

XIX PÓLMARATON im. MIROSŁAWA ZAREMBY – OSTRZESZÓW

23.04.2017

WYNIKI

| M.OP. | IMIĘ | NAZWISKO | NR. ST. | KLUB | KAT.W. | M.KAT. | KAT 1 | CZAS | CZAS NET. |
|-------|------------|---------------|---------|-----------------------------|--------|--------|--------------|----------|-----------|
| 1 | Rafał | Czarnecki | 322 | Sts Skarżysko-Kamienna | M30 | 1 | | 01:14:00 | 01:14:00 |
| 2 | Sergii | Kroulaidis | 342 | | M20 | 1 | | 01:14:13 | 01:13:46 |
| 3 | Karol | Frelik | 150 | Lks Osuchów | M20 | 2 | | 01:14:41 | 01:14:39 |
| 4 | Rafał | Formicki | 194 | Stowarzyszenie „Kolejarz” | M20 | 3 | | 01:15:22 | 01:15:21 |
| 5 | Tomasz | Juszczak | 230 | Kb Florian Zajązki Drugie | M30 | 2 | | 01:15:37 | 01:15:37 |
| 6 | Krzysztof | Górny | 256 | Www.Centralne.Co | M30 | 3 | | 01:16:31 | 01:16:31 |
| 7 | Dariusz | Starzyński | 195 | Stowarzyszenie „Kolejarz” | M40 | 1 | | 01:18:15 | 01:18:15 |
| 8 | Krzysztof | Pachuta | 151 | Eurovent Athletics Opole | M30 | 4 | | 01:18:34 | 01:18:32 |
| 9 | Michał | Przerwa | 267 | Ks Ice Mat Team Ostrów Wiel | M30 | 5 | | 01:18:45 | 01:18:45 |
| 10 | Rafał | Czarnojańczyk | 155 | | M40 | 2 | | 01:19:15 | 01:19:15 |
| 11 | Piotr | Chmiel | 341 | | M40 | 3 | | 01:21:00 | 01:21:00 |
| 12 | Aleksandr | Kazimirow | 339 | | M30 | 6 | | 01:21:12 | 01:21:12 |
| 13 | Robert | Zborowski | 93 | Aktywny Ostrzeszów | M40 | 4 | Powiat Ostrz | 01:22:33 | 01:22:32 |
| 14 | Dariusz | Cichorek | 266 | Kkb Finisz Kalisz | M40 | 5 | | 01:22:40 | 01:22:40 |
| 15 | Przemysław | Kucharski | 28 | Rokietnica Biega | M30 | 7 | | 01:23:04 | 01:23:00 |
| 16 | Piotr | Cieszyński | 126 | RR | M40 | 6 | | 01:23:46 | 01:23:44 |
| 17 | Sławomir | Krysztofiak | 127 | | M50 | 1 | | 01:26:03 | 01:26:00 |
| 18 | Robert | Tylicki | 188 | Tylickiteam | M40 | 7 | | 01:26:44 | 01:26:41 |
| 19 | Adam | Śledź | 208 | Stowarzyszenie „Kolejarz” | M20 | 4 | | 01:26:50 | 01:26:47 |
| 20 | Marek | Pociech | 122 | | M50 | 2 | | 01:27:13 | 01:27:08 |
| 21 | Artur | Marek | 340 | | M40 | 8 | | 01:27:17 | 01:27:12 |
| 22 | Łukasz | Kuropatwa | 192 | Stowarzyszenie „Kolejarz” | M30 | 8 | | 01:27:29 | 01:27:28 |
| 23 | Mariusz | Małek | 202 | Stowarzyszenie „Kolejarz” | M40 | 9 | | 01:27:36 | 01:27:35 |
| 24 | Janusz | Ratajczak | 206 | Stowarzyszenie „Kolejarz” | M50 | 3 | | 01:27:51 | 01:27:48 |
| 25 | Dawid | Dąbrowski | 7 | Czerwonak Biega | M20 | 5 | | 01:27:51 | 01:27:45 |
| 26 | Adrian | Budkiewicz | 251 | Night Runners Poznań | M30 | 9 | | 01:27:55 | 01:27:52 |
| 27 | Tomasz | Mądrzejewski | 141 | K.S. Leniwiec | M30 | 10 | | 01:28:08 | 01:28:04 |
| 28 | Natalia | Nagirnjak | 326 | Lkb Rudnik | K20 | 1 | | 01:28:10 | 01:28:10 |
| 29 | Łukasz | Grycman | 222 | Sparta Ultra Team | M30 | 11 | | 01:28:13 | 01:28:09 |
| 30 | Julia | Diatłowa | 337 | | K20 | 2 | | 01:28:30 | 01:28:29 |
| 31 | Sławomir | Fornalik | 51 | Postęp Team Pniewy | M40 | 10 | | 01:29:13 | 01:29:10 |
| 32 | Roland | Błach | 228 | K.S. Leniwiec | M40 | 11 | | 01:29:25 | 01:29:21 |
| 33 | Marek | Stachowiak | 5 | Rokietnica Biega | M30 | 12 | | 01:29:37 | 01:29:32 |
| 34 | Lidia | Czarnecka | 323 | Sts Skarżysko-Kamienna | K30 | 1 | | 01:29:45 | 01:29:44 |

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| 35 | Robert | Kasperski | 16 | Kościan Team | M40 | 12 | | 01:29:47 | 01:29:44 |
| 36 | Olga | Kazimirowa | 338 | | K40 | 1 | | 01:30:03 | 01:30:00 |
| 37 | Sławomir | Brzózka | 209 | Stowarzyszenie „Kolejarz” | M40 | 13 | | 01:30:06 | 01:30:03 |
| 38 | Sebastian | Chmielarz | 198 | Stowarzyszenie „Kolejarz” | M30 | 13 | | 01:30:07 | 01:30:07 |
| 39 | Sylwester | Parzonka | 312 | Ks Gepart Kepno | M40 | 14 | | 01:30:08 | 01:29:59 |
| 40 | Bogusław | Malicki | 210 | Stowarzyszenie „Kolejarz” | M40 | 15 | | 01:30:27 | 01:30:25 |
| 41 | Paweł | Sikora | 253 | Ks Maraton Ostrów Wielkopo | M40 | 16 | | 01:30:57 | 01:30:53 |
| 42 | Marcin | Kociemba | 67 | Naramowice Biegają | M30 | 14 | | 01:31:23 | 01:31:01 |
| 43 | Tomasz | Kubica | 279 | | M30 | 15 | | 01:31:49 | 01:31:39 |
| 44 | Agnieszka | Szymanowska | 201 | Stowarzyszenie „Kolejarz” | K20 | 3 | | 01:31:50 | 01:31:49 |
| 45 | Marcin | Frączek | 94 | Kościan Team/Drużyna Szpiku | M20 | 6 | | 01:32:20 | 01:32:17 |
| 46 | Mateusz | Sternal | 285 | | M20 | 7 | Powiat Ostrz | 01:32:32 | 01:32:26 |
| 47 | Wojciech | Żurek | 235 | | M20 | 8 | | 01:32:33 | 01:32:30 |
| 48 | Adam | Szczerbal | 57 | Kościan Team | M50 | 4 | | 01:32:40 | 01:32:36 |
| 49 | Sławomir | Dąbrowski | 314 | | M30 | 16 | Powiat Ostrz | 01:32:48 | 01:32:42 |
| 50 | Alojzy | Lorenc | 97 | | M50 | 5 | | 01:33:13 | 01:33:10 |
| 51 | Krzysztof | Lubczyński | 118 | | M40 | 17 | | 01:33:29 | 01:33:23 |
| 52 | Dawid | Daszczyk | 133 | | M20 | 9 | | 01:33:35 | 01:33:31 |
| 53 | Artur | Wasilewski | 136 | Pro Run Wrocław | M20 | 10 | | 01:33:36 | 01:33:28 |
| 54 | Robert | Kosmecki | 84 | Night Runners | M50 | 6 | | 01:33:49 | 01:33:44 |
| 55 | Błażej | Drobnik | 45 | Promień Opalenica | M30 | 17 | | 01:33:53 | 01:33:48 |
| 56 | Wojciech | Podlecki | 6 | Rokietnica Biega | M30 | 18 | | 01:33:54 | 01:33:50 |
| 57 | Barbara | Tobiasz | 250 | Getrun | K30 | 2 | | 01:34:19 | 01:34:15 |
| 58 | Marcin | Obal | 139 | | M30 | 19 | | 01:34:19 | 01:34:19 |
| 59 | Krzysztof | Kasprzak | 165 | Ks Krotosz Krotoszyn | M40 | 18 | | 01:34:20 | 01:34:12 |
| 60 | Andrzej | Woliński | 199 | Stowarzyszenie „Kolejarz” | M50 | 7 | | 01:34:38 | 01:34:36 |
| 61 | Stanisław | Mielczarek | 104 | Niezzreszony | M60 | 1 | | 01:34:44 | 01:34:39 |
| 62 | Szymon | Koźbielski | 112 | | M30 | 20 | | 01:34:53 | 01:34:46 |
| 63 | Łukasz | Urbaniak | 71 | | M30 | 21 | | 01:35:02 | 01:34:54 |
| 64 | Rafał | Piekarniak | 89 | Sport - Edukator Oleśnica | M40 | 19 | | 01:35:02 | 01:34:59 |
| 65 | Jarosław | Krzyżostanek | 336 | | M40 | 20 | | 01:36:25 | 01:36:14 |
| 66 | Bartosz | Karkoszka | 302 | Aktywny Ostrzeszów | M30 | 22 | Powiat Ostrz | 01:36:28 | 01:36:23 |
| 67 | Maciej | Karolewski | 184 | Night Runners Krotoszyn | M30 | 23 | | 01:36:42 | 01:36:32 |
| 68 | Mirosław | Kaczmarek | 20 | Kościan Team | M40 | 21 | | 01:36:45 | 01:36:42 |
| 69 | Robert | Kostański | 249 | | M30 | 24 | | 01:36:54 | 01:36:49 |
| 70 | Artur | Konrady | 218 | Night Runners Krotoszyn | M30 | 25 | | 01:36:56 | 01:36:47 |
| 71 | Marcin | Grzesiak | 17 | Aktywny Ostrzeszów | M30 | 26 | Powiat Ostrz | 01:37:07 | 01:37:02 |
| 72 | Piotr | Kuczyński | 160 | Nkb Chyży Nowy Tomyśl | M60 | 2 | | 01:37:23 | 01:37:15 |
| 73 | Dawid | Adamusiak | 41 | Bullet Team | M30 | 27 | | 01:37:23 | 01:37:17 |

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| 74 | Iwona | Maciąg | 255 | Klub Biegacza Bolewice | K20 | 4 | | 01:37:25 | 01:37:22 |
| 75 | Jarosław | Frankowski | 117 | Lub Wybierz Z Listy | M40 | 22 | | 01:37:31 | 01:37:10 |
| 76 | | | 345 | | | 1 | | 01:37:38 | 01:37:30 |
| 77 | Emilia | Wolińska | 200 | Stowarzyszenie „Kolejarz” | K40 | 2 | Powiat Ostrz | 01:37:49 | 01:37:47 |
| 78 | Tomasz | Deresiński | 182 | | M40 | 23 | | 01:37:50 | 01:37:37 |
| 79 | Przemysław | Karasiewicz | 145 | | M30 | 28 | | 01:37:51 | 01:37:34 |
| 80 | Jacek | Elminowski | 60 | | M40 | 24 | | 01:38:23 | 01:38:15 |
| 81 | Bartosz | Horosiewicz | 83 | Real Madryt | M30 | 29 | | 01:38:52 | 01:38:43 |
| 82 | Paweł | Siekiera | 291 | | M30 | 30 | | 01:39:08 | 01:38:55 |
| 83 | Jerzy | Kaminski | 158 | Magdalena | M40 | 25 | | 01:39:12 | 01:39:07 |
| 84 | Jacek | Bykowski | 238 | Fundacja Im. Królowej Polski S | M40 | 26 | | 01:39:16 | 01:39:02 |
| 85 | Dominik | Świtoń | 332 | | M20 | 11 | | 01:39:24 | 01:39:19 |
| 86 | Marcin | Chabierski | 259 | | M40 | 27 | | 01:39:24 | 01:39:09 |
| 87 | Żaneta | Powolna | 324 | Start Wieruszów | K20 | 5 | | 01:39:29 | 01:39:14 |
| 88 | Przemysław | Zgoła | 85 | Wuef Club Decathlon Swadzin | M40 | 28 | | 01:39:42 | 01:39:28 |
| 89 | Roman | Kiciński | 207 | Stowarzyszenie „Kolejarz” | M60 | 3 | | 01:39:48 | 01:39:45 |
| 90 | Krzysztof | Koralewski | 39 | | M30 | 31 | | 01:39:57 | 01:39:47 |
| 91 | Halina | Dubiela | 196 | Stowarzyszenie „Kolejarz” | K50 | 1 | | 01:40:05 | 01:40:02 |
| 92 | Dariusz | Wiatr | 24 | Night Runners Wrzesnia | M40 | 29 | | 01:40:11 | 01:39:55 |
| 93 | Leszek | Łukasik | 87 | | M50 | 8 | | 01:40:13 | 01:40:09 |
| 94 | Marcin | Zgoliński | 25 | | M30 | 32 | | 01:40:13 | 01:39:57 |
| 95 | Piotr | Nawrot | 128 | Grunwald Team Poznań | M40 | 30 | | 01:40:38 | 01:40:33 |
| 96 | Rafał | Wachowiak | 114 | Kościan Team | M40 | 31 | | 01:41:10 | 01:41:10 |
| 97 | Arkadiusz | Skórzyński | 124 | Night Runners | M40 | 32 | | 01:41:25 | 01:41:14 |
| 98 | Bronisław | Świątek | 73 | Niezzreszony | M50 | 9 | | 01:41:26 | 01:41:15 |
| 99 | Kinga | Gierak | 290 | K.S. Leniwiec | K30 | 3 | | 01:41:38 | 01:41:36 |
| 100 | Jarosław | Madajczak | 47 | | M40 | 33 | | 01:41:47 | 01:41:41 |
| 101 | Radosław | Misiorny | 156 | | M40 | 34 | | 01:42:00 | 01:41:43 |
| 102 | Anna | Sołyga | 92 | Aktywny Ostrzeszów | K20 | 6 | Powiat Ostrz | 01:42:21 | 01:42:15 |
| 103 | Bogumiła | Tanaś | 237 | Ks Krotosz Krotoszyn | K30 | 4 | | 01:42:35 | 01:42:26 |
| 104 | Marcin | Błaszczyk | 77 | | M20 | 12 | Powiat Ostrz | 01:42:35 | 01:42:15 |
| 105 | Ireneusz | Czwojdziniński | 244 | | M50 | 10 | | 01:42:35 | 01:42:26 |
| 106 | Artur | Kozłowski | 3 | Niezzreszony | M30 | 33 | | 01:42:49 | 01:42:34 |
| 107 | Dagmara | Laszczkowska | 36 | Dwujęzyczni.Pl | K20 | 7 | | 01:42:59 | 01:42:52 |
| 108 | Andrzej | Lamek | 301 | | M40 | 35 | Powiat Ostrz | 01:43:00 | 01:42:39 |
| 109 | Mariusz | Binek | 313 | | M30 | 34 | | 01:43:19 | 01:43:08 |
| 110 | Grzegorz | Klasa | 193 | Stowarzyszenie „Kolejarz” | M40 | 36 | | 01:43:23 | 01:43:13 |
| 111 | Grzegorz | Kańduła | 79 | Nest.Poznan.Pl | M30 | 35 | | 01:43:27 | 01:43:21 |
| 112 | Przemek | Przybyłek | 171 | | M30 | 36 | | 01:43:53 | 01:43:42 |

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| 113 | Maciej | Karasiński | 105 | | M30 | 37 | | 01:43:55 | 01:43:43 |
| 114 | Maciej | Borowiak | 232 | Wozimysie.Pl / Trenertriathlo | M30 | 38 | | 01:44:05 | 01:43:59 |
| 115 | Aleksander | Lepka | 66 | | M20 | 13 | | 01:44:07 | 01:43:54 |
| 116 | Tadeusz | Flens | 29 | Kb Wojtuś | M50 | 11 | | 01:44:08 | 01:44:02 |
| 117 | Jan | Urbaniak | 174 | | M60 | 4 | | 01:44:15 | 01:43:56 |
| 118 | Sebastian | Cieślak | 15 | Night Runners | M20 | 14 | | 01:44:20 | 01:44:14 |
| 119 | Krzysztof | Machaj | 175 | Aktywny Ostrzeszów | M20 | 15 | Powiat Ostrz | 01:44:30 | 01:44:24 |
| 120 | Piotr | Wysocki | 212 | | M30 | 39 | | 01:44:31 | 01:44:19 |
| 121 | Grzegorz | Witczak | 100 | Koźmin Biega | M30 | 40 | | 01:44:37 | 01:44:26 |
| 122 | Krzysztof | Morek | 11 | K.S. Leniwiec | M30 | 41 | | 01:44:37 | 01:44:25 |
| 123 | Monika | Izbińska | 300 | Sts Skarżysko-Kamienna | K40 | 3 | | 01:44:41 | 01:44:39 |
| 124 | Andrzej | Cieśla | 269 | | M40 | 37 | Powiat Ostrz | 01:44:49 | 01:44:44 |
| 125 | Paweł | Grądzielewski | 54 | | M40 | 38 | | 01:44:56 | 01:44:48 |
| 126 | Maciej | Guzenda | 216 | Aktywny Ostrzeszów | M30 | 42 | Powiat Ostrz | 01:44:59 | 01:44:59 |
| 127 | Dawid | Talikadze | 308 | Lks Sana Kościan | M30 | 43 | | 01:45:08 | 01:44:58 |
| 128 | Józef | Przybyłek | 215 | | M40 | 39 | Powiat Ostrz | 01:45:09 | 01:44:59 |
| 129 | Agnieszka | Michalska | 325 | | K40 | 4 | | 01:45:33 | 01:45:22 |
| 130 | Stefan | Dobak | 99 | Kb Szamotuły | M70+ | 1 | | 01:45:44 | 01:45:40 |
| 131 | Łukasz | Bacik | 262 | | M30 | 44 | Powiat Ostrz | 01:45:58 | 01:45:53 |
| 132 | Bartosz | Borowicz | 254 | Szuwary Ostrzeszów - Hokej P | M30 | 45 | Powiat Ostrz | 01:45:58 | 01:45:38 |
| 133 | Mirosław | Skóra | 227 | Sparta Ultra Team | M40 | 40 | | 01:46:07 | 01:46:00 |
| 134 | Robert | Rekowski | 22 | | M40 | 41 | | 01:46:10 | 01:46:05 |
| 135 | Dariusz | Wiktorek | 241 | Wodkan S.A. | M40 | 42 | | 01:46:42 | 01:46:32 |
| 136 | Mateusz | Sobkowiak | 10 | | M20 | 16 | | 01:46:44 | 01:46:28 |
| 137 | Dariusz | Ratajczak | 119 | Night Runners | M40 | 43 | | 01:46:55 | 01:46:41 |
| 138 | Marek | Palat | 108 | | M20 | 17 | Powiat Ostrz | 01:46:55 | 01:46:55 |
| 139 | Joanna | Dzięczkowska-Nil | 306 | Rokietnica Biega | K30 | 5 | | 01:47:00 | 01:46:48 |
| 140 | Sabina | Pachuta | 152 | Eurovent Athletics Opole | K30 | 6 | | 01:47:00 | 01:46:49 |
| 141 | Mateusz | Druzga | 172 | Kornik Leń | M30 | 46 | | 01:47:02 | 01:46:49 |
| 142 | Kamil | Stupakowski | 204 | Stowarzyszenie „Kolejarz” | M20 | 18 | | 01:47:11 | 01:47:00 |
| 143 | Paweł | Parzonka | 229 | K.S. Leniwiec | M40 | 44 | | 01:47:11 | 01:46:59 |
| 144 | Arleta | Lorenc | 96 | | K20 | 8 | | 01:47:14 | 01:47:02 |
| 145 | Roman | Talikadze | 307 | Lks Sana Kościan | M50 | 12 | | 01:47:20 | 01:47:03 |
| 146 | Arkadiusz | Dobrzyński | 138 | Zabiegani Częstochowa | M40 | 45 | | 01:47:36 | 01:47:29 |
| 147 | Bergmann | Dietmar | 329 | KSB Meissen | M70+ | 2 | | 01:47:37 | 01:47:31 |
| 148 | Tadeusz | Kolebuk | 62 | Klub Biegacza Maraton Turek | M60 | 5 | | 01:47:40 | 01:47:34 |
| 149 | Magdalena | Leonczak | 2 | Kocham Biegać | K30 | 7 | | 01:47:41 | 01:47:32 |
| 150 | Eugeniusz | Suchomski | 197 | Stowarzyszenie „Kolejarz” | M50 | 13 | | 01:47:45 | 01:47:36 |

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| 151 | Łukasz | Frański | 261 | Nkb Chyży Nowy Tomyśl | M40 | 46 | | 01:47:54 | 01:47:47 |
| 152 | Dariusz | Grzeško | 68 | | M30 | 47 | | 01:47:55 | 01:47:44 |
| 153 | Marta | Stachowiak | 343 | | K20 | 9 | | 01:47:57 | 01:47:48 |
| 154 | Sławomir | Kaczmarek | 27 | Kościan Team | M40 | 47 | | 01:48:00 | 01:47:51 |
| 155 | Marian | Zdanowski | 50 | | M60 | 6 | | 01:48:05 | 01:47:48 |
| 156 | Darek | Zieliński-Wronka | 98 | | M40 | 48 | | 01:48:19 | 01:48:15 |
| 157 | Marcin | Adamek | 299 | Iron Triathlon Pleszew | M30 | 48 | | 01:48:22 | 01:48:08 |
| 158 | Andrzej | Dudek | 183 | Niezzeszony | M50 | 14 | | 01:48:23 | 01:48:05 |
| 159 | Witold | Klupa | 257 | Gospodarstwo Rolne Witold K | M40 | 49 | | 01:48:24 | 01:48:10 |
| 160 | Teresa | Okoń | 264 | Aktywny Ostrzeszów | K30 | 8 | Powiat Ostrz | 01:48:25 | 01:48:21 |
| 161 | Włodzimierz | Juszczak | 167 | Sks Szczęście | M20 | 19 | Powiat Ostrz | 01:48:26 | 01:48:23 |
| 162 | Bartosz | Ochocki | 143 | Rokietnica Biega | M30 | 49 | | 01:48:28 | 01:48:13 |
| 163 | Tomasz | Szubarga | 48 | Rokietnica Biega | M30 | 50 | | 01:48:29 | 01:48:13 |
| 164 | Marcin | Kaczmarek | 35 | | M30 | 51 | | 01:48:29 | 01:48:21 |
| 165 | Danuta | Stachowiak | 191 | Rokietnica Biega | K40 | 5 | | 01:48:32 | 01:48:32 |
| 166 | Edward | Gołębiewski | 135 | Tkkf Płomień Pobiedziska | M60 | 7 | | 01:48:42 | 01:48:32 |
| 167 | Roman | Modrzejewski | 275 | Kings Of Metal | M50 | 15 | Powiat Ostrz | 01:48:45 | 01:48:40 |
| 168 | Leon | Wawrzyniak | 125 | Tkkf Płomień Pobiedziska | M60 | 8 | | 01:49:35 | 01:49:26 |
| 169 | Sonia | Stasik | 102 | | K20 | 10 | | 01:49:49 | 01:49:46 |
| 170 | Roman | Stryjakiewicz | 40 | | M40 | 50 | | 01:50:06 | 01:49:51 |
| 171 | Mirosław | Sobczyk | 56 | | M30 | 52 | | 01:50:27 | 01:50:15 |
| 172 | Marcin | Glapiak | 213 | | M40 | 51 | | 01:50:54 | 01:50:47 |
| 173 | Dariusz | Kliks | 320 | Zmęczeni Już Przed Biegiem | M40 | 52 | | 01:51:13 | 01:50:59 |
| 174 | Damian | Nowak | 43 | Piekarnia Wiejska W Zębowie | M30 | 53 | | 01:51:25 | 01:51:18 |
| 175 | Łukasz | Hądzyński | 38 | K.S. Leniwiec | M30 | 54 | | 01:51:36 | 01:51:23 |
| 176 | Łukasz | Wieczorek | 21 | Klub Marcelin | M30 | 55 | | 01:51:42 | 01:51:23 |
| 177 | Adam | Malcher | 101 | | M40 | 53 | | 01:51:57 | 01:51:51 |
| 178 | Bartłomiej | Zgadzaj | 217 | Aktywny Ostrzeszów | M30 | 56 | Powiat Ostrz | 01:52:37 | 01:52:28 |
| 179 | Mateusz | Gierak | 282 | K.S. Leniwiec | M30 | 57 | | 01:52:38 | 01:52:34 |
| 180 | Agnieszka | Połomska | 162 | Aktywny Ostrzeszów | K40 | 6 | Powiat Ostrz | 01:52:38 | 01:52:17 |
| 181 | Przemysław | Zawadzki | 270 | | M20 | 20 | Powiat Ostrz | 01:53:06 | 01:52:54 |
| 182 | Edward | Zawada | 214 | | M50 | 16 | | 01:53:07 | 01:52:53 |
| 183 | Kamil | Daszcyk | 59 | | M20 | 21 | Powiat Ostrz | 01:53:21 | 01:53:03 |
| 184 | Tomasz | Hildebrand | 344 | | M30 | 58 | | 01:53:42 | 01:53:25 |
| 185 | Magdalena | Grycman | 223 | Sparta Ultra Team | K30 | 9 | | 01:53:48 | 01:53:42 |
| 186 | Tomasz | Dymała | 239 | Aktywny Ostrzeszów | M20 | 22 | Powiat Ostrz | 01:54:17 | 01:54:07 |
| 187 | Anna | Hazubska | 168 | Aktywny Ostrzeszów | K20 | 11 | Powiat Ostrz | 01:54:17 | 01:54:09 |
| 188 | Marcin | Żurecki | 9 | | M30 | 59 | Powiat Ostrz | 01:54:19 | 01:54:06 |
| 189 | Krzysztof | Olejniczak | 161 | Agrozi Ziółkowo | M50 | 17 | | 01:54:35 | 01:54:19 |

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| 190 | Iwona | Wojcieszak | 74 | | K40 | 7 | | 01:54:41 | 01:54:41 |
| 191 | Przemysław | Skafęcki | 187 | K.S. Leniowiec | M30 | 60 | | 01:54:43 | 01:54:30 |
| 192 | Przemysław | Lepka | 248 | | M40 | 54 | | 01:55:31 | 01:55:18 |
| 193 | Lech | Przywecki | 13 | Kościan Team / Kp Psp Rawicz | M40 | 55 | | 01:55:31 | 01:55:22 |
| 194 | Dominik | Biadalski | 289 | | M20 | 23 | Powiat Ostrz | 01:55:44 | 01:55:25 |
| 195 | Magda | Żołądek | 226 | | K20 | 12 | | 01:55:54 | 01:55:42 |
| 196 | Piotr | Noculak | 273 | Melina | M20 | 24 | Powiat Ostrz | 01:55:57 | 01:55:39 |
| 197 | Wiesław | Lehnhardt | 4 | | M40 | 56 | | 01:56:05 | 01:55:58 |
| 198 | Mieczysław | Klupś | 65 | | M50 | 18 | | 01:56:06 | 01:55:59 |
| 199 | Bartosz | Mendel | 23 | | M40 | 57 | | 01:56:14 | 01:56:00 |
| 200 | | | 327 | | | 1 | | 01:56:24 | 01:56:10 |
| 201 | Tomasz | Pawlaczyk | 258 | | M40 | 58 | | 01:56:30 | 01:56:14 |
| 202 | Siegmar | Behrisch | 331 | KSB Meissen | M60 | 9 | | 01:56:51 | 01:56:47 |
| 203 | Kazimierz | Ratajczak | 64 | Kościan Team | M60 | 10 | | 01:57:14 | 01:57:06 |
| 204 | Paweł | Solarz | 53 | Olimpia Syców | M30 | 61 | | 01:57:29 | 01:56:59 |
| 205 | Łukasz | Kubera | 335 | | M30 | 62 | | 01:57:31 | 01:57:04 |
| 206 | Marcin | Prus | 46 | | M30 | 63 | | 01:57:32 | 01:57:11 |
| 207 | Krzysztof | Rudziński | 37 | Dwujezyczni.Pl | M20 | 25 | | 01:57:33 | 01:57:26 |
| 208 | Kamil | Podjuk | 260 | | M20 | 26 | Powiat Ostrz | 01:57:47 | 01:57:31 |
| 209 | Paulina | Dubska | 95 | Kościan Team | K20 | 13 | | 01:57:53 | 01:57:42 |
| 210 | Grzegorz | Kulesza | 225 | Night Runnes | M50 | 19 | | 01:57:53 | 01:57:38 |
| 211 | Remigiusz | Cypel | 14 | Bukowski Klub Biegacza | M30 | 64 | | 01:57:57 | 01:57:41 |
| 212 | Jakub | Nowak | 129 | Siła I Czosnek | M30 | 65 | | 01:58:00 | 01:57:49 |
| 213 | Paweł | Wesołowski | 131 | Siła I Czosnek | M30 | 66 | | 01:58:00 | 01:57:49 |
| 214 | Jakub | Nowak | 113 | Sportowir | M20 | 27 | Powiat Ostrz | 01:58:36 | 01:58:36 |
| 215 | Piotr | Leśniak | 219 | | M20 | 28 | | 01:58:49 | 01:58:38 |
| 216 | Tomasz | Hertmanowski | 58 | Kościan Team | M40 | 59 | | 01:59:09 | 01:59:02 |
| 217 | Krzysztof | Woryma | 240 | | M30 | 67 | Powiat Ostrz | 01:59:13 | 01:59:05 |
| 218 | Krzysztof | Kraśniewski | 190 | Klub Biegacza Sukces | M50 | 20 | | 01:59:17 | 01:59:04 |
| 219 | Martyn | Kiełbik | 149 | 10 Wrocławski Pułk Dowodze | M20 | 29 | Powiat Ostrz | 01:59:23 | 01:59:10 |
| 220 | Karol | Kiełbik | 148 | 10 Wrocławski Pułk Dowodze | M30 | 68 | Powiat Ostrz | 01:59:25 | 01:59:14 |
| 221 | Jan | Poniecki | 88 | Kb Lupus | M70+ | 3 | | 01:59:43 | 01:59:32 |
| 222 | Wacław | Mucha-Kruczyński | 236 | Lks Orkan | M60 | 11 | Powiat Ostrz | 01:59:56 | 01:59:42 |
| 223 | Patryk | Suski | 82 | | M20 | 30 | | 02:00:11 | 02:00:01 |
| 224 | Ryszard | Jarmaczyk | 69 | | M30 | 69 | | 02:00:23 | 02:00:11 |
| 225 | Anna | Missalla | 159 | | K30 | 10 | | 02:00:30 | 02:00:24 |
| 226 | Marek | Grzeńczyk | 132 | | M50 | 21 | | 02:00:41 | 02:00:21 |
| 227 | Alicja | Malewicz-Petczyr | 178 | Rokietnica Biega | K40 | 8 | | 02:00:43 | 02:00:27 |
| 228 | Wiesław | Chojniak | 305 | | M40 | 60 | | 02:00:43 | 02:00:38 |

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| 229 | Hans Georg | Schmidt | 334 | KSB Meissen | M70+ | 4 | | 02:00:52 | 02:00:42 |
| 230 | Tomasz | Barylski | 70 | Rokietnica Biega | M20 | 31 | | 02:01:04 | 02:00:49 |
| 231 | Sławomir | Zawadzki | 189 | Bon Zywnosciowy | M20 | 32 | Powiat Ostrz | 02:01:13 | 02:00:54 |
| 232 | Paweł | Dąbrowski | 179 | Night Runners | M40 | 61 | | 02:01:22 | 02:01:05 |
| 233 | Zuzanna | Nadobnik | 166 | | K20 | 14 | | 02:01:35 | 02:01:13 |
| 234 | Agnieszka | Burant | 177 | | K30 | 11 | | 02:01:41 | 02:01:05 |
| 235 | Ewelina | Braun | 233 | Team Kościan | K40 | 9 | | 02:02:02 | 02:01:54 |
| 236 | Joanna | Gottowt-Papiews | 140 | | K30 | 12 | | 02:02:04 | 02:01:42 |
| 237 | Jerzy | Dudziak | 34 | Kościan Team | M50 | 22 | | 02:02:06 | 02:01:57 |
| 238 | Dagmara | Pawlak | 91 | | K30 | 13 | | 02:02:23 | 02:02:11 |
| 239 | Lutz | Gotze | 328 | KSB Meissen | M50 | 23 | | 02:02:43 | 02:02:43 |
| 240 | Stefan | Komorowski | 32 | Strabag | M60 | 12 | | 02:03:05 | 02:02:58 |
| 241 | Armin | Zosal | 330 | KSB Meissen | M70+ | 5 | | 02:03:06 | 02:03:06 |
| 242 | Krzysztof | Okoń | 181 | Klub Biegacza Orange | M50 | 24 | | 02:04:03 | 02:03:47 |
| 243 | Monika | Kramarczyk | 75 | Aktywny Ostrzeszów | K30 | 14 | Powiat Ostrz | 02:04:07 | 02:04:01 |
| 244 | Piotr | Partyka | 123 | | M40 | 62 | | 02:04:28 | 02:04:11 |
| 245 | Iwona | Rotmańska | 203 | Stowarzyszenie „Kolejarz” | K40 | 10 | | 02:04:50 | 02:04:38 |
| 246 | Marta | Szwargot | 185 | Wuef Club Decathlon Swadzir | K20 | 15 | | 02:06:00 | 02:05:43 |
| 247 | Leszek | Olejniak | 78 | Niezzreszony | M40 | 63 | | 02:06:40 | 02:06:22 |
| 248 | Katarzyna | Barełkowska | 170 | Night Runners | K40 | 11 | | 02:07:30 | 02:07:12 |
| 249 | Sławomir | Wiśniewski | 115 | K.S. Leniwiec | M30 | 70 | | 02:07:42 | 02:07:26 |
| 250 | Kamil | Łupiński | 205 | Stowarzyszenie „Kolejarz” | M20 | 33 | | 02:07:45 | 02:07:34 |
| 251 | Anna | Sarbinowska | 163 | Czempiń Biega | K30 | 15 | | 02:08:09 | 02:07:59 |
| 252 | Dariusz | Walczak | 220 | Niezzreszony | M50 | 25 | | 02:08:09 | 02:08:05 |
| 253 | Jarosław | Melerowicz | 144 | | M50 | 26 | | 02:08:24 | 02:08:04 |
| 254 | Jarosław | Matusiak | 103 | | M40 | 64 | | 02:09:12 | 02:09:04 |
| 255 | Małgorzata | Karpisiewicz | 234 | | K30 | 16 | | 02:09:13 | 02:09:08 |
| 256 | Beata | Nadobnik | 164 | Wuef Club Decathlon Swadzir | K40 | 12 | | 02:09:33 | 02:09:17 |
| 257 | Andrzej | Borkowski | 19 | | M40 | 65 | | 02:10:01 | 02:09:37 |
| 258 | Robert | Bieda | 116 | | M50 | 27 | | 02:10:09 | 02:09:39 |
| 259 | Paulina | Dymała | 111 | | K30 | 17 | | 02:10:11 | 02:09:58 |
| 260 | Natalia | Dymała | 109 | Night Runners Wrocław | K30 | 18 | | 02:10:12 | 02:09:59 |
| 261 | Stanisław | Luźniak | 44 | Brak | M50 | 28 | | 02:10:25 | 02:10:13 |
| 262 | Adrian | Manczyk | 169 | Wixa Poznań | M20 | 34 | | 02:11:10 | 02:10:54 |
| 263 | Tomasz | Ryczak | 242 | Marta & Michałek Team | M30 | 71 | | 02:11:11 | 02:10:48 |
| 264 | Jakub | Dembiński | 1 | | M20 | 35 | | 02:12:17 | 02:12:00 |
| 265 | Robert | Grypczyński | 63 | Honey Stinger Runners | M40 | 66 | | 02:14:14 | 02:13:53 |
| 266 | Małgorzata | Kostecka | 246 | Night Runners | K30 | 19 | | 02:16:34 | 02:16:16 |

