

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|--------------------------------|----------------------------|------------|-----------|------------|-------------|--------------|------------|----------|------------|-------------|---|----|
| 1 | 785 | GRZEGORCZYK NATALIA | | 1997 | K14-29 | 1 | 00:00:00 | 4:06 | 14,7 | 00:10:03 | 00:20:28 | 00:20:28 | | 1 |
| 2 | 271 | GAPYS DOROTA | | 1984 | K30-39 | 1 | 00:00:02 | 4:19 | 13,9 | 00:10:41 | 00:21:34 | 00:21:36 | | 2 |
| 3 | 488 | PIEPERZ ANNA | EVERRUN | 1984 | K30-39 | 2 | 00:00:02 | 4:20 | 13,9 | 00:10:42 | 00:21:38 | 00:21:40 | | 3 |
| 4 | 696 | ŻBIKOWSKA-JUSIS KATARZYNA | WWW.BIEGACZKI.PL | 1983 | K30-39 | 3 | 00:00:01 | 4:26 | 13,5 | 00:10:52 | 00:22:10 | 00:22:11 | | 4 |
| 5 | 258 | JASTRZĄBEK AGNIESZKA | EVERRUN | 1984 | K30-39 | 4 | 00:00:01 | 4:30 | 13,3 | 00:10:57 | 00:22:30 | 00:22:31 | | 5 |
| 6 | 466 | KOZIRÓG DAGMARA | KORONA PABIANICE | 1972 | K40-49 | 1 | 00:00:01 | 4:31 | 13,3 | 00:11:05 | 00:22:36 | 00:22:37 | | 6 |
| 7 | 486 | HAJZER EWA | EVERRUN/RYSIE | 1986 | K30-39 | 5 | 00:00:01 | 4:33 | 13,2 | 00:11:05 | 00:22:45 | 00:22:46 | | 7 |
| 8 | 150 | MIKSA JUDYTA | | 1975 | K40-49 | 2 | 00:00:05 | 4:37 | 13,0 | 00:11:13 | 00:23:07 | 00:23:12 | | 8 |
| 9 | 587 | WRÓBLEWSKA IZABELA | MBANK | 1976 | K40-49 | 3 | 00:00:03 | 4:40 | 12,9 | 00:11:27 | 00:23:19 | 00:23:22 | | 9 |
| 10 | 527 | JAGIEŁŁO MAŁGORZATA | LKS KOLUSZKI | 1967 | K50-59 | 1 | 00:00:11 | 4:44 | 12,7 | 00:11:49 | 00:23:39 | 00:23:50 | | 10 |
| 11 | 458 | GRABOWSKA JUSTYNA | | 1977 | K40-49 | 4 | 00:00:02 | 4:44 | 12,7 | 00:11:42 | 00:23:41 | 00:23:43 | | 11 |
| 12 | 507 | KORZENIOWSKA ANNA | VERA RUNNING TEAM | 1984 | K30-39 | 6 | 00:00:15 | 4:45 | 12,6 | 00:11:57 | 00:23:45 | 00:24:00 | | 12 |
| 13 | 223 | PLICH ANGELIKA | | 1991 | K14-29 | 2 | 00:00:01 | 4:47 | 12,6 | 00:11:37 | 00:23:53 | 00:23:54 | | 13 |
| 14 | 257 | GAPYS DOMINIKA | | 1994 | K14-29 | 3 | 00:00:03 | 4:50 | 12,4 | 00:11:57 | 00:24:12 | 00:24:15 | | 14 |
| 15 | 100 | SZWEBS WIOLETTA | | 1976 | K40-49 | 5 | 00:00:08 | 4:51 | 12,4 | 00:11:53 | 00:24:17 | 00:24:25 | | 15 |
| 16 | 439 | MATUSIAK KAROLINA | FUJITSU | 1990 | K14-29 | 4 | 00:00:04 | 4:52 | 12,3 | 00:11:34 | 00:24:19 | 00:24:23 | | 16 |
| 17 | 730 | BALCER WERONIKA | RYSIOTEAM | 2001 | K14-29 | 5 | 00:00:01 | 4:52 | 12,3 | 00:11:40 | 00:24:22 | 00:24:23 | | 17 |
| 18 | 745 | FRONCZKOWSKA BARBARA | | 1984 | K30-39 | 7 | 00:00:12 | 4:53 | 12,3 | 00:12:25 | 00:24:26 | 00:24:38 | | 18 |
| 19 | 47 | SIERADZKA MARTA | EVERRUN | 1980 | K30-39 | 8 | 00:00:01 | 4:55 | 12,2 | 00:11:52 | 00:24:34 | 00:24:35 | | 19 |
| 20 | 33 | SKOWROŃSKA MAJA | CRAFTWARE RUNNING TEAM | 1989 | K14-29 | 6 | 00:00:39 | 4:55 | 12,2 | 00:13:03 | 00:24:35 | 00:25:14 | | 20 |
| 21 | 384 | WÓJTOWICZ LIZA | | 1993 | K14-29 | 7 | 00:00:08 | 4:56 | 12,2 | 00:12:17 | 00:24:41 | 00:24:49 | | 21 |
| 22 | 563 | JANCZURA-SOBCZAK MONIKA | | 1986 | K30-39 | 9 | 00:00:03 | 4:57 | 12,1 | 00:11:44 | 00:24:45 | 00:24:48 | | 22 |
| 23 | 704 | HARCEJ MAGDALENA | | 1987 | K30-39 | 10 | 00:00:29 | 4:57 | 12,1 | 00:13:28 | 00:24:47 | 00:25:16 | | 23 |
| 24 | 673 | SURMA DOROTA | WIELUŃ BIEGA | 1973 | K40-49 | 6 | 00:00:25 | 4:58 | 12,1 | 00:12:49 | 00:24:49 | 00:25:14 | | 24 |
| 25 | 476 | STASZCZYK ANNA | | 1991 | K14-29 | 8 | 00:00:56 | 4:58 | 12,1 | 00:13:59 | 00:24:51 | 00:25:47 | | 25 |
| 26 | 5 | KRAWCZYK SYLWIA | 32BLT | 1984 | K30-39 | 11 | 00:00:04 | 4:59 | 12,0 | 00:12:07 | 00:24:56 | 00:25:00 | | 26 |
| 27 | 367 | BANASIAK ANNA | | 1985 | K30-39 | 12 | 00:00:41 | 4:59 | 12,0 | 00:13:16 | 00:24:56 | 00:25:37 | | 27 |
| 28 | 637 | KLIMEK MARTA | | 1992 | K14-29 | 9 | 00:00:17 | 5:00 | 12,0 | 00:12:30 | 00:24:59 | 00:25:16 | | 28 |
| 29 | 580 | GRYGIEL PAULINA | | 1989 | K14-29 | 10 | 00:00:14 | 5:00 | 12,0 | 00:12:41 | 00:25:00 | 00:25:14 | | 29 |
| 30 | 146 | STEFANIAK SYLWIA | | 1978 | K30-39 | 13 | 00:00:15 | 5:01 | 12,0 | 00:13:01 | 00:25:06 | 00:25:21 | | 30 |
| 31 | 449 | BŁAŻĄŁEK ANNA | SUPER TEAM | 1977 | K40-49 | 7 | 00:00:02 | 5:03 | 11,9 | 00:11:47 | 00:25:17 | 00:25:19 | | 31 |
| 32 | 116 | GĄSIOROWSKA AGNIESZKA | BIKINI PROJECT RUN | 1982 | K30-39 | 14 | 00:00:07 | 5:04 | 11,9 | 00:12:28 | 00:25:18 | 00:25:25 | | 32 |
| 33 | 395 | SŁODKIEWICZ DAGMARA | HERAKLES | 1987 | K30-39 | 15 | 00:00:05 | 5:04 | 11,8 | 00:12:48 | 00:25:21 | 00:25:26 | | 33 |
| 34 | 646 | KWIECIEŃ-LIPIŃSKA KAMILA | TIGERS TEAM | 1975 | K40-49 | 8 | 00:00:02 | 5:04 | 11,8 | 00:12:20 | 00:25:21 | 00:25:23 | | 34 |
| 35 | 541 | BARTOSIK ANNA | ATLAS RUNNING TEAM | 1986 | K30-39 | 16 | 00:00:07 | 5:06 | 11,8 | 00:12:49 | 00:25:28 | 00:25:35 | | 35 |
| 36 | 312 | KUBIAK ANNA | | 1988 | K14-29 | 11 | 00:00:26 | 5:06 | 11,8 | 00:13:19 | 00:25:29 | 00:25:55 | | 36 |
| 37 | 650 | ŁASZCZUK IZA | SBRT MOC ENERGIA ENDORFINA | 1983 | K30-39 | 17 | 00:00:26 | 5:07 | 11,7 | 00:13:22 | 00:25:34 | 00:26:00 | | 37 |
| 38 | 748 | PIETRASZEK AGNIESZKA | | 1986 | K30-39 | 18 | 00:00:29 | 5:07 | 11,7 | 00:13:03 | 00:25:35 | 00:26:04 | | 38 |
| 39 | 742 | SZOTT MAGDALENA | SONKO TEAM | 1987 | K30-39 | 19 | 00:00:59 | 5:08 | 11,7 | 00:13:49 | 00:25:39 | 00:26:38 | | 39 |
| 40 | 192 | CHRZĄSZCZ KATARZYNA | NAUKA BIEGA | 1991 | K14-29 | 12 | 00:00:04 | 5:08 | 11,7 | 00:12:39 | 00:25:40 | 00:25:44 | | 40 |
| 41 | 596 | PAWŁOWSKA-GULDZIŃSKA MAGDALENA | FIRMA | 1976 | K40-49 | 9 | 00:00:15 | 5:08 | 11,7 | 00:12:59 | 00:25:41 | 00:25:56 | | 41 |
| 42 | 664 | PIETRASZEWSKA ALEKSANDRA | | 1975 | K40-49 | 10 | 00:00:02 | 5:09 | 11,7 | 00:12:37 | 00:25:44 | 00:25:46 | | 42 |
| 43 | 195 | KUBIAK AGNIESZKA | | 1976 | K40-49 | 11 | 00:00:03 | 5:09 | 11,6 | 00:12:28 | 00:25:46 | 00:25:49 | | 43 |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|---------------------------------|-------------------------|------------|-----------|------------|-------------|--------------|------------|----------|------------|-------------|---|----|
| 44 | 105 | MARAJDA KAROLINA | RUN-LOG | 1980 | K30-39 | 20 | 00:00:04 | 5:09 | 11,6 | 00:12:59 | 00:25:47 | 00:25:51 | | 44 |
| 45 | 21 | CYTROWSKA MAŁGORZATA | | 1969 | K40-49 | 12 | 00:00:03 | 5:11 | 11,6 | 00:12:35 | 00:25:55 | 00:25:58 | | 45 |
| 46 | 444 | PILICHOWSKA KATARZYNA | | 1980 | K30-39 | 21 | 00:00:01 | 5:11 | 11,6 | 00:12:37 | 00:25:55 | 00:25:56 | | 46 |
| 47 | 250 | BŁAŻEJCZYK AGNIESZKA | SP NR 34 | 1965 | K50-59 | 2 | 00:00:22 | 5:11 | 11,6 | 00:13:17 | 00:25:57 | 00:26:19 | | 47 |
| 48 | 467 | BANDEL ANETA | | 1990 | K14-29 | 13 | 00:00:23 | 5:12 | 11,5 | 00:13:16 | 00:26:01 | 00:26:24 | | 48 |
| 49 | 427 | ŚWIĄTEK AGNIESZKA | | 1992 | K14-29 | 14 | 00:00:31 | 5:12 | 11,5 | 00:13:17 | 00:26:02 | 00:26:33 | | 49 |
| 50 | 588 | WYDERKA ELZBIETA | | 1970 | K40-49 | 13 | 00:00:09 | 5:12 | 11,5 | 00:13:05 | 00:26:02 | 00:26:11 | | 50 |
| 51 | 381 | PLICH AGNIESZKA | BBL TOMASZÓW MAZ | 1975 | K40-49 | 14 | 00:00:03 | 5:13 | 11,5 | 00:12:24 | 00:26:03 | 00:26:06 | | 51 |
| 52 | 286 | PIETRZYK JUSTYNA | | 1981 | K30-39 | 22 | 00:00:37 | 5:13 | 11,5 | 00:13:58 | 00:26:04 | 00:26:41 | | 52 |
| 53 | 740 | GABARA WIOLETA | | 1985 | K30-39 | 23 | 00:00:05 | 5:13 | 11,5 | 00:12:42 | 00:26:05 | 00:26:10 | | 53 |
| 54 | 769 | KOZANECKA MARTA | | 1981 | K30-39 | 24 | 00:00:03 | 5:13 | 11,5 | 00:12:57 | 00:26:05 | 00:26:08 | | 54 |
| 55 | 295 | LORENCKA ANETA | | 1991 | K14-29 | 15 | 00:00:28 | 5:13 | 11,5 | 00:14:14 | 00:26:07 | 00:26:35 | | 55 |
| 56 | 741 | SOBOLEWSKA IRENA | | 1969 | K40-49 | 15 | 00:00:02 | 5:14 | 11,5 | 00:12:43 | 00:26:09 | 00:26:11 | | 56 |
| 57 | 665 | RÓŻAŃSKA DOROTA | | 1979 | K30-39 | 25 | 00:00:38 | 5:14 | 11,5 | 00:14:11 | 00:26:10 | 00:26:48 | | 57 |
| 58 | 660 | LIPSKA DARIA | RETKINIA RUN | 1986 | K30-39 | 26 | 00:00:20 | 5:15 | 11,4 | 00:13:33 | 00:26:14 | 00:26:34 | | 58 |
| 59 | 30 | ANTONIAK WIESŁAWA | MULTIBOND | 1959 | K50-59 | 3 | 00:00:01 | 5:15 | 11,4 | 00:12:51 | 00:26:14 | 00:26:15 | | 59 |
| 60 | 158 | KLEPCZYŃSKA AGNIESZKA | TATE & LYLE ACTIVE TEAM | 1987 | K30-39 | 27 | 00:00:08 | 5:15 | 11,4 | 00:12:59 | 00:26:16 | 00:26:24 | | 60 |
| 61 | 350 | GIEJBA IZABELLA | | 1979 | K30-39 | 28 | 00:00:18 | 5:16 | 11,4 | 00:13:38 | 00:26:19 | 00:26:37 | | 61 |
| 62 | 404 | GONCIARZ WERONIKA | | 1991 | K14-29 | 16 | 00:00:04 | 5:18 | 11,3 | 00:13:04 | 00:26:29 | 00:26:33 | | 62 |
| 63 | 678 | KARLIKOWSKA-ANTOSIAK MAŁGORZATA | | 1979 | K30-39 | 29 | 00:00:51 | 5:18 | 11,3 | 00:14:07 | 00:26:32 | 00:27:23 | | 63 |
| 64 | 178 | STALIŃSKA MONIKA | | 1973 | K40-49 | 16 | 00:00:04 | 5:20 | 11,3 | 00:13:00 | 00:26:39 | 00:26:43 | | 64 |
| 65 | 394 | BUGAJAK ANITA | | 1987 | K30-39 | 30 | 00:00:12 | 5:20 | 11,3 | 00:13:09 | 00:26:40 | 00:26:52 | | 65 |
| 66 | 73 | GRZEGORCZYK ALEKSANDRA | | 1983 | K30-39 | 31 | 00:00:00 | 5:21 | 11,2 | 00:12:44 | 00:26:45 | 00:26:45 | | 66 |
| 67 | 351 | KAŁUZIŃSKA DOROTA | HUSARIA RACE TEAM | 1993 | K14-29 | 17 | 00:00:12 | 5:21 | 11,2 | 00:13:27 | 00:26:45 | 00:26:57 | | 67 |
| 68 | 374 | PABICH HONORATA | KOLOROWA DRUŻYNA NESSI | 1977 | K40-49 | 17 | 00:00:04 | 5:21 | 11,2 | 00:12:57 | 00:26:47 | 00:26:51 | | 68 |
| 69 | 445 | ŚCIBIOREK MAŁGORZATA | | 1971 | K40-49 | 18 | 00:00:27 | 5:21 | 11,2 | 00:14:16 | 00:26:47 | 00:27:14 | | 69 |
| 70 | 283 | KADZIDŁOWSKA ALEKSANDRA | PARKRUN ŁÓDŹ | 1976 | K40-49 | 19 | 00:00:12 | 5:22 | 11,2 | 00:13:36 | 00:26:48 | 00:27:00 | | 70 |
| 71 | 234 | PAWLIKIEWICZ MAŁGORZATA | | 1992 | K14-29 | 18 | 00:00:51 | 5:22 | 11,2 | 00:14:06 | 00:26:50 | 00:27:41 | | 71 |
| 72 | 628 | KRASOŃ BEATA | | 1993 | K14-29 | 19 | 00:00:52 | 5:23 | 11,2 | 00:15:21 | 00:26:54 | 00:27:46 | | 72 |
| 73 | 559 | KUŚMIEROWSKA AGATA | | 1978 | K30-39 | 32 | 00:01:08 | 5:24 | 11,1 | 00:14:41 | 00:26:58 | 00:28:06 | | 73 |
| 74 | 615 | KUBICKA MAGDALENA | | 1976 | K40-49 | 20 | 00:00:02 | 5:24 | 11,1 | 00:13:30 | 00:26:59 | 00:27:01 | | 74 |
| 75 | 441 | WESOŁOWSKA KAROLINA | FUJITSU | 1986 | K30-39 | 33 | 00:00:48 | 5:24 | 11,1 | 00:14:21 | 00:27:02 | 00:27:50 | | 75 |
| 76 | 689 | KALINOWSKA ANNA | SUPER TEAM | 1978 | K30-39 | 34 | 00:00:02 | 5:24 | 11,1 | 00:13:06 | 00:27:02 | 00:27:04 | | 76 |
| 77 | 385 | STARZYCKA-WESZKA KLAUDIA | ŁÓDŹ KOCHA SPORT | 1992 | K14-29 | 20 | 00:00:28 | 5:25 | 11,1 | 00:13:37 | 00:27:03 | 00:27:31 | | 77 |
| 78 | 636 | JANISZEWSKA SYLWIA | | 1982 | K30-39 | 35 | 00:00:19 | 5:25 | 11,1 | 00:14:06 | 00:27:05 | 00:27:24 | | 78 |
| 79 | 562 | SOCIK ANNA | | 1984 | K30-39 | 36 | 00:00:27 | 5:25 | 11,1 | 00:13:58 | 00:27:06 | 00:27:33 | | 79 |
| 80 | 640 | NIEWCZAS DIANA | | 1990 | K14-29 | 21 | 00:00:13 | 5:26 | 11,0 | 00:13:40 | 00:27:11 | 00:27:24 | | 80 |
| 81 | 770 | BIELAWSKA MONIKA | | 1976 | K40-49 | 21 | 00:00:22 | 5:26 | 11,0 | 00:14:25 | 00:27:11 | 00:27:33 | | 81 |
| 82 | 687 | RATOWSKA -DZIOBIAK ELEONORA | Uł | 1980 | K30-39 | 37 | 00:00:03 | 5:27 | 11,0 | 00:13:03 | 00:27:13 | 00:27:16 | | 82 |
| 83 | 40 | KAŹMIERCZAK BARBARA | | 1985 | K30-39 | 38 | 00:00:53 | 5:27 | 11,0 | 00:14:01 | 00:27:14 | 00:28:07 | | 83 |
| 84 | 717 | HOROBCHENKO OLENA | | 1996 | K14-29 | 22 | 00:00:39 | 5:27 | 11,0 | 00:14:18 | 00:27:14 | 00:27:53 | | 84 |
| 85 | 432 | BIERNAT MILENA | FUJITSU | 1985 | K30-39 | 39 | 00:00:49 | 5:28 | 11,0 | 00:14:33 | 00:27:21 | 00:28:10 | | 85 |
| 86 | 388 | WĄSIEWICZ MAŁGORZATA | | 1993 | K14-29 | 23 | 00:00:11 | 5:29 | 11,0 | 00:13:54 | 00:27:23 | 00:27:34 | | 86 |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|-----------------------------|--|------------|-----------|------------|-------------|--------------|------------|----------|------------|-------------|---|-----|
| 87 | 303 | MICOR JOLANTA | UMED ŁÓDŹ | 1992 | K14-29 | 24 | 00:00:22 | 5:29 | 10,9 | 00:13:38 | 00:27:24 | 00:27:46 | | 87 |
| 88 | 570 | POLINCUSZ KATARZYNA | MOCNI W DUCHU- ZABIEGANI | 1972 | K40-49 | 22 | 00:00:26 | 5:29 | 10,9 | 00:14:17 | 00:27:27 | 00:27:53 | | 88 |
| 89 | 15 | CISZEWSKA KAROLINA | TURBO TEAM | 1982 | K30-39 | 40 | 00:00:12 | 5:30 | 10,9 | 00:14:13 | 00:27:28 | 00:27:40 | | 89 |
| 90 | 263 | BORKOWSKA PAULINA | REBELLION OF FREE RUNNERS | 1986 | K30-39 | 41 | 00:00:33 | 5:30 | 10,9 | 00:14:12 | 00:27:29 | 00:28:02 | | 90 |
| 91 | 149 | KMIECIAK SANDRA | | 1986 | K30-39 | 42 | 00:00:43 | 5:30 | 10,9 | 00:14:15 | 00:27:30 | 00:28:13 | | 91 |
| 92 | 743 | PŁAWUCKA MONIKA | SONKO TEAM | 1992 | K14-29 | 25 | 00:00:57 | 5:30 | 10,9 | 00:14:48 | 00:27:32 | 00:28:29 | | 92 |
| 93 | 508 | ŁOWICKA ANNA | | 1977 | K40-49 | 23 | 00:00:02 | 5:31 | 10,9 | 00:13:52 | 00:27:33 | 00:27:35 | | 93 |
| 94 | 415 | WIERZBICKA MARTA | | 1988 | K14-29 | 26 | 00:00:12 | 5:31 | 10,9 | 00:13:34 | 00:27:35 | 00:27:47 | | 94 |
| 95 | 253 | KLUKOWSKA BEATA | | 1966 | K50-59 | 4 | 00:00:41 | 5:31 | 10,9 | 00:14:47 | 00:27:37 | 00:28:18 | | 95 |
| 96 | 525 | WUJKOWSKA ZUZANNA | | 1990 | K14-29 | 27 | 00:00:33 | 5:32 | 10,9 | 00:14:48 | 00:27:38 | 00:28:11 | | 96 |
| 97 | 70 | BIERNAT DOROTA | DMMMTEAM ŁÓDŹ | 1962 | K50-59 | 5 | 00:00:18 | 5:33 | 10,8 | 00:14:08 | 00:27:46 | 00:28:04 | | 97 |
| 98 | 244 | MACIASZCZYK MAGDA | PODDEBICKI KLUB BIEGACZY ZDYSZANI.PL | 1983 | K30-39 | 43 | 00:00:43 | 5:34 | 10,8 | 00:14:25 | 00:27:49 | 00:28:32 | | 98 |
| 99 | 27 | STUSIO MAGDALENA | ATLAS RUNNING TEAM | 1970 | K40-49 | 24 | 00:00:05 | 5:34 | 10,8 | 00:13:25 | 00:27:50 | 00:27:55 | | 99 |
| 100 | 247 | WALIGÓRSKA AGATA | PODDĘBICKI KLUB BIEGACZA ZDYSZANI.PL | 1983 | K30-39 | 44 | 00:00:43 | 5:34 | 10,8 | 00:14:25 | 00:27:50 | 00:28:33 | | 100 |
| 101 | 533 | KOSTKA-SKWARCZYŃSKA IZABELA | SZLIFIERNIA SZCZĘŚCIA, IZABELA KOSTKA-SKWARCZYŃSKA | 1971 | K40-49 | 25 | 00:00:42 | 5:34 | 10,8 | 00:14:29 | 00:27:50 | 00:28:32 | | 101 |
| 102 | 496 | KWAPISIEWICZ MAŁGORZATA | | 1968 | K40-49 | 26 | 00:00:36 | 5:34 | 10,8 | 00:14:42 | 00:27:50 | 00:28:26 | | 102 |
| 103 | 676 | GONCIARZ MARTA | RETKINIA RUN | 1977 | K40-49 | 27 | 00:00:20 | 5:34 | 10,8 | 00:13:49 | 00:27:51 | 00:28:11 | | 103 |
| 104 | 514 | DARNOWSKA AGNIESZKA | | 1975 | K40-49 | 28 | 00:00:36 | 5:34 | 10,8 | 00:14:42 | 00:27:51 | 00:28:27 | | 104 |
| 105 | 266 | HOWANIEC AGATA | | 1989 | K14-29 | 28 | 00:00:15 | 5:34 | 10,8 | 00:14:05 | 00:27:52 | 00:28:07 | | 105 |
| 106 | 670 | SROKA MAGDALENA | | 1992 | K14-29 | 29 | 00:00:52 | 5:35 | 10,7 | 00:15:22 | 00:27:56 | 00:28:48 | | 106 |
| 107 | 188 | KARABAN PAULINA | FUNDACJA POMOCY DZIECIOM KOLOROWY ŚWIAT | 1991 | K14-29 | 30 | 00:00:55 | 5:35 | 10,7 | 00:14:39 | 00:27:57 | 00:28:52 | | 107 |
| 108 | 272 | GOŁUCHOWSKA PAULINA | | 1987 | K30-39 | 45 | 00:00:39 | 5:36 | 10,7 | 00:14:39 | 00:28:01 | 00:28:40 | | 108 |
| 109 | 131 | NESKA EDYTA | | 1987 | K30-39 | 46 | 00:00:46 | 5:36 | 10,7 | 00:16:25 | 00:28:01 | 00:28:47 | | 109 |
| 110 | 451 | KWIATKOWSKA NATALIA | | 1989 | K14-29 | 31 | 00:00:24 | 5:36 | 10,7 | 00:14:44 | 00:28:02 | 00:28:26 | | 110 |
| 111 | 211 | KOŁODZIEJCZYK DOROTA | | 1986 | K30-39 | 47 | 00:00:07 | 5:37 | 10,7 | 00:14:03 | 00:28:03 | 00:28:10 | | 111 |
| 112 | 316 | WOŹNIAK PAULINA | | 1994 | K14-29 | 32 | 00:00:06 | 5:37 | 10,7 | 00:14:03 | 00:28:05 | 00:28:11 | | 112 |
| 113 | 156 | FILIPIAK ANNA | | 1986 | K30-39 | 48 | 00:00:27 | 5:37 | 10,7 | 00:14:16 | 00:28:06 | 00:28:33 | | 113 |
| 114 | 712 | SZYMAŃSKA DOMINIKA | | 1993 | K14-29 | 33 | 00:00:33 | 5:38 | 10,7 | 00:14:25 | 00:28:10 | 00:28:43 | | 114 |
| 115 | 604 | FRAŃCZAK ZOFIA | | 1992 | K14-29 | 34 | 00:00:36 | 5:38 | 10,7 | 00:14:36 | 00:28:10 | 00:28:46 | | 115 |
| 116 | 209 | CHMIELOWIEC BARBARA | | 1984 | K30-39 | 49 | 00:00:24 | 5:38 | 10,6 | 00:14:50 | 00:28:11 | 00:28:35 | | 116 |
| 117 | 515 | ŚMIETAŃSKA AGNIESZKA | | 1967 | K50-59 | 6 | 00:00:43 | 5:38 | 10,6 | 00:14:40 | 00:28:12 | 00:28:55 | | 117 |
| 118 | 254 | KRUK ALEKSANDRA | EVERRUN | 1974 | K40-49 | 29 | 00:00:02 | 5:39 | 10,6 | 00:13:30 | 00:28:13 | 00:28:15 | | 118 |
| 119 | 510 | NOWAK MAŁGORZATA | | 1990 | K14-29 | 35 | 00:00:14 | 5:39 | 10,6 | 00:14:25 | 00:28:14 | 00:28:28 | | 119 |
| 120 | 470 | KUBIAK MONIKA | | 1990 | K14-29 | 36 | 00:00:22 | 5:39 | 10,6 | 00:14:16 | 00:28:16 | 00:28:38 | | 120 |
| 121 | 552 | KEPNIAK KAROLINA | UPS GBS | 1991 | K14-29 | 37 | 00:00:19 | 5:40 | 10,6 | 00:14:09 | 00:28:19 | 00:28:38 | | 121 |
| 122 | 787 | JEZIERSKA KLAUDIA | MOJA POLA | 1979 | K30-39 | 50 | 00:01:10 | 5:40 | 10,6 | 00:15:03 | 00:28:19 | 00:29:29 | | 122 |
| 123 | 403 | KWIATKOWSKA PAULINA | | 1990 | K14-29 | 38 | 00:00:20 | 5:41 | 10,6 | 00:14:01 | 00:28:25 | 00:28:45 | | 123 |
| 124 | 598 | KRAKOWIAK AGNIESZKA | PIETRZYK RUNNING TEAM | 1985 | K30-39 | 51 | 00:00:11 | 5:41 | 10,6 | 00:14:18 | 00:28:26 | 00:28:37 | | 124 |
| 125 | 501 | KOWALSKA JOANNA | | 1985 | K30-39 | 52 | 00:00:39 | 5:41 | 10,6 | 00:14:49 | 00:28:26 | 00:29:05 | | 125 |
| 126 | 167 | ŁAPA KLAUDIA | UMED ŁÓDŹ | 1996 | K14-29 | 39 | 00:00:08 | 5:41 | 10,6 | 00:14:10 | 00:28:26 | 00:28:34 | | 126 |
| 127 | 186 | JASKOT JOANNA | - | 1996 | K14-29 | 40 | 00:00:07 | 5:41 | 10,5 | 00:14:10 | 00:28:27 | 00:28:34 | | 127 |
| 128 | 273 | KAMIŃSKA MAGDALENA | | 1994 | K14-29 | 41 | 00:00:07 | 5:41 | 10,5 | 00:14:10 | 00:28:27 | 00:28:34 | | 128 |
| 129 | 4 | ŁUKSA KLAUDIA | | 1995 | K14-29 | 42 | 00:00:07 | 5:41 | 10,5 | 00:14:10 | 00:28:27 | 00:28:34 | | 129 |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat. wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|----------------------------|-------------------------|------------|------------|------------|-------------|--------------|------------|----------|------------|-------------|-----|---|
| 130 | 137 | PLUSKOTA ALEKSANDRA | BIEGAMBOLUBIĘ | 1978 | K30-39 | 53 | 00:00:17 | 5:42 | 10,5 | 00:14:08 | 00:28:31 | 00:28:48 | 130 | |
| 131 | 539 | PAWLAK JOANNA | | 1980 | K30-39 | 54 | 00:00:48 | 5:42 | 10,5 | 00:15:56 | 00:28:32 | 00:29:20 | 131 | |
| 132 | 215 | WIŚNIEWSKA EWA | | 1987 | K30-39 | 55 | 00:00:03 | 5:42 | 10,5 | 00:13:35 | 00:28:32 | 00:28:35 | 132 | |
| 133 | 565 | GRYGIEL IWONA | | 1969 | K40-49 | 30 | 00:00:14 | 5:43 | 10,5 | 00:14:04 | 00:28:37 | 00:28:51 | 133 | |
| 134 | 622 | BARANOWSKA ALLA | BODY LINE | 1984 | K30-39 | 56 | 00:00:26 | 5:43 | 10,5 | 00:14:39 | 00:28:37 | 00:29:03 | 134 | |
| 135 | 22 | BIERNACKA MAGDALENA | | 1991 | K14-29 | 43 | 00:00:29 | 5:43 | 10,5 | 00:14:51 | 00:28:37 | 00:29:06 | 135 | |
| 136 | 456 | FRIEZE TATIANA | | 1978 | K30-39 | 57 | 00:00:00 | 5:44 | 10,5 | 00:13:36 | 00:28:38 | 00:28:38 | 136 | |
| 137 | 568 | WOJNO MAŁGORZATA | ŁÓDŹ KOCHA SPORT | 1984 | K30-39 | 58 | 00:00:46 | 5:44 | 10,5 | 00:15:09 | 00:28:39 | 00:29:25 | 137 | |
| 138 | 218 | DZIŚNIEŃSKA RENATA | SBRT | 1976 | K40-49 | 31 | 00:00:23 | 5:44 | 10,5 | 00:15:13 | 00:28:39 | 00:29:02 | 138 | |
| 139 | 78 | ZALEGA LUIZA | AGB TORFY | 1972 | K40-49 | 32 | 00:00:25 | 5:44 | 10,5 | 00:14:28 | 00:28:41 | 00:29:06 | 139 | |
| 140 | 68 | SZWED MARZENA | | 1979 | K30-39 | 59 | 00:00:09 | 5:45 | 10,4 | 00:13:43 | 00:28:44 | 00:28:53 | 140 | |
| 141 | 482 | TULEJKO PAULA | HUSARIA RACE TEAM | 1989 | K14-29 | 44 | 00:00:12 | 5:45 | 10,4 | 00:14:13 | 00:28:46 | 00:28:58 | 141 | |
| 142 | 450 | BALCERAK-KOLASA JOANNA | EPOKA NORDICA ŁÓDŹ | 1974 | K40-49 | 33 | 00:00:15 | 5:45 | 10,4 | 00:15:21 | 00:28:46 | 00:29:01 | 142 | |
| 143 | 772 | JANCZYK MAŁGORZATA | EPOKA NORDICA ŁÓDŹ | 1982 | K30-39 | 60 | 00:00:15 | 5:45 | 10,4 | 00:15:21 | 00:28:46 | 00:29:01 | 143 | |
| 144 | 9 | TRZEWIKOWSKA PAULINA | | 1983 | K30-39 | 61 | 00:00:41 | 5:45 | 10,4 | 00:15:15 | 00:28:47 | 00:29:28 | 144 | |
| 145 | 594 | WEREMCZUK-KACPRZAK MARTA | | 1978 | K30-39 | 62 | 00:00:18 | 5:46 | 10,4 | 00:15:01 | 00:28:48 | 00:29:06 | 145 | |
| 146 | 164 | OLCZYK DOROTA | GOŚKA | 1982 | K30-39 | 63 | 00:00:46 | 5:47 | 10,4 | 00:15:45 | 00:28:53 | 00:29:39 | 146 | |
| 147 | 159 | WIKTOREK MONIKA | TATE & LYLE ACTIVE TEAM | 1989 | K14-29 | 45 | 00:00:08 | 5:47 | 10,4 | 00:14:39 | 00:28:53 | 00:29:01 | 147 | |
| 148 | 153 | KUŻAJSKA KATARZYNA | | 1988 | K14-29 | 46 | 00:00:41 | 5:47 | 10,4 | 00:14:50 | 00:28:54 | 00:29:35 | 148 | |
| 149 | 169 | URBAŃSKA MARTA | GOŚKA | 1981 | K30-39 | 64 | 00:00:45 | 5:47 | 10,4 | 00:15:44 | 00:28:54 | 00:29:39 | 149 | |
| 150 | 608 | PIETRASIK ANNA | | 1976 | K40-49 | 34 | 00:00:22 | 5:48 | 10,4 | 00:14:30 | 00:28:58 | 00:29:20 | 150 | |
| 151 | 756 | DARCZYŃSKA KINGA | | 1986 | K30-39 | 65 | 00:00:41 | 5:48 | 10,3 | 00:15:04 | 00:29:00 | 00:29:41 | 151 | |
| 152 | 114 | OLESKA LIDIA | BIKINI PROJECT RUN | 1994 | K14-29 | 47 | 00:00:07 | 5:48 | 10,3 | 00:13:59 | 00:29:02 | 00:29:09 | 152 | |
| 153 | 414 | IGNACZAK WERONIKA | | 1980 | K30-39 | 66 | 00:00:06 | 5:49 | 10,3 | 00:14:23 | 00:29:03 | 00:29:09 | 153 | |
| 154 | 311 | PTASIŃSKA IZABELA | | 1980 | K30-39 | 67 | 00:00:05 | 5:50 | 10,3 | 00:14:15 | 00:29:08 | 00:29:13 | 154 | |
| 155 | 613 | OSIŃSKA JOANNA | | 1985 | K30-39 | 68 | 00:00:03 | 5:50 | 10,3 | 00:13:47 | 00:29:08 | 00:29:11 | 155 | |
| 156 | 275 | KURPIEWSKA MARTA | ROHLIG SUUS | 1985 | K30-39 | 69 | 00:00:17 | 5:50 | 10,3 | 00:15:03 | 00:29:10 | 00:29:27 | 156 | |
| 157 | 429 | CZECHOWICZ KAROLINA | | 1994 | K14-29 | 48 | 00:00:09 | 5:50 | 10,3 | 00:14:07 | 00:29:11 | 00:29:20 | 157 | |
| 158 | 191 | NOWICKA-KRAWCZYK PAULINA | BIKINI PROJECT RUN | 1984 | K30-39 | 70 | 00:00:10 | 5:50 | 10,3 | 00:13:55 | 00:29:12 | 00:29:22 | 158 | |
| 159 | 601 | OLEJNICZAK PAULINA | | 1989 | K14-29 | 49 | 00:00:21 | 5:51 | 10,3 | 00:14:28 | 00:29:14 | 00:29:35 | 159 | |
| 160 | 125 | LESIAK ANNA | | 1986 | K30-39 | 71 | 00:00:09 | 5:51 | 10,3 | 00:14:13 | 00:29:15 | 00:29:24 | 160 | |
| 161 | 553 | KUCHARSKA DARIA | UPS GBS | 1991 | K14-29 | 50 | 00:00:19 | 5:51 | 10,2 | 00:14:54 | 00:29:17 | 00:29:36 | 161 | |
| 162 | 632 | ANTCZAK DOROTA | BRAK | 1973 | K40-49 | 35 | 00:00:15 | 5:51 | 10,2 | 00:15:01 | 00:29:17 | 00:29:32 | 162 | |
| 163 | 648 | PAWŁOWSKA AGNIESZKA | | 1982 | K30-39 | 72 | 00:00:10 | 5:51 | 10,2 | 00:14:18 | 00:29:17 | 00:29:27 | 163 | |
| 164 | 597 | URBAŃCZYK MONIKA | | 1977 | K40-49 | 36 | 00:00:06 | 5:52 | 10,2 | 00:14:54 | 00:29:20 | 00:29:26 | 164 | |
| 165 | 750 | DĘBSKA KATARZYNA | | 1973 | K40-49 | 37 | 00:00:41 | 5:53 | 10,2 | 00:15:01 | 00:29:24 | 00:30:05 | 165 | |
| 166 | 512 | LUDWICZAK ANETA | | 1980 | K30-39 | 73 | 00:00:14 | 5:53 | 10,2 | 00:14:45 | 00:29:25 | 00:29:39 | 166 | |
| 167 | 659 | OLIINYK OKSANA | | 1984 | K30-39 | 74 | 00:00:14 | 5:53 | 10,2 | 00:14:45 | 00:29:25 | 00:29:39 | 167 | |
| 168 | 721 | KOWALSKA-TOBOŁA EWA | | 1970 | K40-49 | 38 | 00:00:45 | 5:53 | 10,2 | 00:15:12 | 00:29:25 | 00:30:10 | 168 | |
| 169 | 256 | COLONNA-WALEWSKA MAGDALENA | | 1988 | K14-29 | 51 | 00:00:13 | 5:53 | 10,2 | 00:14:23 | 00:29:26 | 00:29:39 | 169 | |
| 170 | 725 | MICHAŁEK MONIKA | | 1987 | K30-39 | 75 | 00:00:31 | 5:54 | 10,2 | 00:14:20 | 00:29:28 | 00:29:59 | 170 | |
| 171 | 786 | OŻADOWICZ EMILIA | | 1989 | K14-29 | 52 | 00:00:31 | 5:54 | 10,2 | 00:14:20 | 00:29:28 | 00:29:59 | 171 | |
| 172 | 32 | DYBAŚ EDYTA | | 1981 | K30-39 | 76 | 00:00:38 | 5:54 | 10,2 | 00:15:05 | 00:29:29 | 00:30:07 | 172 | |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|------------------------|--------------------------------|------------|-----------|------------|-------------|--------------|------------|----------|------------|-------------|---|-----|
| 173 | 647 | LATER MARTA | | 1986 | K30-39 | 77 | 00:00:10 | 5:54 | 10,2 | 00:14:19 | 00:29:29 | 00:29:39 | | 173 |
| 174 | 43 | ROGUT KATARZYNA | | 1971 | K40-49 | 39 | 00:00:26 | 5:54 | 10,2 | 00:14:47 | 00:29:30 | 00:29:56 | | 174 |
| 175 | 747 | KWIATKOWSKA BEATA | | 1963 | K50-59 | 7 | 00:00:35 | 5:54 | 10,2 | 00:15:08 | 00:29:30 | 00:30:05 | | 175 |
| 176 | 26 | ZIMIŃSKA JOANNA | | 1971 | K40-49 | 40 | 00:00:25 | 5:54 | 10,2 | 00:14:41 | 00:29:31 | 00:29:56 | | 176 |
| 177 | 776 | MIKULSKA KAMILA | | 1989 | K14-29 | 53 | 00:00:37 | 5:54 | 10,2 | 00:15:04 | 00:29:31 | 00:30:08 | | 177 |
| 178 | 699 | JAKUBIEC MARTA | EMOTIVO.COM.PL | 1990 | K14-29 | 54 | 00:00:21 | 5:55 | 10,2 | 00:14:20 | 00:29:33 | 00:29:54 | | 178 |
| 179 | 240 | STĘPIEŃ KAROLINA | | 1989 | K14-29 | 55 | 00:00:29 | 5:55 | 10,2 | 00:15:08 | 00:29:33 | 00:30:02 | | 179 |
| 180 | 48 | KOSIORKIEWICZ LENA | RYSIOTEAM | 1970 | K40-49 | 41 | 00:00:19 | 5:55 | 10,1 | 00:14:50 | 00:29:34 | 00:29:53 | | 180 |
| 181 | 727 | KOWALCZYK ALEKSANDRA | | 1989 | K14-29 | 56 | 00:00:23 | 5:55 | 10,1 | 00:14:35 | 00:29:36 | 00:29:59 | | 181 |
| 182 | 583 | SZKOPEK ANGELIKA | | 1989 | K14-29 | 57 | 00:00:27 | 5:55 | 10,1 | 00:15:09 | 00:29:36 | 00:30:03 | | 182 |
| 183 | 573 | ZIELIŃSKA KAROLINA | | 1982 | K30-39 | 78 | 00:00:27 | 5:56 | 10,1 | 00:15:19 | 00:29:38 | 00:30:05 | | 183 |
| 184 | 465 | PATURA PAULINA | RAZEM TRENUJEMY SPORT | 1984 | K30-39 | 79 | 00:00:04 | 5:57 | 10,1 | 00:14:28 | 00:29:43 | 00:29:47 | | 184 |
| 185 | 690 | LECH EWELINA | | 1989 | K14-29 | 58 | 00:00:55 | 5:57 | 10,1 | 00:14:30 | 00:29:43 | 00:30:38 | | 185 |
| 186 | 7 | SOKOŁOWSKA MONIKA | | 1981 | K30-39 | 80 | 00:00:06 | 5:57 | 10,1 | 00:14:37 | 00:29:44 | 00:29:50 | | 186 |
| 187 | 193 | MARSZAŁEK ANNA | | 1982 | K30-39 | 81 | 00:00:44 | 5:57 | 10,1 | 00:15:46 | 00:29:44 | 00:30:28 | | 187 |
| 188 | 171 | WESOŁOWSKA PAULINA | | 1979 | K30-39 | 82 | 00:00:37 | 5:57 | 10,1 | 00:15:25 | 00:29:45 | 00:30:22 | | 188 |
| 189 | 523 | WAWROWSKA MAGDALENA | | 1991 | K14-29 | 59 | 00:00:16 | 5:58 | 10,1 | 00:14:57 | 00:29:48 | 00:30:04 | | 189 |
| 190 | 44 | FORYŚ AGNIESZKA | MOBICA | 1980 | K30-39 | 83 | 00:00:43 | 5:58 | 10,1 | 00:15:52 | 00:29:50 | 00:30:33 | | 190 |
| 191 | 697 | WIKTOREK JADWIGA | NIEZRZESZONA | 1950 | K60+ | 1 | 00:00:57 | 5:58 | 10,1 | 00:15:58 | 00:29:50 | 00:30:47 | | 191 |
| 192 | 305 | CHOŚCIŃSKA AGNIESZKA | | 1977 | K40-49 | 42 | 00:00:10 | 5:59 | 10,0 | 00:14:53 | 00:29:53 | 00:30:03 | | 192 |
| 193 | 332 | SĘKALSKA EWA | ISPS MLECZAK EWA SEKALSKA | 1978 | K30-39 | 84 | 00:00:51 | 5:59 | 10,0 | 00:16:04 | 00:29:53 | 00:30:44 | | 193 |
| 194 | 435 | CHLEBICKA URSZULA | FUJITSU | 1993 | K14-29 | 60 | 00:00:42 | 5:59 | 10,0 | 00:15:42 | 00:29:54 | 00:30:36 | | 194 |
| 195 | 201 | CYBULSKA KATARZYNA | | 1986 | K30-39 | 85 | 00:01:01 | 5:59 | 10,0 | 00:16:21 | 00:29:55 | 00:30:56 | | 195 |
| 196 | 226 | FORZPAŃCZYK AGNIESZKA | | 1972 | K40-49 | 43 | 00:00:44 | 5:59 | 10,0 | 00:15:43 | 00:29:57 | 00:30:41 | | 196 |
| 197 | 657 | BALCERZAK KRYSZYNA | | 1978 | K30-39 | 86 | 00:00:36 | 6:00 | 10,0 | 00:15:25 | 00:29:58 | 00:30:34 | | 197 |
| 198 | 134 | SIWOCHA DOMINIKA | | 1982 | K30-39 | 87 | 00:00:26 | 6:00 | 10,0 | 00:15:22 | 00:30:00 | 00:30:26 | | 198 |
| 199 | 276 | KRAWCZYK ALEKSANDRA | | 1979 | K30-39 | 88 | 00:00:16 | 6:00 | 10,0 | 00:14:33 | 00:30:00 | 00:30:16 | | 199 |
| 200 | 605 | SYCH MONIKA | | 1984 | K30-39 | 89 | 00:00:21 | 6:01 | 10,0 | 00:15:02 | 00:30:03 | 00:30:24 | | 200 |
| 201 | 268 | SZCZĘSNA ANNA | | 1979 | K30-39 | 90 | 00:00:27 | 6:01 | 10,0 | 00:15:37 | 00:30:03 | 00:30:30 | | 201 |
| 202 | 413 | KRÓL-MOLASY PAULINA | | 1989 | K14-29 | 61 | 00:00:26 | 6:01 | 10,0 | 00:14:41 | 00:30:03 | 00:30:29 | | 202 |
| 203 | 442 | MACIASZEK JUSTYNA | | 1980 | K30-39 | 91 | 00:01:13 | 6:01 | 10,0 | 00:17:16 | 00:30:04 | 00:31:17 | | 203 |
| 204 | 452 | FAJKOWSKA DARIA | | 1973 | K40-49 | 44 | 00:00:56 | 6:01 | 10,0 | 00:17:36 | 00:30:06 | 00:31:02 | | 204 |
| 205 | 464 | WAGRAM PATRYCJA | | 1988 | K14-29 | 62 | 00:00:21 | 6:01 | 10,0 | 00:15:40 | 00:30:07 | 00:30:28 | | 205 |
| 206 | 703 | GŁĄBSKA JOANNA | | 1990 | K14-29 | 63 | 00:00:58 | 6:01 | 10,0 | 00:16:33 | 00:30:07 | 00:31:05 | | 206 |
| 207 | 609 | MOTYLIŃSKA MONIKA | | 1987 | K30-39 | 92 | 00:00:24 | 6:02 | 10,0 | 00:15:10 | 00:30:09 | 00:30:33 | | 207 |
| 208 | 56 | MROZOWSKA ANNA | | 1979 | K30-39 | 93 | 00:00:53 | 6:02 | 10,0 | 00:16:04 | 00:30:09 | 00:31:02 | | 208 |
| 209 | 611 | PALUSZKIEWICZ KAROLINA | TEAM ELVID.PL-DSLR VIDEOGRAPHY | 1979 | K30-39 | 94 | 00:00:17 | 6:02 | 9,9 | 00:15:03 | 00:30:12 | 00:30:29 | | 209 |
| 210 | 53 | BRATEK MAGDA | | 1981 | K30-39 | 95 | 00:00:41 | 6:03 | 9,9 | 00:16:09 | 00:30:16 | 00:30:57 | | 210 |
| 211 | 206 | ADAMCZYK JULITA | | 1982 | K30-39 | 96 | 00:00:34 | 6:03 | 9,9 | 00:15:56 | 00:30:17 | 00:30:51 | | 211 |
| 212 | 93 | DYRKACZ SYLWIA | | 1980 | K30-39 | 97 | 00:00:34 | 6:03 | 9,9 | 00:15:56 | 00:30:17 | 00:30:51 | | 212 |
| 213 | 83 | MYGA PAULINA | | 1986 | K30-39 | 98 | 00:00:55 | 6:03 | 9,9 | 00:16:16 | 00:30:17 | 00:31:12 | | 213 |
| 214 | 738 | MALSKA MARTA | MAMA NA PEŁNY ETAT | 1985 | K30-39 | 99 | 00:00:30 | 6:04 | 9,9 | 00:15:46 | 00:30:18 | 00:30:48 | | 214 |
| 215 | 479 | BEDNAREK ANNA | | 1989 | K14-29 | 64 | 00:01:03 | 6:04 | 9,9 | 00:16:30 | 00:30:18 | 00:31:21 | | 215 |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|-----------------------------|----------------------|------------|-----------|------------|-------------|--------------|------------|----------|------------|-------------|---|-----|
| 216 | 661 | WIETECHA-DROBIK ALEKSANDRA | | 1988 | K14-29 | 65 | 00:00:13 | 6:04 | 9,9 | 00:15:25 | 00:30:19 | 00:30:32 | | 216 |
| 217 | 669 | DOMAŃSKA MAGDALENA | | 1982 | K30-39 | 100 | 00:00:02 | 6:04 | 9,9 | 00:14:42 | 00:30:20 | 00:30:22 | | 217 |
| 218 | 524 | ZDZIARSKA KAROLINA | EY | 1989 | K14-29 | 66 | 00:00:43 | 6:04 | 9,9 | 00:17:00 | 00:30:20 | 00:31:03 | | 218 |
| 219 | 314 | KOROLCZUK EWELINA | | 1991 | K14-29 | 67 | 00:00:43 | 6:04 | 9,9 | 00:17:01 | 00:30:20 | 00:31:03 | | 219 |
| 220 | 81 | MARSAŁKIEWICZ KATARZYNA | | 1988 | K14-29 | 68 | 00:00:35 | 6:04 | 9,9 | 00:15:50 | 00:30:21 | 00:30:56 | | 220 |
| 221 | 644 | KRAWCZYK KAROLINA | | 1989 | K14-29 | 69 | 00:00:13 | 6:04 | 9,9 | 00:14:14 | 00:30:21 | 00:30:34 | | 221 |
| 222 | 28 | KOWALCZYK IŁONA | MAMY-BIEGAMY | 1990 | K14-29 | 70 | 00:00:23 | 6:04 | 9,9 | 00:14:57 | 00:30:21 | 00:30:44 | | 222 |
| 223 | 369 | BIAŁECKA SYLWIA | | 1973 | K40-49 | 45 | 00:00:28 | 6:04 | 9,9 | 00:15:55 | 00:30:21 | 00:30:49 | | 223 |
| 224 | 779 | KRAWIEC ANGELIKA | | 1986 | K30-39 | 101 | 00:00:09 | 6:04 | 9,9 | 00:14:23 | 00:30:22 | 00:30:31 | | 224 |
| 225 | 127 | MICHALAK MALGORZATA | | 1988 | K14-29 | 71 | 00:00:46 | 6:05 | 9,9 | 00:16:25 | 00:30:23 | 00:31:09 | | 225 |
| 226 | 12 | ŁUGOWSKA ELŻBIETA | | 1991 | K14-29 | 72 | 00:00:21 | 6:05 | 9,9 | 00:14:22 | 00:30:27 | 00:30:48 | | 226 |
| 227 | 101 | NOWAKOWSKA KATARZYNA | | 1975 | K40-49 | 46 | 00:00:05 | 6:05 | 9,9 | 00:15:00 | 00:30:27 | 00:30:32 | | 227 |
| 228 | 18 | SZATKOWSKA-ZAWISZA KAROLINA | | 1983 | K30-39 | 102 | 00:00:06 | 6:06 | 9,8 | 00:14:32 | 00:30:29 | 00:30:35 | | 228 |
| 229 | 722 | WROŃSKA NATALIA | HEALFIT PROJECT | 1992 | K14-29 | 73 | 00:00:32 | 6:06 | 9,8 | 00:15:41 | 00:30:29 | 00:31:01 | | 229 |
| 230 | 343 | PAŚ DOMINIKA | | 1991 | K14-29 | 74 | 00:00:28 | 6:06 | 9,8 | 00:15:01 | 00:30:31 | 00:30:59 | | 230 |
| 231 | 390 | RÓŻAŁSKA KINGA | | 1976 | K40-49 | 47 | 00:00:18 | 6:06 | 9,8 | 00:15:09 | 00:30:31 | 00:30:49 | | 231 |
| 232 | 716 | GIEMZA SYLWIA | | 1990 | K14-29 | 75 | 00:00:39 | 6:06 | 9,8 | 00:15:21 | 00:30:32 | 00:31:11 | | 232 |
| 233 | 681 | KOZAKIEWICZ MARZENA | KLUB BOBIKA | 1984 | K30-39 | 103 | 00:00:51 | 6:06 | 9,8 | 00:15:54 | 00:30:32 | 00:31:23 | | 233 |
| 234 | 437 | DZIEDZIC-ZIMNY IZABELA | FUJITSU | 1985 | K30-39 | 104 | 00:00:43 | 6:06 | 9,8 | 00:15:54 | 00:30:32 | 00:31:15 | | 234 |
| 235 | 708 | JABŁOŃSKA JUSTYNA | | 1987 | K30-39 | 105 | 00:00:05 | 6:07 | 9,8 | 00:14:59 | 00:30:34 | 00:30:39 | | 235 |
| 236 | 599 | STĘPNIAK PAULINA | | 1993 | K14-29 | 76 | 00:00:22 | 6:07 | 9,8 | 00:15:24 | 00:30:34 | 00:30:56 | | 236 |
| 237 | 532 | BARAN MAGDALENA | | 1989 | K14-29 | 77 | 00:00:26 | 6:07 | 9,8 | 00:14:45 | 00:30:34 | 00:31:00 | | 237 |
| 238 | 38 | HIBNER KATARZYNA | | 1994 | K14-29 | 78 | 00:00:51 | 6:07 | 9,8 | 00:16:20 | 00:30:34 | 00:31:25 | | 238 |
| 239 | 531 | ZIĘBA-GZIK JOLANTA | | 1975 | K40-49 | 48 | 00:00:30 | 6:07 | 9,8 | 00:15:24 | 00:30:35 | 00:31:05 | | 239 |
| 240 | 242 | SIENKIEWICZ JOANNA | | 1988 | K14-29 | 79 | 00:00:34 | 6:07 | 9,8 | 00:15:56 | 00:30:35 | 00:31:09 | | 240 |
| 241 | 163 | WIELGOPOLAN NATALIA | TOMTOM RUNNERS | 1986 | K30-39 | 106 | 00:00:14 | 6:07 | 9,8 | 00:14:49 | 00:30:35 | 00:30:49 | | 241 |
| 242 | 320 | ŻOŁĄDEK MARTA | | 1983 | K30-39 | 107 | 00:00:27 | 6:07 | 9,8 | 00:15:12 | 00:30:35 | 00:31:02 | | 242 |
| 243 | 761 | RAFALSKA ANNA | | 1983 | K30-39 | 108 | 00:00:05 | 6:07 | 9,8 | 00:15:49 | 00:30:37 | 00:30:42 | | 243 |
| 244 | 462 | KRAJKA MARTA | | 1988 | K14-29 | 80 | 00:00:46 | 6:08 | 9,8 | 00:16:38 | 00:30:40 | 00:31:26 | | 244 |
| 245 | 376 | GIBALSKA MARTYNA | | 1994 | K14-29 | 81 | 00:01:06 | 6:08 | 9,8 | 00:16:39 | 00:30:40 | 00:31:46 | | 245 |
| 246 | 267 | KRUPA NATALIA | | 1992 | K14-29 | 82 | 00:00:15 | 6:08 | 9,8 | 00:15:15 | 00:30:40 | 00:30:55 | | 246 |
| 247 | 481 | CZARNECKA-SZPAK JUSTYNA | | 1982 | K30-39 | 109 | 00:00:17 | 6:08 | 9,8 | 00:15:44 | 00:30:41 | 00:30:58 | | 247 |
| 248 | 585 | WARPAS JUSTYNA | | 1982 | K30-39 | 110 | 00:00:16 | 6:08 | 9,8 | 00:15:58 | 00:30:42 | 00:30:58 | | 248 |
| 249 | 519 | KARNOWSKA NATALIA | | 1981 | K30-39 | 111 | 00:01:00 | 6:09 | 9,8 | 00:15:59 | 00:30:43 | 00:31:43 | | 249 |
| 250 | 521 | PAWLUCZUK ANETA | BC CHOCOLATE RUNNERS | 1980 | K30-39 | 112 | 00:00:49 | 6:09 | 9,8 | 00:16:17 | 00:30:44 | 00:31:33 | | 250 |
| 251 | 428 | ROJEK PATRYCJA | | 1993 | K14-29 | 83 | 00:00:09 | 6:09 | 9,8 | 00:14:47 | 00:30:45 | 00:30:54 | | 251 |
| 252 | 643 | OSIŃSKA ELŻBIETA | | 1964 | K50-59 | 8 | 00:01:04 | 6:09 | 9,8 | 00:16:10 | 00:30:46 | 00:31:50 | | 252 |
| 253 | 342 | SZAFRAN PAULINA | | 1994 | K14-29 | 84 | 00:00:49 | 6:10 | 9,7 | 00:16:18 | 00:30:48 | 00:31:37 | | 253 |
| 254 | 140 | WIESZCZEK KAROLINA | KU AZS UMED ŁÓDŹ | 1993 | K14-29 | 85 | 00:00:13 | 6:10 | 9,7 | 00:14:38 | 00:30:49 | 00:31:02 | | 254 |
| 255 | 538 | WALCZAK ALEKSANDRA | | 1990 | K14-29 | 86 | 00:00:16 | 6:10 | 9,7 | 00:15:13 | 00:30:50 | 00:31:06 | | 255 |
| 256 | 227 | DWÓŹNIK ANETA | | 1992 | K14-29 | 87 | 00:00:18 | 6:11 | 9,7 | 00:16:14 | 00:30:53 | 00:31:11 | | 256 |
| 257 | 284 | KOMPIŃSKA SYLWIA | | 1979 | K30-39 | 113 | 00:00:27 | 6:11 | 9,7 | 00:15:38 | 00:30:56 | 00:31:23 | | 257 |
| 258 | 540 | KRUSZYŃSKA MARTYNA | | 1988 | K14-29 | 88 | 00:01:08 | 6:11 | 9,7 | 00:17:41 | 00:30:56 | 00:32:04 | | 258 |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|------------------------------|------------------------|------------|-----------|------------|-------------|--------------|------------|----------|------------|-------------|-----|---|
| 259 | 440 | PŁUCIENNIK KATARZYNA | FUJITSU | 1990 | K14-29 | 89 | 00:00:48 | 6:12 | 9,7 | 00:15:51 | 00:30:58 | 00:31:46 | 259 | |
| 260 | 729 | RYTEL AGNIESZKA | | 1982 | K30-39 | 114 | 00:00:29 | 6:12 | 9,7 | 00:15:55 | 00:31:00 | 00:31:29 | 260 | |
| 261 | 322 | URBAŃSKA ALA | ENGLISH PROJECT | 1981 | K30-39 | 115 | 00:00:47 | 6:12 | 9,7 | 00:16:05 | 00:31:00 | 00:31:47 | 261 | |
| 262 | 88 | KŁODNICKA SANDRA | | 1988 | K14-29 | 90 | 00:00:31 | 6:12 | 9,7 | 00:15:30 | 00:31:02 | 00:31:33 | 262 | |
| 263 | 142 | GÓRSKA ANGELIKA | | 1993 | K14-29 | 91 | 00:01:04 | 6:12 | 9,7 | 00:17:13 | 00:31:02 | 00:32:06 | 263 | |
| 264 | 575 | HERKT MONIKA | | 1981 | K30-39 | 116 | 00:00:49 | 6:13 | 9,7 | 00:16:56 | 00:31:03 | 00:31:52 | 264 | |
| 265 | 639 | URBAŃSKA MAGDALENA | | 1983 | K30-39 | 117 | 00:00:48 | 6:13 | 9,7 | 00:16:28 | 00:31:04 | 00:31:52 | 265 | |
| 266 | 751 | ZAK JOANNA | CLARIANT | 1978 | K30-39 | 118 | 00:00:02 | 6:13 | 9,7 | 00:15:00 | 00:31:04 | 00:31:06 | 266 | |
| 267 | 86 | RYK KAMILA | | 1976 | K40-49 | 49 | 00:00:05 | 6:13 | 9,6 | 00:15:11 | 00:31:06 | 00:31:11 | 267 | |
| 268 | 392 | SZULC EWELINA | | 1987 | K30-39 | 119 | 00:00:22 | 6:13 | 9,6 | 00:15:56 | 00:31:07 | 00:31:29 | 268 | |
| 269 | 520 | JARECKA ILONA | NIEZRZESZONA | 1969 | K40-49 | 50 | 00:00:14 | 6:13 | 9,6 | 00:15:42 | 00:31:07 | 00:31:21 | 269 | |
| 270 | 753 | JAROTA JUSTYNA | | 1990 | K14-29 | 92 | 00:00:25 | 6:14 | 9,6 | 00:16:15 | 00:31:11 | 00:31:36 | 270 | |
| 271 | 472 | MADAJ MARIOLA | | 1983 | K30-39 | 120 | 00:00:34 | 6:14 | 9,6 | 00:15:21 | 00:31:12 | 00:31:46 | 271 | |
| 272 | 45 | ŚWIDERSKA BOŻENA | | 1965 | K50-59 | 9 | 00:00:32 | 6:14 | 9,6 | 00:15:39 | 00:31:12 | 00:31:44 | 272 | |
| 273 | 91 | CYNIAK JOANNA | | 1984 | K30-39 | 121 | 00:00:50 | 6:15 | 9,6 | 00:16:19 | 00:31:13 | 00:32:03 | 273 | |
| 274 | 120 | SZYMCZAK ELWIRA | | 1984 | K30-39 | 122 | 00:00:50 | 6:15 | 9,6 | 00:16:32 | 00:31:13 | 00:32:03 | 274 | |
| 275 | 701 | ZASIEWSKA AGNIESZKA | | 1997 | K14-29 | 93 | 00:01:05 | 6:15 | 9,6 | 00:16:34 | 00:31:14 | 00:32:19 | 275 | |
| 276 | 528 | OKUNIEWSKA MARTA | | 1988 | K14-29 | 94 | 00:01:09 | 6:15 | 9,6 | 00:16:23 | 00:31:17 | 00:32:26 | 276 | |
| 277 | 579 | HAREMZA MAŁGORZATA | KUNG-FU MAŁPY | 1984 | K30-39 | 123 | 00:00:07 | 6:15 | 9,6 | 00:15:03 | 00:31:17 | 00:31:24 | 277 | |
| 278 | 362 | KOWALCZYK ANNA | | 1979 | K30-39 | 124 | 00:00:00 | 6:15 | 9,6 | 00:14:43 | 00:31:17 | 00:31:17 | 278 | |
| 279 | 455 | JAKUBOWICZ MAŁGORZATA | | 1973 | K40-49 | 51 | 00:00:21 | 6:16 | 9,6 | 00:15:43 | 00:31:19 | 00:31:40 | 279 | |
| 280 | 323 | BARCICKA MARTYNA | HERAKLES STUDIO SPORTU | 1991 | K14-29 | 95 | 00:00:05 | 6:16 | 9,6 | 00:15:08 | 00:31:21 | 00:31:26 | 280 | |
| 281 | 147 | PASTUSZKA JOANNA | RUN ŁDZ | 1965 | K50-59 | 10 | 00:00:07 | 6:16 | 9,6 | 00:15:55 | 00:31:21 | 00:31:28 | 281 | |
| 282 | 355 | JAGIELSKA AGNIESZKA | | 1997 | K14-29 | 96 | 00:00:06 | 6:16 | 9,6 | 00:15:11 | 00:31:22 | 00:31:28 | 282 | |
| 283 | 259 | SZARWARK NATALIA | | 1992 | K14-29 | 97 | 00:00:52 | 6:16 | 9,6 | 00:16:28 | 00:31:22 | 00:32:14 | 283 | |
| 284 | 207 | GĘSIKOWSKA EMILIA | | 1999 | K14-29 | 98 | 00:00:23 | 6:16 | 9,6 | 00:15:27 | 00:31:22 | 00:31:45 | 284 | |
| 285 | 325 | PROSZOWSKA ANNA | HERAKLES STUDIO SPORTU | 1989 | K14-29 | 99 | 00:00:05 | 6:17 | 9,6 | 00:15:08 | 00:31:23 | 00:31:28 | 285 | |
| 286 | 567 | ŁUKOMSKA WANDA | JAWO WANDA ŁUKOMSKA | 1980 | K30-39 | 125 | 00:00:45 | 6:17 | 9,6 | 00:15:55 | 00:31:23 | 00:32:08 | 286 | |
| 287 | 736 | PAJĄK ANNA | | 1996 | K14-29 | 100 | 00:00:14 | 6:17 | 9,5 | 00:16:07 | 00:31:26 | 00:31:40 | 287 | |
| 288 | 417 | RULKA MARTYNA | | 2000 | K14-29 | 101 | 00:00:38 | 6:17 | 9,5 | 00:15:43 | 00:31:27 | 00:32:05 | 288 | |
| 289 | 518 | SIENKIEWICZ ANNA | | 1986 | K30-39 | 126 | 00:00:11 | 6:17 | 9,5 | 00:15:11 | 00:31:27 | 00:31:38 | 289 | |
| 290 | 357 | PAWŁOWSKA KATARZYNA | INFOSYS RUN | 1989 | K14-29 | 102 | 00:00:58 | 6:17 | 9,5 | 00:17:34 | 00:31:27 | 00:32:25 | 290 | |
| 291 | 251 | KACZMAREK-KOWALSKA MAGDALENA | | 1983 | K30-39 | 127 | 00:00:50 | 6:17 | 9,5 | 00:17:41 | 00:31:27 | 00:32:17 | 291 | |
| 292 | 361 | CHYBOWSKA BEATA | | 1976 | K40-49 | 52 | 00:01:00 | 6:18 | 9,5 | 00:17:00 | 00:31:28 | 00:32:28 | 292 | |
| 293 | 359 | BEDNARSKA MAŁGORZATA | | 1987 | K30-39 | 128 | 00:00:13 | 6:18 | 9,5 | 00:15:19 | 00:31:29 | 00:31:42 | 293 | |
| 294 | 232 | JAROSIK JOANNA | ŁÓDŹ KOCHA SPORT | 1982 | K30-39 | 129 | 00:00:05 | 6:18 | 9,5 | 00:14:57 | 00:31:30 | 00:31:35 | 294 | |
| 295 | 749 | FORTUNA KATARZYNA | | 1985 | K30-39 | 130 | 00:00:30 | 6:18 | 9,5 | 00:16:25 | 00:31:30 | 00:32:00 | 295 | |
| 296 | 754 | WÓJCIK KAROLINA | | 1980 | K30-39 | 131 | 00:00:34 | 6:18 | 9,5 | 00:16:28 | 00:31:31 | 00:32:05 | 296 | |
| 297 | 726 | SKIERSKA EWELINA | | 1984 | K30-39 | 132 | 00:01:02 | 6:18 | 9,5 | 00:16:43 | 00:31:31 | 00:32:33 | 297 | |
| 298 | 478 | BYCZKOWSKA ANNA | | 1986 | K30-39 | 133 | 00:01:04 | 6:18 | 9,5 | 00:17:32 | 00:31:32 | 00:32:36 | 298 | |
| 299 | 492 | MACIEJEWSKA ANNA | | 1993 | K14-29 | 103 | 00:00:37 | 6:19 | 9,5 | 00:15:57 | 00:31:34 | 00:32:11 | 299 | |
| 300 | 602 | WRÓBLEWSKA AGNIESZKA | | 1985 | K30-39 | 134 | 00:00:11 | 6:19 | 9,5 | 00:15:28 | 00:31:34 | 00:31:45 | 300 | |
| 301 | 3 | KURC AGNIESZKA | | 1978 | K30-39 | 135 | 00:00:08 | 6:19 | 9,5 | 00:16:27 | 00:31:34 | 00:31:42 | 301 | |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|---------------------------|-----------------------|------------|-----------|------------|-------------|--------------|------------|----------|------------|-------------|---|-----|
| 302 | 35 | DRÓZDŹ JOANNA | ROSSMANN | 1990 | K14-29 | 104 | 00:00:22 | 6:19 | 9,5 | 00:15:52 | 00:31:37 | 00:31:59 | | 302 |
| 303 | 558 | CHOJNACKA ALEKSANDRA | | 1987 | K30-39 | 136 | 00:01:07 | 6:20 | 9,5 | 00:17:59 | 00:31:38 | 00:32:45 | | 303 |
| 304 | 108 | STRASZYŃSKA MONIKA | | 1988 | K14-29 | 105 | 00:00:11 | 6:20 | 9,5 | 00:15:12 | 00:31:40 | 00:31:51 | | 304 |
| 305 | 409 | BEDNARZ AGNIESZKA | | 1979 | K30-39 | 137 | 00:00:24 | 6:20 | 9,5 | 00:15:44 | 00:31:40 | 00:32:04 | | 305 |
| 306 | 335 | LUTOMIRSKA BLANKA | | 1979 | K30-39 | 138 | 00:01:03 | 6:20 | 9,5 | 00:17:37 | 00:31:41 | 00:32:44 | | 306 |
| 307 | 121 | TOŁKACZ MARTA | NATIONALE NEDERLANDEN | 1989 | K14-29 | 106 | 00:00:50 | 6:20 | 9,5 | 00:16:35 | 00:31:42 | 00:32:32 | | 307 |
| 308 | 718 | MIESZKALSKA EMILIA | | 1984 | K30-39 | 139 | 00:00:14 | 6:20 | 9,5 | 00:15:30 | 00:31:42 | 00:31:56 | | 308 |
| 309 | 364 | STASIAK AGNIESZKA | | 1982 | K30-39 | 140 | 00:00:14 | 6:20 | 9,5 | 00:16:07 | 00:31:42 | 00:31:56 | | 309 |
| 310 | 269 | MRUK-GRALAK EWELINA | | 1979 | K30-39 | 141 | 00:01:03 | 6:21 | 9,4 | 00:17:37 | 00:31:46 | 00:32:49 | | 310 |
| 311 | 280 | FORYCKA ALEKSANDRA | | 1993 | K14-29 | 107 | 00:00:25 | 6:21 | 9,4 | 00:16:17 | 00:31:47 | 00:32:12 | | 311 |
| 312 | 11 | KORYCKA MARIOLA | | 1982 | K30-39 | 142 | 00:00:41 | 6:22 | 9,4 | 00:16:09 | 00:31:50 | 00:32:31 | | 312 |
| 313 | 771 | BRAK DANYCH | | | | | 00:01:09 | 6:22 | 9,4 | 00:16:47 | 00:31:52 | 00:33:01 | | |
| 314 | 617 | KUNCE MAGDALENA | | 1989 | K14-29 | 108 | 00:00:24 | 6:23 | 9,4 | 00:15:45 | 00:31:54 | 00:32:18 | | 313 |
| 315 | 225 | KOŁODZIEJAK EWELINA | | 1983 | K30-39 | 143 | 00:00:28 | 6:23 | 9,4 | 00:16:04 | 00:31:54 | 00:32:22 | | 314 |
| 316 | 236 | GAGAS ALEKSANDRA | KITA TEAM | 1978 | K30-39 | 144 | 00:00:49 | 6:23 | 9,4 | 00:17:07 | 00:31:54 | 00:32:43 | | 315 |
| 317 | 545 | CIACH-FLIGIEL OLA | | 1979 | K30-39 | 145 | 00:05:14 | 6:23 | 9,4 | 00:20:18 | 00:31:55 | 00:37:09 | | 316 |
| 318 | 398 | DOMARAŃCZYK ZOFIA | | 1989 | K14-29 | 109 | 00:00:56 | 6:23 | 9,4 | 00:17:01 | 00:31:55 | 00:32:51 | | 317 |
| 319 | 246 | PAJĄK KATARZYNA | KITA TEAM | 1978 | K30-39 | 146 | 00:00:48 | 6:23 | 9,4 | 00:17:08 | 00:31:55 | 00:32:43 | | 318 |
| 320 | 693 | KOWALCZYK AGNIESZKA | | 1984 | K30-39 | 147 | 00:00:25 | 6:23 | 9,4 | 00:15:52 | 00:31:56 | 00:32:21 | | 319 |
| 321 | 620 | KRAWCZYK-KAZUSEK PATRYCJA | | 1978 | K30-39 | 148 | 00:00:31 | 6:23 | 9,4 | 00:15:59 | 00:31:57 | 00:32:28 | | 320 |
| 322 | 64 | MROWICKA KAMILA | | 1984 | K30-39 | 149 | 00:00:38 | 6:23 | 9,4 | 00:16:59 | 00:31:57 | 00:32:35 | | 321 |
| 323 | 123 | BUKAŁA KAROLINA | | 1981 | K30-39 | 150 | 00:00:38 | 6:24 | 9,4 | 00:16:59 | 00:31:58 | 00:32:36 | | 322 |
| 324 | 326 | STANIUCHA KATARZYNA | | 1979 | K30-39 | 151 | 00:00:05 | 6:24 | 9,4 | 00:15:38 | 00:31:59 | 00:32:04 | | 323 |
| 325 | 24 | LESISZ BARBARA | | 1986 | K30-39 | 152 | 00:00:25 | 6:24 | 9,4 | 00:16:10 | 00:32:01 | 00:32:26 | | 324 |
| 326 | 387 | JAWORSKA MAGDALENA | | 1984 | K30-39 | 153 | 00:00:39 | 6:24 | 9,4 | 00:17:08 | 00:32:01 | 00:32:40 | | 325 |
| 327 | 287 | JANUS KATARZYNA | | 1985 | K30-39 | 154 | 00:00:24 | 6:24 | 9,4 | 00:16:38 | 00:32:01 | 00:32:25 | | 326 |
| 328 | 230 | URBAŃCZYK MONIKA | | 1988 | K14-29 | 110 | 00:00:12 | 6:25 | 9,4 | 00:16:22 | 00:32:03 | 00:32:15 | | 327 |
| 329 | 241 | ŻEGNAŁEK DARIA | | 1988 | K14-29 | 111 | 00:00:56 | 6:25 | 9,4 | 00:17:41 | 00:32:03 | 00:32:59 | | 328 |
| 330 | 348 | WICHŁACZ MALWINA | | 1988 | K14-29 | 112 | 00:00:12 | 6:25 | 9,4 | 00:15:23 | 00:32:04 | 00:32:16 | | 329 |
| 331 | 365 | PABJANEK SANDRA | | 1984 | K30-39 | 155 | 00:01:06 | 6:25 | 9,4 | 00:17:02 | 00:32:05 | 00:33:11 | | 330 |
| 332 | 572 | MATYSZEWSKA AGATA | | 1989 | K14-29 | 113 | 00:00:39 | 6:26 | 9,3 | 00:16:13 | 00:32:08 | 00:32:47 | | 331 |
| 333 | 447 | SZATANIAK MAGDALENA | | 1973 | K40-49 | 53 | 00:00:50 | 6:26 | 9,3 | 00:17:41 | 00:32:08 | 00:32:58 | | 332 |
| 334 | 411 | KOLASZT PATRYCJA | ROHLIG SUUS ŁÓDŹ | 1993 | K14-29 | 114 | 00:00:19 | 6:26 | 9,3 | 00:16:30 | 00:32:09 | 00:32:28 | | 333 |
| 335 | 333 | SMETKOWSKA KAROLINA | | 1988 | K14-29 | 115 | 00:00:05 | 6:26 | 9,3 | 00:15:02 | 00:32:10 | 00:32:15 | | 334 |
| 336 | 548 | BERNAŚ MONIKA | | 1993 | K14-29 | 116 | 00:00:35 | 6:26 | 9,3 | 00:17:12 | 00:32:12 | 00:32:47 | | 335 |
| 337 | 353 | BRACICHOWICZ MAJA | | 2002 | K14-29 | 117 | 00:00:23 | 6:26 | 9,3 | 00:16:07 | 00:32:12 | 00:32:35 | | 336 |
| 338 | 354 | BRACICHOWICZ ANNA | SBRT | 1977 | K40-49 | 54 | 00:00:24 | 6:28 | 9,3 | 00:16:07 | 00:32:18 | 00:32:42 | | 337 |
| 339 | 593 | DĄBROWSKA MARTA | | 1985 | K30-39 | 156 | 00:00:27 | 6:28 | 9,3 | 00:16:12 | 00:32:20 | 00:32:47 | | 338 |
| 340 | 214 | MIKOS WERONIKA | | 1996 | K14-29 | 118 | 00:00:43 | 6:28 | 9,3 | 00:17:04 | 00:32:20 | 00:33:03 | | 339 |
| 341 | 591 | ZIELIŃSKA AGNIESZKA | | 1970 | K40-49 | 55 | 00:00:45 | 6:28 | 9,3 | 00:17:04 | 00:32:21 | 00:33:06 | | 340 |
| 342 | 592 | ZIELIŃSKA ALEKSANDRA | | 2002 | K14-29 | 119 | 00:00:45 | 6:28 | 9,3 | 00:17:04 | 00:32:21 | 00:33:06 | | 341 |
| 343 | 220 | NOWAK JULITA | | 1987 | K30-39 | 157 | 00:00:23 | 6:28 | 9,3 | 00:16:05 | 00:32:21 | 00:32:44 | | 342 |
| 344 | 633 | ZAJDLIC MARLENA | | 1990 | K14-29 | 120 | 00:00:24 | 6:28 | 9,3 | 00:16:12 | 00:32:22 | 00:32:46 | | 343 |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|-----------------------------------|-----------------|------------|-----------|------------|-------------|--------------|------------|----------|------------|-------------|---|-----|
| 345 | 694 | LIMAN DOROTA | BIAŁYSTOK BIEGA | 1974 | K40-49 | 56 | 00:00:06 | 6:29 | 9,3 | 00:15:59 | 00:32:23 | 00:32:29 | | 344 |
| 346 | 631 | PARA JAGODA | | 1978 | K30-39 | 158 | 00:01:00 | 6:29 | 9,3 | 00:17:13 | 00:32:23 | 00:33:23 | | 345 |
| 347 | 634 | KREBS CELINA | | 1989 | K14-29 | 121 | 00:01:08 | 6:29 | 9,3 | 00:17:31 | 00:32:24 | 00:33:32 | | 346 |
| 348 | 485 | MARCINIAK KATARZYNA | | 1988 | K14-29 | 122 | 00:00:03 | 6:29 | 9,2 | 00:15:35 | 00:32:26 | 00:32:29 | | 347 |
| 349 | 607 | RUTKOWSKA ANGELIKA | | 1990 | K14-29 | 123 | 00:00:32 | 6:29 | 9,2 | 00:16:29 | 00:32:27 | 00:32:59 | | 348 |
| 350 | 231 | DEDEW KATARZYNA | | 1971 | K40-49 | 57 | 00:00:12 | 6:30 | 9,2 | 00:16:22 | 00:32:28 | 00:32:40 | | 349 |
| 351 | 112 | ŁUCZYŃSKA KATARZYNA | BIKINI PROJECT | 1990 | K14-29 | 124 | 00:00:36 | 6:30 | 9,2 | 00:17:37 | 00:32:28 | 00:33:04 | | 350 |
| 352 | 420 | KROSNIKA MARZENA | DUTCH CARE | 1975 | K40-49 | 58 | 00:00:11 | 6:30 | 9,2 | 00:16:19 | 00:32:29 | 00:32:40 | | 351 |
| 353 | 185 | KOWALCZYK OLKA | AGB TORFY | 1978 | K30-39 | 159 | 00:01:10 | 6:30 | 9,2 | 00:17:15 | 00:32:29 | 00:33:39 | | 352 |
| 354 | 461 | ZAINCIKOVSKAIA-WÓJCIK INNA | | 1984 | K30-39 | 160 | 00:00:47 | 6:30 | 9,2 | 00:16:16 | 00:32:31 | 00:33:18 | | 353 |
| 355 | 217 | KUBIK MARTA | | 1994 | K14-29 | 125 | 00:00:11 | 6:30 | 9,2 | 00:16:12 | 00:32:32 | 00:32:43 | | 354 |
| 356 | 202 | MARCZYŃSKA EMILIANA | | 1990 | K14-29 | 126 | 00:00:11 | 6:30 | 9,2 | 00:16:12 | 00:32:32 | 00:32:43 | | 355 |
| 357 | 221 | ŁUCZYŃSKA ALEKSANDRA | BIKINI PROJECT | 1992 | K14-29 | 127 | 00:00:35 | 6:31 | 9,2 | 00:17:36 | 00:32:33 | 00:33:08 | | 356 |
| 358 | 340 | ŁUPICKA GRAŻYNA | OSIECZNA BIEGA | 1970 | K40-49 | 59 | 00:00:47 | 6:31 | 9,2 | 00:16:58 | 00:32:37 | 00:33:24 | | 357 |
| 359 | 84 | WDOWIAK MAŁGOŚKA | | 1967 | K50-59 | 11 | 00:00:40 | 6:31 | 9,2 | 00:17:18 | 00:32:37 | 00:33:17 | | 358 |
| 360 | 80 | ZJAWIONA AGNIESZKA | | 1971 | K40-49 | 60 | 00:00:13 | 6:32 | 9,2 | 00:16:31 | 00:32:38 | 00:32:51 | | 359 |
| 361 | 248 | KOZIEŁ EWELINA | | 1993 | K14-29 | 128 | 00:00:24 | 6:32 | 9,2 | 00:16:17 | 00:32:39 | 00:33:03 | | 360 |
| 362 | 706 | GAWLIK RENATA | | 1991 | K14-29 | 129 | 00:00:50 | 6:32 | 9,2 | 00:17:20 | 00:32:39 | 00:33:29 | | 361 |
| 363 | 581 | PERDAS MAGDALENA | | 1982 | K30-39 | 161 | 00:00:51 | 6:32 | 9,2 | 00:17:01 | 00:32:42 | 00:33:33 | | 362 |
| 364 | 493 | SUCHERSKA KATARZYNA | | 1988 | K14-29 | 130 | 00:00:30 | 6:33 | 9,2 | 00:18:15 | 00:32:43 | 00:33:13 | | 363 |
| 365 | 463 | SZULC MAŁGORZATA | | 1989 | K14-29 | 131 | 00:00:46 | 6:33 | 9,2 | 00:16:39 | 00:32:44 | 00:33:30 | | 364 |
| 366 | 419 | ŁUGOWSKA JOANNA | | 1983 | K30-39 | 162 | 00:00:44 | 6:33 | 9,2 | 00:17:45 | 00:32:45 | 00:33:29 | | 365 |
| 367 | 576 | OLESIJUK ANNA | | 1980 | K30-39 | 163 | 00:00:35 | 6:33 | 9,2 | 00:16:42 | 00:32:45 | 00:33:20 | | 366 |
| 368 | 422 | MATUSIAK JOANNA | | 1987 | K30-39 | 164 | 00:00:18 | 6:33 | 9,2 | 00:16:26 | 00:32:47 | 00:33:05 | | 367 |
| 369 | 399 | CZEKAJ MONIKA | | 1988 | K14-29 | 132 | 00:00:51 | 6:33 | 9,2 | 00:17:14 | 00:32:47 | 00:33:38 | | 368 |
| 370 | 168 | GOLNIK AGATA | | 1977 | K40-49 | 61 | 00:00:55 | 6:33 | 9,2 | 00:17:11 | 00:32:47 | 00:33:42 | | 369 |
| 371 | 288 | CAŁKA AGATA | | 1992 | K14-29 | 133 | 00:00:09 | 6:34 | 9,1 | 00:15:53 | 00:32:48 | 00:32:57 | | 370 |
| 372 | 77 | DYJANKIEWICZ -MARCINIŃSKA PAULINA | | 1983 | K30-39 | 165 | 00:00:57 | 6:34 | 9,1 | 00:18:00 | 00:32:48 | 00:33:45 | | 371 |
| 373 | 233 | GÓRECKA MAŁGORZATA | | 1983 | K30-39 | 166 | 00:00:54 | 6:34 | 9,1 | 00:17:10 | 00:32:48 | 00:33:42 | | 372 |
| 374 | 170 | BERNAT MONIKA | | 1982 | K30-39 | 167 | 00:00:05 | 6:34 | 9,1 | 00:15:59 | 00:32:49 | 00:32:54 | | 373 |
| 375 | 148 | JASZCZAK EWELINA | BMW TŁOKIŃSKI | 1990 | K14-29 | 134 | 00:00:10 | 6:34 | 9,1 | 00:16:04 | 00:32:51 | 00:33:01 | | 374 |
| 376 | 516 | KOPEĆ ANETA | | 1982 | K30-39 | 168 | 00:00:50 | 6:35 | 9,1 | 00:16:50 | 00:32:53 | 00:33:43 | | 375 |
| 377 | 577 | KOZAL MAGDALENA | | 1975 | K40-49 | 62 | 00:00:16 | 6:35 | 9,1 | 00:17:02 | 00:32:53 | 00:33:09 | | 376 |
| 378 | 564 | URBANIAK IZABELA | | 1973 | K40-49 | 63 | 00:00:51 | 6:35 | 9,1 | 00:16:14 | 00:32:55 | 00:33:46 | | 377 |
| 379 | 773 | ŁAWICKA ALEKSANDRA | | 2003 | K14-29 | 135 | 00:00:02 | 6:35 | 9,1 | 00:13:48 | 00:32:56 | 00:32:58 | | 378 |
| 380 | 663 | ŁUKASIEWICZ ALEKSANDRA | | 1990 | K14-29 | 136 | 00:00:04 | 6:35 | 9,1 | 00:16:26 | 00:32:57 | 00:33:01 | | 379 |
| 381 | 19 | TOMASZEWICZ ALEKSANDRA | | 1964 | K50-59 | 12 | 00:00:53 | 6:36 | 9,1 | 00:16:49 | 00:32:58 | 00:33:51 | | 380 |
| 382 | 612 | PIETRUSZEWSKA JOANNA | SKANSKA | 1988 | K14-29 | 137 | 00:00:02 | 6:36 | 9,1 | 00:15:03 | 00:32:58 | 00:33:00 | | 381 |
| 383 | 503 | GRYDZIUSZKO ANETA | | 1972 | K40-49 | 64 | 00:00:16 | 6:36 | 9,1 | 00:16:37 | 00:32:59 | 00:33:15 | | 382 |
| 384 | 373 | STAŃ AGATA | | 1978 | K30-39 | 169 | 00:00:00 | 6:37 | 9,1 | 00:14:48 | 00:33:03 | 00:33:03 | | 383 |
| 385 | 289 | CAŁKA-LASKOWSKA KAROLINA | | 1981 | K30-39 | 170 | 00:00:09 | 6:37 | 9,1 | 00:15:53 | 00:33:04 | 00:33:13 | | 384 |
| 386 | 719 | WIECZOREK IZABELA | | 1988 | K14-29 | 138 | 00:01:02 | 6:37 | 9,1 | 00:16:59 | 00:33:07 | 00:34:09 | | 385 |
| 387 | 504 | KUCZYŃSKA ALEKSANDRA | | 1994 | K14-29 | 139 | 00:00:08 | 6:37 | 9,1 | 00:16:02 | 00:33:07 | 00:33:15 | | 386 |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|----------------------------------|--------------------|------------|-----------|------------|-------------|--------------|------------|----------|------------|-------------|---|-----|
| 388 | 430 | COR AGNIESZKA | | 1982 | K30-39 | 171 | 00:00:11 | 6:38 | 9,0 | 00:16:04 | 00:33:09 | 00:33:20 | | 387 |
| 389 | 194 | BOROWSKA-TERKA ANNA | | 1979 | K30-39 | 172 | 00:01:01 | 6:38 | 9,0 | 00:17:27 | 00:33:10 | 00:34:11 | | 388 |
| 390 | 629 | KLIMEK HANNA | | 1994 | K14-29 | 140 | 00:00:31 | 6:39 | 9,0 | 00:17:25 | 00:33:14 | 00:33:45 | | 389 |
| 391 | 360 | BAKALARZ ALEKAANDRA | EPOKA NORDICA ŁÓDŹ | 1961 | K50-59 | 13 | 00:00:40 | 6:39 | 9,0 | 00:18:11 | 00:33:14 | 00:33:54 | | 390 |
| 392 | 497 | SZUBERT ANNA | | 1993 | K14-29 | 141 | 00:01:05 | 6:39 | 9,0 | 00:18:04 | 00:33:14 | 00:34:19 | | 391 |
| 393 | 672 | ŻURAWSKA ALEKSANDRA | | 1993 | K14-29 | 142 | 00:01:05 | 6:39 | 9,0 | 00:18:04 | 00:33:14 | 00:34:19 | | 392 |
| 394 | 656 | SENECZKO WERONIKA | 1ON1 | 1975 | K40-49 | 65 | 00:00:39 | 6:40 | 9,0 | 00:16:55 | 00:33:19 | 00:33:58 | | 393 |
| 395 | 180 | OLCZYK ANNA | RUN LODZ | 1970 | K40-49 | 66 | 00:00:07 | 6:40 | 9,0 | 00:15:58 | 00:33:20 | 00:33:27 | | 394 |
| 396 | 255 | STEFANIAK JUSTYNA | CERI INTERNATIONAL | 1984 | K30-39 | 173 | 00:00:50 | 6:40 | 9,0 | 00:17:06 | 00:33:20 | 00:34:10 | | 395 |
| 397 | 762 | SKROBEK KAMILA | | 1980 | K30-39 | 174 | 00:00:57 | 6:40 | 9,0 | 00:17:02 | 00:33:22 | 00:34:19 | | 396 |
| 398 | 723 | LEBIODA KATARZYNA | | 1989 | K14-29 | 143 | 00:00:44 | 6:41 | 9,0 | 00:17:12 | 00:33:24 | 00:34:08 | | 397 |
| 399 | 36 | STUDZIANNA-KAPUŚCIŃSKA AGNIESZKA | | 1976 | K40-49 | 67 | 00:00:13 | 6:41 | 9,0 | 00:16:02 | 00:33:25 | 00:33:38 | | 398 |
| 400 | 735 | JĘDRZEJCZAK AGNIESZKA | KAMI PPHU | 1986 | K30-39 | 175 | 00:00:08 | 6:41 | 9,0 | 00:16:23 | 00:33:26 | 00:33:34 | | 399 |
| 401 | 307 | CIEPLUCHA MARTA | | 1977 | K40-49 | 68 | 00:00:48 | 6:41 | 9,0 | 00:17:22 | 00:33:26 | 00:34:14 | | 400 |
| 402 | 310 | ROZWADOWSKA MONIKA | | 1974 | K40-49 | 69 | 00:00:48 | 6:41 | 9,0 | 00:17:22 | 00:33:26 | 00:34:14 | | 401 |
| 403 | 763 | STEFANIAK DOROTA | | 1971 | K40-49 | 70 | 00:00:59 | 6:41 | 9,0 | 00:18:04 | 00:33:27 | 00:34:26 | | 402 |
| 404 | 386 | LISIECKA KAROLINA | | 1992 | K14-29 | 144 | 00:00:12 | 6:41 | 9,0 | 00:16:30 | 00:33:27 | 00:33:39 | | 403 |
| 405 | 705 | OLASZEK DOMINIKA | | 1979 | K30-39 | 176 | 00:00:00 | 6:42 | 9,0 | 00:16:18 | 00:33:28 | 00:33:28 | | 404 |
| 406 | 336 | WALAS DOROTA | | 1983 | K30-39 | 177 | 00:00:10 | 6:42 | 9,0 | 00:16:46 | 00:33:31 | 00:33:41 | | 405 |
| 407 | 569 | SUBKO-WOJTASZEK KATARZYNA | | 1986 | K30-39 | 178 | 00:00:13 | 6:42 | 8,9 | 00:15:56 | 00:33:32 | 00:33:45 | | 406 |
| 408 | 457 | KACZMAREK ALEKSANDRA | | 1984 | K30-39 | 179 | 00:00:35 | 6:43 | 8,9 | 00:16:43 | 00:33:33 | 00:34:08 | | 407 |
| 409 | 347 | KRASUSKA SYLWIA | | 1992 | K14-29 | 145 | 00:00:34 | 6:43 | 8,9 | 00:16:53 | 00:33:33 | 00:34:07 | | 408 |
| 410 | 104 | GŁOWACKA ANNA | | 1980 | K30-39 | 180 | 00:00:36 | 6:43 | 8,9 | 00:17:14 | 00:33:33 | 00:34:09 | | 409 |
| 411 | 379 | KRUPIŃSKA AGATA | BIKINI PROJECT RUN | 1995 | K14-29 | 146 | 00:00:36 | 6:43 | 8,9 | 00:16:40 | 00:33:34 | 00:34:10 | | 410 |
| 412 | 291 | RÓŻYCKA MILENA | ENGLISH PROJECT | 1979 | K30-39 | 181 | 00:00:46 | 6:43 | 8,9 | 00:17:39 | 00:33:34 | 00:34:20 | | 411 |
| 413 | 544 | GRODZKA MONIKA | | 1979 | K30-39 | 182 | 00:00:43 | 6:43 | 8,9 | 00:16:56 | 00:33:37 | 00:34:20 | | 412 |
| 414 | 638 | HAMMER MONIKA | | 1975 | K40-49 | 71 | 00:00:43 | 6:43 | 8,9 | 00:16:56 | 00:33:37 | 00:34:20 | | 413 |
| 415 | 13 | MAJEK MARTA | | 1980 | K30-39 | 183 | 00:00:43 | 6:43 | 8,9 | 00:16:56 | 00:33:37 | 00:34:20 | | 414 |
| 416 | 324 | POTEREK AGNIESZKA | | 1976 | K40-49 | 72 | 00:01:00 | 6:44 | 8,9 | 00:16:59 | 00:33:39 | 00:34:39 | | 415 |
| 417 | 571 | KACZMAREK MAGDALENA | | 1978 | K30-39 | 184 | 00:00:11 | 6:45 | 8,9 | 00:17:01 | 00:33:43 | 00:33:54 | | 416 |
| 418 | 666 | MATYJA JULIA | | 2000 | K14-29 | 147 | 00:00:31 | 6:45 | 8,9 | 00:17:07 | 00:33:44 | 00:34:15 | | 417 |
| 419 | 480 | SZYMAŃSKA IZABELA | | 1978 | K30-39 | 185 | 00:00:51 | 6:45 | 8,9 | 00:17:23 | 00:33:44 | 00:34:35 | | 418 |
| 420 | 668 | MATYJA ANETA | | 1974 | K40-49 | 73 | 00:00:31 | 6:45 | 8,9 | 00:17:07 | 00:33:46 | 00:34:17 | | 419 |
| 421 | 760 | URBAŃCZYK LAURA | | 2001 | K14-29 | 148 | 00:00:06 | 6:45 | 8,9 | 00:15:58 | 00:33:46 | 00:33:52 | | 420 |
| 422 | 261 | LASZCZYK KATARZYNA | WWW.ADAMWNETRZA.PL | 1981 | K30-39 | 186 | 00:01:03 | 6:46 | 8,9 | 00:17:50 | 00:33:50 | 00:34:53 | | 421 |
| 423 | 330 | PRASZAŁEK MAGDALENA | | 1973 | K40-49 | 74 | 00:00:55 | 6:47 | 8,9 | 00:17:44 | 00:33:53 | 00:34:48 | | 422 |
| 424 | 82 | BARDZEL JUSTYNA | | 1983 | K30-39 | 187 | 00:00:55 | 6:47 | 8,8 | 00:17:45 | 00:33:54 | 00:34:49 | | 423 |
| 425 | 408 | BŁASZCZUK MARIA | | 1990 | K14-29 | 149 | 00:00:14 | 6:47 | 8,8 | 00:15:51 | 00:33:55 | 00:34:09 | | 424 |
| 426 | 522 | KOZŁOWSKA KATARZYNA | | 1990 | K14-29 | 150 | 00:01:08 | 6:47 | 8,8 | 00:17:20 | 00:33:55 | 00:35:03 | | 425 |
| 427 | 498 | JAKUBOWSKA MAŁGORZATA | PWC RUNNING TEAM | 1981 | K30-39 | 188 | 00:00:30 | 6:47 | 8,8 | 00:16:50 | 00:33:56 | 00:34:26 | | 426 |
| 428 | 686 | SABELA MILENA | | 1990 | K14-29 | 151 | 00:00:51 | 6:47 | 8,8 | 00:17:24 | 00:33:56 | 00:34:47 | | 427 |
| 429 | 777 | MOCARSKA MAŁGORZATA | | 1980 | K30-39 | 189 | 00:00:07 | 6:48 | 8,8 | 00:16:37 | 00:34:00 | 00:34:07 | | 428 |
| 430 | 653 | MITROWSKA KATARZYNA | | 1985 | K30-39 | 190 | 00:00:12 | 6:48 | 8,8 | 00:17:01 | 00:34:01 | 00:34:13 | | 429 |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|--------------------------------|---------------------------------------|------------|-----------|------------|-------------|--------------|------------|----------|------------|-------------|---|-----|
| 431 | 625 | KUCZAMER BEATA | | 1969 | K40-49 | 75 | 00:00:40 | 6:49 | 8,8 | 00:16:32 | 00:34:03 | 00:34:43 | | 430 |
| 432 | 372 | DURKOWSKA MAGDALENA | | 1978 | K30-39 | 191 | 00:00:40 | 6:49 | 8,8 | 00:17:25 | 00:34:03 | 00:34:43 | | 431 |
| 433 | 380 | GAŁKIEWICZ SYLWIA | | 1992 | K14-29 | 152 | 00:00:35 | 6:49 | 8,8 | 00:17:26 | 00:34:04 | 00:34:39 | | 432 |
| 434 | 96 | SKOWROŃSKA EWELINA | INTERPLEX RUN TEAM | 1982 | K30-39 | 192 | 00:00:35 | 6:49 | 8,8 | 00:18:33 | 00:34:05 | 00:34:40 | | 433 |
| 435 | 489 | SZEFER-BUJNOWICZ IWONA | | 1978 | K30-39 | 193 | 00:00:57 | 6:49 | 8,8 | 00:18:14 | 00:34:06 | 00:35:03 | | 434 |
| 436 | 203 | BIKIEWICZ AGATA | , | 1984 | K30-39 | 194 | 00:00:10 | 6:49 | 8,8 | 00:16:35 | 00:34:06 | 00:34:16 | | 435 |
| 437 | 297 | SŁAWSKA-BONIECKA IZABELA | HALE SILVER | 1978 | K30-39 | 195 | 00:00:50 | 6:50 | 8,8 | 00:17:40 | 00:34:08 | 00:34:58 | | 436 |
| 438 | 487 | BIAŁEK ALEKSANDRA | | 1982 | K30-39 | 196 | 00:00:16 | 6:50 | 8,8 | 00:16:48 | 00:34:09 | 00:34:25 | | 437 |
| 439 | 645 | CIEŚLAK KAMILA | | 1995 | K14-29 | 153 | 00:01:01 | 6:50 | 8,8 | 00:17:58 | 00:34:10 | 00:35:11 | | 438 |
| 440 | 296 | DZIERŻAWSKA-JASIŃSKA MAGDALENA | BIO-SFERA | 1989 | K14-29 | 154 | 00:00:57 | 6:50 | 8,8 | 00:17:56 | 00:34:11 | 00:35:08 | | 439 |
| 441 | 377 | KOT ANNA | | 1994 | K14-29 | 155 | 00:00:17 | 6:50 | 8,8 | 00:16:36 | 00:34:11 | 00:34:28 | | 440 |
| 442 | 66 | MATYJASIK EDYTA | | 1972 | K40-49 | 76 | 00:00:33 | 6:50 | 8,8 | 00:16:58 | 00:34:11 | 00:34:44 | | 441 |
| 443 | 228 | KULAWINEK KATARZYNA | | 1974 | K40-49 | 77 | 00:00:18 | 6:50 | 8,8 | 00:17:06 | 00:34:11 | 00:34:29 | | 442 |
| 444 | 60 | TRĄBCZYŃSKA-GRZYB ALICJA | | 1983 | K30-39 | 197 | 00:00:18 | 6:50 | 8,8 | 00:17:06 | 00:34:11 | 00:34:29 | | 443 |
| 445 | 317 | KREMB MONIKA | | 1971 | K40-49 | 78 | 00:01:01 | 6:50 | 8,8 | 00:18:27 | 00:34:11 | 00:35:12 | | 444 |
| 446 | 90 | GÓRKA PAULINA | | 1993 | K14-29 | 156 | 00:00:24 | 6:50 | 8,8 | 00:16:33 | 00:34:11 | 00:34:35 | | 445 |
| 447 | 391 | KOPER KAROLINA | | 1992 | K14-29 | 157 | 00:00:23 | 6:51 | 8,8 | 00:16:33 | 00:34:13 | 00:34:36 | | 446 |
| 448 | 627 | MIERCZYŃSKA WERONIKA | | 1985 | K30-39 | 198 | 00:00:22 | 6:51 | 8,8 | 00:16:44 | 00:34:15 | 00:34:37 | | 447 |
| 449 | 500 | SARNA JOANNA | | 1976 | K40-49 | 79 | 00:00:49 | 6:51 | 8,8 | 00:17:36 | 00:34:16 | 00:35:05 | | 448 |
| 450 | 728 | TRYBULSKA MARIKA | KANCELARIA ADWOKACKA MARIKA TRYBULSKA | 1988 | K14-29 | 158 | 00:00:20 | 6:52 | 8,7 | 00:17:45 | 00:34:18 | 00:34:38 | | 449 |
| 451 | 133 | ZIĘBA SYLWIA | | 1989 | K14-29 | 159 | 00:00:20 | 6:52 | 8,7 | 00:17:45 | 00:34:18 | 00:34:38 | | 450 |
| 452 | 635 | KOŁUDA ALEKSANDRA | | 1986 | K30-39 | 199 | 00:00:52 | 6:52 | 8,7 | 00:16:48 | 00:34:22 | 00:35:14 | | 451 |
| 453 | 298 | TARCZYŃSKA LIDIA | | 1983 | K30-39 | 200 | 00:00:45 | 6:53 | 8,7 | 00:18:39 | 00:34:23 | 00:35:08 | | 452 |
| 454 | 59 | ZARYCHTA AGATA | | 1969 | K40-49 | 80 | 00:00:49 | 6:53 | 8,7 | 00:17:40 | 00:34:24 | 00:35:13 | | 453 |
| 455 | 651 | GUTOWSKA HANNA | | 1981 | K30-39 | 201 | 00:00:58 | 6:53 | 8,7 | 00:18:07 | 00:34:26 | 00:35:24 | | 454 |
| 456 | 61 | SMAKOWSKA ALICJA | | 1978 | K30-39 | 202 | 00:00:23 | 6:53 | 8,7 | 00:18:24 | 00:34:26 | 00:34:49 | | 455 |
| 457 | 172 | NOWAKOWSKA MAGDALENA | | 1969 | K40-49 | 81 | 00:00:38 | 6:53 | 8,7 | 00:17:02 | 00:34:27 | 00:35:05 | | 456 |
| 458 | 282 | SUJKA-SZRAJBER PATRYCJA | | 1977 | K40-49 | 82 | 00:00:50 | 6:54 | 8,7 | 00:17:41 | 00:34:30 | 00:35:20 | | 457 |
| 459 | 423 | MATEJCYK JUSTYNA | | 1979 | K30-39 | 203 | 00:01:06 | 6:54 | 8,7 | 00:18:21 | 00:34:31 | 00:35:37 | | 458 |
| 460 | 595 | SUMARA ANETA | | 1976 | K40-49 | 83 | 00:01:08 | 6:54 | 8,7 | 00:18:58 | 00:34:31 | 00:35:39 | | 459 |
| 461 | 424 | WIELEC MONIKA | NO PROBLEM | 1980 | K30-39 | 204 | 00:01:06 | 6:54 | 8,7 | 00:18:16 | 00:34:32 | 00:35:38 | | 460 |
| 462 | 181 | NAGORNIEWICZ BEATA | | 1990 | K14-29 | 160 | 00:00:12 | 6:55 | 8,7 | 00:17:11 | 00:34:33 | 00:34:45 | | 461 |
| 463 | 315 | ROGAŁA KLAUDIA | | 1974 | K40-49 | 84 | 00:00:15 | 6:55 | 8,7 | 00:16:30 | 00:34:35 | 00:34:50 | | 462 |
| 464 | 294 | LEWANDOWSKA EWA | | 1987 | K30-39 | 205 | 00:00:48 | 6:55 | 8,7 | 00:17:18 | 00:34:36 | 00:35:24 | | 463 |
| 465 | 92 | KUROWSKA AGNIESZKA | | 1984 | K30-39 | 206 | 00:00:29 | 6:55 | 8,7 | 00:16:27 | 00:34:36 | 00:35:05 | | 464 |
| 466 | 543 | NOWAK AGNIESZKA | | 1989 | K14-29 | 161 | 00:00:54 | 6:56 | 8,6 | 00:18:09 | 00:34:41 | 00:35:35 | | 465 |
| 467 | 122 | ZAWIASA DOROTA | | 1983 | K30-39 | 207 | 00:00:54 | 6:56 | 8,6 | 00:18:09 | 00:34:41 | 00:35:35 | | 466 |
| 468 | 327 | BUCZEK ANNA | ENGLISH PROJECT | 1975 | K40-49 | 85 | 00:00:47 | 6:56 | 8,6 | 00:18:29 | 00:34:41 | 00:35:28 | | 467 |
| 469 | 162 | GRACZYK KATARZYNA | | 1988 | K14-29 | 162 | 00:01:08 | 6:56 | 8,6 | 00:17:58 | 00:34:41 | 00:35:49 | | 468 |
| 470 | 744 | STASIAK SYLWIA | | 1983 | K30-39 | 208 | 00:00:27 | 6:56 | 8,6 | 00:17:19 | 00:34:42 | 00:35:09 | | 469 |
| 471 | 110 | CISZEWSKA KATARZYNA | | 1984 | K30-39 | 209 | 00:00:54 | 6:56 | 8,6 | 00:18:09 | 00:34:42 | 00:35:36 | | 470 |
| 472 | 530 | DUDKIEWICZ RENATA | | 1984 | K30-39 | 210 | 00:00:26 | 6:57 | 8,6 | 00:17:19 | 00:34:43 | 00:35:09 | | 471 |
| 473 | 674 | JAROSZ MAŁGORZATA | | 1994 | K14-29 | 163 | 00:00:23 | 6:57 | 8,6 | 00:17:10 | 00:34:43 | 00:35:06 | | 472 |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|-----------------------------|---------------------------------------|------------|-----------|------------|-------------|--------------|------------|----------|------------|-------------|---|-----|
| 474 | 675 | JAROSZ MARZENNA | | 1966 | K50-59 | 14 | 00:00:23 | 6:57 | 8,6 | 00:17:10 | 00:34:43 | 00:35:06 | | 473 |
| 475 | 610 | STOKOWSKA-SKŁADANEK DAGMARA | | 1978 | K30-39 | 211 | 00:01:11 | 6:57 | 8,6 | 00:18:29 | 00:34:44 | 00:35:55 | | 474 |
| 476 | 334 | IGNACZAK KATARZYNA | PAPIŚ | 1986 | K30-39 | 212 | 00:00:10 | 6:57 | 8,6 | 00:16:33 | 00:34:46 | 00:34:56 | | 475 |
| 477 | 199 | MIGOWSKA EMILIA | | 1983 | K30-39 | 213 | 00:00:34 | 6:58 | 8,6 | 00:18:35 | 00:34:51 | 00:35:25 | | 476 |
| 478 | 79 | KRAWCZYŃSKA JOANNA | | 1968 | K40-49 | 86 | 00:00:36 | 6:58 | 8,6 | 00:17:25 | 00:34:51 | 00:35:27 | | 477 |
| 479 | 713 | BORKOWSKA KATARZYNA | | 1979 | K30-39 | 214 | 00:00:01 | 6:59 | 8,6 | 00:17:08 | 00:34:53 | 00:34:54 | | 478 |
| 480 | 448 | STEFANIK MAGDALENA | IMPRO ATAK | 1981 | K30-39 | 215 | 00:00:27 | 6:59 | 8,6 | 00:17:39 | 00:34:53 | 00:35:20 | | 479 |
| 481 | 378 | OKROJEK ALEKSANDRA | FUJITSU RUNNING TEAM ŁÓDŹ | 1987 | K30-39 | 216 | 00:00:32 | 6:59 | 8,6 | 00:17:31 | 00:34:57 | 00:35:29 | | 480 |
| 482 | 401 | PUCZYŃSKA JUSTYNA | | 1977 | K40-49 | 87 | 00:00:55 | 6:59 | 8,6 | 00:17:36 | 00:34:57 | 00:35:52 | | 481 |
| 483 | 582 | ŚLUSAREK AGNIESZKA | | 1968 | K40-49 | 88 | 00:00:03 | 7:00 | 8,6 | 00:16:25 | 00:35:00 | 00:35:03 | | 482 |
| 484 | 436 | DĘBIEC JOANNA | FUJITSU | 1987 | K30-39 | 217 | 00:00:45 | 7:01 | 8,6 | 00:18:23 | 00:35:03 | 00:35:48 | | 483 |
| 485 | 176 | WLAZEŁ MAGDALENA | | 1976 | K40-49 | 89 | 00:00:05 | 7:01 | 8,6 | 00:16:32 | 00:35:05 | 00:35:10 | | 484 |
| 486 | 16 | TOMASZEWSKA AGNIESZKA | TURBO TEAM | 1986 | K30-39 | 218 | 00:00:12 | 7:01 | 8,5 | 00:17:54 | 00:35:07 | 00:35:19 | | 485 |
| 487 | 52 | ŚPICH KAROLINA | | 1996 | K14-29 | 164 | 00:00:42 | 7:01 | 8,5 | 00:17:56 | 00:35:07 | 00:35:49 | | 486 |
| 488 | 619 | JANKOWIAK JOANNA | | 1974 | K40-49 | 90 | 00:01:03 | 7:02 | 8,5 | 00:18:45 | 00:35:08 | 00:36:11 | | 487 |
| 489 | 621 | MATECKA EWA | | 1974 | K40-49 | 91 | 00:01:03 | 7:02 | 8,5 | 00:18:45 | 00:35:08 | 00:36:11 | | 488 |
| 490 | 190 | WOJCIESZCZYK ALDONA | | 1986 | K30-39 | 219 | 00:00:55 | 7:02 | 8,5 | 00:18:54 | 00:35:08 | 00:36:03 | | 489 |
| 491 | 535 | BŁAŻEJEWSKA ANNA | NW FORMA NA PIĄTKĘ PABIANICE | 1973 | K40-49 | 92 | 00:01:08 | 7:02 | 8,5 | 00:18:59 | 00:35:09 | 00:36:17 | | 490 |
| 492 | 132 | CIARKOWSKA DOROTA | | 1991 | K14-29 | 165 | 00:00:46 | 7:02 | 8,5 | 00:18:34 | 00:35:09 | 00:35:55 | | 491 |
| 493 | 129 | KWIATKOWSKA AGNIESZKA | | 1984 | K30-39 | 220 | 00:00:20 | 7:03 | 8,5 | 00:16:46 | 00:35:13 | 00:35:33 | | 492 |
| 494 | 682 | SMAGA MONIKA | | 1981 | K30-39 | 221 | 00:00:16 | 7:03 | 8,5 | 00:17:25 | 00:35:14 | 00:35:30 | | 493 |
| 495 | 589 | DOBRUCKA AGNIESZKA | | 1972 | K40-49 | 93 | 00:00:29 | 7:03 | 8,5 | 00:18:10 | 00:35:16 | 00:35:45 | | 494 |
| 496 | 117 | KIJEWSKA AGNIESZKA | | 1978 | K30-39 | 222 | 00:01:06 | 7:04 | 8,5 | 00:18:21 | 00:35:18 | 00:36:24 | | 495 |
| 497 | 473 | KRĘŻEL SYLWIA | | 1992 | K14-29 | 166 | 00:01:00 | 7:04 | 8,5 | 00:19:14 | 00:35:21 | 00:36:21 | | 496 |
| 498 | 128 | STASIAK MAGDALENA | | 1979 | K30-39 | 223 | 00:01:00 | 7:04 | 8,5 | 00:19:14 | 00:35:21 | 00:36:21 | | 497 |
| 499 | 511 | HRYNIEWICZ MAGDALENA | CITY STUDIO - BODY & FITNESS | 1981 | K30-39 | 224 | 00:00:30 | 7:04 | 8,5 | 00:18:11 | 00:35:21 | 00:35:51 | | 498 |
| 500 | 375 | BIŃCZYK DOMINIKA | | 1999 | K14-29 | 167 | 00:00:33 | 7:04 | 8,5 | 00:17:39 | 00:35:22 | 00:35:55 | | 499 |
| 501 | 130 | MOSKWA PAULINA | | 1989 | K14-29 | 168 | 00:00:45 | 7:04 | 8,5 | 00:18:34 | 00:35:22 | 00:36:07 | | 500 |
| 502 | 542 | STACHLEWSKA DOMINIKA | | 1988 | K14-29 | 169 | 00:00:29 | 7:05 | 8,5 | 00:18:11 | 00:35:23 | 00:35:52 | | 501 |
| 503 | 406 | STARZYŃSKA KATARZYNA | | 1974 | K40-49 | 94 | 00:01:00 | 7:05 | 8,5 | 00:18:39 | 00:35:24 | 00:36:24 | | 502 |
| 504 | 281 | WAWRZENIAK ALEKSANDRA | | 1974 | K40-49 | 95 | 00:00:15 | 7:05 | 8,5 | 00:17:38 | 00:35:26 | 00:35:41 | | 503 |
| 505 | 243 | ŚMIAŁKOWSKA KATARZYNA | ROHLIG SUUS LOGISTICS | 1973 | K40-49 | 96 | 00:00:00 | 7:06 | 8,5 | 00:17:09 | 00:35:29 | 00:35:29 | | 504 |
| 506 | 655 | BANASIAK ŻANETA | | 1985 | K30-39 | 225 | 00:00:35 | 7:06 | 8,5 | 00:16:40 | 00:35:29 | 00:36:04 | | 505 |
| 507 | 766 | CICHOŃSKA WERONIKA | | 1997 | K14-29 | 170 | 00:00:31 | 7:06 | 8,4 | 00:16:58 | 00:35:31 | 00:36:02 | | 506 |
| 508 | 707 | SKIBA MONIKA | | 1990 | K14-29 | 171 | 00:00:06 | 7:07 | 8,4 | 00:17:07 | 00:35:34 | 00:35:40 | | 507 |
| 509 | 499 | KOBYLARCZYK MAGDALENA | | 1985 | K30-39 | 226 | 00:00:42 | 7:07 | 8,4 | 00:18:12 | 00:35:34 | 00:36:16 | | 508 |
| 510 | 34 | MUSZYŃSKA KATARZYNA | | 1969 | K40-49 | 97 | 00:00:27 | 7:07 | 8,4 | 00:17:36 | 00:35:35 | 00:36:02 | | 509 |
| 511 | 711 | WOICKA EWA | KS AMBER | 1971 | K40-49 | 98 | 00:00:03 | 7:07 | 8,4 | 00:15:43 | 00:35:35 | 00:35:38 | | 510 |
| 512 | 177 | SKOWRON JOANNA | ANGIELSKI-INDYWIDUALNIE.PL | 1975 | K40-49 | 99 | 00:00:54 | 7:07 | 8,4 | 00:18:12 | 00:35:37 | 00:36:31 | | 511 |
| 513 | 549 | SKOWRON JULIA | | 2003 | K14-29 | 172 | 00:00:54 | 7:07 | 8,4 | 00:18:12 | 00:35:37 | 00:36:31 | | 512 |
| 514 | 151 | KOCZWARSKA MICHALINA | PIOTRKOWSKI KLUB BIEGACZA "ENDORFINA" | 1987 | K30-39 | 227 | 00:00:48 | 7:09 | 8,4 | 00:18:02 | 00:35:44 | 00:36:32 | | 513 |
| 515 | 658 | DENDERSKA KAROLINA | | 1994 | K14-29 | 173 | 00:00:36 | 7:09 | 8,4 | 00:17:40 | 00:35:44 | 00:36:20 | | 514 |
| 516 | 630 | KĄCKA JOANNA | | 1973 | K40-49 | 100 | 00:00:58 | 7:09 | 8,4 | 00:19:15 | 00:35:45 | 00:36:43 | | 515 |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|-----------------------|------------------|------------|-----------|------------|-------------|--------------|------------|----------|------------|-------------|---|-----|
| 517 | 119 | SIWY JOANNA | BIKINI PROJECT | 1976 | K40-49 | 101 | 00:00:58 | 7:09 | 8,4 | 00:19:15 | 00:35:45 | 00:36:43 | | 516 |
| 518 | 279 | OGRODOWCZYK IWONA | | 1980 | K30-39 | 228 | 00:00:38 | 7:09 | 8,4 | 00:17:57 | 00:35:46 | 00:36:24 | | 517 |
| 519 | 278 | KOTULSKA MARZENA | | 1980 | K30-39 | 229 | 00:00:38 | 7:09 | 8,4 | 00:17:57 | 00:35:47 | 00:36:25 | | 518 |
| 520 | 115 | KRASOWSKA EWELINA | CERI | 1989 | K14-29 | 174 | 00:00:59 | 7:10 | 8,4 | 00:18:53 | 00:35:50 | 00:36:49 | | 519 |
| 521 | 338 | CZAJA MAGDALENA | | 1986 | K30-39 | 230 | 00:00:03 | 7:10 | 8,4 | 00:16:39 | 00:35:51 | 00:35:54 | | 520 |
| 522 | 94 | JANKOWSKA KATARZYNA | | 1993 | K14-29 | 175 | 00:00:38 | 7:10 | 8,4 | 00:18:32 | 00:35:51 | 00:36:29 | | 521 |
| 523 | 98 | UNISZEWSKA ANNA | | 1978 | K30-39 | 231 | 00:00:52 | 7:11 | 8,4 | 00:19:49 | 00:35:53 | 00:36:45 | | 522 |
| 524 | 755 | BRONIAREK MAGDALENA | | 1983 | K30-39 | 232 | 00:00:01 | 7:11 | 8,4 | 00:16:31 | 00:35:54 | 00:35:55 | | 523 |
| 525 | 720 | RYMARCZYK EMILIA | | 1981 | K30-39 | 233 | 00:00:01 | 7:11 | 8,4 | 00:17:03 | 00:35:55 | 00:35:56 | | 524 |
| 526 | 184 | FRASZCZYK JOANNA | | 1979 | K30-39 | 234 | 00:00:00 | 7:11 | 8,4 | 00:17:03 | 00:35:55 | 00:35:55 | | 525 |
| 527 | 6 | GRABARCZYK AGATA | | 1979 | K30-39 | 235 | 00:00:43 | 7:11 | 8,3 | 00:18:53 | 00:35:56 | 00:36:39 | | 526 |
| 528 | 67 | WITMAN IWONA | | 1965 | K50-59 | 15 | 00:00:06 | 7:12 | 8,3 | 00:17:06 | 00:35:58 | 00:36:04 | | 527 |
| 529 | 182 | ŻUCHOWSKA EWELINA | | 1975 | K40-49 | 102 | 00:00:06 | 7:12 | 8,3 | 00:17:06 | 00:35:58 | 00:36:04 | | 528 |
| 530 | 346 | SKUTECKA MAGDALENA | | 1971 | K40-49 | 103 | 00:00:13 | 7:12 | 8,3 | 00:17:41 | 00:36:02 | 00:36:15 | | 529 |
| 531 | 25 | STELMACH MARTA | | 1983 | K30-39 | 236 | 00:00:44 | 7:13 | 8,3 | 00:18:41 | 00:36:04 | 00:36:48 | | 530 |
| 532 | 513 | BŁASZCZYK EWA | | 1972 | K40-49 | 104 | 00:00:13 | 7:13 | 8,3 | 00:17:38 | 00:36:05 | 00:36:18 | | 531 |
| 533 | 454 | SŁOMSKA ALEKSANDRA | | 1993 | K14-29 | 176 | 00:00:31 | 7:13 | 8,3 | 00:18:19 | 00:36:05 | 00:36:36 | | 532 |
| 534 | 778 | KRUSZYŃSKA KATARZYNA | | 1980 | K30-39 | 237 | 00:00:33 | 7:13 | 8,3 | 00:18:32 | 00:36:05 | 00:36:38 | | 533 |
| 535 | 345 | LEWANDOWSKA KATARZYNA | | 1985 | K30-39 | 238 | 00:00:47 | 7:13 | 8,3 | 00:18:18 | 00:36:06 | 00:36:53 | | 534 |
| 536 | 412 | DEBINSKA ANNA | | 1981 | K30-39 | 239 | 00:00:33 | 7:13 | 8,3 | 00:18:32 | 00:36:06 | 00:36:39 | | 535 |
| 537 | 426 | FRAŃCZAK JOANNA | | 1983 | K30-39 | 240 | 00:00:40 | 7:13 | 8,3 | 00:18:40 | 00:36:07 | 00:36:47 | | 536 |
| 538 | 494 | GAN JUSTYNA | | 1980 | K30-39 | 241 | 00:01:00 | 7:14 | 8,3 | 00:19:07 | 00:36:11 | 00:37:11 | | 537 |
| 539 | 152 | ZAWGORODNIA JULIA | ŁÓDŹ KOCHA SPORT | 1993 | K14-29 | 177 | 00:00:03 | 7:14 | 8,3 | 00:16:48 | 00:36:12 | 00:36:15 | | 538 |
| 540 | 784 | MILER EWA | | 1984 | K30-39 | 242 | 00:00:02 | 7:15 | 8,3 | 00:17:27 | 00:36:13 | 00:36:15 | | 539 |
| 541 | 671 | HOFFMANN ANIA | BIEGNĘ DLA MAMY | 1979 | K30-39 | 243 | 00:00:04 | 7:15 | 8,3 | 00:17:28 | 00:36:16 | 00:36:20 | | 540 |
| 542 | 477 | GIERCARZ MONIKA | | 1989 | K14-29 | 178 | 00:01:04 | 7:15 | 8,3 | 00:18:58 | 00:36:16 | 00:37:20 | | 541 |
| 543 | 536 | STRZELCZYK MARZENA | FNP NW PABIANICE | 1969 | K40-49 | 105 | 00:01:07 | 7:15 | 8,3 | 00:19:03 | 00:36:17 | 00:37:24 | | 542 |
| 544 | 200 | BRUDZEŃSKA MARTYNA | | 1988 | K14-29 | 179 | 00:01:04 | 7:15 | 8,3 | 00:18:58 | 00:36:17 | 00:37:21 | | 543 |
| 545 | 50 | BERNACIAK MONIKA | | 1978 | K30-39 | 244 | 00:00:32 | 7:16 | 8,3 | 00:18:37 | 00:36:18 | 00:36:50 | | 544 |
| 546 | 416 | RULKA GOSIA | | 1975 | K40-49 | 106 | 00:00:37 | 7:16 | 8,3 | 00:17:57 | 00:36:20 | 00:36:57 | | 545 |
| 547 | 366 | ADAMIAK AGNIESZKA | | 1972 | K40-49 | 107 | 00:00:01 | 7:17 | 8,2 | 00:17:47 | 00:36:24 | 00:36:25 | | 546 |
| 548 | 490 | LEŚNIAK PAULINA | | 1994 | K14-29 | 180 | 00:01:06 | 7:17 | 8,2 | 00:18:33 | 00:36:25 | 00:37:31 | | 547 |
| 549 | 293 | PANKOWSKA DOMINIKA | | 1995 | K14-29 | 181 | 00:01:02 | 7:17 | 8,2 | 00:19:11 | 00:36:25 | 00:37:27 | | 548 |
| 550 | 313 | SZAŁWIŃSKA PATRYCJA | | 1995 | K14-29 | 182 | 00:01:02 | 7:17 | 8,2 | 00:19:12 | 00:36:26 | 00:37:28 | | 549 |
| 551 | 407 | SZCZEBLEWSKA KAROLINA | | 1986 | K30-39 | 245 | 00:00:45 | 7:18 | 8,2 | 00:18:06 | 00:36:29 | 00:37:14 | | 550 |
| 552 | 238 | RABIEGA AGNIESZKA | | 1984 | K30-39 | 246 | 00:00:19 | 7:18 | 8,2 | 00:19:07 | 00:36:29 | 00:36:48 | | 551 |
| 553 | 304 | SZAFRAŃSKA AGATA | | 1995 | K14-29 | 183 | 00:00:30 | 7:18 | 8,2 | 00:17:42 | 00:36:31 | 00:37:01 | | 552 |
| 554 | 459 | BALIŃSKA KAROLINA | | 1985 | K30-39 | 247 | 00:00:46 | 7:18 | 8,2 | 00:18:53 | 00:36:31 | 00:37:17 | | 553 |
| 555 | 555 | SIEMASZKO KAROLINA | UPS GBS | 1978 | K30-39 | 248 | 00:00:20 | 7:18 | 8,2 | 00:18:52 | 00:36:32 | 00:36:52 | | 554 |
| 556 | 557 | WIERZBICKA MAGDALENA | UPS GBS | 1977 | K40-49 | 108 | 00:00:20 | 7:18 | 8,2 | 00:18:52 | 00:36:32 | 00:36:52 | | 555 |
| 557 | 731 | MOKWIŃSKA KAMILA | KAMI PPHU | 1976 | K40-49 | 109 | 00:00:09 | 7:19 | 8,2 | 00:17:17 | 00:36:33 | 00:36:42 | | 556 |
| 558 | 491 | SASIN MAŁGORZATA | | 1985 | K30-39 | 249 | 00:00:33 | 7:19 | 8,2 | 00:18:40 | 00:36:34 | 00:37:07 | | 557 |
| 559 | 42 | SZUMIŃSKA MAŁGORZATA | | 1975 | K40-49 | 110 | 00:00:32 | 7:19 | 8,2 | 00:18:41 | 00:36:35 | 00:37:07 | | 558 |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|----------------------------|------------------------------|------------|-----------|------------|-------------|--------------|------------|----------|------------|-------------|-----|---|
| 560 | 460 | NOWAKOWSKA ALEKSANDRA | | 1985 | K30-39 | 250 | 00:00:18 | 7:20 | 8,2 | 00:17:54 | 00:36:40 | 00:36:58 | 559 | |
| 561 | 781 | PUZDER EWA | | 1982 | K30-39 | 251 | 00:00:28 | 7:20 | 8,2 | 00:18:46 | 00:36:41 | 00:37:09 | 560 | |
| 562 | 187 | TROJANOWSKA PAULINA | | 1984 | K30-39 | 252 | 00:00:54 | 7:20 | 8,2 | 00:18:55 | 00:36:41 | 00:37:35 | 561 | |
| 563 | 189 | BUDZYŃSKA MONIKA | | 1978 | K30-39 | 253 | 00:00:53 | 7:20 | 8,2 | 00:18:46 | 00:36:41 | 00:37:34 | 562 | |
| 564 | 75 | LEWANDOWSKA AGNIESZKA | | 1977 | K40-49 | 111 | 00:01:00 | 7:21 | 8,2 | 00:17:54 | 00:36:43 | 00:37:43 | 563 | |
| 565 | 453 | CICHOŃSKA MAŁGORZATA | | 1971 | K40-49 | 112 | 00:00:30 | 7:21 | 8,2 | 00:17:54 | 00:36:43 | 00:37:13 | 564 | |
| 566 | 529 | KŁOSIŃSKA-PICZ KAROLINA | | 1969 | K40-49 | 113 | 00:00:37 | 7:21 | 8,2 | 00:18:31 | 00:36:45 | 00:37:22 | 565 | |
| 567 | 349 | SROKA AGNIESZKA | | 1990 | K14-29 | 184 | 00:00:52 | 7:22 | 8,2 | 00:18:35 | 00:36:48 | 00:37:40 | 566 | |
| 568 | 733 | WOJNO BARBARA | | 1959 | K50-59 | 16 | 00:00:47 | 7:22 | 8,1 | 00:19:26 | 00:36:50 | 00:37:37 | 567 | |
| 569 | 14 | JASKÓLSKA AGATA | | 1976 | K40-49 | 114 | 00:00:37 | 7:22 | 8,1 | 00:18:36 | 00:36:51 | 00:37:28 | 568 | |
| 570 | 300 | SUSIK PAULA | | 1987 | K30-39 | 254 | 00:00:54 | 7:22 | 8,1 | 00:18:57 | 00:36:52 | 00:37:46 | 569 | |
| 571 | 495 | WIŚNIEWSKA ANNA | | 1988 | K14-29 | 185 | 00:00:31 | 7:23 | 8,1 | 00:18:26 | 00:36:54 | 00:37:25 | 570 | |
| 572 | 173 | CZAIŃSKA EWELINA | | 1983 | K30-39 | 255 | 00:00:10 | 7:23 | 8,1 | 00:17:51 | 00:36:54 | 00:37:04 | 571 | |
| 573 | 370 | OSTROWICKA PATRYCJA | | 1991 | K14-29 | 186 | 00:00:17 | 7:23 | 8,1 | 00:17:40 | 00:36:56 | 00:37:13 | 572 | |
| 574 | 358 | KIŃSKA ANNA | | 1983 | K30-39 | 256 | 00:00:17 | 7:23 | 8,1 | 00:17:39 | 00:36:57 | 00:37:14 | 573 | |
| 575 | 126 | EFENBERGER JOANNA | | 1990 | K14-29 | 187 | 00:01:00 | 7:23 | 8,1 | 00:19:30 | 00:36:57 | 00:37:57 | 574 | |
| 576 | 574 | BŁASZCZYŃSKA MARIA | | 1992 | K14-29 | 188 | 00:00:28 | 7:24 | 8,1 | 00:17:46 | 00:36:58 | 00:37:26 | 575 | |
| 577 | 270 | KASIŃSKA MARTA | MARTA TEAM POLAND | 1983 | K30-39 | 257 | 00:01:03 | 7:24 | 8,1 | 00:19:24 | 00:37:01 | 00:38:04 | 576 | |
| 578 | 566 | KRZYWKOWSKA ROKSANA | MARTA TEAM POLAND :) | 1980 | K30-39 | 258 | 00:01:03 | 7:24 | 8,1 | 00:19:25 | 00:37:01 | 00:38:04 | 577 | |
| 579 | 29 | KWESTARZ BOGUMIŁA | | 1990 | K14-29 | 189 | 00:00:40 | 7:24 | 8,1 | 00:18:26 | 00:37:02 | 00:37:42 | 578 | |
| 580 | 586 | WOLSKA KATARZYNA | | 1984 | K30-39 | 259 | 00:01:03 | 7:24 | 8,1 | 00:19:25 | 00:37:02 | 00:38:05 | 579 | |
| 581 | 446 | WITCZAK SYLWIA | | 1989 | K14-29 | 190 | 00:00:24 | 7:25 | 8,1 | 00:17:52 | 00:37:04 | 00:37:28 | 580 | |
| 582 | 783 | WOŁCZYŃSKA DAGMARA | | 1995 | K14-29 | 191 | 00:01:01 | 7:26 | 8,1 | 00:19:16 | 00:37:08 | 00:38:09 | 581 | |
| 583 | 10 | WOJDALSKA-ŚLEDZIŃSKA AGATA | | 1970 | K40-49 | 115 | 00:00:53 | 7:26 | 8,1 | 00:18:20 | 00:37:09 | 00:38:02 | 582 | |
| 584 | 285 | RÓŻYCKA-ŚPIONEK WIOLETTA | ENGLISH PROJECT / FNP | 1977 | K40-49 | 116 | 00:00:47 | 7:26 | 8,1 | 00:18:44 | 00:37:10 | 00:37:57 | 583 | |
| 585 | 339 | GIEJBA MAŁGORZATA | | 1985 | K30-39 | 260 | 00:00:19 | 7:28 | 8,0 | 00:18:14 | 00:37:19 | 00:37:38 | 584 | |
| 586 | 299 | KUCIĘBA PAULINA | | 1985 | K30-39 | 261 | 00:00:19 | 7:28 | 8,0 | 00:18:14 | 00:37:19 | 00:37:38 | 585 | |
| 587 | 688 | ŁACHETA JOANNA | | 1976 | K40-49 | 117 | 00:00:32 | 7:28 | 8,0 | 00:18:40 | 00:37:22 | 00:37:54 | 586 | |
| 588 | 421 | LEFIK-GAWRYSZCZAK ANNA | | 1973 | K40-49 | 118 | 00:00:50 | 7:29 | 8,0 | 00:19:15 | 00:37:27 | 00:38:17 | 587 | |
| 589 | 641 | WIŚNIK ANITA | | 1984 | K30-39 | 262 | 00:00:24 | 7:30 | 8,0 | 00:19:06 | 00:37:32 | 00:37:56 | 588 | |
| 590 | 434 | BUJACZ MARTA | FUJITSU | 1985 | K30-39 | 263 | 00:01:09 | 7:32 | 8,0 | 00:19:38 | 00:37:38 | 00:38:47 | 589 | |
| 591 | 624 | KASPRZAK EWELINA | | 1977 | K40-49 | 119 | 00:00:17 | 7:32 | 8,0 | 00:18:49 | 00:37:41 | 00:37:58 | 590 | |
| 592 | 679 | KACZYŃSKA ANNA | | 1985 | K30-39 | 264 | 00:01:06 | 7:33 | 7,9 | 00:20:06 | 00:37:47 | 00:38:53 | 591 | |
| 593 | 371 | KOTLIŃSKA-BESTRY IZABELLA | | 1976 | K40-49 | 120 | 00:01:06 | 7:33 | 7,9 | 00:20:06 | 00:37:47 | 00:38:53 | 592 | |
| 594 | 483 | SZYDZIAK-KOWALSKA DOMINIKA | | 1991 | K14-29 | 192 | 00:00:14 | 7:34 | 7,9 | 00:18:09 | 00:37:52 | 00:38:06 | 593 | |
| 595 | 746 | CHARUBA BEATA | | 1983 | K30-39 | 265 | 00:00:04 | 7:35 | 7,9 | 00:17:32 | 00:37:53 | 00:37:57 | 594 | |
| 596 | 509 | BERENT GABRIELA | | 1983 | K30-39 | 266 | 00:00:17 | 7:35 | 7,9 | 00:19:02 | 00:37:53 | 00:38:10 | 595 | |
| 597 | 537 | USIAK KAMILA | NW FORMA NA PIĄTKĘ PABIANICE | 1977 | K40-49 | 121 | 00:01:08 | 7:35 | 7,9 | 00:19:08 | 00:37:54 | 00:39:02 | 596 | |
| 598 | 780 | TABOR-RASZYK ANNA | | 1952 | K60+ | 2 | 00:01:02 | 7:38 | 7,9 | 00:19:33 | 00:38:08 | 00:39:10 | 597 | |
| 599 | 69 | RAJCH MAGDALENA | | 1978 | K30-39 | 267 | 00:00:52 | 7:38 | 7,9 | 00:19:49 | 00:38:10 | 00:39:02 | 598 | |
| 600 | 695 | POŁOMSKA KATARZYNA | | 1980 | K30-39 | 268 | 00:00:22 | 7:38 | 7,9 | 00:18:02 | 00:38:11 | 00:38:33 | 599 | |
| 601 | 578 | PAWŁOWSKA BARBARA | | 1960 | K50-59 | 17 | 00:00:58 | 7:39 | 7,8 | 00:18:52 | 00:38:14 | 00:39:12 | 600 | |
| 602 | 547 | GWIAZDA JUSTYNA | | 1995 | K14-29 | 193 | 00:00:34 | 7:40 | 7,8 | 00:19:12 | 00:38:19 | 00:38:53 | 601 | |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|------------------------------|-----------------|------------|-----------|------------|-------------|--------------|------------|----------|-----------------|-------------|---|-----|
| 603 | 57 | KAŻMIERCZAK JAGODA | | 1987 | K30-39 | 269 | 00:00:22 | 7:40 | 7,8 | 00:19:27 | 00:38:20 | 00:38:42 | | 602 |
| 604 | 49 | WOŹNIAKOWSKA ANNA | | 1978 | K30-39 | 270 | 00:00:17 | 7:40 | 7,8 | 00:18:20 | 00:38:20 | 00:38:37 | | 603 |
| 605 | 106 | GAS ADRIANA | | 1988 | K14-29 | 194 | 00:00:59 | 7:40 | 7,8 | 00:19:06 | 00:38:22 | 00:39:21 | | 604 |
| 606 | 103 | WRZESIŃSKA JOLANTA | | 1972 | K40-49 | 122 | 00:00:59 | 7:40 | 7,8 | 00:19:07 | 00:38:22 | 00:39:21 | | 605 |
| 607 | 546 | RYCHLICA KAROLINA | | 1987 | K30-39 | 271 | 00:00:25 | 7:41 | 7,8 | 00:19:11 | 00:38:27 | 00:38:52 | | 606 |
| 608 | 328 | WIERUCKA MARTYNA | | 1993 | K14-29 | 195 | 00:00:47 | 7:42 | 7,8 | 00:19:47 | 00:38:28 | 00:39:15 | | 607 |
| 609 | 197 | BIENIAS PAULINA | | 1992 | K14-29 | 196 | 00:00:47 | 7:42 | 7,8 | 00:19:48 | 00:38:28 | 00:39:15 | | 608 |
| 610 | 623 | WOŹNIAK LIDIA | | 1992 | K14-29 | 197 | 00:00:46 | 7:42 | 7,8 | 00:19:48 | 00:38:29 | 00:39:15 | | 609 |
| 611 | 179 | FELIKSIAK ALINA | | 1967 | K50-59 | 18 | 00:00:40 | 7:42 | 7,8 | 00:19:24 | 00:38:30 | 00:39:10 | | 610 |
| 612 | 757 | NOJEK NATALIA | BRAK | 1999 | K14-29 | 198 | 00:01:07 | 7:43 | 7,8 | 00:19:30 | 00:38:36 | 00:39:43 | | 611 |
| 613 | 383 | BŁODA KAROLINA | | 1991 | K14-29 | 199 | 00:01:07 | 7:43 | 7,8 | 00:19:43 | 00:38:36 | 00:39:43 | | 612 |
| 614 | 714 | KWIATKOWSKA KATARZYNA | INFOSYS | 1979 | K30-39 | 272 | 00:00:53 | 7:44 | 7,8 | 00:19:33 | 00:38:40 | 00:39:33 | | 613 |
| 615 | 62 | KLEŚTA MARLENA | | 1978 | K30-39 | 273 | 00:00:39 | 7:44 | 7,8 | 00:18:57 | 00:38:40 | 00:39:19 | | 614 |
| 616 | 260 | OSTROWICZ DOROTA | | 1972 | K40-49 | 123 | 00:00:38 | 7:44 | 7,8 | 00:18:57 | 00:38:41 | 00:39:19 | | 615 |
| 617 | 89 | KACZOROWSKA EWA | PSYCHOPRACA.NET | 1989 | K14-29 | 200 | 00:01:05 | 7:44 | 7,8 | 00:20:05 | 00:38:41 | 00:39:46 | | 616 |
| 618 | 224 | KIEŁBIK MAGDALENA | | 1989 | K14-29 | 201 | 00:00:01 | 7:44 | 7,8 | 00:16:25 | 00:38:42 | 00:38:43 | | 617 |
| 619 | 301 | JASIAK ANITA | | 1987 | K30-39 | 274 | 00:01:09 | 7:45 | 7,7 | 00:19:58 | 00:38:45 | 00:39:54 | | 618 |
| 620 | 111 | PALCZEWSKA ANNA | | 1985 | K30-39 | 275 | 00:01:05 | 7:46 | 7,7 | 00:20:10 | 00:38:48 | 00:39:53 | | 619 |
| 621 | 737 | PIETRUSZEWSKA EWA | | 1988 | K14-29 | 202 | 00:01:05 | 7:46 | 7,7 | 00:20:10 | 00:38:48 | 00:39:53 | | 620 |
| 622 | 561 | TRYKACZ JOANNA | | 1978 | K30-39 | 276 | 00:00:58 | 7:46 | 7,7 | 00:19:50 | 00:38:49 | 00:39:47 | | 621 |
| 623 | 318 | SZCZEPAŃSKA KATARZYNA | | 1974 | K40-49 | 124 | 00:00:41 | 7:47 | 7,7 | 00:20:49 | 00:38:57 | 00:39:38 | | 622 |
| 624 | 135 | PRZYBYLSKA-KOSMATKA EMANUELA | | 1986 | K30-39 | 277 | 00:00:42 | 7:48 | 7,7 | 00:19:36 | 00:38:59 | 00:39:41 | | 623 |
| 625 | 17 | PŁOMIŃSKA KAROLINA | | 1976 | K40-49 | 125 | 00:01:02 | 7:48 | 7,7 | 00:20:08 | 00:38:59 | 00:40:01 | | 624 |
| 626 | 205 | KRAWCZAK KAROLINA | | 1988 | K14-29 | 203 | 00:00:42 | 7:48 | 7,7 | 00:19:36 | 00:39:00 | 00:39:42 | | 625 |
| 627 | 237 | DASZYŃSKA KAMILA | | 1985 | K30-39 | 278 | 00:00:19 | 7:50 | 7,7 | 00:19:13 | 00:39:08 | 00:39:27 | | 626 |
| 628 | 468 | KRYSIAK KAROLINA | | 1994 | K14-29 | 204 | 00:00:36 | 7:51 | 7,6 | 00:19:40 | 00:39:13 | 00:39:49 | | 627 |
| 629 | 517 | MISZTELA MAGDALENA | | 1978 | K30-39 | 279 | 00:00:31 | 7:51 | 7,6 | 00:19:30 | 00:39:15 | 00:39:46 | | 628 |
| 630 | 606 | TARANT-ŚLIWIŃSKA INGA | | 1981 | K30-39 | 280 | 00:00:30 | 7:51 | 7,6 | 00:19:30 | 00:39:16 | 00:39:46 | | 629 |
| 631 | 290 | SZCZYGIEŁ KAMILA | | 1977 | K40-49 | 126 | 00:00:06 | 7:52 | 7,6 | 00:18:49 | 00:39:20 | 00:39:26 | | 630 |
| 632 | 758 | ROSOLAK EMILIA | | 1999 | K14-29 | 205 | 00:01:06 | 7:52 | 7,6 | 00:20:15 | 00:39:20 | 00:40:26 | | 631 |
| 633 | 732 | MOKWIŃSKA JULIA | | 2003 | K14-29 | 206 | 00:00:08 | 7:53 | 7,6 | 00:19:11 | 00:39:23 | 00:39:31 | | 632 |
| 634 | 765 | BAROCHA MAGDALENA | | 1989 | K14-29 | 207 | 00:01:06 | 7:53 | 7,6 | 00:20:03 | 00:39:25 | 00:40:31 | | 633 |
| 635 | 216 | FIK KATARZYNA | | 1980 | K30-39 | 281 | 00:00:17 | 7:54 | 7,6 | 00:19:07 | 00:39:31 | 00:39:48 | | 634 |
| 636 | 382 | MIAK LENA | | 2001 | K14-29 | 208 | 00:01:10 | 7:55 | 7,6 | 00:20:26 | 00:39:37 | 00:40:47 | | 635 |
| 637 | 154 | WALCZAK MARIA | | 1979 | K30-39 | 282 | 00:00:53 | 7:59 | 7,5 | 00:19:44 | 00:39:54 | 00:40:47 | | 636 |
| 638 | 759 | WOLSKA JULIA | | 1999 | K14-29 | 209 | 00:01:07 | 7:59 | 7,5 | 00:20:35 | 00:39:55 | 00:41:02 | | 637 |
| 639 | 614 | BUŚ EMILIA | | 1983 | K30-39 | 283 | 00:00:55 | 7:59 | 7,5 | 00:20:25 | 00:39:56 | 00:40:51 | | 638 |
| 640 | 245 | MURAWSKA BEATA | | 1972 | K40-49 | 127 | 00:00:01 | 8:00 | 7,5 | 00:18:53 | 00:40:01 | 00:40:02 | | 639 |
| 641 | 680 | FILIPEK AGNIESZKA | KLUB BOBIKA | 1981 | K30-39 | 284 | 00:00:59 | 8:01 | 7,5 | 00:20:10 | 00:40:04 | 00:41:03 | | 640 |
| 642 | 252 | DRABENT MAŁGORZATA | SP 189 ŁÓDŹ | 1957 | K60+ | 3 | 00:00:22 | 8:02 | 7,5 | 00:20:45 | 00:40:09 | 00:40:31 | | 641 |
| 643 | 677 | URJASZ IZABELA | | 1980 | K30-39 | 285 | 00:00:09 | 8:02 | 7,5 | 00:20:42 | 00:40:10 | 00:40:19 | | 642 |
| 644 | 691 | GLISZCZYŃSKA KATARZYNA | | 1976 | K40-49 | 128 | 00:00:08 | 8:02 | 7,5 | 00:18:19 | 00:40:11 | 00:40:19 | | 643 |
| 645 | 526 | OBIDOWSKA PAULINA | | 1979 | K30-39 | 286 | 00:00:08 | 8:02 | 7,5 | 00:20:42 | 00:40:11 | 00:40:19 | | 644 |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|----------------------------|-------------------|------------|-----------|------------|-------------|--------------|------------|----------|-----------------|-------------|---|-----|
| 646 | 683 | JUSZCZYŃSKA KATARZYNA | | 1976 | K40-49 | 129 | 00:01:09 | 8:03 | 7,5 | 00:20:34 | 00:40:13 | 00:41:22 | | 645 |
| 647 | 715 | ANCUTA JULITA | | 1965 | K50-59 | 19 | 00:00:25 | 8:04 | 7,4 | 00:19:11 | 00:40:20 | 00:40:45 | | 646 |
| 648 | 63 | ORŁOWSKA EWA | | 1986 | K30-39 | 287 | 00:00:26 | 8:05 | 7,4 | 00:19:27 | 00:40:27 | 00:40:53 | | 647 |
| 649 | 87 | SKONECZNA RENATA | | 1974 | K40-49 | 130 | 00:00:10 | 8:09 | 7,4 | 00:19:39 | 00:40:44 | 00:40:54 | | 648 |
| 650 | 212 | STAWSKA ELŻBIETA | | 1975 | K40-49 | 131 | 00:00:18 | 8:12 | 7,3 | 00:20:55 | 00:41:02 | 00:41:20 | | 649 |
| 651 | 739 | GRABOWSKA KAROLINA | | 1978 | K30-39 | 288 | 00:00:01 | 8:13 | 7,3 | 00:19:12 | 00:41:07 | 00:41:08 | | 650 |
| 652 | 138 | JAKUBIAK MONIKA | | 1980 | K30-39 | 289 | 00:00:07 | 8:14 | 7,3 | 00:19:31 | 00:41:11 | 00:41:18 | | 651 |
| 653 | 652 | KAMIŃSKA SYLWIA | | 1988 | K14-29 | 210 | 00:00:32 | 8:17 | 7,2 | 00:20:45 | 00:41:26 | 00:41:58 | | 652 |
| 654 | 396 | CABAN AGNIESZKA | | 1976 | K40-49 | 132 | 00:00:33 | 8:17 | 7,2 | 00:20:15 | 00:41:27 | 00:42:00 | | 653 |
| 655 | 397 | KOŚCIELNA BASIA | | 1989 | K14-29 | 211 | 00:00:32 | 8:18 | 7,2 | 00:20:15 | 00:41:28 | 00:42:00 | | 654 |
| 656 | 698 | URZĘDOWICZ BEATA | | 1970 | K40-49 | 133 | 00:01:10 | 8:18 | 7,2 | 00:21:46 | 00:41:29 | 00:42:39 | | 655 |
| 657 | 264 | DĘBSKA DOROTA | SP189 | 1957 | K60+ | 4 | 00:00:21 | 8:22 | 7,2 | 00:20:45 | 00:41:48 | 00:42:09 | | 656 |
| 658 | 484 | BORZUCHOWSKA MONIKA | | 1974 | K40-49 | 134 | 00:00:23 | 8:23 | 7,2 | 00:21:10 | 00:41:55 | 00:42:18 | | 657 |
| 659 | 249 | WOJCIECHOWSKA MONIKA | | 1982 | K30-39 | 290 | 00:00:22 | 8:23 | 7,2 | 00:21:10 | 00:41:56 | 00:42:18 | | 658 |
| 660 | 709 | BEREŻEWSKA IZABELA | | 1991 | K14-29 | 212 | 00:01:10 | 8:24 | 7,1 | 00:21:36 | 00:42:01 | 00:43:11 | | 659 |
| 661 | 710 | MARCZAK ALEKSANDRA | | 1991 | K14-29 | 213 | 00:01:10 | 8:24 | 7,1 | 00:21:36 | 00:42:01 | 00:43:11 | | 660 |
| 662 | 204 | KOLIŃSKA AGNIESZKA | | 1978 | K30-39 | 291 | 00:00:34 | 8:25 | 7,1 | 00:20:11 | 00:42:07 | 00:42:41 | | 661 |
| 663 | 654 | HERCZYŃSKA KAMILA | | 1995 | K14-29 | 214 | 00:00:25 | 8:26 | 7,1 | 00:20:12 | 00:42:11 | 00:42:36 | | 662 |
| 664 | 692 | FRĄCZKIEWICZ-BŁOCKA MONIKA | | 1976 | K40-49 | 135 | 00:00:42 | 8:27 | 7,1 | 00:21:10 | 00:42:14 | 00:42:56 | | 663 |
| 665 | 556 | SZYMCZAK PATRYCJA | UPS GBS | 1976 | K40-49 | 136 | 00:00:19 | 8:28 | 7,1 | 00:21:03 | 00:42:21 | 00:42:40 | | 664 |
| 666 | 475 | KRAJEWSKA KATARZYNA | CLARIANT | 1978 | K30-39 | 292 | 00:00:55 | 8:29 | 7,1 | 00:21:28 | 00:42:25 | 00:43:20 | | 665 |
| 667 | 55 | OLSZÓWKA ALEKSANDRA | | 1980 | K30-39 | 293 | 00:00:23 | 8:30 | 7,1 | 00:21:02 | 00:42:30 | 00:42:53 | | 666 |
| 668 | 554 | LASOTA AGNIESZKA | UPS GBS | 1975 | K40-49 | 137 | 00:00:20 | 8:33 | 7,0 | 00:21:03 | 00:42:47 | 00:43:07 | | 667 |
| 669 | 471 | CIARCIŃSKA ELŻBIETA | | 1977 | K40-49 | 138 | 00:00:49 | 8:37 | 7,0 | 00:21:05 | 00:43:04 | 00:43:53 | | 668 |
| 670 | 474 | TOMASZEWSKA IZABELA | CLARIANT | 1982 | K30-39 | 294 | 00:00:55 | 8:38 | 6,9 | 00:23:05 | 00:43:10 | 00:44:05 | | 669 |
| 671 | 560 | KULIŃSKA WIOLETTA | | 1989 | K14-29 | 215 | 00:00:10 | 8:38 | 6,9 | 00:20:33 | 00:43:11 | 00:43:21 | | 670 |
| 672 | 506 | KOPER BEATA IWONA | | 1970 | K40-49 | 139 | 00:04:19 | 8:46 | 6,8 | 00:26:21 | 00:43:52 | 00:48:11 | | 671 |
| 673 | 65 | KAZIMIERCZAK ALEKSANDRA | | 1980 | K30-39 | 295 | 00:00:15 | 8:47 | 6,8 | 00:21:17 | 00:43:55 | 00:44:10 | | 672 |
| 674 | 76 | ZUBA MAŁGORZATA | | 1976 | K40-49 | 140 | 00:00:58 | 8:51 | 6,8 | 00:22:51 | 00:44:17 | 00:45:15 | | 673 |
| 675 | 118 | LEŚNICZAK ALEKSANDRA | | 1976 | K40-49 | 141 | 00:00:57 | 8:52 | 6,8 | 00:22:52 | 00:44:18 | 00:45:15 | | 674 |
| 676 | 302 | KOWALEWSKA MONIKA | | 1980 | K30-39 | 296 | 00:01:01 | 8:52 | 6,8 | 00:23:07 | 00:44:19 | 00:45:20 | | 675 |
| 677 | 265 | WOŹNIAK MONIKA | | 1982 | K30-39 | 297 | 00:01:01 | 8:52 | 6,8 | 00:23:07 | 00:44:19 | 00:45:20 | | 676 |
| 678 | 139 | KUBICKA LIDIA | | 1984 | K30-39 | 298 | 00:00:07 | 9:12 | 6,5 | 00:22:07 | 00:46:01 | 00:46:08 | | 677 |
| 679 | 222 | HABIB AMALIA | | 1993 | K14-29 | 216 | 00:00:54 | 9:51 | 6,1 | 00:25:08 | 00:49:15 | 00:50:09 | | 678 |
| 680 | 550 | BRANDEBURG OLA | UPS GBS | 1981 | K30-39 | 299 | 00:00:20 | 9:58 | 6,0 | 00:25:08 | 00:49:49 | 00:50:09 | | 679 |
| 681 | 667 | KRYSTECKA ALEKSANDRA | | 1983 | K30-39 | 300 | 00:00:44 | 10:19 | 5,8 | 00:25:59 | 00:51:36 | 00:52:20 | | 680 |
| 682 | 774 | MATUSIAK SYLWIA | | 1986 | K30-39 | 301 | 00:00:44 | 10:19 | 5,8 | 00:25:59 | 00:51:36 | 00:52:20 | | 681 |
| 683 | 198 | DAMAZ ŻANETA | ŁÓDŹ KOCHA SPORT | 1993 | K14-29 | 217 | 00:01:11 | 10:33 | 5,7 | 00:26:32 | 00:52:43 | 00:53:54 | | 682 |
| 684 | 775 | MAZURCZAK EWA | | 1977 | K40-49 | 142 | 00:01:11 | 10:33 | 5,7 | 00:26:32 | 00:52:43 | 00:53:54 | | 683 |
| 685 | 418 | PORADA BASIA | | 1984 | K30-39 | 302 | 00:00:29 | 10:41 | 5,6 | 00:26:32 | 00:53:24 | 00:53:53 | | 684 |
| | 700 | WIĄCZKIEWICZ PIOTR | ŁÓDŹ RUNNING TEAM | 1983 | Mopen | | 00:00:28 | 4:47 | 12,5 | 00:12:35 | 00:23:57 | DSQ | | |
| | 767 | STRZELECKI JAKUB | | 1964 | Mopen | | 00:00:02 | 5:04 | 11,8 | 00:12:19 | 00:25:21 | DSQ | | |
| | 618 | CZAPLA PIOTR | | 1987 | Mopen | | 00:01:10 | 5:39 | 10,6 | 00:15:20 | 00:28:15 | DSQ | | |

KOBIETA W BIEGU - ZAWSZE PIER(w)SI 2017

Organizator: Stowarzyszenie Energia Życia

Data: 25 czerwca 2017

Dystans: 5 km

Miejscowość: ŁÓDŹ

OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Klub | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 2,5 km | Czas netto | Czas Brutto | M | K |
|------|---------|---------------------|-------------------|------------|-----------|------------|-------------|--------------|------------|----------|-----------------|-------------|---|---|
| | 431 | NOWAKOWSKI TOMASZ | | 1971 | Mopen | | 00:00:41 | 6:10 | 9,7 | 00:16:18 | 00:30:49 | DSQ | | |
| | 410 | KŁODNICKI ARKADIUSZ | | 1987 | Mopen | | 00:00:32 | 6:12 | 9,7 | 00:15:29 | 00:31:01 | DSQ | | |
| | 764 | MUNTEAN ANDRZEJ | INFOSYS RUN | 1987 | Mopen | | 00:00:59 | 6:17 | 9,5 | 00:17:33 | 00:31:26 | DSQ | | |
| | 425 | KURC DAWID | | 1979 | Mopen | | 00:00:08 | 6:19 | 9,5 | 00:16:27 | 00:31:34 | DSQ | | |
| | 662 | MEJSNER TOMASZ | | 1990 | Mopen | | 00:00:04 | 6:35 | 9,1 | 00:16:26 | 00:32:57 | DSQ | | |
| | 782 | DOŁOWY PAWEŁ | | 1982 | Mopen | | 00:00:29 | 7:03 | 8,5 | 00:18:10 | 00:35:17 | DSQ | | |
| | 685 | KOŁBA KAROL | MARTA TEAM POLAND | 1990 | Mopen | | 00:01:04 | 7:24 | 8,1 | 00:19:25 | 00:37:00 | DSQ | | |
| | 341 | SZEWczyk ARKADIUSZ | DZIKI DZIK | 1985 | Mopen | | 00:01:05 | 7:46 | 7,7 | 00:20:10 | 00:38:48 | DSQ | | |
| | 616 | WOJDYŁA DOMINIK | | 1988 | Mopen | | 00:00:57 | 7:59 | 7,5 | 00:20:25 | 00:39:54 | DSQ | | |