

IV UNIWERSYTECKA ZADYSZKA

Wyniki OPEN 5km Poznań 2017-04-22



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|-----------------------|------------------|--|--------|-----|---------|---------|----------------|--------------|------------|
| 1. | 821 | Bytniewski Szymon | Gowarzewo | Uniwersytet Ekonomiczny w Poznaniu/Unia Swarzędz | 1991 | M20 | gen. | M (1.) | 0:19:08 | 03:49 | 0:19:06 |
| 2. | 736 | Murawski Paweł | Szczecin | | 1990 | M20 | gen. | M (2.) | 0:19:36 | 03:55 | 0:19:34 |
| 3. | 834 | Borwiński Hubert | Poznań | AZS UAM Poznań | 1997 | M20 | gen. | M (3.) | 0:19:47 | 03:57 | 0:19:46 |
| 4. | 560 | Musiał Tomasz | Rydzyzna | 1974 | 1974 | M40 | 1. | M (4.) | 0:19:59 | 03:59 | 0:19:57 |
| 5. | 1118 | Markiewicz Marcel | Poznań | KS UAM TRIATHLON POZNAŃ | 2000 | M16 | 1. | M (5.) | 0:20:51 | 04:10 | 0:20:49 |
| 6. | 452 | Mamet Domink | Poznań | Night Runners | 1982 | M30 | 1. | M (6.) | 0:20:59 | 04:11 | 0:20:57 |
| 7. | 479 | Tomowiak Rafał | Leszno | Runners Leszno | 1984 | M30 | 2. | M (7.) | 0:21:08 | 04:13 | 0:21:06 |
| 8. | 527 | CHOJNACKI Artur | Poznań | BÓG HONOR OJCZYŻNA | 1981 | M30 | 3. | M (8.) | 0:21:19 | 04:15 | 0:21:16 |
| 9. | 1125 | Galiński Michał | Witnica | Piątkowo na Biegowo | 1993 | M20 | 1. | M (9.) | 0:21:24 | 04:16 | 0:21:22 |
| 10. | 683 | Nowakowski Aleksander | Lubawa | KB UE Poznań | 1995 | M20 | 2. | M (10.) | 0:21:27 | 04:17 | 0:21:24 |
| 11. | 466 | Roth Łukasz | Poznań | Night Runners | 1979 | M30 | 4. | M (11.) | 0:21:31 | 04:18 | 0:21:28 |
| 12. | 887 | Gaweł Michał | Gniezno | KS UAM TRIATHLON POZNAŃ | 1994 | M20 | 3. | M (12.) | 0:21:47 | 04:21 | 0:21:44 |
| 13. | 458 | Krzak Marek | GRĘBANIN | KS GEPARD KĘPNO | 1988 | M20 | 4. | M (13.) | 0:22:01 | 04:24 | 0:21:58 |
| 14. | 792 | Zimny Maciej | Ośno Lubuskie | | 1991 | M20 | 5. | M (14.) | 0:22:06 | 04:25 | 0:22:04 |
| 15. | 797 | Szczepański Tomasz | Nekla | UKS Szybki Lopes Nekla | 1994 | M20 | 6. | M (15.) | 0:22:07 | 04:25 | 0:22:05 |
| 16. | 631 | Robaszkiewicz Jakub | Kostrzyn | Biały Kenijczyk/ AZS UAM Poznań | 1998 | M16 | 2. | M (16.) | 0:22:11 | 04:26 | 0:22:08 |
| 17. | 514 | Strugała Maciej | Oborniki | Pracownia Protetyczna Łukasz Strugała | 1996 | M20 | 7. | M (17.) | 0:22:13 | 04:26 | 0:22:10 |
| 18. | 439 | Łukaszewski Piotr | Poznań | Night Runners | 1984 | M30 | 5. | M (18.) | 0:22:29 | 04:29 | 0:22:26 |
| 19. | 731 | Szymaniak Michał | LUBOŃ | MilanClubPolonia | 1978 | M30 | 6. | M (19.) | 0:22:32 | 04:30 | 0:22:29 |
| 20. | 420 | Rojewski Michał | Poznań | Naramowice Biegają | 1983 | M30 | 7. | M (20.) | 0:22:39 | 04:31 | 0:22:35 |
| 21. | 662 | Job Piotr | Złotniki | Roll4life.pl | 1975 | M40 | 2. | M (21.) | 0:23:09 | 04:37 | 0:23:06 |
| 22. | 874 | Przybyła Łukasz | Poznań | Fyrtel Północ / Kibole w biegu | 1995 | M20 | 8. | M (22.) | 0:23:15 | 04:39 | 0:23:12 |
| 23. | 893 | Polkowski Stanisław | Murowana Goślina | zmiierz-nie-szacuj.pl Badania wydolnościowe | 1963 | M50 | 1. | M (23.) | 0:23:16 | 04:39 | 0:23:13 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|-------------------------|-------------|--|--------|-----|---------|---------|----------------|--------------|------------|
| 24. | 675 | Trzeciak Marianna | poznań | Piątkowo na Biegowo | 1993 | K20 | gen. | K (1.) | 0:23:16 | 04:39 | 0:23:13 |
| 25. | 645 | Nowak Mikołaj | Częstochowa | | 1994 | M20 | 9. | M (24.) | 0:23:18 | 04:39 | 0:23:15 |
| 26. | 877 | Palmowski Jan | Poznań | | 1990 | M20 | 10. | M (25.) | 0:23:26 | 04:41 | 0:23:22 |
| 27. | 507 | Golczak Sebastian | Komorniki | KGB Grzmot Komorniki | 1976 | M40 | 3. | M (26.) | 0:23:34 | 04:42 | 0:23:30 |
| 28. | 721 | Muszyński Przemysław | Choceń | | 1996 | M20 | 11. | M (27.) | 0:23:49 | 04:45 | 0:23:42 |
| 29. | 710 | Gatniejewski Karol | Koziegłowy | | 1992 | M20 | 12. | M (28.) | 0:23:51 | 04:46 | 0:23:46 |
| 30. | 629 | Pokotycki Denis | Poznań | Otomo STP / Programa.pl | 1990 | M20 | 13. | M (29.) | 0:24:06 | 04:49 | 0:24:02 |
| 31. | 554 | Wieczorkowski Władysław | Poznań | | 1956 | M60 | 1. | M (30.) | 0:24:16 | 04:51 | 0:24:14 |
| 32. | 457 | SCHLEGEL MICHAŁ | Poznań | NowaPasja.pl | 1991 | M20 | 14. | M (31.) | 0:24:18 | 04:51 | 0:24:15 |
| 33. | 823 | Nogaj Mateusz | Poznań | | 1990 | M20 | 15. | M (32.) | 0:24:27 | 04:53 | 0:24:14 |
| 34. | 578 | Łukaszewski Tomasz | Poznań | Łuk Tim | 1959 | M50 | 2. | M (33.) | 0:24:30 | 04:54 | 0:24:27 |
| 35. | 563 | Bakalarski Wiktor | Poznań | Piątkowo na Biegowo | 1986 | M30 | 8. | M (34.) | 0:24:56 | 04:59 | 0:24:51 |
| 36. | 524 | Wenclewski Łukasz | Poznań | Piątkowo na Biegowo | 1977 | M40 | 4. | M (35.) | 0:25:19 | 05:03 | 0:25:14 |
| 37. | 833 | Tomczak Karol | Poznań | Naramowice Biegają / Unilever | 1983 | M30 | 9. | M (36.) | 0:25:23 | 05:04 | 0:25:17 |
| 38. | 602 | Głuszak Bartek | Nekla | Szybki Lopes Nekla/Szymonspeed Runner Team | 1999 | M16 | 3. | M (37.) | 0:25:36 | 05:07 | 0:25:33 |
| 39. | 487 | Albrecht Katarzyna | Poznań | Smashing Pąpkins | 1982 | K30 | gen. | K (2.) | 0:25:55 | 05:11 | 0:25:47 |
| 40. | 490 | KŁOCZANIUK MAREK | KĘPNO | KB LUPUS Oleśnica | 1961 | M50 | 3. | M (38.) | 0:25:55 | 05:11 | 0:25:55 |
| 41. | 848 | Trzeciak Marek | Poznań | | 1985 | M30 | 10. | M (39.) | 0:26:10 | 05:14 | 0:26:02 |
| 42. | 621 | Stoiński Karol | Poznań | | 1970 | M40 | 5. | M (40.) | 0:26:24 | 05:16 | 0:26:17 |
| 43. | 791 | Ochociński Kamil | Poznań | | 1994 | M20 | 16. | M (41.) | 0:26:56 | 05:23 | 0:26:43 |
| 44. | 900 | Mąka Arkadiusz | Poznań | Polonia Bydgoszcz | 1981 | M30 | 11. | M (42.) | 0:26:57 | 05:23 | 0:26:43 |
| 45. | 768 | Sokołowska Klaudia | Goleńczewo | | 1996 | K20 | gen. | K (3.) | 0:26:59 | 05:23 | 0:26:52 |
| 46. | 626 | Siwek Przemysław | Tuliszków | | 1994 | M20 | 17. | M (43.) | 0:27:09 | 05:25 | 0:26:57 |
| 47. | 534 | Kasperski Tomasz | Luboń | RunDewu | 1980 | M30 | 12. | M (44.) | 0:27:10 | 05:26 | 0:27:06 |
| 48. | 556 | Palmowska Magdalena | Poznań | | 1989 | K20 | 1. | K (4.) | 0:27:15 | 05:27 | 0:27:11 |
| 49. | 808 | Bestrzyńska Joanna | Gądkki | | 1971 | K40 | 1. | K (5.) | 0:27:18 | 05:27 | 0:27:13 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|-----------------------|--------------------|--|--------|-----|---------|---------|----------------|--------------|------------|
| 50. | 810 | WYLEGAŁA KAMILA | Czarnków | VirtualRunnerClub / runnersclub.pl / Piątkowo na | 1982 | K30 | 1. | K (6.) | 0:27:29 | 05:29 | 0:27:25 |
| 51. | 557 | Szczęch Bartosz | Poznań | | 1981 | M30 | 13. | M (45.) | 0:27:30 | 05:30 | 0:27:23 |
| 52. | 867 | Kubiak Kinga | Poznań | | 1993 | K20 | 2. | K (7.) | 0:27:32 | 05:30 | 0:27:27 |
| 53. | 447 | Szczesna Ewa | Poznan | | 1987 | K30 | 2. | K (8.) | 0:27:35 | 05:31 | 0:27:29 |
| 54. | 709 | Rosiak Arkadiusz | Środa Wielkopolska | | 1994 | M20 | 18. | M (46.) | 0:27:47 | 05:33 | 0:27:35 |
| 55. | 722 | Szkuclarek Paweł | Odolanów | Vida Loca Team | 1991 | M20 | 19. | M (47.) | 0:27:50 | 05:34 | 0:27:36 |
| 56. | 794 | Kudłaszyk Dariusz | Poznań | | 1961 | M50 | 4. | M (48.) | 0:27:51 | 05:34 | 0:27:42 |
| 57. | 627 | Mąderek Barbara | Gądkki | Pakieciarze Team | 1979 | K30 | 3. | K (9.) | 0:27:59 | 05:35 | 0:27:55 |
| 58. | 474 | Krzyżaniak Marek | Poznań | | 1977 | M40 | 6. | M (49.) | 0:28:00 | 05:36 | 0:27:41 |
| 59. | 841 | Gieniusz Marek | Poznań | | 1984 | M30 | 14. | M (50.) | 0:28:05 | 05:37 | 0:28:01 |
| 60. | 586 | Ciastowska Małgorzata | Poznań | UAM sekcja koszykówki | 1991 | K20 | 3. | K (10.) | 0:28:05 | 05:37 | 0:27:51 |
| 61. | 803 | Szafkowski Jacek | Barlinek | | 1963 | M50 | 5. | M (51.) | 0:28:19 | 05:39 | 0:28:11 |
| 62. | 837 | Kubik Grzegorz | Brześć Kujawski | | 1992 | M20 | 20. | M (52.) | 0:28:43 | 05:44 | 0:28:29 |
| 63. | 711 | Pastusiak Anna | Zalasewo | | 1994 | K20 | 4. | K (11.) | 0:28:51 | 05:46 | 0:28:41 |
| 64. | 587 | Ciastowski Jarosław | Poznań | | 1959 | M50 | 6. | M (53.) | 0:28:55 | 05:47 | 0:28:40 |
| 65. | 610 | Stojek Joanna | Poznań | The way of life by Joanna Stojek | 1981 | K30 | 4. | K (12.) | 0:29:02 | 05:48 | 0:28:56 |
| 66. | 579 | Łukaszewski Szymon | Poznań | Łuk Tim | 1966 | M50 | 7. | M (54.) | 0:29:13 | 05:50 | 0:29:13 |
| 67. | 408 | Przybylak Adrianna | Swarzędz | Przybylak Team | 1978 | K30 | 5. | K (13.) | 0:29:14 | 05:50 | 0:29:14 |
| 68. | 495 | GORZAN WITOLD | Poznań | | 2001 | M16 | 4. | M (55.) | 0:29:15 | 05:51 | 0:29:15 |
| 69. | 754 | Pokorski Krzysztof | Poznań | SMP RUNNERS | 1976 | M40 | 7. | M (56.) | 0:29:16 | 05:51 | 0:29:03 |
| 70. | 761 | Bojarski PIOTR | Ostrów Wlkp | | 1983 | M30 | 15. | M (57.) | 0:29:20 | 05:52 | 0:29:07 |
| 71. | 519 | Malak Marcin | Poznań | Umultowo | 1981 | M30 | 16. | M (58.) | 0:29:25 | 05:53 | 0:29:15 |
| 72. | 593 | Bednarski Józef | Poznań | Night Runers Poznań | 1946 | M60 | 2. | M (59.) | 0:29:27 | 05:53 | 0:29:23 |
| 73. | 601 | Muszyński Andrzej | Poznań | | 1949 | M60 | 3. | M (60.) | 0:29:53 | 05:58 | 0:29:53 |
| 74. | 615 | Czapczyk Andrzej | Poznań | | 1959 | M50 | 8. | M (61.) | 0:29:57 | 05:59 | 0:29:42 |
| 75. | 580 | Łukaszewski Juliusz | Poznań | Łuk Tim | 1964 | M50 | 9. | M (62.) | 0:30:00 | 06:00 | 0:29:53 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|--------------------------|-------------|-------------------------------|--------|-----|---------|---------|----------------|--------------|------------|
| 76. | 460 | Wichłacz Krzysztof | Poznań | KB MANIAC Poznań | 1964 | M50 | 10. | M (63.) | 0:30:01 | 06:00 | 0:29:47 |
| 77. | 525 | Szczucińska Anna | Poznań | | 1979 | K30 | 6. | K (14.) | 0:30:04 | 06:00 | 0:29:54 |
| 78. | 577 | Kłeczek Klaudia | Olecko | | 1994 | K20 | 5. | K (15.) | 0:30:06 | 06:01 | 0:30:00 |
| 79. | 737 | Światłowski Mateusz | Duszniki | Druzyna Szpiku | 1992 | M20 | 21. | M (64.) | 0:30:07 | 06:01 | 0:29:55 |
| 80. | 845 | NAJDER JAROSŁAW | SZAMOTUŁY | | 1986 | M30 | 17. | M (65.) | 0:30:42 | 06:08 | 0:30:37 |
| 81. | 897 | Stenlik Agata | Strykowo | | 1995 | K20 | 6. | K (16.) | 0:30:53 | 06:10 | 0:30:41 |
| 82. | 620 | Stoińska Agnieszka | Poznań | | 1970 | K40 | 2. | K (17.) | 0:31:22 | 06:16 | 0:31:14 |
| 83. | 889 | Szmigiel-Taube Magdalena | Poznań | | 1980 | K30 | 7. | K (18.) | 0:31:30 | 06:18 | 0:31:20 |
| 84. | 486 | Kubiak Jakub | Poznań | | 1980 | M30 | 18. | M (66.) | 0:31:38 | 06:19 | 0:31:29 |
| 85. | 785 | Sobkowiak Andrzej | Śrem | | 1992 | M20 | 22. | M (67.) | 0:31:52 | 06:22 | 0:31:37 |
| 86. | 415 | Brenk Arleta | Dobiegiew | Zmęczeni na Starcie Dobiegiew | 1994 | K20 | 7. | K (19.) | 0:32:00 | 06:24 | 0:31:48 |
| 87. | 827 | Wolska Marta | Poznań | | 1991 | K20 | 8. | K (20.) | 0:32:00 | 06:24 | 0:31:53 |
| 88. | 852 | Skulich Małgorzata | Poznań | | 1994 | K20 | 9. | K (21.) | 0:32:16 | 06:27 | 0:32:07 |
| 89. | 499 | Dzięcielska Agnieszka | Poznań | | 1976 | K40 | 3. | K (22.) | 0:32:18 | 06:27 | 0:32:07 |
| 90. | 508 | Stefaniak Agnieszka | poznan | | 1976 | K40 | 4. | K (23.) | 0:32:18 | 06:27 | 0:32:12 |
| 91. | 846 | Nowicka Natalia | SZAMOTUŁY | | 1986 | K30 | 8. | K (24.) | 0:32:18 | 06:27 | 0:32:13 |
| 92. | 860 | Ignaszak Anna | Poznań | | 1995 | K20 | 10. | K (25.) | 0:32:31 | 06:30 | 0:32:18 |
| 93. | 692 | Dorożala Maciej | Poznań | | 1974 | M40 | 8. | M (68.) | 0:32:34 | 06:30 | 0:32:23 |
| 94. | 624 | Pozdrowicz Marcin | Poznań | Parkrun Poznań | 1978 | M30 | 19. | M (69.) | 0:32:35 | 06:31 | 0:32:20 |
| 95. | 853 | Rewolte Karolina | Poznań | | 1994 | K20 | 11. | K (26.) | 0:32:40 | 06:32 | 0:32:31 |
| 96. | 574 | Walczak Bartłomiej | Odolanów | | 1992 | M20 | 23. | M (70.) | 0:32:40 | 06:32 | 0:32:27 |
| 97. | 742 | Jędrzejewski Krzysztof | Poznań | Oski Team | 1978 | M30 | 20. | M (71.) | 0:33:11 | 06:38 | 0:33:03 |
| 98. | 746 | Maj Patrycjusz | Poznań | | 1982 | M30 | 21. | M (72.) | 0:33:19 | 06:39 | 0:33:17 |
| 99. | 613 | Tritt Julia | Poznań | | 1992 | K20 | 12. | K (27.) | 0:33:22 | 06:40 | 0:33:14 |
| 100. | 763 | Tomaszewski Maciej | Poznań | Night Runers | 1978 | M30 | 22. | M (73.) | 0:33:27 | 06:41 | 0:33:18 |
| 101. | 762 | Tomaszewska Ewa | Poznań | Night Runers | 1978 | K30 | 9. | K (28.) | 0:33:28 | 06:41 | 0:33:18 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|-----------------------|-------------|-------------------------------|--------|-----|---------|---------|----------------|--------------|------------|
| 102. | 535 | Kasperska Linda | Luboń | RunDewu | 1980 | K30 | 10. | K (29.) | 0:33:31 | 06:42 | 0:33:25 |
| 103. | 614 | Żmudzińska Aleksandra | Poznań | | 1986 | K30 | 11. | K (30.) | 0:33:35 | 06:43 | 0:33:27 |
| 104. | 776 | Pigla Wojciech | Poznań | | 1985 | M30 | 23. | M (74.) | 0:33:37 | 06:43 | 0:33:23 |
| 105. | 828 | Bajaczyk Tomasz | Poznań | | 1990 | M20 | 24. | M (75.) | 0:33:39 | 06:43 | 0:33:32 |
| 106. | 760 | Rataj Krzysztof | Poznań | Polonia Bydgoszcz SLA | 1985 | M30 | 24. | M (76.) | 0:33:40 | 06:44 | 0:33:26 |
| 107. | 712 | Matuszek Małgorzata | Lubsko | | 1993 | K20 | 13. | K (31.) | 0:33:41 | 06:44 | 0:33:29 |
| 108. | 555 | Wieczorkowska Ewa | Poznań | | 1957 | K60 | 1. | K (32.) | 0:33:44 | 06:44 | 0:33:38 |
| 109. | 543 | Zaldivar Joanna | Poznań | | 1995 | K20 | 14. | K (33.) | 0:33:48 | 06:45 | 0:33:41 |
| 110. | 723 | Dolny Łukasz | Poznań | Drużyna Szpiku | 1981 | M30 | 25. | M (77.) | 0:33:51 | 06:46 | 0:33:38 |
| 111. | 634 | Nowaczyk Weronika | Poznań | | 1985 | K30 | 12. | K (34.) | 0:33:59 | 06:47 | 0:33:44 |
| 112. | 635 | Strzelewicz Agnieszka | Poznań | | 1983 | K30 | 13. | K (35.) | 0:33:59 | 06:47 | 0:33:45 |
| 113. | 513 | Wojtkowiak Grażyna | Poznań | Babcia Biega/ Szybkie Ślimaki | 1960 | K50 | 1. | K (36.) | 0:34:15 | 06:51 | 0:34:06 |
| 114. | 728 | JANC ANITA | PUSZCZYKOWO | | 1977 | K40 | 5. | K (37.) | 0:34:24 | 06:52 | 0:34:18 |
| 115. | 861 | Dodot Ernest | Plewiska | TRiceratops | 1982 | M30 | 26. | M (78.) | 0:34:25 | 06:53 | 0:34:10 |
| 116. | 664 | Szymczak Monika | Poznań | | 1984 | K30 | 14. | K (38.) | 0:34:26 | 06:53 | 0:34:19 |
| 117. | 789 | Wiśniewska Violetta | Puszczukowo | | 1958 | K50 | 2. | K (39.) | 0:34:30 | 06:54 | 0:34:24 |
| 118. | 500 | Piechowiak Piotr | Czerwonak | | 1990 | M20 | 25. | M (79.) | 0:34:32 | 06:54 | 0:34:21 |
| 119. | 765 | Podfigurna Agnieszka | Poznan | | 1978 | K30 | 15. | K (40.) | 0:34:36 | 06:55 | 0:34:26 |
| 120. | 764 | Kledzik Marcin | Baranowo | | 1976 | M40 | 9. | M (80.) | 0:34:36 | 06:55 | 0:34:25 |
| 121. | 694 | Ziemska Róża | Września | | 1994 | K20 | 15. | K (41.) | 0:34:41 | 06:56 | 0:34:34 |
| 122. | 669 | Lebiedzinska Justyna | Poznań | AD-LIW | 1984 | K30 | 16. | K (42.) | 0:34:43 | 06:56 | 0:34:25 |
| 123. | 512 | Antkowiak Beata | Poznań | | 1975 | K40 | 6. | K (43.) | 0:34:44 | 06:56 | 0:34:41 |
| 124. | 660 | Czerwińska Agata | Poznań | | 1979 | K30 | 17. | K (44.) | 0:34:56 | 06:59 | 0:34:51 |
| 125. | 617 | Pilak Magdalena | Poznań | GB Wielkopolscy Biegacze | 1997 | K20 | 16. | K (45.) | 0:35:02 | 07:00 | 0:34:46 |
| 126. | 783 | Zagożdżon Waldemar | Poznań | | 1983 | M30 | 27. | M (81.) | 0:35:18 | 07:03 | 0:35:05 |
| 127. | 701 | Chrobot Sylwia | Krotoszyn | | 1994 | K20 | 17. | K (46.) | 0:35:42 | 07:08 | 0:35:36 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|-----------------------------|--------------------|--------------------------|--------|-----|---------|---------|----------------|--------------|------------|
| 128. | 592 | Tupaj Mariusz | Chodzież | Drużyna Szpiku | 1970 | M40 | 10. | M (82.) | 0:35:51 | 07:10 | 0:35:39 |
| 129. | 544 | Mrotek Jolanta | Poznań | Night Runners | 1992 | K20 | 18. | K (47.) | 0:35:53 | 07:10 | 0:35:48 |
| 130. | 431 | Wilczyńska Elwira | Poznań | | 1970 | K40 | 7. | K (48.) | 0:35:54 | 07:10 | 0:35:44 |
| 131. | 813 | Trzaskowska Magda | Poznań | Buciki GUCIO Team | 1975 | K40 | 8. | K (49.) | 0:36:08 | 07:13 | 0:36:02 |
| 132. | 767 | Owczarzak Anna | Luboń | | 1993 | K20 | 19. | K (50.) | 0:36:15 | 07:15 | 0:36:01 |
| 133. | 864 | Koch Antoni | Śrem | | 1961 | M50 | 11. | M (83.) | 0:36:15 | 07:15 | 0:36:02 |
| 134. | 453 | Gajda Dominik | Plewiska | | 1992 | M20 | 26. | M (84.) | 0:36:23 | 07:16 | 0:36:07 |
| 135. | 682 | Biskupski Waldemar | Kostrzyn | Waldi | 1964 | M50 | 12. | M (85.) | 0:36:30 | 07:18 | 0:36:15 |
| 136. | 770 | Sieradzka Katarzyna | Sulechów | | 1993 | K20 | 20. | K (51.) | 0:36:30 | 07:18 | 0:36:17 |
| 137. | 653 | Witkiewicz Joanna | Poznań | | 1983 | K30 | 18. | K (52.) | 0:36:43 | 07:20 | 0:36:27 |
| 138. | 771 | Mączyńska Blanka | Poznań | | 1982 | K30 | 19. | K (53.) | 0:36:47 | 07:21 | 0:36:36 |
| 139. | 571 | Majchrzak Monika | Śrem | | 1980 | K30 | 20. | K (54.) | 0:36:48 | 07:21 | 0:36:48 |
| 140. | 774 | MAJEWSKA MAŁGORZATA | Poznań | MM | 1956 | K60 | 2. | K (55.) | 0:36:49 | 07:21 | 0:36:40 |
| 141. | 838 | Polkowska Aldona | Murowana Goślina | | 1965 | K50 | 3. | K (56.) | 0:36:51 | 07:22 | 0:36:46 |
| 142. | 859 | Małecka Róża | Kórnik | | 1982 | K30 | 21. | K (57.) | 0:36:53 | 07:22 | 0:36:39 |
| 143. | 618 | Pilak Bożena | Poznań | GB Wielkopolscy Biegacze | 1968 | K40 | 9. | K (58.) | 0:37:28 | 07:29 | 0:37:12 |
| 144. | 640 | Nyckowski Bartosz | Poznań | | 1976 | M40 | 11. | M (86.) | 0:37:33 | 07:30 | 0:37:22 |
| 145. | 639 | Nyckowska Karolina | Poznań | | 1973 | K40 | 10. | K (59.) | 0:37:34 | 07:30 | 0:37:22 |
| 146. | 516 | Rutkowska Aleksandra | Poznan | | 1984 | K30 | 22. | K (60.) | 0:37:38 | 07:31 | 0:37:26 |
| 147. | 804 | Marcinkowska Dominika | Borek Wielkopolski | | 1994 | K20 | 21. | K (61.) | 0:37:43 | 07:32 | 0:37:34 |
| 148. | 1122 | Myszka Marcin | Poznań | | 1991 | M20 | 27. | M (87.) | 0:37:43 | 07:32 | 0:37:34 |
| 149. | 438 | Barańkiewicz-Sokal Karolina | Poznań | | 1975 | K40 | 11. | K (62.) | 0:37:50 | 07:34 | 0:37:40 |
| 150. | 884 | Gorzan Paulina | Poznań | | 1980 | K30 | 23. | K (63.) | 0:37:56 | 07:35 | 0:37:41 |
| 151. | 505 | Najderek Agnieszka | Rokietnica | | 1987 | K30 | 24. | K (64.) | 0:38:04 | 07:36 | 0:37:52 |
| 152. | 488 | Wojtkowiak Robert | Poznań | Szybkie Ślimaki | 1983 | M30 | 28. | M (88.) | 0:38:04 | 07:36 | 0:37:53 |
| 153. | 691 | Dorożala Wioleta | Poznań | | 1982 | K30 | 25. | K (65.) | 0:38:17 | 07:39 | 0:38:06 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|--------------------------|------------------|------------------|--------|-----|---------|---------|----------------|--------------|------------|
| 154. | 469 | PIETROWSKA HALLIK | POZNAN | KTOSTAKI biegają | 1965 | K50 | 4. | K (66.) | 0:38:21 | 07:40 | 0:38:06 |
| 155. | 706 | Nadstazik Anna | Poznań | | 1996 | K20 | 22. | K (67.) | 0:39:28 | 07:53 | 0:39:23 |
| 156. | 862 | WABIŃSKA MAŁGORZATA | Gniezno | ZAWSZE W BIEGU | 1985 | K30 | 26. | K (68.) | 0:39:32 | 07:54 | 0:39:18 |
| 157. | 866 | Misiek Paulina | Poznań | Dzika Drużyna | 1982 | K30 | 27. | K (69.) | 0:40:16 | 08:03 | 0:40:07 |
| 158. | 752 | Wysokińska Aleksandra | Poznań | Archiwum UAM | 1956 | K60 | 3. | K (70.) | 0:40:16 | 08:03 | 0:40:12 |
| 159. | 825 | Górniak Monika | Małomice | | 1994 | K20 | 23. | K (71.) | 0:41:27 | 08:17 | 0:41:19 |
| 160. | 559 | Nowacki Maciek | Poznań | Drużyna Szpiku | 1986 | M30 | 29. | M (89.) | 0:41:38 | 08:19 | 0:41:29 |
| 161. | 567 | Bukowczan Agnieszka | Poznań | | 1996 | K20 | 24. | K (72.) | 0:41:39 | 08:19 | 0:41:24 |
| 162. | 558 | Widuch Gosia | Murowana Goślina | PKO BANK POLSKI | 1986 | K30 | 28. | K (73.) | 0:41:40 | 08:20 | 0:41:31 |
| 163. | 895 | Czyż-Gadzińska Agnieszka | Granowo | | 1977 | K40 | 12. | K (74.) | 0:43:00 | 08:36 | 0:42:44 |
| 164. | 480 | Kiwertz Anna | Poznań | Run Vegan TEAM | 1979 | K30 | 29. | K (75.) | 0:43:28 | 08:41 | 0:43:18 |
| 165. | 668 | Rzeszewski Michał | Poznań | DAK | 1986 | M30 | 30. | M (90.) | 0:44:12 | 08:50 | 0:43:54 |
| 166. | 667 | Kielich Kamil | Poznań | DAK | 1977 | M40 | 12. | M (91.) | 0:44:12 | 08:50 | 0:43:54 |
| 167. | 1119 | Jędrzejczak Marcin | Szczecin | | 1989 | M20 | 28. | M (92.) | 0:44:56 | 08:59 | 0:44:41 |
| 168. | 715 | GĘSIOREK JOLANTA | Poznań | | 1958 | K50 | 5. | K (76.) | 0:45:12 | 09:02 | 0:45:04 |
| 169. | 790 | MIs Roman | Poznań | Drużuna Szpiku | 1953 | M60 | 4. | M (93.) | 0:45:53 | 09:10 | 0:40:27 |
| 170. | 523 | Szelejewska Agnieszka | Poznań | | 1984 | K30 | 30. | K (77.) | 1:12:51 | 14:34 | 1:12:51 |

Liczba zawodników: 170

