

XII Bieg Piaśnicki

Organizator: Urząd Gminy Wejherowo

Termin: 2020-10-03

Miejsce: Piaśnica

Dystans: 10km Bieg

Msc	Numer	Nazwisko	Imię	Płeć	M pł	M kat	Kategoria	Miejscowość	Klub	Dystans	Czas netto	Prędkość	Czas/km	Start Bieg	5 km bieg	Meta bieg
1	125	JEDNACHOWSKI	KRZYSZTOF	M	1		M 30-39	PUCK		10km Bieg	00:36:04.48	16.64	00:03:36	00:00:03.03	00:17:54.24	00:36:07.51
2	221	LIŚKIEWICZ	ROMAN	M	2		M 50-59	KĘTRZYN	GF ACER	10km Bieg	00:37:41.25	15.92	00:03:46	00:00:01.35	00:18:54.87	00:37:42.60
3	261	PIEKARSKI	MICHAŁ	M	3		M 30-39	SIERAKOWICE		10km Bieg	00:37:44.50	15.90	00:03:46	00:00:03.37	00:18:55.41	00:37:47.87
4	150	SKUZA	MATEUSZ	M	4	1	M 30-39	WEJHEROWO	42.195 WEJHEROWO	10km Bieg	00:37:59.47	15.80	00:03:47	00:00:03.22	00:18:55.32	00:38:02.69
5	139	MOSKA	DAWID	M	5	2	M 30-39	WEJHEROWO		10km Bieg	00:38:25.60	15.62	00:03:50	00:00:03.39	00:18:54.41	00:38:28.99
6	111	OSOWSKI	MICHAŁ	M	6	1	M 16-29	CHOJNICE	FLORIAN CHOJNICE	10km Bieg	00:39:22.80	15.24	00:03:56	00:00:04.57	00:19:24.63	00:39:27.37
7	153	SZYMAŃSKI	KRZYSZTOF	M	7	3	M 30-39	DOMATÓWKO		10km Bieg	00:40:14.68	14.91	00:04:01	00:00:04.11	00:19:27.94	00:40:18.79
8	263	POBŁOCKI	ADAM	M	8	4	M 30-39	MŚCISZEWICE		10km Bieg	00:40:24.75	14.85	00:04:02	00:00:03.80	00:20:03.57	00:40:28.55
9	136	ŁYŚ	DANIEL	M	9	5	M 30-39	REDA	NYPEL REDA	10km Bieg	00:40:26.89	14.84	00:04:02	00:00:02.86	00:19:32.59	00:40:29.75
10	168	CIEŚLAK	BARTOSZ	M	10	1	M 40-49	ŻELISTRZEWO		10km Bieg	00:40:56.10	14.66	00:04:05	00:00:03.24	00:20:15.87	00:40:59.34
11	138	MOKŁOWICZ	PIOTR	M	11	6	M 30-39	WEJHEROWO	ZNIKAJĄCE PUNKTY	10km Bieg	00:41:37.84	14.42	00:04:09	00:00:03.94	00:20:24.82	00:41:41.78
12	179	KLEKOTKO	FABIAN	M	12	2	M 40-49	POGORZE	TRIEAGLES	10km Bieg	00:42:28.82	14.13	00:04:14	00:00:05.31	00:21:03.14	00:42:34.13
13	209	WIECZERNIAK	GRZEGORZ	M	13	3	M 40-49	KAPINO		10km Bieg	00:42:32.70	14.11	00:04:15	00:00:04.51	00:21:19.59	00:42:37.21
14	215	DAWIDOWSKI	ROMAN	M	14	1	M 50-59	PUCK	SENIOR + PRZYSTAŃ	10km Bieg	00:42:37.91	14.08	00:04:15	00:00:01.00	00:42:39.91	00:42:38.91
15	183	LABUN	ZENON	M	15	4	M 40-49	MRZEZINO		10km Bieg	00:42:58.19	13.96	00:04:17	00:00:08.14	00:21:46.03	00:43:06.33
16	16	KEPKA	EWA	K	1		K 30-39	WEJHEROWO	MAJA TEAM	10km Bieg	00:42:58.64	13.96	00:04:17	00:00:01.07	00:21:21.17	00:42:59.71
17	42	KOŁODZIEJCZYK	LIDIA	K	2		K 40-49	WEJHEROWO	MAJA TEAM	10km Bieg	00:43:29.44	13.80	00:04:20	00:00:01.09	00:21:26.83	00:43:30.53
18	259	PIONK	TADEUSZ	M	16	5	M 40-49	RUMIA	KONTENER FORMY	10km Bieg	00:43:58.47	13.65	00:04:23	00:00:08.99	00:21:49.25	00:44:07.46
19	232	WILLNER	WALDEMAR	M	17	2	M 50-59	DOMATÓWKO		10km Bieg	00:44:08.72	13.60	00:04:24	00:00:08.48	00:22:12.43	00:44:17.20
20	172	DETLAFF	IRENEUSZ	M	18	6	M 40-49	GNIEŹDŹEWO	LZS/OSP GNIEŹDŹEWO	10km Bieg	00:44:13.05	13.57	00:04:25	00:00:07.57	00:22:13.52	00:44:20.62
21	300	ANGEL	PATRYCJA	K	3		K 16-29	GDYNIA		10km Bieg	00:44:29.03	13.49	00:04:26	00:00:01.12	00:21:44.98	00:44:30.15
22	148	RASZEWSKI	MATEUSZ	M	19	7	M 30-39	GÓRA	KASZUBSKIE DZIKI / MAJA TEAM	10km Bieg	00:44:58.22	13.34	00:04:29	00:00:04.15	00:22:14.52	00:45:02.37
23	3	NALEPKA	KAROLINA	K	4	1	K 16-29	WEJHEROWO		10km Bieg	00:44:59.87	13.34	00:04:29	00:00:01.01	00:22:28.49	00:45:00.88
24	204	SZWANKOWSKI	HUBERT	M	20	7	M 40-49	CHOJNICE	FLORIAN CHOJNICE	10km Bieg	00:45:00.04	13.33	00:04:30	00:00:06.39	00:22:23.71	00:45:06.43
25	262	ROSIŃSKI	PIOTR	M	21	3	M 50-59	WEJHEROWO	PRO-CARS	10km Bieg	00:45:11.78	13.28	00:04:31	00:00:05.25	00:22:41.65	00:45:17.03
26	156	WAŚIK	BARTŁOMIEJ	M	22	8	M 30-39	GDĄŃSK		10km Bieg	00:45:19.16	13.24	00:04:31	00:00:03.83	00:21:57.94	00:45:22.99
27	226	NIEMIEC	MAREK	M	23	4	M 50-59	GDYNIA	ACTIV EAGLES PRO	10km Bieg	00:45:21.38	13.23	00:04:32	00:00:04.75	00:22:07.91	00:45:26.13
28	201	STROMIDŁO	JAN	M	24	8	M 40-49	SWARZEWO		10km Bieg	00:45:27.19	13.20	00:04:32	00:00:02.73	00:22:10.48	00:45:29.92
29	4	PAWEŁCZAK	KAROLINA	K	5	2	K 16-29	GDYNIA	CHABOWSKITRAININGSYSTEM	10km Bieg	00:45:38.70	13.15	00:04:33	00:00:01.76	00:22:49.39	00:45:40.46
30	239	KRÓL	BENEDYKT	M	25	1	M 60-69	WERBLINIA	MAJA TEAM	10km Bieg	00:45:50.39	13.09	00:04:35	00:00:08.77	00:22:27.47	00:45:59.16
31	137	MILEWCZYK	RAFAŁ	M	26	9	M 30-39	WEJHEROWO	BIEGNĘ BO DAWIDEK ZASPONSOROWAŁ	10km Bieg	00:46:04.55	13.02	00:04:36	00:00:17.19	00:22:59.38	00:46:21.74
32	37	DZIEWIATOWSKA	JOANNA	K	6	1	K 40-49	TUCHOM	KUJAWSCY RUNNERS	10km Bieg	00:46:18.95	12.96	00:04:37	00:00:01.44	00:23:15.24	00:46:20.39
33	208	WASILKA	SŁAWOMIR	M	27	9	M 40-49	WEJHEROWO	HERMES	10km Bieg	00:46:24.51	12.93	00:04:38	00:00:10.86	00:23:18.54	00:46:35.37

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Msc	Numer	Nazwisko	Imię	Płeć	M pł	M kat	Kategoria	Miejscowość	Klub	Dystans	Czas netto	Prędkość	Czas/km	Start Bieg	5 km bieg	Meta bieg
34	260	LEWANDOWSKI	GRZEGORZ	M	28	10	M 40-49	WEJHEROWO		10km Bieg	00:46:56.22	12.78	00:04:41	00:00:06.54	00:23:35.70	00:47:02.76
35	21	MICKIEWICZ	ILONA	K	7	1	K 30-39	WEJHEROWO		10km Bieg	00:47:05.81	12.74	00:04:42	00:00:01.53	00:23:06.23	00:47:07.34
36	161	ZIELKE	CEZARY	M	29	10	M 30-39	MAŁA PIAŚNICA		10km Bieg	00:47:14.33	12.70	00:04:43	00:00:15.61	00:23:42.65	00:47:29.94
37	104	KLAS	ARTUR	M	30	2	M 16-29	POŁCZYNO BIS	POŁCZYNO BIEGA	10km Bieg	00:47:33.41	12.62	00:04:45	00:00:11.24	00:24:36.21	00:47:44.65
38	199	RYBACZEK	PAWEŁ	M	31	11	M 40-49	RUMIA	NO WORRIES	10km Bieg	00:48:03.54	12.49	00:04:48	00:00:09.52	00:23:57.33	00:48:13.06
39	211	ZASADA	WALDEMAR	M	32	12	M 40-49	WŁADYSŁAWOWO	FENIKS	10km Bieg	00:48:09.34	12.46	00:04:48	00:00:11.68	00:23:23.35	00:48:21.02
40	230	SZAJERKA	KRZYSZTOF	M	33	5	M 50-59	RUMIA		10km Bieg	00:48:18.63	12.42	00:04:49	00:00:07.51	00:23:14.93	00:48:26.14
41	144	PAGA	MARCIN	M	34	11	M 30-39	POGÓRZE		10km Bieg	00:48:23.37	12.40	00:04:50	00:00:10.90	00:24:16.02	00:48:34.27
42	149	ROBLES	JOSE	M	35	12	M 30-39	GDANSK	CASTILLA	10km Bieg	00:48:35.31	12.35	00:04:51	00:00:14.72	00:24:02.67	00:48:50.03
43	44	KONOPIŃSKA-KARBOWNIK	KATARZYNA	K	8	2	K 40-49	WEJHEROWO		10km Bieg	00:48:36.73	12.35	00:04:51	00:00:06.19	00:24:34.82	00:48:42.92
44	110	MŁYŃSKI	BARTŁOMIEJ	M	36	3	M 16-29	ZWARTOWO		10km Bieg	00:48:39.83	12.33	00:04:51	00:00:10.91	00:23:51.78	00:48:50.74
45	241	RUDNIK	JERZY	M	37	2	M 60-69	CHOJNICE	FLORIAN CHOJNICE	10km Bieg	00:48:40.77	12.33	00:04:52	00:00:05.33	00:24:10.51	00:48:46.10
46	220	KARCZEWSKI	GRZEGORZ	M	38	6	M 50-59	HEL	LKS BŁĘKITNI ŻEGLCE	10km Bieg	00:48:53.57	12.27	00:04:53	00:00:07.99	00:24:14.09	00:49:01.56
47	197	ROMAN	KRZYSZTOF	M	39	13	M 40-49	BOLSZEWO		10km Bieg	00:48:55.58	12.27	00:04:53	00:00:03.10	00:24:00.01	00:48:58.68
48	127	KONIECZNY	KRZYSZTOF	M	40	13	M 30-39	CHOJNICE		10km Bieg	00:48:58.48	12.25	00:04:53	00:00:14.07	00:24:00.88	00:49:12.55
49	146	PIOTROWSKI	ŁUKASZ	M	41	14	M 30-39	LĘBORK		10km Bieg	00:49:04.63	12.23	00:04:54	00:00:10.45	00:23:52.63	00:49:15.08
50	114	WOS	SZYMON	M	42	4	M 16-29	BOŻEPOLE WIELKIE		10km Bieg	00:49:09.42	12.21	00:04:54	00:00:11.68	00:23:45.75	00:49:21.10
51	124	JARZĘBIŃSKI	PIOTR	M	43	15	M 30-39	WEJHEROWO		10km Bieg	00:49:16.11	12.18	00:04:55	00:00:06.92	00:24:30.88	00:49:23.03
52	176	HAZUKA	RAFAŁ	M	44	14	M 40-49	GOŚCICINO		10km Bieg	00:49:38.04	12.09	00:04:57	00:00:10.64	00:23:53.25	00:49:48.68
53	120	DAWIDOWSKI	MAREK	M	45	16	M 30-39	GOŚCICINO		10km Bieg	00:49:45.92	12.06	00:04:58	00:00:14.52	00:25:01.85	00:50:00.44
54	6	WILLNER-BRADTKE	SANDRA	K	9	3	K 16-29	DOMATÓWKO	KICAJ DOMATÓWKO	10km Bieg	00:50:10.34	11.96	00:05:01	00:00:06.17	00:24:33.07	00:50:16.51
55	200	RYMON-LIPIŃSKI	WALDEMAR	M	46	15	M 40-49	REDA	NO LIMITS RUN	10km Bieg	00:50:38.10	11.85	00:05:03	00:00:13.77	00:24:48.88	00:50:51.87
56	140	MUCHEWICZ	MATEUSZ	M	47	17	M 30-39	RUMIA		10km Bieg	00:50:51.66	11.80	00:05:05	00:00:09.97	00:24:46.42	00:51:01.63
57	191	PEŚKO	MICHAŁ	M	48	16	M 40-49	GDANSK		10km Bieg	00:51:39.79	11.62	00:05:09	00:00:08.68	00:24:43.98	00:51:48.47
58	178	KARBOWNIK	PIOTR	M	49	17	M 40-49	WEJHEROWO		10km Bieg	00:51:44.21	11.60	00:05:10	00:00:09.34	00:25:18.79	00:51:53.55
59	185	LUNK	KRZYSZTOF	M	50	18	M 40-49	PUCK	LIVESTRONG	10km Bieg	00:51:54.48	11.56	00:05:11	00:00:07.64	00:25:42.27	00:52:02.12
60	245	ŚWIERCZYŃSKI	ZBIGNIEW	M	51	1	M 70+	CZERSK	FLORIAN CHOJNICE	10km Bieg	00:52:11.10	11.50	00:05:13	00:00:06.35	00:24:52.64	00:52:17.45
61	222	ŁOŻYŃSKI	JACEK	M	52	7	M 50-59	CHOJNICE	FLORIAN CHOJNICE	10km Bieg	00:52:11.14	11.50	00:05:13	00:00:06.15	00:24:52.37	00:52:17.29
62	177	HENNIG	TOMASZ	M	53	19	M 40-49	ZBYCHOWO	WOPR WEJHEROWO	10km Bieg	00:52:18.75	11.47	00:05:13	00:00:19.16	00:26:23.48	00:52:37.91
63	167	BRZEZICKI	MACIEJ	M	54	20	M 40-49	BOLSZEWO		10km Bieg	00:52:24.49	11.45	00:05:14	00:00:08.51	00:25:41.01	00:52:33.00
64	152	SZMAGLIŃSKI	BARTOSZ	M	55	18	M 30-39	HEL		10km Bieg	00:52:25.49	11.45	00:05:14	00:00:13.43	00:26:17.97	00:52:38.92
65	224	NIEDBAŁA	IRENEUSZ	M	56	8	M 50-59	WEJHEROWO		10km Bieg	00:52:26.88	11.44	00:05:14	00:00:09.82	00:26:47.70	00:52:36.70
66	67	ŚLIWIŃSKA	KATARZYNA	K	10	1	K 50-59	GDYNIA		10km Bieg	00:52:28.35	11.44	00:05:14	00:00:03.74	00:25:44.38	00:52:32.09
67	189	MILEWCZYK	DARIUSZ	M	57	21	M 40-49	BOLSZEWO		10km Bieg	00:52:36.55	11.41	00:05:15	00:00:19.83	00:26:52.86	00:52:56.38
68	121	DĄBROWSKI	MACIEJ	M	58	19	M 30-39	WROCŁAW		10km Bieg	00:52:39.77	11.40	00:05:15	00:00:07.48	00:25:02.80	00:52:47.25
69	65	OKRÓJ	GABRIELA	K	11	2	K 50-59	DOMATÓWKO		10km Bieg	00:53:05.75	11.30	00:05:18	00:00:04.84	00:25:57.12	00:53:10.59
70	33	ARMATYŃSKA	MAŁGORZATA	K	12	3	K 40-49	GDYNIA		10km Bieg	00:53:20.70	11.25	00:05:20	00:00:03.25	00:26:32.23	00:53:23.95

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71	26	RYBUS	ELŻBIETA	K	13	2	K 30-39	WEJHEROWO		10km Bieg	00:53:40.65	11.18	00:05:22	00:00:03.16	00:26:14.27	00:53:43.81
72	217	FILIPSKI	ANDRZEJ	M	59	9	M 50-59	GOWINO		10km Bieg	00:54:00.82	11.11	00:05:24	00:00:12.51	00:26:16.98	00:54:13.33
73	109	MIELEWCZYK	MICHAŁ MIELEWCZYK	M	60	5	M 16-29	LUZINO		10km Bieg	00:54:25.71	11.03	00:05:26	00:00:06.83	00:26:23.54	00:54:32.54
74	116	BOIŃSKI	ŁUKASZ	M	61	20	M 30-39	WEJHEROWO		10km Bieg	00:54:42.41	10.97	00:05:28	00:00:11.54	00:27:20.59	00:54:53.95
75	101	BRONOWICKI	MARCIN	M	62	6	M 16-29	RUMIA		10km Bieg	00:54:43.90	10.97	00:05:28	00:00:07.33	00:26:30.45	00:54:51.23
76	102	JEDNACHOWSKI	RADOSŁAW	M	63	7	M 16-29	DARZLUBIE	DARZLUBSKIE DZIKI	10km Bieg	00:54:49.69	10.95	00:05:28	00:00:16.71	00:27:21.42	00:55:06.40
77	34	DĄBROWSKA	ALEKSANDRA	K	14	4	K 40-49	BOLSZEWO	RUN BABYS	10km Bieg	00:55:08.51	10.88	00:05:30	00:00:01.85	00:26:44.80	00:55:10.36
78	218	FORMELLA	WALDEMAR	M	64	10	M 50-59	WEJHEROWO		10km Bieg	00:55:13.50	10.87	00:05:31	00:00:11.56	00:26:56.68	00:55:25.06
79	236	GAZARKIEWICZ	ANTONI	M	65	3	M 60-69	GDAŃSK	BHMW_GDYNIA	10km Bieg	00:55:17.75	10.85	00:05:31	00:00:14.58	00:27:22.59	00:55:32.33
80	63	KRAUZA	GRAŻYNA	K	15	3	K 50-59	BOLSZEWO	RUN BABYS	10km Bieg	00:55:21.04	10.84	00:05:32	00:00:01.74	00:26:43.68	00:55:22.78
81	154	TREDER	DANIEL	M	66	21	M 30-39	MECHELINKI		10km Bieg	00:56:12.85	10.68	00:05:37	00:00:15.29	00:27:28.95	00:56:28.14
82	64	NIEWIŃSKA	BEATA	K	16	4	K 50-59	GDAŃSK	KOLOROWE TRÓJMIEJSKIE BIEGACZKI	10km Bieg	00:56:21.94	10.65	00:05:38	00:00:05.09	00:28:00.48	00:56:27.03
83	108	KURNIK	JAKUB	M	67	8	M 16-29	WŁADYSŁAWOWO		10km Bieg	00:56:27.85	10.63	00:05:38	00:00:09.26	00:27:30.18	00:56:37.11
84	194	PTACH	JACEK	M	68	22	M 40-49	PRUSZCZ GDAŃSKI		10km Bieg	00:56:38.45	10.59	00:05:39	00:00:06.67	00:27:30.83	00:56:45.12
85	36	DZIENISZ	JUSTYNA	K	17	5	K 40-49	ROBAKOWO		10km Bieg	00:56:50.94	10.56	00:05:41	00:00:01.12	00:27:49.46	00:56:52.06
86	62	ADRIANOWICZ	BOŻENA	K	18	5	K 50-59	BOLSZEWO	BKR CYKLISTA	10km Bieg	00:57:08.92	10.50	00:05:42	00:00:05.97	00:27:17.32	00:57:14.89
87	40	HEBERLEIN	KAROLINA	K	19	6	K 40-49	WEJHEROWO		10km Bieg	00:57:34.29	10.42	00:05:45	00:00:05.36	00:28:07.69	00:57:39.65
88	155	TYMIŃSKI	JAROSŁAW	M	69	22	M 30-39	REDA		10km Bieg	00:57:36.50	10.42	00:05:45	00:00:15.83	00:27:44.29	00:57:52.33
89	202	SZUMNY	DARIUSZ	M	70	23	M 40-49	WEJHEROWO		10km Bieg	00:57:43.23	10.40	00:05:46	00:00:13.61	00:28:42.63	00:57:56.84
90	203	SZUMNY	DORIAN	M	71	24	M 40-49	WEJHEROWO		10km Bieg	00:57:44.08	10.39	00:05:46	00:00:13.02	00:28:42.75	00:57:57.10
91	47	LEPA-ROMAN	MAGDALENA	K	20	7	K 40-49	BOLSZEWO		10km Bieg	00:57:46.38	10.39	00:05:46	00:00:03.98	00:28:32.13	00:57:50.36
92	244	SOLEK	MIECZYŚLAW	M	72	4	M 60-69	WEJHEROWO	NYPEL REDA	10km Bieg	00:58:26.37	10.27	00:05:50	00:00:20.32	00:29:02.55	00:58:46.69
93	166	BLADOWSKI	ADAM	M	73	25	M 40-49	REDA		10km Bieg	00:58:36.96	10.24	00:05:51	00:00:14.31	00:29:37.86	00:58:51.27
94	10	BRZEZIK	ILONA	K	21	3	K 30-39	WEJHEROWO	STOWARZYSZENIE WEJHEROWSKI KLUB MORSÓW	10km Bieg	00:58:39.77	10.23	00:05:51	00:00:06.47	00:28:26.26	00:58:46.24
95	182	KWIDZIŃSKI	MAREK	M	74	26	M 40-49	WEJHEROWO	MARCO	10km Bieg	00:58:45.63	10.21	00:05:52	00:00:23.94	00:29:18.90	00:59:09.57
96	238	HRECKI	JAROSŁAW	M	75	5	M 60-69	LNISKA	GRUPA KUFLOWA NO TO CYK	10km Bieg	00:59:03.71	10.16	00:05:54	00:00:12.71	00:28:38.77	00:59:16.42
97	103	KARMELITOW	ALEKSANDER	M	76	9	M 16-29	GDAŃSK	GRUPA KUFLOWA NO TO CYK JUNIOR	10km Bieg	00:59:04.05	10.16	00:05:54	00:00:12.78	00:28:39.48	00:59:16.83
98	31	WEBER	MAGDALENA	K	22	4	K 30-39	ELBLĄG		10km Bieg	00:59:09.09	10.14	00:05:54	00:00:05.86	00:30:00.64	00:59:14.95
99	173	DREWA	TOMASZ	M	77	27	M 40-49	GDYNIA		10km Bieg	01:00:14.37	9.96	00:06:01	00:00:16.43	00:29:58.63	01:00:30.80
100	66	ORZOŁ	KATARZYNA	K	23	6	K 50-59	ELBLĄG		10km Bieg	01:00:42.14	9.88	00:06:04	00:00:06.01	00:30:50.68	01:00:48.15
101	255	CZAPA	MAGDALENA	K	24	8	K 40-49	GDAŃSK		10km Bieg	01:00:44.32	9.88	00:06:04	00:00:03.62	00:28:47.62	01:00:47.94
102	165	BIESZK	GRZEGORZ	M	78	28	M 40-49	DĘBOGÓRZE	PIWO TO MOJE PALIWO	10km Bieg	01:00:51.48	9.86	00:06:05	00:00:09.78	00:29:38.06	01:01:01.26
103	48	LIŚKIEWICZ	BEATA	K	25	9	K 40-49	KĘTRZYN	GF ACER	10km Bieg	01:00:53.17	9.85	00:06:05	00:00:03.89	00:30:13.88	01:00:57.06
104	14	IMIELSKA	JUSTYNA	K	26	5	K 30-39	RUMIA	KONTENER FORMY	10km Bieg	01:01:25.08	9.77	00:06:08	00:00:01.42	00:29:59.42	01:01:26.50
105	7	WYSOCKA	GABRIELA	K	27	4	K 16-29	GDAŃSK-OLIWA		10km Bieg	01:01:25.68	9.77	00:06:08	00:00:04.33	00:30:00.50	01:01:30.01
106	257	MICEWICZ	ANNA	K	28	6	K 30-39	RUMIA		10km Bieg	01:01:59.40	9.68	00:06:11	00:00:05.22	00:31:05.64	01:02:04.62

XII Bieg Piaśnicki

Msc	Numer	Nazwisko	Imię	Płeć	M pł	M kat	Kategoria	Miejscowość	Klub	Dystans	Czas netto	Prędkość	Czas/km	Start Bieg	5 km bieg	Meta bieg
107	207	WASILEWSKI	MARCIN	M	79	29	M 40-49	GDYNIA	BIGYELLOWFOOT ADVENTURE TEAM	10km Bieg	01:02:09.71	9.65	00:06:12	00:00:15.90	00:29:52.35	01:02:25.61
108	233	WYSOCKI	MIECZYŚLAW	M	80	11	M 50-59	GDĄŃSK-OLIWA		10km Bieg	01:02:58.10	9.53	00:06:17	00:00:14.74	00:29:24.72	01:03:12.84
109	256	HALMAN	MIROŚLAWA	K	29	10	K 40-49	LUZINO		10km Bieg	01:03:06.85	9.51	00:06:18	00:00:01.33	00:30:46.27	01:03:08.18
110	20	ŁAGA	DOROTA	K	30	7	K 30-39	LUZINO	ZMOTYWOWANI REDA	10km Bieg	01:03:30.04	9.45	00:06:21	00:00:06.22	00:31:14.02	01:03:36.26
111	68	WYSOCKA	DOROTA	K	31	7	K 50-59	GDĄŃSK		10km Bieg	01:03:48.05	9.40	00:06:22	00:00:03.86	00:30:26.56	01:03:51.91
112	192	POCIASK	KRZYSZTOF	M	81	30	M 40-49	RUMIA	KONTENER FORMY	10km Bieg	01:04:07.50	9.36	00:06:24	00:00:10.33	00:32:06.90	01:04:17.83
113	29	TREDER	MAŁGORZATA	K	32	8	K 30-39	MECHELINKI		10km Bieg	01:04:54.03	9.24	00:06:29	00:00:06.50	00:31:27.60	01:05:00.53
114	57	SZYMAŃSKA	JOANNA	K	33	11	K 40-49	ELBLĄG		10km Bieg	01:05:10.61	9.21	00:06:31	00:00:05.41	00:31:23.84	01:05:16.02
115	254	LADEMANN	GABRIELA	K	34	12	K 40-49	BOLSZEWO	RUN BABYS	10km Bieg	01:05:14.14	9.20	00:06:31	00:00:02.28	00:30:22.88	01:05:16.42
116	23	MIELEWCZYK	JUSTYNA	K	35	9	K 30-39	REDA	ZMOTYWOWANI	10km Bieg	01:05:20.44	9.18	00:06:32	00:00:04.50	00:31:38.88	01:05:24.94
117	219	FREITAG	ADAM	M	82	12	M 50-59	WEJHEROWO		10km Bieg	01:05:32.06	9.16	00:06:33	00:00:09.08	00:30:44.27	01:05:41.14
118	46	LABUDDA	ELŻBIETA	K	36	13	K 40-49	STARZYNO	MORSY PUCK	10km Bieg	01:05:32.24	9.16	00:06:33	00:00:02.69	00:31:36.39	01:05:34.93
119	214	BRONOWICKI	SŁAWOMIR	M	83	13	M 50-59	RUMIA		10km Bieg	01:05:33.59	9.15	00:06:33	00:00:07.49	00:30:44.82	01:05:41.08
120	58	ŚWITOŃSKA	ALEKSANDRA	K	37	14	K 40-49	GDYNIA		10km Bieg	01:06:31.26	9.02	00:06:39	00:00:06.24	00:32:13.52	01:06:37.50
121	22	MIELCZARSKA	MONIKA	K	38	10	K 30-39	WARSZAWA		10km Bieg	01:06:56.19	8.96	00:06:41	00:00:07.11	00:31:24.99	01:07:03.30
122	235	FURTAK	LESZEK	M	84	6	M 60-69	WEJHEROWO	NIEZRZESZONY	10km Bieg	01:07:11.17	8.93	00:06:43	00:00:14.69	00:31:56.70	01:07:25.86
123	54	RUDEK	MAŁGORZATA	K	39	15	K 40-49	RUMIA		10km Bieg	01:07:12.14	8.93	00:06:43	00:00:06.07	00:32:59.84	01:07:18.21
124	162	ADAMOWSKI	ANDRZEJ	M	85	31	M 40-49	ELBLĄG		10km Bieg	01:17:15.36	7.77	00:07:43	00:00:06.77	00:37:14.65	01:17:22.13
125	19	LUBOWIECKA	ALICJA	K	40	11	K 30-39	WEJHEROWO		10km Bieg	01:17:15.40	7.77	00:07:43	00:00:06.81	00:37:14.48	01:17:22.21
126	195	PYTEL	PRZEMYSŁAW	M	86	32	M 40-49	HEL		10km Bieg	01:19:36.25	7.54	00:07:57	00:00:18.97	00:36:42.45	01:19:55.22