

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 km

Organizator: PFNW
 Data: 2016-10-02
 Miejsce: Wrocław
 Dystans: 10 km


WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 km, K-OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.95km	5km	7.45km	7.5km	9.95km	Netto	min/km	km/h
1	ZACZYŃSKA ANNA	533	KS METRACO POLKOWICE	LUBIN	POLSKA	K-OPEN	1	K 1	00:32:13	00:32:42	00:49:04	00:49:34	01:06:13	01:06:40.50	6:40	9
2	DZIURA BEATA	504		WAŁBRZYCH	POLSKA	K-OPEN	2	K 2	00:33:27	00:33:58	00:51:03	00:51:32	01:08:50	01:09:18.10	6:55	8.7
3	MOŻDŻEŃ BARBARA	522		GNEZNO	POLSKA	K-OPEN	3	K 3	00:35:14	00:35:47	00:53:34	00:54:06	01:11:52	01:12:23.90	7:14	8.3
4	KOWALCZYK EDYTA	513	KS METRACO POLKOWICE	WAŁBRZYCH	POLSKA	K-OPEN	4	K 4	00:35:28	00:36:00	00:53:50	00:54:22	01:12:13	01:12:44.25	7:16	8.2
5	PEŁCZYŃSKA ANNA	524	KS METRACO POLKOWICE	WAŁBRZYCH	POLSKA	K-OPEN	5	K 5	00:35:34	00:36:08	00:54:08	00:54:41	01:13:00	01:13:33.45	7:21	8.2
6	PŁOCINIĄK KASIA	526	SANTANDER CONSUMER BANK SA	WROCLAW	POLSKA	K-OPEN	6	K 6	00:36:08	00:36:40	00:54:47	00:55:19	01:13:35	01:14:06.30	7:24	8.1
7	POSTEK DANUTA	527	MARSZ PO ZDROWIE	POZNAŃ	POLSKA	K-OPEN	7	K 7	00:36:59	00:37:33	00:56:19	00:56:54	01:15:24	01:15:56.70	7:35	7.9
8	JEZIERSKA JOLANTA	508	RIGHTWAY	WROCLAW	POLSKA	K-OPEN	8	K 8	00:36:36	00:37:11	00:56:04	00:56:39	01:15:40	01:16:12.55	7:37	7.9
9	KIDAWA DANUTA	510	SANTANDER CONSUMER BANK SA	WROCLAW	POLSKA	K-OPEN	9	K 9	00:39:51	00:40:28	01:00:42	01:01:20	01:21:33	01:22:09.35	8:13	7.3
10	BUBEL ANNA	502		WROCLAW	POLSKA	K-OPEN	10	K 10	00:41:33	00:42:11	01:02:18	01:02:54	01:23:18	01:23:55.60	8:23	7.1
11	OTOK AGNIESZKA	523		WROCLAW	POLSKA	K-OPEN	11	K 11	00:41:37	00:42:15	01:02:22	01:03:00	01:23:23	01:24:07.80	8:24	7.1
12	BARTNIK ANNA	500	SANTANDER CONSUMER BANK SA	OLEŚNICA	POLSKA	K-OPEN	12	K 12	00:42:17	00:42:56	01:03:28	01:04:06	01:24:32	01:25:08.90	8:30	7
13	GÓRKA DOROTA	506		WROCLAW	POLSKA	K-OPEN	13	K 13	00:42:21	00:43:02	01:03:32	01:04:10	01:24:36	01:25:14.85	8:31	7
14	ŁUKASZEWSKA MAŁGORZATA	519		KATOWICE	POLSKA	K-OPEN	14	K 14	00:42:20	00:43:00	01:03:56	01:04:37	01:25:35	01:26:17.85	8:37	7
15	WOŁCZYŃSKA DAGMARA	537		ŁÓDŹ	POLSKA	K-OPEN	15	K 15	00:43:04	00:43:42	01:05:18	01:05:59	01:28:29	01:29:09.75	8:55	6.7
16	BELA BEATA	536		WROCLAW	POLSKA	K-OPEN	16	K 16	00:43:05	00:43:44	01:05:20	01:06:00	01:28:30	01:29:10.20	8:55	6.7
17	PIETRZAK BEATA	539		WROCLAW	POLSKA	K-OPEN	17	K 17	00:43:13	00:43:54	01:05:41	01:06:25	01:29:11	01:29:52.10	8:59	6.7
18	SZUREK MAGDALENA	531		WROCLAW	POLSKA	K-OPEN	18	K 18	00:43:05	00:43:47	01:05:42	01:06:26	01:29:12	01:29:53.10	8:59	6.7
19	LIPIŃSKA URSZULA	518	FACE NORDIC WALKING TEAM	DĘBLIN	POLSKA	K-OPEN	19	K 19	00:43:31	00:44:11	01:06:18	01:06:58	01:29:21	01:30:00.15	9:00	6.7
20	MAY-SADOWSKA ANNA	541		WROCLAW	POLSKA	K-OPEN	20	K 20	00:45:38	00:46:25	01:09:54	01:10:41	01:34:41	01:35:28.40	9:32	6.3

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 km, M-OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.95km	5km	7.45km	7.5km	9.95km	Netto	min/km	km/h
1	SKIBA KRZYSZTOF	530	KS METRACO POLKOWICE/ ZG POLKOWICE	POLKOWICE	POLSKA	M-OPEN	1	M 1	00:28:44	00:29:10	00:43:40	00:44:04	00:59:00	00:59:26.65	5:56	10.1
2	PEŁCZYŃSKI KONRAD	525	KS METRACO POLKOWICE	WAŁBRZYCH	POLSKA	M-OPEN	2	M 2	00:31:04	00:31:33	00:47:20	00:47:51	01:04:06	01:04:33.85	6:27	9.3
3	KUBIAK TOMASZ	516	KB HARCOWNIK	JELCZ-LASKOWICE	POLSKA	M-OPEN	3	M 3	00:31:21	00:31:49	00:47:57	00:48:26	01:04:16	01:04:41.65	6:28	9.3
4	CHMIELEWSKI MICHAŁ	503	RIGHTWAY	WROCLAW	POLSKA	M-OPEN	4	M 4	00:34:31	00:35:02	00:52:27	00:52:58	01:10:18	01:10:48.00	7:04	8.5
5	KASPRZAK IRENEUSZ	509	NORDIC WALKING WE WROCLAWIU	WROCLAW	POLSKA	M-OPEN	5	M 5	00:34:38	00:35:10	00:52:41	00:53:11	01:10:28	01:10:57.55	7:05	8.5
6	MAZIAKOWSKI KRZYSZTOF	534	MAZIAKOWSKI RUNNING TEAM	OPOLE	POLSKA	M-OPEN	6	M 6	00:36:27	00:37:00	00:54:50	00:55:21	01:12:51	01:13:20.95	7:20	8.2
7	KRUPIŃSKI JACEK	540		WROCLAW	POLSKA	M-OPEN	7	M 7	00:38:05	00:38:40	00:56:58	00:57:30	01:15:15	01:15:47.40	7:34	7.9
8	GODZIŃSKI PAWEŁ	505		MILEJEWO	POLSKA	M-OPEN	8	M 8	00:37:25	00:37:59	00:56:30	00:57:03	01:15:36	01:16:10.30	7:37	7.9
9	MACIĄG ANDRZEJ	521	ACTEAM	WROCLAW	POLSKA	M-OPEN	9	M 9	00:38:50	00:39:26	00:58:43	00:59:19	01:18:06	01:18:37.55	7:51	7.6
10	SZUREK TOMASZ	538		WROCLAW	POLSKA	M-OPEN	10	M 10	00:38:51	00:39:28	00:58:44	00:59:20	01:18:10	01:18:47.70	7:52	7.6
11	KRZYŚCIN RAFAŁ	515	SANTANDER CONSUMER BANK SA	WROCLAW	POLSKA	M-OPEN	11	M 11	00:39:57	00:40:33	01:00:54	01:01:32	01:22:05	01:22:39.75	8:16	7.3
12	ŁUKASZEWSKI ADAM	520		KATOWICE	POLSKA	M-OPEN	12	M 12	00:41:11	00:41:49	01:02:16	01:02:54	01:23:08	01:23:44.15	8:22	7.2
13	RAGANOWICZ KRZESIMIR	535		WROCLAW	POLSKA	M-OPEN	13	M 13	00:41:11	00:41:50	01:02:17	01:02:55	01:23:10	01:23:45.70	8:22	7.2
14	BARTNIK ROBERT	501	SANTANDER CONSUMER BANK SA	OLEŚNICA	POLSKA	M-OPEN	14	M 14	00:45:54	00:46:32	01:07:00	01:07:35	01:28:08	01:28:47.50	8:52	6.8
15	KONSTANCIĄK PIOTR	511	SANTANDER CONSUMER BANK SA	WROCLAW	POLSKA	M-OPEN	15	M 15	00:45:55	00:46:36	01:07:06	01:07:44	01:28:10	01:28:48.40	8:52	6.8
16	SZYMCZYK MACIEJ	532	SANTANDER CONSUMER BANK SA	WROCLAW	POLSKA	M-OPEN	16	M 16	00:45:58	00:46:38	01:07:08	01:07:47	01:28:12	01:28:51.15	8:53	6.8
17	GÓRKA JAROSŁAW	507		WROCLAW	POLSKA	M-OPEN	17	M 17	00:45:58	00:46:39	01:07:08	01:07:47	01:28:13	01:28:51.40	8:53	6.8
18	KOPROWSKI TOMASZ	512		OLAWA	POLSKA	M-OPEN	18	M 18	00:46:36	00:47:17	01:08:50	01:09:31	01:32:03	01:32:43.25	9:16	6.5