Agnieszka Nowak | POL | Latawiec Team | Poznań | 1974 | K40 | 11 | | 46 | 00:38:50 | 00:38:53 | 07:46 |
| 103 | 17 | Anna Dziuba | POL | | Poznań | 1992 | K30 | 20 | | 47 | 00:38:47 | 00:39:00 | 07:45 |
| 104 | 102 | Agnieszka Szymańska | POL | | Poznań | 1978 | K40 | 12 | | 48 | 00:39:18 | 00:39:34 | 07:52 |
| 105 | 44 | Arkadiusz Kownacki | POL | Wataha Łączy Nas Bieganie / Drużyna Szpiku | Witkowo | 1967 | M50 | 7 | 57 | | 00:39:56 | 00:40:09 | 07:59 |
| 106 | 115 | Michał Włodarczyk | POL | COLOR TREND Orzechowo | Orzechowo | 1994 | M20 | 20 | 58 | | 00:40:01 | 00:40:10 | 08:00 |
| 107 | 18 | Ilona Falkowska | POL | | Poznan | 1954 | K60+ | 1 | | 49 | 00:40:23 | 00:40:39 | 08:05 |
| 108 | 74 | Maciej Parszewski | POL | | Piła | 1988 | M30 | 18 | 59 | | 00:42:17 | 00:42:24 | 08:28 |
| 109 | 67 | Krzysztof Mielcarek | POL | | Wągrowiec | 1979 | M40 | 9 | 60 | | 00:42:09 | 00:42:27 | 08:26 |
| 110 | 24 | Natalia Gerlof | POL | | Dąbrówka | 1996 | K20 | 11 | | 50 | 00:42:35 | 00:42:45 | 08:31 |