

II Bieg Zajęczka Wielkanocnego

Wyniki OPEN 10km Poznań 2016-03-26

Wyniki nieoficjalne



| Msc open | Nr start | Nazwisko i imię | Miejsowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|---|---------------------------------------|--------|-----|---------|---------|---------|----------------|--------------|-------------|
| 1 | 707 | Boscarini Jacopo |  Porto Santo Stefano | Trisport Costa d' Argento | 1989 | M20 | 1. | 1. | 0:16:39 | 0:33:52 | 03:23 | 0:33:53 |
| 2 | 734 | Druciarek Jarosław |  Szprotawa | 10 BK Panc | 1987 | M20 | 2. | 2. | 0:18:31 | 0:36:59 | 03:41 | 0:36:59 |
| 3 | 93 | Rutka Marek |  Poznań | Maratończyk Poznań | 1978 | M30 | 1. | 3. | 0:18:23 | 0:37:00 | 03:42 | 0:37:01 |
| 4 | 735 | Piskulski Adam |  Żagań | 10 BK Panc | 1980 | M30 | 2. | 4. | 0:18:46 | 0:37:20 | 03:44 | 0:37:20 |
| 5 | 146 | Otocki Grzegorz |  Poznań | Posnania RBW | 1983 | M30 | 3. | 5. | 0:19:14 | 0:38:44 | 03:52 | 0:38:46 |
| 6 | 578 | Pękala Łukasz |  Poznań | | 1992 | M20 | 3. | 6. | 0:19:10 | 0:39:06 | 03:54 | 0:39:08 |
| 7 | 718 | Kazymyrow Aleksandr |  Ukraina | | 1982 | M30 | 4. | 7. | 0:19:40 | 0:39:21 | 03:56 | 0:39:21 |
| 8 | 467 | Brzozowski Szymon |  Włocławek | WIKI Polska | 1981 | M30 | 5. | 8. | 0:19:41 | 0:40:41 | 04:04 | 0:40:46 |
| 9 | 662 | Dutkiewicz Maciej |  Toruń | | 1982 | M30 | 6. | 9. | 0:20:26 | 0:40:47 | 04:04 | 0:40:49 |
| 10 | 717 | Kazymyrowa Olha |  Ukraina | | 1975 | K40 | 1. | 1. | 0:20:04 | 0:40:50 | 04:05 | 0:40:50 |
| 11 | 449 | Rogowski Paweł |  Swarzędz | | 1994 | M20 | 4. | 10. | 0:20:16 | 0:40:55 | 04:05 | 0:40:56 |
| 12 | 271 | Łukasik Adrian |  Poznań | Unilever Poznań | 1987 | M20 | 5. | 11. | 0:20:14 | 0:40:55 | 04:05 | 0:40:57 |
| 13 | 31 | Bieleń Bartosz |  Luboń | | 1980 | M30 | 7. | 12. | 0:20:15 | 0:41:13 | 04:07 | 0:41:15 |
| 14 | 269 | Błażutycz Paweł |  Cieszków | KS KROTOSZ KROTOSZYN | 1973 | M40 | 1. | 13. | 0:20:28 | 0:41:20 | 04:08 | 0:41:24 |
| 15 | 548 | Krakowski Piotr |  Międzyrzecz | | 1990 | M20 | 6. | 14. | 0:20:15 | 0:41:25 | 04:08 | 0:41:28 |
| 16 | 475 | Matuszewski Krzysztof |  Poznań | Cybina Team/Splawie | 1991 | M20 | 7. | 15. | 0:20:05 | 0:41:51 | 04:11 | 0:41:53 |
| 17 | 242 | Miska Mateusz |  Poznań | | 1993 | M20 | 8. | 16. | 0:20:34 | 0:42:15 | 04:13 | 0:42:17 |
| 18 | 2 | PAPRZYCKI RAFAŁ |  Poznań | Maratończyk Poznań | 1976 | M40 | 2. | 17. | 0:20:46 | 0:42:25 | 04:14 | 0:42:25 |
| 19 | 13 | Wyka Szymon |  Poznań | GB Wielkopolscy Biegacze / 6.bchem SP | 1990 | M20 | 9. | 18. | 0:20:19 | 0:43:25 | 04:20 | 0:43:27 |
| 20 | 563 | Wojtkowiak Michał |  Poznań | Drużyna szpik | 1979 | M30 | 8. | 19. | 0:21:14 | 0:43:28 | 04:20 | 0:43:33 |
| 21 | 664 | Majewski Dariusz |  Poznań | | 1990 | M20 | 10. | 20. | 0:20:52 | 0:43:29 | 04:20 | 0:43:31 |
| 22 | 741 | Petza Maciej |  Poznań | | 1966 | M50 | 1. | 21. | 0:21:39 | 0:43:49 | 04:22 | 0:43:55 |
| 23 | 166 | Aleksandrowicz |  Poznań | | 1983 | M30 | 9. | 22. | 0:21:45 | 0:43:52 | 04:23 | 0:43:56 |




| Msc open | Nr start | Nazwisko i imię | Miejsowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|--------------------|---|----------------------------------|--------|-----|---------|---------|---------|----------------|--------------|-------------|
| 24 | 616 | Występski Janusz |  Gniezno | DRUŻYNA SZPIKU / KB MANIAC | 1972 | M40 | 3. | 23. | 0:21:49 | 0:43:56 | 04:23 | 0:44:03 |
| 25 | 19 | Dąbrowski Dawid |  Murowana Goślina | KB Katorżnik Murowana Goślina | 1990 | M20 | 11. | 24. | 0:21:43 | 0:43:58 | 04:23 | 0:44:02 |
| 26 | 582 | Krawczak Oskar |  Stargard | | 1998 | M16 | 1. | 25. | 0:21:45 | 0:43:59 | 04:23 | 0:44:01 |
| 27 | 691 | Kędzior Mateusz |  Poznań | Wyspy Wielkanocne | 1973 | M40 | 4. | 26. | 0:21:44 | 0:44:02 | 04:24 | 0:44:07 |
| 28 | 513 | Kasprzak Maciej |  Nowe Miasto nad Wartą | | 1989 | M20 | 12. | 27. | 0:21:54 | 0:44:07 | 04:24 | 0:44:12 |
| 29 | 599 | Antowski Tomasz |  Poznań | Hernik Team | 1966 | M50 | 2. | 28. | 0:21:50 | 0:44:07 | 04:24 | 0:44:09 |
| 30 | 275 | Gielewski Robert |  Powidz | 33 Baza Lotnictwa Transportowego | 1986 | M30 | 10. | 29. | 0:21:36 | 0:44:19 | 04:25 | 0:44:22 |
| 31 | 15 | Walczak Robert |  Zielona Góra | City Trail Team + parkrun Poznań | 1980 | M30 | 11. | 30. | 0:21:05 | 0:44:23 | 04:26 | 0:44:29 |
| 32 | 29 | Stremich Patryk |  Poznań | | 1989 | M20 | 13. | 31. | 0:21:42 | 0:44:45 | 04:28 | 0:44:50 |
| 33 | 624 | Bąkowski Jacek |  Konin | Geberit Koło | 1971 | M40 | 5. | 32. | 0:22:05 | 0:45:02 | 04:30 | 0:45:09 |
| 34 | 357 | Szofer Piotr |  Plewiska | | 1989 | M20 | 14. | 33. | 0:21:55 | 0:45:22 | 04:32 | 0:45:27 |
| 35 | 730 | Sęk Paweł |  Zgierz | | 1978 | M30 | 12. | 34. | 0:22:11 | 0:45:32 | 04:33 | 0:45:32 |
| 36 | 483 | Lutomska Dorota |  Oborniki | | 1982 | K30 | 1. | 2. | 0:22:33 | 0:45:35 | 04:33 | 0:45:38 |
| 37 | 244 | Bekasiak Mikołaj |  Szamotuły | Także tego... | 1990 | M20 | 15. | 35. | 0:22:40 | 0:45:42 | 04:34 | 0:45:49 |
| 38 | 602 | Twardowski Maciej |  Złotniki | Rusałka Team | 1986 | M30 | 13. | 36. | 0:23:15 | 0:45:52 | 04:35 | 0:46:41 |
| 39 | 706 | Kundys Karolina |  Warszawa | Parkrun Ursynów | 1983 | K30 | 2. | 3. | 0:23:04 | 0:46:02 | 04:36 | 0:46:04 |
| 40 | 538 | Będzikowski Kamil |  swarzędz | Polonez team | 1992 | M20 | 16. | 37. | 0:22:30 | 0:46:03 | 04:36 | 0:46:50 |
| 41 | 134 | Kowalczyk Rafał |  Poznań | | 1988 | M20 | 17. | 38. | 0:22:27 | 0:46:05 | 04:36 | 0:46:09 |
| 42 | 539 | Piotrowski Maciek |  swarzędz | Polonez team | 1992 | M20 | 18. | 39. | 0:22:34 | 0:46:19 | 04:37 | 0:47:07 |
| 43 | 688 | Jędraszczak Marek |  Poznań | | 1960 | M50 | 3. | 40. | 0:22:50 | 0:46:27 | 04:38 | 0:46:31 |
| 44 | 351 | targosz wojciech |  opalenica | | 1976 | M40 | 6. | 41. | 0:23:15 | 0:46:28 | 04:38 | 0:47:17 |
| 45 | 657 | Pawlowski Grzegorz |  Poznan | | 1981 | M30 | 14. | 42. | 0:23:01 | 0:46:34 | 04:39 | 0:46:37 |
| 46 | 613 | MARCINIAK |  KOŹMIN WLKP | KS KROTOSZ KROTOSZYN | 1976 | M40 | 7. | 43. | 0:22:56 | 0:46:35 | 04:39 | 0:46:41 |
| 47 | 263 | Obal Macin |  Zduny | KS KROTOSZ KROTOSZYN | 1982 | M30 | 15. | 44. | 0:22:56 | 0:46:35 | 04:39 | 0:46:41 |
| 48 | 562 | Kuczyński Piotr |  Poznań | NKB CHYŻY Nowy Tomyśl | 1956 | M60 | 1. | 45. | 0:23:13 | 0:46:41 | 04:40 | 0:46:48 |
| 49 | 690 | Wojtczak Marzena |  Poznań | | 1969 | K40 | 2. | 4. | 0:23:35 | 0:46:41 | 04:40 | 0:46:47 |



| Msc open | Nr start | Nazwisko i imię |  | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|---|-------------------|---------------------------|--------|-----|---------|---------|---------|----------------|--------------|-------------|
| 50 | 3 | Rosa Jarosław |  | Poznań | Maratończyk Poznań | 1976 | M40 | 8. | 46. | 0:23:29 | 0:46:43 | 04:40 | 0:46:46 |
| 51 | 116 | Pokotycki Denis |  | Kostrzyn nad Odrą | Otomo STP / Programa.pl | 1990 | M20 | 19. | 47. | 0:22:52 | 0:46:45 | 04:40 | 0:46:51 |
| 52 | 494 | Szymański Dariusz |  | Poznań | | 1974 | M40 | 9. | 48. | 0:22:40 | 0:46:46 | 04:40 | 0:46:49 |
| 53 | 41 | Osmański Damian |  | Poznań | Jeżyce Biegają | 1978 | M30 | 16. | 49. | 0:23:06 | 0:47:14 | 04:43 | 0:48:05 |
| 54 | 74 | Kruk Przemysław |  | Poznań | Night Runners | 1991 | M20 | 20. | 50. | 0:23:22 | 0:47:19 | 04:43 | 0:48:15 |
| 55 | 201 | Zajac Krystian |  | Poznań | Drużyna Bartka | 1988 | M20 | 21. | 51. | 0:23:09 | 0:47:24 | 04:44 | 0:47:28 |
| 56 | 584 | Nowak Marcin |  | Poznań | Fc Dolina | 1992 | M20 | 22. | 52. | 0:22:13 | 0:47:25 | 04:44 | 0:48:14 |
| 57 | 438 | Rodríguez Jose |  | Poznan | | 1982 | M30 | 17. | 53. | 0:23:08 | 0:47:28 | 04:44 | 0:47:33 |
| 58 | 553 | Wulbach Bartosz |  | Mieczewo | | 1992 | M20 | 23. | 54. | 0:23:42 | 0:47:38 | 04:45 | 0:48:38 |
| 59 | 341 | Sioma Konrad |  | Rokietnica | Rokietnica Biega | 1983 | M30 | 18. | 55. | 0:23:17 | 0:47:49 | 04:46 | 0:47:56 |
| 60 | 580 | Szuszczynski Michał |  | Poznań | | 1976 | M40 | 10. | 56. | 0:24:41 | 0:47:56 | 04:47 | 0:48:50 |
| 61 | 165 | Chojniak Wiesław |  | Poznań | Parkrun Poznań | 1973 | M40 | 11. | 57. | 0:23:31 | 0:47:57 | 04:47 | 0:48:03 |
| 62 | 266 | Nowacki Bartosz |  | Poznań | Drużyna Rezerwistów | 1988 | M20 | 24. | 58. | 0:23:42 | 0:47:59 | 04:47 | 0:48:49 |
| 63 | 36 | Urbanowicz Paweł |  | Koszalin | | 1991 | M20 | 25. | 59. | 0:23:50 | 0:48:04 | 04:48 | 0:48:59 |
| 64 | 314 | Meller Marcin |  | Luboń | Luboński Klub Biegacza | 1983 | M30 | 19. | 60. | 0:24:01 | 0:48:08 | 04:48 | 0:48:14 |
| 65 | 128 | Rajch Leszek |  | Września | | 1982 | M30 | 20. | 61. | 0:23:56 | 0:48:11 | 04:49 | 0:48:59 |
| 66 | 136 | Rochowski Piotr |  | Stalowa Wola | SKB Stalowa Wola | 1962 | M50 | 4. | 62. | 0:23:57 | 0:48:11 | 04:49 | 0:49:02 |
| 67 | 469 | Jusik Bartosz |  | Luboń | - | 1988 | M20 | 26. | 63. | 0:24:16 | 0:48:12 | 04:49 | 0:49:18 |
| 68 | 251 | Kucharski Michał |  | Luboń | Piotr i Paweł Marka Formy | 1981 | M30 | 21. | 64. | 0:23:23 | 0:48:13 | 04:49 | 0:49:00 |
| 69 | 4 | Cetner Magdalena |  | Poznań | Maratończyk Poznań | 1973 | K40 | 3. | 5. | 0:23:20 | 0:48:29 | 04:50 | 0:48:32 |
| 70 | 218 | Draber Piotr |  | Poznań | | 1991 | M20 | 27. | 65. | 0:23:24 | 0:48:29 | 04:50 | 0:49:21 |
| 71 | 51 | Zakens Łukasz |  | Poznań | | 1985 | M30 | 22. | 66. | 0:24:27 | 0:48:31 | 04:51 | 0:49:25 |
| 72 | 35 | Wawrzyniak Paweł |  | Śrem | Mamy-Biegamy | 1981 | M30 | 23. | 67. | 0:23:46 | 0:48:32 | 04:51 | 0:49:21 |
| 73 | 34 | Zajączkowski Zbigniew |  | Komorniki | Mamy-Biegamy | 1981 | M30 | 24. | 68. | 0:23:46 | 0:48:32 | 04:51 | 0:49:22 |
| 74 | 130 | Dajerling Joanna |  | Poznań | Mamy-Biegamy | 1996 | K20 | 1. | 6. | 0:23:47 | 0:48:33 | 04:51 | 0:49:22 |
| 75 | 118 | Zgoła Przemysław |  | Lusówko | Mamy-Biegamy | 1971 | M40 | 12. | 69. | 0:23:47 | 0:48:33 | 04:51 | 0:49:22 |



| Msc open | Nr start | Nazwisko i imię | Miejsowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|---------------------|---|----------------------|--------|-----|---------|---------|---------|----------------|--------------|-------------|
| 76 | 285 | Ratajczak Rajmund |  Poznań | | 1962 | M50 | 5. | 70. | 0:23:54 | 0:48:42 | 04:52 | 0:48:48 |
| 77 | 547 | Borowicz Bartek |  Ostrzeszów | Ajax Rojów | 1983 | M30 | 25. | 71. | 0:24:49 | 0:48:45 | 04:52 | 0:49:43 |
| 78 | 258 | Mroszyński Wojciech |  Poznań | Night Runners | 1989 | M20 | 28. | 72. | 0:24:46 | 0:48:45 | 04:52 | 0:49:41 |
| 79 | 660 | Niedźwiedź Michał |  Zgierz | Ball don't lie | 1994 | M20 | 29. | 73. | 0:23:07 | 0:48:46 | 04:52 | 0:48:51 |
| 80 | 615 | Serwa Mariusz |  Poznań | ECOLibre | 1973 | M40 | 13. | 74. | 0:24:18 | 0:48:59 | 04:53 | 0:49:50 |
| 81 | 240 | Grzywaczyk |  Suchy Las | | 1992 | M20 | 30. | 75. | 0:24:45 | 0:49:00 | 04:54 | 0:49:58 |
| 82 | 385 | Furmaniuk Jaromir |  Poznań | Samotny Biały Żagiel | 1972 | M40 | 14. | 76. | 0:25:03 | 0:49:03 | 04:54 | 0:50:16 |
| 83 | 78 | Węclawek Piotr |  Poznań | | 1989 | M20 | 31. | 77. | 0:24:41 | 0:49:04 | 04:54 | 0:49:58 |
| 84 | 638 | Łukaszewski Tomasz |  Poznań | KB Mania Poznań | 1959 | M50 | 6. | 78. | 0:24:25 | 0:49:06 | 04:54 | 0:49:55 |
| 85 | 230 | Ogrodnik Tomasz |  Poznań | | 1988 | M20 | 32. | 79. | 0:23:57 | 0:49:11 | 04:55 | 0:49:15 |
| 86 | 167 | Szcześniak Robert |  Potasze | | 1965 | M50 | 7. | 80. | 0:24:04 | 0:49:12 | 04:55 | 0:49:15 |
| 87 | 40 | Frąckowiak Adam |  Poznań | Jeżyce Biegają | 1978 | M30 | 26. | 81. | 0:23:53 | 0:49:12 | 04:55 | 0:50:02 |
| 88 | 558 | Bernaciak Mateusz |  mogilno | | 1991 | M20 | 33. | 82. | 0:24:22 | 0:49:28 | 04:56 | 0:50:17 |
| 89 | 189 | Przebinda Bogdan |  Czernichów | | 1968 | M40 | 15. | 83. | 0:24:15 | 0:49:31 | 04:57 | 0:50:23 |
| 90 | 442 | Sowiński Jarosław |  Tulce | | 1963 | M50 | 8. | 84. | 0:23:55 | 0:49:32 | 04:57 | 0:50:18 |
| 91 | 649 | Malczewski Piotr |  Turek | KB MARATON TUREK | 1994 | M20 | 34. | 85. | 0:24:02 | 0:49:38 | 04:57 | 0:49:39 |
| 92 | 121 | Grajzer Mirosław |  Poznań | | 1956 | M60 | 2. | 86. | 0:23:42 | 0:49:44 | 04:58 | 0:49:47 |
| 93 | 306 | Kłosiński Mikołaj |  Poznań | | 1991 | M20 | 35. | 87. | 0:25:18 | 0:49:53 | 04:59 | 0:50:49 |
| 94 | 150 | Andryszak Radek |  Rąbczyn | Rąbczyn | 1974 | M40 | 16. | 88. | 0:24:12 | 0:50:00 | 05:00 | 0:50:46 |
| 95 | 608 | Siatkowski Marcin |  Poznań | | 1986 | M30 | 27. | 89. | 0:24:48 | 0:50:04 | 05:00 | 0:51:00 |
| 96 | 180 | Banach Karol |  Bolewice | DC Bolewice | 1979 | M30 | 28. | 90. | 0:25:03 | 0:50:09 | 05:00 | 0:50:57 |
| 97 | 499 | kościelniak marek |  poznań | CYBINA TEAM | 1977 | M30 | 29. | 91. | 0:25:22 | 0:50:22 | 05:02 | 0:51:32 |
| 98 | 76 | Matusiak Jarek |  Poznań | | 1975 | M40 | 17. | 92. | 0:24:37 | 0:50:22 | 05:02 | 0:50:29 |
| 99 | 175 | Głowacz Piotr |  Puszczykowo | | 1989 | M20 | 36. | 93. | 0:25:04 | 0:50:43 | 05:04 | 0:51:32 |
| 100 | 668 | Ratajczak Dariusz |  Dolsk | Night Runners | 1972 | M40 | 18. | 94. | 0:25:02 | 0:50:43 | 05:04 | 0:51:45 |
| 101 | 117 | Zielińska Marta |  Czerwonak | KB Maniac Poznań | 1987 | K20 | 2. | 7. | 0:25:40 | 0:50:52 | 05:05 | 0:51:51 |









| Msc open | Nr start | Nazwisko i imię | Miejsowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|---|-----------------------------------|--------|-----|---------|---------|---------|----------------|--------------|-------------|
| 102 | 60 | Kaczmarek Anna |  Swarzędz | | 1962 | K50 | 1. | 8. | 0:24:51 | 0:51:08 | 05:06 | 0:51:58 |
| 103 | 188 | Westcott Ewelina |  Krosniewice | | 1988 | K20 | 3. | 9. | 0:24:42 | 0:51:09 | 05:06 | 0:52:16 |
| 104 | 692 | Popek Barbara |  Jastrzębie-Zdrój | | 1972 | K40 | 4. | 10. | 0:24:56 | 0:51:15 | 05:07 | 0:51:22 |
| 105 | 714 | Ciesiołka Jakub |  Poznań | GB Wielkopolscy Biegacze | 1980 | M30 | 30. | 95. | 0:25:33 | 0:51:15 | 05:07 | 0:52:17 |
| 106 | 69 | Pluciński Tomasz |  Poznań | | 1980 | M30 | 31. | 96. | 0:24:55 | 0:51:22 | 05:08 | 0:52:10 |
| 107 | 407 | Śmiłowicz Miłosz |  Ostrów Wlkp | GPO | 1988 | M20 | 37. | 97. | 0:24:50 | 0:51:36 | 05:09 | 0:52:23 |
| 108 | 320 | Roztajewska Patrycja |  Poznań | | 1988 | K20 | 4. | 11. | 0:25:11 | 0:51:39 | 05:09 | 0:51:41 |
| 109 | 335 | Pietrzak Przemek |  Środa Wlkp | | 1993 | M20 | 38. | 98. | 0:25:24 | 0:51:45 | 05:10 | 0:52:35 |
| 110 | 490 | Modro Dawid |  Biedrusko | | 1977 | M30 | 32. | 99. | 0:26:39 | 0:51:55 | 05:11 | 0:52:57 |
| 111 | 468 | Nowaczyk Radosław |  Gniezno | XAVI MAX ALEX | 1972 | M40 | 19. | 100. | 0:25:15 | 0:51:58 | 05:11 | 0:52:50 |
| 112 | 437 | Braun Tomasz |  Strykowo | Night Runers | 1975 | M40 | 20. | 101. | 0:25:39 | 0:52:10 | 05:13 | 0:53:14 |
| 113 | 186 | Westcott Richard |  Krosniewice | | 1957 | M50 | 9. | 102. | 0:26:25 | 0:52:16 | 05:13 | 0:53:23 |
| 114 | 646 | Krzyżaniak Agnieszka |  Kamionki | | 1984 | K30 | 3. | 12. | 0:26:00 | 0:52:20 | 05:14 | 0:53:26 |
| 115 | 523 | Chodziak Krzysztof |  Miedzyrzecz | Harcerski klub turystyczny 88gdsh | 1988 | M20 | 39. | 103. | 0:24:56 | 0:52:21 | 05:14 | 0:53:11 |
| 116 | 708 | Kłosiński Jarosław |  Poznań | | 1961 | M50 | 10. | 104. | 0:26:26 | 0:52:25 | 05:14 | 0:53:21 |
| 117 | 108 | Laskowski Maciej |  Poznań | | 1984 | M30 | 33. | 105. | 0:27:09 | 0:52:27 | 05:14 | 0:53:35 |
| 118 | 316 | Kubicki Piotr |  Kościan | Dziki Zgon Kościan | 1986 | M30 | 34. | 106. | 0:25:53 | 0:52:30 | 05:15 | 0:53:18 |
| 119 | 568 | Będzikowski Tomek |  Swarzędz | Polonez team | 1967 | M40 | 21. | 107. | 0:26:55 | 0:52:37 | 05:15 | 0:53:42 |
| 120 | 52 | Jasiński Łukasz |  Kicin | Night Runners | 1991 | M20 | 40. | 108. | 0:27:18 | 0:52:43 | 05:16 | 0:53:47 |
| 121 | 192 | Stefaniak-Wojciechows |  Poznań | | 1981 | K30 | 4. | 13. | 0:26:01 | 0:52:45 | 05:16 | 0:53:34 |
| 122 | 643 | Błoch Albert |  Stęszew | | 1988 | M20 | 41. | 109. | 0:24:43 | 0:52:46 | 05:16 | 0:53:36 |
| 123 | 99 | FABISIAK Tomasz |  Krosinko | Krosinko Biega :-) | 1973 | M40 | 22. | 110. | 0:26:10 | 0:52:58 | 05:17 | 0:53:53 |
| 124 | 113 | Stępień Magdalena |  Grodzisk Wielkopolski | Grodziski Klub Biegacza | 1987 | K20 | 5. | 14. | 0:25:33 | 0:52:59 | 05:17 | 0:53:48 |
| 125 | 101 | Soboń Michał |  Poznań | | 1983 | M30 | 35. | 111. | 0:24:40 | 0:53:00 | 05:18 | 0:53:51 |
| 126 | 380 | Strzoda Tomasz |  Jaraczewo | | 1971 | M40 | 23. | 112. | 0:24:28 | 0:53:02 | 05:18 | 0:53:55 |
| 127 | 496 | Rynkiewicz Filip |  Łódź | | 1992 | M20 | 42. | 113. | 0:25:59 | 0:53:05 | 05:18 | 0:54:12 |



| Msc open | Nr start | Nazwisko i imię | Miejsowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|---|--------------------------|--------|-----|---------|---------|---------|----------------|--------------|-------------|
| 128 | 389 | Burakowska Joanna |  Poznań | | 1990 | K20 | 6. | 15. | 0:27:17 | 0:53:10 | 05:19 | 0:54:19 |
| 129 | 26 | Walczak Łukasz |  Lusowo | | 1983 | M30 | 36. | 114. | 0:25:58 | 0:53:16 | 05:19 | 0:54:26 |
| 130 | 508 | Oracz Paweł |  Grodzisk Wielkopolski | | 1993 | M20 | 43. | 115. | 0:25:47 | 0:53:18 | 05:19 | 0:54:17 |
| 131 | 173 | Pyta Grzegorz |  Grodzisk Wlkp | niezrzeszony | 1960 | M50 | 11. | 116. | 0:26:19 | 0:53:19 | 05:19 | 0:54:24 |
| 132 | 673 | Jańczak Bożena |  Kamień Pomorski | KB Kamień Pomorski | 1978 | K30 | 5. | 16. | 0:27:12 | 0:53:26 | 05:20 | 0:54:29 |
| 133 | 191 | MARCINIAK ARTUR |  POZNAŃ | 1971 | 1971 | M40 | 24. | 117. | 0:27:12 | 0:53:33 | 05:21 | 0:54:33 |
| 134 | 265 | Nowacki Przemysław |  Swarzędz | Drużyna Rezerwistów | 1984 | M30 | 37. | 118. | 0:24:54 | 0:53:36 | 05:21 | 0:54:26 |
| 135 | 740 | Sawicki Krzysztof |  Szczecin | | 1989 | M20 | 44. | 119. | 0:27:19 | 0:53:41 | 05:22 | 0:55:07 |
| 136 | 620 | Ciechorski Andrzej |  Dachowa | ZP Szpiki Drużuna Szpiku | 1985 | M30 | 38. | 120. | 0:27:37 | 0:53:41 | 05:22 | 0:55:20 |
| 137 | 86 | Olszanowski Jan |  Poznań | | 1983 | M30 | 39. | 121. | 0:26:24 | 0:53:45 | 05:22 | 0:54:48 |
| 138 | 231 | woźniak adam |  poznań | Kibole w Biegu | 1983 | M30 | 40. | 122. | 0:26:54 | 0:53:49 | 05:22 | 0:55:03 |
| 139 | 213 | Borycza Mikołaj |  Poznań | - | 1981 | M30 | 41. | 123. | 0:26:55 | 0:53:49 | 05:22 | 0:55:03 |
| 140 | 307 | kopacz mirosław |  Poznan | | 1955 | M60 | 3. | 124. | 0:27:35 | 0:53:53 | 05:23 | 0:54:59 |
| 141 | 604 | Tabat Bartosz |  Murowana Goślina | | 1984 | M30 | 42. | 125. | 0:28:10 | 0:54:01 | 05:24 | 0:55:14 |
| 142 | 106 | Błachut - Laskowska |  Poznań | | 1985 | K30 | 6. | 17. | 0:27:15 | 0:54:03 | 05:24 | 0:55:11 |
| 143 | 90 | Stachowiak Agnieszka |  Swarzędz | | 1975 | K40 | 5. | 18. | 0:26:38 | 0:54:04 | 05:24 | 0:55:03 |
| 144 | 291 | JANICKA |  POZNAŃ | | 1984 | K30 | 7. | 19. | 0:27:03 | 0:54:05 | 05:24 | 0:55:05 |
| 145 | 183 | Biadala Paulina |  poznan | | 1981 | K30 | 8. | 20. | 0:26:57 | 0:54:23 | 05:26 | 0:55:27 |
| 146 | 268 | Krzyżaniak Marek |  Biskupice | | 1973 | M40 | 25. | 126. | 0:27:42 | 0:54:26 | 05:26 | 0:55:37 |
| 147 | 220 | Krysiak Łukasz |  Poznań | Piątkowo na Biegowo | 1977 | M30 | 43. | 127. | 0:27:02 | 0:54:27 | 05:26 | 0:55:47 |
| 148 | 1 | Egler Michał |  Poznań | Maratończyk Poznań | 1965 | M50 | 12. | 128. | 0:26:38 | 0:54:33 | 05:27 | 0:55:21 |
| 149 | 501 | Bajon Milena |  Korzeńsko | Rozbiegany Rawicz | 1985 | K30 | 9. | 21. | 0:26:30 | 0:54:34 | 05:27 | 0:55:27 |
| 150 | 55 | Naskręt Darek |  Murowana Goślina | | 1979 | M30 | 44. | 129. | 0:28:10 | 0:54:37 | 05:27 | 0:55:50 |
| 151 | 198 | JUŚKOWIAK MARIUSZ |  SWARZĘDZ | | 1966 | M50 | 13. | 130. | 0:27:20 | 0:54:48 | 05:28 | 0:55:47 |
| 152 | 294 | Niedźwiedź Artur |  Przeźmierowo | | 1975 | M40 | 26. | 131. | 0:27:03 | 0:54:52 | 05:29 | 0:55:47 |
| 153 | 59 | Kluba Filip |  Koziegłowy | | 1985 | M30 | 45. | 132. | 0:28:12 | 0:54:52 | 05:29 | 0:55:52 |



| Msc open | Nr start | Nazwisko i imię | Miejsowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|---------------------|---|---------------------|--------|-----|---------|---------|---------|----------------|--------------|-------------|
| 154 | 573 | Mądry Dariusz |  Swarzędz | niezrzeszony | 1962 | M50 | 14. | 133. | 0:27:57 | 0:54:53 | 05:29 | 0:56:00 |
| 155 | 358 | Bączkowski Damian |  Poznań | | 1984 | M30 | 46. | 134. | 0:26:13 | 0:54:57 | 05:29 | 0:55:46 |
| 156 | 58 | Stachowiak Monika |  Poznań | | 1987 | K20 | 7. | 22. | 0:27:03 | 0:55:00 | 05:30 | 0:55:59 |
| 157 | 709 | Skitek Michał |  Poznań | | 1989 | M20 | 45. | 135. | 0:28:16 | 0:55:03 | 05:30 | 0:56:06 |
| 158 | 430 | Dembski Grzegorz |  Plewiska | | 1977 | M30 | 47. | 136. | 0:27:25 | 0:55:08 | 05:30 | 0:56:15 |
| 159 | 190 | Przebinda Renata |  Czernichów | | 1971 | K40 | 6. | 23. | 0:27:12 | 0:55:10 | 05:31 | 0:56:01 |
| 160 | 414 | Bajer Michał |  Buk | JÓZEFOWO | 1978 | M30 | 48. | 137. | 0:28:12 | 0:55:12 | 05:31 | 0:56:30 |
| 161 | 270 | Kucharski Paweł |  Lusowo | maximus | 1987 | M20 | 46. | 138. | 0:27:06 | 0:55:13 | 05:31 | 0:56:23 |
| 162 | 75 | Bobrowska Anna |  Poznań | Night Runers | 1982 | K30 | 10. | 24. | 0:28:22 | 0:55:16 | 05:31 | 0:56:21 |
| 163 | 577 | Czapik Marta |  Zaniemyśl | KSA Śrem | 1994 | K20 | 8. | 25. | 0:27:47 | 0:55:23 | 05:32 | 0:56:22 |
| 164 | 288 | Błaszcyk Marcin |  Poznań | | 1982 | M30 | 49. | 139. | 0:27:18 | 0:55:24 | 05:32 | 0:56:37 |
| 165 | 567 | Piaskowski Grzegorz |  Kościan | P4 GREG | 1981 | M30 | 50. | 140. | 0:27:11 | 0:55:29 | 05:32 | 0:56:55 |
| 166 | 22 | mikła kamila |  poznań | Mamy-Biegamy | 1980 | K30 | 11. | 26. | 0:27:18 | 0:55:30 | 05:33 | 0:56:18 |
| 167 | 104 | Kołuńczyk Tomasz |  Poznań | | 1974 | M40 | 27. | 141. | 0:27:16 | 0:55:38 | 05:33 | 0:56:45 |
| 168 | 439 | Bury Roman |  Ostrów Wielkopolski | | 1972 | M40 | 28. | 142. | 0:27:23 | 0:55:40 | 05:34 | 0:56:49 |
| 169 | 689 | Stachowski Maciej |  Poznan | Tadar team | 1958 | M50 | 15. | 143. | 0:27:05 | 0:55:42 | 05:34 | 0:56:47 |
| 170 | 325 | Chmielewska Marta |  Wiry | | 1976 | K40 | 7. | 27. | 0:27:33 | 0:55:45 | 05:34 | 0:56:52 |
| 171 | 639 | Wojtkowiak Renata |  Poznań | Piątkowo na Biegowo | 1974 | K40 | 8. | 28. | 0:27:10 | 0:55:46 | 05:34 | 0:56:40 |
| 172 | 640 | Wojtkowiak Stefan |  Poznań | Piątkowo na Biegowo | 1974 | M40 | 29. | 144. | 0:27:10 | 0:55:46 | 05:34 | 0:56:40 |
| 173 | 309 | Kozajda Andrzej |  Koziegłowy | | 1962 | M50 | 16. | 145. | 0:28:23 | 0:55:58 | 05:35 | 0:57:14 |
| 174 | 24 | Korbal Damian |  Oborniki | Oborniki | 1990 | M20 | 47. | 146. | 0:28:34 | 0:56:05 | 05:36 | 0:57:01 |
| 175 | 543 | Dankowski Michał |  Września | Imperial Team | 1989 | M20 | 48. | 147. | 0:27:41 | 0:56:07 | 05:36 | 0:56:57 |
| 176 | 143 | Kwiecińska Marta |  Poznań | | 1982 | K30 | 12. | 29. | 0:27:41 | 0:56:07 | 05:36 | 0:56:57 |
| 177 | 148 | Ciemniak Rafał |  Poznań | niezrzeszony | 1964 | M50 | 17. | 148. | 0:27:57 | 0:56:10 | 05:37 | 0:57:01 |
| 178 | 572 | Józefiak Marcin |  Poznań | | 1986 | M30 | 51. | 149. | 0:28:24 | 0:56:11 | 05:37 | 0:57:30 |
| 179 | 327 | Stachowska Marta |  Kamionki | dogotowania.pl | 1988 | K20 | 9. | 30. | 0:27:54 | 0:56:37 | 05:39 | 0:57:42 |



| Msc open | Nr start | Nazwisko i imię | Miejsowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|--|---------------------------------|--------|-----|---------|---------|---------|----------------|--------------|-------------|
| 180 | 369 | Iwański Adam |  Kostrzyn | Walka Kostrzyn | 1990 | M20 | 49. | 150. | 0:28:27 | 0:56:40 | 05:40 | 0:57:49 |
| 181 | 137 | Gaszczyński Roman |  Poznań | Parkrun Poznań | 1948 | M60 | 4. | 151. | 0:28:46 | 0:56:42 | 05:40 | 0:57:48 |
| 182 | 304 | Danielczyk Maria |  Piaski | NETBOX BIEGA | 1991 | K20 | 10. | 31. | 0:28:12 | 0:56:58 | 05:41 | 0:58:04 |
| 183 | 397 | Lajzer Marcin |  Słubice | crossfit69100 | 1988 | M20 | 50. | 152. | 0:29:00 | 0:57:05 | 05:42 | 0:58:12 |
| 184 | 194 | Frąckowiak Aneta |  Poznań | Mamy-Biegamy | 1982 | K30 | 13. | 32. | 0:28:41 | 0:57:08 | 05:42 | 0:58:22 |
| 185 | 193 | grabia jacek |  poznań | | 1971 | M40 | 30. | 153. | 0:27:43 | 0:57:12 | 05:43 | 0:58:07 |
| 186 | 184 | Kamiński Tomasz |  poznan | | 1968 | M40 | 31. | 154. | 0:27:14 | 0:57:15 | 05:43 | 0:58:19 |
| 187 | 560 | Pawłowski Wojciech |  Poznań | schapani.pl | 1990 | M20 | 51. | 155. | 0:28:27 | 0:57:18 | 05:43 | 0:58:35 |
| 188 | 663 | Rytter Agnieszka |  Konin | | 1990 | K20 | 11. | 33. | 0:29:05 | 0:57:23 | 05:44 | 0:58:24 |
| 189 | 236 | Głyda Maciej |  Poznań | Drużyn . Szpiku | 1962 | M50 | 18. | 156. | 0:28:12 | 0:57:26 | 05:44 | 0:58:43 |
| 190 | 238 | Zbąszyniak Jadwiga |  Poznań | | 1987 | K20 | 12. | 34. | 0:28:27 | 0:57:34 | 05:45 | 0:58:45 |
| 191 | 507 | Ostrowski Rafał |  Suchy Las | SGS Poland Team | 1981 | M30 | 52. | 157. | 0:29:00 | 0:57:47 | 05:46 | 0:58:58 |
| 192 | 237 | Konstańczak Joanna |  Poznań | | 1983 | K30 | 14. | 35. | 0:28:27 | 0:57:47 | 05:46 | 0:58:58 |
| 193 | 410 | JASKUŁA MARCIN |  ZBRUDZEWO | | 1983 | M30 | 53. | 158. | 0:28:06 | 0:57:49 | 05:46 | 0:59:12 |
| 194 | 221 | Majchrzycki Wojciech |  Poznań | Press Service Monitoring Mediów | 1985 | M30 | 54. | 159. | 0:29:09 | 0:57:52 | 05:47 | 0:59:10 |
| 195 | 352 | Balcerak Robert |  Połajewo | Weterynaria Biega | 1979 | M30 | 55. | 160. | 0:30:21 | 0:57:53 | 05:47 | 0:59:07 |
| 196 | 64 | Pająk Monika |  Skórzewo | Mamy-Biegamy | 1982 | K30 | 15. | 36. | 0:29:09 | 0:57:57 | 05:47 | 0:59:25 |
| 197 | 470 | Miler Dariusz |  Poznań | | 1988 | M20 | 52. | 161. | 0:34:50 | 0:58:12 | 05:49 | 0:59:48 |
| 198 | 345 | Odważny Magdalena |  Dąbrowa | | 1979 | K30 | 16. | 37. | 0:30:25 | 0:58:21 | 05:50 | 0:59:39 |
| 199 | 103 | Brychczyński Krystian |  Poznań | WATAHA TEAM | 1980 | M30 | 56. | 162. | 0:28:55 | 0:58:23 | 05:50 | 0:59:34 |
| 200 | 550 | Siennicki Mikołaj |  Poznań | | 1974 | M40 | 32. | 163. | 0:29:16 | 0:58:25 | 05:50 | 0:59:49 |
| 201 | 503 | Kaczmarek Beata |  Poznań | STR Poznań | 1971 | K40 | 9. | 38. | 0:28:47 | 0:58:25 | 05:50 | 0:58:34 |
| 202 | 488 | Szymańska Anna |  Kostrzyn Wlkp. | | 1977 | K30 | 17. | 39. | 0:29:03 | 0:58:35 | 05:51 | 0:59:47 |
| 203 | 112 | MARSZAŁKIEWICZ |  NOWY TOMYŚL | NKB CHYŻY Nowy Tomyśl | 1981 | K30 | 18. | 40. | 0:29:23 | 0:58:43 | 05:52 | 0:59:45 |
| 204 | 77 | Węclawek Joanna |  Poznań | | 1989 | K20 | 13. | 41. | 0:29:26 | 0:58:45 | 05:52 | 0:59:48 |
| 205 | 147 | Wiechecz Sławomir |  Plewiska | Antares Zalasewo | 1985 | M30 | 57. | 164. | 0:29:10 | 0:58:51 | 05:53 | 1:00:04 |



| Msc open | Nr start | Nazwisko i imię | Miejsowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|--|--------------------------------|--------|-----|---------|---------|---------|----------------|--------------|-------------|
| 206 | 44 | Witkowska Joanna |  Miękowo | | 1989 | K20 | 14. | 42. | 0:29:43 | 0:58:53 | 05:53 | 0:59:59 |
| 207 | 249 | Mystkowska Marta |  Warszawa | Grupa Biegowa Parkrun Warszawa | 1986 | K30 | 19. | 43. | 0:30:02 | 0:59:11 | 05:55 | 1:00:25 |
| 208 | 256 | Fajfer Jacek |  Swarzędz | | 1960 | M50 | 19. | 165. | 0:29:06 | 0:59:13 | 05:55 | 1:00:21 |
| 209 | 315 | Weyssenhoff Piotr |  Kościan | Dziki Zgon Kościan | 1990 | M20 | 53. | 166. | 0:29:07 | 0:59:16 | 05:55 | 1:00:31 |
| 210 | 510 | STEC JOLANTA |  Ostroróg | | 1981 | K30 | 20. | 44. | 0:29:24 | 0:59:23 | 05:56 | 1:00:25 |
| 211 | 27 | Wojciechowska Helena |  Poznań | Kobiety Górą | 1982 | K30 | 21. | 45. | 0:28:57 | 0:59:24 | 05:56 | 1:00:26 |
| 212 | 11 | Walenczak Magda |  Lwówek | Maratończyk Poznań | 1984 | K30 | 22. | 46. | 0:29:43 | 0:59:29 | 05:56 | 0:59:36 |
| 213 | 12 | Koebisch Tomasz |  Koziegłowy | Maratończyk Poznań | 1978 | M30 | 58. | 167. | 0:29:43 | 0:59:30 | 05:57 | 0:59:36 |
| 214 | 699 | Broda Adam |  Poznań | | 1977 | M30 | 59. | 168. | 0:29:05 | 0:59:32 | 05:57 | 1:00:42 |
| 215 | 512 | Cyraniak Urszula |  Koziegłowy | | 1971 | K40 | 10. | 47. | 0:30:17 | 0:59:44 | 05:58 | 1:00:54 |
| 216 | 637 | Zybała Joanna |  Ostrów Wlkp. | Ogniwo Łąkociny | 1989 | K20 | 15. | 48. | 0:29:12 | 0:59:47 | 05:58 | 1:00:52 |
| 217 | 197 | Owczarczak Monika |  Poznań | Wilda Biega | 1984 | K30 | 23. | 49. | 0:28:36 | 0:59:50 | 05:59 | 1:00:56 |
| 218 | 176 | Kucharski Jakub |  Gruszczyń | jku1979 | 1979 | M30 | 60. | 169. | 0:31:02 | 0:59:55 | 05:59 | 1:01:22 |
| 219 | 479 | Grzybek Julia |  Poznań | | 1983 | K30 | 24. | 50. | 0:29:10 | 0:59:57 | 05:59 | 1:00:59 |
| 220 | 588 | Kosiewski Mateusz |  Jaraczewo | | 1991 | M20 | 54. | 170. | 0:29:38 | 1:00:03 | 06:00 | 1:01:22 |
| 221 | 181 | Południak Elżbieta |  Poznań | Rodzinka | 1964 | K50 | 2. | 51. | 0:29:24 | 1:00:06 | 06:00 | 1:00:52 |
| 222 | 20 | Adamczyk Izabela |  Poznań | UKS SMOKI | 1974 | K40 | 11. | 52. | 0:31:33 | 1:00:11 | 06:01 | 1:01:44 |
| 223 | 465 | Piotrowska Magda |  Komorniki | | 1980 | K30 | 25. | 53. | 0:30:23 | 1:00:12 | 06:01 | 1:01:41 |
| 224 | 94 | Tomaszewski Mateusz |  Poznań | Biegający Weterynarz | 1979 | M30 | 61. | 171. | 0:30:21 | 1:00:19 | 06:01 | 1:01:33 |
| 225 | 452 | Jasiński Piotr |  Poznań | FORMATIQ | 1971 | M40 | 33. | 172. | 0:29:48 | 1:00:22 | 06:02 | 1:01:10 |
| 226 | 710 | Szrejbrowski |  Poznań | Piotr i Paweł Marka Formy | 1980 | M30 | 62. | 173. | 0:28:47 | 1:00:29 | 06:02 | 1:01:50 |
| 227 | 506 | Kasprzak Łukasz |  Gniezno | Night Runners Gniezno | 1977 | M30 | 63. | 174. | 0:29:24 | 1:00:47 | 06:04 | 1:02:01 |
| 228 | 721 | Starzec Andrzej |  Gdańsk | | 1947 | M60 | 5. | 175. | 0:31:00 | 1:00:49 | 06:04 | 1:02:11 |
| 229 | 33 | Stachowiak Maciej |  Poznań | Pakieciarze Team | 1977 | M30 | 64. | 176. | 0:29:20 | 1:00:49 | 06:04 | 1:01:47 |
| 230 | 32 | Mąderek Barbara |  Dachowa | Pakieciarze Team | 1979 | K30 | 26. | 54. | 0:29:24 | 1:00:50 | 06:05 | 1:01:47 |
| 231 | 38 | Pękalska Marta |  Poznań | marta-gotuje.pl | 1986 | K30 | 27. | 55. | 0:29:35 | 1:00:58 | 06:05 | 1:02:11 |



| Msc open | Nr start | Nazwisko i imię | Miejsowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|--|---------------------------------|--------|-----|---------|---------|---------|----------------|--------------|-------------|
| 232 | 170 | Kurkowiak Agnieszka |  Poznań | | 1974 | K40 | 12. | 56. | 0:30:57 | 1:01:06 | 06:06 | 1:02:35 |
| 233 | 129 | Czempiński Krzysztof |  Komorniki | BiurPol biega | 1973 | M40 | 34. | 177. | 0:30:29 | 1:01:30 | 06:09 | 1:02:43 |
| 234 | 14 | Dranikowska Karolina |  poznań | Maratończyk Poznań | 1984 | K30 | 28. | 57. | 0:29:59 | 1:01:32 | 06:09 | 1:02:25 |
| 235 | 655 | Janecka Sandra |  Poznań | Baronetki | 1992 | K20 | 16. | 58. | 0:30:51 | 1:01:45 | 06:10 | 1:03:05 |
| 236 | 202 | ciesielczyk izabela |  poznan | | 1984 | K30 | 29. | 59. | 0:30:14 | 1:01:48 | 06:10 | 1:02:59 |
| 237 | 234 | Jagodzińska Michalina |  Stęszew | | 1987 | K20 | 17. | 60. | 0:29:42 | 1:01:49 | 06:10 | 1:03:09 |
| 238 | 123 | Sieradzka Joanna |  Poznań | Hicron Runners | 1985 | K30 | 30. | 61. | 0:31:35 | 1:01:51 | 06:11 | 1:03:07 |
| 239 | 417 | Zajac Krzysztof |  Poznań | ZP Szpiki Drużyna Szpiku | 1977 | M30 | 65. | 178. | 0:29:57 | 1:02:01 | 06:12 | 1:03:39 |
| 240 | 9 | Roszyk Agnieszka |  Tarnowo Podgórne | Maratończyk Poznań | 1978 | K30 | 31. | 62. | 0:30:07 | 1:02:14 | 06:13 | 1:02:20 |
| 241 | 37 | Jaškowiak Katarzyna |  Koziegłowy | | 1982 | K30 | 32. | 63. | 0:31:29 | 1:02:15 | 06:13 | 1:03:27 |
| 242 | 589 | Wieczorek Wacław |  Rawicz | | 1950 | M60 | 6. | 179. | 0:31:16 | 1:02:24 | 06:14 | 1:03:47 |
| 243 | 273 | Nowaczyk Dorota |  Poznań | | 1984 | K30 | 33. | 64. | 0:31:27 | 1:02:28 | 06:14 | 1:03:50 |
| 244 | 250 | Sas Aldona |  Piastów | | 1961 | K50 | 3. | 65. | 0:31:30 | 1:02:30 | 06:15 | 1:03:51 |
| 245 | 591 | KAPELSKA ANNA |  MOSINA | CHEMADEX | 1984 | K30 | 34. | 66. | 0:31:18 | 1:02:38 | 06:15 | 1:03:53 |
| 246 | 592 | OLSZEWSKI JACEK |  MOSINA | CHEMADEX | 1981 | M30 | 66. | 180. | 0:31:18 | 1:02:38 | 06:15 | 1:03:53 |
| 247 | 342 | Werner Remigiusz |  Bogucin | | 1973 | M40 | 35. | 181. | 0:31:51 | 1:02:47 | 06:16 | 1:04:01 |
| 248 | 241 | Woźniak Beata |  Koziegłowy | | 1977 | K30 | 35. | 67. | 0:30:49 | 1:03:07 | 06:18 | 1:04:21 |
| 249 | 120 | GRAJZER JACEK |  POZNAŃ | WARTA CHALLENGE MARATON & HALF- | 1966 | M50 | 20. | 182. | 0:31:23 | 1:03:46 | 06:22 | 1:05:01 |
| 250 | 739 | Michalak Sławomir |  Poznań | | 1976 | M40 | 36. | 183. | 0:31:28 | 1:03:56 | 06:23 | 1:04:57 |
| 251 | 493 | Zielińska Czerbniak |  Skórzewo | Mamy-Biegamy | 1977 | K30 | 36. | 68. | 0:31:25 | 1:03:58 | 06:23 | 1:05:12 |
| 252 | 529 | Przybylak Anna |  POZNAŃ | BRYGADA RR | 1966 | K50 | 4. | 69. | 0:31:29 | 1:04:04 | 06:24 | 1:05:00 |
| 253 | 698 | Wojszel Monika |  Przemierowo | | 1977 | K30 | 37. | 70. | 0:30:44 | 1:04:05 | 06:24 | 1:05:13 |
| 254 | 712 | Dolata Wojciech |  Poznań | Piotr i Paweł Marka Formy | 1982 | M30 | 67. | 184. | 0:30:58 | 1:04:06 | 06:24 | 1:05:27 |
| 255 | 435 | Jesse Joanna |  WAGROWIEC | | 1994 | K20 | 18. | 71. | 0:31:21 | 1:04:09 | 06:24 | 1:05:28 |
| 256 | 436 | Wilk Andrzej |  Żnin | | 1991 | M20 | 55. | 185. | 0:31:21 | 1:04:09 | 06:24 | 1:05:28 |
| 257 | 343 | Werner Mateusz |  Bogucin | | 1999 | M16 | 2. | 186. | 0:31:50 | 1:04:22 | 06:26 | 1:05:37 |









| Msc open | Nr start | Nazwisko i imię | Miejsowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|--|-------------------|--------|-----|---------|---------|---------|----------------|--------------|-------------|
| 258 | 133 | Nowakowski Błażej |  Poznań | | 1979 | M30 | 68. | 187. | 0:31:30 | 1:04:29 | 06:26 | 1:05:54 |
| 259 | 409 | Baczyńska Beata |  Poznań | | 1997 | K16 | 1. | 72. | 0:32:12 | 1:04:35 | 06:27 | 1:05:54 |
| 260 | 334 | Paluszkiewicz |  Luboń | | 1978 | K30 | 38. | 73. | 0:31:29 | 1:05:05 | 06:30 | 1:06:21 |
| 261 | 336 | Paluszkiewicz Rafał |  Luboń | SPP Team | 1976 | M40 | 37. | 188. | 0:31:30 | 1:05:06 | 06:30 | 1:06:21 |
| 262 | 53 | Jędzierska |  Poznań | Posnania Tri Team | 1983 | K30 | 39. | 74. | 0:32:38 | 1:05:06 | 06:30 | 1:06:30 |
| 263 | 618 | Piotrowska Natalia |  Kobylnica | | 1984 | K30 | 40. | 75. | 0:31:19 | 1:05:07 | 06:30 | 1:06:14 |
| 264 | 434 | Bednarska Monika |  Poznań | Night Runners | 1982 | K30 | 41. | 76. | 0:31:55 | 1:05:08 | 06:30 | 1:06:17 |
| 265 | 461 | Lester Sylwia |  Poznań | | 1991 | K20 | 19. | 77. | 0:31:25 | 1:05:14 | 06:31 | 1:06:31 |
| 266 | 605 | Springer Paulina |  Kaźmierz | | 1982 | K30 | 42. | 78. | 0:30:59 | 1:05:17 | 06:31 | 1:06:37 |
| 267 | 583 | MIELCAREK Anna |  Poznań | | 1983 | K30 | 43. | 79. | 0:31:45 | 1:05:32 | 06:33 | 1:06:43 |
| 268 | 667 | Bednarczyk Zbigniew |  Poznań | STR Poznań | 1958 | M50 | 21. | 189. | 0:34:02 | 1:05:42 | 06:34 | 1:07:19 |
| 269 | 396 | SUSZCZYŃSKA |  LUBOŃ | | 1984 | K30 | 44. | 80. | 0:32:02 | 1:05:45 | 06:34 | 1:06:57 |
| 270 | 151 | Jackowski Adam |  kamionki | TFP SPORT II | 1980 | M30 | 69. | 190. | 0:31:18 | 1:05:45 | 06:34 | 1:07:07 |
| 271 | 394 | SZYMCZAK MONIKA |  JAROCIN | | 1983 | K30 | 45. | 81. | 0:32:02 | 1:05:45 | 06:34 | 1:06:57 |
| 272 | 693 | Nowak Michał |  Poznań | XIII SKD-S | 1984 | M30 | 70. | 191. | 0:32:12 | 1:05:48 | 06:34 | 1:07:24 |
| 273 | 331 | Mieczyńska Aleksandra |  Swarzędz | | 1990 | K20 | 20. | 82. | 0:32:10 | 1:05:51 | 06:35 | 1:07:27 |
| 274 | 319 | Lucińska Agnieszka |  Luboń | | 1990 | K20 | 21. | 83. | 0:34:07 | 1:06:17 | 06:37 | 1:07:54 |
| 275 | 722 | Korczyk Kamila |  Luboń | | 1987 | K20 | 22. | 84. | 0:32:57 | 1:06:18 | 06:37 | 1:07:38 |
| 276 | 400 | Zmyślona Karolina |  Poznań | | 1995 | K20 | 23. | 85. | 0:33:27 | 1:06:40 | 06:40 | 1:08:05 |
| 277 | 404 | sabiłło anna |  poznań | | 1969 | K40 | 13. | 86. | 0:33:45 | 1:06:45 | 06:40 | 1:08:13 |
| 278 | 284 | Szymańska Magdalena |  Swarzędz | Mamy-Biegamy | 1993 | K20 | 24. | 87. | 0:32:45 | 1:06:54 | 06:41 | 1:08:25 |
| 279 | 281 | Sekuła Justyna |  Poznań | | 1986 | K30 | 46. | 88. | 0:32:40 | 1:06:58 | 06:41 | 1:08:03 |
| 280 | 212 | Jóźwiak Paweł |  Rokietnica | TATA SZYMKA | 1981 | M30 | 71. | 192. | 0:32:09 | 1:07:07 | 06:42 | 1:08:46 |
| 281 | 666 | Ratajczak Anna |  Dolsk | Night Runners | 1976 | K40 | 14. | 89. | 0:33:38 | 1:07:23 | 06:44 | 1:08:57 |
| 282 | 576 | Szymański Krzysztof |  Murowana Goślina | | 1990 | M20 | 56. | 193. | 0:33:10 | 1:07:26 | 06:44 | 1:09:00 |
| 283 | 474 | Zielińska Karolina |  Czerwonak | CYBINA TEAM | 1991 | K20 | 25. | 90. | 0:33:10 | 1:07:26 | 06:44 | 1:09:00 |



| Msc open | Nr start | Nazwisko i imię | Miejsowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|---|------------------------------------|--------|-----|---------|---------|---------|----------------|--------------|-------------|
| 284 | 518 | Sierant Krzysztof |  Poznań | Druzyna Szpiku | 1995 | M20 | 57. | 194. | 0:33:48 | 1:07:38 | 06:45 | 1:09:01 |
| 285 | 484 | Tomaszewska Paulina |  Nowy Lubosz | | 1979 | K30 | 47. | 91. | 0:33:38 | 1:07:44 | 06:46 | 1:09:08 |
| 286 | 395 | SZYMCZAK ROBERT |  JAROCIN | | 1978 | M30 | 72. | 195. | 0:32:03 | 1:07:48 | 06:46 | 1:09:00 |
| 287 | 610 | Puchalski Michał |  Poznań | | 1974 | M40 | 38. | 196. | 0:34:02 | 1:08:18 | 06:49 | 1:09:43 |
| 288 | 695 | Weihrauch Katarzyna |  Gowarzewo | | 1981 | K30 | 48. | 92. | 0:34:22 | 1:08:22 | 06:50 | 1:09:43 |
| 289 | 247 | Bober Miłosz |  Szamotuły | | 1985 | M30 | 73. | 197. | 0:34:11 | 1:09:04 | 06:54 | 1:10:36 |
| 290 | 246 | Szprejda Paulina |  Poznan | | 1988 | K20 | 26. | 93. | 0:34:12 | 1:09:05 | 06:54 | 1:10:36 |
| 291 | 39 | Wacławik Agnieszka |  Poznań | Mamy-Biegamy | 1989 | K20 | 27. | 94. | 0:34:46 | 1:09:06 | 06:54 | 1:10:35 |
| 292 | 321 | Marcinczak Anna |  Plewiska | Mamy-Biegamy | 1978 | K30 | 49. | 95. | 0:34:46 | 1:09:09 | 06:54 | 1:10:39 |
| 293 | 169 | Kasprzyk Monika |  Poznań | | 1973 | K40 | 15. | 96. | 0:34:31 | 1:09:41 | 06:58 | 1:11:12 |
| 294 | 144 | Antkowiak Joanna |  Leszno | kobiety biegają/ kobietybiegaja.pl | 1981 | K30 | 50. | 97. | 0:34:57 | 1:09:45 | 06:58 | 1:11:11 |
| 295 | 73 | Klaja Agnieszka |  Poznań | | 1986 | K30 | 51. | 98. | 0:35:16 | 1:09:52 | 06:59 | 1:10:59 |
| 296 | 72 | Rossa Ewelina |  Poznań | | 1986 | K30 | 52. | 99. | 0:35:16 | 1:09:52 | 06:59 | 1:10:59 |
| 297 | 209 | Jarczyński Sławomir |  Rokietnica | Rokietnica Biega | 1965 | M50 | 22. | 198. | 0:34:12 | 1:10:16 | 07:01 | 1:11:42 |
| 298 | 208 | Jarczyńska Anna |  Rokietnica | Rokietnica Biega | 1966 | K50 | 5. | 100. | 0:34:13 | 1:10:17 | 07:01 | 1:11:42 |
| 299 | 403 | Kuna Danka |  Zaniemyśl | | 1972 | K40 | 16. | 101. | 0:34:43 | 1:10:19 | 07:01 | 1:11:28 |
| 300 | 105 | Kałwiński Mariusz |  Poznań | WATAHA TEAM | 1975 | M40 | 39. | 199. | 0:34:35 | 1:10:27 | 07:02 | 1:11:37 |
| 301 | 102 | Kałwińska Sylwia |  Poznań | WATAHA TEAM | 1978 | K30 | 53. | 102. | 0:34:36 | 1:10:27 | 07:02 | 1:11:36 |
| 302 | 386 | Rzepa Ireneusz |  Grodzisk Wilkp. | MLM wspianały dzień | 1983 | M30 | 74. | 200. | 0:34:58 | 1:10:54 | 07:05 | 1:12:20 |
| 303 | 711 | Sewiło Magdalena |  Poznań | Piotr i Paweł Marka Formy | 1977 | K30 | 54. | 103. | 0:34:29 | 1:11:12 | 07:07 | 1:12:34 |
| 304 | 30 | Jakubowska Małgorzata |  Plewiska | | 1982 | K30 | 55. | 104. | 0:34:01 | 1:11:32 | 07:09 | 1:12:43 |
| 305 | 45 | Wąsiatycz Iwona |  Baranowo | | 1963 | K50 | 6. | 105. | 0:35:38 | 1:11:34 | 07:09 | 1:13:07 |
| 306 | 46 | Wąsiatycz Grzegorz |  Baranowo | | 1956 | M60 | 7. | 201. | 0:35:38 | 1:11:34 | 07:09 | 1:13:07 |
| 307 | 405 | Qna Bob |  Zaniemyśl | | 1972 | M40 | 40. | 202. | 0:36:02 | 1:12:05 | 07:12 | 1:13:41 |
| 308 | 152 | Krajewska-Nadolna |  Krosno | | 1978 | K30 | 56. | 106. | 0:34:15 | 1:12:15 | 07:13 | 1:13:05 |
| 309 | 18 | Hoffmann-Rosa Anita |  Poznań | UKS SMOKI | 1977 | K30 | 57. | 107. | 0:35:01 | 1:12:26 | 07:14 | 1:13:59 |



| Msc open | Nr start | Nazwisko i imię | Miejsowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|-------------|-------------|------------------|---|--------------------------------|-----------|-----|------------|------------|-----------|----------------|-----------------|----------------|
| 310 | 700 | Maćkowiak Kamil |  Poznań | | 1993 | M20 | 58. | 203. | 0:34:56 | 1:12:40 | 07:16 | 1:12:41 |
| 311 | 476 | CZEMPIŃSKA |  KOMORNIKI | Biegnę żeby Bartek mógł biegać | 1976 | K40 | 17. | 108. | 0:35:07 | 1:12:44 | 07:16 | 1:14:15 |
| 312 | 679 | Ignerska Rozalia |  Poznań | AZAZEL | 1982 | K30 | 58. | 109. | 0:36:39 | 1:14:20 | 07:26 | 1:15:46 |
| 313 | 16 | Kiwertz Anna |  Poznań | Mamy-Biegamy | 1979 | K30 | 59. | 110. | 0:36:18 | 1:14:43 | 07:28 | 1:16:14 |
| 314 | 429 | Dembska Anna |  Plewiska | | 1976 | K40 | 18. | 111. | 0:36:21 | 1:14:59 | 07:29 | 1:16:25 |
| 315 | 292 | GODLEWSKI FILIP |  POZNAŃ | | 1985 | M30 | 75. | 204. | 0:35:41 | 1:15:50 | 07:35 | 1:16:51 |

Liczba zawodników: 315

