

# XIX Toyota Półmaraton Wałbrzych

## WYNIKI ZAWODÓW

**Organizator:** Prezydent Miasta Wałbrzycha, Wałbrzyskie Centrum Sportowo-Rekreacyjne Aqua Zdrój,

**Termin:** 19.08.2018

**Miejsce:** Wałbrzych

**Dystans:** 21,0975 km



| Miejsce Rank                             | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat | Drużyna Team                                   | R-k YoB | W kategorii in Age | (K) Sex | Time     | [min/km] |    |
|--|--------|------------------------|------------------|----------|--|---------|--------------------|---------|----------|----------|----|
| <b>Półmaraton 21,0975 km - K18 [1]</b>   |        |                        |                  |          |  |         |                    |         |          |          |    |
| 1  | 591    | POPIELEWICZ Karolina   | MIKOŁÓW          |          | POL METAL SERWIS SPORT TEAM                    | 00      | K18/1              | (K)244  | 02:14:23 | 06.22    | OK |
| <b>Półmaraton 21,0975 km - K20 [119]</b> |        |                        |                  |          |  |         |                    |         |          |          |    |
| 1  | 3481   | PTASHUK Katsiaryna     | MINSK            |          | BLR ACHILLES LESZNO                            | 91      | K20/1              | (K)1    | 01:21:25 | 03.51    | OK |
| 2  | 19     | DIATLOVA Yulia         |                  |          | UKR  | 90      | K20/2              | (K)2    | 01:25:46 | 04.03    | OK |
| 3  | 966    | SZYMAŃSKA Brygida      | JAROSZÓW         |          | POL STRZEGOMSKA DWUNASTKA                      | 90      | K20/3              | (K)12   | 01:42:50 | 04.52    | OK |
| 4  | 813    | WOLAK Izabela          | JAWOR            |          | POL JKS SALAMANDRA                             | 90      | K20/4              | (K)15   | 01:43:46 | 04.55    | OK |
| 5  | 1072   | KRUKOWSKA Natalia      | ŁĘKNICA          |          | POL  | 91      | K20/5              | (K)16   | 01:44:51 | 04.58    | OK |
| 6  | 91     | BUDZISZEWSKA Sandra    | WSCHOWA          |          | POL ENDORFINA WSCHOWA                          | 89      | K20/6              | (K)19   | 01:45:54 | 05.01    | OK |
| 7  | 725    | SZNAJDESKA Magdalena   | JAŻWINA          |          | POL BIELAWSKA AKADEMIA BIEGANIA                | 89      | K20/7              | (K)23   | 01:47:48 | 05.06    | OK |
| 8  | 3145   | KUBECZAK Debora        | ZDUNY            |          | POL  | 92      | K20/8              | (K)24   | 01:47:52 | 05.06    | OK |
| 9  | 3305   | GNITECKA Katarzyna     | KUDOWA ZDRÓJ     |          | POL KUDOWSCY MIŁOŚNICZY BIEGANIA               | 91      | K20/9              | (K)33   | 01:50:18 | 05.13    | OK |
| <b>Półmaraton 21,0975 km - K30 [283]</b> |        |                        |                  |          |  |         |                    |         |          |          |    |
| 1  | 3368   | KÁCSER Zita            | DEBRECEN         |          | HUN BENEDEK-TEAM                               | 88      | K30/1              | (K)3    | 01:26:43 | 04.06    | OK |
| 2  | 3337   | SZECÓWKA Aneta         | BISKUPICE        |          | POL  | 79      | K30/2              | (K)4    | 01:32:03 | 04.21    | OK |
| 3  | 2787   | PISKOROWSKA Danuta     | WROCLAW          |          | POL TEAM LUKS ŻÓRAWINA - WROCLAW               | 80      | K30/3              | (K)5    | 01:32:25 | 04.22    | OK |
| 4  | 21     | PEISERT Aleksandra     | POZNAŃ           |          | POL BIEGOLOGIA.PL                              | 86      | K30/4              | (K)6    | 01:34:32 | 04.28    | OK |
| 5  | 2415   | GRACZYK Karolina       | KUTNO            |          | POL  | 85      | K30/5              | (K)8    | 01:36:38 | 04.34    | OK |
| 6  | 177    | GARDECKA Edyta         | WAŁBRZYCH        |          | POL  | 86      | K30/6              | (K)10   | 01:40:48 | 04.46    | OK |
| 7  | 1488   | JUDKA Monika           | JELENIA GÓRA     |          | POL BIEGÓWKI. EU                               | 81      | K30/7              | (K)14   | 01:43:43 | 04.55    | OK |
| 8  | 616    | RIDEL Magdalena        | ŚWIDNICA         |          | POL BIELAWSKA AKADEMIA BIEGANIA                | 82      | K30/8              | (K)21   | 01:46:10 | 05.01    | OK |
| 9  | 1105   | WIEK-REZACZ Alicja     | NYSA             |          | POL MATNER RUNNING TEAM                        | 83      | K30/9              | (K)22   | 01:46:59 | 05.04    | OK |
| <b>Półmaraton 21,0975 km - K40 [234]</b> |        |                        |                  |          |  |         |                    |         |          |          |    |
| 1  | 2387   | MOCZULSKA Małgorzata   | ŻARÓW            |          | POL ŚWIDNICKA GRUPA BIEGOWA                    | 76      | K40/1              | (K)7    | 01:35:50 | 04.32    | OK |
| 2  | 1829   | MORAWSKA Bożena        | ŚWIDNICA         |          | POL  | 69      | K40/2              | (K)9    | 01:37:31 | 04.37    | OK |
| 3  | 1571   | MEJER Magdalena        | DĄBROWA          |          | POL POLSKA                                     | 71      | K40/3              | (K)11   | 01:42:47 | 04.52    | OK |
| 4  | 2795   | WOJTASIK Izabela       | LUBOSZYCE        |          | POL  | 75      | K40/4              | (K)13   | 01:43:38 | 04.54    | OK |
| 5  | 1393   | BERNAT Katarzyna       | ŚWIDNICA         |          | POL  | 70      | K40/5              | (K)17   | 01:45:17 | 04.59    | OK |
| 6  | 1342   | GODLEWSKA Ewa          | WOŁÓW            |          | POL WOŁÓW BIEGA                                | 78      | K40/6              | (K)18   | 01:45:47 | 05.00    | OK |
| 7  | 2134   | KLUZEK Agnieszka       | WAŁBRZYCH        |          | POL  | 77      | K40/7              | (K)20   | 01:46:09 | 05.01    | OK |
| 8  | 1799   | PIEKARSKA Karina       | ŚWIEBODZICE      |          | POL -  | 75      | K40/8              | (K)27   | 01:48:53 | 05.09    | OK |
| 9  | 1336   | UJEJSKA Danuta         | ŚWIĘCIECHOWA     |          | POL  | 78      | K40/9              | (K)29   | 01:49:22 | 05.11    | OK |
| <b>Półmaraton 21,0975 km - K50 [22]</b>  |        |                        |                  |          |  |         |                    |         |          |          |    |
| 1  | 959    | CHOLUJ Małgorzata      | SZCZODRE         |          | POL PRO-RUN WROCLAW                            | 64      | K50/1              | (K)190  | 02:10:38 | 06.11    | OK |
| 2  | 403    | KWIATKOWSKA Stanisława | MIĘKINIA         |          | POL -  | 67      | K50/2              | (K)226  | 02:12:48 | 06.17    | OK |
| 3  | 1678   | SZUMIŃSKA Irena        | GOLINA           |          | POL ORANGE POLSKA                              | 61      | K50/3              | (K)241  | 02:14:02 | 06.21    | OK |
| 4  | 1526   | BIELECKA Bogumiła      | ŻARÓW            |          | POL ŻARÓW BIEGA                                | 68      | K50/4              | (K)251  | 02:14:55 | 06.23    | OK |
| 5  | 42     | BAKALARSKA Mariola     | WARSZAWA         |          | POL  | 68      | K50/5              | (K)302  | 02:18:02 | 06.32    | OK |
| 6  | 1353   | GÓRSKA Joanna          | LELIS            |          | POL ARS LONGA CHOIR, BIEGAM BO LUBIĘ OSTROŁĘKA | 67      | K50/6              | (K)352  | 02:20:42 | 06.40    | OK |
| 7  | 3188   | GUŁA Iwona             | BIERZÓW          |          | POL  | 67      | K50/7              | (K)358  | 02:20:53 | 06.40    | OK |
| 8  | 2541   | DĄBROWSKA Danuta       | PISZ             |          | POL  | 60      | K50/8              | (K)360  | 02:21:06 | 06.41    | OK |
| 9  | 2770   | BERDOWSKA Izabela      | WROCLAW          |          | POL  | 66      | K50/9              | (K)380  | 02:21:55 | 06.43    | OK |
| <b>Półmaraton 21,0975 km - K60 [3]</b>   |        |                        |                  |          |  |         |                    |         |          |          |    |
| 1  | 1703   | PASTUCHA Anna          | KRAPKOWICE       |          | POL CROSS KRAPKOWICE                           | 58      | K60/1              | (K)180  | 02:09:41 | 06.08    | OK |
| 2  | 1193   | GWIAZDA Wanda          | SZPROTAWA        |          | POL DRUŻYNA CHROBREGO                          | 55      | K60/2              | (K)332  | 02:19:34 | 06.36    | OK |

| Miejsce Rank                             | Nr Bib | Nazwisko i imię Name    | Miejscowość City    | Kraj Nat | Drużyna Team                                 | R-k YoB | W kategorii in Age | Sex     | Czas Time | [min/km] | OK |
|--|--------|-------------------------|---------------------|----------|--|---------|--------------------|---------|-----------|----------|----|
| 3  | 1051   | NOWAK-KOWALSKA Jadwiga  | WAŁBRZYCH           |          | POL  | 54      | K60/3              | (K)630  | 02:49:41  | 08.02    | OK |
| <b>Półmaraton 21,0975 km - K65 [4]</b>   |        |                         |                     |          |  |         |                    |         |           |          |    |
| 1  | 3092   | SIKORA Alicja           | BIELSKO - BIAŁA     |          | POL TEAM SIKORA                              | 52      | K65/1              | (K)55   | 01:55:42  | 05.29    | OK |
| 2  | 459    | MAJŁOWSKA Irena         | GORZÓW WLKP.        |          | POL KS.TEAM BARYŁA GORZÓW WLKP.              | 53      | K65/2              | (K)161  | 02:08:23  | 06.05    | OK |
| 3  | 412    | LASOTA Irena            | WAŁCZ               |          | POL  | 51      | K65/3              | (K)367  | 02:21:29  | 06.42    | OK |
| 4  | 3214   | NOWAKOWSKA Genowefa     | JELEŃ GÓRA          |          | POL BIEGAMDLAZDROWIA.PL                      | 52      | K65/4              | (K)570  | 02:38:21  | 07.30    | OK |
| <b>Półmaraton 21,0975 km - K70 [1]</b>   |        |                         |                     |          |  |         |                    |         |           |          |    |
| 1  | 289    | KASIERSKA Ewa katarzyna | POZNAŃ              |          | POL WKB META LUBLINIEC                       | 48      | K70/1              | (K)641  | 02:51:59  | 08.09    | OK |
| <b>Półmaraton 21,0975 km - M18 [10]</b>  |        |                         |                     |          |  |         |                    |         |           |          |    |
| 1  | 3000   | SZYMAŃSKI Damian        | PLEWISKA            |          | POL DYNAMO ŚMIGA                             | 02      | M18/1              | (M)299  | 01:45:00  | 04.58    | OK |
| 2  | 20     | RUSEK Tomasz            | NOWA WIEŚ           |          | POL KĘCKIE HARPAGANY                         | 00      | M18/2              | (M)343  | 01:46:20  | 05.02    | OK |
| 3  | 1625   | ARGAŚIŃSKI Wojciech     | SUCHA GÓRNA         |          | POL AKS WYBIEGANI POLKOWICE                  | 99      | M18/3              | (M)377  | 01:47:18  | 05.05    | OK |
| 4  | 1894   | SZULC Jakub             | ŚWIDNICA            |          | POL GLKS ŚWIDNICA                            | 01      | M18/4              | (M)378  | 01:47:22  | 05.05    | OK |
| 5  | 3001   | GŁOWACKI Miłosz         | WAŁBRZYCH           |          | POL BIEGAJ-ZAPOBIEGAJ                        | 99      | M18/5              | (M)458  | 01:49:21  | 05.10    | OK |
| 6  | 23     | BROŻYNA Gabriel         | WAŁBRZYCH           |          | POL UKS SZAFIR WAŁBRZYCH                     | 01      | M18/6              | (M)592  | 01:53:14  | 05.22    | OK |
| 7  | 1194   | MICHALCZENIA Kacper     | WIECHLICE           |          | POL DRUŻYNA CHROBREGO                        | 99      | M18/7              | (M)598  | 01:53:25  | 05.22    | OK |
| 8  | 3517   | LISTWAN Krzysztof       | DZIERŻONIÓW         |          | POL K&K RUN AND RIDE                         | 01      | M18/8              | (M)727  | 01:56:52  | 05.32    | OK |
| 9  | 2847   | KONOP Maciej            | WAŁBRZYCH           |          | POL  | 00      | M18/9              | (M)1490 | 02:17:24  | 06.30    | OK |
| <b>Półmaraton 21,0975 km - M20 [282]</b> |        |                         |                     |          |  |         |                    |         |           |          |    |
| 1  | 3370   | MWETICH Silas           | ELDORET             |          | KEN INDIVIDUAL                               | 97      | M20/1              | (M)1    | 01:11:01  | 03.21    | OK |
| 2  | 2566   | ZAJĄC Bartosz           | STRUGA              |          | POL BZ TRAINING SYSTEM / AZS AWF KRAKÓW      | 93      | M20/2              | (M)4    | 01:16:37  | 03.37    | OK |
| 3  | 2723   | STADNIK Jacek           | KROSNO ODRZAŃSKIE   |          | POL  | 91      | M20/3              | (M)5    | 01:16:47  | 03.38    | OK |
| 4  | 3224   | GOŁĘBIEWSKI Sebastian   | BOGATYNIA           |          | POL #ENERGIAZBIEGANIA                        | 91      | M20/4              | (M)6    | 01:17:46  | 03.40    | OK |
| 5  | 2928   | NOSARZEWSKI Konrad      | STUPSK MAZOWIECKI   |          | POL KONRAD NOSARZEWSKI BADANIA DIETA TRENING | 91      | M20/5              | (M)7    | 01:19:07  | 03.44    | OK |
| 6  | 2068   | JOLIBSKI Jacek          | JELEŃ GÓRA          |          | POL BIEGAMDLAZDROWIA.PL                      | 91      | M20/6              | (M)9    | 01:20:49  | 03.49    | OK |
| 7  | 3415   | SAS Dominik             | STAROKRZEPICE       |          | POL KB FLORIAN ZAJĄCZKI DRUGIE               | 90      | M20/7              | (M)14   | 01:22:45  | 03.55    | OK |
| 8  | 2519   | DOBROWOLSKI Alan        | BOGUSZÓW - GORCE    |          | POL DECATHLON                                | 96      | M20/8              | (M)15   | 01:22:49  | 03.55    | OK |
| 9  | 1783   | CIESIELSKI Maciej       | TORUŃ               |          | POL PARKRUN TORUŃ                            | 94      | M20/9              | (M)16   | 01:23:32  | 03.57    | OK |
| <b>Półmaraton 21,0975 km - M30 [709]</b> |        |                         |                     |          |  |         |                    |         |           |          |    |
| 1  | 3371   | NGENO Isaac kimutai     | ELDORET             |          | KEN INDIVIDUAL                               | 83      | M30/1              | (M)2    | 01:13:39  | 03.29    | OK |
| 2  | 3396   | KOPEĆ Wojciech          | OLSZTYNEK           |          | POL TEAM KOPEĆ                               | 86      | M30/2              | (M)3    | 01:14:08  | 03.30    | OK |
| 3  | 2706   | HRYCIUK Łukasz          | DĘBNO               |          | POL DĘBNOWSKIE CZŁAPAKI                      | 86      | M30/3              | (M)8    | 01:20:07  | 03.47    | OK |
| 4  | 221    | HOLLY Piotr             | WAŁBRZYCH           |          | POL SPORTFUEL.PL                             | 83      | M30/4              | (M)10   | 01:21:12  | 03.50    | OK |
| 5  | 3334   | STEMPNIK Przemysław     | JAWOR               |          | POL JKS SALAMANDRA                           | 81      | M30/5              | (M)12   | 01:21:26  | 03.51    | OK |
| 6  | 1132   | JOKIEL Michał           | NOWY KOŚCIÓŁ        |          | POL OLAWS ZŁOTORYJA                          | 87      | M30/6              | (M)13   | 01:22:07  | 03.53    | OK |
| 7  | 2534   | NIEPOKÓJ Patryk         | POLANICA ZDRÓJ      |          | POL INCOM GROUP TEAM                         | 79      | M30/7              | (M)19   | 01:23:47  | 03.58    | OK |
| 8  | 2960   | BERESZYŃSKI Sebastian   | GRODZISK            |          | POL DANFLOR TEAM                             | 87      | M30/8              | (M)21   | 01:24:38  | 04.00    | OK |
| 9  | 2040   | PIEGOWSKI Adam          | WOŁÓW               |          | POL EUROVENT ATHLETICS                       | 84      | M30/9              | (M)23   | 01:24:53  | 04.00    | OK |
| <b>Półmaraton 21,0975 km - M40 [681]</b> |        |                         |                     |          |  |         |                    |         |           |          |    |
| 1  | 1512   | CZARNOJAŃCZYK Rafał     | OSTRÓW WIELKOPOLSKI |          | POL  | 75      | M40/1              | (M)11   | 01:21:21  | 03.51    | OK |
| 2  | 763    | WACHLA Rafał            | RADZIONKÓW          |          | POL TOURSPORT RUNNING TEAM                   | 76      | M40/2              | (M)20   | 01:23:49  | 03.58    | OK |
| 3  | 1236   | PELC Paweł              | WROCLAW             |          | POL LOMAG SOFTWARE                           | 78      | M40/3              | (M)25   | 01:26:02  | 04.04    | OK |
| 4  | 333    | KONRAD Artur            | ZAWIERCIE           |          | POL BRACIA TEAM ZAWIERCIE                    | 77      | M40/4              | (M)26   | 01:26:04  | 04.04    | OK |
| 5  | 251    | SKÓRKA Adam             | ZŁOTORYJA           |          | POL OLAWS ZŁOTORYJA                          | 74      | M40/5              | (M)39   | 01:28:09  | 04.10    | OK |
| 6  | 499    | MIERZWA Witold          | DARŁOWO             |          | POL DARŁOWO                                  | 74      | M40/6              | (M)40   | 01:28:10  | 04.10    | OK |
| 7  | 2645   | BRYLONEK Grzegorz       | WROCLAW             |          | POL RUNNING ACADEMY                          | 76      | M40/7              | (M)41   | 01:28:14  | 04.10    | OK |
| 8  | 3030   | KOŁDA Sebastian         | JEDLINA ZDRÓJ       |          | POL TMMP BIKE TEAM WAŁBRZYCH                 | 75      | M40/8              | (M)42   | 01:28:17  | 04.10    | OK |
| 9  | 2962   | BARANOWSKI Jacek        | WAŁBRZYCH           |          | POL KB FAURECIA WAŁBRZYCH/STOOR              | 78      | M40/9              | (M)47   | 01:28:32  | 04.11    | OK |
| <b>Półmaraton 21,0975 km - M50 [193]</b> |        |                         |                     |          |  |         |                    |         |           |          |    |
| 1  | 2130   | KNESZ Marek             | JEJKOWICE           |          | POL ----                                     | 68      | M50/1              | (M)22   | 01:24:52  | 04.01    | OK |
| 2  | 1937   | PREISNER Robert         | PRZEMYŚL            |          | POL PKB I PRZEMYSKI KLUB PODKARPACIE         | 68      | M50/2              | (M)44   | 01:28:27  | 04.11    | OK |
| 3  | 2241   | RYDZ Andrzej            | JAWOR               |          | POL KB TKKF JAWOR                            | 65      | M50/3              | (M)48   | 01:28:38  | 04.12    | OK |
| 4  | 2077   | KAMINSKI Roman          | WAŁBRZYCH           |          | POL BRAK                                     | 66      | M50/4              | (M)75   | 01:31:44  | 04.20    | OK |
| 5  | 2340   | DYDIO Piotr             | SANOK               |          | POL PID-MILL TEAM                            | 68      | M50/5              | (M)90   | 01:33:33  | 04.26    | OK |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team        | R-k YoB | W kategorii in Age | Sex    | Czas Time | [min/km] |    |
|--------------|--------|----------------------|------------------|----------|---------------------|---------|--------------------|--------|-----------|----------|----|
| 6            | 3479   | AWRYCEWICZ Roman     | NOWA RUDA        |          | POL UKS LUDWIKOWICE | 60      | M50/6              | (M)96  | 01:33:58  | 04.27    | OK |
| 7            | 1008   | KUPIŃSKI Cezary      | WROCLAW          |          | POL MKS SIECHNICE   | 68      | M50/7              | (M)106 | 01:34:55  | 04.29    | OK |
| 8            | 3455   | DOBRAŚ Zdzisław      | NOWA RUDA        |          | POL UKS LUDWIKOWICE | 62      | M50/8              | (M)117 | 01:35:46  | 04.32    | OK |
| 9            | 2305   | SŁOBODZIAN Jerzy     | DZIERŻONIÓW      |          | POL NYSA BIEGA      | 66      | M50/9              | (M)120 | 01:35:59  | 04.33    | OK |

### Półmaraton 21,0975 km - M60 [41]

|   |      |                 |                     |  |                                 |    |       |        |          |       |    |
|---|------|-----------------|---------------------|--|---------------------------------|----|-------|--------|----------|-------|----|
| 1 | 161  | FERENC Janusz   | LUDWIKOWICE         |  | POL UKS LUDWIKOWICE             | 54 | M60/1 | (M)43  | 01:28:19 | 04.10 | OK |
| 2 | 3306 | KLUF Zdzisław   | BELCHATÓW           |  | POL AMATOR                      | 57 | M60/2 | (M)99  | 01:34:18 | 04.28 | OK |
| 3 | 1485 | SITEK Tadeusz   | MARCISZÓW           |  | POL                             | 56 | M60/3 | (M)156 | 01:38:17 | 04.39 | OK |
| 4 | 210  | GURGUL Ryszard  | BOGUSZOW-GORCE      |  | POL ŚWIDNICKA GRUPA BIEGOWA     | 55 | M60/4 | (M)192 | 01:40:07 | 04.44 | OK |
| 5 | 3288 | STAREGO Adam    | BOLESŁAWIEC         |  | POL KLUB BIEGACZA BOLESŁAWIEC   | 58 | M60/5 | (M)196 | 01:40:28 | 04.45 | OK |
| 6 | 3376 | WILK Czesław    | WĘGRÓW              |  | POL PRO RUN WROCLAW             | 58 | M60/6 | (M)234 | 01:42:26 | 04.51 | OK |
| 7 | 475  | MARUSZAK Henryk | SKARBIMIERZ OSIEDLE |  | POL                             | 55 | M60/7 | (M)240 | 01:42:46 | 04.52 | OK |
| 8 | 3206 | GIL Stanisław   | DZIERŻONIÓW         |  | POL BIELAWSKA AKADEMIA BIEGANIA | 56 | M60/8 | (M)304 | 01:45:08 | 04.59 | OK |
| 9 | 271  | KACZMAREK Marek | WROCLAW             |  | POL                             | 55 | M60/9 | (M)438 | 01:48:52 | 05.09 | OK |

### Półmaraton 21,0975 km - M65 [31]

|   |      |                      |                     |  |   |    |       |         |          |       |    |
|---|------|----------------------|---------------------|--|---|----|-------|---------|----------|-------|----|
| 1 | 1312 | STAWNICZY Wiesław    | GŁOGÓW              |  | POL SENIOR53                            | 53 | M65/1 | (M)141  | 01:37:42 | 04.37 | OK |
| 2 | 2938 | JASEK Tadeusz        | RADZIECHOWY         |  | POL PZLAM                               | 51 | M65/2 | (M)145  | 01:37:51 | 04.38 | OK |
| 3 | 3090 | SIKORA Stefan        | BIELSKO-BIAŁA       |  | POL TEAM SIKORA                         | 49 | M65/3 | (M)211  | 01:41:12 | 04.47 | OK |
| 4 | 460  | MAJŁOWSKI Aleksander | GORZÓW WIELKOPOLSKI |  | POL KS.TEAM. BARYŁA GORZÓW WIELKOPOLSKI | 50 | M65/4 | (M)392  | 01:47:35 | 05.05 | OK |
| 5 | 3530 | CHMURA Jan           | STRZEGOM            |  | POL STRZEGOMSKA DWUNASTKA               | 49 | M65/5 | (M)516  | 01:51:20 | 05.16 | OK |
| 6 | 2651 | MUSSUR Henryk        | KROSNO              |  | POL MOSIR KROSNO                        | 52 | M65/6 | (M)815  | 01:58:52 | 05.38 | OK |
| 7 | 1588 | CHWALIK Piotr        | ŻARY                |  | POL                                     | 52 | M65/7 | (M)899  | 02:00:52 | 05.43 | OK |
| 8 | 2653 | ŁOBODA Mariusz       | POZNAŃ              |  | POL                                     | 53 | M65/8 | (M)949  | 02:02:15 | 05.47 | OK |
| 9 | 3237 | ZADOROŻNY Zdzisław   | ZGORZELEC           |  | POL EDI TEAM                            | 53 | M65/9 | (M)1162 | 02:07:49 | 06.03 | OK |

### Półmaraton 21,0975 km - M70 [20]

|   |      |                     |           |  |                       |    |       |         |          |       |    |
|---|------|---------------------|-----------|--|-----------------------|----|-------|---------|----------|-------|----|
| 1 | 2677 | RZEPczyński Wiesław | RACIBÓRZ  |  | POL NIEZRZESZONY      | 48 | M70/1 | (M)152  | 01:38:09 | 04.39 | OK |
| 2 | 964  | DOBAK Stefan        | SZAMOTUŁY |  | POL KB SZAMOTUŁY      | 46 | M70/2 | (M)363  | 01:46:55 | 05.04 | OK |
| 3 | 1749 | ZALĘSKI Henryk      | SOBÓTKA   |  | POL KB SOBÓTKA        | 45 | M70/3 | (M)591  | 01:53:13 | 05.22 | OK |
| 4 | 3307 | KRUSZEWSKI Jan      | ŚWIERZAWA |  | POL -                 | 46 | M70/4 | (M)740  | 01:57:00 | 05.32 | OK |
| 5 | 2309 | MOŻWIŁO Marek       | NOWA RUDA |  | POL UKS LUDWIKOWICE   | 47 | M70/5 | (M)1074 | 02:05:20 | 05.56 | OK |
| 6 | 3201 | JURASZ Zygmunt      | ZGORZELEC |  | POL AMATOR            | 45 | M70/6 | (M)1148 | 02:07:27 | 06.02 | OK |
| 7 | 2889 | GRĘDA Józef         | SYCÓW     |  | POL OLIMPIASYCOW      | 46 | M70/7 | (M)1211 | 02:09:11 | 06.07 | OK |
| 8 | 1075 | KASZUBA Edward      | WROCLAW   |  | POL WKB PIAST WROCLAW | 44 | M70/8 | (M)1248 | 02:10:06 | 06.10 | OK |
| 9 | 1439 | MIKOŁAJCZYK Piotr   | BĘDZIN    |  | POL TKKF CZELADŹ      | 40 | M70/9 | (M)1462 | 02:16:24 | 06.27 | OK |

### Bieg po zdrowie 10,5 km - K16 [2]

|   |      |                     |            |  |                             |    |       |        |          |       |    |
|---|------|---------------------|------------|--|-----------------------------|----|-------|--------|----------|-------|----|
| 1 | 3324 | BUSZ Nikola         | MINEROSZÓW |  | POL GRUPA BIEGOWA MIEROSZÓW | 03 | K16/1 | (K)62  | 01:06:19 | 06.18 | OK |
| 2 | 3091 | BOROWIEC Aleksandra | GŁUSZYCA   |  | POL                         | 00 | K16/2 | (K)103 | 01:12:38 | 06.55 | OK |

### Bieg po zdrowie 10,5 km - K20 [25]

|   |      |                     |            |  |                                      |    |       |       |          |       |    |
|---|------|---------------------|------------|--|--------------------------------------|----|-------|-------|----------|-------|----|
| 1 | 1942 | ŁAPIAK Aleksandra   | WAŁBRZYCH  |  | POL                                  | 95 | K20/1 | (K)1  | 00:49:00 | 04.40 | OK |
| 2 | 747  | PAWLIK Adrianna     | BIERUTÓW   |  | POL PRO-RUN WROCLAW                  | 94 | K20/2 | (K)4  | 00:53:28 | 05.05 | OK |
| 3 | 1513 | MATYSIAK Aleksandra | GRODZISK   |  | POL MAZOWIECKI KLUB KARATE KYOKUSHIN | 95 | K20/3 | (K)7  | 00:55:52 | 05.19 | OK |
| 4 | 2239 | URBAŃSKA Alicja     | WAŁBRZYCH  |  | POL                                  | 98 | K20/4 | (K)13 | 00:59:18 | 05.38 | OK |
| 5 | 3293 | ŁAZARSKA Hanna      | WAŁBRZYCH  |  | POL DECATHLON                        | 90 | K20/5 | (K)14 | 00:59:27 | 05.39 | OK |
| 6 | 2836 | TUNDAK Zuzanna      | POZNAŃ     |  | POL DZIEKANKA                        | 90 | K20/6 | (K)15 | 00:59:30 | 05.40 | OK |
| 7 | 3510 | GOLDWASSER Emilia   | WROCLAW    |  | POL DRUŻYNA ENERIS                   | 90 | K20/7 | (K)18 | 00:59:58 | 05.42 | OK |
| 8 | 1369 | RASZTAR Agnieszka   | CHWALISZÓW |  | POL                                  | 91 | K20/8 | (K)20 | 01:00:08 | 05.43 | OK |
| 9 | 2295 | SKOWRON Magdalena   | WROCLAW    |  | POL -                                | 89 | K20/9 | (K)32 | 01:01:55 | 05.53 | OK |

### Bieg po zdrowie 10,5 km - K30 [75]

|   |      |                           |               |  |                                  |    |       |       |          |       |    |
|---|------|---------------------------|---------------|--|----------------------------------|----|-------|-------|----------|-------|----|
| 1 | 178  | GARDECKA Sylwia           | WAŁBRZYCH     |  | POL                              | 86 | K30/1 | (K)2  | 00:49:43 | 04.44 | OK |
| 2 | 518  | MRÓWKA Katarzyna          | KAMIENNA GÓRA |  | POL KAMIENNOGÓRSKA GRUPA BIEGOWA | 87 | K30/2 | (K)3  | 00:53:20 | 05.04 | OK |
| 3 | 1669 | ROSTKOWSKA Dorota         | GŁUSZYCA      |  | POL TEMMPO WAŁBRZYCH             | 79 | K30/3 | (K)9  | 00:57:55 | 05.30 | OK |
| 4 | 779  | MARCINIAK Marta           | JEDLINA ZDRÓJ |  | POL BIEGAJ W JEDLINIE            | 81 | K30/4 | (K)10 | 00:58:20 | 05.33 | OK |
| 5 | 3367 | BAWIEC Katarzyna          | WAŁBRZYCH     |  | POL FAURECIA WAŁBRZYCH           | 82 | K30/5 | (K)11 | 00:58:25 | 05.33 | OK |
| 6 | 882  | BŁĄŻKÓW-BABUŁA Małgorzata | WAŁBRZYCH     |  | POL EXPERTPRO                    | 88 | K30/6 | (K)12 | 00:58:33 | 05.34 | OK |
| 7 | 3180 | PISARSKA Paulina          | WAŁBRZYCH     |  | POL -                            | 87 | K30/7 | (K)16 | 00:59:49 | 05.41 | OK |
| 8 | 2244 | WALCZAK Paulina           | ŚWIDNICA      |  | POL GT RAT                       | 88 | K30/8 | (K)17 | 00:59:58 | 05.42 | OK |

| Miejsce Rank                              | Nr Bib | Nazwisko i imię Name       | Miejscowość City  | Kraj Nat | Drużyna Team                          | R-k YoB | W kategorii in Age | Sex    | Czas Time | [min/km] |    |
|---|--------|----------------------------|-------------------|----------|---------------------------------------|---------|--------------------|--------|-----------|----------|----|
| 9   | 2011   | CZYREK-SZUMIŃSKA Magdalena | WAŁBRZYCH         |          | POL                                   | 81      | K30/9              | (K)21  | 01:00:16  | 05.44    | OK |
| <b>Bieg po zdrowie 10,5 km - K40 [47]</b> |        |                            |                   |          |                                       |         |                    |        |           |          |    |
| 1   | 1322   | ROSZAK-SURKÓW Sylwia       | SWARZĘDZ          |          | POL UTAL TEAM                         | 77      | K40/1              | (K)5   | 00:54:32  | 05.11    | OK |
| 2   | 2080   | WYSZOWSKA Agnieszka        | WAŁBRZYCH         |          | POL PREDATORS WAŁBRZYCH               | 75      | K40/2              | (K)6   | 00:54:47  | 05.13    | OK |
| 3   | 2978   | NOWACKA Joanna             | WAŁBRZYCH         |          | POL                                   | 77      | K40/3              | (K)8   | 00:56:12  | 05.21    | OK |
| 4   | 996    | DUDA Agnieszka             | DZIERŻONIÓW       |          | POL BIELAWSKA AKADEMIA BIEGANIA       | 77      | K40/4              | (K)19  | 01:00:04  | 05.43    | OK |
| 5   | 17     | CAL Elżbieta               | ŚWIEBODZIN        |          | POL CAL TEAM ŚWIEBODZIN               | 70      | K40/5              | (K)23  | 01:00:26  | 05.45    | OK |
| 6   | 2758   | STOKŁOSA Katarzyna         | STARE BOGACZOWICE |          | POL                                   | 78      | K40/6              | (K)26  | 01:01:30  | 05.51    | OK |
| 7   | 1209   | KOWZAN Marzena             | WAŁBRZYCH         |          | POL NSK RUNS                          | 78      | K40/7              | (K)27  | 01:01:34  | 05.51    | OK |
| 8   | 1491   | BUSZ Monika                | MIEROSZÓW         |          | POL GRUPA BIEGOWA MIEROSZÓW           | 76      | K40/8              | (K)38  | 01:02:29  | 05.57    | OK |
| 9   | 1651   | PACHOTA Agnieszka          | WAŁBRZYCH         |          | POL                                   | 78      | K40/9              | (K)42  | 01:02:58  | 05.59    | OK |
| <b>Bieg po zdrowie 10,5 km - K50 [11]</b> |        |                            |                   |          |                                       |         |                    |        |           |          |    |
| 1   | 736    | ŚNIEŻNA Beata              | LUBAWKA           |          | POL LUBAWKA TEAM                      | 66      | K50/1              | (K)33  | 01:02:02  | 05.54    | OK |
| 2   | 2161   | GABRYSIAK Iwona            | JEDLINA ZDRÓJ     |          | POL DYNAMIT                           | 68      | K50/2              | (K)74  | 01:08:00  | 06.28    | OK |
| 3   | 1315   | BORKOWSKA Bożena           | WARSZAWA          |          | POL TRUCHT TARCHOMIN TEAM             | 68      | K50/3              | (K)75  | 01:08:09  | 06.29    | OK |
| 4   | 1295   | BARCZAK Stanisława         | WIKTÓW            |          | POL WODOCIĄGI WAŁBRZYCH               | 67      | K50/4              | (K)82  | 01:09:34  | 06.37    | OK |
| 5   | 770    | WAŚKO Barbara              | ŁAPY              |          | POL BIEGAM BO LUBIĘ ŁAPY              | 59      | K50/5              | (K)141 | 01:19:48  | 07.36    | OK |
| 6   | 428    | LICZNAR Barbara            | WAŁBRZYCH         |          | POL                                   | 68      | K50/6              | (K)143 | 01:20:14  | 07.38    | OK |
| 7   | 3138   | FURTAK Anna                | ULESIE            |          | POL KTOŚ MUSI BYĆ OSTATNI             | 64      | K50/7              | (K)148 | 01:22:00  | 07.48    | OK |
| 8   | 2105   | SZYDŁO Teresa              | WAŁBRZYCH         |          | POL                                   | 59      | K50/8              | (K)152 | 01:23:53  | 07.59    | OK |
| 9   | 582    | PIOTROWSKA Sydonia         | WAŁBRZYCH         |          | POL                                   | 67      | K50/9              | (K)159 | 01:27:35  | 08.20    | OK |
| <b>Bieg po zdrowie 10,5 km - K60 [2]</b>  |        |                            |                   |          |                                       |         |                    |        |           |          |    |
| 1   | 3440   | BIJAK Dorota               | WROCLAW           |          | POL ----                              | 57      | K60/1              | (K)138 | 01:18:09  | 07.26    | OK |
| 2   | 1868   | LESZKO Teresa              | SOKOŁOWSKO        |          | POL UKS SOKOŁOWSKO                    | 55      | K60/2              | (K)156 | 01:25:15  | 08.07    | OK |
| <b>Bieg po zdrowie 10,5 km - K65 [2]</b>  |        |                            |                   |          |                                       |         |                    |        |           |          |    |
| 1   | 3485   | DOBROWOLSKA Bożena         | JELENIA GORA      |          | POL SPORTOWI EMERYCI                  | 52      | K65/1              | (K)120 | 01:14:49  | 07.07    | OK |
| 2   | 2911   | PIETRAS Barbara            | STRZEGOM          |          | POL STRZEGOMSKA DWUNASTKA             | 51      | K65/2              | (K)125 | 01:15:39  | 07.12    | OK |
| <b>Bieg po zdrowie 10,5 km - K70 [1]</b>  |        |                            |                   |          |                                       |         |                    |        |           |          |    |
| 1   | 3025   | WADAS Teresa               | WAŁBRZYCH         |          | POL                                   | 45      | K70/1              | (K)119 | 01:14:45  | 07.07    | OK |
| <b>Bieg po zdrowie 10,5 km - M16 [11]</b> |        |                            |                   |          |                                       |         |                    |        |           |          |    |
| 1   | 2736   | JURKOWSKI Aleksander       | WAŁBRZYCH         |          | POL ZESPÓŁ SZKÓŁ NUMER 5 W WAŁBRZYCHU | 00      | M16/1              | (M)28  | 00:47:23  | 04.30    | OK |
| 2   | 3286   | WOJTKOWSKI Wojciech        | STRUGA            |          | POL -                                 | 01      | M16/2              | (M)30  | 00:48:47  | 04.38    | OK |
| 3   | 3403   | POLONIESKI Cyprian         | JEDLINA-ZDRÓJ     |          | POL GÓRNIK WAŁBRZYCH                  | 00      | M16/3              | (M)32  | 00:49:29  | 04.42    | OK |
| 4   | 3540   | SKÓRSKI Adam               | ZAWIDÓW           |          | POL ENERGETYK                         | 01      | M16/4              | (M)73  | 00:57:46  | 05.30    | OK |
| 5   | 533    | NOWOMIEJSKI Jakub          | WAŁBRZYCH         |          | POL GÓRNIK NOWE MIASTO                | 00      | M16/5              | (M)82  | 00:58:49  | 05.36    | OK |
| 6   | 2289   | GAWRON Oskar               | BORÓW             |          | POL AMATOR                            | 01      | M16/6              | (M)96  | 00:59:49  | 05.41    | OK |
| 7   | 2302   | WYDRA Przemysław           | STARE BABICE      |          | POL                                   | 01      | M16/7              | (M)116 | 01:01:29  | 05.51    | OK |
| 8   | 2147   | JORDAN Szymon              | WROCLAW           |          | POL JORDAN TEAM                       | 99      | M16/8              | (M)130 | 01:02:52  | 05.59    | OK |
| 9   | 3428   | URBANIAK Krzysztof         | WAŁBRZYCH         |          | POL                                   | 99      | M16/9              | (M)150 | 01:05:03  | 06.11    | OK |
| <b>Bieg po zdrowie 10,5 km - M20 [25]</b> |        |                            |                   |          |                                       |         |                    |        |           |          |    |
| 1   | 3013   | ŁAZARSKI Patryk            | WAŁBRZYCH         |          | POL FAURECIA ACC                      | 91      | M20/1              | (M)2   | 00:41:08  | 03.55    | OK |
| 2   | 3459   | GRYZYK Krystian            | KAMIENNA GÓRA     |          | POL LSK LOMNICE NAD POPELKOU          | 94      | M20/2              | (M)3   | 00:41:12  | 03.55    | OK |
| 3   | 1156   | STRZECHA Jacek             | WAŁBRZYCH         |          | POL SĄ WOLNIEJSI                      | 89      | M20/3              | (M)7   | 00:42:10  | 04.01    | OK |
| 4   | 1962   | CHOMIK Michał              | WAŁBRZYCH         |          | POL                                   | 96      | M20/4              | (M)12  | 00:43:17  | 04.07    | OK |
| 5   | 2759   | KACZKOWSKI Miłosz          | WAŁBRZYCH         |          | POL KB FAURECIA WAŁBRZYCH/STOOR       | 93      | M20/5              | (M)19  | 00:44:21  | 04.13    | OK |
| 6   | 3349   | FORYŚ Michał               | BOGUSZÓW-GORCE    |          | POL GRAWERBUS                         | 90      | M20/6              | (M)23  | 00:46:25  | 04.25    | OK |
| 7   | 2089   | SKÓRSKI Arkadiusz          | ZAWIDÓW           |          | POL GEN CZEMPIONA                     | 95      | M20/7              | (M)29  | 00:47:55  | 04.33    | OK |
| 8   | 2675   | STĄPOR Łukasz              | WITKÓW            |          | POL                                   | 92      | M20/8              | (M)34  | 00:49:41  | 04.43    | OK |
| 9   | 3276   | KŁYŻ Mateusz               | WAŁBRZYCH         |          | POL DECATHLON                         | 97      | M20/9              | (M)57  | 00:54:12  | 05.09    | OK |
| <b>Bieg po zdrowie 10,5 km - M30 [84]</b> |        |                            |                   |          |                                       |         |                    |        |           |          |    |
| 1   | 3329   | KONDRATOWICZ Łukasz        | KAMIENNA GÓRA     |          | POL FAURECIA WAŁBRZYCH                | 81      | M30/1              | (M)1   | 00:39:17  | 03.44    | OK |
| 2   | 1583   | BARANOWSKI Piotr           | WAŁBRZYCH         |          | POL                                   | 88      | M30/2              | (M)4   | 00:41:23  | 03.56    | OK |
| 3   | 3134   | PAWLAK Mariusz             | LUBAŃ             |          | POL TEAM LUBAŃ                        | 82      | M30/3              | (M)5   | 00:41:43  | 03.58    | OK |
| 4   | 3076   | SZKARADEK Aleksander       | KŁODZKO           |          | POL                                   | 79      | M30/4              | (M)9   | 00:43:01  | 04.05    | OK |
| 5   | 3187   | KOSTASZ Mariusz            | GLUSZYCA          |          | POL KB FAURECIA WAŁBRZYCH/STOOR       | 83      | M30/5              | (M)10  | 00:43:06  | 04.06    | OK |



| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team          | R-k YoB | W kategorii in Age | (M) Sex | Czas Time | [min/km] | OK |
|--------------|--------|----------------------|------------------|----------|-----------------------|---------|--------------------|---------|-----------|----------|----|
| 6            | 3388   | RUTKOWSKI Dawid      | LUBIN            |          | POL GRIZZLYTEAM       | 81      | M30/6              | (M)14   | 00:43:33  | 04.08    | OK |
| 7            | 1629   | BEDNAREK Sebastian   | NOWA RUDA        |          | POL AKTYWNA NOWA RUDA | 84      | M30/7              | (M)16   | 00:44:03  | 04.11    | OK |
| 8            | 492    | MAZGA Radosław       | RZESZOTARY       |          | POL JEZUS TEAM        | 87      | M30/8              | (M)18   | 00:44:09  | 04.12    | OK |
| 9            | 3262   | KRÓL Piotr           | WARSZAWA         |          | POL DENTALKING.EU     | 85      | M30/9              | (M)20   | 00:44:52  | 04.16    | OK |

### Bieg po zdrowie 10,5 km - M40 [73]

|   |      |                       |               |  |   |    |       |       |          |       |    |
|---|------|-----------------------|---------------|--|---|----|-------|-------|----------|-------|----|
| 1 | 120  | CUKIER Andrzej        | KAMIENNA GÓRA |  | POL SP-1 KAMIENNA GÓRA                  | 75 | M40/1 | (M)6  | 00:42:09 | 04.00 | OK |
| 2 | 368  | KRUPA Marcin          | NOWA RUDA     |  | POL AKTYWNA NOWA RUDA                   | 76 | M40/2 | (M)8  | 00:42:50 | 04.04 | OK |
| 3 | 1753 | PELINSKI Andrzej      | ŚWIDNICA      |  | POL NIEZRZESZONY                        | 69 | M40/3 | (M)11 | 00:43:13 | 04.07 | OK |
| 4 | 749  | TOMKÓW Robert         | KOMPRACHCICE  |  | POL FAST FOOT OPOLE                     | 72 | M40/4 | (M)13 | 00:43:30 | 04.08 | OK |
| 5 | 1695 | FRYDLEWICZ Zbigniew   | JELEŃ GÓRA    |  | POL                                     | 72 | M40/5 | (M)17 | 00:44:08 | 04.12 | OK |
| 6 | 2315 | RACINIEWSKI Sebastian | WAŁBRZYCH     |  | POL K.S. 'GÓRNIK NOWE MIASTO WAŁBRZYCH' | 77 | M40/6 | (M)31 | 00:48:48 | 04.38 | OK |
| 7 | 1202 | ILKÓW Marcin          | GLUSZYCA      |  | POL NSK                                 | 77 | M40/7 | (M)37 | 00:50:02 | 04.45 | OK |
| 8 | 1460 | TOMKÓW Ireneusz       | NOWA RUDA     |  | POL AKTYWNA NOWA RUDA                   | 78 | M40/8 | (M)40 | 00:50:58 | 04.51 | OK |
| 9 | 741  | ŚWIDERSKI Piotr       | JEDLINA-ZDRÓJ |  | POL                                     | 76 | M40/9 | (M)42 | 00:51:04 | 04.51 | OK |

### Bieg po zdrowie 10,5 km - M50 [37]

|   |      |                   |                |  |                                 |    |       |       |          |       |    |
|---|------|-------------------|----------------|--|---------------------------------|----|-------|-------|----------|-------|----|
| 1 | 1871 | PATALON Marek     | MARCINOWICE    |  | POL GLKS MARCINOWICE            | 67 | M50/1 | (M)15 | 00:43:50 | 04.10 | OK |
| 2 | 2205 | KACZUGA Mirosław  | WAŁBRZYCH      |  | POL DĘBY WAŁBRZYCH              | 63 | M50/2 | (M)25 | 00:46:44 | 04.27 | OK |
| 3 | 2053 | POREBA Adam       | CZARNY BÓR     |  | POL                             | 68 | M50/3 | (M)33 | 00:49:34 | 04.43 | OK |
| 4 | 379  | KUCZENSKI Janusz  | BOGUSZÓW-GORCE |  | POL                             | 59 | M50/4 | (M)39 | 00:50:24 | 04.48 | OK |
| 5 | 3140 | FLORCZAK Jacek    | WAŁBRZYCH      |  | POL                             | 64 | M50/5 | (M)45 | 00:52:14 | 04.58 | OK |
| 6 | 3482 | BACZEWSKI Edward  | WAŁBRZYCH      |  | POL KB FAURECIA WAŁBRZYCH/STOOR | 64 | M50/6 | (M)49 | 00:52:34 | 05.00 | OK |
| 7 | 2128 | KACZUGA Janusz    | WAŁBRZYCH      |  | POL DĘBY WAŁBRZYCH              | 65 | M50/7 | (M)50 | 00:52:59 | 05.02 | OK |
| 8 | 1689 | POPLAWSKI Andrzej | JARKOWICE      |  | POL                             | 62 | M50/8 | (M)61 | 00:55:25 | 05.16 | OK |
| 9 | 2073 | KALITA Dariusz    | WAŁBRZYCH      |  | POL TEMMPO WAŁBRZYCH            | 65 | M50/9 | (M)81 | 00:58:49 | 05.36 | OK |

### Bieg po zdrowie 10,5 km - M60 [15]

|   |      |                       |                |  |                                 |    |       |        |          |       |    |
|---|------|-----------------------|----------------|--|---------------------------------|----|-------|--------|----------|-------|----|
| 1 | 3157 | OSTROPOLSKI Henryk    | DZIERŻONIÓW    |  | POL BIELAWSKA AKADEMIA BIEGANIA | 57 | M60/1 | (M)65  | 00:56:24 | 05.22 | OK |
| 2 | 2129 | KACZUGA Kazimierz     | WAŁBRZYCH      |  | POL DĘBY WAŁBRZYCH              | 55 | M60/2 | (M)92  | 00:59:27 | 05.39 | OK |
| 3 | 1969 | GARDECKI Wiesław      | WAŁBRZYCH      |  | POL                             | 58 | M60/3 | (M)103 | 01:00:11 | 05.43 | OK |
| 4 | 471  | MARCINOWSKI Eugeniusz | BIELAWA        |  | POL BIELAWSKA AKADEMIA BIEGANIA | 56 | M60/4 | (M)110 | 01:00:37 | 05.46 | OK |
| 5 | 1866 | LESZKO Jerzy          | SOKOŁOWSKO     |  | POL UKS SOKOŁOWSKO              | 55 | M60/5 | (M)136 | 01:03:24 | 06.02 | OK |
| 6 | 3486 | DOBROWOLSKI Robert    | JELEŃ GÓRA     |  | POL SPORTOWI EMERYCI            | 57 | M60/6 | (M)146 | 01:04:32 | 06.08 | OK |
| 7 | 663  | SIKORA Jan            | WAŁBRZYCH      |  | POL KB FAURECIA WAŁBRZYCH/STOOR | 58 | M60/7 | (M)179 | 01:08:48 | 06.33 | OK |
| 8 | 3069 | AŁDAŚ Krzysztof       | LEGNICA        |  | POL                             | 57 | M60/8 | (M)196 | 01:11:14 | 06.47 | OK |
| 9 | 2107 | GALYSA Michał         | STARY JULIANÓW |  | POL                             | 58 | M60/9 | (M)210 | 01:13:45 | 07.01 | OK |

### Bieg po zdrowie 10,5 km - M65 [7]

|   |      |                     |                  |  |                         |    |       |        |          |       |    |
|---|------|---------------------|------------------|--|-------------------------|----|-------|--------|----------|-------|----|
| 1 | 3070 | DYGUDAJ Jerzy       | KUNICE           |  | POL KB LEW LEGNICA 2000 | 49 | M65/1 | (M)47  | 00:52:25 | 04.59 | OK |
| 2 | 1473 | RASZTAR Andrzej     | WAŁBRZYCH        |  | POL PR77SPORT.PL        | 50 | M65/2 | (M)137 | 01:03:25 | 06.02 | OK |
| 3 | 2263 | OLEJNICZAK Hieronim | DUSZNIKI - ZDRÓJ |  | POL WKB PIAST WROCŁAW   | 49 | M65/3 | (M)148 | 01:04:45 | 06.10 | OK |
| 4 | 3538 | BASZAK Ryszard      | LEGNICA          |  | POL LEW LEGNICA         | 49 | M65/4 | (M)176 | 01:08:12 | 06.29 | OK |
| 5 | 78   | STACHOWIAK Janusz   | TARNOWSKIE GÓRY  |  | POL                     | 49 | M65/5 | (M)223 | 01:16:21 | 07.16 | OK |
| 6 | 5    | DOLAT Marek         | WAŁBRZYCH        |  | POL WETERAN             | 53 | M65/6 | (M)232 | 01:19:29 | 07.34 | OK |
| 7 | 3182 | WALCZAK Tadeusz     | ŚWIEBODZICE      |  | POL                     | 51 | M65/7 | (M)255 | 01:42:15 | 09.44 | OK |

### Bieg po zdrowie 10,5 km - M70 [8]

|   |      |                     |                |  |                              |    |       |        |          |       |    |
|---|------|---------------------|----------------|--|------------------------------|----|-------|--------|----------|-------|----|
| 1 | 3420 | DUDEK Kazimierz     | SWIERZAWA      |  | POL FITNESS WORLD JELEŃ GÓRA | 48 | M70/1 | (M)74  | 00:57:49 | 05.30 | OK |
| 2 | 3089 | PUSZCZEWICZ Zenon   | PISARZOWICE    |  | POL KOTWICA BRZEG            | 41 | M70/2 | (M)182 | 01:08:55 | 06.33 | OK |
| 3 | 3170 | DĄBROWSKI Stanisław | WAŁBRZYCH      |  | POL                          | 46 | M70/3 | (M)188 | 01:10:11 | 06.41 | OK |
| 4 | 1722 | RZEKIECKI Marian    | DUSZNIKI ZDRÓJ |  | POL                          | 45 | M70/4 | (M)241 | 01:25:45 | 08.10 | OK |
| 5 | 215  | HAŁDYS Henryk       | BOGUSZÓW-GORCE |  | POL                          | 46 | M70/5 | (M)243 | 01:26:08 | 08.12 | OK |
| 6 | 10   | ŻUK Józef           | WAŁBRZYCH      |  | POL                          | 40 | M70/6 | (M)256 | 01:44:47 | 09.58 | OK |
| 7 | 3550 | MACZUBA Tadeusz     | WAŁBRZYCH      |  | POL                          | 37 | M70/7 | (M)257 | 01:56:10 | 11.03 | OK |