

**V BIEG TRZECH JEZIOR – 23.07.2017, NIERZYM
– 5340M – OPENM**

| Msce | StNr | Nazwisko | Miasto/Klub | Rok | Msce | Netto | Km/h | Tempo |
|------|------|-----------------------|----------------------|------|------|-------|--------|-------|
| 1 | 45 | CIECIERSKI PATRYK | NIEDORADZ | 1998 | 1e | 18:20 | 17,476 | 3:25 |
| 2 | 282 | WASZCZUK TOMASZ | WASZCZUK TEAM,SZCZEC | 1980 | 2e | 19:44 | 16,236 | 3:41 |
| 3 | 195 | NOWAK MARIUSZ | RÓZANKI | 1989 | 3e | 20:02 | 15,993 | 3:45 |
| 4 | 245 | SOPATA PATRYK | SALON FRYZJERSKI STY | 1995 | 4e | 20:12 | 15,861 | 3:46 |
| 5 | 156 | LANGOWSKI MATEUSZ | ESY FLORESY,GORZOW W | 1976 | 5e | 20:21 | 15,744 | 3:48 |
| 6 | 167 | MACIĄG KAROL | PRZYJACIEL BERNUS,BI | 1991 | 6e | 20:35 | 15,566 | 3:51 |
| 7 | 217 | PIKULA KAMIL | ENDUHUB.COM,STARE BI | 1997 | 8e | 21:08 | 15,161 | 3:57 |
| 8 | 191 | NADOLSKI GRZEGORZ | CHWALECICE | 1978 | 9e | 21:10 | 15,137 | 3:57 |
| 9 | 4 | SIWIEC TOMASZ | ZMECZENI NA STARCIE | 1988 | 10e | 21:14 | 15,089 | 3:58 |
| 10 | 273 | TATAREWICZ KRZYSZTOF | 1970,SLONSK | 1970 | 11e | 21:17 | 15,054 | 3:59 |
| 11 | 268 | SZYMANSKI WOJCIECH | KŁODAWA | 1980 | 12e | 21:20 | 15,019 | 3:59 |
| 12 | 171 | MAJZLIK PIOTR | SALON FRYZJERSKI STY | 1982 | 13e | 21:22 | 14,995 | 4:00 |
| 13 | 64 | DUDKA PIOTR | GORZÓW | 1978 | 14e | 21:30 | 14,902 | 4:01 |
| 14 | 14 | BARTOSIK PRZEMYSŁAW | HRMAX BARLINEK,BARLI | 1976 | 15e | 21:39 | 14,799 | 4:03 |
| 15 | 13 | BARTOSIK MACIEJ | HRMAX BARLINEK,BARLI | 1986 | 16e | 21:49 | 14,686 | 4:05 |
| 16 | 172 | MAŁECKI BARTŁOMIEJ | BÓL GORZÓW,GORZÓW WL | 1979 | 17e | 21:57 | 14,597 | 4:06 |
| 17 | 285 | WAWRZYKOWSKI JAKUB | MKST ASTRA NOWA SÓ | 1997 | 18e | 22:01 | 14,553 | 4:07 |
| 18 | 301 | WYBACZ GRZEGORZ | KOZAK MMA GORZÓW WLK | 1978 | 19e | 22:05 | 14,509 | 4:08 |
| 19 | 180 | MAZUR MARCIN | GBC,GORZÓW WLKP | 1999 | 20e | 22:11 | 14,443 | 4:09 |
| 20 | 42 | CHMARA PAWEŁ | FISKALNI24.PL,STRZEL | 1988 | 21e | 22:15 | 14,400 | 4:10 |
| 21 | 71 | DYLIŃSKI BARTOSZ | NADLESNICTWO STRZELC | 1984 | 22e | 22:27 | 14,272 | 4:12 |
| 22 | 32 | BOREK JAKUB | TIM BOREK,BARLINEK | 1990 | 23e | 22:29 | 14,251 | 4:12 |
| 23 | 58 | DOŁMAT EDWARD | GORZÓW WLKP. | 1962 | 24e | 22:34 | 14,198 | 4:13 |
| 24 | 229 | RUSIN KAMIL | DZIKIE DZIKI GORZÓW, | 1987 | 25e | 22:34 | 14,198 | 4:13 |
| 25 | 196 | NOWAKOWSKI MARCIN | OSIEDLE POZNANSKIE | 1984 | 26e | 22:44 | 14,094 | 4:15 |
| 26 | 223 | PRZELAZŁY SYLWESTER | STILON GORZÓW ,GORZÓ | 1980 | 27e | 22:45 | 14,084 | 4:15 |
| 27 | 177 | MASIUKIEWICZ JACEK | ALGRAF RACE TEAM,SKW | 1981 | 28e | 22:54 | 13,991 | 4:17 |
| 28 | 34 | BOŻYK DAMIAN | STAL GORZÓW,SKWIERZY | 1985 | 29e | 23:01 | 13,920 | 4:18 |
| 29 | 53 | POZADEL TOMASZ | ZMECZENI NA STARCIE | 1983 | 30e | 23:16 | 13,771 | 4:21 |
| 30 | 137 | KORZENIEWSKI JAROSŁAW | GORZÓW WLKP | 1975 | 31e | 23:17 | 13,761 | 4:21 |
| 31 | 214 | PICZAK ŁUKASZ | FSD RUN DREZDENKO,PR | 1992 | 32e | 23:20 | 13,731 | 4:22 |
| 32 | 75 | DZIĘCIOŁ PIOTR | BARLINEK RUNNING TEA | 1971 | 33e | 23:22 | 13,712 | 4:22 |
| 33 | 219 | PŁOŃSKI JAKUB | DZIKIE DZIKI GORZÓW, | 1983 | 34e | 23:38 | 13,557 | 4:25 |
| 34 | 279 | URBAN MARIUSZ | KŁODAWA | 2000 | 35e | 23:54 | 13,406 | 4:28 |
| 35 | 50 | CZARNECKI DARIUSZ | LUBNIEWICE | 1974 | 36e | 23:54 | 13,406 | 4:28 |
| 36 | 190 | MUCHA ROBERT | FSD RUN DREZDENKO,DR | 1969 | 37e | 23:54 | 13,406 | 4:28 |
| 37 | 12 | BARTOSIEWICZ ADAM | OCR POLSKA,GRYFINO | 1977 | 38e | 23:58 | 13,369 | 4:29 |
| 38 | 158 | LESZCZYŃSKI MICHAŁ | SYBERIAN HUSKY TEAM, | 1978 | 39e | 24:02 | 13,331 | 4:30 |
| 39 | 57 | DOBROWOLSKI GRZEGORZ | ZMECZENIE NA STARCIE | 1969 | 40e | 24:07 | 13,285 | 4:30 |
| 40 | 136 | KOMPANOWSKI WOJCIECH | LUBISZYN | 2000 | 41e | 24:08 | 13,276 | 4:31 |
| 41 | 102 | GRZYBOWSKI MICHAŁ | GORZÓW WLKP. | 1983 | 42e | 24:14 | 13,221 | 4:32 |
| 42 | 176 | MASEWICZ GRZEGORZ | KB ZOFANNA GORZÓW WL | 1980 | 43e | 24:18 | 13,185 | 4:33 |
| 43 | 46 | CIERACH LESZEK | GORZOWSKIE BIEGANIE | 1984 | 44e | 24:20 | 13,167 | 4:33 |
| 44 | 147 | KUBAT DANIEL | BARLINEK | 1974 | 45e | 24:23 | 13,140 | 4:33 |
| 45 | 155 | KWAŚNIK MARIUSZ | 1978,GORZÓW WLKP. | 1978 | 46e | 24:30 | 13,078 | 4:35 |
| 46 | 44 | CICHAŁA ADRIAN | ZMECZENI NA STARCIE | 1988 | 47e | 24:36 | 13,024 | 4:36 |
| 47 | 224 | PRZYBYŁAK MARCIN | GORZÓW WIELKOPOLSKI | 1983 | 48e | 24:46 | 12,937 | 4:38 |
| 48 | 162 | LEWANDOWSKI WALDEMAR | LEWANDOWSCY TEAM,GOR | 1980 | 49e | 24:46 | 12,937 | 4:38 |
| 49 | 141 | KOZAJDA TOMASZ | DESZCZNO BIEGA!!!.DE | 1982 | 50e | 24:55 | 12,859 | 4:39 |
| 50 | 62 | DRZEWIECKI WALDEMAR | BARLINEK | 1959 | 51e | 24:55 | 12,859 | 4:39 |

pomiar czasu: www.super-sport.com.pl

**V BIEG TRZECH JEZIOR – 23.07.2017, NIERZYM
– 5340M – OPENM**

| Msce | StNr | Nazwisko | Miasto/Klub | Rok | Msce | Netto | Km/h | Tempo |
|------|------|--------------------------|----------------------|------|------|-------|--------|-------|
| 51 | 302 | ZAKRZEWSKI KRZYSZTOF | GORZÓW WLKP | 1967 | 52e | 25:02 | 12,799 | 4:41 |
| 52 | 79 | FOŁTA ADRIAN | GORZÓW WIELKOPOLSKI | 1983 | 54e | 25:04 | 12,782 | 4:41 |
| 53 | 127 | KĘPKA WALDEMAR | SANTOCKO | 1953 | 55e | 25:09 | 12,740 | 4:42 |
| 54 | 144 | KRÓLAK MAREK | STRZELCE KRAJ | 1974 | 56e | 25:11 | 12,723 | 4:42 |
| 55 | 81 | FRAĆZKIEWICZ-SAGAJŁO WOJ | WIERZBICKI RUNNING P | 1963 | 57e | 25:18 | 12,664 | 4:44 |
| 56 | 73 | DZIĘCIOŁ DAWID | OZAR | 2002 | 58e | 25:18 | 12,664 | 4:44 |
| 57 | 249 | STAŃCZYK KAZIMIERZ | LIPKI WIELKIE | 1966 | 59e | 25:20 | 12,647 | 4:44 |
| 58 | 178 | MATECKI MICHAŁ | KLODAWA | 1976 | 60e | 25:23 | 12,622 | 4:45 |
| 59 | 116 | JUDKOWIAK RAFAŁ | SALON FRYZJERSKI STY | 1979 | 61e | 25:23 | 12,622 | 4:45 |
| 60 | 265 | SZYDEŁKO JANUSZ | GORZÓW | 1971 | 62e | 25:23 | 12,622 | 4:45 |
| 61 | 68 | DUPLA KAROL | KRAJ-ZEGA BARLINEK,B | 1979 | 63e | 25:26 | 12,598 | 4:45 |
| 62 | 211 | PAWLAK BARTOSZ | WIECZORNE BIEGANIE W | 1990 | 64e | 25:28 | 12,581 | 4:46 |
| 63 | 209 | PARKOŁA KRZYSZTOF | GORZÓW WLKP. | 1979 | 66e | 25:31 | 12,556 | 4:46 |
| 64 | 186 | PAWLAK HENRYK | BBL GORZÓW WLKP.,STR | 1962 | 67e | 25:36 | 12,516 | 4:47 |
| 65 | 230 | RYSTWEJ CEZARY | ZTL MALI GORZOWIACY, | 1979 | 68e | 25:38 | 12,499 | 4:48 |
| 66 | 276 | TROCIŃSKI ARKADIUSZ | GORZÓW WIELKOPOLSKI | 1966 | 69e | 25:39 | 12,491 | 4:48 |
| 67 | 295 | WOJTYSIAK ADAM | MISTRZOWSKIE ROWERY | 1969 | 70e | 25:41 | 12,475 | 4:48 |
| 68 | 215 | PICZAK MATEUSZ | FSD RUN DREZDENKO,PR | 1999 | 71e | 25:47 | 12,427 | 4:49 |
| 69 | 17 | BERCZUK JÓZEF | MKST ASTRA NOWA SÓL, | 1967 | 74e | 25:58 | 12,339 | 4:51 |
| 70 | 175 | MARCZEWSKI TOMASZ | GORZÓW WLKP. | 1970 | 75e | 25:59 | 12,331 | 4:51 |
| 71 | 297 | WOJTYS PRZEMYSŁAW | ENEA TEAM,GORZÓW WIE | 1982 | 76e | 26:02 | 12,307 | 4:52 |
| 72 | 128 | KLAUS RAFAŁ | KLODAWA | 1962 | 77e | 26:09 | 12,252 | 4:53 |
| 73 | 271 | ŚWIERZKO ARTUR | 1975.GORZÓW WIELKOPO | 1975 | 78e | 26:16 | 12,198 | 4:55 |
| 74 | 19 | BERNATOWICZ GRZEGORZ | WOJCIESZYCE | 1994 | 79e | 26:20 | 12,167 | 4:55 |
| 75 | 95 | GIERCZAK TOMASZ | GIERCZAK TEAM,GORZÓW | 1976 | 80e | 26:20 | 12,167 | 4:55 |
| 76 | 139 | KOWALEWSKI WALERY | KOSTRZYN NAD ODRA | 1957 | 81e | 26:25 | 12,129 | 4:56 |
| 77 | 251 | STASZAK RADOSŁAW | GORZOWSKIE BIEGANIE | 1979 | 82e | 26:29 | 12,098 | 4:57 |
| 78 | 86 | JUSZCZAK MICHAŁ | LIPA,GORZÓW WLKP. | 1983 | 83e | 26:33 | 12,068 | 4:58 |
| 79 | 85 | GAPSKI BOGDAN | PECKOWO | 1965 | 84e | 26:34 | 12,060 | 4:58 |
| 80 | 184 | MĄDRY BARTŁOMIEJ | BIEGANIE DO ŻABKI, G | 1978 | 86e | 26:39 | 12,023 | 4:59 |
| 81 | 20 | BIELACZYC DARIUSZ | GORZÓW WIELKOPOLSKI | 1991 | 87e | 26:44 | 11,985 | 5:00 |
| 82 | 208 | PAŁYS RADOSŁAW | GORZÓW WLKP. | 1980 | 88e | 26:45 | 11,978 | 5:00 |
| 83 | 118 | KACZMAREK JAN | MIESZKOWICE | 1947 | 89e | 26:48 | 11,955 | 5:01 |
| 84 | 135 | KOMPANOWSKI MARIUSZ | NKB CHYZY,LUBISZYN | 1970 | 90e | 26:49 | 11,948 | 5:01 |
| 85 | 108 | IWANOWSKI ARKADIUSZ | KB PENTO STRZELCE KR | 1975 | 91e | 26:50 | 11,940 | 5:01 |
| 86 | 33 | BOSSY JACEK | GORZÓW WIELKOPOLSKI | 1962 | 92e | 26:51 | 11,933 | 5:01 |
| 87 | 112 | JAŹDZEWSKI HUBERT | GORZÓW WLKP. | 1985 | 93e | 26:52 | 11,926 | 5:01 |
| 88 | 18 | DUNAL MATEUSZ | GORZÓW WLKP | 1986 | 94e | 26:55 | 11,903 | 5:02 |
| 89 | 126 | GOTOWICKI DANIEL | STZRELCE KRAJEŃSKIE | 2000 | 95e | 26:57 | 11,889 | 5:02 |
| 90 | 185 | JACH ANRZEJ | GORZÓW WLKP. | 1990 | 96e | 26:58 | 11,881 | 5:02 |
| 91 | 213 | PIĄTEK ZDZISŁAW | BACZYNA | 1965 | 97e | 27:02 | 11,852 | 5:03 |
| 92 | 274 | TERPIŁOWSKI ŁUCJAN | GORZÓW WLKP. | 1958 | 98e | 27:02 | 11,852 | 5:03 |
| 93 | 277 | TROJANOWSKI TOMASZ | ZMECZENI NA STARCIE | 1990 | 99e | 27:03 | 11,845 | 5:03 |
| 94 | 22 | POSTEMSKI DAWID | GORZÓW WLKP | 1986 | 100e | 27:07 | 11,816 | 5:04 |
| 95 | 306 | ZELL JACEK | CHWALECICE | 1964 | 101e | 27:08 | 11,808 | 5:04 |
| 96 | 21 | BIELAWSKI KAMIL | GORZÓW | 1984 | 103e | 27:09 | 11,801 | 5:05 |
| 97 | 149 | KUCHARSKI PIOTR | AMATOR - NIEZRZESZON | 1969 | 104e | 27:10 | 11,794 | 5:05 |
| 98 | 113 | JESSA ANDRZEJ | PECKOWO | 1971 | 105e | 27:14 | 11,765 | 5:05 |
| 99 | 210 | PAŚ ADAM | NADLESNICTWO STRZELC | 1991 | 106e | 27:14 | 11,765 | 5:05 |

pomiar czasu: www.super-sport.com.pl

**V BIEG TRZECH JEZIOR – 23.07.2017, NIERZYM
– 5340M – OPENM**

| Msce | StNr | Nazwisko | Miasto/Klub | Rok | Msce | Netto | Km/h | Tempo |
|------|------|-----------------------|----------------------|------|------|-------|--------|-------|
| 100 | 203 | OSSOWICZ MARCIN | GORZÓW WLKP | 1986 | 107e | 27:16 | 11,751 | 5:06 |
| 101 | 239 | SKÓRSKI JANUSZ | KRZESZYCE | 1974 | 108e | 27:16 | 11,751 | 5:06 |
| 102 | 5 | ADAMOWICZ ADAM | HORNET GORZÓW ,GORZÓ | 1971 | 109e | 27:19 | 11,729 | 5:06 |
| 103 | 52 | CZETOWICZ RAFAŁ | KŁODAWA | 1996 | 110e | 27:24 | 11,693 | 5:07 |
| 104 | 54 | DANISZEWSKI GRZEGORZ | GORZÓW WLKP. | 1969 | 111e | 27:27 | 11,672 | 5:08 |
| 105 | 82 | GAIK MATEUSZ | BRZÓZOWIEC | 1995 | 113e | 27:43 | 11,560 | 5:11 |
| 106 | 55 | DAWIDOWICZ ANDRZEJ | SAMSEBIEGAM,BLEDZEW | 1954 | 115e | 27:48 | 11,525 | 5:12 |
| 107 | 290 | WITKOWSKI ANDRZEJ | GORZÓW WLKP | 1967 | 116e | 27:55 | 11,477 | 5:13 |
| 108 | 246 | SOPATA SŁAWEK | DREZDENKO | 1973 | 117e | 28:02 | 11,429 | 5:14 |
| 109 | 197 | NOWAKOWSKI WOJCIECH | NIGHT RUNNERS,POZNAN | 1978 | 119e | 28:03 | 11,422 | 5:15 |
| 110 | 165 | LUTOSTAŃSKI ADAM | KB PIAST MIEDZYRZECZ | 1988 | 121e | 28:16 | 11,335 | 5:17 |
| 111 | 303 | WESOŁOWSKI ŁUKASZ | GORZÓW WIELKOPOLSKI | 2000 | 123e | 28:17 | 11,328 | 5:17 |
| 112 | 76 | FILIPIAK ŁUKASZ | LF BLACK TEAM ,NOWOG | 1980 | 125e | 28:19 | 11,315 | 5:18 |
| 113 | 222 | GRZEGOLEC GREZGORZ | GORZÓW WIELKOPOLSKI | 1986 | 126e | 28:19 | 11,315 | 5:18 |
| 114 | 235 | SIEBIERT MARIUSZ | KŁODAWA | 1970 | 128e | 28:23 | 11,288 | 5:18 |
| 115 | 169 | MAĆKOWSKI MACIEJ | GORZÓW WLKP | 1984 | 129e | 28:23 | 11,288 | 5:18 |
| 116 | 188 | MARKOWSKI PAWEŁ | GORZÓW | 2000 | 130e | 28:23 | 11,288 | 5:18 |
| 117 | 15 | SPICZAK PAWEŁ | GORZÓW WLKP. | 1975 | 131e | 28:25 | 11,275 | 5:19 |
| 118 | 256 | SZCZECIŃSKI ROMAN | GORZÓW WLKP. | 1974 | 134e | 28:27 | 11,262 | 5:19 |
| 119 | 166 | JACH TOMASZ | BRZÓZOWICE | 1984 | 135e | 28:28 | 11,255 | 5:19 |
| 120 | 257 | SZCZERBA MICHAŁ | BARLINEK | 1981 | 136e | 28:30 | 11,242 | 5:20 |
| 121 | 317 | OWSIANNY TOMASZ | GLINKI | 2000 | 137e | 28:30 | 11,242 | 5:20 |
| 122 | 25 | BOCHENEK ZBIGNIEW | GORZÓW | 1983 | 138e | 28:33 | 11,222 | 5:20 |
| 123 | 117 | KACZMAREK ANDRZEJ | GORZÓW WLKP | 1964 | 139e | 28:33 | 11,222 | 5:20 |
| 124 | 132 | KLICZKA JAN | PIONIER WITNICA,WITN | 1954 | 140e | 28:34 | 11,216 | 5:20 |
| 125 | 237 | SIWIŃSKI ZENON | PIONIER WITNICA,WITN | 1969 | 142e | 28:34 | 11,216 | 5:20 |
| 126 | 142 | KRAWCZYK PAWEŁ | GORZÓW WLKP. | 1979 | 144e | 28:35 | 11,209 | 5:21 |
| 127 | 91 | GAWEŁ MIŁOSZ | PG NR 2 BARLINEK,BA | 2002 | 145e | 28:44 | 11,151 | 5:22 |
| 128 | 207 | PAŁYS MAREK | GORZÓW WLKP. | 1973 | 146e | 28:47 | 11,131 | 5:23 |
| 129 | 41 | WIĘCKOWSKI ŁUKASZ | GORZOWSCY MIŁOSNICY | 1983 | 147e | 28:51 | 11,106 | 5:24 |
| 130 | 98 | GÓRNIAK TOMASZ | STRZELCE KRAJENSKIE | 1973 | 148e | 28:53 | 11,093 | 5:24 |
| 131 | 90 | GAWEŁ MIKOŁAJ | BARLINEK | 1965 | 150e | 28:57 | 11,067 | 5:25 |
| 132 | 122 | KALKA JAROSŁAW | KALQA RUN,DESZCZNO | 1984 | 151e | 28:58 | 11,061 | 5:25 |
| 133 | 104 | GWOŹDZIK KAMIL | BARLINEK | 1991 | 152e | 29:02 | 11,036 | 5:26 |
| 134 | 66 | DUNAL TOMASZ | GORZÓW WLKP. | 1990 | 154e | 29:07 | 11,004 | 5:27 |
| 135 | 255 | SZAFARZ MARCIN | TILDA MEBLE,ZIELONA | 1989 | 155e | 29:09 | 10,991 | 5:27 |
| 136 | 151 | KUPCZYŃSKI BARTŁOMIEJ | BARTEK TEAM,BARLINEK | 2003 | 158e | 29:28 | 10,873 | 5:31 |
| 137 | 152 | KUPCZYŃSKI MAREK | BARTEK TEAM,BARLINEK | 1969 | 159e | 29:28 | 10,873 | 5:31 |
| 138 | 120 | KACZMAREK MARCIN | BARLINEK | 1976 | 160e | 29:32 | 10,849 | 5:31 |
| 139 | 69 | DYGAS PRZEMKO | GORZÓW | 1974 | 164e | 29:46 | 10,764 | 5:34 |
| 140 | 264 | SZUKALSKI WOJCIECH | KŁODAWA | 1986 | 165e | 29:56 | 10,704 | 5:36 |
| 141 | 309 | ŻENDEŁEK KRZYSZTOF | ZMECZENI NA STARCIE | 1992 | 168e | 30:02 | 10,668 | 5:37 |
| 142 | 92 | MAJŁOWSKI ALEKSANDER | KS.TEAM. BARYLA,GORZ | 1950 | 170e | 30:09 | 10,627 | 5:38 |
| 143 | 200 | OKONEK KAZIMIERZ | GORZÓW WLKP. | 1949 | 171e | 30:13 | 10,603 | 5:39 |
| 144 | 59 | DOMAGALSKI LESZEK | BORA,STRZELCE KRAJ. | 1975 | 172e | 30:13 | 10,603 | 5:39 |
| 145 | 140 | KOZA DARIUSZ | FSD RUN DREZDENKO,DR | 1985 | 175e | 30:20 | 10,563 | 5:40 |
| 146 | 93 | GIBULSKI TOMASZ | WITNICA | 1977 | 177e | 30:30 | 10,505 | 5:42 |
| 147 | 124 | KANIEWSKI PIOTR | BOGDANIEC | 1987 | 178e | 30:32 | 10,493 | 5:43 |
| 148 | 228 | ROŚLIK JAKUB | SWIEBODZIN | 1987 | 179e | 30:32 | 10,493 | 5:43 |
| 149 | 3 | ADAMCZEWSKI MACIEJ | ZUBIRO,POZNAN | 1981 | 180e | 30:32 | 10,493 | 5:43 |

pomiar czasu: www.super-sport.com.pl

**V BIEG TRZECH JEZIOR – 23.07.2017, NIERZYM
– 5340M – OPENM**

| Msce | StNr | Nazwisko | Miasto/Klub | Rok | Msce | Netto | Km/h | Tempo |
|------|------|------------------------|----------------------|------|------|-------|--------|-------|
| 150 | 234 | SIDOR MAREK | GORZÓW WLKP. | 1975 | 181e | 30:36 | 10,471 | 5:43 |
| 151 | 27 | BOCIAN KUBA | BARLINEK | 2008 | 182e | 31:08 | 10,291 | 5:49 |
| 152 | 29 | BOCIAN TOMASZ | BARLINEK | 1981 | 183e | 31:08 | 10,291 | 5:49 |
| 153 | 283 | WATRAK FILIP | GORZÓW WLKP. | 1998 | 185e | 31:15 | 10,253 | 5:51 |
| 154 | 121 | KALEMBKIEWICZ PIOTR | BACZYNA | 2003 | 186e | 31:16 | 10,247 | 5:51 |
| 155 | 36 | BURY JACEK | LECE BO CHCE :),STRZ | 1969 | 188e | 31:21 | 10,220 | 5:52 |
| 156 | 100 | GRZEGORCZYK KRZYSZTOF | GORZÓW WLKP | 1980 | 190e | 31:32 | 10,161 | 5:54 |
| 157 | 28 | BOCIAN MATEUSZ | ROBACZKI,MIROSLAWIEC | 1991 | 191e | 31:37 | 10,134 | 5:55 |
| 158 | 269 | ŚMIERZCHALSKI RYSZARD | GORZÓW WLKP. | 1978 | 193e | 31:59 | 10,018 | 5:59 |
| 159 | 48 | CIESIELSKI PAWEŁ | NOWA SÓL | 1979 | 196e | 32:01 | 10,007 | 5:59 |
| 160 | 125 | ROMAS CZESŁAW | GORZÓW WIELKOPOLSKI | 2000 | 197e | 32:02 | 10,002 | 5:59 |
| 161 | 280 | URBAN WOJCIECH | GORZÓW WLKP. | 1990 | 204e | 32:34 | 9,838 | 6:05 |
| 162 | 299 | WOTA ADAM | GORZÓW WLKP. | 1970 | 205e | 32:34 | 9,838 | 6:05 |
| 163 | 322 | SKÓRSKI BOGDAN | KRZESZYCE | 1965 | 206e | 32:38 | 9,818 | 6:06 |
| 164 | 263 | SZUKALSKI GRZEGORZ | KŁODAWA | 1961 | 209e | 32:45 | 9,783 | 6:07 |
| 165 | 266 | SZYGĘDA KACPER | MASAZ W GORZOWIE,GOR | 1999 | 212e | 32:54 | 9,739 | 6:09 |
| 166 | 267 | SZYGĘDA PAWEŁ | MASAZ W GORZOWIE,GOR | 1972 | 213e | 32:55 | 9,734 | 6:09 |
| 167 | 160 | FEDCZYSZYN RAFAŁ | SKWIERZYNA | 1990 | 217e | 33:18 | 9,622 | 6:14 |
| 168 | 146 | KRZYŻAŃSKI DANIEL | NIEZRZESZONY,WOLSZTY | 1979 | 218e | 33:20 | 9,612 | 6:14 |
| 169 | 233 | SAKOWSKI GRZEGORZ | ACTIVE CHOJNA,CHOJNA | 1966 | 219e | 33:26 | 9,583 | 6:15 |
| 170 | 99 | GRYGIEL WIESŁAW | HURAGAN,OSIEK | 1971 | 222e | 33:31 | 9,559 | 6:16 |
| 171 | 226 | RACHLEWICZ RYSZARD | CHANTREL,GORZÓW WIEL | 1962 | 224e | 33:34 | 9,545 | 6:17 |
| 172 | 134 | KOŁACZYK JERZY | KB HERMES GRYFINO,MO | 1954 | 226e | 33:50 | 9,470 | 6:20 |
| 173 | 202 | OSIŃSKI JACEK | TAKICH DWÓCH,GORZÓW | 1984 | 228e | 33:56 | 9,442 | 6:21 |
| 174 | 157 | LECHOWICZ DARIUSZ | SAMSEBIEGAM,SKWIERZY | 1967 | 235e | 34:50 | 9,198 | 6:31 |
| 175 | 288 | WISZNIEWSKI PIOTR | GORZÓW WLKP. | 1987 | 237e | 34:57 | 9,167 | 6:32 |
| 176 | 289 | WIŚNIEWSKI MICHAŁ | GORZÓW WLKP | 1987 | 238e | 34:57 | 9,167 | 6:32 |
| 177 | 262 | SZMYTKIEWICZ KRZYSZTOF | GORZÓW WLKP. | 1983 | 241e | 35:07 | 9,124 | 6:34 |
| 178 | 194 | NOWACZYŃSKI WŁODEK | GORZÓW | 1974 | 242e | 35:07 | 9,124 | 6:34 |
| 179 | 193 | NOWACZYK PIOTR | LPP GORZÓW WIELKOPOL | 1994 | 245e | 35:25 | 9,047 | 6:37 |
| 180 | 51 | CZARNECKI KAROL | LUBNIEWICE | 2004 | 247e | 35:29 | 9,030 | 6:38 |
| 181 | 83 | GAJEWSKI EUGENIUSZ | KS METRACO POLKOWICE | 1957 | 248e | 35:38 | 8,992 | 6:40 |
| 182 | 206 | PAŁYS BRUNO | GORZÓW WLKP. | 2006 | 253e | 36:00 | 8,900 | 6:44 |
| 183 | 259 | SZKLARZ IRENEUSZ | SZKLARZ RUNNERS TEAM | 1977 | 257e | 36:30 | 8,778 | 6:50 |
| 184 | 31 | BORDUNA ŁUKASZ | FSD RUN DREZDENKO,DR | 1978 | 262e | 36:39 | 8,742 | 6:51 |
| 185 | 183 | MĄDRAWSKI RAFAŁ | FSD RUN.DREZDENKO | 1976 | 267e | 36:49 | 8,703 | 6:53 |
| 186 | 6 | ADAMSKI ADAM | GORZÓW WLKP. | 1979 | 268e | 36:57 | 8,671 | 6:55 |
| 187 | 65 | DUDZIAK ŁUKASZ | GORZÓW WIELKOPOSKI | 1981 | 269e | 37:00 | 8,659 | 6:55 |
| 188 | 7 | AMPUŁA PAWEŁ | GORZÓW WLKP. | 1979 | 274e | 37:45 | 8,487 | 7:04 |
| 189 | 198 | NOWICKI ROBERT | NOWIK,WAWRÓW | 1974 | 275e | 38:00 | 8,432 | 7:06 |
| 190 | 130 | KLENTAK WIKTOR | GORZÓW WLKP | 2005 | 280e | 39:27 | 8,122 | 7:23 |
| 191 | 131 | KLENTAK WOJCIECH | GORZÓW WLKP | 1980 | 281e | 39:28 | 8,118 | 7:23 |
| 192 | 241 | SKRODZKI TOMASZ | BACZYNA | 1976 | 282e | 39:38 | 8,084 | 7:25 |
| 193 | 192 | NARBUTT JACEK | BARLINEK | 1961 | 283e | 39:54 | 8,030 | 7:28 |
| 194 | 105 | HORNOSTAJ GRZEGORZ | GORZÓW WIELKOPOLSKI | 1991 | 284e | 39:59 | 8,013 | 7:29 |
| 195 | 294 | WOJCIECHOWSKI TOMASZ | WIERZBICKI RUNNING P | 1981 | 292e | 42:38 | 7,515 | 7:59 |
| 196 | 238 | SKIBA EUGENIUSZ | GORZÓW WLKP | 1946 | 295e | 43:12 | 7,417 | 8:05 |
| 197 | 293 | WOJCIECHOWSKI HENRYK | KARNIN GORZÓW,GORZÓW | 1953 | 299e | 43:56 | 7,293 | 8:13 |
| 198 | 107 | GROCHOWSKI STANISŁAW | GORZÓW WLKP | 1940 | 304e | 45:25 | 7,055 | 8:30 |
| 199 | 311 | ŻMIJA JERZY | KB PENTO STRZELCE KR | 1950 | 306e | 56:11 | 5,703 | 10:31 |

pomiar czasu: www.super-sport.com.pl