

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię            | Miejscowość         | Klub                               | Kraj    | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M  | K |
|------|---------|--------------------------|---------------------|------------------------------------|---------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|----|---|
| 1    | 1114    | SAWE ELISHA KIPROTICH    | ELDORET             | BENEDEK-TEAM                       | KENYA   | 1982       | M30-39    | 1          | 3:04         | 19,6       | 00:23:23 | 00:53:20 | 01:04:34   | <b>01:04:34</b> | 1  |   |
| 2    | 1474    | JUKHYMCZUK MYKOLA        |                     | ACHILLES LESZNO                    | UKRAINA | 1985       | M18-29    | 1          | 3:07         | 19,3       | 00:23:32 | 00:54:15 | 01:05:45   | <b>01:05:45</b> | 2  |   |
| 3    | 103     | BŁAZIŃSKI MARCIN         | WAWELNO             | WKB META LUBLINIEC                 | POLSKA  | 1988       | M18-29    | 2          | 3:07         | 19,2       | 00:23:37 | 00:54:32 | 01:05:47   | <b>01:05:47</b> | 3  |   |
| 4    | 917     | OCHAL PAWEŁ              | BYDGOSZCZ           | LŁKS PREFBET ŚNIADOWO ŁOMŻA -ASICS | POLSKA  | 1981       | M30-39    | 2          | 3:09         | 19,1       | 00:24:06 | 00:54:47 | 01:06:19   | <b>01:06:19</b> | 4  |   |
| 5    | 1025    | POPLAWSKI RADOŚLAW       | OTYŃ                | WKS GRUNWALD POZNAŃ                | POLSKA  | 1983       | M30-39    | 3          | 3:09         | 19,1       | 00:24:05 | 00:54:47 | 01:06:21   | <b>01:06:21</b> | 5  |   |
| 6    | 1479    | JURCZUK WOŁODYMYR        |                     | ACHILLES LESZNO                    | UKRAINA | 1983       | M30-39    | 4          | 3:12         | 18,7       | 00:24:30 | 00:55:46 | 01:07:35   | <b>01:07:35</b> | 6  |   |
| 7    | 1475    | TIMASHOV VOLODYMYR       |                     | ACHILLES LESZNO                    | UKRAINA | 1981       | M30-39    | 5          | 3:18         | 18,1       | 00:24:36 | 00:57:13 | 01:09:45   | <b>01:09:46</b> | 7  |   |
| 8    | 1480    | LABZIUK ALEKSANDR        |                     | ACHILLES LESZNO                    | UKRAINA | 1978       | M30-39    | 6          | 3:20         | 18,0       | 00:25:41 | 00:57:59 | 01:10:11   | <b>01:10:12</b> | 8  |   |
| 9    | 1477    | KROWLAJDIS SIERGIEJ      |                     | ACHILLES LESZNO                    | UKRAINA | 1978       | M30-39    | 7          | 3:20         | 18,0       | 00:25:41 | 00:57:59 | 01:10:16   | <b>01:10:16</b> | 9  |   |
| 10   | 983     | PIECH KACPER             | BIAŁA PODLASKA      | METROPOLIA NIERUCHOMOŚCI KRAKÓW    | POLSKA  | 1990       | M18-29    | 3          | 3:20         | 18,0       | 00:25:49 | 00:58:09 | 01:10:30   | <b>01:10:30</b> | 10 |   |
| 11   | 1256    | SZYMANOWSKI KRZYSZTOF    | KOSCIAN             |                                    | POLSKA  | 1993       | M18-29    | 4          | 3:22         | 17,8       | 00:25:41 | 00:58:23 | 01:11:07   | <b>01:11:07</b> | 11 |   |
| 12   | 1478    | GONCZAR ALEKSIEJ         |                     | ACHILLES LESZNO                    | UKRAINA | 1978       | M30-39    | 8          | 3:28         | 17,3       | 00:25:49 | 00:58:53 | 01:13:15   | <b>01:13:15</b> | 12 |   |
| 13   | 593     | KOTOVSKA OLGA            | ROVNE               |                                    | UKRAINA | 1983       | K30-39    | 1          | 3:30         | 17,2       | 00:27:04 | 01:01:03 | 01:13:47   | <b>01:13:47</b> |    | 1 |
| 14   | 817     | MIERZEJEWSKI KRZYSZTOF   | SIEDLCE             | YULO RUN TEAM SIEDLCE              | POLSKA  | 1976       | M30-39    | 9          | 3:32         | 16,9       | 00:27:42 | 01:02:18 | 01:14:41   | <b>01:14:43</b> | 13 |   |
| 15   | 818     | MIERZEJEWSKI PIOTR       | SIEDLCE             | YULO RUN TEAM SIEDLCE              | POLSKA  | 1971       | M40-44    | 1          | 3:32         | 16,9       | 00:27:42 | 01:02:19 | 01:14:41   | <b>01:14:43</b> | 14 |   |
| 16   | 628     | KRZYŚCIN ANDRZEJ         | SZCZYTNIKI DUCHOWNE | ALTOM GNIEZNO                      | POLSKA  | 1967       | M45-49    | 1          | 3:33         | 16,9       | 00:27:41 | 01:02:18 | 01:14:58   | <b>01:14:59</b> | 15 |   |
| 17   | 1111    | SAMOTIJ DOMINIK          | WROCŁAW             |                                    | POLSKA  | 1982       | M30-39    | 10         | 3:33         | 16,9       | 00:27:43 | 01:02:18 | 01:15:02   | <b>01:15:03</b> | 16 |   |
| 18   | 728     | MACIEJSKI ŁUKASZ         | SZCZECIN            | POLITOLOG TEAM                     | POLSKA  | 1983       | M30-39    | 11         | 3:34         | 16,8       | 00:27:04 | 01:02:18 | 01:15:19   | <b>01:15:19</b> | 17 |   |
| 19   | 568     | KONDRATOWICZ ŁUKASZ      | KAMIENNA GÓRA       | KB FAURECIA WAŁBRZYCH              | POLSKA  | 1981       | M30-39    | 12         | 3:35         | 16,7       | 00:28:10 | 01:02:57 | 01:15:39   | <b>01:15:42</b> | 18 |   |
| 20   | 391     | HUMERSKI PIOTR           | KAMIENIEC           | GRODZISKI KLUB BIEGACZA            | POLSKA  | 1989       | M18-29    | 5          | 3:38         | 16,5       | 00:27:01 | 01:02:17 | 01:16:33   | <b>01:16:34</b> | 19 |   |
| 21   | 1261    | SZYMAŃSKI PAWEŁ          | KATOWICE            | NIEWYMIĘKACZE                      | POLSKA  | 1988       | M18-29    | 6          | 3:38         | 16,5       | 00:28:35 | 01:03:47 | 01:16:37   | <b>01:16:38</b> | 20 |   |
| 22   | 100     | BŁASZCZYK JAROSŁAW       | POZNAŃ              | TEAM PLESZEW                       | POLSKA  | 1972       | M40-44    | 2          | 3:39         | 16,5       | 00:27:42 | 01:03:41 | 01:16:51   | <b>01:16:52</b> | 21 |   |
| 23   | 539     | KIMUTAI HELLEN JEPKOSGEI | ELDORET             | BENEDEK-TEAM                       | KENYA   | 1982       | K30-39    | 2          | 3:39         | 16,5       | 00:27:46 | 01:03:29 | 01:16:53   | <b>01:16:55</b> |    | 2 |
| 24   | 167     | CHICIAK TOMASZ           | JACZÓW              | KGHM O/ZG POLKOWICE-SIEROSZOWICE   | POLSKA  | 1978       | M30-39    | 13         | 3:40         | 16,4       | 00:27:46 | 01:03:33 | 01:17:22   | <b>01:17:23</b> | 22 |   |
| 25   | 165     | CHEPKEMEJ CHRISTINE      | ELDORET             | BENEDEK-TEAM                       | KENYA   | 1988       | K18-29    | 1          | 3:41         | 16,3       | 00:27:43 | 01:03:30 | 01:17:31   | <b>01:17:32</b> |    | 3 |
| 26   | 95      | BIWOTT GLADYS JEPKURUI   | ELDORET             | BENEDEK-TEAM                       | KENYA   | 1985       | K18-29    | 2          | 3:41         | 16,3       | 00:28:19 | 01:04:18 | 01:17:35   | <b>01:17:36</b> |    | 4 |
| 27   | 787     | MAZURKIEWICZ JERZY       | GŁOGÓW              |                                    | POLSKA  | 1970       | M40-44    | 3          | 3:41         | 16,3       | 00:28:18 | 01:04:18 | 01:17:39   | <b>01:17:41</b> | 23 |   |
| 28   | 529     | KERGYTE REMALDA          | WILNO               |                                    | LITWA   | 1985       | K18-29    | 3          | 3:41         | 16,3       | 00:27:50 | 01:04:01 | 01:17:53   | <b>01:17:53</b> |    | 5 |
| 29   | 1173    | SOCHA DARIUSZ            | GŁOGÓW              | KGHM POLSKA MIEDŹ                  | POLSKA  | 1972       | M40-44    | 4          | 3:42         | 16,2       | 00:28:36 | 01:04:46 | 01:18:04   | <b>01:18:05</b> | 24 |   |
| 30   | 411     | JANAS ROMAN              | GRODZISK WLKP       | GRODZISKI KLU8 BIEGACZA            | POLSKA  | 1972       | M40-44    | 5          | 3:42         | 16,2       | 00:28:33 | 01:04:45 | 01:18:05   | <b>01:18:07</b> | 25 |   |
| 31   | 447     | JEZERSKI GRZEGORZ        | KOZIEGŁOWY          | UNILEVER POZNAŃ                    | POLSKA  | 1964       | M45-49    | 2          | 3:43         | 16,2       | 00:28:37 | 01:04:58 | 01:18:19   | <b>01:18:20</b> | 26 |   |
| 32   | 360     | GRZEŚKOWIAK KRZYSZTOF    | SWARZĘDZ            |                                    | POLSKA  | 1989       | M18-29    | 7          | 3:43         | 16,1       | 00:28:23 | 01:04:58 | 01:18:32   | <b>01:18:34</b> | 27 |   |
| 33   | 186     | CICHOREK DARIUSZ         | KALISZ              | KKB FINISZ KALISZ                  | POLSKA  | 1972       | M40-44    | 6          | 3:44         | 16,1       | 00:28:17 | 01:04:36 | 01:18:38   | <b>01:18:39</b> | 28 |   |
| 34   | 1381    | WŁODARKIEWICZ DOMINIK    | POZNAŃ              | VEGE RUNNERS                       | POLSKA  | 1974       | M30-39    | 14         | 3:44         | 16,1       | 00:29:15 | 01:05:39 | 01:18:49   | <b>01:18:51</b> | 29 |   |
| 35   | 1390    | WOJTASIK JAROSŁAW        | ZŁOTÓW              | SBZZ ZŁOTÓW                        | POLSKA  | 1965       | M45-49    | 3          | 3:44         | 16,0       | 00:29:09 | 01:05:38 | 01:18:53   | <b>01:18:56</b> | 30 |   |
| 36   | 861     | MUSIAŁ MATEUSZ           | OLEŚNICA            |                                    | POLSKA  | 1986       | M18-29    | 8          | 3:45         | 16,0       | 00:28:46 | 01:05:41 | 01:18:48   | <b>01:18:57</b> | 31 |   |
| 37   | 283     | GACZKOWSKI ROBERT        | ŻNIN                | ŻNIŃSKI KLUB BIEGACZA 1992         | POLSKA  | 1975       | M30-39    | 15         | 3:45         | 16,0       | 00:28:18 | 01:05:08 | 01:19:05   | <b>01:19:06</b> | 32 |   |
| 38   | 1460    | ZUSINAITE VAIDA          | WILNO               |                                    | LITWA   | 1988       | K18-29    | 4          | 3:45         | 16,0       | 00:28:18 | 01:05:10 | 01:19:08   | <b>01:19:08</b> |    | 6 |
| 39   | 1276    | ŚWIĘTEK ANDRZEJ          | LESZNO              | SPINKO LESZNO                      | POLSKA  | 1959       | M50-54    | 1          | 3:46         | 15,9       | 00:28:42 | 01:05:44 | 01:19:21   | <b>01:19:25</b> | 33 |   |
| 40   | 869     | NADOLNY JÓZEF            | GŁOGÓW              |                                    | POLSKA  | 1961       | M50-54    | 2          | 3:47         | 15,8       | 00:28:31 | 01:05:41 | 01:19:50   | <b>01:19:53</b> | 34 |   |
| 41   | 1343    | WAWRZYŃIAK JERZY         | ŚREM                | DRUZYNA SZPIKU                     | POLSKA  | 1975       | M30-39    | 16         | 3:48         | 15,8       | 00:28:43 | 01:05:44 | 01:20:13   | <b>01:20:16</b> | 35 |   |
| 42   | 26      | ANTCZAK ROBERT           | POZNAŃ              | MALTA POZNAŃ                       | POLSKA  | 1962       | M50-54    | 3          | 3:48         | 15,8       | 00:29:33 | 01:06:37 | 01:20:16   | <b>01:20:19</b> | 36 |   |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość         | Klub                                 | Kraj    | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M  | K |
|------|---------|----------------------|---------------------|--------------------------------------|---------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|----|---|
| 43   | 249     | DZIECHCIOWSKI JACEK  | ŚREM                | RUNNERS POWER                        | POLSKA  | 1976       | M30-39    | 17         | 3:49         | 15,7       | 00:29:55 | 01:07:09 | 01:20:26   | <b>01:20:32</b> | 37 |   |
| 44   | 1457    | ZŁOTKOWSKI ŁUKASZ    | NIETAŹKOWO          | UKS JUNIOR NIETAŹKOWO                | POLSKA  | 1979       | M30-39    | 18         | 3:49         | 15,7       | 00:28:34 | 01:06:14 | 01:20:37   | <b>01:20:40</b> | 38 |   |
| 45   | 1484    | PILARSKA KAROLINA    | LUBLINIEC           | WKB META LUBLINIEC                   | POLSKA  | 1987       | K18-29    | 5          | 3:50         | 15,7       | 00:29:09 | 01:06:37 | 01:20:45   | <b>01:20:46</b> |    | 7 |
| 46   | 1112    | SARŻYŃSKI PATRYK     | CHOCIANÓW           | KB ZDYSZAAANI CHOCIANÓW              | POLSKA  | 1993       | M18-29    | 9          | 3:51         | 15,6       | 00:30:05 | 01:07:27 | 01:21:04   | <b>01:21:07</b> | 39 |   |
| 47   | 32      | MYHAILOV BORYS       | BAHMACZ             | SK KOVEL - LKB RUDNIK                | UKRAINA | 1961       | M50-54    | 4          | 3:51         | 15,6       | 00:29:33 | 01:07:06 | 01:21:12   | <b>01:21:13</b> | 40 |   |
| 48   | 120     | BOSY DANIEL          | KOŚCIAN             | LKS SANA KOŚCIAN                     | POLSKA  | 1989       | M18-29    | 10         | 3:51         | 15,6       | 00:28:19 | 01:04:38 | 01:21:14   | <b>01:21:14</b> | 41 |   |
| 49   | 1250    | SZUSTER MICHAŁ       | KOŚCIAN             | LKS SANA KOŚCIAN                     | POLSKA  | 1976       | M30-39    | 19         | 3:51         | 15,6       | 00:29:15 | 01:06:40 | 01:21:20   | <b>01:21:22</b> | 42 |   |
| 50   | 741     | MAJORCZYK ADAM       | KOŚCIAN             | LKS SANA KOŚCIAN                     | POLSKA  | 1991       | M18-29    | 11         | 3:51         | 15,6       | 00:28:52 | 01:07:10 | 01:21:23   | <b>01:21:24</b> | 43 |   |
| 51   | 658     | KURIATA ROBERT       | ZŁOTORYJA           | OLAWS - GATES ZŁOTORYJA              | POLSKA  | 1966       | M45-49    | 4          | 3:52         | 15,5       | 00:29:35 | 01:07:33 | 01:21:27   | <b>01:21:29</b> | 44 |   |
| 52   | 1369    | WIŚNIEWSKI SŁAWOMIR  | WROCŁAW             | DRUŻYNA SZPIKU                       | POLSKA  | 1973       | M40-44    | 7          | 3:52         | 15,5       | 00:29:47 | 01:07:39 | 01:21:30   | <b>01:21:34</b> | 45 |   |
| 53   | 1488    | NOWAK ŁUKASZ         | CZEMPIN             |                                      | POLSKA  |            |           |            | 3:52         | 15,5       | 00:28:37 | 01:08:05 | 01:21:31   | <b>01:21:36</b> | 46 |   |
| 54   | 270     | FRANKOWSKI DAMIAN    | WROCŁAW             | WKB PIAST WROCŁAW                    | POLSKA  | 1970       | M40-44    | 8          | 3:52         | 15,5       | 00:30:20 | 01:07:58 | 01:21:32   | <b>01:21:38</b> | 47 |   |
| 55   | 336     | GRABLEWSKI GRZEGORZ  | WROCŁAW             | WKB PIAST WROCŁAW                    | POLSKA  | 1975       | M30-39    | 20         | 3:52         | 15,5       | 00:29:47 | 01:07:36 | 01:21:40   | <b>01:21:43</b> | 48 |   |
| 56   | 504     | KARNATSEVICH HALINA  | GRODNO              | GRODNO-RUN                           | BLR     | 1969       | K40-44    | 1          | 3:53         | 15,4       | 00:28:42 | 01:07:14 | 01:22:02   | <b>01:22:03</b> |    | 8 |
| 57   | 9       | ADAMUS RADOŚLAW      | OSTRÓW WIELKOPOLSKI |                                      | POLSKA  | 1965       | M45-49    | 5          | 3:54         | 15,4       | 00:30:17 | 01:08:04 | 01:22:06   | <b>01:22:09</b> | 49 |   |
| 58   | 337     | GRABSKI RAFAŁ        | CICHA GÓRA          | GRODZISKI KLUB BIEGACZA              | POLSKA  | 1992       | M18-29    | 12         | 3:54         | 15,4       | 00:30:13 | 01:08:04 | 01:22:13   | <b>01:22:14</b> | 50 |   |
| 59   | 972     | PELC PAWEŁ           | WROCŁAW             | PRO-RUN WROCŁAW                      | POLSKA  | 1978       | M30-39    | 21         | 3:54         | 15,4       | 00:29:38 | 01:08:04 | 01:22:16   | <b>01:22:17</b> | 51 |   |
| 60   | 1104    | RZESZUT JACEK        | POZNAŃ              |                                      | POLSKA  | 1966       | M45-49    | 6          | 3:54         | 15,4       | 00:29:47 | 01:08:04 | 01:22:18   | <b>01:22:20</b> | 52 |   |
| 61   | 437     | JAŚNIEWICZ MATEUSZ   | SWARZĘDZ            |                                      | POLSKA  | 1987       | M18-29    | 13         | 3:56         | 15,3       | 00:29:36 | 01:07:39 | 01:22:50   | <b>01:22:54</b> | 53 |   |
| 62   | 425     | JANKOWSKI AREK       | POZNAŃ              | KB UE POZNAŃ                         | POLSKA  | 1975       | M30-39    | 22         | 3:56         | 15,3       | 00:29:54 | 01:08:27 | 01:22:53   | <b>01:22:54</b> | 54 |   |
| 63   | 806     | MICHALAK MIROŚLAW    | KOŚCIAN             |                                      | POLSKA  | 1987       | M18-29    | 14         | 3:56         | 15,2       | 00:29:54 | 01:08:21 | 01:23:00   | <b>01:23:03</b> | 55 |   |
| 64   | 662     | KURZAWSKI ŁUKASZ     | ST. BOJANOWO        | PSP KOŚCIAN                          | POLSKA  | 1984       | M18-29    | 15         | 3:57         | 15,2       | 00:30:45 | 01:09:38 | 01:23:28   | <b>01:23:29</b> | 56 |   |
| 65   | 696     | LUDWIKOWSKI PIOTR    | SZCZECINEK          |                                      | POLSKA  | 1974       | M30-39    | 23         | 3:57         | 15,2       | 00:31:02 | 01:09:42 | 01:23:22   | <b>01:23:29</b> | 57 |   |
| 66   | 415     | JANISZEWSKI WALDEMAR | LWÓWEK              | KM LWÓWEK WLKP.                      | POLSKA  | 1963       | M50-54    | 5          | 3:58         | 15,1       | 00:30:40 | 01:09:26 | 01:23:30   | <b>01:23:36</b> | 58 |   |
| 67   | 961     | PASTUCHA PIOTR       | OSTRÓW WLKP.        |                                      | POLSKA  | 1977       | M30-39    | 24         | 3:58         | 15,1       | 00:31:14 | 01:09:58 | 01:23:38   | <b>01:23:48</b> | 59 |   |
| 68   | 58      | BARAŃSKI BOGUSŁAW    | TRZEBIATÓW          | MLUKS TRZEBIATÓW                     | POLSKA  | 1958       | M55-59    | 1          | 3:59         | 15,1       | 00:30:01 | 01:09:20 | 01:23:54   | <b>01:23:55</b> | 60 |   |
| 69   | 1357    | WIECZOREK MARCIN     | MOSINA              | KUŹNIA TRIATHLONU POZNAŃ             | POLSKA  | 1982       | M30-39    | 25         | 3:59         | 15,1       | 00:30:35 | 01:09:33 | 01:23:50   | <b>01:23:57</b> | 61 |   |
| 70   | 720     | MACHOŃ PIOTR         | CHOCIANÓW           | KLUB BIEGACZA "ZADYSZAAANI" CHOCIANÓ | POLSKA  | 1977       | M30-39    | 26         | 3:59         | 15,1       | 00:31:15 | 01:09:59 | 01:23:51   | <b>01:23:57</b> | 62 |   |
| 71   | 522     | KĄŻMIERCZAK TOMASZ   | LESZNO              | TAMK                                 | POLSKA  | 1976       | M30-39    | 27         | 3:59         | 15,1       | 00:31:02 | 01:09:44 | 01:23:52   | <b>01:24:00</b> | 63 |   |
| 72   | 1185    | STACHOWIAK MARCIN    | PUSZCZYKOWO         | KB MANIAC POZNAŃ                     | POLSKA  | 1991       | M18-29    | 16         | 3:59         | 15,1       | 00:30:53 | 01:09:41 | 01:23:57   | <b>01:24:02</b> | 64 |   |
| 73   | 894     | NOWAK KRZYSZTOF      | KAMIONKI            | 31 BAZA LOTNICTWA TAKTYCZNEGO POZNAI | POLSKA  | 1973       | M40-44    | 9          | 3:59         | 15,0       | 00:30:18 | 01:09:43 | 01:24:05   | <b>01:24:09</b> | 65 |   |
| 74   | 751     | MALINOWSKI SŁAWOMIR  | NOWA SÓL            | NOWOSOLSKA GRUPA BIEGOWA             | POLSKA  | 1987       | M18-29    | 17         | 3:59         | 15,0       | 00:29:53 | 01:09:15 | 01:24:09   | <b>01:24:11</b> | 66 |   |
| 75   | 835     | MISZTA SŁAWOMIR      | POZNAŃ              |                                      | POLSKA  | 1960       | M50-54    | 6          | 3:59         | 15,0       | 00:30:48 | 01:10:02 | 01:24:09   | <b>01:24:12</b> | 67 |   |
| 76   | 809     | MICHALSKI ADAM       | SOBÓTKA             | KB SOBÓTKA                           | POLSKA  | 1970       | M40-44    | 10         | 4:00         | 15,0       | 00:31:10 | 01:09:46 | 01:24:09   | <b>01:24:14</b> | 68 |   |
| 77   | 601     | KOWALSKI CEZARY      | SZCZECIN            |                                      | POLSKA  | 1964       | M45-49    | 7          | 4:00         | 15,0       | 00:30:20 | 01:09:33 | 01:24:16   | <b>01:24:18</b> | 69 |   |
| 78   | 295     | GBUR ARKADIUSZ       | WITKOWO             | 31 BLT POZNAŃ KRZESINY               | POLSKA  | 1976       | M30-39    | 28         | 4:00         | 15,0       | 00:31:06 | 01:10:00 | 01:24:12   | <b>01:24:19</b> | 70 |   |
| 79   | 1079    | ROLKA GABRIELA       | NOWY SĄCZ           | METROPOLIA NIERUCHOMOŚCI KRAKÓW      | POLSKA  | 1989       | K18-29    | 6          | 4:00         | 15,0       | 00:31:19 | 01:10:27 | 01:24:19   | <b>01:24:20</b> |    | 9 |
| 80   | 339     | GREIVELDINGER GILLES | KÓRNIK              | ŚWIAT BIEGACZA                       | FRANCJA | 1971       | M40-44    | 11         | 4:00         | 15,0       | 00:30:53 | 01:10:07 | 01:24:27   | <b>01:24:31</b> | 71 |   |
| 81   | 531     | KĘDZIORA RAFAŁ       | KOZIEGŁOWY          |                                      | POLSKA  | 1977       | M30-39    | 29         | 4:00         | 15,0       | 00:30:13 | 01:09:31 | 01:24:24   | <b>01:24:32</b> | 72 |   |
| 82   | 212     | DARUL RADOŚLAW       | SKÓRZEWO            | SKÓRZEWO BIEGA                       | POLSKA  | 1974       | M30-39    | 30         | 4:01         | 14,9       | 00:31:06 | 01:10:06 | 01:24:39   | <b>01:24:42</b> | 73 |   |
| 83   | 946     | PALECZNY PAWEŁ       | KOŻUCHÓW            | 11 BATALION REMONTOWY                | POLSKA  | 1977       | M30-39    | 31         | 4:01         | 14,9       | 00:31:17 | 01:10:19 | 01:24:40   | <b>01:24:44</b> | 74 |   |
| 84   | 1184    | STACHOWIAK ŁUKASZ    | POZNAŃ              | STR POZNAŃ                           | POLSKA  | 1986       | M18-29    | 18         | 4:01         | 14,9       | 00:31:07 | 01:09:47 | 01:24:48   | <b>01:24:54</b> | 75 |   |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię                | Miejscowość     | Klub                                  | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|------------------------------|-----------------|---------------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 85   | 688     | LIS PIOTR                    | WŁOSZAKOWICE    | ING ŻYCIE                             | POLSKA | 1982       | M30-39    | 32         | 4:01         | 14,9       | 00:31:02 | 01:10:00 | 01:24:50   | <b>01:24:54</b> | 76  |    |
| 86   | 912     | NOWICKI ANDRZEJ              | BIELAWA         | WIELKA SOWA                           | POLSKA | 1961       | M50-54    | 7          | 4:02         | 14,9       | 00:31:06 | 01:10:19 | 01:24:51   | <b>01:24:57</b> | 77  |    |
| 87   | 814     | MIELNICZAK ARTUR             | POZNAŃ          |                                       | POLSKA | 1976       | M30-39    | 33         | 4:02         | 14,9       | 00:31:43 | 01:11:00 | 01:25:03   | <b>01:25:06</b> | 78  |    |
| 88   | 406     | JAKUBIK PIOTR                | POZNAŃ          | 31 BAZA LOTNICTWA TAKTYCZNEGO         | POLSKA | 1971       | M40-44    | 12         | 4:02         | 14,9       | 00:30:24 | 01:09:57 | 01:25:06   | <b>01:25:10</b> | 79  |    |
| 89   | 1209    | STRZELCZYK MACIEJ            | PIŁA            | 4RUN TEAM PIŁA                        | POLSKA | 1970       | M40-44    | 13         | 4:03         | 14,8       | 00:31:04 | 01:10:17 | 01:25:16   | <b>01:25:21</b> | 80  |    |
| 90   | 1239    | SZKUDLAREK SŁAWOMIR          | PRZYPROSTYNIA   | TKKF ŁABĘDŹ                           | POLSKA | 1970       | M40-44    | 14         | 4:03         | 14,8       | 00:31:03 | 01:10:33 | 01:25:14   | <b>01:25:23</b> | 81  |    |
| 91   | 798     | MENZ SŁAWOMIR                | GNIEZNO         |                                       | POLSKA | 1971       | M40-44    | 15         | 4:04         | 14,8       | 00:30:44 | 01:10:56 | 01:25:37   | <b>01:25:41</b> | 82  |    |
| 92   | 1315    | UKLEJA MONIKA                | OSTRÓW WLKP     | K.S. STAL OSTRÓW WLKP                 | POLSKA | 1982       | K30-39    | 3          | 4:04         | 14,8       |          |          | 01:25:46   | <b>01:25:46</b> |     | 10 |
| 93   | 11      | ALEKSANDROWICZ BARTOSZ       | GNIEZNO         | ALTOM GNIEZNO                         | POLSKA | 1987       | M18-29    | 19         | 4:04         | 14,8       | 00:30:42 | 01:10:49 | 01:25:45   | <b>01:25:48</b> | 83  |    |
| 94   | 1317    | URBAN GRACJAN                | OSTRÓW WLKP.    | KS MARATON/ ICE MAT TEAM              | POLSKA | 1996       | M18-29    | 20         | 4:04         | 14,7       | 00:32:30 | 01:11:53 | 01:25:42   | <b>01:25:52</b> | 84  |    |
| 95   | 1397    | WOSIAK GRZEGORZ              | ŻELAZNO         |                                       | POLSKA | 1974       | M30-39    | 34         | 4:05         | 14,7       | 00:31:58 | 01:11:34 | 01:25:59   | <b>01:26:05</b> | 85  |    |
| 96   | 484     | KALEMBKIEWICZ MIROSLAW       | WROCŁAW         | MIROTRANS WROCŁAW                     | POLSKA | 1976       | M30-39    | 35         | 4:05         | 14,7       | 00:31:21 | 01:11:24 | 01:26:03   | <b>01:26:09</b> | 86  |    |
| 97   | 393     | HYHUS JAN                    | WYSOCKO WIELKIE | KS MARATON OSTRÓW WLKP.               | POLSKA | 1992       | M18-29    | 21         | 4:05         | 14,7       | 00:32:34 | 01:12:00 | 01:26:00   | <b>01:26:11</b> | 87  |    |
| 98   | 1213    | SUCHORA PAWEŁ                | KOŚCIAN         |                                       | POLSKA | 1973       | M40-44    | 16         | 4:06         | 14,7       | 00:31:09 | 01:11:09 | 01:26:21   | <b>01:26:23</b> | 88  |    |
| 99   | 285     | GADZIŃSKI MAREK              | WROCŁAW         | WKB PIAST WROCŁAW                     | POLSKA | 1962       | M50-54    | 8          | 4:06         | 14,6       | 00:31:20 | 01:11:26 | 01:26:23   | <b>01:26:28</b> | 89  |    |
| 100  | 931     | OSTAJEWSKI TOMASZ            | LWÓWEK          | LWÓWEK                                | POLSKA | 1975       | M30-39    | 36         | 4:06         | 14,6       | 00:31:46 | 01:12:09 | 01:26:28   | <b>01:26:34</b> | 90  |    |
| 101  | 64      | BARTKOWIAK DARIUSZ           | OSTRÓW WLKP.    | KS MARATON OSTRÓW WLKP.               | POLSKA | 1965       | M45-49    | 8          | 4:06         | 14,6       | 00:32:34 | 01:12:00 | 01:26:25   | <b>01:26:36</b> | 91  |    |
| 102  | 781     | MAZIJ PIOTR                  | CHOCIANÓW       | KLUB BIEGACZA ZDYSZAAANI CHOCIANÓW    | POLSKA | 1986       | M18-29    | 22         | 4:06         | 14,6       | 00:31:15 | 01:10:44 | 01:26:29   | <b>01:26:37</b> | 92  |    |
| 103  | 723     | MACIASZCZYK ROMAN            | BIERUTÓW        |                                       | POLSKA | 1969       | M40-44    | 17         | 4:07         | 14,6       | 00:31:25 | 01:11:40 | 01:26:32   | <b>01:26:43</b> | 93  |    |
| 104  | 547     | KLIMASEK PRZEMEK             | POZNAŃ          | KB MANIAC POZNAŃ                      | POLSKA | 1981       | M30-39    | 37         | 4:07         | 14,6       | 00:31:18 | 01:11:10 | 01:26:39   | <b>01:26:49</b> | 94  |    |
| 105  | 918     | OCHNIO RYSZARD               | JASTROWE        | POLONIA JASTROWIE                     | POLSKA | 1975       | M30-39    | 38         | 4:07         | 14,6       | 00:31:01 | 01:11:39 | 01:26:54   | <b>01:26:58</b> | 95  |    |
| 106  | 845     | MORAWSKA MARZENA             | WROCŁAW         | KB SOBÓTKA                            | POLSKA | 1976       | K30-39    | 4          | 4:07         | 14,6       | 00:31:35 | 01:11:36 | 01:26:55   | <b>01:26:59</b> |     | 11 |
| 107  | 302     | GIDEL WITOLD                 | BRZEG DOLNY     |                                       | POLSKA | 1962       | M50-54    | 9          | 4:08         | 14,5       | 00:32:47 | 01:13:01 | 01:27:01   | <b>01:27:06</b> | 96  |    |
| 108  | 1055    | PUTOWSKI MACIEJ              | MOSINA          |                                       | POLSKA | 1988       | M18-29    | 23         | 4:08         | 14,5       | 00:32:48 | 01:12:49 | 01:26:57   | <b>01:27:10</b> | 97  |    |
| 109  | 574     | KONONOWICZ LESZEK            | ŻMIGRÓD         |                                       | POLSKA | 1984       | M18-29    | 24         | 4:08         | 14,5       | 00:31:08 | 01:11:30 | 01:27:05   | <b>01:27:11</b> | 98  |    |
| 110  | 1374    | WITKOWSKI TOMASZ             | KAMIONKI        | ALTO KAMIONKI                         | POLSKA | 1972       | M40-44    | 18         | 4:08         | 14,5       | 00:31:38 | 01:12:11 | 01:27:09   | <b>01:27:14</b> | 99  |    |
| 111  | 136     | BRZOZOWSKI ARTUR             | KOZIEGŁOWY      | RR                                    | POLSKA | 1975       | M30-39    | 39         | 4:08         | 14,5       | 00:31:43 | 01:12:05 | 01:27:06   | <b>01:27:15</b> | 100 |    |
| 112  | 942     | PACHLIŃSKI IRENEUSZ          | POZNAŃ          |                                       | POLSKA | 1974       | M30-39    | 40         | 4:08         | 14,5       | 00:32:22 | 01:12:55 | 01:27:16   | <b>01:27:21</b> | 101 |    |
| 113  | 1288    | TOMASZEWSKI MIKOŁAJ          | KOŚCIAN         |                                       | POLSKA | 1983       | M30-39    | 41         | 4:09         | 14,5       | 00:31:36 | 01:12:14 | 01:27:21   | <b>01:27:33</b> | 102 |    |
| 114  | 1048    | PRZYBYSZ DOROTA              | GRODZISK WLKP   | GRODZISKI KLUB BIEGACZA               | POLSKA | 1966       | K45-49    | 1          | 4:09         | 14,4       | 00:31:45 | 01:12:24 | 01:27:37   | <b>01:27:39</b> |     | 12 |
| 115  | 378     | HETZIG PIOTR                 | PIŁA            | 4RUN TEAM PIŁA                        | POLSKA | 1967       | M45-49    | 9          | 4:09         | 14,4       | 00:32:48 | 01:12:55 | 01:27:29   | <b>01:27:43</b> | 103 |    |
| 116  | 79      | BEMOWICZ TOMASZ              | KOŁOBRZEG       | KB WYGAN                              | POLSKA | 1970       | M40-44    | 19         | 4:10         | 14,4       | 00:32:24 | 01:12:38 | 01:27:47   | <b>01:27:51</b> | 104 |    |
| 117  | 1155    | SKUDLARSKI JAKUB             | WROCŁAW         | PRO-RUN WROCŁAW                       | POLSKA | 1991       | M18-29    | 25         | 4:10         | 14,4       | 00:32:39 | 01:12:47 | 01:27:37   | <b>01:27:51</b> | 105 |    |
| 118  | 1128    | SHCHENSNA-RADZIKOVSKA HALYNA | ŚWIDNICA        | KB.BIEGACZA SOBOTKA                   | POLSKA | 1981       | K30-39    | 5          | 4:10         | 14,4       | 00:31:10 | 01:12:06 | 01:27:56   | <b>01:28:01</b> |     | 13 |
| 119  | 666     | KWACZ KRZYSZTOF              | POZNAŃ          | NIGHT RUNNERS                         | POLSKA | 1976       | M30-39    | 42         | 4:11         | 14,4       | 00:32:42 | 01:13:16 | 01:27:52   | <b>01:28:05</b> | 106 |    |
| 120  | 546     | KLICZKA KAMIL                | SZCZECIN        | PUSZCZYK BUKOWY                       | POLSKA | 1968       | M45-49    | 10         | 4:11         | 14,3       | 00:30:45 | 01:11:26 | 01:28:20   | <b>01:28:22</b> | 107 |    |
| 121  | 428     | JANOWSKI ARKADIUSZ           | PERZYNY         | 5 LUBUSKI PUŁK ARTYLERII W SULECHOWIE | POLSKA | 1976       | M30-39    | 43         | 4:11         | 14,3       | 00:31:40 | 01:12:57 | 01:28:21   | <b>01:28:25</b> | 108 |    |
| 122  | 1485    | ROSIŃSKI ŁUKASZ              | LUBLINIEC       | WKB META LUBLINIEC                    | POLSKA | 1983       | M30-39    | 44         | 4:12         | 14,3       | 00:32:38 | 01:13:16 | 01:28:23   | <b>01:28:28</b> | 109 |    |
| 123  | 1187    | STACHOWSKI MIROSLAW          | ŻARY            | CZARNA DYWIZJA                        | POLSKA | 1964       | M45-49    | 11         | 4:12         | 14,3       | 00:32:33 | 01:13:13 | 01:28:11   | <b>01:28:29</b> | 110 |    |
| 124  | 277     | FRĄCZYK MARIUSZ              | POZNAN          |                                       | POLSKA | 1983       | M30-39    | 45         | 4:12         | 14,3       | 00:32:34 | 01:13:36 | 01:28:25   | <b>01:28:35</b> | 111 |    |
| 125  | 445     | JESION IRENEUSZ              | LUBIN           |                                       | POLSKA | 1969       | M40-44    | 20         | 4:12         | 14,3       | 00:32:36 | 01:13:21 | 01:28:35   | <b>01:28:39</b> | 112 |    |
| 126  | 392     | HURYŃ EWA                    | SZCZECIN        | RUNNERSCLUB.PL TEAM                   | POLSKA | 1973       | K40-44    | 2          | 4:12         | 14,3       | 00:32:33 | 01:13:29 | 01:28:43   | <b>01:28:46</b> |     | 14 |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość  | Klub                                    | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|-----------------------|--------------|---|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 127  | 1365    | WILK CZESŁAW          | WĘGRÓW       | TSV1984PERŁAWĘGRÓW                      | POLSKA | 1958       | M55-59    | 2          | 4:13         | 14,2       | 00:31:43 | 01:12:49 | 01:28:51   | <b>01:28:57</b> | 113 |    |
| 128  | 1243    | SZNAJDER MARCIN       | NOWA SÓL     | NOWOSOLSKA GRUPA BIEGOWA                | POLSKA | 1976       | M30-39    | 46         | 4:13         | 14,2       | 00:31:36 | 01:13:04 | 01:28:56   | <b>01:28:58</b> | 114 |    |
| 129  | 1009    | PLESNER MIECZYSLAW    | WIŃSKO       |   | POLSKA | 1971       | M40-44    | 21         | 4:13         | 14,2       | 00:33:00 | 01:13:37 | 01:28:57   | <b>01:29:02</b> | 115 |    |
| 130  | 1246    | SZUBA ERYK            | WARSZAWA     |   | POLSKA | 1972       | M40-44    | 22         | 4:13         | 14,2       | 00:32:39 | 01:13:48 | 01:28:56   | <b>01:29:04</b> | 116 |    |
| 131  | 891     | NOWACZYK TOMASZ       | KOŚCIAN      | KABARET CZESUAF/ZDAŻYC PRZED SANFILIPPI | POLSKA | 1979       | M30-39    | 47         | 4:14         | 14,2       | 00:33:16 | 01:14:40 | 01:28:54   | <b>01:29:12</b> | 117 |    |
| 132  | 1022    | POMIERNY TOMASZ       | LUBIN        | ULTIMATE PETARDA SQUAD                  | POLSKA | 1978       | M30-39    | 48         | 4:14         | 14,2       | 00:33:13 | 01:14:12 | 01:29:03   | <b>01:29:16</b> | 118 |    |
| 133  | 1493    | MARCZAK ROKSANA       | LUBIN        | LUFT TUI TEAM                           | POLSKA | 1984       | K18-29    | 7          | 4:14         | 14,2       | 00:33:13 | 01:14:12 | 01:29:03   | <b>01:29:17</b> |     | 15 |
| 134  | 1280    | TALMA MARCIN          | PIASKI       | AZS WSUS POZNAŃ                         | POLSKA | 1991       | M18-29    | 26         | 4:14         | 14,2       | 00:33:07 | 01:13:47 | 01:29:07   | <b>01:29:20</b> | 119 |    |
| 135  | 1193    | STAREGO ADAM          | BOLESŁAWIEC  |   | POLSKA | 1958       | M55-59    | 3          | 4:14         | 14,2       | 00:32:22 | 01:13:32 | 01:29:19   | <b>01:29:22</b> | 120 |    |
| 136  | 93      | BIJAS PIOTR           | SWARZĘDZ     | KB MANIAC POZNAŃ                        | POLSKA | 1975       | M30-39    | 49         | 4:14         | 14,2       | 00:33:13 | 01:14:32 | 01:29:09   | <b>01:29:24</b> | 121 |    |
| 137  | 349     | GRYCZKA MATEUSZ       | LESZNO       | MARATON LESZNO                          | POLSKA | 1983       | M30-39    | 50         | 4:14         | 14,2       | 00:33:16 | 01:14:39 | 01:29:00   | <b>01:29:25</b> | 122 |    |
| 138  | 665     | KUSZNIEREWICZ MACIEJ  | POZNAŃ       | WWW.KUSZNIEREWICZ.EU                    | POLSKA | 1985       | M18-29    | 27         | 4:14         | 14,1       | 00:33:09 | 01:14:13 | 01:29:17   | <b>01:29:29</b> | 123 |    |
| 139  | 1014    | PLUKARSKI PATRYK      | WROCŁAW      | WKW WROCŁAW                             | POLSKA | 1982       | M30-39    | 51         | 4:15         | 14,1       | 00:33:20 | 01:14:32 | 01:29:17   | <b>01:29:33</b> | 124 |    |
| 140  | 1108    | SADOWSKI ARKADIUSZ    | OPALENICA    |   | POLSKA | 1967       | M45-49    | 12         | 4:15         | 14,1       | 00:33:43 | 01:14:54 | 01:29:17   | <b>01:29:36</b> | 125 |    |
| 141  | 1424    | WYŻGA MARIUSZ         | KRAKÓW       | WSOWL                                   | POLSKA | 1990       | M18-29    | 28         | 4:15         | 14,1       | 00:33:16 | 01:14:40 | 01:29:20   | <b>01:29:37</b> | 126 |    |
| 142  | 1358    | WIECZOREK FILIP       | OWIŃSKA      | NIGHT RUNNERS                           | POLSKA | 1987       | M18-29    | 29         | 4:15         | 14,1       | 00:33:13 | 01:14:38 | 01:29:25   | <b>01:29:38</b> | 127 |    |
| 143  | 843     | MOLIK JAKUB           | WROCŁAW      | STR POZNAŃ                              | POLSKA | 1989       | M18-29    | 30         | 4:15         | 14,1       | 00:33:06 | 01:14:39 | 01:29:34   | <b>01:29:39</b> | 128 |    |
| 144  | 1196    | STAWNICZY WIESŁAW     | GŁOGÓW       |   | POLSKA | 1953       | M60-64    | 1          | 4:15         | 14,1       | 00:33:14 | 01:14:31 | 01:29:30   | <b>01:29:44</b> | 129 |    |
| 145  | 1221    | SZAŁKOWSKI ŁUKASZ     | SUCHY LAS    | NIGHT RUNNERS                           | POLSKA | 1981       | M30-39    | 52         | 4:15         | 14,1       | 00:33:14 | 01:14:39 | 01:29:31   | <b>01:29:44</b> | 130 |    |
| 146  | 1248    | SZUKAŁA MATEUSZ       | CZARNKÓW     | KB MANIAC POZNAŃ                        | POLSKA | 1983       | M30-39    | 53         | 4:15         | 14,1       | 00:33:17 | 01:14:42 | 01:29:30   | <b>01:29:44</b> | 131 |    |
| 147  | 850     | MRÓZ KRZYSZTOF        | KOZIEGŁOWY   | RR                                      | POLSKA | 1972       | M40-44    | 23         | 4:15         | 14,1       | 00:31:48 | 01:14:08 | 01:29:39   | <b>01:29:48</b> | 132 |    |
| 148  | 389     | HORBOWY SŁAWOMIR      | CZEPIELOWICE |   | POLSKA | 1963       | M50-54    | 10         | 4:15         | 14,1       | 00:33:15 | 01:14:40 | 01:29:29   | <b>01:29:48</b> | 133 |    |
| 149  | 548     | KLIMASZEWSKI DANIEL   | JABŁONÓW     |   | POLSKA | 1976       | M30-39    | 54         | 4:15         | 14,1       | 00:33:14 | 01:14:39 | 01:29:36   | <b>01:29:49</b> | 134 |    |
| 150  | 412     | JANDA BEATA           | KATOWICE     | NIEMIĘKACZE                             | POLSKA | 1987       | K18-29    | 8          | 4:15         | 14,1       | 00:33:21 | 01:14:39 | 01:29:46   | <b>01:29:49</b> |     | 16 |
| 151  | 57      | BARAŃCZAK LESZEK      | POZNAŃ       |   | POLSKA | 1973       | M40-44    | 24         | 4:16         | 14,1       | 00:33:21 | 01:14:39 | 01:29:38   | <b>01:29:54</b> | 135 |    |
| 152  | 949     | PALUSZKIEWICZ BOGDAN  | GOSTYŃ       | BISKUPIANKA STARA KROBIA/GTS CITIUS     | POLSKA | 1972       | M40-44    | 25         | 4:16         | 14,1       | 00:32:54 | 01:14:15 | 01:29:52   | <b>01:29:59</b> | 136 |    |
| 153  | 36      | BAJSTOK PAWEŁ         | CZEMPIŃ      |   | POLSKA | 1974       | M30-39    | 55         | 4:16         | 14,1       | 00:33:20 | 01:14:42 | 01:29:45   | <b>01:30:04</b> | 137 |    |
| 154  | 417     | JANKOWIAK PATRYK      | SZCZYTNIKI   | CENTRUM DIAGNOSRYCZNO-REHABILITACYJ     | POLSKA | 1978       | M30-39    | 56         | 4:16         | 14,0       | 00:33:14 | 01:14:40 | 01:30:07   | <b>01:30:07</b> | 138 |    |
| 155  | 1254    | SZYLAK PIOTR          | PNIEWY       | 31. BAZA LOTNICTWA TAKTYCZNEGO          | POLSKA | 1975       | M30-39    | 57         | 4:16         | 14,0       | 00:32:47 | 01:14:40 | 01:30:04   | <b>01:30:08</b> | 139 |    |
| 156  | 312     | GOIŃSKI JAKUB         | PLEWISKA     |   | POLSKA | 1983       | M30-39    | 58         | 4:16         | 14,0       | 00:32:22 | 01:13:37 | 01:29:59   | <b>01:30:10</b> | 140 |    |
| 157  | 1100    | RYSIUKEWICZ STANISŁAW | POZNAŃ       | NIGHT RUNNERS                           | POLSKA | 1975       | M30-39    | 59         | 4:17         | 14,0       | 00:33:13 | 01:14:38 | 01:30:08   | <b>01:30:21</b> | 141 |    |
| 158  | 1283    | TATERSKI PAWEŁ        | ŚREM         | KB MANIAC POZNAŃ                        | POLSKA | 1964       | M45-49    | 13         | 4:17         | 14,0       | 00:33:15 | 01:14:43 | 01:30:16   | <b>01:30:21</b> | 142 |    |
| 159  | 777     | MATYSEK DARIUSZ       | WROCŁAW      | KB SOBOTKA                              | POLSKA | 1976       | M30-39    | 60         | 4:17         | 14,0       | 00:30:38 | 01:14:03 | 01:30:21   | <b>01:30:23</b> | 143 |    |
| 160  | 713     | ŁUCZAK MARCIN         | POZNAŃ       | NIGHT RUNNERS                           | POLSKA | 1982       | M30-39    | 61         | 4:17         | 14,0       | 00:33:13 | 01:14:38 | 01:30:11   | <b>01:30:24</b> | 144 |    |
| 161  | 181     | CHUDZYŃSKI TADEUSZ    | PŁOŃSK       | ROMEX PŁOŃSK                            | POLSKA | 1975       | M30-39    | 62         | 4:17         | 14,0       | 00:31:09 | 01:14:03 | 01:30:25   | <b>01:30:28</b> | 145 |    |
| 162  | 191     | CIEPŁUCHA ARTUR       | TUMIDAJ      | SIERADZBIEGA.PL                         | POLSKA | 1974       | M30-39    | 63         | 4:18         | 14,0       | 00:33:24 | 01:15:04 | 01:30:24   | <b>01:30:41</b> | 146 |    |
| 163  | 790     | MEISNEROWSKI ŁUKASZ   | SZAMOTUŁY    | WRONIECKI KLUB BIEGACZA                 | POLSKA | 1985       | M18-29    | 31         | 4:18         | 14,0       | 00:33:46 | 01:15:15 | 01:30:07   | <b>01:30:43</b> | 147 |    |
| 164  | 821     | MIKA JÓZEF            | POZNAŃ       | BRYLANT KÓRNIK                          | POLSKA | 1960       | M50-54    | 11         | 4:18         | 14,0       | 00:31:57 | 01:14:04 | 01:30:37   | <b>01:30:44</b> | 148 |    |
| 165  | 527     | KEDZIA BARTŁOMIEJ     | RADOMICKO    | OSP RADOMICKO                           | POLSKA | 1977       | M30-39    | 64         | 4:18         | 13,9       | 00:32:36 | 01:14:45 | 01:30:42   | <b>01:30:50</b> | 149 |    |
| 166  | 43      | BALINOWSKI KORNEL     | NOWA SOL     |   | POLSKA | 1982       | M30-39    | 65         | 4:18         | 13,9       | 00:34:21 | 01:15:52 | 01:30:30   | <b>01:30:50</b> | 150 |    |
| 167  | 1395    | WOŁOŻYŃ MARCIN        | GŁOGÓW       | KGHM POLKOWICE-SIEROSZOWICE             | POLSKA | 1979       | M30-39    | 66         | 4:18         | 13,9       | 00:33:58 | 01:15:51 | 01:30:33   | <b>01:30:52</b> | 151 |    |
| 168  | 1453    | ZIMNY RAFAŁ           | WRONKI       | NIEZRZESZONY                            | POLSKA | 1969       | M40-44    | 26         | 4:19         | 13,9       | 00:33:18 | 01:15:05 | 01:30:40   | <b>01:30:55</b> | 152 |    |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię             | Miejscowość        | Klub                                 | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|---------------------------|--------------------|--------------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 169  | 96      | BLACHOWSKI PIOTR          | SZLICHTYNGOWA      | KGHM S.A.O/Z.G."POLKOWICE-SIEROSZOWI | POLSKA | 1972       | M40-44    | 27         | 4:19         | 13,9       | 00:33:58 | 01:15:51 | 01:30:40   | <b>01:30:59</b> | 153 |    |
| 170  | 753     | MALINOWSKI MACIEJ         | KAZIMIERZ BISKUPI  |                                      | POLSKA | 1961       | M50-54    | 12         | 4:19         | 13,9       | 00:32:40 | 01:14:44 | 01:30:58   | <b>01:31:09</b> | 154 |    |
| 171  | 880     | NAWROCKI PIOTR            | ZALASEWO           | DRUŻYNA SZPIKU                       | POLSKA | 1973       | M40-44    | 28         | 4:19         | 13,9       | 00:33:35 | 01:15:33 | 01:30:57   | <b>01:31:12</b> | 155 |    |
| 172  | 823     | MIKOŁAJCZYK PRZEMYSŁAW    | RZGÓW              |                                      | POLSKA | 1975       | M30-39    | 67         | 4:19         | 13,9       | 00:33:20 | 01:15:22 | 01:31:01   | <b>01:31:14</b> | 156 |    |
| 173  | 586     | KOSZAREK MACIEJ           | POZNAŃ             |                                      | POLSKA | 1967       | M45-49    | 14         | 4:20         | 13,8       | 00:33:17 | 01:15:36 | 01:31:16   | <b>01:31:30</b> | 157 |    |
| 174  | 289     | GARSTKIEWICZ MICHAŁ       | POZNAŃ             | STOMIL POZNAŃ                        | POLSKA | 1983       | M30-39    | 68         | 4:21         | 13,8       | 00:33:00 | 01:15:04 | 01:31:27   | <b>01:31:43</b> | 158 |    |
| 175  | 1028    | POSPIECH JAN              | POZNAN             |                                      | POLSKA | 1988       | M18-29    | 32         | 4:21         | 13,8       | 00:33:15 | 01:15:46 | 01:31:34   | <b>01:31:48</b> | 159 |    |
| 176  | 1203    | CERANEK JAKUB             | POZNAŃ             | NIGHT RUNNERS                        | POLSKA | 1985       | M18-29    | 33         | 4:21         | 13,8       | 00:33:05 | 01:14:42 | 01:31:45   | <b>01:31:52</b> | 160 |    |
| 177  | 496     | KANTYKA BEATA             | OŚWIĘCIM           | NIEWYMIĘKACZE                        | POLSKA | 1981       | K30-39    | 6          | 4:21         | 13,8       | 00:33:49 | 01:16:17 | 01:31:51   | <b>01:31:53</b> |     | 17 |
| 178  | 626     | KRYSZTOFIAK DAMIAN        | PŁOCK              | WSOWL                                | POLSKA | 1990       | M18-29    | 34         | 4:22         | 13,8       | 00:33:14 | 01:14:39 | 01:31:40   | <b>01:31:57</b> | 161 |    |
| 179  | 779     | MATYSIK ZBIGNIEW          | OSTRÓW WLKP.       | KS MARATON/ ICE MAT TEAM             | POLSKA | 1974       | M30-39    | 69         | 4:22         | 13,8       | 00:34:13 | 01:16:28 | 01:31:37   | <b>01:31:58</b> | 162 |    |
| 180  | 624     | KRYSZTOFIAK SŁAWOMIR      | BYDGOSZCZ          | NIEZRZESZONY                         | POLSKA | 1965       | M45-49    | 15         | 4:22         | 13,8       | 00:33:13 | 01:15:30 | 01:31:54   | <b>01:32:01</b> | 163 |    |
| 181  | 858     | MULLER ANDRZEJ            | PUSZCZYKOWO        |                                      | POLSKA | 1958       | M55-59    | 4          | 4:22         | 13,7       | 00:33:14 | 01:15:58 | 01:31:56   | <b>01:32:09</b> | 164 |    |
| 182  | 536     | KIESLICH MARIUSZ          | POZNAŃ             | BRYLANT KÓRNIK                       | POLSKA | 1962       | M50-54    | 13         | 4:22         | 13,7       | 00:33:10 | 01:16:00 | 01:32:02   | <b>01:32:09</b> | 165 |    |
| 183  | 85      | BESZ-MALINOWSKA KATARZYNA | 33                 |                                      | POLSKA | 1973       | K40-44    | 3          | 4:22         | 13,7       | 00:33:35 | 01:16:26 | 01:32:05   | <b>01:32:09</b> |     | 18 |
| 184  | 2       | ADAMEK PAWEŁ              | WROCŁAW            | PRO-RUN WROCŁAW                      | POLSKA | 1988       | M18-29    | 35         | 4:22         | 13,7       | 00:34:33 | 01:16:47 | 01:31:41   | <b>01:32:09</b> | 166 |    |
| 185  | 1259    | SZYMAŃSKI JANUSZ          | POZNAŃ             |                                      | POLSKA | 1951       | M60-64    | 2          | 4:23         | 13,7       | 00:33:23 | 01:16:26 | 01:32:11   | <b>01:32:19</b> | 167 |    |
| 186  | 377     | HETMAŃSKI TOMASZ          | LESZNO             | 12TRI.PL                             | POLSKA | 1977       | M30-39    | 70         | 4:23         | 13,7       | 00:33:08 | 01:15:23 | 01:32:21   | <b>01:32:21</b> | 168 |    |
| 187  | 1065    | RAJEWSKI MARCIN           | KOŚCIAN            |                                      | POLSKA | 1975       | M30-39    | 71         | 4:23         | 13,7       | 00:33:24 | 01:16:15 | 01:32:04   | <b>01:32:22</b> | 169 |    |
| 188  | 361     | GRZYB SŁAWOMIR            | WROCŁAW            | WKB PIAST                            | POLSKA | 1981       | M30-39    | 72         | 4:23         | 13,7       | 00:34:38 | 01:17:05 | 01:32:07   | <b>01:32:23</b> | 170 |    |
| 189  | 1257    | SZYMAŃCZUK JACEK          | OSTRÓW             |                                      | POLSKA | 1986       | M18-29    | 36         | 4:23         | 13,7       | 00:33:13 | 01:15:29 | 01:32:12   | <b>01:32:27</b> | 171 |    |
| 190  | 1145    | SKORNOWICZ PAWEŁ          | KAZMIERZ           | BRYGADA RUMCAJSA ROJBERA             | POLSKA | 1971       | M40-44    | 29         | 4:23         | 13,7       | 00:33:15 | 01:15:57 | 01:32:16   | <b>01:32:29</b> | 172 |    |
| 191  | 488     | KAMINIK MACIEJ            | PSARSKIE           |                                      | POLSKA | 1989       | M18-29    | 37         | 4:23         | 13,7       | 00:32:48 | 01:16:25 | 01:32:21   | <b>01:32:32</b> | 173 |    |
| 192  | 780     | MATYŚKIEWICZ RAFAŁ        | GOSTYŃ             |                                      | POLSKA | 1971       | M40-44    | 30         | 4:23         | 13,7       | 00:34:52 | 01:16:52 | 01:32:33   | <b>01:32:33</b> | 174 |    |
| 193  | 228     | DOMINÓW ŁUKASZ            | LUBIN              | LUBIŃSKIE CHARAKTERY                 | POLSKA | 1979       | M30-39    | 73         | 4:23         | 13,7       | 00:34:50 | 01:17:26 | 01:32:13   | <b>01:32:34</b> | 175 |    |
| 194  | 1282    | TARGOWICKI KONRAD         | ROSTARZEWO         | GRODZISKI KLUB BIEGACZA              | POLSKA | 1987       | M18-29    | 38         | 4:23         | 13,7       | 00:33:45 | 01:16:47 | 01:32:24   | <b>01:32:35</b> | 176 |    |
| 195  | 907     | NOWAK JAKUB               | KOŚCIAN            | LKS SANA KOŚCIAN                     | POLSKA | 1992       | M18-29    | 39         | 4:23         | 13,7       | 00:31:12 | 01:14:03 | 01:32:35   | <b>01:32:36</b> | 177 |    |
| 196  | 1229    | SZCZĘŚNIK JERZY           | WROCŁAW            | WOSIEK TEAM                          | POLSKA | 1968       | M45-49    | 16         | 4:24         | 13,7       | 00:34:22 | 01:17:02 | 01:32:28   | <b>01:32:40</b> | 178 |    |
| 197  | 760     | MARCZAK MARIUSZ           | ZIELONA GÓRA       | RUNPLANET ZIELONA GORA               | POLSKA | 1958       | M55-59    | 5          | 4:24         | 13,7       | 00:33:26 | 01:16:36 | 01:32:40   | <b>01:32:44</b> | 179 |    |
| 198  | 18      | ANDRZEJEWSKA MARTA        | BOSZKOWO-LETNISKO  | UAM POZNAŃ                           | POLSKA | 1993       | K18-29    | 9          | 4:24         | 13,6       | 00:33:32 | 01:16:43 | 01:32:28   | <b>01:32:46</b> |     | 19 |
| 199  | 973     | PELEC ALBERT              | NOWA WIEŚ          | ABUŚ TEAM                            | POLSKA | 1986       | M18-29    | 40         | 4:24         | 13,6       | 00:32:21 | 01:15:03 | 01:32:51   | <b>01:32:51</b> | 180 |    |
| 200  | 1046    | PRZYBYŁ WŁADYSŁAW         | ŚRODA WIELKOPOLSKA | KB AKTYWNI ŚRODA WLKP.               | POLSKA | 1962       | M50-54    | 14         | 4:24         | 13,6       | 00:33:53 | 01:16:56 | 01:32:42   | <b>01:32:53</b> | 181 |    |
| 201  | 1161    | SMOLARZ MACIEJ            | BIELAWA            | WIELKA SOWA                          | POLSKA | 1972       | M40-44    | 31         | 4:24         | 13,6       | 00:35:05 | 01:17:38 | 01:32:57   | <b>01:32:57</b> | 182 |    |
| 202  | 1387    | WOJCIECHOWSKI NORBERT     | GNIEZNO            |                                      | POLSKA | 1980       | M30-39    | 74         | 4:24         | 13,6       | 00:34:22 | 01:17:19 | 01:32:40   | <b>01:33:00</b> | 183 |    |
| 203  | 351     | GRYGIER ANDRZEJ           | WROCŁAW            |                                      | POLSKA | 1975       | M30-39    | 75         | 4:25         | 13,6       | 00:34:59 | 01:17:29 | 01:32:44   | <b>01:33:03</b> | 184 |    |
| 204  | 17      | ANDRYCHIEWICZ JAROSŁAW    | MIĘKOWO            | BIEGOLUBY.PL                         | POLSKA | 1964       | M45-49    | 17         | 4:25         | 13,6       | 00:34:25 | 01:17:18 | 01:32:46   | <b>01:33:04</b> | 185 |    |
| 205  | 492     | KANIUK SŁAWOMIR           | GRODZISK WLKP      |                                      | POLSKA | 1970       | M40-44    | 32         | 4:25         | 13,6       | 00:33:19 | 01:15:39 | 01:32:57   | <b>01:33:09</b> | 186 |    |
| 206  | 1192    | STANISZCZAK TOMASZ        | PRZYBYSZEWO        |                                      | POLSKA | 1983       | M30-39    | 76         | 4:25         | 13,6       | 00:35:08 | 01:18:21 | 01:32:53   | <b>01:33:15</b> | 187 |    |
| 207  | 813     | MIELCZAREK STANISŁAW      | KALISZ             |                                      | POLSKA | 1957       | M55-59    | 6          | 4:25         | 13,6       | 00:34:26 | 01:16:51 | 01:33:04   | <b>01:33:17</b> | 188 |    |
| 208  | 557     | KNAPSKI GNIEWOMIR         | WRONKI             |                                      | POLSKA | 1990       | M18-29    | 41         | 4:26         | 13,6       | 00:36:15 | 01:18:26 | 01:33:11   | <b>01:33:24</b> | 189 |    |
| 209  | 668     | KWAŚNIK KRZYSZTOF         | NIECHLÓW           | KGHM O/Z.G. POLKOWICE-SIEROSZOWICE   | POLSKA | 1985       | M18-29    | 42         | 4:26         | 13,5       | 00:34:59 | 01:17:38 | 01:33:16   | <b>01:33:29</b> | 190 |    |
| 210  | 1454    | ZIÓŁKOWSKI PRZEMYSŁAW     | JUTROSIN           |                                      | POLSKA | 1968       | M45-49    | 18         | 4:26         | 13,5       | 00:34:26 | 01:18:02 | 01:33:24   | <b>01:33:29</b> | 191 |    |



# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię             | Miejscowość       | Klub                    | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|---------------------------|-------------------|-------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 211  | 1362    | WIĘCKOWSKI JACEK          | GNIEZNO           | VELUX-GNIEZNO           | POLSKA | 1973       | M40-44    | 33         | 4:26         | 13,5       | 00:33:30 | 01:17:03 | 01:33:16   | <b>01:33:33</b> | 192 |    |
| 212  | 232     | DREWNICKA-OGRODNIK JOANNA | WROCŁAW/PRZEMILÓW | MOBILNY GRAWER          | POLSKA | 1967       | K45-49    | 2          | 4:26         | 13,5       | 00:33:42 | 01:17:42 | 01:33:31   | <b>01:33:33</b> |     | 20 |
| 213  | 1227    | SZCZERBAL ADAM            | KOŚCIAN           |                         | POLSKA | 1961       | M50-54    | 15         | 4:26         | 13,5       | 00:34:35 | 01:17:18 | 01:33:18   | <b>01:33:41</b> | 193 |    |
| 214  | 855     | MUCHOWICZ PAWEŁ           | POZNAN            |                         | POLSKA | 1974       | M30-39    | 77         | 4:26         | 13,5       | 00:34:40 | 01:17:36 | 01:33:34   | <b>01:33:42</b> | 194 |    |
| 215  | 159     | CAPUTA WOJCIECH           | LESZNO            | MARATON LESZNO          | POLSKA | 1975       | M30-39    | 78         | 4:27         | 13,5       | 00:34:19 | 01:17:44 | 01:33:35   | <b>01:33:43</b> | 195 |    |
| 216  | 250     | DZIECHCIOWSKI MACIEJ      | ŚREM              | RUNNER'S POWER          | POLSKA | 1980       | M30-39    | 79         | 4:27         | 13,5       | 00:35:21 | 01:18:28 | 01:33:26   | <b>01:33:44</b> | 196 |    |
| 217  | 48      | BANASZEWSKI WOJCIECH      | WROCŁAW           | PRO-RUN WROCŁAW         | POLSKA | 1980       | M30-39    | 80         | 4:27         | 13,5       | 00:34:55 | 01:17:58 | 01:33:23   | <b>01:33:46</b> | 197 |    |
| 218  | 1372    | WITCZAK BARTOSZ           | PNIEWY            | PULSSTORY               | POLSKA | 1973       | M40-44    | 34         | 4:27         | 13,5       | 00:33:17 | 01:16:52 | 01:33:33   | <b>01:33:47</b> | 198 |    |
| 219  | 689     | LISTWOŃ MICHAŁ            | GOSTYŃ            | GTS CITIUS              | POLSKA | 1973       | M40-44    | 35         | 4:27         | 13,5       | 00:33:32 | 01:16:00 | 01:33:39   | <b>01:33:48</b> | 199 |    |
| 220  | 598     | KOWALCZYK SEBASTIAN       | STĘSZEW           | .                       | POLSKA | 1984       | M18-29    | 43         | 4:27         | 13,5       | 00:35:21 | 01:18:31 | 01:33:38   | <b>01:33:48</b> | 200 |    |
| 221  | 1042    | PRZYBYLSKI KRZYSZTOF      | GNIEZNO           | BIEGAM BO LUBIĘ GNIEZNO | POLSKA | 1969       | M40-44    | 36         | 4:27         | 13,5       | 00:33:49 | 01:17:45 | 01:33:41   | <b>01:33:50</b> | 201 |    |
| 222  | 1498    | TARCHALSKI PIOTR          | KALISZ            |                         | POLSKA | 1985       | M18-29    | 44         | 4:27         | 13,5       | 00:35:35 | 01:18:27 | 01:33:21   | <b>01:33:50</b> | 202 |    |
| 223  | 789     | MEDEJSZO MARIUSZ          | NOWA SÓL          |                         | POLSKA | 1975       | M30-39    | 81         | 4:27         | 13,5       | 00:34:36 | 01:17:48 | 01:33:43   | <b>01:33:52</b> | 203 |    |
| 224  | 1106    | RZYHA TOMASZ              | ŚREM              | RUNNERSPOWER            | POLSKA | 1979       | M30-39    | 82         | 4:27         | 13,5       | 00:33:35 | 01:17:11 | 01:33:47   | <b>01:33:56</b> | 204 |    |
| 225  | 542     | KLAPA ZBIGNIEW            | GRODZISK WLKP     |                         | POLSKA | 1952       | M60-64    | 3          | 4:27         | 13,5       | 00:34:19 | 01:17:44 | 01:33:58   | <b>01:34:01</b> | 205 |    |
| 226  | 888     | NIŻYŃSKI JANUSZ           | WROCŁAW           |                         | POLSKA | 1960       | M50-54    | 16         | 4:28         | 13,5       | 00:34:29 | 01:17:50 | 01:33:59   | <b>01:34:04</b> | 206 |    |
| 227  | 513     | KASPERSKI ARTUR           | POZNAŃ            |                         | POLSKA | 1979       | M30-39    | 83         | 4:28         | 13,4       | 00:33:11 | 01:17:34 | 01:34:04   | <b>01:34:08</b> | 207 |    |
| 228  | 1115    | SAWICKI JAN               | ŁĘŻYCA            |                         | POLSKA | 1958       | M55-59    | 7          | 4:28         | 13,4       | 00:34:37 | 01:17:57 | 01:33:49   | <b>01:34:08</b> | 208 |    |
| 229  | 853     | MRUGAŁA MACIEJ            | WROCŁAW           | PRO-RUN WROCŁAW         | POLSKA | 1985       | M18-29    | 45         | 4:28         | 13,4       | 00:34:20 | 01:17:58 | 01:34:00   | <b>01:34:11</b> | 209 |    |
| 230  | 695     | LUDWICZAK KONRAD          | POZNAŃ            |                         | POLSKA | 1985       | M18-29    | 46         | 4:28         | 13,4       | 00:35:06 | 01:18:36 | 01:33:46   | <b>01:34:13</b> | 210 |    |
| 231  | 309     | GŁÓWNY GRZEGORZ           | LEGNICA           |                         | POLSKA | 1993       | M18-29    | 47         | 4:28         | 13,4       | 00:34:50 | 01:18:15 | 01:33:51   | <b>01:34:14</b> | 211 |    |
| 232  | 262     | FILIPIAK ROMAN            | KOMORNIKI         | SCHMALZ TEAM            | POLSKA | 1974       | M30-39    | 84         | 4:28         | 13,4       | 00:34:03 | 01:17:55 | 01:34:02   | <b>01:34:16</b> | 212 |    |
| 233  | 687     | LIPNICKI TOMASZ           | WROCŁAW           | PRO-RUN WROCŁAW         | POLSKA | 1970       | M40-44    | 37         | 4:28         | 13,4       | 00:34:54 | 01:17:58 | 01:33:56   | <b>01:34:18</b> | 213 |    |
| 234  | 1164    | SOBCZAK WITOLD            | POZNAŃ            | 12TRI.PL                | POLSKA | 1977       | M30-39    | 85         | 4:29         | 13,4       | 00:36:20 | 01:19:11 | 01:33:18   | <b>01:34:25</b> | 214 |    |
| 235  | 583     | KOSIOŁ ANDRZEJ            | WROCŁAW           | WKW WIADRUS             | POLSKA | 1964       | M45-49    | 19         | 4:29         | 13,4       | 00:34:32 | 01:18:05 | 01:34:19   | <b>01:34:26</b> | 215 |    |
| 236  | 935     | OZDOWSKI PAWEŁ            | KROSNOWICE        |                         | POLSKA | 1985       | M18-29    | 48         | 4:29         | 13,4       | 00:36:24 | 01:19:02 | 01:33:55   | <b>01:34:27</b> | 216 |    |
| 237  | 702     | ŁASTOWSKI WALDEMAR        | PIŁA              | 4RUN TEAM PIŁA          | POLSKA | 1973       | M40-44    | 38         | 4:29         | 13,4       | 00:33:23 | 01:17:06 | 01:34:20   | <b>01:34:30</b> | 217 |    |
| 238  | 49      | BANDKOWSKI MAREK          | SZCZECIN          | PUSZCZYK BUKOWY         | POLSKA | 1952       | M60-64    | 4          | 4:29         | 13,4       | 00:34:38 | 01:18:03 | 01:34:16   | <b>01:34:34</b> | 218 |    |
| 239  | 1175    | SOLIWODA ANDRZEJ          | POZNAŃ            |                         | POLSKA | 1976       | M30-39    | 86         | 4:29         | 13,4       | 00:35:26 | 01:19:01 | 01:34:34   | <b>01:34:42</b> | 219 |    |
| 240  | 1143    | SKIBNIEWSKI KRZYSZOF      | POZNAŃ            |                         | POLSKA | 1981       | M30-39    | 87         | 4:29         | 13,4       | 00:34:04 | 01:17:51 | 01:34:33   | <b>01:34:43</b> | 220 |    |
| 241  | 10      | AKUSZEWSKA AGATA          | PUSZCZYKOWO       |                         | POLSKA | 1965       | K45-49    | 3          | 4:30         | 13,4       | 00:35:11 | 01:18:41 | 01:34:23   | <b>01:34:46</b> |     | 21 |
| 242  | 782     | MAZIJ PAWEŁ               | CHOCIANÓW         | KB ZDYSZAAANI CHOCIANÓW | POLSKA | 1986       | M18-29    | 49         | 4:30         | 13,4       | 00:32:23 | 01:17:06 | 01:34:39   | <b>01:34:47</b> | 221 |    |
| 243  | 1045    | PRZYBYŁ ZBIGNIEW          | MOSINA            |                         | POLSKA | 1986       | M18-29    | 50         | 4:30         | 13,4       | 00:33:19 | 01:17:08 | 01:34:32   | <b>01:34:47</b> | 222 |    |
| 244  | 490     | KAMIŃSKI JERZY            | OBORNIKI          | MAGDALENA               | POLSKA | 1970       | M40-44    | 39         | 4:30         | 13,4       | 00:34:24 | 01:18:07 | 01:34:24   | <b>01:34:47</b> | 223 |    |
| 245  | 1346    | WCISŁO GRZEGORZ           | WROCŁAW           | ITMZM 2013              | POLSKA | 1982       | M30-39    | 88         | 4:30         | 13,4       | 00:36:07 | 01:19:44 | 01:34:25   | <b>01:34:49</b> | 224 |    |
| 246  | 771     | MATYJA ANDRZEJ            | ŚREM              | RUNNERS POWER           | POLSKA | 1974       | M30-39    | 89         | 4:30         | 13,3       | 00:35:37 | 01:19:17 | 01:34:27   | <b>01:34:52</b> | 225 |    |
| 247  | 430     | JARMUŁA MIROSLAW          | POZNAŃ            | PALACYK POD LIPAMI      | POLSKA | 1960       | M50-54    | 17         | 4:30         | 13,3       | 00:34:53 | 01:18:36 | 01:34:42   | <b>01:34:53</b> | 226 |    |
| 248  | 1489    | ŚLIWKA MAREK              | POZNAŃ            | LOGOS TRAVEL            | POLSKA | 1955       | M55-59    | 8          | 4:30         | 13,3       | 00:33:14 | 01:17:36 | 01:34:42   | <b>01:34:54</b> | 227 |    |
| 249  | 222     | DOBRZYCKI ZIEMOWIT        | LESZNO            | REAL 64-STO             | POLSKA | 1964       | M45-49    | 20         | 4:30         | 13,3       | 00:35:06 | 01:18:43 | 01:34:37   | <b>01:34:57</b> | 228 |    |
| 250  | 1361    | WIERZEJEWSKI MARCIN       | KOŚCIAN           |                         | POLSKA | 1979       | M30-39    | 90         | 4:30         | 13,3       | 00:33:54 | 01:17:57 | 01:34:31   | <b>01:34:58</b> | 229 |    |
| 251  | 1206    | STRANC MONIKA             | POZNAN            |                         | POLSKA | 1976       | K30-39    | 7          | 4:30         | 13,3       | 00:34:20 | 01:18:35 | 01:34:55   | <b>01:34:58</b> |     | 22 |
| 252  | 655     | KUPSKI TOMASZ             | POZNAŃ            |                         | POLSKA | 1979       | M30-39    | 91         | 4:30         | 13,3       | 00:33:19 | 01:17:48 | 01:34:45   | <b>01:34:59</b> | 230 |    |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię           | Miejscowość           | Klub                                  | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|-------------------------|-----------------------|---------------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 253  | 1118    | SCHWARZ MICHAŁ          | KOŚCIAN               |                                       | POLSKA | 1982       | M30-39    | 92         | 4:30         | 13,3       | 00:34:11 | 01:18:09 | 01:34:36   | <b>01:34:59</b> | 231 |    |
| 254  | 20      | ANDRZEJEWSKI PRZEMYSŁAW | POZNAŃ                | KB IM. MACIEJA FRANKIEWICZA W POZNANI | POLSKA | 1980       | M30-39    | 93         | 4:30         | 13,3       | 00:35:29 | 01:19:02 | 01:34:44   | <b>01:35:00</b> | 232 |    |
| 255  | 1385    | WOELKE PIOTR            | ROBAKOWO              | ZA WOJTASEM                           | POLSKA | 1975       | M30-39    | 94         | 4:30         | 13,3       | 00:35:22 | 01:18:33 | 01:34:53   | <b>01:35:02</b> | 233 |    |
| 256  | 287     | GAŁKOWSKI MARCIN        | POZNAŃ                | MALTA POZNAŃ                          | POLSKA | 1970       | M40-44    | 40         | 4:30         | 13,3       | 00:34:21 | 01:18:36 | 01:34:46   | <b>01:35:02</b> | 234 |    |
| 257  | 1138    | SILARSKA DOROTA         | ZŁOTY STOK            | UNIwersytet Medyczny Wrocław          | POLSKA | 1993       | K18-29    | 10         | 4:30         | 13,3       | 00:37:41 | 01:19:52 | 01:34:04   | <b>01:35:04</b> |     | 23 |
| 258  | 519     | KAŹMIERCZAK MARIUSZ     | TARNOWO PODGÓRNE      |                                       | POLSKA | 1979       | M30-39    | 95         | 4:31         | 13,3       | 00:32:51 | 01:17:23 | 01:35:01   | <b>01:35:07</b> | 235 |    |
| 259  | 1146    | SKORUPINSKI PIOTR       | POZNAŃ                |                                       | POLSKA | 1983       | M30-39    | 96         | 4:31         | 13,3       | 00:37:32 | 01:19:51 | 01:34:32   | <b>01:35:07</b> | 236 |    |
| 260  | 210     | ĆWIAKAŁA WOJCIECH       | JELEŃ GÓRA            |                                       | POLSKA | 1963       | M50-54    | 18         | 4:31         | 13,3       | 00:34:27 | 01:18:37 | 01:34:50   | <b>01:35:10</b> | 237 |    |
| 261  | 770     | MATUSZEWSKI PAWEŁ       | GRODZISK WIELKOPOLSKI |                                       | POLSKA | 1991       | M18-29    | 51         | 4:31         | 13,3       | 00:34:51 | 01:18:57 | 01:34:56   | <b>01:35:13</b> | 238 |    |
| 262  | 390     | HRUŚWICKI WALDEMAR      | WOLSZTYN              |                                       | POLSKA | 1965       | M45-49    | 21         | 4:31         | 13,3       | 00:34:56 | 01:18:58 | 01:34:57   | <b>01:35:14</b> | 239 |    |
| 263  | 959     | PARTYKA PIOTR           | PROMIENKO             |                                       | POLSKA | 1969       | M40-44    | 41         | 4:31         | 13,3       | 00:35:40 | 01:19:27 | 01:34:56   | <b>01:35:21</b> | 240 |    |
| 264  | 1332    | WAŁASZEK JAN            | TARNÓW                | PSB DACHDEK                           | POLSKA | 1961       | M50-54    | 19         | 4:31         | 13,3       | 00:35:55 | 01:19:33 | 01:35:07   | <b>01:35:23</b> | 241 |    |
| 265  | 217     | DEKIERT ARTUR           | POZNAŃ                | MORE THAN LIFE                        | POLSKA | 1969       | M40-44    | 42         | 4:32         | 13,3       | 00:34:09 | 01:18:42 | 01:35:23   | <b>01:35:31</b> | 242 |    |
| 266  | 446     | JESSA WŁODZIMIERZ       | ŚREM                  | RUNNER'S POWER                        | POLSKA | 1965       | M45-49    | 22         | 4:32         | 13,2       | 00:35:41 | 01:19:17 | 01:35:22   | <b>01:35:40</b> | 243 |    |
| 267  | 1195    | STAWIŃSKI MICHAŁ        | RAWA MAZOWIECKA       |                                       | POLSKA | 1988       | M18-29    | 52         | 4:32         | 13,2       | 00:34:20 | 01:18:26 | 01:35:21   | <b>01:35:42</b> | 244 |    |
| 268  | 1275    | ŚWIERKOWSKI MACIEJ      | BOREK WIELKOPOLSKI    |                                       | POLSKA | 1979       | M30-39    | 97         | 4:32         | 13,2       | 00:37:22 | 01:20:24 | 01:35:12   | <b>01:35:42</b> | 245 |    |
| 269  | 113     | BOKUS EUGENIUSZ         | KOŚCIAN               |                                       | POLSKA | 1963       | M50-54    | 20         | 4:32         | 13,2       | 00:35:48 | 01:19:27 | 01:35:16   | <b>01:35:44</b> | 246 |    |
| 270  | 936     | OŹMINKOWSKI MARCIN      | POZNAŃ                |                                       | POLSKA | 1973       | M40-44    | 43         | 4:32         | 13,2       | 00:35:36 | 01:19:47 | 01:35:19   | <b>01:35:46</b> | 247 |    |
| 271  | 230     | DONAJ MICHAŁ            | KOŚCIAN               |                                       | POLSKA | 1984       | M18-29    | 53         | 4:33         | 13,2       | 00:37:02 | 01:20:30 | 01:35:13   | <b>01:35:52</b> | 248 |    |
| 272  | 476     | KACZMAREK MIROSLAW      | KOŚCIAN               |                                       | POLSKA | 1970       | M40-44    | 44         | 4:33         | 13,2       | 00:33:34 | 01:18:38 | 01:35:52   | <b>01:35:54</b> | 249 |    |
| 273  | 198     | CYRULEWSKI RAFAL        | GUTOWO MALE           |                                       | POLSKA | 1971       | M40-44    | 45         | 4:33         | 13,2       | 00:36:39 | 01:20:14 | 01:35:36   | <b>01:35:54</b> | 250 |    |
| 274  | 281     | FURMAN TOMASZ           | POZNAŃ                |                                       | POLSKA | 1987       | M18-29    | 54         | 4:33         | 13,2       | 00:36:21 | 01:19:50 | 01:35:22   | <b>01:35:55</b> | 251 |    |
| 275  | 221     | DOBIEŻYŃSKA JULIA       | PUSZCZYKOWO           |                                       | POLSKA | 1984       | K18-29    | 11         | 4:33         | 13,2       | 00:35:04 | 01:19:43 | 01:35:53   | <b>01:35:57</b> |     | 24 |
| 276  | 1279    | TALARCAK JACEK          | KROBIA                |                                       | POLSKA | 1967       | M45-49    | 23         | 4:33         | 13,2       | 00:35:17 | 01:19:44 | 01:35:45   | <b>01:35:59</b> | 252 |    |
| 277  | 742     | MAJSK SEBASTIAN         | WROCLAW               | WSOWL                                 | POLSKA | 1992       | M18-29    | 55         | 4:33         | 13,2       | 00:36:05 | 01:19:33 | 01:35:27   | <b>01:36:00</b> | 253 |    |
| 278  | 638     | KUBIAK PRZEMYSŁAW       | WILCZYCE              | ITMZM 2013                            | POLSKA | 1972       | M40-44    | 46         | 4:33         | 13,2       | 00:36:07 | 01:19:52 | 01:35:34   | <b>01:36:00</b> | 254 |    |
| 279  | 184     | CIBORSKI IRENEUSZ       | WROCLAW               | ADDICT.PL                             | POLSKA | 1953       | M60-64    | 5          | 4:33         | 13,2       | 00:36:23 | 01:20:39 | 01:35:50   | <b>01:36:00</b> | 255 |    |
| 280  | 763     | MATELA JANUSZ           | SULĘCINEK             |                                       | POLSKA | 1958       | M55-59    | 9          | 4:33         | 13,2       | 00:35:33 | 01:19:54 | 01:35:44   | <b>01:36:04</b> | 256 |    |
| 281  | 623     | KRYSAK PRZEMYSŁAW       | SWARZĘDZ              | KB ZAWAŁ                              | POLSKA | 1981       | M30-39    | 98         | 4:33         | 13,2       | 00:35:29 | 01:19:55 | 01:35:49   | <b>01:36:06</b> | 257 |    |
| 282  | 452     | JĘDRASZCZAK MAREK       | POZNAŃ                |                                       | POLSKA | 1960       | M50-54    | 21         | 4:34         | 13,2       | 00:35:28 | 01:19:59 | 01:36:05   | <b>01:36:12</b> | 258 |    |
| 283  | 698     | ŁABINSKI ZBIGNIEW       | KOŚCIAN               |                                       | POLSKA | 1963       | M50-54    | 22         | 4:34         | 13,2       | 00:37:14 | 01:20:30 | 01:35:35   | <b>01:36:13</b> | 259 |    |
| 284  | 51      | BARAN JAROSŁAW          | WROCLAW               |                                       | POLSKA | 1974       | M30-39    | 99         | 4:34         | 13,2       | 00:35:18 | 01:19:17 | 01:35:56   | <b>01:36:15</b> | 260 |    |
| 285  | 449     | JEZIÓŁKOWSKI JAKUB      | PNIEWY                | GIRA SIĘ KRĘCI                        | POLSKA | 1983       | M30-39    | 100        | 4:34         | 13,1       | 00:35:51 | 01:20:09 | 01:35:57   | <b>01:36:18</b> | 261 |    |
| 286  | 1413    | WRZOSEK MICHAŁ          | KOŚCIAN               |                                       | POLSKA | 1986       | M18-29    | 56         | 4:34         | 13,1       | 00:35:45 | 01:20:00 | 01:35:53   | <b>01:36:19</b> | 262 |    |
| 287  | 144     | BUDZEŃ SANDRA           | NYSA                  |                                       | POLSKA | 1986       | K18-29    | 12         | 4:34         | 13,1       | 00:35:31 | 01:19:59 | 01:36:08   | <b>01:36:20</b> |     | 25 |
| 288  | 508     | KASIERSKI PAWEŁ         | POZNAŃ                |                                       | POLSKA | 1964       | M45-49    | 24         | 4:34         | 13,1       | 00:34:37 | 01:19:35 | 01:36:14   | <b>01:36:22</b> | 263 |    |
| 289  | 1124    | SERAFIN JACEK           | WROCLAW               | ADDICT.PL                             | POLSKA | 1967       | M45-49    | 25         | 4:34         | 13,1       | 00:36:23 | 01:20:39 | 01:36:13   | <b>01:36:23</b> | 264 |    |
| 290  | 55      | BARANOWSKI ANTONI       | TUMIDAJ               | SIERADZBIEGA                          | POLSKA | 1959       | M50-54    | 23         | 4:34         | 13,1       | 00:34:40 | 01:19:49 | 01:36:23   | <b>01:36:29</b> | 265 |    |
| 291  | 1183    | STACHOWIAK WOJCIECH     | DOPIEWIEC             |                                       | POLSKA | 1977       | M30-39    | 101        | 4:35         | 13,1       | 00:33:33 | 01:19:09 | 01:36:19   | <b>01:36:34</b> | 266 |    |
| 292  | 272     | FRANKOWSKI ANDRZEJ      | POZNAŃ                |                                       | POLSKA | 1959       | M50-54    | 24         | 4:35         | 13,1       | 00:34:34 | 01:19:35 | 01:36:23   | <b>01:36:35</b> | 267 |    |
| 293  | 1228    | SZCZĘŚNIAK PIOTR        | POZNAŃ                | FIRST STAGE                           | POLSKA | 1983       | M30-39    | 102        | 4:35         | 13,1       | 00:35:28 | 01:20:29 | 01:36:18   | <b>01:36:35</b> | 268 |    |
| 294  | 826     | MIKUŚ MARCIN            | WROCLAW               | ITMZM                                 | POLSKA | 1981       | M30-39    | 103        | 4:35         | 13,1       | 00:36:10 | 01:20:29 | 01:36:08   | <b>01:36:35</b> | 269 |    |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość           | Klub                          | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|----------------------|-----------------------|-------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 295  | 416     | JANISZEWSKI MICHAŁ   | TRZEBNICA             | ITMZM 2011                    | POLSKA | 1983       | M30-39    | 104        | 4:35         | 13,1       | 00:36:11 | 01:20:29 | 01:36:12   | <b>01:36:37</b> | 270 |    |
| 296  | 595     | KOWALA MAREK         | GRODZISK WIELKOPOLSKI |                               | POLSKA | 1961       | M50-54    | 25         | 4:35         | 13,1       | 00:34:41 | 01:20:23 | 01:36:21   | <b>01:36:39</b> | 271 |    |
| 297  | 532     | KĘSY DARIUSZ         | SWARZĘDZ              | KB MANIAC POZNAŃ              | POLSKA | 1983       | M30-39    | 105        | 4:35         | 13,1       | 00:33:44 | 01:18:50 | 01:36:27   | <b>01:36:41</b> | 272 |    |
| 298  | 384     | HOŁDERNY NORBERT     | WITKOWO               | ALTOM GNIEZNO                 | POLSKA | 1980       | M30-39    | 106        | 4:35         | 13,1       | 00:33:47 | 01:19:16 | 01:36:27   | <b>01:36:45</b> | 273 |    |
| 299  | 1033    | PRECH MAREK          | ZŁOTNIKI              | ALTOM GNIEZNO                 | POLSKA | 1968       | M45-49    | 26         | 4:35         | 13,1       | 00:36:26 | 01:20:58 | 01:36:24   | <b>01:36:45</b> | 274 |    |
| 300  | 913     | NOWICKI MACIEJ       | STARE OBRZYSKA        |                               | POLSKA | 1988       | M18-29    | 57         | 4:35         | 13,1       | 00:34:16 | 01:19:48 | 01:36:36   | <b>01:36:50</b> | 275 |    |
| 301  | 924     | OLESIAK ROMAN        | KROSNO ODRZAŃSKIE     | 10BLOG OPOLE                  | POLSKA | 1973       | M40-44    | 47         | 4:35         | 13,1       | 00:34:49 | 01:20:31 | 01:36:22   | <b>01:36:50</b> | 276 |    |
| 302  | 1136    | SIKORA JACEK         | POZNAŃ                |                               | POLSKA | 1975       | M30-39    | 107        | 4:35         | 13,1       | 00:35:04 | 01:19:43 | 01:36:33   | <b>01:36:51</b> | 277 |    |
| 303  | 747     | MAŁEK KRZYSZTOF      | WOŁÓW                 | TTKF RAZEM WOLOW              | POLSKA | 1968       | M45-49    | 27         | 4:35         | 13,1       | 00:34:34 | 01:19:58 | 01:36:41   | <b>01:36:52</b> | 278 |    |
| 304  | 219     | DOBAK STEFAN         | SZAMOTUŁY             | KB SZAMOTUŁY                  | POLSKA | 1946       | M65-69    | 1          | 4:36         | 13,1       | 00:35:36 | 01:20:29 | 01:36:49   | <b>01:36:53</b> | 279 |    |
| 305  | 725     | MACIEJEWSKI PATRYK   | KURZA GÓRA            | RYWAL EWMAR KURZA GÓRA        | POLSKA | 1984       | M18-29    | 58         | 4:36         | 13,1       | 00:37:02 | 01:20:39 | 01:36:15   | <b>01:36:53</b> | 280 |    |
| 306  | 1418    | WYPYCH TOMASZ        | BRZEG                 |                               | POLSKA | 1970       | M40-44    | 48         | 4:36         | 13,1       | 00:36:10 | 01:20:44 | 01:36:28   | <b>01:36:53</b> | 281 |    |
| 307  | 1058    | RACZKO TOMASZ        | BOLESŁAWIEC           |                               | POLSKA | 1985       | M18-29    | 59         | 4:36         | 13,1       | 00:35:25 | 01:19:56 | 01:36:35   | <b>01:36:56</b> | 282 |    |
| 308  | 1470    | ŻURAW KRZYSZTOF      | LUBIN                 | LUBIŃSKIE CHATAKTERY          | POLSKA | 1980       | M30-39    | 108        | 4:36         | 13,1       | 00:35:43 | 01:20:17 | 01:36:37   | <b>01:36:57</b> | 283 |    |
| 309  | 90      | BIEDKA TOMASZ        | POZNAŃ                |                               | POLSKA | 1976       | M30-39    | 109        | 4:36         | 13,0       | 00:34:50 | 01:20:07 | 01:36:54   | <b>01:37:01</b> | 284 |    |
| 310  | 672     | LANGE SZYMON         | ŚREM                  | RUNNER'S POWER                | POLSKA | 1979       | M30-39    | 110        | 4:36         | 13,0       | 00:36:04 | 01:20:57 | 01:36:41   | <b>01:37:05</b> | 285 |    |
| 311  | 829     | MILLER ADRIAN        | GRODZISK WIELKOPOLSKI | GRODZISKI KLUB BIEGACZA       | POLSKA | 1984       | M18-29    | 60         | 4:36         | 13,0       | 00:36:23 | 01:21:14 | 01:36:42   | <b>01:37:06</b> | 286 |    |
| 312  | 596     | KOWALCZYK ŁUKASZ     | WROCŁAW               | TEAM ASA - BIEGIEM PO ZDROWIE | POLSKA | 1982       | M30-39    | 111        | 4:36         | 13,0       | 00:33:36 | 01:20:01 | 01:36:56   | <b>01:37:07</b> | 287 |    |
| 313  | 1388    | WOJNICZ PRZEMYSŁAW   | ZIELONA GÓRA          |                               | POLSKA | 1972       | M40-44    | 49         | 4:36         | 13,0       | 00:35:10 | 01:20:14 | 01:36:42   | <b>01:37:09</b> | 288 |    |
| 314  | 311     | GOGOLEWSKI SZYMON    | POZNAŃ                |                               | POLSKA | 1978       | M30-39    | 112        | 4:36         | 13,0       | 00:34:18 | 01:19:38 | 01:37:04   | <b>01:37:11</b> | 289 |    |
| 315  | 1320    | URBAŃCZYK ZDZISŁAW   | POZNAŃ                | SZS "WIELKOPOLSKA"            | POLSKA | 1957       | M55-59    | 10         | 4:37         | 13,0       | 00:35:29 | 01:20:54 | 01:37:09   | <b>01:37:14</b> | 290 |    |
| 316  | 748     | MALEWICZ ROBERT      | WOLSZTYN              | STOWARZYSZENIE AKTIW          | POLSKA | 1984       | M18-29    | 61         | 4:37         | 13,0       | 00:34:08 | 01:19:40 | 01:37:16   | <b>01:37:16</b> | 291 |    |
| 317  | 1360    | WIEŁA MARIUSZ        | BRZEŃNIO              | SIERADZBIEGA.PL               | POLSKA | 1985       | M18-29    | 62         | 4:37         | 13,0       | 00:33:45 | 01:19:49 | 01:37:10   | <b>01:37:17</b> | 292 |    |
| 318  | 182     | CHWALISZ ŁUKASZ      | BOLEWICE              | AZS POLITECHNIKA POZNAŃSKA    | POLSKA | 1990       | M18-29    | 63         | 4:37         | 13,0       | 00:36:16 | 01:21:05 | 01:36:51   | <b>01:37:20</b> | 293 |    |
| 319  | 799     | MENZEL STANISŁAW     | ŚREM                  | RUNNER'S POWER ŚREM           | POLSKA | 1965       | M45-49    | 28         | 4:37         | 13,0       | 00:35:54 | 01:20:43 | 01:37:05   | <b>01:37:24</b> | 294 |    |
| 320  | 211     | DANEK MACIEJ         | POZNAŃ                |                               | POLSKA | 1973       | M40-44    | 50         | 4:37         | 13,0       | 00:33:28 | 01:18:49 | 01:37:19   | <b>01:37:27</b> | 295 |    |
| 321  | 1309    | TULIŃSKI MACIEJ      | POZNAŃ                | POZRUNIACY                    | POLSKA | 1980       | M30-39    | 113        | 4:37         | 13,0       | 00:36:04 | 01:21:14 | 01:37:06   | <b>01:37:27</b> | 296 |    |
| 322  | 1316    | URBAN DANIEL         | DOBRZYKOWICE          | PRO-RUN WROCŁAW               | POLSKA | 1977       | M30-39    | 114        | 4:37         | 13,0       | 00:36:17 | 01:21:18 | 01:37:03   | <b>01:37:27</b> | 297 |    |
| 323  | 15      | AMBROSIEWICZ HENRYK  | LEGNICA               | K.B./LEW/ LEGNICA             | POLSKA | 1949       | M60-64    | 6          | 4:37         | 13,0       | 00:34:25 | 01:20:02 | 01:37:28   | <b>01:37:28</b> | 298 |    |
| 324  | 1353    | WESOŁOWSKI RYSZARD   | POZNAŃ                | FIZJO4FAMILY                  | POLSKA | 1960       | M50-54    | 26         | 4:37         | 13,0       | 00:36:21 | 01:21:16 | 01:37:14   | <b>01:37:30</b> | 299 |    |
| 325  | 706     | ŁOKIETKO KAZIMIERZ   | BIERUTÓW              | PRO-RUN WROCŁAW               | POLSKA | 1962       | M50-54    | 27         | 4:37         | 13,0       | 00:34:52 | 01:20:31 | 01:37:26   | <b>01:37:32</b> | 300 |    |
| 326  | 1059    | RACZKOWIAK GRZEGORZ  | NOWY TOMYŚL           |                               | POLSKA | 1985       | M18-29    | 64         | 4:37         | 13,0       | 00:36:16 | 01:21:15 | 01:37:05   | <b>01:37:34</b> | 301 |    |
| 327  | 1382    | WODYŃSKI GRZEGORZ    | PLESZEW               | PLESZEW TEAM                  | POLSKA | 1971       | M40-44    | 51         | 4:38         | 13,0       | 00:35:38 | 01:20:58 | 01:36:40   | <b>01:37:38</b> | 302 |    |
| 328  | 816     | MIERZEJEWSKI DARIUSZ | GNIEZNO               | VELUX-GNIEZNO                 | POLSKA | 1974       | M30-39    | 115        | 4:38         | 13,0       | 00:36:34 | 01:21:13 | 01:37:18   | <b>01:37:43</b> | 303 |    |
| 329  | 767     | MATUSZEWSKI NIKODEM  | POZNAŃ                | CARLSBERG ASC                 | POLSKA | 1989       | M18-29    | 65         | 4:38         | 12,9       | 00:37:10 | 01:21:37 | 01:37:30   | <b>01:37:45</b> | 304 |    |
| 330  | 106     | BOBECKI PATRYK       | POZNAŃ                | KB ZAWAŁ                      | POLSKA | 1983       | M30-39    | 116        | 4:38         | 12,9       | 00:36:48 | 01:21:36 | 01:37:11   | <b>01:37:47</b> | 305 |    |
| 331  | 21      | ANDRZEJEWSKI JACEK   | KOŚCIAN               | KOŚCIAN                       | POLSKA | 1966       | M45-49    | 29         | 4:38         | 12,9       | 00:36:18 | 01:21:16 | 01:37:47   | <b>01:37:50</b> | 306 |    |
| 332  | 661     | SANTAREK WOJCIECH    | SZCZECIN              |                               | POLSKA | 1978       | M30-39    | 117        | 4:38         | 12,9       | 00:34:18 | 01:20:22 | 01:37:35   | <b>01:37:51</b> | 307 |    |
| 333  | 837     | MIZERA AGNIESZKA     | WROCŁAW               |                               | POLSKA | 1969       | K40-44    | 4          | 4:38         | 12,9       | 00:35:41 | 01:21:04 | 01:37:45   | <b>01:37:51</b> |     | 26 |
| 334  | 189     | CIECHOMSKI KAMIL     | WROCŁAW               | PRZYCHODNIA GAJ               | POLSKA | 1983       | K30-39    | 8          | 4:38         | 12,9       | 00:35:12 | 01:20:15 | 01:37:29   | <b>01:37:52</b> |     | 27 |
| 335  | 462     | JURASZEK MARCIN      | BOLESŁAWIEC           | KOCHAMY MAMY                  | POLSKA | 1990       | M18-29    | 66         | 4:39         | 12,9       | 00:34:24 | 01:20:28 | 01:37:46   | <b>01:38:00</b> | 308 |    |
| 336  | 1423    | WYSZCZELSKI PAWEŁ    | STARGARD SZCZ.        | SZWLA STARGARD                | POLSKA | 1976       | M30-39    | 118        | 4:39         | 12,9       | 00:36:49 | 01:22:00 | 01:37:35   | <b>01:38:00</b> | 309 |    |



# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię            | Miejscowość      | Klub                            | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|--------------------------|------------------|---------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 337  | 157     | CAŁY CEZARY              | SOBÓTKA          | PRO-RUN WROCŁAW                 | POLSKA | 1985       | M18-29    | 67         | 4:39         | 12,9       | 00:34:34 | 01:19:49 | 01:37:37   | <b>01:38:01</b> | 310 |    |
| 338  | 1313    | TYLL GRZEGORZ            | PIŁA             | 4 RUN TEAM PIŁA                 | POLSKA | 1955       | M55-59    | 11         | 4:39         | 12,9       | 00:36:21 | 01:21:09 | 01:37:47   | <b>01:38:01</b> | 311 |    |
| 339  | 358     | GRZEŚKIEWICZ ZIEMOWIT    | LUBIN            | SMG KIELICH LUBIN               | POLSKA | 1974       | M30-39    | 119        | 4:39         | 12,9       | 00:36:39 | 01:21:37 | 01:37:40   | <b>01:38:01</b> | 312 |    |
| 340  | 1245    | SZTUŁ ŁUKASZ             | KOŚCIAN          |                                 | POLSKA | 1991       | M18-29    | 68         | 4:39         | 12,9       | 00:32:40 | 01:18:02 | 01:38:01   | <b>01:38:03</b> | 313 |    |
| 341  | 955     | PANKE MAGDALENA          | ŚREM             |                                 | POLSKA | 1968       | K45-49    | 4          | 4:39         | 12,9       | 00:36:48 | 01:21:27 | 01:37:36   | <b>01:38:04</b> | 314 | 28 |
| 342  | 427     | JANOWICZ DAMIAN          | LIPNO            |                                 | POLSKA | 1974       | M30-39    | 120        | 4:39         | 12,9       | 00:36:08 | 01:22:41 | 01:37:49   | <b>01:38:06</b> | 314 |    |
| 343  | 834     | MISIORNY RADOŚLAW        | POZNAŃ           |                                 | POLSKA | 1973       | M40-44    | 52         | 4:39         | 12,9       | 00:36:10 | 01:21:20 | 01:37:18   | <b>01:38:07</b> | 315 |    |
| 344  | 1011    | PŁOCHARZ HUBERT          | SIECHNICE        |                                 | POLSKA | 1980       | M30-39    | 121        | 4:39         | 12,9       | 00:36:14 | 01:21:53 | 01:37:56   | <b>01:38:07</b> | 316 |    |
| 345  | 594     | KOWALA MIKOŁAJ           | NOWY TOMYŚL      |                                 | POLSKA | 1986       | M18-29    | 69         | 4:39         | 12,9       | 00:34:41 | 01:20:24 | 01:37:53   | <b>01:38:09</b> | 317 |    |
| 346  | 147     | BUKOWSKI MARIAN          | STARY KAZANÓW    | PASAT KONSKIE                   | POLSKA | 1948       | M65-69    | 2          | 4:39         | 12,9       | 00:36:17 | 01:21:19 | 01:37:46   | <b>01:38:11</b> | 318 |    |
| 347  | 1197    | STEBIŃSKI DANIEL         | POZNAŃ           |                                 | POLSKA | 1975       | M30-39    | 122        | 4:39         | 12,9       | 00:36:04 | 01:21:25 | 01:37:58   | <b>01:38:11</b> | 319 |    |
| 348  | 847     | MOSUR TOMASZ             | WROCŁAW          |                                 | POLSKA | 1970       | M40-44    | 53         | 4:39         | 12,9       | 00:36:14 | 01:21:52 | 01:38:00   | <b>01:38:11</b> | 320 |    |
| 349  | 78      | BEDNARZ PAWEŁ            | KÓRNIK           |                                 | POLSKA | 1973       | M40-44    | 54         | 4:39         | 12,9       | 00:36:38 | 01:21:38 | 01:37:37   | <b>01:38:14</b> | 321 |    |
| 350  | 236     | DUDA MARCIN              | POZNAŃ           | KB MANIAC / 31 BLT WSP-KRZESINY | POLSKA | 1980       | M30-39    | 123        | 4:39         | 12,9       | 00:36:48 | 01:21:38 | 01:37:39   | <b>01:38:15</b> | 322 |    |
| 351  | 491     | KANIA TOMASZ             | WROCŁAW          | TEAM ASA - BIEGIEM PO ZDROWIE   | POLSKA | 1979       | M30-39    | 124        | 4:39         | 12,9       | 00:35:11 | 01:20:57 | 01:38:01   | <b>01:38:16</b> | 323 |    |
| 352  | 1166    | SOBCZYK ŁUKASZ           | KOŁOBRZEG        | KOLOBRZEGBIEGA.PL               | POLSKA | 1975       | M30-39    | 125        | 4:40         | 12,9       | 00:35:18 | 01:20:38 | 01:37:53   | <b>01:38:17</b> | 324 |    |
| 353  | 1142    | SKIBA WŁODZIMIERZ        | POZNAŃ           | AZS POZNAŃ                      | POLSKA | 1964       | M45-49    | 30         | 4:40         | 12,9       | 00:35:58 | 01:21:39 | 01:38:08   | <b>01:38:17</b> | 325 |    |
| 354  | 621     | KRYSIĄK PAWEŁ            | POZNAŃ           | NIGHT RUNNERS                   | POLSKA | 1988       | M18-29    | 70         | 4:40         | 12,9       | 00:35:41 | 01:21:07 | 01:37:53   | <b>01:38:19</b> | 326 |    |
| 355  | 684     | LIGĘZA PATRYK            | ZBĄSZYŃ          | TKKF ŁABĘDŹ ZBĄSZYŃ             | POLSKA | 1993       | M18-29    | 71         | 4:40         | 12,9       | 00:37:06 | 01:22:14 | 01:37:49   | <b>01:38:21</b> | 327 |    |
| 356  | 966     | PAWLIK PIOTR             | FRANKOWO         | ENERGOBUD ODDZIAŁ POZNAŃ        | POLSKA | 1987       | M18-29    | 72         | 4:40         | 12,9       | 00:35:46 | 01:21:34 | 01:38:01   | <b>01:38:22</b> | 328 |    |
| 357  | 403     | JAGODZIŃSKI MICHAŁ       | ROGOZINIEC       | ROGOZINIEC                      | POLSKA | 1976       | M30-39    | 126        | 4:40         | 12,9       | 00:36:55 | 01:22:12 | 01:38:00   | <b>01:38:22</b> | 329 |    |
| 358  | 354     | GRZELKA TOMASZ           | KAZMIERZ         | BRYGADA RUMCAJSA ROJBERA        | POLSKA | 1983       | M30-39    | 127        | 4:40         | 12,9       | 00:35:18 | 01:20:35 | 01:37:56   | <b>01:38:24</b> | 330 |    |
| 359  | 712     | ŁUCZAK JACEK             | POZNAŃ           | KB UEP                          | POLSKA | 1970       | M40-44    | 55         | 4:40         | 12,9       | 00:35:28 | 01:20:58 | 01:38:09   | <b>01:38:26</b> | 331 |    |
| 360  | 1068    | RATAJCZAK RAJMUND        | POZNAŃ           |                                 | POLSKA | 1962       | M50-54    | 28         | 4:40         | 12,9       | 00:36:24 | 01:21:49 | 01:37:54   | <b>01:38:26</b> | 332 |    |
| 361  | 1412    | WRÓBLEWSKI MIECZYSLAW    | WROCŁAW          | WKTRI-WROCŁAW                   | POLSKA | 1956       | M55-59    | 12         | 4:40         | 12,9       | 00:35:21 | 01:21:24 | 01:38:21   | <b>01:38:27</b> | 333 |    |
| 362  | 1272    | ŚWIĄTEK AGATA            | OPALENICA        |                                 | POLSKA | 1993       | K18-29    | 13         | 4:40         | 12,9       | 00:36:02 | 01:21:36 | 01:37:56   | <b>01:38:28</b> | 334 | 29 |
| 363  | 1400    | WOŹNIAK ROBERT           | POZNAŃ           |                                 | POLSKA | 1970       | M40-44    | 56         | 4:40         | 12,9       | 00:35:47 | 01:21:12 | 01:38:11   | <b>01:38:29</b> | 334 |    |
| 364  | 805     | MICHALAK MACIEJ          | MUROWANA GOŚLINA |                                 | POLSKA | 1963       | M50-54    | 29         | 4:40         | 12,8       | 00:35:46 | 01:21:31 | 01:38:12   | <b>01:38:31</b> | 335 |    |
| 365  | 926     | OLICHWER ARTUR           | LESZNO           | MARATON LESZNO                  | POLSKA | 1979       | M30-39    | 128        | 4:40         | 12,8       | 00:36:28 | 01:21:42 | 01:38:13   | <b>01:38:31</b> | 336 |    |
| 366  | 1189    | STAMM WALDEMAR           | LESZNO           | MARATON LESZNO                  | POLSKA | 1969       | M40-44    | 57         | 4:40         | 12,8       | 00:38:07 | 01:22:30 | 01:37:59   | <b>01:38:34</b> | 337 |    |
| 367  | 906     | NOWAK LESZEK             | JABŁONNA         | E-ELEKTRYK                      | POLSKA | 1972       | M40-44    | 58         | 4:40         | 12,8       | 00:35:43 | 01:21:27 | 01:38:31   | <b>01:38:36</b> | 338 |    |
| 368  | 1459    | ZOK KAROL                | TARNOWSKIE GÓRY  |                                 | POLSKA | 1980       | M30-39    | 129        | 4:41         | 12,8       | 00:35:34 | 01:21:24 | 01:38:21   | <b>01:38:38</b> | 339 |    |
| 369  | 682     | LIBEREK DOMINIK          | ANCHORAGE/ALASKA |                                 | POLSKA | 1982       | M30-39    | 130        | 4:41         | 12,8       | 00:37:11 | 01:22:02 | 01:38:02   | <b>01:38:38</b> | 340 |    |
| 370  | 61      | BARŁÓG AGNIESZKA         | SZAMOTUŁY        |                                 | POLSKA | 1983       | K30-39    | 9          | 4:41         | 12,8       | 00:35:17 | 01:21:20 | 01:38:35   | <b>01:38:39</b> | 341 | 30 |
| 371  | 630     | KRZYŻAŃSKI REMIGIUSZ     | KOŚCIAN          | KB KOŚCIAN                      | POLSKA | 1962       | M50-54    | 30         | 4:41         | 12,8       | 00:35:43 | 01:21:33 | 01:38:29   | <b>01:38:43</b> | 341 |    |
| 372  | 1160    | SMALEC ARKADIUSZ         | MIĘDZYRZECZ      | -                               | POLSKA | 1978       | M30-39    | 131        | 4:41         | 12,8       | 00:38:31 | 01:22:29 | 01:37:35   | <b>01:38:44</b> | 342 |    |
| 373  | 265     | FINGAS RAFAŁ             | JASTRZĘBNIKI     | POCZTA POLSKA                   | POLSKA | 1987       | M18-29    | 73         | 4:41         | 12,8       | 00:37:20 | 01:22:08 | 01:38:00   | <b>01:38:47</b> | 343 |    |
| 374  | 1306    | TRZEPACZ GABRIELA MARYKA | MILEJÓW          | NIGHT RUNNERS                   | POLSKA | 1993       | K18-29    | 14         | 4:41         | 12,8       | 00:36:48 | 01:22:10 | 01:38:23   | <b>01:38:48</b> | 344 | 31 |
| 375  | 461     | JURASZ ZYGMUNT           | ZGORZELEC        | AMATOR                          | POLSKA | 1945       | M65-69    | 3          | 4:41         | 12,8       | 00:36:47 | 01:22:12 | 01:38:16   | <b>01:38:51</b> | 344 |    |
| 376  | 1191    | STANISŁAWIAK DARIUSZ     | POZNAŃ           |                                 | POLSKA | 1976       | M30-39    | 132        | 4:41         | 12,8       | 00:36:30 | 01:22:16 | 01:38:19   | <b>01:38:52</b> | 345 |    |
| 377  | 67      | BARTOSZEWICZ PRZEMYSŁAW  | MOSINA           |                                 | POLSKA | 1967       | M45-49    | 31         | 4:41         | 12,8       | 00:37:42 | 01:22:39 | 01:38:09   | <b>01:38:54</b> | 346 |    |
| 378  | 958     | PARA JAKUB               | LESZNO           | WWW.DISTANCE.PL                 | POLSKA | 1979       | M30-39    | 133        | 4:41         | 12,8       | 00:36:43 | 01:22:06 | 01:38:32   | <b>01:38:56</b> | 347 |    |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię             | Miejscowość           | Klub                    | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|---------------------------|-----------------------|-------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 379  | 919     | OCHOCKI KRZYSZTOF         | KRZYSZKOWO            |                         | POLSKA | 1975       | M30-39    | 134        | 4:41         | 12,8       | 00:35:48 | 01:21:56 | 01:38:53   | <b>01:38:57</b> | 348 |    |
| 380  | 977     | PETZA MACIEJ              | POZNAŃ                | MONTEMORO.PL            | POLSKA | 1966       | M45-49    | 32         | 4:42         | 12,8       | 00:35:40 | 01:20:26 | 01:38:35   | <b>01:39:00</b> | 349 |    |
| 381  | 421     | JANKOWSKI MACIEJ          | KOŚCIAN               |                         | POLSKA | 1992       | M18-29    | 74         | 4:42         | 12,8       | 00:36:15 | 01:21:40 | 01:38:47   | <b>01:39:00</b> | 350 |    |
| 382  | 975     | PERZ EMILIA               | BUKOWIEC              |                         | POLSKA | 1990       | K18-29    | 15         | 4:42         | 12,8       | 00:36:25 | 01:22:11 | 01:38:38   | <b>01:39:01</b> |     | 32 |
| 383  | 453     | JĘDROSZKOWIAK KAMIL       | KOŚCIAN               |                         | POLSKA | 1986       | M18-29    | 75         | 4:42         | 12,8       | 00:36:03 | 01:21:36 | 01:38:32   | <b>01:39:04</b> | 351 |    |
| 384  | 876     | NASKRET ZANETA            | KIELCZEWO             |                         | POLSKA | 1984       | K18-29    | 16         | 4:42         | 12,8       | 00:36:03 | 01:21:36 | 01:38:37   | <b>01:39:04</b> |     | 33 |
| 385  | 1008    | PLESNER RYSZARD           | WOŁÓW                 | ULKS WULKAN LUBIĄŻ      | POLSKA | 1964       | M45-49    | 33         | 4:42         | 12,8       | 00:36:03 | 01:21:36 | 01:38:54   | <b>01:39:05</b> | 352 |    |
| 386  | 1081    | ROSZAK BARTOSZ            | WRONKI                | KARCZMA BRACKA          | POLSKA | 1983       | M30-39    | 135        | 4:42         | 12,8       | 00:36:31 | 01:22:02 | 01:38:29   | <b>01:39:05</b> | 353 |    |
| 387  | 648     | KUCHARSKI KRZYSZTOF       | ZŁOTNIKI              | KIBOLE W BIEGU          | POLSKA | 1984       | M18-29    | 76         | 4:42         | 12,8       | 00:34:57 | 01:20:45 | 01:38:50   | <b>01:39:06</b> | 354 |    |
| 388  | 640     | KUBICA TOMASZ             | OSTRÓW WIELKOPOLSKI   |                         | POLSKA | 1981       | M30-39    | 136        | 4:42         | 12,8       | 00:36:26 | 01:21:37 | 01:38:45   | <b>01:39:10</b> | 355 |    |
| 389  | 1090    | RYBIŃSKI PRZEMYSŁAW       | SWARZĘDZ              |                         | POLSKA | 1982       | M30-39    | 137        | 4:42         | 12,8       | 00:36:43 | 01:22:30 | 01:38:37   | <b>01:39:10</b> | 356 |    |
| 390  | 1061    | RADKE TOMASZ              | POZNAŃ                | NORTHTEC BIKE TEAM      | POLSKA | 1984       | M18-29    | 77         | 4:42         | 12,8       | 00:36:29 | 01:22:25 | 01:38:41   | <b>01:39:11</b> | 357 |    |
| 391  | 1016    | POLACZYK DAWID            | STĘSZEW               |                         | POLSKA | 1983       | M30-39    | 138        | 4:42         | 12,8       | 00:37:19 | 01:22:32 | 01:38:05   | <b>01:39:12</b> | 358 |    |
| 392  | 1152    | SKRZYPCZAK MARIAN         | KOŚCIAN               | OKFIR ŚMIGIEL           | POLSKA | 1959       | M50-54    | 31         | 4:42         | 12,8       | 00:36:25 | 01:22:11 | 01:38:51   | <b>01:39:13</b> | 359 |    |
| 393  | 1207    | STRYCZYŃSKI TOMASZ        | KOMORNIKI             | FITPO.PL RACING TEAM    | POLSKA | 1978       | M30-39    | 139        | 4:42         | 12,8       | 00:36:35 | 01:21:57 | 01:38:46   | <b>01:39:16</b> | 360 |    |
| 394  | 656     | KURASZKIEWICZ BORYS       | 62-130                | NIGHT RUNNERS           | POLSKA | 1981       | M30-39    | 140        | 4:42         | 12,8       | 00:36:49 | 01:21:59 | 01:38:55   | <b>01:39:16</b> | 361 |    |
| 395  | 1420    | WYSMOLIŃSKI RAFAŁ         | BIERNATKI             |                         | POLSKA | 1977       | M30-39    | 141        | 4:42         | 12,7       | 00:36:29 | 01:21:59 | 01:38:50   | <b>01:39:17</b> | 362 |    |
| 396  | 71      | BAUM BARTOSZ              | PUSZCZYKOWO           | CITYZEN_POZNAŃ          | POLSKA | 1986       | M18-29    | 78         | 4:42         | 12,7       | 00:36:32 | 01:22:06 | 01:39:02   | <b>01:39:17</b> | 363 |    |
| 397  | 1177    | SORÓBKA TOMASZ            | SMOLEC                | ZADYSZKA SMOLEC         | POLSKA | 1973       | M40-44    | 59         | 4:42         | 12,7       | 00:37:20 | 01:23:02 | 01:38:57   | <b>01:39:19</b> | 364 |    |
| 398  | 466     | JURZA PIOTR               | POZNAŃ                | KB ZAWAŁ                | POLSKA | 1974       | M30-39    | 142        | 4:43         | 12,7       | 00:36:48 | 01:21:38 | 01:38:45   | <b>01:39:21</b> | 365 |    |
| 399  | 266     | FLENS TADEUSZ             | MIEDZYCHÓD            | NIEZRZESZONY            | POLSKA | 1958       | M55-59    | 13         | 4:43         | 12,7       | 00:36:28 | 01:21:53 | 01:39:01   | <b>01:39:26</b> | 366 |    |
| 400  | 889     | NOSEK MACIEJ              | LIPNO                 |                         | POLSKA | 1990       | M18-29    | 79         | 4:43         | 12,7       | 00:35:12 | 01:21:57 | 01:39:08   | <b>01:39:28</b> | 367 |    |
| 401  | 276     | FRĄCZEK MARCIN            | KOŚCIAN               | DRUŻYNA SZPIKU KOŚCIAN  | POLSKA | 1988       | M18-29    | 80         | 4:43         | 12,7       | 00:37:06 | 01:22:28 | 01:39:17   | <b>01:39:35</b> | 368 |    |
| 402  | 960     | CIMIŃSKI MICHAŁ           | SWARZĘDZ              |                         | POLSKA | 1984       | M18-29    | 81         | 4:43         | 12,7       | 00:35:42 | 01:22:01 | 01:39:25   | <b>01:39:40</b> | 369 |    |
| 403  | 343     | GROCHALA PAWEŁ            | SZCZAWNO ZDRÓJ        | GRUPA BIEGOWA WAŁBRZYCH | POLSKA | 1989       | M18-29    | 82         | 4:44         | 12,7       | 00:39:23 | 01:24:30 | 01:39:03   | <b>01:39:42</b> | 370 |    |
| 404  | 1262    | SZYMCZAK WOJCIECH         | WROCŁAW               | PRO-RUN WROCŁAW         | POLSKA | 1968       | M45-49    | 34         | 4:44         | 12,7       | 00:37:05 | 01:23:09 | 01:39:21   | <b>01:39:43</b> | 371 |    |
| 405  | 1060    | RADECKI JAKUB             | WROCŁAW               | PRO-RUN WROCŁAW         | POLSKA | 1975       | M30-39    | 143        | 4:44         | 12,7       | 00:36:44 | 01:22:27 | 01:39:22   | <b>01:39:45</b> | 372 |    |
| 406  | 538     | KIMMEL MARIUSZ            | KOMORNIKI             | KTTK KOMORZANKA         | POLSKA | 1969       | M40-44    | 60         | 4:44         | 12,7       | 00:36:19 | 01:22:03 | 01:39:11   | <b>01:39:46</b> | 373 |    |
| 407  | 203     | CZARNECKI JERZY           | ZIELONA GÓRA          | BRACTWO BIEGACZY        | POLSKA | 1957       | M55-59    | 14         | 4:44         | 12,7       | 00:35:47 | 01:22:32 | 01:39:44   | <b>01:39:48</b> | 374 |    |
| 408  | 1101    | RYŚ SEBASTIAN             | TULCE                 | KB MANIAC               | POLSKA | 1975       | M30-39    | 144        | 4:44         | 12,7       | 00:37:09 | 01:23:00 | 01:39:15   | <b>01:39:49</b> | 375 |    |
| 409  | 1469    | ŻUKOWSKI MARIAN           | KWIATKOWICE           | KROKUS KWIATKOWICE      | POLSKA | 1962       | M50-54    | 32         | 4:44         | 12,7       | 00:35:22 | 01:22:44 | 01:39:40   | <b>01:39:50</b> | 376 |    |
| 410  | 1132    | SIERŻANT KAROL            | GOSTYŃ                |                         | POLSKA | 1976       | M30-39    | 145        | 4:44         | 12,7       | 00:37:42 | 01:23:29 | 01:39:20   | <b>01:39:54</b> | 377 |    |
| 411  | 1337    | WASYLUK TOMASZ            | NOWA SÓL              |                         | POLSKA | 1971       | M40-44    | 61         | 4:44         | 12,7       | 00:37:21 | 01:22:44 | 01:39:29   | <b>01:39:59</b> | 378 |    |
| 412  | 886     | NIEZGÓDKA TOMASZ          | WROCŁAW               |                         | POLSKA | 1970       | M40-44    | 62         | 4:44         | 12,7       | 00:35:37 | 01:22:03 | 01:39:45   | <b>01:40:00</b> | 379 |    |
| 413  | 1409    | WRÓBEL MACIEJ             | GRODZISK WIELKOPOLSKI | GRODZISKI KLUB BIEGACZA | POLSKA | 1992       | M18-29    | 83         | 4:44         | 12,7       | 00:36:27 | 01:23:09 | 01:39:43   | <b>01:40:00</b> | 380 |    |
| 414  | 591     | KOTECKI PAWEŁ             | POZNAŃ                | NIGHT RUNNERS           | POLSKA | 1992       | M18-29    | 84         | 4:44         | 12,7       | 00:36:37 | 01:23:33 | 01:39:34   | <b>01:40:00</b> | 381 |    |
| 415  | 579     | KORZENIEWSKI MICHAŁ       | LUBIN                 | PRO-RUN WROCŁAW         | POLSKA | 1982       | M30-39    | 146        | 4:44         | 12,7       | 00:39:07 | 01:24:10 | 01:38:28   | <b>01:40:00</b> | 382 |    |
| 416  | 783     | MAZIŃSKI KRZYSZTOF        | HALINÓW               |                         | POLSKA | 1963       | M50-54    | 33         | 4:44         | 12,7       | 00:37:57 | 01:23:10 | 01:39:26   | <b>01:40:01</b> | 383 |    |
| 417  | 908     | NOWAK-LEWANDOWSKA BARBARA | ZBERKI                | KB KOSYNIER WRZEŚNIA    | POLSKA | 1957       | K55-59    | 1          | 4:44         | 12,7       | 00:36:57 | 01:23:08 | 01:39:27   | <b>01:40:02</b> |     | 34 |
| 418  | 584     | KOSTAŃSKI ROBERT          | KOŚCIAN               |                         | POLSKA | 1985       | M18-29    | 85         | 4:44         | 12,7       | 00:37:02 | 01:23:42 | 01:39:33   | <b>01:40:02</b> | 384 |    |
| 419  | 1370    | WIŚNIEWSKI SŁAWOMIR       | TRZEBICZ              | NIEZRZESZONY            | POLSKA | 1974       | M30-39    | 147        | 4:45         | 12,7       | 00:37:39 | 01:23:42 | 01:39:37   | <b>01:40:03</b> | 385 |    |
| 420  | 1083    | RÓŻYCKI WOJCIECH          | KOŚCIAN               |                         | POLSKA | 1981       | M30-39    | 148        | 4:45         | 12,6       | 00:37:22 | 01:23:29 | 01:39:27   | <b>01:40:06</b> | 386 |    |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię             | Miejscowość  | Klub                            | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|---------------------------|--------------|---------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 421  | 792     | MELCER KAROL              | KOŚCIAN      |                                 | POLSKA | 1988       | M18-29    | 86         | 4:45         | 12,6       | 00:37:48 | 01:23:26 | 01:39:04   | <b>01:40:08</b> | 387 |    |
| 422  | 804     | MICHAŁAK PIOTR            | KOŚCIAN      |                                 | POLSKA | 1975       | M30-39    | 149        | 4:45         | 12,6       | 00:37:28 | 01:23:15 | 01:39:39   | <b>01:40:10</b> | 388 |    |
| 423  | 904     | NOWAK MICHAŁ              | GNIEZNO      | NIEZRZESZONY                    | POLSKA | 1976       | M30-39    | 150        | 4:45         | 12,6       | 00:37:19 | 01:23:50 | 01:39:30   | <b>01:40:11</b> | 389 |    |
| 424  | 493     | KANONICZAK KRZYSZTOF      | POZNAŃ       |                                 | POLSKA | 1963       | M50-54    | 34         | 4:45         | 12,6       | 00:36:32 | 01:22:36 | 01:39:56   | <b>01:40:12</b> | 390 |    |
| 425  | 606     | KOZŁOWSKA KORNELIA        | ROGOŹNO      | NIGHT RUNNERS                   | POLSKA | 1987       | K18-29    | 17         | 4:45         | 12,6       | 00:36:49 | 01:23:06 | 01:39:47   | <b>01:40:12</b> | 391 | 35 |
| 426  | 1105    | RZYHA HUBERT              | ŚREM         | RUNNER'S POWER                  | POLSKA | 1984       | M18-29    | 87         | 4:45         | 12,6       | 00:36:40 | 01:23:22 | 01:40:00   | <b>01:40:18</b> | 391 |    |
| 427  | 94      | BINKOWSKI MARCIN          | POZNAŃ       | BINIU TEAM                      | POLSKA | 1985       | M18-29    | 88         | 4:45         | 12,6       | 00:35:33 | 01:22:09 | 01:40:09   | <b>01:40:19</b> | 392 |    |
| 428  | 1176    | SOŁTYSIK JAROSŁAW         | STRZYŻEWÓ    | TKKF ŁĄBĘDŹ ZBĄSZYŃ             | POLSKA | 1972       | M40-44    | 63         | 4:45         | 12,6       | 00:37:03 | 01:23:14 | 01:39:48   | <b>01:40:22</b> | 393 |    |
| 429  | 718     | ŁUKASIK LESZEK            | OŁAWA        |                                 | POLSKA | 1959       | M50-54    | 35         | 4:46         | 12,6       | 00:37:34 | 01:23:13 | 01:39:43   | <b>01:40:26</b> | 394 |    |
| 430  | 271     | FRANKOWSKI ŁUKASZ         | POZNAŃ       |                                 | POLSKA | 1982       | M30-39    | 151        | 4:46         | 12,6       | 00:36:07 | 01:22:18 | 01:40:15   | <b>01:40:27</b> | 395 |    |
| 431  | 81      | BERNAD ROMAN              | POZNAŃ       | RUNNERS POWER                   | POLSKA | 1964       | M45-49    | 35         | 4:46         | 12,6       | 00:37:18 | 01:23:06 | 01:40:00   | <b>01:40:29</b> | 396 |    |
| 432  | 1074    | ROBASZKIEWICZ ROBERT      | GNIEZNO      | ALTOM GNIEZNO                   | POLSKA | 1973       | M40-44    | 64         | 4:46         | 12,6       | 00:35:26 | 01:22:21 | 01:40:15   | <b>01:40:34</b> | 397 |    |
| 433  | 229     | DONAJ ADAM                | KOŚCIAN      |                                 | POLSKA | 1974       | M30-39    | 152        | 4:46         | 12,6       | 00:39:31 | 01:24:05 | 01:39:03   | <b>01:40:34</b> | 398 |    |
| 434  | 422     | JANKOWSKI PRZEMYSŁAW      | ŚMIGIEL      |                                 | POLSKA | 1964       | M45-49    | 36         | 4:46         | 12,6       | 00:36:48 | 01:22:13 | 01:39:58   | <b>01:40:37</b> | 399 |    |
| 435  | 784     | MAZUR WIKTOR              | KOŚCIAN      |                                 | POLSKA | 1986       | M18-29    | 89         | 4:46         | 12,6       | 00:37:01 | 01:22:30 | 01:39:50   | <b>01:40:41</b> | 400 |    |
| 436  | 498     | KAŃDUŁA MARIUSZ           | GRANOWO      | DRUŻYNA SZPIKU                  | POLSKA | 1976       | M30-39    | 153        | 4:46         | 12,6       | 00:37:45 | 01:23:51 | 01:39:30   | <b>01:40:43</b> | 401 |    |
| 437  | 1       | ADAMCZAK ZBIGNIEW         | SZAMOTUŁY    |                                 | POLSKA | 1984       | M18-29    | 90         | 4:47         | 12,6       | 00:35:46 | 01:22:06 | 01:40:32   | <b>01:40:50</b> | 402 |    |
| 438  | 148     | BUŁACZ ROMUALD            | WROCLAW      | NOKIA SOLUTIONS AND NETWORKS    | POLSKA | 1975       | M30-39    | 154        | 4:47         | 12,5       | 00:37:53 | 01:23:55 | 01:40:53   | <b>01:40:53</b> | 403 |    |
| 439  | 914     | NOWICKI MAREK             | DOBRZYKOWICE | PRO-RUN WROCLAW                 | POLSKA | 1971       | M40-44    | 65         | 4:47         | 12,5       | 00:36:22 | 01:23:02 | 01:40:31   | <b>01:40:54</b> | 404 |    |
| 440  | 694     | LUDWICZAK STANISŁAW       | ŚMIGIEL      |                                 | POLSKA | 1978       | M30-39    | 155        | 4:47         | 12,5       | 00:38:55 | 01:25:14 | 01:40:05   | <b>01:40:56</b> | 405 |    |
| 441  | 244     | DUSZYŃSKI TOMASZ          | NOWA WIEŚ    |                                 | POLSKA | 1985       | M18-29    | 91         | 4:47         | 12,5       | 00:38:21 | 01:23:31 | 01:39:54   | <b>01:40:58</b> | 406 |    |
| 442  | 24      | ANIOŁA BARTOSZ            | SWARZĘDZ     | VEROBA                          | POLSKA | 1979       | M30-39    | 156        | 4:47         | 12,5       | 00:36:03 | 01:21:40 | 01:40:33   | <b>01:41:00</b> | 407 |    |
| 443  | 409     | JAŁOCHA TOMASZ            | GUTOWO MAŁE  |                                 | POLSKA | 1975       | M30-39    | 157        | 4:47         | 12,5       | 00:36:40 | 01:23:12 | 01:40:42   | <b>01:41:01</b> | 408 |    |
| 444  | 752     | MALINOWSKI WŁADYSŁAW      | PROCHOWICE   |                                 | POLSKA | 1948       | M65-69    | 4          | 4:47         | 12,5       | 00:37:30 | 01:23:13 | 01:40:31   | <b>01:41:02</b> | 409 |    |
| 445  | 611     | KRAUZE TOMASZ ADAM        | WROCLAW      | PRO-RUN WROCLAW                 | POLSKA | 1967       | M45-49    | 37         | 4:47         | 12,5       | 00:37:49 | 01:23:57 | 01:40:31   | <b>01:41:05</b> | 410 |    |
| 446  | 571     | KONIECZNY WALDEMAR        | ZANIEMYŚL    |                                 | POLSKA | 1960       | M50-54    | 36         | 4:48         | 12,5       | 00:36:49 | 01:23:11 | 01:40:48   | <b>01:41:08</b> | 411 |    |
| 447  | 854     | MUCHA BEATA               | POZNAŃ       |                                 | POLSKA | 1973       | K40-44    | 5          | 4:48         | 12,5       | 00:36:25 | 01:23:28 | 01:40:55   | <b>01:41:09</b> | 412 | 36 |
| 448  | 162     | CHABKO JACEK              | WYSOKA       | 2. WOJSKOWY ODDZIAŁ GOSPODARCZY | POLSKA | 1968       | M45-49    | 38         | 4:48         | 12,5       | 00:36:59 | 01:23:18 | 01:40:48   | <b>01:41:10</b> | 412 |    |
| 449  | 1396    | WOROCZ MARCIN             | KOŚCIAN      | KS TĘCZA STK POZNAŃ             | POLSKA | 1988       | M18-29    | 92         | 4:48         | 12,5       | 00:36:42 | 01:22:53 | 01:41:12   | <b>01:41:12</b> | 413 |    |
| 450  | 901     | NOWAK DARIUSZ             | LESZNO       | MARATON LESZNO                  | POLSKA | 1983       | M30-39    | 158        | 4:48         | 12,5       | 00:36:53 | 01:23:14 | 01:40:41   | <b>01:41:12</b> | 414 |    |
| 451  | 905     | NOWAK DARIUSZ             | OTUSZ        |                                 | POLSKA | 1968       | M45-49    | 39         | 4:48         | 12,5       | 00:39:23 | 01:24:39 | 01:40:10   | <b>01:41:12</b> | 415 |    |
| 452  | 299     | GEPPERT JAKUB             | POZNAŃ       | NIGHT RUNNERS                   | POLSKA | 1984       | M18-29    | 93         | 4:48         | 12,5       | 00:37:52 | 01:24:03 | 01:40:34   | <b>01:41:14</b> | 416 |    |
| 453  | 296     | GEMBALSKI MIROSLAW        | LESZNO       | MARATON LESZNO                  | POLSKA | 1969       | M40-44    | 66         | 4:48         | 12,5       | 00:33:35 | 01:21:29 | 01:41:08   | <b>01:41:16</b> | 417 |    |
| 454  | 739     | MAJEWSKI WALDEMAR         | POZNAŃ       | DRUŻYNA SZPIKU                  | POLSKA | 1959       | M50-54    | 37         | 4:48         | 12,5       | 00:38:48 | 01:25:09 | 01:40:48   | <b>01:41:16</b> | 418 |    |
| 455  | 1140    | SIWEK PAWEŁ               | POZNAŃ       |                                 | POLSKA | 1976       | M30-39    | 159        | 4:48         | 12,5       | 00:38:03 | 01:24:37 | 01:41:14   | <b>01:41:20</b> | 419 |    |
| 456  | 1330    | WALKOWIAK - CIEŚLAK MARIA | POZNAŃ       | POSNANIA                        | POLSKA | 1985       | K18-29    | 18         | 4:48         | 12,5       | 00:38:05 | 01:24:55 | 01:40:58   | <b>01:41:20</b> | 420 | 37 |
| 457  | 180     | CHRUSZCZ MAGDALENA        | OPOLE        |                                 | POLSKA | 1988       | K18-29    | 19         | 4:48         | 12,5       | 00:39:02 | 01:24:50 | 01:41:10   | <b>01:41:21</b> | 421 | 38 |
| 458  | 371     | GANO-HAREMZA KINGA        | POZNAŃ       | NIGHT RUNNERS                   | POLSKA | 1973       | K40-44    | 6          | 4:48         | 12,5       | 00:36:37 | 01:23:32 | 01:40:57   | <b>01:41:23</b> | 422 | 39 |
| 459  | 1405    | WOŹNY PRZEMYSŁAW          | MIĘDZYCHÓD   |                                 | POLSKA | 1986       | M18-29    | 94         | 4:48         | 12,5       | 00:36:17 | 01:24:02 | 01:41:00   | <b>01:41:23</b> | 423 |    |
| 460  | 258     | FELEDZIAK WITOLD          | GOSTYŃ       |                                 | POLSKA | 1980       | M30-39    | 160        | 4:48         | 12,5       | 00:37:43 | 01:24:36 | 01:40:49   | <b>01:41:23</b> | 424 |    |
| 461  | 1139    | SITEK DARIUSZ             | PUSZCZYKOWO  | KP PUSZCZYKOWO                  | POLSKA | 1973       | M40-44    | 67         | 4:48         | 12,5       | 00:35:52 | 01:23:21 | 01:41:10   | <b>01:41:24</b> | 425 |    |
| 462  | 863     | MUSIELAK PIOTR            | POZNAŃ       | POCZTA                          | POLSKA | 1970       | M40-44    | 68         | 4:48         | 12,5       | 00:36:47 | 01:23:23 | 01:41:07   | <b>01:41:25</b> | 426 |    |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię          | Miejscowość            | Klub                          | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K |
|------|---------|------------------------|------------------------|-------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|---|
| 463  | 801     | MIADZIOŁKO TOMASZ      | WIELEŃ                 |                               | POLSKA | 1981       | M30-39    | 161        | 4:48         | 12,5       | 00:38:33 | 01:24:52 | 01:41:09   | <b>01:41:25</b> | 424 |   |
| 464  | 1027    | POŚLUSZNY PAWEŁ        | WROCŁAW                | AWF WROCŁAW                   | POLSKA | 1979       | M30-39    | 162        | 4:49         | 12,5       | 00:39:02 | 01:25:04 | 01:39:54   | <b>01:41:28</b> | 425 |   |
| 465  | 179     | CHRÓŚCIK ANDRZEJ       | GRODZIŃSK WIELKOPOLSKI |                               | POLSKA | 1960       | M50-54    | 38         | 4:49         | 12,5       | 00:38:49 | 01:24:52 | 01:40:46   | <b>01:41:30</b> | 426 |   |
| 466  | 947     | PALICKI SŁAWOMIR       | GOWARZEWO              | KB UE POZNAŃ                  | POLSKA | 1978       | M30-39    | 163        | 4:49         | 12,5       | 00:37:25 | 01:24:02 | 01:40:53   | <b>01:41:31</b> | 427 |   |
| 467  | 714     | ŁUCZAK JAKUB           | WROCŁAW                | INSERT TEAM                   | POLSKA | 1981       | M30-39    | 164        | 4:49         | 12,5       | 00:38:26 | 01:24:36 | 01:41:02   | <b>01:41:36</b> | 428 |   |
| 468  | 66      | BARTOSZEK PAWEŁ        | ZALASEWO               | PPNT                          | POLSKA | 1979       | M30-39    | 165        | 4:49         | 12,5       | 00:37:33 | 01:24:36 | 01:41:08   | <b>01:41:38</b> | 429 |   |
| 469  | 552     | KŁĘBCZYK MIŁOSZ        | BOLESŁAWIEC            |                               | POLSKA | 1980       | M30-39    | 166        | 4:49         | 12,5       | 00:38:50 | 01:25:22 | 01:41:07   | <b>01:41:38</b> | 430 |   |
| 470  | 489     | KAMIŃSKA BEATA         | POZNAŃ                 | NIGHT RUNNERS                 | POLSKA | 1986       | K18-29    | 20         | 4:49         | 12,5       | 00:38:10 | 01:24:42 | 01:40:59   | <b>01:41:39</b> | 40  |   |
| 471  | 740     | MAJOR TOMASZ           | GŁOGÓW                 |                               | POLSKA | 1989       | M18-29    | 95         | 4:49         | 12,5       | 00:39:37 | 01:25:22 | 01:40:53   | <b>01:41:40</b> | 431 |   |
| 472  | 99      | BŁASIAK PAWEŁ          | TYNIEC MAŁY            | 2 WOG                         | POLSKA | 1961       | M50-54    | 39         | 4:49         | 12,4       | 00:36:58 | 01:23:59 | 01:41:20   | <b>01:41:42</b> | 432 |   |
| 473  | 788     | MAZURKIEWICZ TOMASZ    | WROCŁAW                | E-ESPRESSO ACTIVE TEAM        | POLSKA | 1979       | M30-39    | 167        | 4:49         | 12,4       | 00:38:51 | 01:24:57 | 01:40:58   | <b>01:41:42</b> | 433 |   |
| 474  | 1298    | TRĄBKA DAMIAN          | KURZA GÓRA             |                               | POLSKA | 1974       | M30-39    | 168        | 4:49         | 12,4       | 00:38:13 | 01:24:42 | 01:40:46   | <b>01:41:43</b> | 434 |   |
| 475  | 938     | PABICH KRZYSZTOF       | PIŁA                   | 4RUN TEAM PIŁA                | POLSKA | 1973       | M40-44    | 69         | 4:49         | 12,4       | 00:40:00 | 01:26:29 | 01:40:54   | <b>01:41:43</b> | 435 |   |
| 476  | 119     | BOSIANEK RAFAŁ         | PIŁA                   | 4RUN TEAM PIŁA                | POLSKA | 1976       | M30-39    | 169        | 4:49         | 12,4       | 00:40:00 | 01:26:28 | 01:40:55   | <b>01:41:44</b> | 436 |   |
| 477  | 730     | MAĆKOWIAK DANIEL       | POZNAŃ                 |                               | POLSKA | 1988       | M18-29    | 96         | 4:49         | 12,4       | 00:37:42 | 01:24:35 | 01:41:21   | <b>01:41:45</b> | 437 |   |
| 478  | 1287    | TOMASZEWSKI PRZEMYSŁAW | GOSTYŃ                 |                               | POLSKA | 1969       | M40-44    | 70         | 4:49         | 12,4       | 00:37:42 | 01:24:35 | 01:41:14   | <b>01:41:46</b> | 438 |   |
| 479  | 545     | KLEPACKI MACIEJ        | PĘPOWO                 | STRAŻ POŻARNA GOSTYŃ          | POLSKA | 1981       | M30-39    | 170        | 4:50         | 12,4       | 00:36:12 | 01:22:39 | 01:41:49   | <b>01:41:49</b> | 439 |   |
| 480  | 1066    | RAK ZDZISŁAW           | ROGÓW SOBÓCKI          | VITA I ANIMAL                 | POLSKA | 1966       | M45-49    | 40         | 4:50         | 12,4       | 00:36:54 | 01:23:38 | 01:41:23   | <b>01:41:49</b> | 440 |   |
| 481  | 701     | ŁAPIŃSKI BARTOSZ       | KOŚCIAN                |                               | POLSKA | 1987       | M18-29    | 97         | 4:50         | 12,4       | 00:36:52 | 01:23:40 | 01:41:33   | <b>01:41:50</b> | 441 |   |
| 482  | 387     | HORAŁA HANNA           | GOSTYŃ                 |                               | POLSKA | 1983       | K30-39    | 10         | 4:50         | 12,4       | 00:37:42 | 01:24:34 | 01:41:18   | <b>01:41:51</b> | 41  |   |
| 483  | 433     | JASIŃSKI JACEK         | SZCZYTNICA             |                               | POLSKA | 1992       | M18-29    | 98         | 4:50         | 12,4       | 00:37:47 | 01:25:09 | 01:41:21   | <b>01:41:52</b> | 442 |   |
| 484  | 642     | KUBICKI TADEUSZ        | SUCHY LAS              |                               | POLSKA | 1990       | M18-29    | 99         | 4:50         | 12,4       | 00:39:00 | 01:25:13 | 01:41:33   | <b>01:42:04</b> | 443 |   |
| 485  | 102     | BŁASZYK WOJCIECH       | LESZNO                 |                               | POLSKA | 1991       | M18-29    | 100        | 4:50         | 12,4       | 00:37:32 | 01:24:35 | 01:41:33   | <b>01:42:06</b> | 444 |   |
| 486  | 703     | ŁAWNICZAK MARCIN       | WRONKI                 |                               | POLSKA | 1981       | M30-39    | 171        | 4:50         | 12,4       | 00:38:37 | 01:25:23 | 01:41:31   | <b>01:42:06</b> | 445 |   |
| 487  | 1363    | WILCZYŃSKI BŁAŻEJ      | POZNAŃ                 | NESTHORN                      | POLSKA | 1978       | M30-39    | 172        | 4:50         | 12,4       | 00:37:32 | 01:24:35 | 01:41:32   | <b>01:42:07</b> | 446 |   |
| 488  | 1465    | ŻAK ŁUKASZ             | KOŚCIAN                |                               | POLSKA | 1992       | M18-29    | 101        | 4:51         | 12,4       | 00:42:39 | 01:25:58 | 01:41:01   | <b>01:42:09</b> | 447 |   |
| 489  | 335     | KORKUĆ PIOTR           | WROCŁAW                | MKB SEMPER HUMILIS WROCŁAW    | POLSKA | 1976       | M30-39    | 173        | 4:51         | 12,4       | 00:37:46 | 01:24:51 | 01:41:28   | <b>01:42:10</b> | 448 |   |
| 490  | 1348    | WESOLEK MAREK          | WROCŁAW                | PRO-RUN WROCŁAW               | POLSKA | 1980       | M30-39    | 174        | 4:51         | 12,4       | 00:36:20 | 01:23:17 | 01:41:49   | <b>01:42:12</b> | 449 |   |
| 491  | 525     | KĄŻMIERSKI PIOTR       | GOSTYŃ                 |                               | POLSKA | 1976       | M30-39    | 175        | 4:51         | 12,4       | 00:37:42 | 01:24:38 | 01:41:38   | <b>01:42:12</b> | 450 |   |
| 492  | 239     | DUDZIAK GRZEGORZ       | MOSINA                 | NIGHT RUNNERS                 | POLSKA | 1987       | M18-29    | 102        | 4:51         | 12,4       | 00:36:48 | 01:24:18 | 01:41:49   | <b>01:42:14</b> | 451 |   |
| 493  | 1305    | TRZECIAK PRZEMYSŁAW    | POZNAŃ                 | BIEGADĘBIEC-POZNAŃ            | POLSKA | 1969       | M40-44    | 71         | 4:51         | 12,4       | 00:37:25 | 01:24:41 | 01:41:35   | <b>01:42:14</b> | 452 |   |
| 494  | 1314    | TYMCZEWSKI MACIEJ      | GNIEZNO                |                               | POLSKA | 1971       | M40-44    | 72         | 4:51         | 12,4       | 00:38:33 | 01:25:20 | 01:41:32   | <b>01:42:17</b> | 453 |   |
| 495  | 1439    | ZDONEK FILIP           | LESZNO                 |                               | POLSKA | 1981       | M30-39    | 176        | 4:51         | 12,4       | 00:38:50 | 01:24:55 | 01:41:37   | <b>01:42:19</b> | 454 |   |
| 496  | 1416    | WYGRALAK PIOTR         | POZNAŃ                 | TEAM ASA - BIEGIEM PO ZDROWIE | POLSKA | 1986       | M18-29    | 103        | 4:51         | 12,4       | 00:39:06 | 01:25:08 | 01:41:38   | <b>01:42:21</b> | 455 |   |
| 497  | 485     | KALEMBKIEWICZ PIOTR    | WROCŁAW                | MIROTRANS WROCŁAW             | POLSKA | 1978       | M30-39    | 177        | 4:51         | 12,4       | 00:37:14 | 01:24:08 | 01:41:52   | <b>01:42:22</b> | 456 |   |
| 498  | 764     | MATUSIAK JAREK         | POZNAŃ                 | RUNNERSPROJECT                | POLSKA | 1975       | M30-39    | 178        | 4:51         | 12,4       | 00:37:09 | 01:24:45 | 01:42:01   | <b>01:42:24</b> | 457 |   |
| 499  | 1253    | SZYGENDA JAROSŁAW      | POZNAŃ                 | VW POZNAŃ                     | POLSKA | 1972       | M40-44    | 73         | 4:51         | 12,4       | 00:37:59 | 01:24:57 | 01:41:47   | <b>01:42:24</b> | 458 |   |
| 500  | 872     | NAGLIK TOMASZ          | KOŚCIAN                |                               | POLSKA | 1968       | M45-49    | 41         | 4:51         | 12,4       | 00:38:00 | 01:25:27 | 01:41:33   | <b>01:42:24</b> | 459 |   |
| 501  | 383     | HOJAN ŁUKASZ           | POZNAŃ                 | NIGHT RUNNERS                 | POLSKA | 1985       | M18-29    | 104        | 4:51         | 12,4       | 00:38:49 | 01:25:27 | 01:42:00   | <b>01:42:26</b> | 460 |   |
| 502  | 719     | MACHELSKI KRZYSZTOF    | WROCŁAW                | PRO_RUN WROCŁAW               | POLSKA | 1978       | M30-39    | 179        | 4:51         | 12,4       | 00:36:49 | 01:24:37 | 01:42:05   | <b>01:42:27</b> | 461 |   |
| 503  | 436     | JAŚNIEWICZ WOJCIECH    | SWARZĘDZ               |                               | POLSKA | 1979       | M30-39    | 180        | 4:52         | 12,3       | 00:37:30 | 01:24:36 | 01:42:03   | <b>01:42:31</b> | 462 |   |
| 504  | 194     | CIEŚLAK JANUSZ         | POZNAŃ                 | POSNANIA                      | POLSKA | 1982       | M30-39    | 181        | 4:52         | 12,3       | 00:38:06 | 01:25:21 | 01:42:15   | <b>01:42:37</b> | 463 |   |



# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość         | Klub                                 | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|-----------------------|---------------------|--------------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 505  | 883     | NIERADKA PRZEMYSŁAW   | WOLSZTYN            |                                      | POLSKA | 1976       | M30-39    | 182        | 4:52         | 12,3       | 00:38:20 | 01:25:12 | 01:42:00   | <b>01:42:38</b> | 464 |    |
| 506  | 497     | KAŃDUŁA RAJMUND       | ROGOŹNO             | DRUZYNA SZPIKU                       | POLSKA | 1983       | M30-39    | 183        | 4:52         | 12,3       | 00:37:44 | 01:24:07 | 01:41:29   | <b>01:42:40</b> | 465 |    |
| 507  | 1266    | SZYMKOWIAK DARIUSZ    | POBIEDZISKA         | NIGHT RUNNERS                        | POLSKA | 1973       | M40-44    | 74         | 4:52         | 12,3       | 00:35:51 | 01:23:52 | 01:42:15   | <b>01:42:41</b> | 466 |    |
| 508  | 1013    | PŁUCIENNIK KRZYSZTOF  | POZNAŃ              |                                      | POLSKA | 1972       | M40-44    | 75         | 4:52         | 12,3       | 00:39:06 | 01:25:55 | 01:42:00   | <b>01:42:41</b> | 467 |    |
| 509  | 1302    | TRYK SEBASTIAN        | WROCŁAW             | PRO-RUN WROCŁAW                      | POLSKA | 1971       | M40-44    | 76         | 4:52         | 12,3       | 00:39:09 | 01:25:55 | 01:42:03   | <b>01:42:41</b> | 468 |    |
| 510  | 129     | BRONOWICKI JAROSŁAW   | JAKUBKOWICE         | PRO-RUN WROCŁAW                      | POLSKA | 1972       | M40-44    | 77         | 4:52         | 12,3       | 00:38:59 | 01:25:55 | 01:42:13   | <b>01:42:50</b> | 469 |    |
| 511  | 762     | MASŁOWSKA MAGDALENA   | POZNAŃ              | TEAM ASA - BIEGIEM PO ZDROWIE        | POLSKA | 1980       | K30-39    | 11         | 4:52         | 12,3       | 00:39:12 | 01:26:11 | 01:42:21   | <b>01:42:50</b> |     | 42 |
| 512  | 450     | JEŻEWSKI SŁAWOMIR     | ROSNÓWKO            | DRUZYNA SZPIKU                       | POLSKA | 1971       | M40-44    | 78         | 4:52         | 12,3       | 00:38:58 | 01:26:21 | 01:42:16   | <b>01:42:50</b> | 470 |    |
| 513  | 756     | MARCINIAK EDYTA       | KALISZ              |                                      | POLSKA | 1981       | K30-39    | 12         | 4:53         | 12,3       | 00:37:29 | 01:24:52 | 01:42:13   | <b>01:42:52</b> |     | 43 |
| 514  | 419     | JANKOWIAK MARCIN      | SOLEC               |                                      | POLSKA | 1978       | M30-39    | 184        | 4:53         | 12,3       | 00:39:22 | 01:26:01 | 01:42:10   | <b>01:42:53</b> | 471 |    |
| 515  | 862     | MUSIAŁ TOMASZ         | STARA LUBIANKA      | STOWARZYSZENIE BIEGACZY GMINY SZYDŁO | POLSKA | 1982       | M30-39    | 185        | 4:53         | 12,3       | 00:37:39 | 01:25:35 | 01:42:44   | <b>01:42:54</b> | 472 |    |
| 516  | 347     | GRUPA HUBERT          | KOŚCIAN             |                                      | POLSKA | 1990       | M18-29    | 105        | 4:53         | 12,3       | 00:39:04 | 01:25:40 | 01:42:05   | <b>01:42:55</b> | 473 |    |
| 517  | 664     | KUSIK ZBIGNIEW        | POZNAŃ              | ILIM, GIRA SIĘ KRĘCI                 | POLSKA | 1982       | M30-39    | 186        | 4:53         | 12,3       | 00:36:25 | 01:23:48 | 01:42:35   | <b>01:42:56</b> | 474 |    |
| 518  | 1125    | SEREDA MICHAŁ         | WRZEŚNIA            |                                      | POLSKA | 1971       | M40-44    | 79         | 4:53         | 12,3       | 00:36:40 | 01:24:17 | 01:42:38   | <b>01:42:56</b> | 475 |    |
| 519  | 820     | MIEŚCICKI ŁUKASZ      | POZNAŃ              | TEAM ASA - BIEGIEM PO ZDROWIE        | POLSKA | 1980       | M30-39    | 187        | 4:53         | 12,3       | 00:39:12 | 01:26:14 | 01:42:28   | <b>01:43:00</b> | 476 |    |
| 520  | 112     | BOJANOWSKI TOMASZ     | LESZNO              |                                      | POLSKA | 1971       | M40-44    | 80         | 4:53         | 12,3       | 00:38:01 | 01:25:39 | 01:42:28   | <b>01:43:03</b> | 477 |    |
| 521  | 257     | FAJER MARKUS          | DOBRA               | RAZ SZCZECIN                         | POLSKA | 1948       | M65-69    | 5          | 4:53         | 12,3       | 00:38:32 | 01:25:33 | 01:42:29   | <b>01:43:05</b> | 478 |    |
| 522  | 1194    | STARZYŃSKI TOMASZ     | KAZIMIERZA WIELKA   | BIEGAJZNAMI.PL                       | POLSKA | 1980       | M30-39    | 188        | 4:53         | 12,3       | 00:38:53 | 01:25:50 | 01:42:22   | <b>01:43:08</b> | 479 |    |
| 523  | 726     | MACIEJEWSKI PIOTR     | TRZEMESZNO          |                                      | POLSKA | 1980       | M30-39    | 189        | 4:53         | 12,3       | 00:36:54 | 01:24:42 | 01:43:06   | <b>01:43:11</b> | 480 |    |
| 524  | 288     | GARCZAREK TOMASZ      | KOŚCIAN             |                                      | POLSKA | 1972       | M40-44    | 81         | 4:53         | 12,3       | 00:38:53 | 01:26:10 | 01:42:18   | <b>01:43:12</b> | 481 |    |
| 525  | 324     | GORYNIA MARIAN        | SUCHY LAS           | KB UE POZNAN                         | POLSKA | 1956       | M55-59    | 15         | 4:54         | 12,3       | 00:36:43 | 01:24:53 | 01:42:53   | <b>01:43:17</b> | 482 |    |
| 526  | 264     | FINGAS MARCIN         | KALISZ,JASTRZĘBNIKI |                                      | POLSKA | 1975       | M30-39    | 190        | 4:54         | 12,2       | 00:39:30 | 01:26:24 | 01:42:35   | <b>01:43:21</b> | 483 |    |
| 527  | 550     | KLIŃSKI GRZEGORZ      | POZNAŃ              |                                      | POLSKA | 1975       | M30-39    | 191        | 4:54         | 12,2       | 00:39:03 | 01:25:57 | 01:42:53   | <b>01:43:24</b> | 484 |    |
| 528  | 178     | CHRAPLAK KAROL        | LESZNO              | K&P TEAM                             | POLSKA | 1976       | M30-39    | 192        | 4:54         | 12,2       | 00:38:05 | 01:25:26 | 01:42:58   | <b>01:43:26</b> | 485 |    |
| 529  | 190     | CIECIERSKI PRZEMYSŁAW | SKÓRZEWO            | SKÓRZEWO                             | POLSKA | 1975       | M30-39    | 193        | 4:54         | 12,2       | 00:36:18 | 01:24:59 | 01:43:09   | <b>01:43:27</b> | 486 |    |
| 530  | 110     | BODZIONY ANNA         | NOWY SĄCZ           | ZSON START NOWY SĄCZ,SPRAWNI RAZEM   | POLSKA | 1985       | K18-29    | 21         | 4:54         | 12,2       | 00:35:13 | 01:24:55 | 01:43:27   | <b>01:43:28</b> |     | 44 |
| 531  | 1051    | PUĆKA MAREK           | GNIEZNO             |                                      | POLSKA | 1975       | M30-39    | 194        | 4:54         | 12,2       | 00:39:04 | 01:26:02 | 01:42:46   | <b>01:43:28</b> | 487 |    |
| 532  | 1070    | RATAJCAK GRZEGORZ     | PUSZCZYKÓWKO        |                                      | POLSKA | 1955       | M55-59    | 16         | 4:54         | 12,2       | 00:37:46 | 01:25:46 | 01:43:24   | <b>01:43:30</b> | 488 |    |
| 533  | 755     | MARCHEWKA KAROL       | KOŚCIAN             | CSWLĄD POZNAŃ                        | POLSKA | 1977       | M30-39    | 195        | 4:54         | 12,2       | 00:39:32 | 01:26:32 | 01:42:43   | <b>01:43:30</b> | 489 |    |
| 534  | 1273    | ŚWIĄTKOWSKI KAROL     | CHORYŃ              |                                      | POLSKA | 1979       | M30-39    | 196        | 4:54         | 12,2       | 00:39:03 | 01:25:59 | 01:42:51   | <b>01:43:32</b> | 490 |    |
| 535  | 615     | KRÓLIK ZENON          | OSTRÓW WLKP.        | KS MARATON OSTRÓW WLKP.              | POLSKA | 1946       | M65-69    | 6          | 4:55         | 12,2       | 00:39:29 | 01:26:49 | 01:42:53   | <b>01:43:34</b> | 491 |    |
| 536  | 274     | FRĄCOWIAK NORBERT     | KOŚCIAN             |                                      | POLSKA | 1972       | M40-44    | 82         | 4:55         | 12,2       | 00:39:24 | 01:26:14 | 01:42:55   | <b>01:43:35</b> | 492 |    |
| 537  | 819     | MIERZYŃSKI PAWEŁ      | WŁOSZAKOWICE        | KOŁOWNIK WŁOSZ                       | POLSKA | 1989       | M18-29    | 106        | 4:55         | 12,2       | 00:36:10 | 01:24:52 | 01:43:19   | <b>01:43:37</b> | 493 |    |
| 538  | 893     | NOWACZYK MACIEJ       | POZNAŃ              |                                      | POLSKA | 1979       | M30-39    | 197        | 4:55         | 12,2       | 00:41:24 | 01:26:46 | 01:42:49   | <b>01:43:37</b> | 494 |    |
| 539  | 937     | OŻÓG TOMASZ           | WROCŁAW             |                                      | POLSKA | 1980       | M30-39    | 198        | 4:55         | 12,2       | 00:38:52 | 01:26:07 | 01:43:05   | <b>01:43:39</b> | 495 |    |
| 540  | 158     | CAŁY ADAM             | SOBÓTKA             | PRO-RUN WROCŁAW                      | POLSKA | 1988       | M18-29    | 107        | 4:55         | 12,2       | 00:34:48 | 01:23:47 | 01:43:17   | <b>01:43:42</b> | 496 |    |
| 541  | 344     | GROCHAŁA TOMASZ       | ŚLUBÓW              | MARATOŃCZYK GÓRA                     | POLSKA | 1982       | M30-39    | 199        | 4:55         | 12,2       | 00:37:47 | 01:25:28 | 01:43:13   | <b>01:43:43</b> | 497 |    |
| 542  | 121     | BOTA MAREK            | LESZNO              | REAL 64-STO                          | POLSKA | 1963       | M50-54    | 40         | 4:55         | 12,2       | 00:38:54 | 01:26:26 | 01:43:05   | <b>01:43:47</b> | 498 |    |
| 543  | 1404    | WOŹNY SŁAWOMIR        | WOLSZTYN            |                                      | POLSKA | 1982       | M30-39    | 200        | 4:55         | 12,2       | 00:38:17 | 01:25:31 | 01:43:09   | <b>01:43:49</b> | 499 |    |
| 544  | 426     | JANOWICZ MACIEJ       | OSIECZNA            |                                      | POLSKA | 1974       | M30-39    | 201        | 4:55         | 12,2       | 00:36:08 | 01:24:53 | 01:43:35   | <b>01:43:51</b> | 500 |    |
| 545  | 505     | KAROLAK GRZEGORZ      | POZNAŃ              |                                      | POLSKA | 1968       | M45-49    | 42         | 4:55         | 12,2       | 00:36:32 | 01:24:55 | 01:43:45   | <b>01:43:52</b> | 501 |    |
| 546  | 171     | CHŁOPICKI MICHAŁ      | GNIEZNO             | VELUX GNIEZNO                        | POLSKA | 1981       | M30-39    | 202        | 4:55         | 12,2       | 00:39:37 | 01:27:14 | 01:43:14   | <b>01:43:54</b> | 502 |    |



# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię              | Miejscowość        | Klub                    | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|----------------------------|--------------------|-------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 547  | 300     | GERUS WIESŁAW              | WROCLAW            | PRO-RUN WROCLAW         | POLSKA | 1965       | M45-49    | 43         | 4:56         | 12,2       | 00:37:25 | 01:25:31 | 01:43:33   | <b>01:43:55</b> | 503 |    |
| 548  | 1345    | WAYDA ADAM                 | GŁOGÓW             | TC KOMAK CHROBRY GŁOGÓW | POLSKA | 1968       | M45-49    | 44         | 4:56         | 12,2       | 00:34:38 | 01:22:17 | 01:43:55   | <b>01:44:00</b> | 504 |    |
| 549  | 970     | PAZOŁA JAROSŁAW            | ŚREM               | RUNNER'S POWER          | POLSKA | 1973       | M40-44    | 83         | 4:56         | 12,1       | 00:39:01 | 01:26:33 | 01:43:22   | <b>01:44:13</b> | 505 |    |
| 550  | 588     | KOŚCIAŃSKI ADAM            | KOŚCIAN            | K.P. OBRA 1912 KOŚCIAN  | POLSKA | 1980       | M30-39    | 203        | 4:56         | 12,1       | 00:38:43 | 01:26:16 | 01:43:34   | <b>01:44:15</b> | 506 |    |
| 551  | 330     | GÓRNY DAWID                | WRONKI             | WRONIECKI KLUB BIEGACZA | POLSKA | 1984       | M18-29    | 108        | 4:56         | 12,1       | 00:39:19 | 01:27:17 | 01:43:38   | <b>01:44:15</b> | 507 |    |
| 552  | 653     | KUPCZYŃSKI ROBERT          | DOBRYZKOWICE       | ITMZM 2012              | POLSKA | 1972       | M40-44    | 84         | 4:57         | 12,1       | 00:38:26 | 01:26:36 | 01:44:04   | <b>01:44:17</b> | 508 |    |
| 553  | 1415    | WYGANOWSKI ANDRZEJ         | KOŁOBRZEG          | KB WYGAN                | POLSKA | 1945       | M65-69    | 7          | 4:57         | 12,1       | 00:38:26 | 01:26:15 | 01:43:08   | <b>01:44:18</b> | 509 |    |
| 554  | 524     | KĄŻMIERCZAK - PUĆKA MONIKA | GNIEZNO            |                         | POLSKA | 1977       | K30-39    | 13         | 4:57         | 12,1       | 00:39:05 | 01:26:22 | 01:43:38   | <b>01:44:20</b> |     | 45 |
| 555  | 469     | KACZMARCZYK IZABELA        | WROCLAW            | PRO-RUN WROCLAW         | POLSKA | 1983       | K30-39    | 14         | 4:57         | 12,1       | 00:38:52 | 01:26:36 | 01:43:46   | <b>01:44:20</b> |     | 46 |
| 556  | 238     | DUDKIEWICZ WOJCIECH        | BUK                | BKB                     | POLSKA | 1989       | M18-29    | 109        | 4:57         | 12,1       | 00:37:20 | 01:25:52 | 01:43:58   | <b>01:44:21</b> | 510 |    |
| 557  | 765     | MATUSZAK PAWEŁ             | KRZYWIŃ            |                         | POLSKA | 1984       | M18-29    | 110        | 4:57         | 12,1       | 00:36:14 | 01:24:54 | 01:43:49   | <b>01:44:22</b> | 511 |    |
| 558  | 320     | GOŁUBOWSKI ŁUKASZ          | MIASTKO            |                         | POLSKA | 1986       | M18-29    | 111        | 4:57         | 12,1       | 00:39:15 | 01:26:48 | 01:43:43   | <b>01:44:25</b> | 512 |    |
| 559  | 82      | BERNARD MARCIN             | KOŚCIAN            | KALOSKAGHATOS           | POLSKA | 1983       | M30-39    | 204        | 4:57         | 12,1       | 00:38:53 | 01:26:18 | 01:43:34   | <b>01:44:28</b> | 513 |    |
| 560  | 301     | GĘDOŚ MATEUSZ              | POZNAŃ             |                         | POLSKA | 1981       | M30-39    | 205        | 4:57         | 12,1       | 00:39:25 | 01:28:08 | 01:43:40   | <b>01:44:28</b> | 514 |    |
| 561  | 757     | MARCINIAK PRZEMYSŁAW       | PLESZEW            | PLESZEW TEAM            | POLSKA | 1975       | M30-39    | 206        | 4:57         | 12,1       | 00:40:29 | 01:27:43 | 01:43:31   | <b>01:44:29</b> | 515 |    |
| 562  | 183     | CHWIAŁKOWSKI BARTOSZ       | POZNAŃ             | POZRUNIACY              | POLSKA | 1982       | M30-39    | 207        | 4:57         | 12,1       | 00:39:25 | 01:27:48 | 01:43:45   | <b>01:44:29</b> | 516 |    |
| 563  | 365     | GUSS BARTOSZ               | PONAŃ              | UROCZO&TODO&ENDUSPORT   | POLSKA | 1975       | M30-39    | 208        | 4:57         | 12,1       | 00:38:49 | 01:26:15 | 01:44:08   | <b>01:44:30</b> | 517 |    |
| 564  | 109     | BODAK KAROL                | POZNAŃ             |                         | POLSKA | 1988       | M18-29    | 112        | 4:57         | 12,1       | 00:38:18 | 01:26:58 | 01:43:58   | <b>01:44:32</b> | 518 |    |
| 565  | 644     | KUCHARSKI JAKUB            | GRUSZCZYN          | JKU1979                 | POLSKA | 1979       | M30-39    | 209        | 4:57         | 12,1       | 00:40:20 | 01:27:45 | 01:43:38   | <b>01:44:32</b> | 519 |    |
| 566  | 247     | DUTKIEWICZ MACIEJ          | POZNAŃ             | DRUŻYNA SZPIKU          | POLSKA | 1974       | M30-39    | 210        | 4:57         | 12,1       | 00:39:27 | 01:27:33 | 01:44:02   | <b>01:44:33</b> | 520 |    |
| 567  | 47      | BANASZCZAK WOJCIECH        | LESZNO             | 4 TEAM                  | POLSKA | 1974       | M30-39    | 211        | 4:57         | 12,1       | 00:37:56 | 01:25:53 | 01:44:07   | <b>01:44:35</b> | 521 |    |
| 568  | 202     | CZAPRACKI DOMINIK          | OPALENICA          |                         | POLSKA | 1976       | M30-39    | 212        | 4:57         | 12,1       | 00:39:30 | 01:28:05 | 01:43:34   | <b>01:44:36</b> | 522 |    |
| 569  | 224     | DOLECKI MACIEJ             | BORUJA KOŚCIELNA   |                         | POLSKA | 1982       | M30-39    | 213        | 4:58         | 12,1       | 00:39:20 | 01:26:48 | 01:43:54   | <b>01:44:37</b> | 523 |    |
| 570  | 1237    | SZKODA KRZYSZTOF           | GRODZISK WLKP.     |                         | POLSKA | 1985       | M18-29    | 113        | 4:58         | 12,1       | 00:36:41 | 01:24:42 | 01:44:20   | <b>01:44:38</b> | 524 |    |
| 571  | 1335    | WASIAK MICHAŁ              | PISZCZAC           |                         | POLSKA | 1986       | M18-29    | 114        | 4:58         | 12,1       | 00:39:24 | 01:27:35 | 01:43:55   | <b>01:44:39</b> | 525 |    |
| 572  | 599     | KOWALEWSKI ROBERT          | WROCLAW            |                         | POLSKA | 1969       | M40-44    | 85         | 4:58         | 12,1       | 00:40:16 | 01:28:03 | 01:43:40   | <b>01:44:42</b> | 526 |    |
| 573  | 1433    | ZARĘBA ADAM                | POZNAŃ             | KB MANIAC POZNAŃ        | POLSKA | 1981       | M30-39    | 214        | 4:58         | 12,1       | 00:38:32 | 01:26:48 | 01:44:23   | <b>01:44:43</b> | 527 |    |
| 574  | 1303    | TRZASKOWSKI ŁUKASZ         | WROCLAW            |                         | POLSKA | 1985       | M18-29    | 115        | 4:58         | 12,1       | 00:38:31 | 01:27:14 | 01:44:23   | <b>01:44:43</b> | 528 |    |
| 575  | 1327    | WALCZYKIEWICZ MARTA        | KALISZ             | KTW KALISZ              | POLSKA | 1987       | K18-29    | 22         | 4:58         | 12,1       | 00:39:33 | 01:27:45 | 01:43:59   | <b>01:44:43</b> |     | 47 |
| 576  | 871     | NAGLER KRZYSZTOF           | KOBIERNO           |                         | POLSKA | 1958       | M55-59    | 17         | 4:58         | 12,1       | 00:35:28 | 01:24:11 | 01:44:40   | <b>01:44:45</b> | 529 |    |
| 577  | 645     | KUCHARSKI TOMASZ           | ŚMIGIEL            |                         | POLSKA | 1980       | M30-39    | 215        | 4:58         | 12,1       | 00:35:00 | 01:24:21 | 01:44:18   | <b>01:44:45</b> | 530 |    |
| 578  | 37      | BAKIERA JAKUB              | POZNAŃ             |                         | POLSKA | 1993       | M18-29    | 116        | 4:58         | 12,1       | 00:38:34 | 01:26:18 | 01:44:23   | <b>01:44:46</b> | 531 |    |
| 579  | 879     | NAWROCKA IWONA             | ZALASEWO           | DRUŻYNA SZPIKU          | POLSKA | 1973       | K40-44    | 7          | 4:58         | 12,1       | 00:38:42 | 01:26:46 | 01:44:31   | <b>01:44:46</b> |     | 48 |
| 580  | 56      | BARANOWSKI SZYMON          | WRONKI             | WRONIECKI KLUB BIEGACZA | POLSKA | 1981       | M30-39    | 216        | 4:58         | 12,1       | 00:39:50 | 01:28:08 | 01:43:32   | <b>01:44:47</b> | 532 |    |
| 581  | 1040    | PRZYBYŁAK DOROTA           | SWARZĘDZ           |                         | POLSKA | 1993       | K18-29    | 23         | 4:58         | 12,1       | 00:37:30 | 01:26:14 | 01:44:20   | <b>01:44:48</b> |     | 49 |
| 582  | 442     | JELEŃ KLAUDIA              | WROCLAW            | PRO-RUN WROCLAW         | POLSKA | 1991       | K18-29    | 24         | 4:58         | 12,1       | 00:39:25 | 01:27:33 | 01:44:14   | <b>01:44:48</b> |     | 50 |
| 583  | 168     | CHLEBOSZ MARTYNA           | POZNAŃ             | GO HARD OR GO HOME      | POLSKA | 1989       | K18-29    | 25         | 4:58         | 12,1       | 00:38:32 | 01:26:47 | 01:44:16   | <b>01:44:50</b> |     | 51 |
| 584  | 310     | GŁUBISZ BARTOSZ            | POZNAŃ             |                         | POLSKA | 1988       | M18-29    | 117        | 4:58         | 12,1       | 00:39:01 | 01:27:14 | 01:44:13   | <b>01:44:53</b> | 533 |    |
| 585  | 1242    | SZMAJSER RAFAŁ             | WĘGRZCE            |                         | POLSKA | 1973       | M40-44    | 86         | 4:59         | 12,1       | 00:39:33 | 01:28:13 | 01:44:15   | <b>01:44:58</b> | 534 |    |
| 586  | 693     | LUDWICZAK MICHAŁ           | ŚRODA WIELKOPOLSKA |                         | POLSKA | 1984       | M18-29    | 118        | 4:59         | 12,0       | 00:37:18 | 01:26:02 | 01:44:32   | <b>01:45:03</b> | 535 |    |
| 587  | 1325    | WALCZAK MACIEJ             | ŚREM               | QUAY POZNAŃ             | POLSKA | 1978       | M30-39    | 217        | 4:59         | 12,0       | 00:42:09 | 01:28:56 | 01:43:47   | <b>01:45:04</b> | 536 |    |
| 588  | 715     | ŁUDCZAK DAWID              | DOBROSZYCE         | WSOWL WROCLAW           | POLSKA | 1990       | M18-29    | 119        | 4:59         | 12,0       | 00:38:32 | 01:26:27 | 01:44:26   | <b>01:45:06</b> | 537 |    |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię       | Miejscowość  | Klub                               | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K |
|------|---------|---------------------|--------------|------------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|---|
| 589  | 1047    | PRZYBYŁA KAROL      | WOLSZTYN     |                                    | POLSKA | 1977       | M30-39    | 218        | 4:59         | 12,0       | 00:41:55 | 01:28:44 | 01:43:51   | <b>01:45:06</b> | 538 |   |
| 590  | 479     | KACZMAREK ZBYŚLAW   | POZNAŃ       |                                    | POLSKA | 1966       | M45-49    | 45         | 4:59         | 12,0       | 00:40:32 | 01:28:40 | 01:44:23   | <b>01:45:07</b> | 539 |   |
| 591  | 1225    | SZCZEPAŃSKI RAFAŁ   | WROCLAW      |                                    | POLSKA | 1975       | M30-39    | 219        | 4:59         | 12,0       | 00:39:16 | 01:27:06 | 01:44:34   | <b>01:45:08</b> | 540 |   |
| 592  | 444     | JESIOŁOWSKI SZYMON  | WYSZYNA      | BASZTA WYSZYNA                     | POLSKA | 1982       | M30-39    | 220        | 4:59         | 12,0       | 00:39:05 | 01:27:34 | 01:44:23   | <b>01:45:08</b> | 541 |   |
| 593  | 1078    | ROKOSZ MICHAŁ       | WROCLAW      |                                    | POLSKA | 1985       | M18-29    | 120        | 4:59         | 12,0       | 00:38:31 | 01:27:13 | 01:44:49   | <b>01:45:09</b> | 542 |   |
| 594  | 143     | BUDYCH BARTOSZ      | BUK          | BUKOWSKI KLUB BIEGACZA             | POLSKA | 1979       | M30-39    | 221        | 4:59         | 12,0       | 00:37:20 | 01:26:06 | 01:44:51   | <b>01:45:14</b> | 543 |   |
| 595  | 1341    | WAWIÓRKO ANIA       | POZNAŃ       | NIGHT RUNNERS                      | POLSKA | 1983       | K30-39    | 15         | 4:59         | 12,0       | 00:37:18 | 01:26:07 | 01:44:49   | <b>01:45:14</b> | 52  |   |
| 596  | 1383    | WODZIŃSKA TERESA    | WROCLAW      |                                    | POLSKA | 1969       | K40-44    | 8          | 4:59         | 12,0       | 00:38:04 | 01:27:12 | 01:45:08   | <b>01:45:15</b> | 53  |   |
| 597  | 1110    | SAMBORSKA EWA       | WROCLAW      | PRO-RUN WROCLAW                    | POLSKA | 1984       | K18-29    | 26         | 4:59         | 12,0       | 00:39:11 | 01:27:52 | 01:44:49   | <b>01:45:15</b> | 54  |   |
| 598  | 1359    | WIELGOSZ LESZEK     | NOWA SÓL     | KB SPOCENI                         | POLSKA | 1963       | M50-54    | 41         | 4:59         | 12,0       | 00:39:13 | 01:27:52 | 01:45:06   | <b>01:45:15</b> | 544 |   |
| 599  | 84      | BESTRZYŃSKA JOANNA  | GĄDKI        |                                    | POLSKA | 1971       | K40-44    | 9          | 5:00         | 12,0       | 00:38:54 | 01:27:34 | 01:44:39   | <b>01:45:19</b> | 55  |   |
| 600  | 1026    | PORZUCEK ŁUKASZ     | RAWICZ       |                                    | POLSKA | 1978       | M30-39    | 222        | 5:00         | 12,0       | 00:38:40 | 01:27:11 | 01:44:50   | <b>01:45:20</b> | 545 |   |
| 601  | 241     | DUDZIAK FRYDERYK    | KALISZ       |                                    | POLSKA | 1975       | M30-39    | 223        | 5:00         | 12,0       | 00:39:25 | 01:28:07 | 01:44:43   | <b>01:45:21</b> | 546 |   |
| 602  | 982     | PIĄTKIEWICZ MACIEJ  | POZNAŃ       |                                    | POLSKA | 1976       | M30-39    | 224        | 5:00         | 12,0       | 00:39:01 | 01:26:38 | 01:44:40   | <b>01:45:23</b> | 547 |   |
| 603  | 1094    | RYCHLEWSKI JAN      | WROCLAW      |                                    | POLSKA | 1985       | M18-29    | 121        | 5:00         | 12,0       | 00:38:31 | 01:27:12 | 01:45:05   | <b>01:45:24</b> | 548 |   |
| 604  | 463     | JURECKI ZYGFRYD     | WROCLAW      |                                    | POLSKA | 1965       | M45-49    | 46         | 5:00         | 12,0       | 00:39:48 | 01:29:00 | 01:45:04   | <b>01:45:24</b> | 549 |   |
| 605  | 997     | PIÓRKO PIOTR        | LESZNO       | DRUŻYNA SZPIKU                     | POLSKA | 1982       | M30-39    | 225        | 5:00         | 12,0       | 00:38:56 | 01:26:36 | 01:44:39   | <b>01:45:25</b> | 550 |   |
| 606  | 1483    | POPUA ARTUR         | WISZNIA MAŁA | AT TEAM                            | POLSKA |            |           |            | 5:00         | 12,0       | 00:39:25 | 01:28:08 | 01:44:47   | <b>01:45:26</b> | 551 |   |
| 607  | 528     | KEHL MONIKA         | DŁUGOŁĘKA    | PRO-RUN WROCLAW                    | POLSKA | 1989       | K18-29    | 27         | 5:00         | 12,0       | 00:39:25 | 01:27:52 | 01:44:55   | <b>01:45:28</b> | 56  |   |
| 608  | 473     | KACZMAREK ŁUKASZ    | KAMIENIEC    |                                    | POLSKA | 1990       | M18-29    | 122        | 5:00         | 12,0       | 00:39:38 | 01:27:55 | 01:44:39   | <b>01:45:28</b> | 552 |   |
| 609  | 499     | KAPTUR WOJCIECH     | CZEMPIŃ      |                                    | POLSKA | 1963       | M50-54    | 42         | 5:00         | 12,0       | 00:38:58 | 01:27:37 | 01:44:53   | <b>01:45:29</b> | 553 |   |
| 610  | 292     | GAWRYCH MARCIN      | LESZNO       | SPINKO                             | POLSKA | 1978       | M30-39    | 226        | 5:00         | 12,0       | 00:39:31 | 01:27:49 | 01:44:32   | <b>01:45:33</b> | 554 |   |
| 611  | 1403    | WOŹNICA ROMAN       | BIERZYCE     |                                    | POLSKA | 1971       | M40-44    | 87         | 5:00         | 12,0       | 00:38:00 | 01:26:40 | 01:45:03   | <b>01:45:35</b> | 555 |   |
| 612  | 778     | MATYSIAK KRZYSZTOF  | LUBIN        | KOMENDA POWIATOWA POLICJI W POLKOM | POLSKA | 1981       | M30-39    | 227        | 5:00         | 12,0       | 00:39:37 | 01:28:03 | 01:44:41   | <b>01:45:35</b> | 556 |   |
| 613  | 1300    | TROCHA DARIUSZ      | MAŁOSZYNA    | KARPATY MAŁOSZYNA                  | POLSKA | 1972       | M40-44    | 88         | 5:00         | 12,0       | 00:39:25 | 01:28:08 | 01:44:50   | <b>01:45:35</b> | 557 |   |
| 614  | 398     | IWANICKI PIOTR      | SKÓRZEWO     | DAMAGE INC.                        | POLSKA | 1975       | M30-39    | 228        | 5:00         | 12,0       | 00:39:27 | 01:28:02 | 01:45:00   | <b>01:45:39</b> | 558 |   |
| 615  | 577     | KOPCZANY MARCIN     | GORZÓW WLKP. | INSTEKTORAT WSPARCIA SIŁ ZBROJNYCH | POLSKA | 1979       | M30-39    | 229        | 5:01         | 12,0       | 00:35:46 | 01:25:43 | 01:45:27   | <b>01:45:42</b> | 559 |   |
| 616  | 815     | MIELNIK KRZYSZTOF   | LIPNO        |                                    | POLSKA | 1972       | M40-44    | 89         | 5:01         | 12,0       | 00:39:48 | 01:27:48 | 01:44:44   | <b>01:45:43</b> | 560 |   |
| 617  | 1188    | STAJER MARIUSZ      | LESZNO       |                                    | POLSKA | 1971       | M40-44    | 90         | 5:01         | 12,0       | 00:39:21 | 01:27:43 | 01:45:09   | <b>01:45:44</b> | 561 |   |
| 618  | 1441    | ZHANG WEIDING       | POZNAN       | NIE MA                             | CHINY  | 1983       | M30-39    | 230        | 5:01         | 12,0       | 00:40:15 | 01:28:10 | 01:44:43   | <b>01:45:48</b> | 562 |   |
| 619  | 1219    | SZAŁĘGA DANIEL      | ŁĘŻYCA       |                                    | POLSKA | 1973       | M40-44    | 91         | 5:01         | 12,0       | 00:39:05 | 01:27:15 | 01:45:10   | <b>01:45:53</b> | 563 |   |
| 620  | 346     | GRUNDYS PAWEŁ       | WROCLAW      | PIEMY                              | POLSKA | 1981       | M30-39    | 231        | 5:01         | 12,0       | 00:40:08 | 01:28:42 | 01:45:05   | <b>01:45:53</b> | 564 |   |
| 621  | 866     | MYSIOR WOJCIECH     | ROKIETNICA   |                                    | POLSKA | 1976       | M30-39    | 232        | 5:01         | 12,0       | 00:39:34 | 01:28:09 | 01:45:15   | <b>01:45:54</b> | 565 |   |
| 622  | 1069    | RATAJCZAK ŁUKASZ    | RYDZYNA      |                                    | POLSKA | 1981       | M30-39    | 233        | 5:01         | 11,9       | 00:39:26 | 01:28:08 | 01:45:10   | <b>01:45:56</b> | 566 |   |
| 623  | 927     | OLSZEWSKI STANISŁAW | WOLSZTYN     | WOLSZTYŃSKI KLUB BIEGOWY           | POLSKA | 1964       | M45-49    | 47         | 5:02         | 11,9       | 00:39:32 | 01:28:11 | 01:45:09   | <b>01:46:02</b> | 567 |   |
| 624  | 97      | BLIMEL SEBASTIAN    | KOŚCIAN      |                                    | POLSKA | 1987       | M18-29    | 123        | 5:02         | 11,9       | 00:39:28 | 01:27:39 | 01:45:17   | <b>01:46:05</b> | 568 |   |
| 625  | 54      | BARANIECKI ZBIGNIEW | POZNAŃ       |                                    | POLSKA | 1958       | M55-59    | 18         | 5:02         | 11,9       | 00:38:30 | 01:27:42 | 01:45:48   | <b>01:46:05</b> | 569 |   |
| 626  | 1102    | RZECZKOWSKI DARIUSZ | WROCLAW      | PRO-RUN WROCLAW                    | POLSKA | 1968       | M45-49    | 48         | 5:02         | 11,9       | 00:39:32 | 01:28:12 | 01:45:30   | <b>01:46:05</b> | 570 |   |
| 627  | 1044    | PRZYBYŁ RAFAŁ       | GOSTYŃ       |                                    | POLSKA | 1981       | M30-39    | 234        | 5:02         | 11,9       | 00:37:35 | 01:26:08 | 01:45:35   | <b>01:46:07</b> | 571 |   |
| 628  | 104     | BŁĄŻEJEWSKI PAWEŁ   | KOŚCIAN      |                                    | POLSKA | 1985       | M18-29    | 124        | 5:02         | 11,9       | 00:39:35 | 01:27:39 | 01:45:16   | <b>01:46:07</b> | 572 |   |
| 629  | 744     | MAKOWSKI TOMASZ     | POZNAŃ       | NIGHT RUNNERS                      | POLSKA | 1985       | M18-29    | 125        | 5:02         | 11,9       | 00:39:24 | 01:28:07 | 01:45:28   | <b>01:46:07</b> | 573 |   |
| 630  | 1120    | SEDA JOSEF          | NOWA SÓL     | NOWOSOLSKA GRUPA BIEGOWA           | CZECHY | 1979       | M30-39    | 235        | 5:02         | 11,9       | 00:38:37 | 01:27:40 | 01:45:29   | <b>01:46:08</b> | 574 |   |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię               | Miejscowość  | Klub                           | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|-----------------------------|--------------|--------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 631  | 196     | CISZEWSKA ANNA              | POZNAŃ       |                                | POLSKA | 1986       | K18-29    | 28         | 5:02         | 11,9       | 00:38:18 | 01:27:46 | 01:45:34   | <b>01:46:08</b> |     | 57 |
| 632  | 1232    | SZCZYGIELSKI ARKADIUSZ      | ZŁOTÓW       | KLUB ABSTYNETÓW OSTOJA ZŁOTÓW  | POLSKA | 1974       | M30-39    | 236        | 5:02         | 11,9       | 00:39:18 | 01:27:58 | 01:45:26   | <b>01:46:08</b> | 575 |    |
| 633  | 465     | JURGA MARCIN                | KOŚCIAN      | NIGHT RUNNERS                  | POLSKA | 1986       | M18-29    | 126        | 5:02         | 11,9       | 00:39:24 | 01:28:07 | 01:45:29   | <b>01:46:08</b> | 576 |    |
| 634  | 953     | PANEK ROMAN                 | KOZMIN WLKP  | MIŁOSNYCI PIŁKI NOZNEJ         | POLSKA | 1959       | M50-54    | 43         | 5:02         | 11,9       | 00:39:34 | 01:28:18 | 01:45:25   | <b>01:46:08</b> | 577 |    |
| 635  | 915     | NOWICKI SŁAWOMIR            | PUSZCZYKOWO  |                                | POLSKA | 1969       | M40-44    | 92         | 5:02         | 11,9       | 00:40:21 | 01:28:39 | 01:45:11   | <b>01:46:08</b> | 578 |    |
| 636  | 65      | BARTKOWIAK-WIECZOREK JOANNA | POZNAŃ       | YOURACE.INFO                   | POLSKA | 1978       | K30-39    | 16         | 5:02         | 11,9       | 00:39:28 | 01:28:07 | 01:45:16   | <b>01:46:09</b> |     | 58 |
| 637  | 1212    | STYPEREK JAKUB              | ŚREM         | VEGE RUNNERS                   | POLSKA | 1982       | M30-39    | 237        | 5:02         | 11,9       | 00:40:39 | 01:28:59 | 01:45:20   | <b>01:46:09</b> | 579 |    |
| 638  | 506     | KAROLCZAK MICHAŁ            | GOSTKOWO     |                                | POLSKA | 1990       | M18-29    | 127        | 5:02         | 11,9       | 00:40:13 | 01:29:08 | 01:45:17   | <b>01:46:09</b> | 580 |    |
| 639  | 772     | MATYJA RAFAŁ                | LESZNO       | KS POLADOWO                    | POLSKA | 1988       | M18-29    | 128        | 5:02         | 11,9       | 00:40:51 | 01:30:02 | 01:45:16   | <b>01:46:09</b> | 581 |    |
| 640  | 500     | KARAFKA KONRAD              | NOWY TOMYŚL  |                                | POLSKA | 1973       | M40-44    | 93         | 5:02         | 11,9       | 00:39:17 | 01:28:04 | 01:45:28   | <b>01:46:10</b> | 582 |    |
| 641  | 865     | MYSIO LECH                  | POZNAŃ       | MORSY POZNAŃ                   | POLSKA | 1956       | M55-59    | 19         | 5:02         | 11,9       | 00:38:44 | 01:27:10 | 01:45:45   | <b>01:46:11</b> | 583 |    |
| 642  | 50      | BARABASZ JERZY              | WROCŁAW      | AZS-AWF WROCŁAW                | POLSKA | 1950       | M60-64    | 7          | 5:02         | 11,9       | 00:39:25 | 01:28:07 | 01:45:29   | <b>01:46:13</b> | 584 |    |
| 643  | 558     | KNOP ZBIGNIEW               | LESZNO       | MARATON LESZNO                 | POLSKA | 1964       | M45-49    | 49         | 5:02         | 11,9       | 00:39:54 | 01:28:22 | 01:45:29   | <b>01:46:16</b> | 585 |    |
| 644  | 1141    | SIWIŃSKI MACIEJ             | POZNAŃ       | NIGHT RUNNERS                  | POLSKA | 1978       | M30-39    | 238        | 5:03         | 11,9       | 00:39:56 | 01:28:13 | 01:45:44   | <b>01:46:22</b> | 586 |    |
| 645  | 1086    | ŻBIK BARTOSZ                | POZNAŃ       |                                | POLSKA | 1988       | M18-29    | 129        | 5:03         | 11,9       | 00:39:30 | 01:28:13 | 01:45:35   | <b>01:46:26</b> | 587 |    |
| 646  | 107     | BOBOWSKI KORDIAN            | WROCŁAW      |                                | POLSKA | 1979       | M30-39    | 239        | 5:03         | 11,9       | 00:41:45 | 01:29:04 | 01:45:22   | <b>01:46:29</b> | 588 |    |
| 647  | 1401    | WOŹNIAK TOMASZ              | LESZNO       |                                | POLSKA | 1973       | M40-44    | 94         | 5:03         | 11,9       | 00:38:02 | 01:27:07 | 01:45:52   | <b>01:46:30</b> | 589 |    |
| 648  | 633     | KUBACKI DAMIAN              | ŚRODA WLKP   | GIRA SIE KRĘCI                 | POLSKA | 1983       | M30-39    | 240        | 5:03         | 11,9       | 00:36:52 | 01:26:04 | 01:46:00   | <b>01:46:31</b> | 590 |    |
| 649  | 1015    | PODSKOK DOMINIK             | KOŚCIAN      | BBL POZNAŃ                     | POLSKA | 1978       | M30-39    | 241        | 5:03         | 11,9       | 00:39:29 | 01:28:12 | 01:45:49   | <b>01:46:33</b> | 591 |    |
| 650  | 774     | MATYJEWICZ TOMASZ           | ŚREM         | RUNNERS POWER                  | POLSKA | 1969       | M40-44    | 95         | 5:03         | 11,9       | 00:40:06 | 01:28:56 | 01:45:42   | <b>01:46:34</b> | 592 |    |
| 651  | 175     | CHOJNACKI MACIEJ            | POZNAŃ       | NIGHT RUNNERS                  | POLSKA | 1976       | M30-39    | 242        | 5:03         | 11,9       | 00:39:27 | 01:28:07 | 01:45:58   | <b>01:46:39</b> | 593 |    |
| 652  | 1131    | SIERSZUŁA WIKTOR            | WOLSZTYN     |                                | POLSKA | 1978       | M30-39    | 243        | 5:03         | 11,9       | 00:39:39 | 01:28:11 | 01:45:59   | <b>01:46:39</b> | 594 |    |
| 653  | 1204    | STOJKE DARIUSZ              | GRODOWIEC    |                                | POLSKA | 1969       | M40-44    | 96         | 5:03         | 11,9       | 00:40:02 | 01:28:50 | 01:45:52   | <b>01:46:40</b> | 595 |    |
| 654  | 44      | BANACH MARIUSZ              | LIPNO        | LKO LESZNO                     | POLSKA | 1970       | M40-44    | 97         | 5:03         | 11,9       | 00:39:22 | 01:28:20 | 01:46:08   | <b>01:46:43</b> | 596 |    |
| 655  | 515     | KASPRZAK ARTUR              | LESZNO       | MARATON LESZNO                 | POLSKA | 1970       | M40-44    | 98         | 5:03         | 11,9       | 00:40:05 | 01:28:54 | 01:46:00   | <b>01:46:43</b> | 597 |    |
| 656  | 1402    | WOŹNIAK DARIUSZ             | LESZNO       |                                | POLSKA | 1977       | M30-39    | 244        | 5:03         | 11,9       | 00:40:05 | 01:28:54 | 01:46:00   | <b>01:46:43</b> | 598 |    |
| 657  | 1214    | SYPEREK MARCIN              | WROCŁAW      | PRO-RUN WROCŁAW                | POLSKA | 1974       | M30-39    | 245        | 5:03         | 11,9       | 00:39:16 | 01:28:55 | 01:46:16   | <b>01:46:43</b> | 599 |    |
| 658  | 1251    | SPYCHALSKA DANUTA           | POZNAŃ       |                                | POLSKA | 1953       | K60-64    | 1          | 5:03         | 11,9       | 00:40:39 | 01:28:59 | 01:45:50   | <b>01:46:43</b> |     | 59 |
| 659  | 978     | PFAJFER MAREK               | LEGBĄD       | MARATONYPOLSKIE.PL TEAM        | POLSKA | 1984       | M18-29    | 130        | 5:04         | 11,9       | 00:38:57 | 01:27:49 | 01:46:16   | <b>01:46:45</b> | 600 |    |
| 660  | 6       | ADAMSKI ŁUKASZ              | ŚREM         |                                | POLSKA | 1983       | M30-39    | 246        | 5:04         | 11,9       | 00:39:44 | 01:28:33 | 01:46:04   | <b>01:46:46</b> | 601 |    |
| 661  | 722     | MACHOWSKI EDWARD            | 56-100       | WKB PIAST WROCŁAW              | POLSKA | 1948       | M65-69    | 8          | 5:04         | 11,8       | 00:37:55 | 01:27:29 | 01:46:39   | <b>01:46:50</b> | 602 |    |
| 662  | 773     | MATYJA KAMIL                | KOŚCIAN      |                                | POLSKA | 1988       | M18-29    | 131        | 5:04         | 11,8       | 00:39:39 | 01:28:23 | 01:46:13   | <b>01:46:50</b> | 603 |    |
| 663  | 934     | OWCZARZAK RYSZARD           | KOŚCIAN      |                                | POLSKA | 1972       | M40-44    | 99         | 5:04         | 11,8       | 00:36:30 | 01:26:43 | 01:46:34   | <b>01:46:51</b> | 604 |    |
| 664  | 1032    | PRAŁAT TOMASZ               | ŻAKOWO       | MARATON LESZNO                 | POLSKA | 1976       | M30-39    | 247        | 5:04         | 11,8       | 00:40:19 | 01:29:21 | 01:45:43   | <b>01:46:51</b> | 605 |    |
| 665  | 613     | KRĘŻEL PIOTR                | WROCŁAW      | PRO-RUN WROCŁAW                | POLSKA | 1973       | M40-44    | 100        | 5:04         | 11,8       | 00:39:35 | 01:28:23 | 01:46:15   | <b>01:46:52</b> | 606 |    |
| 666  | 316     | GOŁEMBIEWSKA AGNIESZKA      | ŚREM         | RUNNERS POWER / DRUŻYNA SZPIKU | POLSKA | 1979       | K30-39    | 17         | 5:04         | 11,8       | 00:39:02 | 01:27:38 | 01:46:02   | <b>01:46:53</b> |     | 60 |
| 667  | 928     | OPALA WOJCIECH              | POZNAŃ       | CSWLĄD                         | POLSKA | 1974       | M30-39    | 248        | 5:04         | 11,8       | 00:42:09 | 01:29:31 | 01:45:37   | <b>01:46:53</b> | 607 |    |
| 668  | 750     | MALINOWSKI MARCIN           | PLEWISKA     | "PIOTR I PAWEŁ" - MARKA FORMY  | POLSKA | 1978       | M30-39    | 249        | 5:04         | 11,8       | 00:40:15 | 01:29:16 | 01:45:59   | <b>01:46:54</b> | 608 |    |
| 669  | 355     | GRZELKA TOMASZ              | ŚREM         | GRAWI                          | POLSKA | 1978       | M30-39    | 250        | 5:04         | 11,8       | 00:40:39 | 01:29:14 | 01:46:01   | <b>01:47:00</b> | 609 |    |
| 670  | 304     | GIEŁDA MAGDALENA            | OSTRÓW WLKP. | KS MARATON OSTRÓW WLKP.        | POLSKA | 1972       | K40-44    | 10         | 5:04         | 11,8       | 00:40:03 | 01:29:05 | 01:46:21   | <b>01:47:02</b> |     | 61 |
| 671  | 414     | JANICKI PRZEMEK             | GOSTYŃ       | SAMOTNIK OSTROWO               | POLSKA | 1980       | M30-39    | 251        | 5:04         | 11,8       | 00:37:28 | 01:27:11 | 01:46:35   | <b>01:47:03</b> | 610 |    |
| 672  | 802     | MICHALAK ALEKSANDRA         | POZNAŃ       | NIGHT RUNNERS                  | POLSKA | 1981       | K30-39    | 18         | 5:04         | 11,8       | 00:40:26 | 01:29:26 | 01:46:04   | <b>01:47:03</b> |     | 62 |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię            | Miejscowość           | Klub                          | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K |
|------|---------|--------------------------|-----------------------|-------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|---|
| 673  | 367     | HALBTUCH GRZEGORZ        | WROCLAW               |                               | POLSKA | 1980       | M30-39    | 252        | 5:04         | 11,8       | 00:41:08 | 01:29:35 | 01:45:47   | <b>01:47:04</b> | 611 |   |
| 674  | 800     | MIADZIOŁKO ŁUKASZ        | POZNAŃ                |                               | POLSKA | 1980       | M30-39    | 253        | 5:05         | 11,8       | 00:37:20 | 01:26:29 | 01:46:51   | <b>01:47:07</b> | 612 |   |
| 675  | 267     | FLORKOWSKI WOJCIECH      | KOSCIAN               | KS SZTAFETA ATENSKA           | POLSKA | 1954       | M55-59    | 20         | 5:05         | 11,8       | 00:39:28 | 01:28:16 | 01:46:28   | <b>01:47:09</b> | 613 |   |
| 676  | 1260    | SZYMAŃSKI PAWEŁ          | LESZNO                |                               | POLSKA | 1980       | M30-39    | 254        | 5:05         | 11,8       | 00:37:52 | 01:28:23 | 01:47:02   | <b>01:47:10</b> | 614 |   |
| 677  | 612     | KRĘŻEL JOLANTA           | WROCLAW               | PRO-RUN WROCLAW               | POLSKA | 1977       | K30-39    | 19         | 5:05         | 11,8       | 00:39:30 | 01:28:55 | 01:46:33   | <b>01:47:10</b> | 63  |   |
| 678  | 1333    | WANAT WACŁAW             | WROCLAW               | PRO-RUN WROCLAW               | POLSKA | 1946       | M65-69    | 9          | 5:05         | 11,8       | 00:39:48 | 01:29:14 | 01:46:52   | <b>01:47:12</b> | 615 |   |
| 679  | 1444    | ZIELIŃSKA KINGA          | STARE OBORZYSKA       | OKFIR ŚMIGIEL                 | POLSKA | 1973       | K40-44    | 11         | 5:05         | 11,8       | 00:38:08 | 01:28:00 | 01:46:54   | <b>01:47:17</b> | 64  |   |
| 680  | 382     | HOFMAN MAŁGORZATA        | RĄBIŃ                 | UKS JUNIOR NIETĄŻKOWO         | POLSKA | 1994       | K18-29    | 29         | 5:05         | 11,8       | 00:39:29 | 01:28:19 | 01:46:37   | <b>01:47:18</b> | 65  |   |
| 681  | 1443    | ZIEGLER DAMIAN           | LIPNO                 |                               | POLSKA | 1976       | M30-39    | 255        | 5:05         | 11,8       | 00:39:34 | 01:28:20 | 01:46:41   | <b>01:47:23</b> | 616 |   |
| 682  | 1182    | STACHOWIAK MICHAŁ        | BUK                   |                               | POLSKA | 1981       | M30-39    | 256        | 5:05         | 11,8       | 00:40:47 | 01:29:43 | 01:46:18   | <b>01:47:24</b> | 617 |   |
| 683  | 1236    | SZKLARSKI ADRIAN         | KOŚCIAN               |                               | POLSKA | 1995       | M18-29    | 132        | 5:05         | 11,8       | 00:43:13 | 01:31:19 | 01:46:18   | <b>01:47:24</b> | 618 |   |
| 684  | 896     | NOWAK DARIUSZ            | MIĘDZYCHÓD            |                               | POLSKA | 1973       | M40-44    | 101        | 5:06         | 11,8       | 00:39:57 | 01:29:16 | 01:46:40   | <b>01:47:30</b> | 619 |   |
| 685  | 898     | NOWAK CYPRIAN            | KOŚCIAN               |                               | POLSKA | 1978       | M30-39    | 257        | 5:06         | 11,8       | 00:38:46 | 01:29:08 | 01:46:34   | <b>01:47:33</b> | 620 |   |
| 686  | 690     | LITKE RAFAŁ              | MIĘDZYCHÓD            |                               | POLSKA | 1974       | M30-39    | 258        | 5:06         | 11,8       | 00:39:31 | 01:28:26 | 01:46:45   | <b>01:47:36</b> | 621 |   |
| 687  | 727     | MACIEJEWSKI BOGUSŁAW     | KWIDZYN               | IP KWIDZYN TEAM               | POLSKA | 1958       | M55-59    | 21         | 5:06         | 11,8       | 00:39:43 | 01:29:40 | 01:47:02   | <b>01:47:40</b> | 622 |   |
| 688  | 884     | NIERADKO ŁUKASZ          | RUDA                  |                               | POLSKA | 1982       | M30-39    | 259        | 5:06         | 11,8       | 00:39:04 | 01:28:20 | 01:47:09   | <b>01:47:41</b> | 623 |   |
| 689  | 294     | GBIORCZYK ROBERT         | ŚMIGIEL               | WOLSZTYŃSKI KLUB BIEGOWY      | POLSKA | 1964       | M45-49    | 50         | 5:06         | 11,8       | 00:39:43 | 01:28:48 | 01:46:47   | <b>01:47:42</b> | 624 |   |
| 690  | 155     | BZYMEK ANDRZEJ           | ROGÓW SOBÓCKI         |                               | POLSKA | 1965       | M45-49    | 51         | 5:06         | 11,7       | 00:39:19 | 01:29:05 | 01:47:24   | <b>01:47:46</b> | 625 |   |
| 691  | 631     | KRZYŻAŃSKI ROMAN         | KOŚCIAN               |                               | POLSKA | 1959       | M50-54    | 44         | 5:07         | 11,7       | 00:39:33 | 01:28:46 | 01:47:28   | <b>01:47:51</b> | 626 |   |
| 692  | 674     | ŁASZKIEWICZ JACEK        | WOŁÓW                 |                               | POLSKA | 1960       | M50-54    | 45         | 5:07         | 11,7       | 00:37:55 | 01:27:25 | 01:47:44   | <b>01:47:55</b> | 627 |   |
| 693  | 472     | KACZMAREK PAWEŁ          | POZNAŃ                |                               | POLSKA | 1976       | M30-39    | 260        | 5:07         | 11,7       | 00:40:02 | 01:29:16 | 01:46:59   | <b>01:47:56</b> | 628 |   |
| 694  | 1440    | ZENKER ROMAN             | ZIELONA GÓRA          | BRACTWO BIEGACZY              | POLSKA | 1956       | M55-59    | 22         | 5:07         | 11,7       | 00:36:01 | 01:27:47 | 01:47:52   | <b>01:47:58</b> | 629 |   |
| 695  | 660     | KURPAS MAREK             | KOZUCHÓW              | ŚWIAT MARATOŃCZYKA KOZUCHÓW   | POLSKA | 1965       | M45-49    | 52         | 5:07         | 11,7       | 00:41:16 | 01:30:08 | 01:47:19   | <b>01:48:06</b> | 630 |   |
| 696  | 597     | KOWALCZYK TADEUSZ        | BOROWA                | BOROWA BOROWIANKA             | POLSKA | 1955       | M55-59    | 23         | 5:08         | 11,7       | 00:39:55 | 01:29:18 | 01:47:52   | <b>01:48:09</b> | 631 |   |
| 697  | 280     | FULARA MACIEJ            | STRZELCE KRAJEŃSKIE   |                               | POLSKA | 1992       | M18-29    | 133        | 5:08         | 11,7       | 00:38:46 | 01:29:24 | 01:47:51   | <b>01:48:10</b> | 632 |   |
| 698  | 910     | NOWAKOWSKI RYSZARD       | POZNAŃ                |                               | POLSKA | 1976       | M30-39    | 261        | 5:08         | 11,7       | 00:39:45 | 01:26:41 | 01:47:42   | <b>01:48:11</b> | 633 |   |
| 699  | 332     | GÓRNY MAREK              | ŚWIĘCIECHOWA          | MARATON LESZNO-DRUŻYNA SZPIKU | POLSKA | 1955       | M55-59    | 24         | 5:08         | 11,7       | 00:39:34 | 01:28:58 | 01:47:31   | <b>01:48:14</b> | 634 |   |
| 700  | 1466    | ŻELAZOWSKA OLA           | WROCLAW               | PRO-RUN WROCLAW               | POLSKA | 1985       | K18-29    | 30         | 5:08         | 11,7       | 00:39:34 | 01:28:58 | 01:47:41   | <b>01:48:14</b> | 66  |   |
| 701  | 1270    | ŚWIĄTEK REMIK            | OWIŃSKA               |                               | POLSKA | 1976       | M30-39    | 262        | 5:08         | 11,7       | 00:38:47 | 01:28:10 | 01:47:41   | <b>01:48:18</b> | 635 |   |
| 702  | 1492    | MORYSON KRZYSZTOF        | POZNAŃ                |                               | POLSKA | 1982       | M30-39    | 263        | 5:08         | 11,7       | 00:38:54 | 01:28:19 | 01:47:35   | <b>01:48:19</b> | 636 |   |
| 703  | 514     | KASPROWICZ SZYMON        | PUSZCZYKOWO           | NIGHT RUNNERS                 | POLSKA | 1970       | M40-44    | 102        | 5:08         | 11,7       | 00:40:03 | 01:30:04 | 01:47:27   | <b>01:48:19</b> | 637 |   |
| 704  | 410     | JAŁOWSKA MAGDALENA       | POZNAŃ                |                               | POLSKA | 1977       | K30-39    | 20         | 5:08         | 11,7       | 00:39:13 | 01:29:28 | 01:47:55   | <b>01:48:24</b> | 67  |   |
| 705  | 875     | NAPIERKOWSKI KSAWERY     | KOŚCIAN               | LKS SANA KOŚCIAN              | POLSKA | 1948       | M65-69    | 10         | 5:08         | 11,7       | 00:38:46 | 01:28:58 | 01:48:03   | <b>01:48:26</b> | 638 |   |
| 706  | 199     | CZAJA MAREK              | KSIĄŻ WLKP            |                               | POLSKA | 1979       | M30-39    | 264        | 5:09         | 11,7       | 00:41:31 | 01:30:08 | 01:47:08   | <b>01:48:31</b> | 639 |   |
| 707  | 1151    | SKRZYPCZAK JAROSŁAW      | WARSZAWA              | KB ACTIVESPORTS WARSZAWA      | POLSKA | 1967       | M45-49    | 53         | 5:09         | 11,7       | 00:39:29 | 01:29:04 | 01:47:49   | <b>01:48:34</b> | 640 |   |
| 708  | 634     | PERZ FILIP               | POZNAŃ                | NIGHT RUNNERS                 | POLSKA | 1985       | #N/D!     | #N/D!      | 5:09         | 11,7       | 00:39:32 | 01:29:32 | 01:47:52   | <b>01:48:38</b> | 641 |   |
| 709  | 1264    | SZYMCZAK KRZYSZTOF       | WAŁCZ                 |                               | POLSKA | 1966       | M45-49    | 54         | 5:09         | 11,7       | 00:39:26 | 01:28:38 | 01:47:54   | <b>01:48:39</b> | 642 |   |
| 710  | 1162    | SMYKOWSKI WŁADYSŁAW      | OŁAWA                 |                               | POLSKA | 1949       | M60-64    | 8          | 5:09         | 11,6       | 00:39:31 | 01:28:52 | 01:48:08   | <b>01:48:41</b> | 643 |   |
| 711  | 512     | KASPERSKI TOMASZ         | GOSTYŃ                |                               | POLSKA | 1981       | M30-39    | 265        | 5:10         | 11,6       | 00:37:35 | 01:27:48 | 01:48:22   | <b>01:48:54</b> | 644 |   |
| 712  | 242     | DUDZIAK ŁUKASZ           | GROTNIKI              | SOKÓŁ WŁOSZAKOWICE            | POLSKA | 1991       | M18-29    | 134        | 5:10         | 11,6       | 00:39:55 | 01:29:42 | 01:48:09   | <b>01:48:54</b> | 645 |   |
| 713  | 1200    | STERMULA AGATA           | GRODZISK WIELKOPOLSKI |                               | POLSKA | 1982       | K30-39    | 21         | 5:10         | 11,6       | 00:39:49 | 01:30:04 | 01:48:33   | <b>01:48:57</b> | 68  |   |
| 714  | 153     | BYSZKIEWICZ-GRECUK AGATA | ŚREM                  |                               | POLSKA | 1983       | K30-39    | 22         | 5:10         | 11,6       | 00:39:49 | 01:30:15 | 01:48:03   | <b>01:48:58</b> | 69  |   |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię       | Miejscowość  | Klub                           | Kraj    | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|---------------------|--------------|--------------------------------|---------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 715  | 1392    | WOLBACH PIOTR       | POZNAŃ       | WOLBI TEAM                     | POLSKA  | 1970       | M40-44    | 103        | 5:10         | 11,6       | 00:41:07 | 01:29:56 | 01:48:03   | <b>01:49:03</b> | 646 |    |
| 716  | 567     | KOMOROWSKI STEFAN   | POZNAŃ       | STRABAG                        | POLSKA  | 1950       | M60-64    | 9          | 5:10         | 11,6       | 00:40:45 | 01:30:57 | 01:48:14   | <b>01:49:04</b> | 647 |    |
| 717  | 736     | MAJEK JAROSŁAW      | DĄBRÓWKA     |                                | POLSKA  | 1967       | M45-49    | 55         | 5:10         | 11,6       | 00:38:33 | 01:29:20 | 01:48:54   | <b>01:49:09</b> | 648 |    |
| 718  | 592     | KOTLARSKI ANDRZEJ   | SIEDLEC      |                                | POLSKA  | 1979       | M30-39    | 266        | 5:11         | 11,6       | 00:39:29 | 01:28:56 | 01:48:31   | <b>01:49:11</b> | 649 |    |
| 719  | 1159    | SMAL TOMASZ         | WROCLAW      | WSOWL                          | POLSKA  | 1971       | M40-44    | 104        | 5:11         | 11,6       | 00:39:33 | 01:29:13 | 01:48:35   | <b>01:49:13</b> | 650 |    |
| 720  | 745     | MAKOWSKI WIESŁAW    | PONIEC       |                                | POLSKA  | 1964       | M45-49    | 56         | 5:11         | 11,6       | 00:40:40 | 01:30:53 | 01:48:39   | <b>01:49:14</b> | 651 |    |
| 721  | 1012    | PŁONKA SŁAWOMIR     | SKÓRZEWO     | K.S POSNANIA                   | POLSKA  | 1974       | M30-39    | 267        | 5:11         | 11,6       | 00:38:49 | 01:28:38 | 01:48:53   | <b>01:49:15</b> | 652 |    |
| 722  | 1437    | ZBORALSKI ŁUKASZ    | POZNAŃ       |                                | POLSKA  | 1974       | M30-39    | 268        | 5:11         | 11,6       | 00:40:56 | 01:31:06 | 01:48:30   | <b>01:49:17</b> | 653 |    |
| 723  | 1281    | TALMA MATEUSZ       | PIASKI       |                                | POLSKA  | 1994       | M18-29    | 135        | 5:11         | 11,6       | 00:38:48 | 01:29:22 | 01:48:48   | <b>01:49:19</b> | 654 |    |
| 724  | 464     | JUREK BOGDAN        | MOSINA       | DRUZYNA SZPIKU                 | POLSKA  | 1965       | M45-49    | 57         | 5:11         | 11,6       | 00:38:50 | 01:29:21 | 01:49:11   | <b>01:49:22</b> | 655 |    |
| 725  | 467     | JUSZCZYK JUSTYNA    | OSTRÓW WLKP. | DRUZYNA SZPIKU                 | POLSKA  | 1983       | K30-39    | 23         | 5:11         | 11,6       | 00:38:50 | 01:29:21 | 01:49:09   | <b>01:49:22</b> |     | 70 |
| 726  | 1462    | ZYGMUNT MARCIN      | PIŁA         |                                | POLSKA  | 1974       | M30-39    | 269        | 5:11         | 11,6       | 00:39:40 | 01:29:23 | 01:48:38   | <b>01:49:23</b> | 656 |    |
| 727  | 1133    | SIKA AGNIESZKA      | PSARSKIE     |                                | POLSKA  | 1981       | K30-39    | 24         | 5:11         | 11,6       | 00:39:44 | 01:29:43 | 01:48:40   | <b>01:49:23</b> |     | 71 |
| 728  | 405     | JAKUBCZAK TOMASZ    | ŚREM         |                                | POLSKA  | 1979       | M30-39    | 270        | 5:11         | 11,6       | 00:39:44 | 01:29:44 | 01:48:40   | <b>01:49:23</b> | 657 |    |
| 729  | 1002    | PISZCZEK JAKUB      | POZNAŃ       | ASTORIA BYDGOSZCZ              | POLSKA  | 1979       | M30-39    | 271        | 5:11         | 11,6       | 00:39:37 | 01:29:05 | 01:48:44   | <b>01:49:27</b> | 658 |    |
| 730  | 870     | ANDRZEJCZAK JACEK   | SZCZECIN     | MLUKS TRZEBIATÓW               | POLSKA  | 1972       | M40-44    | 105        | 5:12         | 11,6       | 00:41:10 | 01:31:07 | 01:48:25   | <b>01:49:32</b> | 659 |    |
| 731  | 60      | BARCIŃSKI TEODOR    | SKÓRZEWO     |                                | POLSKA  | 1970       | M40-44    | 106        | 5:12         | 11,6       | 00:38:21 | 01:29:33 | 01:49:07   | <b>01:49:33</b> | 660 |    |
| 732  | 867     | MYSZKA RADOŚLAW     | WROCLAW      |                                | POLSKA  | 1979       | M30-39    | 272        | 5:12         | 11,5       | 00:41:29 | 01:31:51 | 01:48:51   | <b>01:49:38</b> | 661 |    |
| 733  | 1289    | TOMASZEWSKI JACEK   | KOŚCIAN      |                                | POLSKA  | 1993       | M18-29    | 136        | 5:12         | 11,5       | 00:40:14 | 01:31:37 | 01:49:12   | <b>01:49:40</b> | 662 |    |
| 734  | 457     | JODKO PAWEŁ         | POZNAŃ       | JODKO BROTHERS RUNNING TEAM    | POLSKA  | 1979       | M30-39    | 273        | 5:12         | 11,5       | 00:38:30 | 01:29:40 | 01:49:16   | <b>01:49:41</b> | 663 |    |
| 735  | 1319    | URBANOWICZ JACEK    | WROCLAW      | PRO-RUN WROCLAW                | POLSKA  | 1984       | M18-29    | 137        | 5:12         | 11,5       | 00:34:51 | 01:22:12 | 01:49:30   | <b>01:49:44</b> | 664 |    |
| 736  | 556     | KMIEC DOMINIK       | POZNAŃ       |                                | POLSKA  | 1987       | M18-29    | 138        | 5:12         | 11,5       | 00:42:28 | 01:31:43 | 01:48:54   | <b>01:49:46</b> | 665 |    |
| 737  | 73      | BAĆCZKOWSKI RYSZARD | POZNAŃ       | NIGHT RUNNERS                  | POLSKA  | 1976       | M30-39    | 274        | 5:12         | 11,5       | 00:39:49 | 01:30:55 | 01:49:07   | <b>01:49:49</b> | 666 |    |
| 738  | 1271    | ŚWIĄTEK SEBASTIAN   | WROCLAW      | WROCLAW                        | POLSKA  | 1977       | M30-39    | 275        | 5:12         | 11,5       | 00:41:55 | 01:31:38 | 01:49:13   | <b>01:49:49</b> | 667 |    |
| 739  | 1205    | STRABEL JACEK       | KOMORNIKI    | KB INTREX POZNAŃ               | POLSKA  | 1980       | M30-39    | 276        | 5:13         | 11,5       | 00:39:26 | 01:29:27 | 01:49:12   | <b>01:49:53</b> | 668 |    |
| 740  | 954     | PANKE GRZEGORZ      | ŚREM         |                                | POLSKA  | 1964       | M45-49    | 58         | 5:13         | 11,5       | 00:40:10 | 01:30:37 | 01:49:12   | <b>01:49:55</b> | 669 |    |
| 741  | 8       | ADAMSKI MICHAŁ      | POZNAŃ       | DRUZYNA SZPIKU                 | POLSKA  | 1982       | M30-39    | 277        | 5:13         | 11,5       | 00:38:51 | 01:30:47 | 01:49:44   | <b>01:49:55</b> | 670 |    |
| 742  | 108     | BOCZULA KRZYSZTOF   | BIELAWA      | WKB PIAST WROCLAW              | POLSKA  | 1962       | M50-54    | 46         | 5:13         | 11,5       | 00:40:50 | 01:30:50 | 01:49:15   | <b>01:49:55</b> | 671 |    |
| 743  | 967     | PAWLIKOWSKA ANNA    | WROCLAW      |                                | POLSKA  | 1974       | K30-39    | 25         | 5:13         | 11,5       | 00:40:48 | 01:31:22 | 01:49:24   | <b>01:49:57</b> |     | 72 |
| 744  | 388     | HORBOWSKI ADAM      | POZNAŃ       | NIGHT RUNNERS                  | POLSKA  | 1980       | M30-39    | 278        | 5:13         | 11,5       | 00:40:47 | 01:31:30 | 01:49:18   | <b>01:49:58</b> | 672 |    |
| 745  | 608     | KRAJEWSKI ŁUKASZ    | POZNAŃ       | QUAY POZNAŃ                    | POLSKA  | 1990       | M18-29    | 139        | 5:14         | 11,5       | 00:42:10 | 01:30:16 | 01:49:02   | <b>01:50:17</b> | 673 |    |
| 746  | 1023    | POPIEL PIOTR        | KOŚCIAN      |                                | POLSKA  | 1976       | M30-39    | 279        | 5:14         | 11,5       | 00:39:38 | 01:30:13 | 01:49:19   | <b>01:50:18</b> | 674 |    |
| 747  | 154     | BZDRĘGA FRANCISZEK  | POZNAŃ       |                                | POLSKA  | 1954       | M55-59    | 25         | 5:14         | 11,5       | 00:39:03 | 01:30:30 | 01:50:10   | <b>01:50:19</b> | 675 |    |
| 748  | 368     | HAMROL ŁUKASZ       | ŚMIGIEL      |                                | POLSKA  | 1977       | M30-39    | 280        | 5:14         | 11,5       | 00:40:26 | 01:31:13 | 01:49:40   | <b>01:50:30</b> | 676 |    |
| 749  | 321     | GOŁUCHOWSKI KAMIL   | GŁOGÓW       |                                | POLSKA  | 1988       | M18-29    | 140        | 5:14         | 11,5       | 00:41:48 | 01:32:13 | 01:49:46   | <b>01:50:31</b> | 677 |    |
| 750  | 169     | CHŁOPEK DARIUSZ     | ZBĄSZYŃ      | TKKF ŁABĘDŹ ZBĄSZYŃ            | POLSKA  | 1969       | M40-44    | 107        | 5:15         | 11,4       | 00:41:16 | 01:32:00 | 01:49:44   | <b>01:50:39</b> | 678 |    |
| 751  | 170     | CHŁOPEK MAGDALENA   | ZBĄSZYŃ      | TKKF ŁABĘDŹ ZBĄSZYŃ            | POLSKA  | 1969       | K40-44    | 12         | 5:15         | 11,4       | 00:41:16 | 01:32:01 | 01:49:44   | <b>01:50:39</b> |     | 73 |
| 752  | 22      | ANDRZEJEWSKI JACEK  | POZNAŃ       | ŚCIEŻKI BIEGOWE OLIMPIA POZNAŃ | POLSKA  | 1955       | M55-59    | 26         | 5:15         | 11,4       | 00:42:45 | 01:32:44 | 01:49:50   | <b>01:50:41</b> | 679 |    |
| 753  | 1324    | PANASIUK SERHII     | KOVEL        | SK KOVEL - LKB RUDNIK          | UKRAINA | 1979       | M30-39    | 281        | 5:15         | 11,4       | 00:47:56 | 01:32:37 | 01:50:44   | <b>01:50:44</b> | 680 |    |
| 754  | 1322    | URBAŃSKI JAROSŁAW   | POZNAŃ       |                                | POLSKA  | 1964       | M45-49    | 59         | 5:15         | 11,4       | 00:39:12 | 01:30:55 | 01:50:25   | <b>01:50:46</b> | 681 |    |
| 755  | 1494    | STARZECKI PIOTR     | KÓRNIK       | WE DON'T CELEBRATE SUNDAYS     | POLSKA  | 1983       | M30-39    | 282        | 5:15         | 11,4       | 00:39:37 | 01:30:14 | 01:49:55   | <b>01:50:49</b> | 682 |    |
| 756  | 1230    | SZCZUREK ARTUR      | POZNAŃ       |                                | POLSKA  | 1973       | M40-44    | 108        | 5:15         | 11,4       | 00:39:50 | 01:31:08 | 01:50:11   | <b>01:50:49</b> | 683 |    |



# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię            | Miejscowość      | Klub                     | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|--------------------------|------------------|--------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 757  | 475     | KACZMAREK RAFAŁ          | SWARZĘDZ         |                          | POLSKA | 1983       | M30-39    | 283        | 5:15         | 11,4       | 00:41:18 | 01:31:15 | 01:50:05   | <b>01:50:49</b> | 684 |    |
| 758  | 177     | CHOWANIEC WOJCIECH       | WROCAW           | ZATORSKA TEAM            | POLSKA | 1975       | M30-39    | 284        | 5:15         | 11,4       | 00:39:03 | 01:30:04 | 01:50:09   | <b>01:50:51</b> | 685 |    |
| 759  | 619     | KRUPA TOMASZ             | DZIERŻONIÓW      |                          | POLSKA | 1971       | M40-44    | 109        | 5:15         | 11,4       | 00:40:49 | 01:32:05 | 01:49:54   | <b>01:50:52</b> | 686 |    |
| 760  | 1255    | SZYMANIAK BARTOSZ        | KOŚCIAN          |                          | POLSKA | 1979       | M30-39    | 285        | 5:15         | 11,4       | 00:39:18 | 01:29:42 | 01:50:08   | <b>01:50:55</b> | 687 |    |
| 761  | 23      | ANGIER KRZYSZTOF         | ŚWIĘCIECHOWA     |                          | POLSKA | 1980       | M30-39    | 286        | 5:15         | 11,4       | 00:39:31 | 01:29:11 | 01:50:12   | <b>01:50:56</b> | 688 |    |
| 762  | 717     | ŁUKARSKI MACIEJ          | BARANOWO         |                          | POLSKA | 1981       | M30-39    | 287        | 5:16         | 11,4       | 00:38:10 | 01:28:19 | 01:50:25   | <b>01:50:57</b> | 689 |    |
| 763  | 1339    | WASZKOWIAK KRZYSZTOF     | MOSINA           | .                        | POLSKA | 1981       | M30-39    | 288        | 5:16         | 11,4       | 00:39:32 | 01:29:31 | 01:50:30   | <b>01:51:00</b> | 690 |    |
| 764  | 303     | GIEŁDA ADAM              | ŚREM             | ALMAR TRANSPORT SPEDYCJA | POLSKA | 1971       | M40-44    | 110        | 5:16         | 11,4       | 00:40:29 | 01:32:07 | 01:50:29   | <b>01:51:00</b> | 691 |    |
| 765  | 350     | GRYGIEL PIOTR            | POZNAŃ           | TEAM PLESZEW             | POLSKA | 1981       | M30-39    | 289        | 5:16         | 11,4       | 00:39:35 | 01:29:19 | 01:50:05   | <b>01:51:01</b> | 692 |    |
| 766  | 1356    | WIECZOREK ADRIAN         | POZNAŃ           | YOURACE.INFO             | POLSKA | 1978       | M30-39    | 290        | 5:16         | 11,4       | 00:41:19 | 01:31:57 | 01:50:11   | <b>01:51:04</b> | 693 |    |
| 767  | 992     | PIETRZYK JANUSZ          | GOSTYŃ           |                          | POLSKA | 1966       | M45-49    | 60         | 5:16         | 11,4       | 00:40:51 | 01:32:06 | 01:50:18   | <b>01:51:06</b> | 694 |    |
| 768  | 1449    | ZIĘTARSKI DOMINIK        | ŚREM             |                          | POLSKA | 1983       | M30-39    | 291        | 5:16         | 11,4       | 00:41:55 | 01:32:25 | 01:49:43   | <b>01:51:06</b> | 695 |    |
| 769  | 275     | FRĄCKOWIAK MICHAŁ        | POZNAŃ           |                          | POLSKA | 1978       | M30-39    | 292        | 5:16         | 11,4       | 00:41:38 | 01:32:20 | 01:50:21   | <b>01:51:07</b> | 696 |    |
| 770  | 1234    | SZEWczyk MARIA           | KOŚCIAN          |                          | POLSKA | 1954       | K55-59    | 2          | 5:16         | 11,4       | 00:40:47 | 01:31:10 | 01:50:21   | <b>01:51:08</b> |     | 74 |
| 771  | 1235    | SZEWczyk ALEKSANDRA      | POZNAŃ           |                          | POLSKA | 1980       | K30-39    | 26         | 5:16         | 11,4       | 00:40:47 | 01:31:21 | 01:50:22   | <b>01:51:09</b> |     | 75 |
| 772  | 920     | OCHOWIAK MACIEJ          | ŚRODA WLKP       | GIRA SIE KRĘCI           | POLSKA | 1982       | M30-39    | 293        | 5:16         | 11,4       | 00:38:24 | 01:31:44 | 01:50:48   | <b>01:51:09</b> | 697 |    |
| 773  | 364     | GURDEK MARCIN            | ŚREM             |                          | POLSKA | 1978       | M30-39    | 294        | 5:16         | 11,4       | 00:41:54 | 01:32:25 | 01:49:44   | <b>01:51:09</b> | 698 |    |
| 774  | 1331    | WALUSZYŃSKI BOGDAN       | GNIEZNO          |                          | POLSKA | 1943       | M70+      | 1          | 5:16         | 11,4       | 00:40:02 | 01:31:34 | 01:50:43   | <b>01:51:10</b> | 699 |    |
| 775  | 1447    | ZIENTEK WOJCIECH         | SZLICHTYNGOWA    |                          | POLSKA | 1971       | M40-44    | 111        | 5:16         | 11,4       | 00:41:34 | 01:32:21 | 01:50:05   | <b>01:51:10</b> | 700 |    |
| 776  | 590     | KOTARSKI TOMASZ          | GNIEZNO          | VELUX GNIEZNO            | POLSKA | 1972       | M40-44    | 112        | 5:16         | 11,4       | 00:39:38 | 01:30:27 | 01:50:32   | <b>01:51:12</b> | 701 |    |
| 777  | 35      | BAJER JACEK              | KALISZ           | SKARBONA TEAM KALISZ     | POLSKA | 1968       | M45-49    | 61         | 5:16         | 11,4       | 00:41:30 | 01:31:34 | 01:49:57   | <b>01:51:12</b> | 702 |    |
| 778  | 1198    | STEFANOWSKA-GOLEC DOROTA | 60-350           | EPIDEMIASPORTU.PL        | POLSKA | 1980       | K30-39    | 27         | 5:16         | 11,4       | 00:42:02 | 01:32:59 | 01:50:21   | <b>01:51:12</b> |     | 76 |
| 779  | 291     | GAWROŃSKI MARCIN         | POZNAŃ           |                          | POLSKA | 1979       | M30-39    | 295        | 5:16         | 11,4       | 00:39:54 | 01:31:54 | 01:50:25   | <b>01:51:14</b> | 703 |    |
| 780  | 317     | GOŁĘBIEWSKA SYLWIA       | ŚWIDNICA         |                          | POLSKA | 1975       | K30-39    | 28         | 5:17         | 11,4       | 00:38:53 | 01:31:16 | 01:51:10   | <b>01:51:18</b> |     | 77 |
| 781  | 318     | GOŁĘBIEWSKI JACEK        | ŚWIDNICA         | KB SOBÓTKA               | POLSKA | 1974       | M30-39    | 296        | 5:17         | 11,4       | 00:38:53 | 01:31:16 | 01:51:10   | <b>01:51:18</b> | 704 |    |
| 782  | 1018    | POLICHNOWSKI PIOTR       | POZNAŃ           |                          | POLSKA | 1967       | M45-49    | 62         | 5:17         | 11,4       | 00:41:59 | 01:33:00 | 01:50:19   | <b>01:51:18</b> | 705 |    |
| 783  | 1486    | HOSZOWSKI MARIUSZ        | WIERZBNA         |                          | POLSKA | 1972       | M40-44    | 113        | 5:17         | 11,4       | 00:38:52 | 01:31:37 | 01:51:11   | <b>01:51:19</b> | 706 |    |
| 784  | 29      | APOLINARSKI SZYMON       | BUKÓWIEC GÓRNY   |                          | POLSKA | 1991       | M18-29    | 141        | 5:17         | 11,4       | 00:39:56 | 01:31:09 | 01:50:38   | <b>01:51:23</b> | 707 |    |
| 785  | 941     | PACHCIAREK MACIEJ        | SŁUBICE NAD ODRĄ | NIEZRZESZONY             | POLSKA | 1962       | M50-54    | 47         | 5:17         | 11,4       | 00:40:12 | 01:31:51 | 01:51:25   | <b>01:51:26</b> | 708 |    |
| 786  | 1168    | SOBKOWIAK MAREK          | POZNAŃ           | NIGHT RUNNERS            | POLSKA | 1973       | M40-44    | 114        | 5:17         | 11,4       | 00:41:18 | 01:32:10 | 01:50:44   | <b>01:51:26</b> | 709 |    |
| 787  | 396     | IGNATOWSKA ANNA          | POZNAŃ           | KRYSIEWICZ               | POLSKA | 1973       | K40-44    | 13         | 5:17         | 11,4       | 00:39:39 | 01:30:35 | 01:50:47   | <b>01:51:27</b> |     | 78 |
| 788  | 607     | KOZŁOWSKA ALICJA         | LESZNO           |                          | POLSKA | 1970       | K40-44    | 14         | 5:17         | 11,4       | 00:39:49 | 01:31:55 | 01:51:16   | <b>01:51:30</b> |     | 79 |
| 789  | 233     | DRZEWIECKI MARCIN        | PLEWISKA         |                          | POLSKA | 1982       | M30-39    | 297        | 5:17         | 11,4       | 00:42:21 | 01:33:29 | 01:50:55   | <b>01:51:31</b> | 710 |    |
| 790  | 1005    | PIWOSZ ANDRZEJ           | GRODZISK WLKP.   | GRODZISKI KLUB BIEGACZA  | POLSKA | 1960       | M50-54    | 48         | 5:17         | 11,3       | 00:39:27 | 01:30:47 | 01:51:03   | <b>01:51:32</b> | 711 |    |
| 791  | 1438    | ZDANOWSKI MARIAN         | POZNAŃ           |                          | POLSKA | 1956       | M55-59    | 27         | 5:17         | 11,3       | 00:39:19 | 01:32:04 | 01:51:27   | <b>01:51:33</b> | 712 |    |
| 792  | 521     | KĄŻMIERCZAK PAWEŁ        | KOŚCIAN          |                          | POLSKA | 1981       | M30-39    | 298        | 5:17         | 11,3       | 00:41:19 | 01:32:08 | 01:50:46   | <b>01:51:37</b> | 713 |    |
| 793  | 1170    | SOBKOWIAK EWA            | POZNAŃ           | .                        | POLSKA | 1963       | K50-54    | 1          | 5:17         | 11,3       | 00:41:08 | 01:32:53 | 01:51:19   | <b>01:51:37</b> |     | 80 |
| 794  | 470     | KACZMAREK SŁAWOMIR       | KOŚCIAN          |                          | POLSKA | 1969       | M40-44    | 115        | 5:17         | 11,3       | 00:40:27 | 01:31:56 | 01:50:46   | <b>01:51:38</b> | 714 |    |
| 795  | 363     | GURANOWSKI MIKOŁAJ       | CHYBY            |                          | POLSKA | 1975       | M30-39    | 299        | 5:18         | 11,3       | 00:41:17 | 01:32:08 | 01:50:49   | <b>01:51:39</b> | 715 |    |
| 796  | 1231    | SZCZUREK MICHAŁ          | WĄGROWIEC        | KS LZS WIATROWO          | POLSKA | 1985       | M18-29    | 142        | 5:18         | 11,3       | 00:39:49 | 01:32:14 | 01:51:02   | <b>01:51:42</b> | 716 |    |
| 797  | 4       | ADAMSKA KATARZYNA        | KOŚCIAN          |                          | POLSKA | 1973       | K40-44    | 15         | 5:18         | 11,3       | 00:42:24 | 01:33:13 | 01:50:45   | <b>01:51:47</b> |     | 81 |
| 798  | 1452    | ZIMNY TOMASZ             | POZNAN           |                          | POLSKA | 1973       | M40-44    | 116        | 5:18         | 11,3       | 00:40:59 | 01:33:28 | 01:50:50   | <b>01:51:47</b> | 717 |    |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię            | Miejscowość    | Klub                          | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|--------------------------|----------------|-------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 799  | 41      | BALCERZAK TOMASZ         | KONARZEWO      | PASZCZAKI 3                   | POLSKA | 1974       | M30-39    | 300        | 5:18         | 11,3       | 00:40:59 | 01:33:28 | 01:50:51   | <b>01:51:48</b> | 718 |    |
| 800  | 205     | CZOCHARA AGNIESZKA       | MALIN          |                               | POLSKA | 1982       | K30-39    | 29         | 5:18         | 11,3       | 00:42:02 | 01:33:00 | 01:50:59   | <b>01:51:50</b> |     | 82 |
| 801  | 1117    | SCHOENER ŁUKASZ          | DĄBRÓWKA LEŚNA |                               | POLSKA | 1980       | M30-39    | 301        | 5:18         | 11,3       | 00:39:58 | 01:31:49 | 01:51:09   | <b>01:51:52</b> | 719 |    |
| 802  | 1240    | SZLANGA ŁUKASZ           | BARANOWO       |                               | POLSKA | 1975       | M30-39    | 302        | 5:18         | 11,3       | 00:42:22 | 01:33:23 | 01:51:20   | <b>01:51:56</b> | 720 |    |
| 803  | 559     | KNYCHAŁA MICHAŁ          | POZNAŃ         | POZNAŃ                        | POLSKA | 1982       | M30-39    | 303        | 5:18         | 11,3       | 00:42:22 | 01:33:29 | 01:51:20   | <b>01:51:56</b> | 721 |    |
| 804  | 308     | GLUMIŃSKI BARTOSZ        | KOŚCIAN        |                               | POLSKA | 1980       | M30-39    | 304        | 5:19         | 11,3       | 00:41:13 | 01:32:25 | 01:51:03   | <b>01:52:03</b> | 722 |    |
| 805  | 117     | BOROWSKI RYSZARD         | BRZEG          | DRYŻYNA SZPIKU BRZEG          | POLSKA | 1959       | M50-54    | 49         | 5:19         | 11,3       | 00:41:57 | 01:33:15 | 01:51:09   | <b>01:52:07</b> | 723 |    |
| 806  | 455     | JĘDRZEJEWSKI ZBIGNIEW    | WROCŁAW        |                               | POLSKA | 1963       | M50-54    | 50         | 5:19         | 11,3       | 00:40:25 | 01:32:20 | 01:51:30   | <b>01:52:12</b> | 724 |    |
| 807  | 12      | ALEKSANDROWICZ KRZYSZTOF | POZNAŃ         | NSZZ SOLIDARNOŚĆ WIELKOPOLSKA | POLSKA | 1983       | M30-39    | 305        | 5:20         | 11,3       | 00:43:10 | 01:33:06 | 01:51:31   | <b>01:52:27</b> | 725 |    |
| 808  | 1297    | TRACZ JACEK              | BIEDRUSKO      |                               | POLSKA | 1976       | M30-39    | 306        | 5:20         | 11,3       | 00:35:51 | 01:30:20 | 01:52:15   | <b>01:52:30</b> | 726 |    |
| 809  | 131     | BRÓDKA HUBERT            | ŚMIGIEL        | MARATON LESZNO                | POLSKA | 1979       | M30-39    | 307        | 5:20         | 11,3       | 00:37:24 | 01:31:04 | 01:52:12   | <b>01:52:30</b> | 727 |    |
| 810  | 231     | DOPIERAŁA MARCIN         | GORZÓW WLKP.   |                               | POLSKA | 1979       | M30-39    | 308        | 5:20         | 11,2       | 00:41:12 | 01:33:05 | 01:52:04   | <b>01:52:33</b> | 728 |    |
| 811  | 507     | KARWACKI ROBERT          | JAWOR          | KB TKKF JAWORZANIE            | POLSKA | 1974       | M30-39    | 309        | 5:20         | 11,2       | 00:40:53 | 01:33:23 | 01:51:52   | <b>01:52:33</b> | 729 |    |
| 812  | 206     | CZUBA ROBERT             | PUSZCZYKOWO    |                               | POLSKA | 1968       | M45-49    | 63         | 5:20         | 11,2       | 00:40:38 | 01:33:35 | 01:52:19   | <b>01:52:33</b> | 730 |    |
| 813  | 692     | LUDWICZAK MATEUSZ        | KOSZANOWO      |                               | POLSKA | 1972       | M40-44    | 117        | 5:20         | 11,2       | 00:40:46 | 01:32:39 | 01:51:39   | <b>01:52:34</b> | 731 |    |
| 814  | 803     | MICHAŁAK JOANNA          | POZNAŃ         |                               | POLSKA | 1974       | K30-39    | 30         | 5:20         | 11,2       | 00:41:25 | 01:33:42 | 01:52:03   | <b>01:52:34</b> |     | 83 |
| 815  | 197     | CYGAN MICHAŁ             | MIĘDZYRZECZ    | TKKF ŁABĘDŹ ZBĄSZYŃ           | POLSKA | 1987       | M18-29    | 143        | 5:20         | 11,2       | 00:36:22 | 01:27:44 | 01:52:11   | <b>01:52:35</b> | 732 |    |
| 816  | 1123    | SERAFIN ADAM             | LEGNICA        | KORONA LEGNICA DECATHLON      | POLSKA | 1957       | M55-59    | 28         | 5:20         | 11,2       | 00:43:30 | 01:34:30 | 01:51:40   | <b>01:52:35</b> | 733 |    |
| 817  | 984     | PIECHOTA MARCIN          | GRODZISK WLKP. | DRUŻYNA SZPIKU                | POLSKA | 1982       | M30-39    | 310        | 5:20         | 11,2       | 00:41:12 | 01:32:48 | 01:51:46   | <b>01:52:36</b> | 734 |    |
| 818  | 1312    | TYLISZCZAK SŁAWOMIR      | ZIELONA GÓRA   | .....                         | POLSKA | 1973       | M40-44    | 118        | 5:20         | 11,2       | 00:42:13 | 01:33:45 | 01:51:49   | <b>01:52:38</b> | 735 |    |
| 819  | 976     | PETEREK ANNA             | BIELSKO-BIAŁA  | AWF POZNAŃ                    | POLSKA | 1990       | K18-29    | 31         | 5:20         | 11,2       | 00:41:17 | 01:33:18 | 01:51:46   | <b>01:52:39</b> |     | 84 |
| 820  | 216     | DĄBROWSKI JERZY          | POŁKOWICE      | DRUŻYNA SZPIKU KGHM           | POLSKA | 1953       | M60-64    | 10         | 5:20         | 11,2       | 00:37:50 | 01:30:34 | 01:52:09   | <b>01:52:41</b> | 736 |    |
| 821  | 1293    | TOMYS SEBASTIAN          | CHOBNIENICE    |                               | POLSKA | 1972       | M40-44    | 119        | 5:21         | 11,2       | 00:40:51 | 01:31:55 | 01:51:53   | <b>01:52:44</b> | 737 |    |
| 822  | 1052    | PUDLICKI MICHEL          | KOŚCIAN        |                               | POLSKA | 1969       | M40-44    | 120        | 5:21         | 11,2       | 00:39:36 | 01:32:37 | 01:52:15   | <b>01:52:46</b> | 738 |    |
| 823  | 256     | FABIŚ ROBERT             | OSTRÓW WLKP.   | CITY SECURITY WEST            | POLSKA | 1973       | M40-44    | 121        | 5:21         | 11,2       | 00:39:48 | 01:32:08 | 01:52:02   | <b>01:52:47</b> | 739 |    |
| 824  | 1384    | WODZIŃSKI DANIEL         | WROCŁAW        |                               | POLSKA | 1978       | M30-39    | 311        | 5:21         | 11,2       | 00:41:28 | 01:33:30 | 01:51:59   | <b>01:52:47</b> | 740 |    |
| 825  | 540     | KIREJ MARIUSZ            | LEGNICA        | KORONA LEGNICA DECATHLON      | POLSKA | 1965       | M45-49    | 64         | 5:21         | 11,2       | 00:43:30 | 01:34:30 | 01:51:54   | <b>01:52:49</b> | 741 |    |
| 826  | 1122    | SELMOSER HUBERT          | KOŚCIAN        |                               | POLSKA | 1992       | M18-29    | 144        | 5:21         | 11,2       | 00:44:37 | 01:36:05 | 01:51:41   | <b>01:52:49</b> | 742 |    |
| 827  | 1351    | WESOŁOWSKI MARIUSZ       | KOŚCIAN        |                               | POLSKA | 1981       | M30-39    | 312        | 5:21         | 11,2       | 00:38:22 | 01:30:14 | 01:52:00   | <b>01:52:52</b> | 743 |    |
| 828  | 362     | GRZYWACZEWSKA ILONA      | WROCŁAW        | WSOWL                         | POLSKA | 1992       | K18-29    | 32         | 5:21         | 11,2       | 00:45:06 | 01:36:05 | 01:51:54   | <b>01:52:53</b> |     | 85 |
| 829  | 400     | JACKOWIAK AGNIESZKA      | ŚREM           | ŚREM                          | POLSKA | 1985       | K18-29    | 33         | 5:21         | 11,2       | 00:39:55 | 01:32:07 | 01:52:04   | <b>01:52:54</b> |     | 86 |
| 830  | 193     | CIESIELSKI ANDRZEJ       | ŚMIGIEL        |                               | POLSKA | 1959       | M50-54    | 51         | 5:21         | 11,2       | 00:42:42 | 01:33:48 | 01:51:46   | <b>01:52:54</b> | 744 |    |
| 831  | 385     | HOŁUBOWICZ JACEK         | POZNAŃ         | VW POZNAŃ                     | POLSKA | 1988       | M18-29    | 145        | 5:21         | 11,2       | 00:38:10 | 01:32:07 | 01:52:45   | <b>01:53:00</b> | 745 |    |
| 832  | 338     | GRAL RAJMUND             | POZNAŃ         | BIL-CUP                       | POLSKA | 1971       | M40-44    | 122        | 5:21         | 11,2       | 00:37:38 | 01:28:01 | 01:52:33   | <b>01:53:01</b> | 746 |    |
| 833  | 372     | HAWRYŁO MARZENA          | WROCŁAW        | MIROTRANS WROCŁAW             | POLSKA | 1974       | K30-39    | 31         | 5:21         | 11,2       | 00:42:23 | 01:34:04 | 01:52:17   | <b>01:53:01</b> |     | 87 |
| 834  | 582     | KOSAŁKA EDWARD           | ŻARY           | 11 DKPANC                     | POLSKA | 1965       | M45-49    | 65         | 5:22         | 11,2       | 00:41:40 | 01:32:24 | 01:51:48   | <b>01:53:06</b> | 747 |    |
| 835  | 1367    | WIŚNIEWSKI ARTUR         | POZNAŃ         |                               | POLSKA | 1975       | M30-39    | 313        | 5:22         | 11,2       | 00:40:16 | 01:33:00 | 01:51:41   | <b>01:53:08</b> | 748 |    |
| 836  | 174     | CHODORSKI JAN            | BRZEG DOLNY    |                               | POLSKA | 1979       | M30-39    | 314        | 5:22         | 11,2       | 00:39:58 | 01:33:49 | 01:52:52   | <b>01:53:11</b> | 749 |    |
| 837  | 413     | JANEK ŁUKASZ             | KOŚCIAN        | GRANIQU ATEM TEAM             | POLSKA | 1984       | M18-29    | 146        | 5:22         | 11,2       | 00:40:50 | 01:32:34 | 01:52:33   | <b>01:53:20</b> | 750 |    |
| 838  | 1169    | SOBKOWIAK EDYTA          | POZNAŃ         |                               | POLSKA | 1965       | K45-49    | 5          | 5:22         | 11,2       | 00:41:03 | 01:34:08 | 01:52:44   | <b>01:53:20</b> |     | 88 |
| 839  | 786     | MAZUREK PAWEŁ            | BYTKOWO        |                               | POLSKA | 1968       | M45-49    | 66         | 5:22         | 11,2       | 00:42:36 | 01:34:05 | 01:52:24   | <b>01:53:21</b> | 751 |    |
| 840  | 989     | PIETRASZEWSKI DARIUSZ    | ŚREM           | RUNNERS POWER                 | POLSKA | 1971       | M40-44    | 123        | 5:23         | 11,2       | 00:41:03 | 01:34:12 | 01:53:04   | <b>01:53:24</b> | 752 |    |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię              | Miejscowość    | Klub                                 | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K  |
|------|---------|----------------------------|----------------|--------------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|----|
| 841  | 1318    | URBANIAK KATARZYNA         | POZNAŃ         |                                      | POLSKA | 1974       | K30-39    | 32         | 5:23         | 11,2       | 00:41:55 | 01:34:12 | 01:52:38   | <b>01:53:24</b> |     | 89 |
| 842  | 647     | KUCHARSKI MACIEJ           | POZNAŃ         |                                      | POLSKA | 1971       | M40-44    | 124        | 5:23         | 11,2       | 00:42:26 | 01:34:09 | 01:52:38   | <b>01:53:28</b> | 753 |    |
| 843  | 1389    | WOJNOWSKI LEONARD          | POZNAŃ         | METALSTUDIO                          | POLSKA | 1960       | M50-54    | 52         | 5:23         | 11,2       | 00:41:14 | 01:34:10 | 01:52:43   | <b>01:53:28</b> | 754 |    |
| 844  | 434     | JASTAK ŁUKASZ              | POZNAŃ         |                                      | POLSKA | 1984       | M18-29    | 147        | 5:23         | 11,1       | 00:45:11 | 01:36:23 | 01:52:20   | <b>01:53:35</b> | 755 |    |
| 845  | 140     | BUCZEŁ ŁUKASZ              | WIRY           |                                      | POLSKA | 1980       | M30-39    | 315        | 5:23         | 11,1       | 00:44:42 | 01:35:32 | 01:52:19   | <b>01:53:41</b> | 756 |    |
| 846  | 341     | GROBELNY DAMIAN            | POZNAŃ         |                                      | POLSKA | 1995       | M18-29    | 148        | 5:23         | 11,1       | 00:39:47 | 01:33:43 | 01:53:09   | <b>01:53:42</b> | 757 |    |
| 847  | 679     | LEWANDOWSKI GRZEGORZ       | SZYDŁOWO       | STOWARZYSZENIE BIEGACZY GMINY SZYDŁO | POLSKA | 1976       | M30-39    | 316        | 5:23         | 11,1       | 00:39:27 | 01:32:21 | 01:53:09   | <b>01:53:45</b> | 758 |    |
| 848  | 836     | MITMAŃSKI RYSZARD          | ŚREM           | RUNNERS POWER                        | POLSKA | 1959       | M50-54    | 53         | 5:23         | 11,1       | 00:41:04 | 01:33:29 | 01:52:53   | <b>01:53:45</b> | 759 |    |
| 849  | 1180    | STACH SARA                 | KOŚCIAN        |                                      | POLSKA | 1992       | K18-29    | 34         | 5:24         | 11,1       | 00:44:37 | 01:36:05 | 01:52:38   | <b>01:53:46</b> |     | 90 |
| 850  | 1269    | ŚREDNICKI KRZYSZTOF        | ZALASEWO       |                                      | POLSKA | 1970       | M40-44    | 125        | 5:24         | 11,1       | 00:39:37 | 01:31:35 | 01:53:01   | <b>01:53:47</b> | 760 |    |
| 851  | 704     | ŁAŻŃIAK AGATA              | POZNAŃ         |                                      | POLSKA | 1986       | K18-29    | 35         | 5:24         | 11,1       | 00:39:57 | 01:32:54 | 01:53:19   | <b>01:53:48</b> |     | 91 |
| 852  | 340     | GRĘDA JÓZEF                | SYCÓW          | KB LUPUS SYCÓW                       | POLSKA | 1946       | M65-69    | 11         | 5:24         | 11,1       | 00:39:00 | 01:32:55 | 01:53:43   | <b>01:53:49</b> | 761 |    |
| 853  | 118     | BORTKIEWICZ MONIKA         | LUBIN          | KORONA - DECATHLON LEGNICA           | POLSKA | 1971       | K40-44    | 16         | 5:24         | 11,1       | 00:43:30 | 01:34:48 | 01:52:57   | <b>01:53:51</b> |     | 92 |
| 854  | 700     | ŁAKOMA PAULINA             | POZNAŃ         |                                      | POLSKA | 1987       | K18-29    | 36         | 5:24         | 11,1       | 00:41:16 | 01:33:41 | 01:53:12   | <b>01:53:52</b> |     | 93 |
| 855  | 1158    | SŁOWIŃSKI DAMIAN           | POZNAŃ         | NIGHT RUNNERS                        | POLSKA | 1980       | M30-39    | 317        | 5:24         | 11,1       | 00:40:10 | 01:33:23 | 01:53:27   | <b>01:53:53</b> | 762 |    |
| 856  | 374     | HEJNAR-GLUMIŃSKA KATARZYNA | KOŚCIAN        |                                      | POLSKA | 1980       | K30-39    | 33         | 5:24         | 11,1       | 00:41:14 | 01:33:37 | 01:52:52   | <b>01:53:53</b> |     | 94 |
| 857  | 80      | BERESZYŃSKI BERNARD        | GRODZISK WLKP. |                                      | POLSKA | 1964       | M45-49    | 67         | 5:24         | 11,1       | 00:41:01 | 01:34:17 | 01:53:10   | <b>01:53:53</b> | 763 |    |
| 858  | 649     | KUCHARZEWSKI ŁUKASZ        | ZIELONA GÓRA   | GRODZISKI KLUB BIEGACZA              | POLSKA | 1984       | M18-29    | 149        | 5:24         | 11,1       | 00:43:05 | 01:35:03 | 01:52:50   | <b>01:53:53</b> | 764 |    |
| 859  | 916     | OBSTÓJ KAROLINA            | KIEŁCZÓW       | PRO-RUN WROCŁAW                      | POLSKA | 1990       | K18-29    | 37         | 5:24         | 11,1       | 00:43:12 | 01:35:16 | 01:53:06   | <b>01:53:54</b> |     | 95 |
| 860  | 376     | HEŁMECKI DAREK             | WILCZYCE       | PRO-RUN WROCŁAW                      | POLSKA | 1971       | M40-44    | 126        | 5:24         | 11,1       | 00:43:13 | 01:35:16 | 01:53:07   | <b>01:53:54</b> | 765 |    |
| 861  | 1429    | ZAJĄC LESZEK               | WIJEWO         |                                      | POLSKA | 1957       | M55-59    | 29         | 5:24         | 11,1       | 00:41:53 | 01:32:51 | 01:53:11   | <b>01:53:56</b> | 766 |    |
| 862  | 1355    | WICHŁACZ KRZYSZTOF         | POZNAŃ         | KB MANIAC POZNAŃ                     | POLSKA | 1964       | M45-49    | 68         | 5:24         | 11,1       | 00:39:16 | 01:32:56 | 01:53:40   | <b>01:54:00</b> | 767 |    |
| 863  | 585     | KOSTRZEWSKI ADAM           | LESZNO         | LESZNO                               | POLSKA | 1971       | M40-44    | 127        | 5:24         | 11,1       | 00:41:25 | 01:34:05 | 01:53:40   | <b>01:54:01</b> | 768 |    |
| 864  | 900     | NOWAK KRZYSZTOF            | WROCŁAW        |                                      | POLSKA | 1969       | M40-44    | 128        | 5:24         | 11,1       | 00:43:12 | 01:34:17 | 01:53:15   | <b>01:54:03</b> | 769 |    |
| 865  | 53      | BARAN PIOTR                | KOŻUCHÓW       | ŚWIAT MARATOŃCZYKA KOŻUCHÓW          | POLSKA | 1981       | M30-39    | 318        | 5:24         | 11,1       | 00:41:50 | 01:34:18 | 01:53:15   | <b>01:54:04</b> | 770 |    |
| 866  | 785     | MAZUR MAREK                | KOŻUCHÓW       | 11 BATALION REMONTOWY                | POLSKA | 1973       | M40-44    | 129        | 5:24         | 11,1       | 00:41:50 | 01:34:18 | 01:53:13   | <b>01:54:04</b> | 771 |    |
| 867  | 1336    | WASIOŁKA SZYMON            | LESZNO         | ORZEŁ LIPNO                          | POLSKA | 1988       | M18-29    | 150        | 5:24         | 11,1       | 00:39:28 | 01:32:28 | 01:53:44   | <b>01:54:05</b> | 772 |    |
| 868  | 964     | PAWŁAK AGNIESZKA           | PRZECŁAW       |                                      | POLSKA | 1986       | K18-29    | 38         | 5:24         | 11,1       | 00:43:07 | 01:35:25 | 01:53:17   | <b>01:54:05</b> |     | 96 |
| 869  | 627     | KRYŚCIAK MICHAŁ            | WARTA          |                                      | POLSKA | 1990       | M18-29    | 151        | 5:24         | 11,1       | 00:43:40 | 01:35:11 | 01:53:06   | <b>01:54:06</b> | 773 |    |
| 870  | 1190    | STANIEWSKI EUGENIUSZ       | ZGORZELEC      | AMATOR                               | POLSKA | 1951       | M60-64    | 11         | 5:25         | 11,1       | 00:40:49 | 01:33:12 | 01:53:34   | <b>01:54:08</b> | 774 |    |
| 871  | 146     | BUJNY JĘDRZEJ              | POZNAŃ         |                                      | POLSKA | 1975       | M30-39    | 319        | 5:25         | 11,1       | 00:41:17 | 01:33:44 | 01:53:22   | <b>01:54:11</b> | 775 |    |
| 872  | 386     | HOŁYŃSKA ZUZANNA           | ROGOZINIEC     | DZIKKUS ROGOZINIEC                   | POLSKA | 1975       | K30-39    | 34         | 5:25         | 11,1       | 00:41:07 | 01:35:03 | 01:53:29   | <b>01:54:12</b> |     | 97 |
| 873  | 1430    | ZAKRZEWSKI KRZYSZTOF       | PAŁĘDZIE       | 3:33 TEAM                            | POLSKA | 1971       | M40-44    | 130        | 5:25         | 11,1       | 00:41:13 | 01:33:03 | 01:53:24   | <b>01:54:16</b> | 776 |    |
| 874  | 323     | GORYNIA MARCIN             | POZNAŃ         | KB UE POZNAŃ                         | POLSKA | 1983       | M30-39    | 320        | 5:25         | 11,1       | 00:42:12 | 01:34:26 | 01:53:32   | <b>01:54:16</b> | 777 |    |
| 875  | 1134    | SIKORA PIOTR               | SUCHY LAS      |                                      | POLSKA | 1974       | M30-39    | 321        | 5:25         | 11,1       | 00:42:51 | 01:34:41 | 01:53:31   | <b>01:54:19</b> | 778 |    |
| 876  | 830     | MILLO SZERAN               | POZNAŃ         |                                      | POLSKA | 1979       | M30-39    | 322        | 5:25         | 11,1       | 00:41:10 | 01:33:36 | 01:53:19   | <b>01:54:21</b> | 779 |    |
| 877  | 589     | KOŚNIEWSKI WOJCIECH        | GRUSZCZYN      |                                      | POLSKA | 1969       | M40-44    | 131        | 5:25         | 11,1       | 00:43:00 | 01:35:33 | 01:53:38   | <b>01:54:23</b> | 780 |    |
| 878  | 407     | JAKUBOWSKI MIROSLAW        | LEGNICA        | KB LEW LEGNICA                       | POLSKA | 1959       | M50-54    | 54         | 5:25         | 11,1       | 00:41:21 | 01:34:14 | 01:53:29   | <b>01:54:24</b> | 781 |    |
| 879  | 495     | KANSY TOMASZ               | POZNAŃ         |                                      | POLSKA | 1977       | M30-39    | 323        | 5:25         | 11,1       | 00:44:43 | 01:36:03 | 01:53:21   | <b>01:54:25</b> | 782 |    |
| 880  | 30      | ARCISZEWSKI SZYMON         | POZNAŃ         |                                      | POLSKA | 1989       | M18-29    | 152        | 5:25         | 11,1       | 00:42:12 | 01:34:37 | 01:54:00   | <b>01:54:26</b> | 783 |    |
| 881  | 348     | GRUSZKIEWICZ WITOLD        | PRZEMĘT        |                                      | POLSKA | 1972       | M40-44    | 132        | 5:26         | 11,1       | 00:43:45 | 01:35:18 | 01:53:25   | <b>01:54:30</b> | 784 |    |
| 882  | 1067    | RANDLA ARTUR               | LEGNICA        | NGB KORONA LEGNICA                   | POLSKA | 1972       | M40-44    | 133        | 5:26         | 11,1       | 00:43:31 | 01:35:37 | 01:53:35   | <b>01:54:30</b> | 785 |    |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię            | Miejscowość           | Klub                               | Kraj     | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K   |
|------|---------|--------------------------|-----------------------|------------------------------------|----------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|-----|
| 883  | 535     | KIERZEK MAGDALENA        | POZNAŃ                |                                    | POLSKA   | 1993       | K18-29    | 39         | 5:26         | 11,1       | 00:39:16 | 01:33:21 | 01:54:11   | <b>01:54:32</b> |     | 98  |
| 884  | 478     | KACZMAREK TOMASZ         | POZNAŃ                | KB MANIAC POZNAŃ                   | POLSKA   | 1968       | M45-49    | 69         | 5:26         | 11,1       | 00:44:11 | 01:35:42 | 01:53:16   | <b>01:54:32</b> | 786 |     |
| 885  | 678     | LEWANDOWSKI PAWEŁ        | ZIELONA GÓRA          | ZIELONA GÓRO ZACZNIJ BIEGAĆ        | POLSKA   | 1969       | M40-44    | 134        | 5:26         | 11,1       | 00:44:29 | 01:36:37 | 01:53:19   | <b>01:54:33</b> | 787 |     |
| 886  | 359     | GRZEŚKOWIAK KAMIL        | ŚMIGIEL               |                                    | POLSKA   | 1984       | M18-29    | 153        | 5:26         | 11,0       | 00:44:19 | 01:36:14 | 01:53:26   | <b>01:54:45</b> | 788 |     |
| 887  | 1071    | RAČZKOWSKI JANUSZ        | CHOCIANÓW             | KB ZDYSZAAANI CHOCIANÓW            | POLSKA   | 1956       | M55-59    | 30         | 5:26         | 11,0       | 00:40:41 | 01:34:09 | 01:53:53   | <b>01:54:46</b> | 789 |     |
| 888  | 810     | MICHAŁEK SZYMON          | CEREKWICA             |                                    | POLSKA   | 1994       | M18-29    | 154        | 5:26         | 11,0       | 00:41:54 | 01:34:15 | 01:53:52   | <b>01:54:48</b> | 790 |     |
| 889  | 252     | DZITKOWSKI WITOLD        | GOWARZEWO             |                                    | POLSKA   | 1985       | M18-29    | 155        | 5:26         | 11,0       | 00:44:58 | 01:37:08 | 01:53:44   | <b>01:54:48</b> | 791 |     |
| 890  | 91      | BIENIEK PIOTR            | LESZNO                | SPINKO                             | POLSKA   | 1982       | M30-39    | 324        | 5:27         | 11,0       | 00:43:20 | 01:35:19 | 01:53:45   | <b>01:54:50</b> | 792 |     |
| 891  | 887     | NITA MAŁGORZATA          | POZNAŃ                |                                    | POLSKA   | 1971       | K40-44    | 17         | 5:27         | 11,0       | 00:41:27 | 01:35:05 | 01:54:06   | <b>01:54:51</b> |     | 99  |
| 892  | 132     | BRUKWIŃSKA MARTA         | KOŚCIAN               | TGV CLUB                           | POLSKA   | 1990       | K18-29    | 40         | 5:27         | 11,0       | 00:41:17 | 01:34:25 | 01:54:00   | <b>01:54:53</b> |     | 100 |
| 893  | 1063    | RADOGOSTOWICZ ZIEMOWIT   | STĘSZEW               |                                    | POLSKA   | 1987       | M18-29    | 156        | 5:27         | 11,0       | 00:44:36 | 01:35:47 | 01:53:51   | <b>01:54:54</b> | 793 |     |
| 894  | 438     | JAWORSKI ARTUR           | WROCŁAW               | 2 WOJSKOWY ODDZIAŁ GOSPOD          | POLSKA   | 1967       | M45-49    | 70         | 5:27         | 11,0       | 00:40:18 | 01:34:29 | 01:54:33   | <b>01:54:55</b> | 794 |     |
| 895  | 962     | PATER MARCIN             | GNIEZNO               | ALTOM GNIEZNO                      | POLSKA   | 1987       | M18-29    | 157        | 5:27         | 11,0       | 00:39:01 | 01:33:41 | 01:54:33   | <b>01:54:56</b> | 795 |     |
| 896  | 227     | DOMINIAK FILIP           | SUCHY LAS             |                                    | POLSKA   | 1990       | M18-29    | 158        | 5:27         | 11,0       | 00:44:03 | 01:36:08 | 01:53:59   | <b>01:54:58</b> | 796 |     |
| 897  | 841     | MŁYNARSKI PAWEŁ          | GRODZISK WIELKOPOLSKI |                                    | POLSKA   | 1985       | M18-29    | 159        | 5:27         | 11,0       | 00:45:04 | 01:37:07 | 01:53:40   | <b>01:54:59</b> | 797 |     |
| 898  | 856     | MULARCZYK KRZYSZTOF      | OBORNIKI ŚLĄSKIE      |                                    | POLSKA   | 1972       | M40-44    | 135        | 5:27         | 11,0       | 00:43:53 | 01:36:18 | 01:53:54   | <b>01:55:01</b> | 798 |     |
| 899  | 686     | LIPIŃSKA NATALIA         | LEGNICA               | WSOWL                              | POLSKA   | 1992       | K18-29    | 41         | 5:27         | 11,0       | 00:45:06 | 01:36:24 | 01:54:02   | <b>01:55:02</b> |     | 101 |
| 900  | 1252    | SZWARC-BEREŹECKI ANDRZEJ | POZNAŃ                |                                    | POLSKA   | 1955       | M55-59    | 31         | 5:27         | 11,0       | 00:43:05 | 01:35:41 | 01:53:50   | <b>01:55:05</b> | 799 |     |
| 901  | 279     | FRONCZAK ROBERT          | POZNAŃ                |                                    | POLSKA   | 1964       | M45-49    | 71         | 5:27         | 11,0       | 00:42:30 | 01:35:20 | 01:54:10   | <b>01:55:07</b> | 800 |     |
| 902  | 925     | OLEŚ RAFAŁ               | SZCZYTNICA            |                                    | POLSKA   | 1982       | M30-39    | 325        | 5:27         | 11,0       | 00:42:13 | 01:35:22 | 01:54:12   | <b>01:55:09</b> | 801 |     |
| 903  | 859     | MÜLLER CEZARY            | MOSINA                |                                    | POLSKA   | 1973       | M40-44    | 136        | 5:28         | 11,0       | 00:40:27 | 01:32:45 | 01:54:11   | <b>01:55:10</b> | 802 |     |
| 904  | 974     | PERZ MARZENNA            | BUKOWIEC              | NKB "CHYŻY" NOWY TOMYŚL            | POLSKA   | 1968       | K45-49    | 6          | 5:28         | 11,0       | 00:41:47 | 01:35:34 | 01:54:15   | <b>01:55:11</b> |     | 102 |
| 905  | 735     | MAGAJ NATALIA            | ŚRODA WLKP.           |                                    | POLSKA   | 1975       | K30-39    | 35         | 5:28         | 11,0       | 00:40:24 | 01:34:25 | 01:54:33   | <b>01:55:15</b> |     | 103 |
| 906  | 1352    | WESOŁOWSKI MICHAŁ        | STARE BOJANOWO        |                                    | POLSKA   | 1982       | M30-39    | 326        | 5:28         | 11,0       | 00:44:41 | 01:37:43 | 01:54:03   | <b>01:55:15</b> | 803 |     |
| 907  | 164     | CHELMINIAK DOMINIK       | KRÓLIKOWICE           | KB SOBÓTKA                         | POLSKA   | 1973       | M40-44    | 137        | 5:28         | 11,0       | 00:41:19 | 01:34:41 | 01:54:35   | <b>01:55:17</b> | 804 |     |
| 908  | 711     | ŁOŻYŃSKI JAN             | POZNAŃ                |                                    | POLSKA   | 1973       | M40-44    | 138        | 5:28         | 11,0       | 00:42:18 | 01:36:05 | 01:54:31   | <b>01:55:21</b> | 805 |     |
| 909  | 5       | ADAMSKA ZOFIA            | ZŁOTNIKI              |                                    | POLSKA   | 1989       | K18-29    | 42         | 5:28         | 11,0       | 00:41:54 | 01:34:54 | 01:54:28   | <b>01:55:22</b> |     | 104 |
| 910  | 331     | GÓRNY JAKUB              | GOSTYŃ                |                                    | POLSKA   | 1989       | M18-29    | 160        | 5:28         | 11,0       | 00:41:28 | 01:34:59 | 01:54:21   | <b>01:55:22</b> | 806 |     |
| 911  | 993     | PIGUŁA MARIUSZ           | SZCZYTNIKI            |                                    | POLSKA   | 1975       | M30-39    | 327        | 5:29         | 11,0       | 00:44:47 | 01:36:56 | 01:54:32   | <b>01:55:31</b> | 807 |     |
| 912  | 1072    | RICE DAVID               | WARSZAWA              |                                    | IRLANDIA | 1978       | M30-39    | 328        | 5:29         | 11,0       | 00:44:20 | 01:37:05 | 01:54:14   | <b>01:55:34</b> | 808 |     |
| 913  | 1296    | TOPOLEWSKI GRZEGORZ      | DĄBRÓWKA              | CENTRUM ZDROWYCH PLECÓW REHA - FIT | POLSKA   | 1982       | M30-39    | 329        | 5:29         | 11,0       | 00:44:07 | 01:36:22 | 01:54:25   | <b>01:55:35</b> | 809 |     |
| 914  | 796     | MENDYKA KATARZYNA        | GOSTYŃ                | KLUB BIEGACZA 365                  | POLSKA   | 1978       | K30-39    | 36         | 5:29         | 11,0       | 00:43:32 | 01:36:45 | 01:54:47   | <b>01:55:36</b> |     | 105 |
| 915  | 134     | BRZEZIŃSKA DOMINIKA      | POZNAŃ                |                                    | POLSKA   | 1990       | K18-29    | 43         | 5:29         | 11,0       | 00:45:15 | 01:37:43 | 01:54:27   | <b>01:55:36</b> |     | 106 |
| 916  | 669     | KWINTA MACIEJ            | WROCŁAW               | WKB PIAST                          | POLSKA   | 1972       | M40-44    | 139        | 5:29         | 10,9       | 00:42:33 | 01:35:10 | 01:54:28   | <b>01:55:39</b> | 810 |     |
| 917  | 721     | MACHOWICZ JOLANTA        | GOSTYŃ                |                                    | POLSKA   | 1975       | K30-39    | 37         | 5:29         | 10,9       | 00:44:12 | 01:36:41 | 01:54:43   | <b>01:55:44</b> |     | 107 |
| 918  | 1093    | RYCHEL GRZEGORZ          | LUBOŃ                 | ECOLAVIA.PL                        | POLSKA   | 1980       | M30-39    | 330        | 5:29         | 10,9       | 00:41:20 | 01:35:14 | 01:54:48   | <b>01:55:45</b> | 811 |     |
| 919  | 137     | BUCHOWSKI RADOSŁAW       | POZNAŃ                |                                    | POLSKA   | 1982       | M30-39    | 331        | 5:30         | 10,9       | 00:44:41 | 01:37:44 | 01:54:40   | <b>01:55:52</b> | 812 |     |
| 920  | 152     | BUŚKIEWICZ TOMASZ        | TULCE                 |                                    | POLSKA   | 1976       | M30-39    | 332        | 5:30         | 10,9       | 00:42:44 | 01:36:26 | 01:54:49   | <b>01:55:53</b> | 813 |     |
| 921  | 237     | DUDAR JACEK              | LESZNO                | REAL 64-STO                        | POLSKA   | 1973       | M40-44    | 140        | 5:30         | 10,9       | 00:43:13 | 01:36:03 | 01:55:05   | <b>01:55:54</b> | 814 |     |
| 922  | 1171    | SOBOCIŃSKI GRZEGORZ      | POZNAŃ                | THE PLASTERS                       | POLSKA   | 1979       | M30-39    | 333        | 5:30         | 10,9       | 00:43:59 | 01:35:53 | 01:54:55   | <b>01:55:57</b> | 815 |     |
| 923  | 369     | HANDKE MARZENA           | GOSTYŃ                | KLUB BIEGACZA 365                  | POLSKA   | 1971       | K40-44    | 18         | 5:30         | 10,9       | 00:43:32 | 01:36:46 | 01:54:55   | <b>01:55:58</b> |     | 108 |
| 924  | 603     | KOWOL BOGDAN             | ZIELONA GÓRA          |                                    | POLSKA   | 1972       | M40-44    | 141        | 5:30         | 10,9       | 00:44:13 | 01:36:35 | 01:54:41   | <b>01:56:00</b> | 816 |     |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię             | Miejscowość      | Klub                           | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K   |
|------|---------|---------------------------|------------------|--------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|-----|
| 925  | 127     | BROMIŃSKA BARBARA         | ROKIETNICA       |                                | POLSKA | 1987       | K18-29    | 44         | 5:30         | 10,9       | 00:42:29 | 01:36:07 | 01:55:09   | <b>01:56:01</b> |     | 109 |
| 926  | 1024    | POPIELARCZYK ADRIANNA     | KIEŁCZÓW         |                                | POLSKA | 1974       | K30-39    | 38         | 5:30         | 10,9       | 00:44:45 | 01:37:16 | 01:55:01   | <b>01:56:03</b> |     | 110 |
| 927  | 123     | BRACH JAKUB               | PUŁTUSK          |                                | POLSKA | 1981       | M30-39    | 334        | 5:30         | 10,9       | 00:42:24 | 01:34:54 | 01:55:27   | <b>01:56:04</b> | 817 |     |
| 928  | 116     | BOROWIECKA MAŁGORZATA     | WROCŁAW/KARWIANY |                                | POLSKA | 1982       | K30-39    | 39         | 5:30         | 10,9       | 00:42:02 | 01:36:01 | 01:55:33   | <b>01:56:05</b> |     | 111 |
| 929  | 551     | KLUPŚ MIECZYŚLAW          | SUCHY LAS        |                                | POLSKA | 1959       | M50-54    | 55         | 5:30         | 10,9       | 00:43:09 | 01:37:34 | 01:55:36   | <b>01:56:06</b> | 818 |     |
| 930  | 1075    | ROGALIŃSKA ARLETA         | WRZESNIA         | KB KOSYNIER WRZESNIA           | POLSKA | 1971       | K40-44    | 19         | 5:30         | 10,9       | 00:44:33 | 01:37:22 | 01:55:09   | <b>01:56:07</b> |     | 112 |
| 931  | 75      | BAK PATRYK                | POZNAŃ           | DRUŻYNA SZPIKU                 | POLSKA | 1991       | M18-29    | 161        | 5:30         | 10,9       | 00:44:38 | 01:36:48 | 01:54:59   | <b>01:56:10</b> | 819 |     |
| 932  | 1121    | SEIFERT ANDRZEJ           | POZNAŃ           | XTRI PACZKOWO                  | POLSKA | 1957       | M55-59    | 32         | 5:31         | 10,9       | 00:41:33 | 01:35:09 | 01:55:04   | <b>01:56:13</b> | 820 |     |
| 933  | 176     | CHOLASZCZYŃSKI PRZEMYSŁAW | SZEWCE           |                                | POLSKA | 1976       | M30-39    | 335        | 5:31         | 10,9       | 00:42:46 | 01:36:36 | 01:55:05   | <b>01:56:14</b> | 821 |     |
| 934  | 923     | OLBRYŚ STANISŁAW ADAM     | NASIELSK         | KB PIMAR LEGIONOWO             | POLSKA | 1967       | M45-49    | 72         | 5:31         | 10,9       | 00:45:14 | 01:38:18 | 01:56:07   | <b>01:56:14</b> | 822 |     |
| 935  | 1373    | WITKOWSKA MONIKA          | POZNAŃ           |                                | POLSKA | 1979       | K30-39    | 40         | 5:31         | 10,9       | 00:44:44 | 01:37:43 | 01:55:15   | <b>01:56:18</b> |     | 113 |
| 936  | 1216    | SZAJDAK ADA               | SZAMOTUŁY        |                                | POLSKA | 1989       | K18-29    | 45         | 5:31         | 10,9       | 00:41:55 | 01:35:48 | 01:55:22   | <b>01:56:20</b> |     | 114 |
| 937  | 636     | KUBIAK MARCIN             | WROCŁAW          | SM WROCŁAW                     | POLSKA | 1976       | M30-39    | 336        | 5:31         | 10,9       | 00:43:43 | 01:36:59 | 01:55:11   | <b>01:56:20</b> | 823 |     |
| 938  | 282     | FURTAK KRZYSZTOF          | LUBIN            | KTOŚ MUSI BYĆ OSTATNI          | POLSKA | 1962       | M50-54    | 56         | 5:31         | 10,9       | 00:41:24 | 01:36:08 | 01:55:25   | <b>01:56:21</b> | 824 |     |
| 939  | 1057    | PYTLARZ WALDEMAR          | PIŁA             | 4RUN TEAM PIŁA                 | POLSKA | 1963       | M50-54    | 57         | 5:31         | 10,9       | 00:43:09 | 01:36:29 | 01:55:32   | <b>01:56:22</b> | 825 |     |
| 940  | 1461    | ZYGMUNT ANGELIKA          | PIŁA             |                                | POLSKA | 1975       | K30-39    | 41         | 5:31         | 10,9       | 00:43:09 | 01:36:29 | 01:55:21   | <b>01:56:22</b> |     | 115 |
| 941  | 394     | IDCZAK KRZYSZTOF          | SULĘCINEK        |                                | POLSKA | 1975       | M30-39    | 337        | 5:31         | 10,9       | 00:39:33 | 01:35:06 | 01:55:43   | <b>01:56:26</b> | 826 |     |
| 942  | 76      | BAK JACEK                 | POZNAŃ           | DRUŻYNA SZPIKU                 | POLSKA | 1964       | M45-49    | 73         | 5:31         | 10,9       | 00:44:38 | 01:36:48 | 01:55:14   | <b>01:56:26</b> | 827 |     |
| 943  | 510     | KASPERSKA LIDIA           | WŁOSZAKOWICE     |                                | POLSKA | 1977       | K30-39    | 42         | 5:31         | 10,9       | 00:43:51 | 01:36:45 | 01:55:24   | <b>01:56:27</b> |     | 116 |
| 944  | 561     | KOBUS ZBIGNIEW            | NOWE BORÓWKO     | RUNNRES POWER                  | POLSKA | 1982       | M30-39    | 338        | 5:31         | 10,9       | 00:42:57 | 01:36:17 | 01:55:39   | <b>01:56:29</b> | 828 |     |
| 945  | 1208    | STRYJAKOWSKA MARTA        | POZNAŃ           | BULA TEAM                      | POLSKA | 1981       | K30-39    | 43         | 5:31         | 10,9       | 00:42:58 | 01:36:37 | 01:55:46   | <b>01:56:32</b> |     | 117 |
| 946  | 1432    | ZAREMBA PAWEŁ             | POZNAŃ           | BULA TEAM                      | POLSKA | 1982       | M30-39    | 339        | 5:31         | 10,9       | 00:42:59 | 01:36:37 | 01:55:46   | <b>01:56:32</b> | 829 |     |
| 947  | 263     | FILIPOWSKI KRZYSZTOF      | ZIELONA GÓRA     |                                | POLSKA | 1979       | M30-39    | 340        | 5:32         | 10,8       | 00:41:35 | 01:35:05 | 01:56:42   | <b>01:56:42</b> | 830 |     |
| 948  | 791     | MEJZIŃSKA ANNA            | POZNAŃ           | QUAY POZNAŃ                    | POLSKA | 1990       | K18-29    | 46         | 5:32         | 10,8       | 00:42:58 | 01:36:17 | 01:55:57   | <b>01:56:43</b> |     | 118 |
| 949  | 609     | KRAKOWSKI TOMASZ          | POZNAŃ           | BIZON SURVIVAL GROUP           | POLSKA | 1975       | M30-39    | 341        | 5:32         | 10,8       | 00:45:07 | 01:36:41 | 01:55:27   | <b>01:56:44</b> | 831 |     |
| 950  | 776     | MATYLA BRONISŁAW          | RYDZYNA          | DRUŻYNA SZPIKU                 | POLSKA | 1965       | M45-49    | 74         | 5:32         | 10,8       | 00:44:17 | 01:37:36 | 01:55:41   | <b>01:56:44</b> | 832 |     |
| 951  | 846     | MOSKWA KRZYSZTOF          | LESZNO           | TAK SE POMYKAM !               | POLSKA | 1957       | M55-59    | 33         | 5:32         | 10,8       | 00:44:17 | 01:37:37 | 01:55:42   | <b>01:56:44</b> | 833 |     |
| 952  | 939     | PACANOWSKI ŁUKASZ         | POZNAŃ           |                                | POLSKA | 1977       | M30-39    | 342        | 5:32         | 10,8       | 00:44:21 | 01:37:03 | 01:55:45   | <b>01:56:46</b> | 834 |     |
| 953  | 864     | MUSIELAK ADAM             | POZNAŃ           |                                | POLSKA | 1989       | M18-29    | 162        | 5:32         | 10,8       | 00:39:10 | 01:32:46 | 01:56:33   | <b>01:56:51</b> | 835 |     |
| 954  | 842     | MOCEK PRZEMYSŁAW          | KIEŁCZEWO        |                                | POLSKA | 1982       | M30-39    | 343        | 5:32         | 10,8       | 00:44:41 | 01:37:43 | 01:55:38   | <b>01:56:52</b> | 836 |     |
| 955  | 1202    | STĘPCZAK MATEUSZ          | KOŚCIAN          |                                | POLSKA | 1990       | M18-29    | 163        | 5:32         | 10,8       | 00:42:35 | 01:36:32 | 01:55:54   | <b>01:56:53</b> | 837 |     |
| 956  | 811     | MICHAŁOWSKI HENRYK        | POZNAŃ           | ŚCIEŻKI BIEGOWE POZNAŃ         | POLSKA | 1941       | M70+      | 2          | 5:33         | 10,8       | 00:43:02 | 01:37:35 | 01:56:04   | <b>01:56:55</b> | 838 |     |
| 957  | 1294    | TONDER WOJCIECH           | POZNAŃ           | ŚCIEŻKI BIEGOWE OLIMPIA POZNAŃ | POLSKA | 1968       | M45-49    | 75         | 5:33         | 10,8       | 00:43:02 | 01:37:35 | 01:56:04   | <b>01:56:55</b> | 839 |     |
| 958  | 207     | CZYSTY ZENON              | ODOLANÓW         | SKARBONA-TEAM KALISZ           | POLSKA | 1947       | M65-69    | 12         | 5:33         | 10,8       | 00:44:12 | 01:38:01 | 01:55:42   | <b>01:56:58</b> | 840 |     |
| 959  | 1088    | RUSKOWIAK ELIZA           | RACOT            | UKS JUNIOR NIETĄŻKOWO          | POLSKA | 1995       | K18-29    | 47         | 5:33         | 10,8       | 00:39:29 | 01:32:23 | 01:56:17   | <b>01:56:59</b> |     | 119 |
| 960  | 677     | LEŚNIAK ADAM              | OLEŚNICA         | PRO-RUN WROCŁAW                | POLSKA | 1970       | M40-44    | 142        | 5:33         | 10,8       | 00:43:15 | 01:36:44 | 01:56:14   | <b>01:57:01</b> | 841 |     |
| 961  | 534     | KIEŁCZEWSKI SEBASTIAN     | PRZEMĘT          |                                | POLSKA | 1975       | M30-39    | 344        | 5:33         | 10,8       | 00:44:21 | 01:37:01 | 01:55:54   | <b>01:57:04</b> | 842 |     |
| 962  | 874     | NAPIERAŁA KATARZYNA       | SUCHY LAS        |                                | POLSKA | 1976       | K30-39    | 44         | 5:33         | 10,8       | 00:43:02 | 01:37:14 | 01:56:17   | <b>01:57:04</b> |     | 120 |
| 963  | 357     | GRZEŚ MAREK               | ŚREM             |                                | POLSKA | 1958       | M55-59    | 34         | 5:33         | 10,8       | 00:44:45 | 01:37:52 | 01:56:03   | <b>01:57:05</b> | 843 |     |
| 964  | 1473    | TARNOWSKA ANITA           | KOŁOBRZEG        |                                | POLSKA | 1981       | K30-39    | 45         | 5:33         | 10,8       | 00:42:26 | 01:36:40 | 01:56:14   | <b>01:57:07</b> |     | 121 |
| 965  | 440     | JEDYNAK ANNA              | LEWIN BRZESKI    |                                | POLSKA | 1983       | K30-39    | 46         | 5:33         | 10,8       | 00:42:13 | 01:36:55 | 01:56:41   | <b>01:57:07</b> |     | 122 |
| 966  | 1342    | WAWRZYŃSKI PIOTR          | KIEŁCZEWO        |                                | POLSKA | 1966       | M45-49    | 76         | 5:33         | 10,8       | 00:45:26 | 01:39:15 | 01:56:05   | <b>01:57:09</b> | 844 |     |



# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię                | Miejscowość         | Klub                          | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K   |
|------|---------|------------------------------|---------------------|-------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|-----|
| 967  | 1446    | ZIELIŃSKI PIOTR              | ŚREM                |                               | POLSKA | 1971       | M40-44    | 143        | 5:33         | 10,8       | 00:39:18 | 01:34:13 | 01:57:02   | <b>01:57:12</b> | 845 |     |
| 968  | 260     | FILIPIAK KATARZYNA           | MOSINA              |                               | POLSKA | 1984       | K18-29    | 48         | 5:33         | 10,8       | 00:42:46 | 01:36:59 | 01:56:14   | <b>01:57:12</b> |     | 123 |
| 969  | 768     | MATUSZEWSKI MAREK            | ŚREM                | RUNNER'S POWER                | POLSKA | 1972       | M40-44    | 144        | 5:33         | 10,8       | 00:42:57 | 01:37:05 | 01:56:24   | <b>01:57:14</b> | 846 |     |
| 970  | 766     | MATUSZEWSKA MAŁGORZATA       | ŚREM                | RUNNER'S POWER                | POLSKA | 1975       | K30-39    | 47         | 5:33         | 10,8       | 00:42:58 | 01:37:05 | 01:56:24   | <b>01:57:14</b> |     | 124 |
| 971  | 1292    | TOMASZYK MILENA              | PRZYSIEKA POLSKA    |                               | POLSKA | 1991       | K18-29    | 49         | 5:33         | 10,8       | 00:46:21 | 01:37:42 | 01:55:54   | <b>01:57:15</b> |     | 125 |
| 972  | 685     | LIKŚA ARTUR                  | POZNAŃ              |                               | POLSKA | 1981       | M30-39    | 345        | 5:34         | 10,8       | 00:42:54 | 01:36:13 | 01:56:14   | <b>01:57:18</b> | 847 |     |
| 973  | 1456    | ZIÓŁKOWSKI KRZYSZTOF         | WROCŁAW             | PRO-RUN WROCŁAW               | POLSKA | 1953       | M60-64    | 12         | 5:34         | 10,8       | 00:41:54 | 01:37:26 | 01:56:35   | <b>01:57:23</b> | 848 |     |
| 974  | 1244    | SZRAMA GRZEGORZ              | POZNAŃ              | KB MANIAC POZNAŃ              | POLSKA | 1972       | M40-44    | 145        | 5:34         | 10,8       | 00:37:10 | 01:22:18 | 01:56:49   | <b>01:57:24</b> | 849 |     |
| 975  | 1467    | ŻERKO MARCIN                 | OBORNIKI            |                               | POLSKA | 1980       | M30-39    | 346        | 5:34         | 10,8       | 00:44:11 | 01:37:35 | 01:56:36   | <b>01:57:24</b> | 850 |     |
| 976  | 749     | MALICKI GRZEGORZ             | NOWY KAZANÓW        | PASAT KONSKIE                 | POLSKA | 1970       | M40-44    | 146        | 5:34         | 10,8       | 00:40:32 | 01:35:00 | 01:56:38   | <b>01:57:25</b> | 851 |     |
| 977  | 1004    | PITRACHA-MICHALAK AGATA      | ROGALINEK           |                               | POLSKA | 1981       | K30-39    | 48         | 5:34         | 10,8       | 00:44:44 | 01:37:44 | 01:56:35   | <b>01:57:27</b> |     | 126 |
| 978  | 313     | GOLAŃSKI MICHAŁ              | RYDZYNA             |                               | POLSKA | 1983       | M30-39    | 347        | 5:34         | 10,8       | 00:39:45 | 01:34:35 | 01:56:22   | <b>01:57:28</b> | 852 |     |
| 979  | 921     | OCIEPA MARCIN                | WRONKI              |                               | POLSKA | 1982       | M30-39    | 348        | 5:34         | 10,8       | 00:42:23 | 01:35:32 | 01:56:15   | <b>01:57:30</b> | 853 |     |
| 980  | 345     | GROCHOCKI WJCIECH            | POZNAŃ              | KB MALTA POZNAŃ               | POLSKA | 1936       | M70+      | 3          | 5:34         | 10,8       | 00:43:08 | 01:37:34 | 01:57:03   | <b>01:57:31</b> | 854 |     |
| 981  | 40      | BALCEREK TOMISŁAW            | KOŹMIN WIELKOPOLSKI | DRUŻYNA SZPIKU                | POLSKA | 1970       | M40-44    | 147        | 5:34         | 10,8       | 00:45:11 | 01:38:14 | 01:56:23   | <b>01:57:34</b> | 855 |     |
| 982  | 1062    | RADKE WITOLD                 | WAŁBRZYCH           | 100 MARATHON CLUB             | POLSKA | 1943       | M70+      | 4          | 5:35         | 10,8       | 00:43:38 | 01:37:59 | 01:57:31   | <b>01:57:38</b> | 856 |     |
| 983  | 622     | KRYSTKOWIAK GRACJAN          | BACHORZEW           |                               | POLSKA | 1983       | M30-39    | 349        | 5:35         | 10,8       | 00:39:26 | 01:35:23 | 01:57:10   | <b>01:57:40</b> | 857 |     |
| 984  | 812     | MIELCAREK DAMIAN             | POZNAŃ              | NIGHT RUNNERS                 | POLSKA | 1979       | M30-39    | 350        | 5:35         | 10,8       | 00:42:48 | 01:37:07 | 01:56:33   | <b>01:57:40</b> | 858 |     |
| 985  | 676     | LEHNHARDT WIESŁAW            | POZNAŃ              |                               | POLSKA | 1970       | M40-44    | 148        | 5:35         | 10,8       | 00:45:15 | 01:38:29 | 01:56:31   | <b>01:57:41</b> | 859 |     |
| 986  | 965     | PAWLICKI ALEKSANDER          | BOLESŁAWIEC         |                               | POLSKA | 1980       | M30-39    | 351        | 5:35         | 10,8       | 00:45:16 | 01:38:12 | 01:56:38   | <b>01:57:44</b> | 860 |     |
| 987  | 1226    | SZCZERBAL MARIUSZ            | KOŚCIAN             | NIGHT RUNNERS                 | POLSKA | 1994       | M18-29    | 164        | 5:35         | 10,7       | 00:43:14 | 01:36:59 | 01:56:40   | <b>01:57:46</b> | 861 |     |
| 988  | 1295    | TOPOLEWSKI MACIEJ            | POZNAŃ              | OSK JEDYNKA STRYKOWO          | POLSKA | 1988       | M18-29    | 165        | 5:35         | 10,7       | 00:43:37 | 01:37:52 | 01:56:42   | <b>01:57:52</b> | 862 |     |
| 989  | 27      | ANTCZAK JACEK                | WROCŁAW             | PRO-RUN WROCŁAW               | POLSKA | 1969       | M40-44    | 149        | 5:35         | 10,7       | 00:45:50 | 01:39:33 | 01:56:29   | <b>01:57:52</b> | 863 |     |
| 990  | 1398    | WOŚ PRZEMYSŁAW               | POZNAŃ              |                               | POLSKA | 1973       | M40-44    | 150        | 5:35         | 10,7       | 00:44:45 | 01:37:55 | 01:56:58   | <b>01:57:54</b> | 864 |     |
| 991  | 758     | MARCINIAK ARTUR              | POZNAŃ              |                               | POLSKA | 1971       | M40-44    | 151        | 5:35         | 10,7       | 00:44:51 | 01:37:55 | 01:56:58   | <b>01:57:54</b> | 865 |     |
| 992  | 838     | MLECZAK PIOTR                | POZNAŃ              |                               | POLSKA | 1957       | M55-59    | 35         | 5:35         | 10,7       | 00:44:22 | 01:37:57 | 01:56:57   | <b>01:57:55</b> | 866 |     |
| 993  | 286     | GAŁAT JAKUB                  | GOSTYŃ              | KB365                         | POLSKA | 1974       | M30-39    | 352        | 5:35         | 10,7       | 00:43:38 | 01:38:22 | 01:57:01   | <b>01:57:55</b> | 867 |     |
| 994  | 654     | KUPKA ZBIGNIEW               | ŚMIGIEL             |                               | POLSKA | 1962       | M50-54    | 58         | 5:35         | 10,7       | 00:39:46 | 01:33:50 | 01:57:09   | <b>01:57:57</b> | 868 |     |
| 995  | 537     | KIETLIŃSKI MARCIN            | POZNAŃ              | ENERGOBUD ODDZIAŁ POZNAŃ      | POLSKA | 1978       | M30-39    | 353        | 5:35         | 10,7       | 00:39:20 | 01:35:44 | 01:57:35   | <b>01:57:57</b> | 869 |     |
| 996  | 518     | KAWKA DAWID                  | POZNAŃ              |                               | POLSKA | 1985       | M18-29    | 166        | 5:36         | 10,7       | 00:39:49 | 01:36:13 | 01:57:18   | <b>01:57:59</b> | 870 |     |
| 997  | 1043    | PRZYBYLSKI ARTUR             | CHODZIEŻ            |                               | POLSKA | 1979       | M30-39    | 354        | 5:36         | 10,7       | 00:41:54 | 01:36:09 | 01:57:21   | <b>01:58:01</b> | 871 |     |
| 998  | 600     | KOWALKOWSKI SŁAWOMIR         | KOMORNIKI           |                               | POLSKA | 1973       | M40-44    | 152        | 5:36         | 10,7       | 00:43:39 | 01:37:10 | 01:56:48   | <b>01:58:01</b> | 872 |     |
| 999  | 1408    | WRÓBEL MARZENA               | PSZCZEW             |                               | POLSKA | 1980       | K30-39    | 49         | 5:36         | 10,7       | 00:43:39 | 01:38:22 | 01:57:11   | <b>01:58:04</b> |     | 127 |
| 1000 | 911     | NOWAKOWSKI MIŁOSZ            | LUSÓWKO             |                               | POLSKA | 1973       | M40-44    | 153        | 5:36         | 10,7       | 00:41:49 | 01:36:58 | 01:57:16   | <b>01:58:06</b> | 873 |     |
| 1001 | 290     | GAWĘŁ KRZYSZTOF              | POZNAŃ              | WSPWŁĄD                       | POLSKA | 1975       | M30-39    | 355        | 5:36         | 10,7       | 00:36:48 | 01:33:32 | 01:57:58   | <b>01:58:07</b> | 874 |     |
| 1002 | 62      | BARON - CZERWIŃSKA MAGDALENA | TARNOWO PODGÓRNE    | POZIOM WYŻEJ - TARNOWO BIEGA  | POLSKA | 1980       | K30-39    | 50         | 5:36         | 10,7       | 00:43:11 | 01:37:38 | 01:57:28   | <b>01:58:15</b> |     | 128 |
| 1003 | 204     | CZERWIŃSKI ŁUKASZ            | TARNOWO PODGÓRNE    | POZIOM WYŻEJ - TARNOWO BIEGA  | POLSKA | 1981       | M30-39    | 356        | 5:36         | 10,7       | 00:43:11 | 01:37:38 | 01:57:29   | <b>01:58:16</b> | 875 |     |
| 1004 | 560     | KOBOS MARCIN                 | TARNOWO PODGÓRNE    | POZIOM WYŻEJ - TARNOWO BIEGA! | POLSKA | 1983       | M30-39    | 357        | 5:36         | 10,7       | 00:43:11 | 01:37:38 | 01:57:29   | <b>01:58:16</b> | 876 |     |
| 1005 | 1326    | WALCZAK DARIUSZ              | DASZEWICE           | NIGHT RUNNERS                 | POLSKA | 1986       | M18-29    | 167        | 5:37         | 10,7       | 00:45:22 | 01:40:12 | 01:57:22   | <b>01:58:22</b> | 877 |     |
| 1006 | 807     | MICHALAK ADAM                | GOSTYŃ              |                               | POLSKA | 1993       | M18-29    | 168        | 5:37         | 10,7       | 00:37:40 | 01:34:36 | 01:57:53   | <b>01:58:26</b> | 878 |     |
| 1007 | 526     | KAŹMIERSKI DAWID             | DOLSK               |                               | POLSKA | 1984       | M18-29    | 169        | 5:37         | 10,7       | 00:39:47 | 01:32:07 | 01:57:49   | <b>01:58:27</b> | 879 |     |
| 1008 | 482     | KAJETAŃCZYK MAREK            | ŚREM                |                               | POLSKA | 1974       | M30-39    | 358        | 5:37         | 10,7       | 00:42:58 | 01:37:06 | 01:57:38   | <b>01:58:27</b> | 880 |     |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię               | Miejscowość    | Klub                  | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K   |
|------|---------|-----------------------------|----------------|-----------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|-----|
| 1009 | 659     | KURILEC KRZYSZTOF           | WROCLAW        | BBL WROCLAW           | POLSKA | 1964       | M45-49    | 77         | 5:37         | 10,7       | 00:45:27 | 01:39:34 | 01:57:16   | <b>01:58:28</b> | 881 |     |
| 1010 | 483     | KAJEWSKI RAFAŁ              | ŚREM           |                       | POLSKA | 1974       | M30-39    | 359        | 5:37         | 10,7       | 00:45:09 | 01:38:30 | 01:57:23   | <b>01:58:30</b> | 882 |     |
| 1011 | 149     | BUNDYRA CZESLAW             | WROCLAW        | WROCLAW KUŹNIKI       | POLSKA | 1950       | M60-64    | 13         | 5:37         | 10,7       | 00:44:27 | 01:38:01 | 01:57:25   | <b>01:58:31</b> | 883 |     |
| 1012 | 761     | MAREK PAWEŁ                 | WROCLAW        |                       | POLSKA | 1981       | M30-39    | 360        | 5:37         | 10,7       | 00:39:51 | 01:36:43 | 01:58:00   | <b>01:58:32</b> | 884 |     |
| 1013 | 1153    | SKRZYPCZAK MICHAŁ           | KRZYWIŃ        |                       | POLSKA | 1990       | M18-29    | 170        | 5:37         | 10,7       | 00:40:32 | 01:36:00 | 01:57:41   | <b>01:58:35</b> | 885 |     |
| 1014 | 74      | BAK ANNA                    | KRZYWIŃ        |                       | POLSKA | 1993       | K18-29    | 50         | 5:37         | 10,7       | 00:40:57 | 01:36:00 | 01:57:42   | <b>01:58:35</b> |     | 129 |
| 1015 | 1007    | PIWOWARCZYK TOMASZ          | KUNICE         |                       | POLSKA | 1977       | M30-39    | 361        | 5:37         | 10,7       | 00:46:27 | 01:40:53 | 01:57:13   | <b>01:58:35</b> | 886 |     |
| 1016 | 1286    | TOMASZEWSKI DOMINIK         | LESZNO         |                       | POLSKA | 1981       | M30-39    | 362        | 5:37         | 10,7       | 00:45:20 | 01:39:51 | 01:57:28   | <b>01:58:36</b> | 887 |     |
| 1017 | 59      | BARBUSIŃSKA ALICJA          | UJŚCIE         |                       | POLSKA | 1972       | K40-44    | 20         | 5:37         | 10,7       | 00:42:30 | 01:37:17 | 01:57:41   | <b>01:58:38</b> |     | 130 |
| 1018 | 1053    | PUJANEK JAKUB               | LESZNO         | PR 9                  | POLSKA | 1987       | M18-29    | 171        | 5:37         | 10,7       | 00:45:21 | 01:39:52 | 01:57:30   | <b>01:58:38</b> | 888 |     |
| 1019 | 981     | WOLNIK EMILIA               | POZNAŃ         | KB MANIACK POZNAŃ     | POLSKA | 1977       | K30-39    | 51         | 5:38         | 10,7       | 00:45:27 | 01:39:16 | 01:57:30   | <b>01:58:46</b> |     | 131 |
| 1020 | 639     | KUBIAK JOANNA               | WILCZYCE       | ITMZM 2013            | POLSKA | 1974       | K30-39    | 52         | 5:38         | 10,7       | 00:44:01 | 01:38:19 | 01:57:39   | <b>01:58:47</b> |     | 132 |
| 1021 | 315     | GOŁEK RAFAŁ                 | PRZYPROSTYNIA  | TKKF "ŁABĘDŹ" ZBAŚZYŃ | POLSKA | 1973       | M40-44    | 154        | 5:38         | 10,7       | 00:44:38 | 01:39:01 | 01:58:16   | <b>01:58:47</b> | 889 |     |
| 1022 | 1084    | RUCIOCH-GOŁEK ANITA         | PRZYPROSTYNIA  | TKKF "ŁABĘDŹ" ZBAŚZYŃ | POLSKA | 1976       | K30-39    | 53         | 5:38         | 10,7       | 00:44:39 | 01:39:01 | 01:58:16   | <b>01:58:47</b> |     | 133 |
| 1023 | 441     | JEDYNAK IZABELA             | TULCE          | KB MANIAC POZNAŃ      | POLSKA | 1976       | K30-39    | 54         | 5:38         | 10,7       | 00:45:26 | 01:39:03 | 01:57:32   | <b>01:58:47</b> |     | 134 |
| 1024 | 1434    | ZARZYŃSKA MARIA             | POZNAŃ         | NIGHT RUNNERS         | POLSKA | 1982       | K30-39    | 55         | 5:38         | 10,7       | 00:45:22 | 01:39:55 | 01:57:49   | <b>01:58:50</b> |     | 135 |
| 1025 | 379     | HIBNER-KOZA MARLENA         | WRONKI         | NIEZRZESZONA          | POLSKA | 1985       | K18-29    | 51         | 5:38         | 10,6       | 00:45:15 | 01:38:41 | 01:57:45   | <b>01:58:55</b> |     | 136 |
| 1026 | 278     | FRĄCZYK AGNIESZKA           | POZNAŃ         |                       | POLSKA | 1984       | K18-29    | 52         | 5:38         | 10,6       | 00:45:01 | 01:38:37 | 01:57:56   | <b>01:58:58</b> |     | 137 |
| 1027 | 933     | OSUCHOWSKI MAREK            | SWARZĘDZ       | KB MANIAC POZNAŃ      | POLSKA | 1977       | M30-39    | 363        | 5:38         | 10,6       | 00:45:27 | 01:39:16 | 01:57:43   | <b>01:58:58</b> | 890 |     |
| 1028 | 124     | BRAMIŃSKA-ADAMSKA KATARZYNA | KOŚCIAN        |                       | POLSKA | 1984       | K18-29    | 53         | 5:38         | 10,6       | 00:43:14 | 01:36:49 | 01:58:00   | <b>01:59:00</b> |     | 138 |
| 1029 | 1310    | TYBOROWSKI WITOLD           | KICIN          |                       | POLSKA | 1968       | M45-49    | 78         | 5:39         | 10,6       | 00:39:57 | 01:37:27 | 01:59:00   | <b>01:59:12</b> | 891 |     |
| 1030 | 1410    | WRÓBLEWSKA KLAUDIA          | MOSINA         |                       | POLSKA | 1982       | K30-39    | 56         | 5:39         | 10,6       | 00:42:29 | 01:37:32 | 01:58:40   | <b>01:59:12</b> |     | 139 |
| 1031 | 1411    | WRÓBLEWSKI TOMASZ           | MOSINA         |                       | POLSKA | 1980       | M30-39    | 364        | 5:39         | 10,6       | 00:42:29 | 01:37:33 | 01:58:41   | <b>01:59:13</b> | 892 |     |
| 1032 | 408     | JAKUBOWSKI EUGENIUSZ        | KOŚCIAN        |                       | POLSKA | 1951       | M60-64    | 14         | 5:39         | 10,6       | 00:44:18 | 01:38:05 | 01:58:09   | <b>01:59:17</b> | 893 |     |
| 1033 | 105     | BŁOCH WOJCIECH              | CZEMPIŃ        |                       | POLSKA | 1987       | M18-29    | 172        | 5:39         | 10,6       | 00:39:23 | 01:35:23 | 01:58:52   | <b>01:59:19</b> | 894 |     |
| 1034 | 1497    | GRZEŚKOWIAK MICHAŁ          | TULCE          |                       | POLSKA | 1972       | M40-44    | 155        | 5:39         | 10,6       | 00:47:09 | 01:40:01 | 01:57:59   | <b>01:59:20</b> | 895 |     |
| 1035 | 1349    | WESOŁEK KATARZYNA           | WROCLAW        | PRO-RUN WROCLAW       | POLSKA | 1980       | K30-39    | 57         | 5:39         | 10,6       | 00:43:25 | 01:38:10 | 01:58:14   | <b>01:59:21</b> |     | 140 |
| 1036 | 1113    | SATKO JACEK                 | TARNÓW         |                       | POLSKA | 1962       | M50-54    | 59         | 5:39         | 10,6       | 00:45:37 | 01:40:42 | 01:58:16   | <b>01:59:22</b> | 896 |     |
| 1037 | 1010    | PLUSKOTA ANETA              | LINIE          |                       | POLSKA | 1984       | K18-29    | 54         | 5:40         | 10,6       | 00:43:09 | 01:38:41 | 01:58:55   | <b>01:59:25</b> |     | 141 |
| 1038 | 188     | CIECHOMSKA JUSTYNA          | WROCLAW        | WHIRLPOOL TEAM        | POLSKA | 1987       | K18-29    | 55         | 5:40         | 10,6       | 00:44:47 | 01:39:36 | 01:58:21   | <b>01:59:28</b> | 142 |     |
| 1039 | 1334    | WANDEL AGNIESZKA            | POZNAŃ         | NIGHT RUNNERS         | POLSKA | 1974       | K30-39    | 58         | 5:40         | 10,6       | 00:45:31 | 01:39:44 | 01:58:30   | <b>01:59:32</b> |     | 143 |
| 1040 | 530     | KĘDZIERSKI KAMIL            | DOBARAMYŚL     | MARATON LESZNO        | POLSKA | 1990       | M18-29    | 173        | 5:40         | 10,6       | 00:45:51 | 01:38:56 | 01:58:28   | <b>01:59:36</b> | 897 |     |
| 1041 | 957     | PAPRZYCKI MACIEJ            | WROCLAW        | PRO-RUN WROCLAW       | POLSKA | 1979       | M30-39    | 365        | 5:40         | 10,6       | 00:44:01 | 01:38:56 | 01:58:31   | <b>01:59:40</b> | 898 |     |
| 1042 | 533     | KĘSY-KOWALSKA HANNA         | SZCZAWNO-ZDRÓJ |                       | POLSKA | 1967       | K45-49    | 7          | 5:40         | 10,6       | 00:45:26 | 01:39:52 | 01:58:39   | <b>01:59:40</b> |     | 144 |
| 1043 | 1077    | ROGOZIŃSKI TOMASZ           | PYZDRY         |                       | POLSKA | 1974       | M30-39    | 366        | 5:40         | 10,6       | 00:45:34 | 01:40:24 | 01:58:36   | <b>01:59:41</b> | 899 |     |
| 1044 | 1284    | ŁYSKANOWSKA KATARZYNA       | GORZKIE POLE   |                       | POLSKA | 1977       | K30-39    | 59         | 5:40         | 10,6       | 00:44:40 | 01:39:26 | 01:58:51   | <b>01:59:42</b> |     | 145 |
| 1045 | 305     | GIERS ROBERT                | KOŚCIAN        |                       | POLSKA | 1979       | M30-39    | 367        | 5:41         | 10,6       | 00:45:20 | 01:40:27 | 01:58:47   | <b>01:59:51</b> | 900 |     |
| 1046 | 769     | MATUSZEWSKI TOMASZ          | POZNAŃ         |                       | POLSKA | 1974       | M30-39    | 368        | 5:41         | 10,6       | 00:45:03 | 01:40:28 | 01:59:25   | <b>01:59:51</b> | 901 |     |
| 1047 | 996     | PIOTROWSKI KRZYSZTOF        | POZNAŃ         |                       | POLSKA | 1958       | M55-59    | 36         | 5:41         | 10,6       | 00:44:46 | 01:39:33 | 01:58:56   | <b>01:59:52</b> | 902 |     |
| 1048 | 1020    | POŁCZYŃSKA ZUZANNA          | POZNAŃ         | NIGHT RUNNERS         | POLSKA | 1988       | K18-29    | 56         | 5:41         | 10,6       | 00:45:22 | 01:40:12 | 01:58:52   | <b>01:59:52</b> |     | 146 |
| 1049 | 1249    | SZULC ANNA                  | POZNAŃ         |                       | POLSKA | 1974       | K30-39    | 60         | 5:41         | 10,6       | 00:45:29 | 01:40:39 | 01:58:55   | <b>01:59:54</b> |     | 147 |
| 1050 | 794     | MENDEL JAROSŁAW             | POZNAŃ         |                       | POLSKA | 1965       | M45-49    | 79         | 5:41         | 10,6       | 00:45:49 | 01:40:50 | 01:58:41   | <b>01:59:54</b> | 903 |     |
| 1051 | 459     | JÓZEFIAK JAN                | CHLUDOWO       |                       | POLSKA | 1985       | M18-29    | 174        | 5:41         | 10,6       | 00:45:29 | 01:40:39 | 01:58:56   | <b>01:59:55</b> | 904 |     |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię               | Miejscowość    | Klub                                  | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K |
|------|---------|-----------------------------|----------------|---------------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|---|
| 1052 | 944     | PADUREK PRZEMYSŁAW          | KOŚCIAN        |                                       | POLSKA | 1976       | M30-39    | 369        | 5:41         | 10,6       | 00:42:52 | 01:36:52 | 01:59:06   | <b>01:59:56</b> | 905 |   |
| 1053 | 1323    | UŻAROWSKI REMIGIUSZ         | GŁOGÓW         | UKS SZÓSTKA GŁOGÓW                    | POLSKA | 1979       | M30-39    | 370        | 5:41         | 10,6       | 00:38:03 | 01:35:52 | 01:59:31   | <b>01:59:57</b> | 906 |   |
| 1054 | 172     | CHMIELEWSKI JAKUB           | BYDGOSZCZ      |                                       | POLSKA | 1982       | M30-39    | 371        | 5:41         | 10,6       | 00:45:44 | 01:40:43 | 01:58:41   | <b>01:59:57</b> | 907 |   |
| 1055 | 397     | ILMER JĘDRZEJ               | KOŚCIAN        |                                       | POLSKA | 1979       | M30-39    | 372        | 5:41         | 10,6       | 00:45:25 | 01:39:55 | 01:58:47   | <b>01:59:58</b> | 908 |   |
| 1056 | 1144    | SKOREK KAROL                | WROCLAW        | WKB PIAST WROCLAW                     | POLSKA | 1983       | M30-39    | 373        | 5:41         | 10,6       | 00:45:26 | 01:40:44 | 01:58:47   | <b>01:59:58</b> | 909 |   |
| 1057 | 375     | HELAK RAFAŁ                 | SWARZĘDZ       |                                       | POLSKA | 1976       | M30-39    | 374        | 5:41         | 10,5       | 00:45:05 | 01:39:32 | 01:58:57   | <b>02:00:00</b> | 910 |   |
| 1058 | 381     | HOFFMANN ANNA               | NOWY LUBOSZ    |                                       | POLSKA | 1984       | K18-29    | 57         | 5:41         | 10,5       | 00:45:16 | 01:40:17 | 01:58:47   | <b>02:00:00</b> | 148 |   |
| 1059 | 327     | GÓRKIEWICZ KRZYSZTOF        | GOSTYŃ         |                                       | POLSKA | 1957       | M55-59    | 37         | 5:41         | 10,5       | 00:44:12 | 01:38:47 | 01:59:00   | <b>02:00:01</b> | 911 |   |
| 1060 | 334     | GÓRZNY MICHAŁ               | CZERWONAK      |                                       | POLSKA | 1991       | M18-29    | 175        | 5:41         | 10,5       | 00:43:40 | 01:39:13 | 01:59:06   | <b>02:00:01</b> | 912 |   |
| 1061 | 877     | NASKRĘT MATEUSZ             | KIEŁCZEWO      | RN4LV                                 | POLSKA | 1980       | M30-39    | 375        | 5:41         | 10,5       | 00:45:40 | 01:40:45 | 01:58:46   | <b>02:00:02</b> | 913 |   |
| 1062 | 1431    | ZAMELCZYK ADAM              | SWARZEDZ       |                                       | POLSKA | 1981       | M30-39    | 376        | 5:41         | 10,5       | 00:45:25 | 01:40:42 | 01:59:00   | <b>02:00:04</b> | 914 |   |
| 1063 | 1064    | RADOŁA PIOTR                | KUNOWO         |                                       | POLSKA | 1986       | M18-29    | 176        | 5:42         | 10,5       | 00:44:43 | 01:40:42 | 01:59:04   | <b>02:00:05</b> | 915 |   |
| 1064 | 380     | HOFFMANN ARIEL              | KOŚCIAN        |                                       | POLSKA | 1983       | M30-39    | 377        | 5:42         | 10,5       | 00:45:16 | 01:40:28 | 01:58:53   | <b>02:00:06</b> | 916 |   |
| 1065 | 214     | DĄBROWSKI DANIEL            | POZNAŃ         |                                       | POLSKA | 1975       | M30-39    | 378        | 5:42         | 10,5       | 00:45:29 | 01:40:45 | 01:58:42   | <b>02:00:07</b> | 917 |   |
| 1066 | 681     | LEYK ŁUKASZ                 | POZNAŃ         | PALESTRA POZNAŃ                       | POLSKA | 1981       | M30-39    | 379        | 5:42         | 10,5       | 00:43:47 | 01:39:31 | 01:58:56   | <b>02:00:08</b> | 918 |   |
| 1067 | 885     | NIESTRAWKA-KAŻMIERCZAK MAŁG | JAROCIN        |                                       | POLSKA | 1976       | K30-39    | 61         | 5:42         | 10,5       | 00:45:16 | 01:39:40 | 01:58:59   | <b>02:00:08</b> | 149 |   |
| 1068 | 1291    | TOMASZYK ELŻBIETA           | BRUSZCZEWO     |                                       | POLSKA | 1986       | K18-29    | 58         | 5:42         | 10,5       | 00:44:11 | 01:40:28 | 01:59:17   | <b>02:00:09</b> | 150 |   |
| 1069 | 487     | KAMIENICZNY RADOSŁAW        | WRONKI         |                                       | POLSKA | 1977       | M30-39    | 380        | 5:42         | 10,5       | 00:45:25 | 01:40:42 | 01:59:09   | <b>02:00:10</b> | 919 |   |
| 1070 | 1379    | WŁODARCZYK ŁUKASZ           | POZNAŃ         | NIGHT RUNNERS                         | POLSKA | 1980       | M30-39    | 381        | 5:42         | 10,5       | 00:45:26 | 01:40:42 | 01:59:10   | <b>02:00:10</b> | 920 |   |
| 1071 | 1217    | SZAJERKA TADEUSZ            | ZŁOTNIKI       | POLSKA BIEGA                          | POLSKA | 1950       | M60-64    | 15         | 5:42         | 10,5       | 00:45:23 | 01:39:08 | 01:58:53   | <b>02:00:11</b> | 921 |   |
| 1072 | 566     | KOMISARCZYK ANNA            | POZNAŃ         |                                       | POLSKA | 1983       | K30-39    | 62         | 5:42         | 10,5       | 00:45:02 | 01:40:18 | 01:58:55   | <b>02:00:11</b> | 151 |   |
| 1073 | 418     | JANKOWIAK TOMASZ            | ŚREM           |                                       | POLSKA | 1973       | M40-44    | 156        | 5:42         | 10,5       | 00:45:29 | 01:40:46 | 01:59:01   | <b>02:00:13</b> | 922 |   |
| 1074 | 333     | GÓRNY PRZEMYSŁAW            | WRONKI         | NIEZRZESZONY                          | POLSKA | 1961       | M50-54    | 60         | 5:42         | 10,5       | 00:43:25 | 01:38:27 | 01:59:24   | <b>02:00:15</b> | 923 |   |
| 1075 | 652     | KUNZ ADAM                   | KOŚCIAN        |                                       | POLSKA | 1961       | M50-54    | 61         | 5:42         | 10,5       | 00:40:57 | 01:38:30 | 01:59:24   | <b>02:00:15</b> | 924 |   |
| 1076 | 929     | ORSZULAK SZYMON             | POZNAŃ         |                                       | POLSKA | 1980       | M30-39    | 382        | 5:42         | 10,5       | 00:45:26 | 01:40:31 | 01:59:12   | <b>02:00:16</b> | 925 |   |
| 1077 | 503     | KARCZYŃSKI KRZYSZTOF        | WROCLAW        |                                       | POLSKA | 1971       | M40-44    | 157        | 5:42         | 10,5       | 00:40:37 | 01:37:53 | 01:59:56   | <b>02:00:19</b> | 926 |   |
| 1078 | 1150    | KRZETUSKA MAGDALENA         | KORFANTÓW      | WSOWL                                 | POLSKA | 1994       | K18-29    | 59         | 5:42         | 10,5       | 00:39:47 | 01:36:53 | 01:59:41   | <b>02:00:20</b> | 152 |   |
| 1079 | 1417    | WYPUSZCZ JACEK              | PLESZEW        | PLESZEW TEAM                          | POLSKA | 1974       | M30-39    | 383        | 5:42         | 10,5       | 00:41:06 | 01:37:32 | 01:59:23   | <b>02:00:20</b> | 927 |   |
| 1080 | 1375    | WITKOWSKI BARTOSZ           | KOZIEGŁOWY     |                                       | POLSKA | 1977       | M30-39    | 384        | 5:42         | 10,5       | 00:45:29 | 01:40:43 | 01:59:08   | <b>02:00:20</b> | 928 |   |
| 1081 | 161     | CEMPURA LECH                | POZNAŃ         |                                       | POLSKA | 1975       | M30-39    | 385        | 5:43         | 10,5       | 00:44:08 | 01:39:24 | 01:59:17   | <b>02:00:28</b> | 929 |   |
| 1082 | 160     | CEMPURA MAŁGORZATA          | POZNAŃ         |                                       | POLSKA | 1974       | K30-39    | 63         | 5:43         | 10,5       | 00:44:07 | 01:39:25 | 01:59:17   | <b>02:00:28</b> | 153 |   |
| 1083 | 1496    | SZULC SZYMON                | KAMIONKI       |                                       | POLSKA | 1972       | M40-44    | 158        | 5:43         | 10,5       | 00:47:10 | 01:40:02 | 01:59:07   | <b>02:00:28</b> | 930 |   |
| 1084 | 637     | KUBIAK KRZYSZTOF            | POZNAŃ         | TEAM ASA - BIEGIEM PO ZDROWIE/KBM VLC | POLSKA | 1989       | M18-29    | 177        | 5:43         | 10,5       | 00:45:27 | 01:40:43 | 01:59:25   | <b>02:00:30</b> | 931 |   |
| 1085 | 1218    | SZAŁ ALEKSANDRA             | POZNAŃ         |                                       | POLSKA | 1985       | K18-29    | 60         | 5:43         | 10,5       | 00:45:36 | 01:40:47 | 01:59:19   | <b>02:00:32</b> | 154 |   |
| 1086 | 329     | GÓRNIAK ANDRZEJ             | WRZEŚNIA       | K.B. KOSYNIER WRZEŚNIA                | POLSKA | 1953       | M60-64    | 16         | 5:43         | 10,5       | 00:44:11 | 01:40:00 | 01:59:44   | <b>02:00:37</b> | 932 |   |
| 1087 | 226     | DOMAGALSKA WERONIKA         | WOLSZTYN       | WOLSZTYŃSKI KLUB BIEGOWY              | POLSKA | 1983       | K30-39    | 64         | 5:43         | 10,5       | 00:43:44 | 01:39:35 | 01:59:43   | <b>02:00:39</b> | 155 |   |
| 1088 | 370     | HANDZEWNIK DOMINIK          | NOWY TOMYŚL    | NKB "CHYŻY" NOWY TOMYŚL               | POLSKA | 1976       | M30-39    | 386        | 5:43         | 10,5       | 00:46:04 | 01:40:46 | 01:59:14   | <b>02:00:39</b> | 933 |   |
| 1089 | 122     | BOTOROWICZ TOMASZ           | TULCE          | KB MANIAC POZNAŃ                      | POLSKA | 1975       | M30-39    | 387        | 5:43         | 10,5       | 00:44:02 | 01:39:26 | 01:59:27   | <b>02:00:40</b> | 934 |   |
| 1090 | 126     | BRODNICKI DAMIAN            | POZNAŃ         | KB MANIAC POZNAŃ                      | POLSKA | 1983       | M30-39    | 388        | 5:43         | 10,5       | 00:44:03 | 01:39:27 | 01:59:28   | <b>02:00:41</b> | 935 |   |
| 1091 | 1174    | SOCHA ALEKSANDRA            | POZNAŃ         |                                       | POLSKA | 1986       | K18-29    | 61         | 5:44         | 10,5       | 00:46:39 | 01:42:26 | 01:59:46   | <b>02:00:50</b> | 156 |   |
| 1092 | 1491    | ZAWISZA ARTUR               | POZNAŃ         |                                       | POLSKA | 1986       | M18-29    | 178        | 5:44         | 10,5       | 00:46:39 | 01:42:26 | 01:59:46   | <b>02:00:50</b> | 936 |   |
| 1093 | 1220    | SZAŁĘGA KASIA               | ŁĘŻYCA         |                                       | POLSKA | 1980       | K30-39    | 65         | 5:44         | 10,5       | 00:44:35 | 01:40:07 | 01:59:40   | <b>02:00:54</b> | 157 |   |
| 1094 | 1278    | TADEUSZ MATEUSZ             | GRODZISK WLKP. | DRUŻYNA SZPIKU                        | POLSKA | 1985       | M18-29    | 179        | 5:44         | 10,5       | 00:45:41 | 01:40:57 | 01:59:49   | <b>02:00:54</b> | 937 |   |
| 1095 | 460     | JÓŻWIK MARIUSZ              | POZNAŃ         | BIZON SURVIVAL GROUP                  | POLSKA | 1977       | M30-39    | 389        | 5:44         | 10,5       | 00:45:06 | 01:40:13 | 01:59:37   | <b>02:00:55</b> | 938 |   |
| 1096 | 851     | MRÓZ TOMASZ                 | ŚREM           |                                       | POLSKA | 1982       | M30-39    | 390        | 5:45         | 10,4       | 00:45:15 | 01:39:49 | 02:00:08   | <b>02:01:18</b> | 939 |   |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię          | Miejscowość    | Klub                    | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K   |
|------|---------|------------------------|----------------|-------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|-----|
| 1097 | 618     | KRUKOWSKI JAROSŁAW     | POZNAŃ         | AZS UAM JUDO POZNAŃ     | POLSKA | 1983       | M30-39    | 391        | 5:45         | 10,4       | 00:46:06 | 01:41:47 | 01:59:57   | <b>02:01:21</b> | 940 |     |
| 1098 | 1377    | WŁODARCZAK PAWEŁ       | SZCZECIN       |                         | POLSKA | 1962       | M50-54    | 62         | 5:45         | 10,4       | 00:43:23 | 01:39:58 | 02:00:13   | <b>02:01:25</b> | 941 |     |
| 1099 | 192     | CIESIELSKI WALDEMAR    | KOŚCIAN        |                         | POLSKA | 1968       | M45-49    | 80         | 5:45         | 10,4       | 00:43:22 | 01:39:59 | 02:01:14   | <b>02:01:25</b> | 942 |     |
| 1100 | 691     | LOSIAK PAWEŁ           | POZNAŃ         |                         | POLSKA | 1974       | M30-39    | 392        | 5:46         | 10,4       | 00:45:50 | 01:41:26 | 02:00:12   | <b>02:01:32</b> | 943 |     |
| 1101 | 1095    | RYCHŁOWSKI MICHAŁ      | POZNAŃ         | IGEL DIVERS             | POLSKA | 1973       | M40-44    | 159        | 5:46         | 10,4       | 00:45:38 | 01:41:14 | 02:00:27   | <b>02:01:36</b> | 944 |     |
| 1102 | 950     | PAŁASIK MALWINA        | POZNAŃ         |                         | POLSKA | 1990       | K18-29    | 62         | 5:46         | 10,4       | 00:45:40 | 01:41:38 | 02:00:43   | <b>02:01:46</b> |     | 158 |
| 1103 | 1154    | SKRZYPCZAK JOLANTA     | LEGNICA        |                         | POLSKA | 1967       | K45-49    | 8          | 5:46         | 10,4       | 00:46:27 | 01:40:52 | 02:00:25   | <b>02:01:47</b> |     | 159 |
| 1104 | 1472    | ŻYŁA BARTOSZ           | POZNAŃ         |                         | POLSKA | 1985       | M18-29    | 180        | 5:47         | 10,4       | 00:45:42 | 01:39:53 | 02:00:43   | <b>02:01:56</b> | 945 |     |
| 1105 | 1285    | TOBOŁA EWA             | LESZNO         | DRUŻYNA SZPIKU          | POLSKA | 1976       | K30-39    | 66         | 5:47         | 10,4       | 00:45:55 | 01:41:45 | 02:00:47   | <b>02:01:57</b> |     | 160 |
| 1106 | 1299    | TRĄBKA JOANNA          | STARY LUBOSZ   |                         | POLSKA | 1976       | K30-39    | 67         | 5:47         | 10,4       | 00:45:38 | 01:41:25 | 02:00:51   | <b>02:01:59</b> |     | 161 |
| 1107 | 1056    | PYTA GRZEGORZ          | GRODZISK WLKP. |                         | POLSKA | 1960       | M50-54    | 63         | 5:47         | 10,4       | 00:43:39 | 01:38:55 | 02:01:17   | <b>02:02:11</b> | 946 |     |
| 1108 | 1386    | WOJCIECHOWSKI WOJCIECH | KOBYLNICIA     |                         | POLSKA | 1972       | M40-44    | 160        | 5:47         | 10,4       | 00:45:36 | 01:41:40 | 02:00:52   | <b>02:02:11</b> | 947 |     |
| 1109 | 1116    | SCHNEIDER PATRYCJA     | POZNAŃ         |                         | POLSKA | 1988       | K18-29    | 63         | 5:48         | 10,4       | 00:46:41 | 01:42:24 | 02:01:20   | <b>02:02:13</b> |     | 162 |
| 1110 | 1435    | ZAWADZKI JÓZEF         | POZNAŃ         |                         | POLSKA | 1949       | M60-64    | 17         | 5:48         | 10,3       | 00:45:51 | 01:42:02 | 02:01:11   | <b>02:02:29</b> | 948 |     |
| 1111 | 240     | KĄŻMIERCZAK ROMAN      | KOŚCIAN        | SZTAFETA ATEŃSKA        | POLSKA | 1958       | M55-59    | 38         | 5:48         | 10,3       | 00:41:41 | 01:39:30 | 02:01:50   | <b>02:02:30</b> | 949 |     |
| 1112 | 342     | GROBELNY RYSZARD       | POZNAŃ         | DRUŻYNA SZPIKU          | POLSKA | 1963       | M50-54    | 64         | 5:48         | 10,3       | 00:43:15 | 01:40:22 | 02:01:36   | <b>02:02:30</b> | 950 |     |
| 1113 | 562     | KOCHANOWICZ ARLETA     | CZEMPIŃ        |                         | POLSKA | 1981       | K30-39    | 68         | 5:49         | 10,3       | 00:44:39 | 01:40:21 | 02:01:35   | <b>02:02:38</b> |     | 163 |
| 1114 | 306     | GLAZACZOW ANDRZEJ      | KRZYSZKOWO     |                         | POLSKA | 1978       | M30-39    | 393        | 5:49         | 10,3       | 00:39:33 | 01:38:35 | 02:02:06   | <b>02:02:40</b> | 951 |     |
| 1115 | 945     | PAKULSKA-TOMZA DOROTA  | SUCHY LAS      | VOLKSWAGEN GROUP POLSKA | POLSKA | 1976       | K30-39    | 69         | 5:49         | 10,3       | 00:45:17 | 01:41:22 | 02:01:41   | <b>02:02:43</b> |     | 164 |
| 1116 | 575     | KONONOWICZ JUSTYNA     | ŻMIGRÓD        |                         | POLSKA | 1985       | K18-29    | 64         | 5:49         | 10,3       | 00:45:08 | 01:41:57 | 02:01:39   | <b>02:02:44</b> |     | 165 |
| 1117 | 1126    | SERWA ADAM             | WĘGRZYNYCE     | UKS MIĘDZYLESIE         | POLSKA | 1968       | M45-49    | 81         | 5:49         | 10,3       | 00:44:41 | 01:39:36 | 02:01:51   | <b>02:02:45</b> | 952 |     |
| 1118 | 979     | PIASECKA AGNIESZKA     | ŚREM           | LET IT BE               | POLSKA | 1986       | K18-29    | 65         | 5:49         | 10,3       | 00:45:41 | 01:41:50 | 02:01:19   | <b>02:02:45</b> |     | 166 |
| 1119 | 1130    | SIEKIERSKI MAREK       | POZNAŃ         |                         | POLSKA | 1953       | M60-64    | 18         | 5:49         | 10,3       | 00:45:51 | 01:41:37 | 02:01:29   | <b>02:02:49</b> | 953 |     |
| 1120 | 14      | ALEKSANDRZAK PIOTR     | POZNAŃ         |                         | POLSKA | 1994       | M18-29    | 181        | 5:49         | 10,3       | 00:45:50 | 01:42:40 | 02:01:38   | <b>02:02:52</b> | 954 |     |
| 1121 | 39      | BALA DARIUSZ           | LEGNICA        | WOLNY TYBET             | POLSKA | 1970       | M40-44    | 161        | 5:50         | 10,3       | 00:46:27 | 01:42:38 | 02:01:34   | <b>02:02:56</b> | 955 |     |
| 1122 | 38      | BALA AGNIESZKA         | LEGNICA        | FENIKS LEGNICA          | POLSKA | 1971       | K40-44    | 21         | 5:50         | 10,3       | 00:46:27 | 01:42:39 | 02:01:39   | <b>02:03:00</b> |     | 167 |
| 1123 | 297     | GEMBICKA NATALIA       | POZNAŃ         |                         | POLSKA | 1984       | K18-29    | 66         | 5:50         | 10,3       | 00:45:55 | 01:41:27 | 02:02:04   | <b>02:03:03</b> |     | 168 |
| 1124 | 999     | PISKOREK DOMINIK       | KOŚCIAN        | MORSJANIE               | POLSKA | 1972       | M40-44    | 162        | 5:50         | 10,3       | 00:43:01 | 01:39:12 | 02:02:01   | <b>02:03:04</b> | 956 |     |
| 1125 | 1376    | WLEKLIK MAREK          | LESZNO         | MARATON LESZNO          | POLSKA | 1970       | M40-44    | 163        | 5:50         | 10,3       | 00:47:58 | 01:43:38 | 02:01:52   | <b>02:03:05</b> | 957 |     |
| 1126 | 284     | GADZIŃSKA KRYSZYNA     | WROCLAW        | WKB PIAST WROCLAW       | POLSKA | 1964       | K45-49    | 9          | 5:50         | 10,3       | 00:43:58 | 01:41:14 | 02:02:39   | <b>02:03:06</b> |     | 169 |
| 1127 | 1076    | ROGOZIŃSKI HENRYK      | BUK            | BUKOWSKI KLUB BIEGACZA  | POLSKA | 1976       | M30-39    | 394        | 5:50         | 10,3       | 00:45:41 | 01:41:15 | 02:02:00   | <b>02:03:06</b> | 958 |     |
| 1128 | 675     | LEHMANN PAWEŁ          | ZBAŚZYŃ        |                         | POLSKA | 1975       | M30-39    | 395        | 5:50         | 10,3       | 00:45:36 | 01:41:25 | 02:02:01   | <b>02:03:10</b> | 959 |     |
| 1129 | 16      | ANAGNOSTOPULU ANNA     | WROCLAW        |                         | POLSKA | 1986       | K18-29    | 67         | 5:51         | 10,3       | 00:45:56 | 01:42:10 | 02:02:04   | <b>02:03:17</b> |     | 170 |
| 1130 | 709     | ŁOPĄG KRZYSZTOF        | PATEREK        |                         | POLSKA | 1985       | M18-29    | 182        | 5:51         | 10,3       | 00:45:36 | 01:41:19 | 02:02:07   | <b>02:03:19</b> | 960 |     |
| 1131 | 1340    | WAŚKOWIAK MARCIN       | LESZNO         | MMMM                    | POLSKA | 1977       | M30-39    | 396        | 5:51         | 10,3       | 00:44:46 | 01:40:43 | 02:02:23   | <b>02:03:21</b> | 961 |     |
| 1132 | 1347    | WECHMAN IRENEUSZ       | GOSTYŃ         |                         | POLSKA | 1953       | M60-64    | 19         | 5:51         | 10,3       | 00:44:07 | 01:41:30 | 02:02:19   | <b>02:03:22</b> | 962 |     |
| 1133 | 629     | KRZYŻANIAK MACIEJ      | POZNAŃ         |                         | POLSKA | 1983       | M30-39    | 397        | 5:51         | 10,3       | 00:45:25 | 01:39:56 | 02:02:15   | <b>02:03:26</b> | 963 |     |
| 1134 | 795     | MENDEL MONIKA          | POZNAŃ         |                         | POLSKA | 1994       | K18-29    | 68         | 5:51         | 10,3       | 00:45:50 | 01:42:40 | 02:02:16   | <b>02:03:29</b> |     | 171 |
| 1135 | 1000    | PISKORZ SYLWIA         | SIEDLEC        |                         | POLSKA | 1975       | K30-39    | 70         | 5:52         | 10,2       | 00:45:41 | 01:42:10 | 02:02:41   | <b>02:03:45</b> |     | 172 |
| 1136 | 922     | OFIERZYŃSKI ROMAN      | LUBOŃ          | -                       | POLSKA | 1952       | M60-64    | 20         | 5:52         | 10,2       | 00:43:51 | 01:39:39 | 02:02:43   | <b>02:03:46</b> | 964 |     |
| 1137 | 213     | DAWID JERZY            | SULECHÓW       |                         | POLSKA | 1946       | M65-69    | 13         | 5:52         | 10,2       | 00:45:38 | 01:42:01 | 02:02:53   | <b>02:03:50</b> | 965 |     |
| 1138 | 314     | GOLEC DANIEL           | POZNAŃ         | EPIDEMIASPORTU.PL       | POLSKA | 1979       | M30-39    | 398        | 5:52         | 10,2       | 00:44:13 | 01:40:34 | 02:02:40   | <b>02:03:56</b> | 966 |     |
| 1139 | 1328    | WALIGÓRA BARTOSZ       | ŁUBNICA        | DZIKIE KUNY             | POLSKA | 1990       | M18-29    | 183        | 5:53         | 10,2       | 00:45:15 | 01:39:27 | 02:02:49   | <b>02:03:59</b> | 967 |     |
| 1140 | 1354    | WĘŻYK EWA              | CZEMPIŃ        |                         | POLSKA | 1970       | K40-44    | 22         | 5:53         | 10,2       | 00:45:12 | 01:42:09 | 02:03:06   | <b>02:04:04</b> |     | 173 |
| 1141 | 298     | GENERALCZYK WIESŁAW    | POZNAŃ         | NIE ZRZESZONY           | POLSKA | 1954       | M55-59    | 39         | 5:53         | 10,2       | 00:45:21 | 01:42:26 | 02:03:01   | <b>02:04:09</b> | 968 |     |



# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię           | Miejscowość          | Klub                                   | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M   | K   |
|------|---------|-------------------------|----------------------|--|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|-----|-----|
| 1142 | 1421    | WYSOCKI MARCIN          | POZNAŃ               |  | POLSKA | 1978       | M30-39    | 399        | 5:53         | 10,2       | 00:45:49 | 01:41:46 | 02:02:56   | <b>02:04:10</b> | 969 |     |
| 1143 | 395     | IDKOWIAK ŁUKASZ         | MOSINA               | KS IDMAR                               | POLSKA | 1979       | M30-39    | 400        | 5:54         | 10,2       | 00:47:24 | 01:46:16 | 02:03:25   | <b>02:04:22</b> | 970 |     |
| 1144 | 130     | BRÓDKA MAGDALENA        | POZNAN               |  | POLSKA | 1975       | K30-39    | 71         | 5:54         | 10,2       | 00:43:09 | 01:41:46 | 02:03:30   | <b>02:04:29</b> |     | 174 |
| 1145 | 1301    | TROSIAK MARTA           | KOŚCIAN              |  | POLSKA | 1986       | K18-29    | 69         | 5:54         | 10,2       | 00:44:12 | 01:41:56 | 02:03:26   | <b>02:04:30</b> |     | 175 |
| 1146 | 873     | NAPIERALSKA MARTYNA     | GRODZISK WLKP.       | GRODZISKI KLUB BIEGACZA                | POLSKA | 1988       | K18-29    | 70         | 5:54         | 10,2       | 00:45:32 | 01:42:38 | 02:03:34   | <b>02:04:30</b> |     | 176 |
| 1147 | 1031    | PRAŁAT ŁUKASZ           | LESZNO               | SPINKO LESZNO                          | POLSKA | 1977       | M30-39    | 401        | 5:54         | 10,2       | 00:45:08 | 01:41:32 | 02:03:28   | <b>02:04:33</b> | 971 |     |
| 1148 | 625     | KRYSZTOFIK RENATA       | BYDGOSZCZ            | NIEZRZESZONA                           | POLSKA | 1969       | K40-44    | 23         | 5:54         | 10,2       | 00:45:48 | 01:43:26 | 02:03:32   | <b>02:04:36</b> |     | 177 |
| 1149 | 139     | BUCHWALD BEATA          | MOSINA               | DRUŻYNA SZPIKU                         | POLSKA | 1964       | K45-49    | 10         | 5:54         | 10,2       | 00:45:13 | 01:42:50 | 02:03:46   | <b>02:04:39</b> |     | 178 |
| 1150 | 844     | MOŃKA MARTA             | KAMIENIEC WROCŁAWSKI |  | POLSKA | 1980       | K30-39    | 72         | 5:55         | 10,2       | 00:47:50 | 01:44:35 | 02:03:18   | <b>02:04:40</b> |     | 179 |
| 1151 | 991     | PIETROWSKI DARIUSZ      | WROCŁAW              |  | POLSKA | 1968       | M45-49    | 82         | 5:55         | 10,2       | 00:47:50 | 01:44:35 | 02:03:18   | <b>02:04:40</b> | 972 |     |
| 1152 | 142     | BUĆKO ARTUR             | JELENIA GÓRA         |  | POLSKA | 1964       | M45-49    | 83         | 5:55         | 10,2       | 00:43:17 | 01:42:21 | 02:04:29   | <b>02:04:41</b> | 973 |     |
| 1153 | 822     | MIKOŁAJCZAK TOMASZ      | NOCHOWO              |  | POLSKA | 1979       | M30-39    | 402        | 5:55         | 10,2       | 00:43:06 | 01:39:25 | 02:03:49   | <b>02:04:42</b> | 974 |     |
| 1154 | 1482    | PIASECKI IRENEUSZ       | CZEMPIN              | CHAMPION CZEMPIN                       | POLSKA | 1941       | M70+      | 5          | 5:55         | 10,1       |          |          | 02:04:54   | <b>02:04:55</b> | 975 |     |
| 1155 | 683     | LIBERSKI KRZYSZTOF      | POZNAN               | AZS UAM JUDO POZNAŃ                    | POLSKA | 1962       | M50-54    | 65         | 5:56         | 10,1       | 00:47:23 | 01:43:29 | 02:03:40   | <b>02:05:05</b> | 976 |     |
| 1156 | 1263    | SZYMCZAK PIOTR          | ZIELONA GÓRA         | CZARNA DYWIZJA                         | POLSKA | 1972       | M40-44    | 164        | 5:56         | 10,1       | 00:45:09 | 01:42:46 | 02:03:49   | <b>02:05:07</b> | 977 |     |
| 1157 | 988     | PIERZCHLEWICZ KRZYSZTOF | POZNAŃ               |  | POLSKA | 1981       | M30-39    | 403        | 5:56         | 10,1       | 00:45:39 | 01:41:47 | 02:04:11   | <b>02:05:17</b> | 978 |     |
| 1158 | 1458    | ZNAMIEC MARCIN          | WARSZAWA             |  | POLSKA | 1977       | M30-39    | 404        | 5:56         | 10,1       | 00:44:28 | 01:41:43 | 02:04:00   | <b>02:05:20</b> | 979 |     |
| 1159 | 635     | KUBIACZYK ARKADIUSZ     | WROCŁAW              | PRO-RUN WROCŁAW                        | POLSKA | 1962       | M50-54    | 66         | 5:57         | 10,1       | 00:45:30 | 01:42:32 | 02:04:17   | <b>02:05:22</b> | 980 |     |
| 1160 | 1450    | ZIĘTEK KRZYSZTOF        | POZNAŃ               |  | POLSKA | 1957       | M55-59    | 40         | 5:57         | 10,1       | 00:46:32 | 01:43:38 | 02:04:29   | <b>02:05:25</b> | 981 |     |
| 1161 | 620     | KRYLLE KRZYSZTOF        | KOŚCIAN              |  | POLSKA | 1977       | M30-39    | 405        | 5:57         | 10,1       | 00:46:09 | 01:43:49 | 02:04:01   | <b>02:05:27</b> | 982 |     |
| 1162 | 1103    | RZEPA ARKADIUSZ         | ŚLĘZA                | PRO-RUN WROCŁAW                        | POLSKA | 1973       | M40-44    | 165        | 5:57         | 10,1       | 00:45:51 | 01:43:24 | 02:04:10   | <b>02:05:30</b> | 983 |     |
| 1163 | 980     | PIĄTEK ADAM             | KOŚCIAN              |  | POLSKA | 1982       | M30-39    | 406        | 5:58         | 10,1       | 00:45:43 | 01:43:10 | 02:04:42   | <b>02:05:45</b> | 984 |     |
| 1164 | 501     | KARAŚKIEWICZ MIROSLAW   | TULCE                |  | POLSKA | 1965       | M45-49    | 84         | 5:58         | 10,0       | 00:45:20 | 01:43:32 | 02:04:46   | <b>02:05:59</b> | 985 |     |
| 1165 | 1167    | SOBIECH KAROLINA        | KOŚCIAN              | KRZEWINA.COM                           | POLSKA | 1984       | K18-29    | 71         | 5:59         | 10,0       | 00:43:08 | 01:42:23 | 02:06:01   | <b>02:06:10</b> |     | 180 |
| 1166 | 738     | MAJEWSKA MAŁGORZATA     | POZNAŃ               |  | POLSKA | 1956       | K55-59    | 3          | 5:59         | 10,0       | 00:44:46 | 01:44:12 | 02:05:45   | <b>02:06:15</b> |     | 181 |
| 1167 | 994     | PIGUŁA PRZEMYSŁAW       | ZALASEWO             |  | POLSKA | 1977       | M30-39    | 407        | 5:59         | 10,0       | 00:45:54 | 01:44:11 | 02:06:24   | <b>02:06:24</b> | 986 |     |
| 1168 | 269     | FRANKIEWICZ JOANNA      | POZNAŃ               | KLUB BIEGACZA IM. MACIEJA FRANKIEWICZ/ | POLSKA | 1967       | K45-49    | 11         | 6:00         | 10,0       | 00:46:05 | 01:44:35 | 02:05:36   | <b>02:06:36</b> |     | 182 |
| 1169 | 1017    | POLICHNOWSKA MONIKA     | POZNAŃ               |  | POLSKA | 1969       | K40-44    | 24         | 6:00         | 10,0       | 00:46:28 | 01:44:57 | 02:05:38   | <b>02:06:36</b> |     | 183 |
| 1170 | 943     | PACZKOWSKI PIOTR        | CHLEBOWO             | JW 1907                                | POLSKA | 1982       | M30-39    | 408        | 6:00         | 10,0       | 00:42:24 | 01:42:46 | 02:05:55   | <b>02:06:37</b> | 987 |     |
| 1171 | 1021    | POŁOMKA ARTUR           | RAKONIEWICE          |  | POLSKA | 1988       | M18-29    | 184        | 6:00         | 10,0       | 00:41:02 | 01:42:27 | 02:05:54   | <b>02:06:38</b> | 988 |     |
| 1172 | 234     | DUBISZ BŁAŻEJ           | LESZNO               | AZS PWSZ LESZNO                        | POLSKA | 1989       | M18-29    | 185        | 6:00         | 10,0       | 00:43:23 | 01:40:05 | 02:05:23   | <b>02:06:42</b> | 989 |     |
| 1173 | 516     | KASPRZAK JULITA         | KOŚCIAN              |  | POLSKA | 1975       | K30-39    | 73         | 6:01         | 10,0       | 00:45:38 | 01:44:36 | 02:05:44   | <b>02:06:46</b> |     | 184 |
| 1174 | 474     | KACZMAREK MAGDALENA     | RYDZYNA              | MARATON LESZNO                         | POLSKA | 1973       | K40-44    | 25         | 6:01         | 10,0       | 00:43:47 | 01:43:52 | 02:05:34   | <b>02:06:49</b> |     | 185 |
| 1175 | 1329    | WALISZEWSKI DOMINIK     | GRANOWO              | DRUŻYNA SZPIKU                         | POLSKA | 1981       | M30-39    | 409        | 6:01         | 10,0       | 00:43:47 | 01:43:53 | 02:05:35   | <b>02:06:49</b> | 990 |     |
| 1176 | 1277    | ŚWITEK KATARZYNA        | MIŁOSŁAW             |  | POLSKA | 1983       | K30-39    | 74         | 6:01         | 10,0       | 00:47:21 | 01:45:35 | 02:05:27   | <b>02:06:52</b> |     | 186 |
| 1177 | 1034    | PROMIŃSKA MAŁGORZATA    | KOŚCIAN              |  | POLSKA | 1985       | K18-29    | 72         | 6:01         | 10,0       | 00:46:21 | 01:44:54 | 02:05:32   | <b>02:06:53</b> |     | 187 |
| 1178 | 456     | JODKO PIOTR             | BATOROWO             | JODKO BROTHERS RUNNING TEAM            | POLSKA | 1979       | M30-39    | 410        | 6:01         | 10,0       | 00:44:44 | 01:43:47 | 02:06:11   | <b>02:07:03</b> | 991 |     |
| 1179 | 255     | ETZEL JERZY             | POZNAN               | K.B.MANIAC POZNAN                      | POLSKA | 1944       | M65-69    | 14         | 6:02         | 10,0       | 00:46:54 | 01:45:09 | 02:05:51   | <b>02:07:08</b> | 992 |     |
| 1180 | 13      | ALEKSANDRZAK TERESA     | PLEWISKA             |  | POLSKA | 1973       | K40-44    | 26         | 6:02         | 9,9        | 00:45:31 | 01:44:24 | 02:06:15   | <b>02:07:14</b> |     | 188 |
| 1181 | 605     | KOZA RADOŚLAW           | WRONKI               | NIEZRZESZONY                           | POLSKA | 1985       | M18-29    | 186        | 6:03         | 9,9        | 00:45:27 | 01:41:23 | 02:06:19   | <b>02:07:29</b> | 993 |     |
| 1182 | 1119    | SCISŁOWSKA MAGDALENA    | NOWY TOMYŚL          |  | POLSKA | 1985       | K18-29    | 73         | 6:03         | 9,9        | 00:45:28 | 01:45:17 | 02:06:57   | <b>02:07:31</b> |     | 189 |
| 1183 | 650     | KUFLIŃSKI WOJCIECH      | POZNAŃ               | NIGHT RUNNERS                          | POLSKA | 1981       | M30-39    | 411        | 6:03         | 9,9        | 00:45:36 | 01:43:53 | 02:06:37   | <b>02:07:37</b> | 994 |     |
| 1184 | 697     | ŁABĘDŹ MACIEJ           | KRAKÓW               |  | POLSKA | 1981       | M30-39    | 412        | 6:03         | 9,9        | 00:42:33 | 01:41:23 | 02:06:55   | <b>02:07:45</b> | 995 |     |
| 1185 | 1181    | STACHOWIAK ELŻBIETA     | ZALASEWO             |  | POLSKA | 1971       | K40-44    | 27         | 6:04         | 9,9        | 00:46:18 | 01:45:41 | 02:06:55   | <b>02:07:56</b> |     | 190 |
| 1186 | 555     | KMIEC ŁUKASZ            | WROCŁAW              |  | POLSKA | 1980       | M30-39    | 413        | 6:05         | 9,9        | 00:45:36 | 01:44:32 | 02:07:11   | <b>02:08:15</b> | 996 |     |



# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość    | Klub                          | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M    | K   |
|------|---------|-----------------------|----------------|-------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|------|-----|
| 1187 | 1233    | SZELAĞ ESTERA         | POZNAŃ         |                               | POLSKA | 1981       | K30-39    | 75         | 6:05         | 9,9        | 00:47:48 | 01:46:52 | 02:06:57   | <b>02:08:23</b> |      | 191 |
| 1188 | 808     | MICHALAK SŁAWEK       | ROGALINEK      |                               | POLSKA | 1976       | M30-39    | 414        | 6:05         | 9,9        | 00:46:01 | 01:45:02 | 02:07:34   | <b>02:08:26</b> | 997  |     |
| 1189 | 868     | NACHULEWICZ PAWEŁ     | WARSZAWA       |                               | POLSKA | 1963       | M50-54    | 67         | 6:06         | 9,8        | 00:47:51 | 01:46:44 | 02:07:07   | <b>02:08:33</b> | 998  |     |
| 1190 | 969     | PAWŁOWSKI SZYMON      | KÓRNIK         | "PIOTR I PAWEŁ" - MARKA FORMY | POLSKA | 1983       | M30-39    | 415        | 6:06         | 9,8        | 00:45:01 | 01:43:51 | 02:07:55   | <b>02:08:50</b> | 999  |     |
| 1191 | 1148    | SKOTARCAK MAGDALENA   | POZNAŃ         |                               | POLSKA | 1992       | K18-29    | 74         | 6:06         | 9,8        | 00:45:01 | 01:43:51 | 02:07:56   | <b>02:08:50</b> |      | 192 |
| 1192 | 208     | CZYŻEWSKA ANNA        | WROCŁAW        | INNEX                         | POLSKA | 1979       | K30-39    | 76         | 6:07         | 9,8        | 00:46:52 | 01:45:55 | 02:07:50   | <b>02:08:58</b> |      | 193 |
| 1193 | 824     | MIKOŁAJCZYK ANNA      | OPALENICA      |                               | POLSKA | 1981       | K30-39    | 77         | 6:07         | 9,8        | 00:45:11 | 01:46:54 | 02:08:38   | <b>02:09:10</b> |      | 194 |
| 1194 | 92      | BIENIEK KASIA         | LESZNO         | INCOGNITO                     | POLSKA | 1982       | K30-39    | 78         | 6:08         | 9,8        | 00:46:26 | 01:45:50 | 02:08:15   | <b>02:09:20</b> |      | 195 |
| 1195 | 1407    | WREMBEL ARKADIUSZ     | GŁOGÓW         | GŁOGÓW                        | POLSKA | 1972       | M40-44    | 166        | 6:08         | 9,8        | 00:45:44 | 01:45:13 | 02:08:17   | <b>02:09:23</b> | 1000 |     |
| 1196 | 402     | JAGACIAK ROBERT       | NOWY LUBOSZ    |                               | POLSKA | 1976       | M30-39    | 416        | 6:08         | 9,8        | 00:45:28 | 01:42:59 | 02:08:15   | <b>02:09:26</b> | 1001 |     |
| 1197 | 7       | ADAMSKI ŁUKASZ        | KOSTRZYN       |                               | POLSKA | 1981       | M30-39    | 417        | 6:08         | 9,8        | 00:47:24 | 01:46:17 | 02:08:31   | <b>02:09:28</b> | 1002 |     |
| 1198 | 572     | KONIK TOMASZ          | ŚREM           |                               | POLSKA | 1985       | M18-29    | 187        | 6:08         | 9,8        | 00:45:11 | 01:41:02 | 02:08:06   | <b>02:09:32</b> | 1003 |     |
| 1199 | 261     | FILIPIAK JOANNA       | KROSNO         |                               | POLSKA | 1984       | K18-29    | 75         | 6:09         | 9,8        | 00:47:50 | 01:47:05 | 02:08:11   | <b>02:09:37</b> |      | 196 |
| 1200 | 502     | KARCZ JÓZEF           | POZNAŃ         |                               | POLSKA | 1946       | M65-69    | 15         | 6:09         | 9,8        | 00:48:00 | 01:47:53 | 02:08:26   | <b>02:09:43</b> | 1004 |     |
| 1201 | 28      | ANTCZAK GRZEGORZ      | POZNAŃ         | DRUŻYNA SZPIKU                | POLSKA | 1960       | M50-54    | 68         | 6:09         | 9,8        | 00:46:41 | 01:47:01 | 02:09:24   | <b>02:09:48</b> | 1005 |     |
| 1202 | 1445    | ZIELIŃSKI DAMIAN      | SKWIERZYNA     | BIEGAM BO LUBIE               | POLSKA | 1979       | M30-39    | 418        | 6:10         | 9,7        | 00:45:40 | 01:46:27 | 02:09:58   | <b>02:09:58</b> | 1006 |     |
| 1203 | 932     | OSTROWSKI KAROL       | KIEŁCZÓW       | WSOWL WROCŁAW                 | POLSKA | 1993       | M18-29    | 188        | 6:10         | 9,7        | 00:48:46 | 01:47:50 | 02:08:37   | <b>02:10:02</b> | 1007 |     |
| 1204 | 1054    | PUSZCZYKOWSKI MAREK   | POZNAŃ         |                               | POLSKA | 1973       | M40-44    | 167        | 6:10         | 9,7        | 00:45:41 | 01:45:48 | 02:09:05   | <b>02:10:08</b> | 1008 |     |
| 1205 | 494     | KANSY GRZEGORZ        | POZNAŃ         |                               | POLSKA | 1950       | M60-64    | 21         | 6:10         | 9,7        | 00:45:47 | 01:48:02 | 02:09:08   | <b>02:10:12</b> | 1009 |     |
| 1206 | 985     | PIECZYŃSKA MONIKA     | ŚREM           |                               | POLSKA | 1988       | K18-29    | 76         | 6:10         | 9,7        | 00:49:49 | 01:50:06 | 02:08:55   | <b>02:10:12</b> |      | 197 |
| 1207 | 209     | CZYŻEWSKI SEBASTIAN   | WROCŁAW        | INNEX                         | POLSKA | 1976       | M30-39    | 419        | 6:10         | 9,7        | 00:46:52 | 01:45:56 | 02:09:05   | <b>02:10:14</b> | 1010 |     |
| 1208 | 587     | KOSZAREK ANDRZEJ      | POZNAŃ         |                               | POLSKA | 1972       | M40-44    | 168        | 6:10         | 9,7        | 00:48:24 | 01:48:33 | 02:09:05   | <b>02:10:16</b> | 1011 |     |
| 1209 | 1109    | SALITA LECH           | GNIEZNO        | ALTOM GNIEZNO                 | POLSKA | 1960       | M50-54    | 69         | 6:11         | 9,7        | 00:48:07 | 01:47:46 | 02:09:04   | <b>02:10:19</b> | 1012 |     |
| 1210 | 610     | KRAMM GRAŻYNA         | ŚREM           |                               | POLSKA | 1972       | K40-44    | 28         | 6:11         | 9,7        | 00:48:24 | 01:48:34 | 02:09:15   | <b>02:10:25</b> |      | 198 |
| 1211 | 325     | GORZKOWSKI PIOTR      | POZNAŃ         | HIPOPOMPON KLAP               | POLSKA | 1981       | M30-39    | 420        | 6:11         | 9,7        | 00:46:43 | 01:45:59 | 02:09:11   | <b>02:10:26</b> | 1013 |     |
| 1212 | 1451    | ZIMNA MONIKA          | POZNAŃ         |                               | POLSKA | 1976       | K30-39    | 79         | 6:11         | 9,7        | 00:46:39 | 01:47:16 | 02:09:21   | <b>02:10:29</b> |      | 199 |
| 1213 | 565     | KOŁODZIEJCZYK DARIUSZ | POZNAŃ         |                               | POLSKA | 1964       | M45-49    | 85         | 6:11         | 9,7        | 00:43:22 | 01:45:08 | 02:10:03   | <b>02:10:31</b> | 1014 |     |
| 1214 | 25      | ANTCZAK RIWANA        | WROCŁAW        |                               | POLSKA | 1968       | K45-49    | 12         | 6:11         | 9,7        | 00:48:06 | 01:48:09 | 02:09:10   | <b>02:10:32</b> |      | 200 |
| 1215 | 133     | BRYJA ANNA            | POZNAŃ         |                               | POLSKA | 1983       | K30-39    | 80         | 6:12         | 9,7        | 00:46:39 | 01:46:03 | 02:09:38   | <b>02:10:42</b> |      | 201 |
| 1216 | 903     | NOWAK JOANNA          | POZNAŃ         | DRUŻYNA SZPIKU                | POLSKA | 1986       | K18-29    | 77         | 6:12         | 9,7        | 00:46:51 | 01:48:40 | 02:09:53   | <b>02:10:48</b> |      | 202 |
| 1217 | 1490    | PODWORSKI JAKUB       | WARSZAWA       | LOGOS TRAVEL                  | POLSKA | 1981       | M30-39    | 421        | 6:12         | 9,7        | 00:45:37 | 01:44:13 | 02:09:36   | <b>02:10:52</b> | 1015 |     |
| 1218 | 1172    | SOBOLEWSKA IWONA      | POZNAŃ, 61-392 |                               | POLSKA | 1965       | K45-49    | 13         | 6:12         | 9,7        | 00:46:44 | 01:47:59 | 02:10:04   | <b>02:10:56</b> |      | 203 |
| 1219 | 454     | JĘDROSZKOWIAK ANNA    | RĄBIŃ          |                               | POLSKA | 1987       | K18-29    | 78         | 6:13         | 9,6        | 00:50:32 | 01:49:49 | 02:09:56   | <b>02:11:17</b> |      | 204 |
| 1220 | 448     | JEZIERSKI JANUSZ      | KREROWO        | DRUŻYNA SZPIKU                | POLSKA | 1965       | M45-49    | 86         | 6:14         | 9,6        | 00:46:51 | 01:48:40 | 02:10:28   | <b>02:11:23</b> | 1016 |     |
| 1221 | 1425    | YOKOKURA IWONA        | KOZIEGŁOWY     | KLUB PŁYWACKI KOZIEGŁOWY      | POLSKA | 1973       | K40-44    | 29         | 6:15         | 9,6        | 00:47:11 | 01:49:08 | 02:11:01   | <b>02:11:53</b> |      | 205 |
| 1222 | 1344    | WAWSZCZAK TOMASZ      | WROCŁAW        |                               | POLSKA | 1970       | M40-44    | 169        | 6:16         | 9,6        | 00:47:50 | 01:47:58 | 02:10:45   | <b>02:12:07</b> | 1017 |     |
| 1223 | 517     | KASPRZAK IWONA        | KOŚCIAN        |                               | POLSKA | 1963       | K50-54    | 2          | 6:16         | 9,6        | 00:47:20 | 01:48:27 | 02:11:13   | <b>02:12:11</b> |      | 206 |
| 1224 | 848     | MOSZKA WIOLETTA       | LESZNO         |                               | POLSKA | 1973       | K40-44    | 30         | 6:16         | 9,6        | 00:46:17 | 01:47:29 | 02:11:06   | <b>02:12:19</b> |      | 207 |
| 1225 | 1215    | SZAJCA LIDIA          | TRZCINICA      |                               | POLSKA | 1987       | K18-29    | 79         | 6:16         | 9,6        | 00:49:38 | 01:51:47 | 02:10:56   | <b>02:12:22</b> |      | 208 |
| 1226 | 471     | KACZMAREK AGATA       | CZEMPIŃ        |                               | POLSKA | 1979       | K30-39    | 81         | 6:17         | 9,6        | 00:50:46 | 01:50:51 | 02:11:10   | <b>02:12:29</b> |      | 209 |
| 1227 | 831     | MIŁEK IZABELA         | CIBÓRZ         |                               | POLSKA | 1977       | K30-39    | 82         | 6:17         | 9,6        | 00:44:42 | 01:46:55 | 02:11:37   | <b>02:12:32</b> |      | 210 |
| 1228 | 1463    | ZYGMUNT MAŁGORZATA    | WROCŁAW        |                               | POLSKA | 1981       | K30-39    | 83         | 6:17         | 9,6        | 00:45:42 | 01:47:34 | 02:11:12   | <b>02:12:32</b> |      | 211 |
| 1229 | 570     | KONIECZNA MONIKA      | POZNAŃ         | NIGHT RUNNERS                 | POLSKA | 1980       | K30-39    | 84         | 6:17         | 9,5        | 00:49:41 | 01:50:15 | 02:11:06   | <b>02:12:33</b> |      | 212 |
| 1230 | 19      | ANDRZEJEWSKA PAULINA  | POZNAŃ         | NIGHT RUNNERS                 | POLSKA | 1988       | K18-29    | 80         | 6:17         | 9,5        | 00:49:41 | 01:50:13 | 02:11:07   | <b>02:12:34</b> |      | 213 |
| 1231 | 899     | NOWAK MARCIN          | POZNAŃ         | NIGHT RUNNERS                 | POLSKA | 1976       | M30-39    | 422        | 6:17         | 9,5        | 00:49:41 | 01:50:15 | 02:11:07   | <b>02:12:34</b> | 1018 |     |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię           | Miejscowość       | Klub                            | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M    | K   |
|------|---------|-------------------------|-------------------|---------------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|------|-----|
| 1232 | 328     | GÓRNIAK EDWARD          | KOŚCIAN           |                                 | POLSKA | 1973       | M40-44    | 170        | 6:18         | 9,5        | 00:44:58 | 01:45:56 | 02:12:46   | <b>02:12:46</b> | 1019 |     |
| 1233 | 839     | MLECZAK HUBERT          | POZNAŃ            |                                 | POLSKA | 1975       | M30-39    | 423        | 6:18         | 9,5        | 00:46:02 | 01:47:41 | 02:11:36   | <b>02:12:49</b> | 1020 |     |
| 1234 | 1163    | SOBALSKI STANISŁAW      | GOSTYŃ            |                                 | POLSKA | 1957       | M55-59    | 41         | 6:18         | 9,5        | 00:46:52 | 01:48:43 | 02:11:35   | <b>02:12:53</b> | 1021 |     |
| 1235 | 356     | GRZEŁKA AGATA           | DOLSK             |                                 | POLSKA | 1987       | K18-29    | 81         | 6:18         | 9,5        | 00:48:31 | 01:50:25 | 02:11:45   | <b>02:13:05</b> |      | 214 |
| 1236 | 458     | JÓZEFIAK KONRAD         | KOŚCIAN           | NIEZRZESZONY                    | POLSKA | 1977       | M30-39    | 424        | 6:19         | 9,5        | 00:45:07 | 01:48:06 | 02:12:14   | <b>02:13:08</b> | 1022 |     |
| 1237 | 1338    | WASYLUK AGNIESZKA       | NOWA SÓL          |                                 | POLSKA | 1971       | K40-44    | 31         | 6:19         | 9,5        | 00:48:01 | 01:49:48 | 02:12:49   | <b>02:13:20</b> |      | 215 |
| 1238 | 671     | LANGE HANNA             | ŚREM              |                                 | POLSKA | 1978       | K30-39    | 85         | 6:19         | 9,5        | 00:49:15 | 01:50:36 | 02:11:58   | <b>02:13:21</b> |      | 216 |
| 1239 | 673     | LANGE-SZCZEPANIAK BOGNA | ŚREM              | VEGE RUNNERS                    | POLSKA | 1987       | K18-29    | 82         | 6:19         | 9,5        | 00:49:15 | 01:50:36 | 02:11:59   | <b>02:13:21</b> |      | 217 |
| 1240 | 951     | PAŁKA ALEKSANDRA        | WROCŁAW           |                                 | POLSKA | 1980       | K30-39    | 86         | 6:19         | 9,5        | 00:47:18 | 01:50:18 | 02:12:08   | <b>02:13:24</b> |      | 218 |
| 1241 | 3       | ADAMOWSKA MARTA         | POZNAŃ            |                                 | POLSKA | 1983       | K30-39    | 87         | 6:19         | 9,5        | 00:50:51 | 01:51:34 | 02:12:12   | <b>02:13:26</b> |      | 219 |
| 1242 | 1039    | PRZYBYŁAK AGNIESZKA     | POZNAŃ            |                                 | POLSKA | 1983       | K30-39    | 88         | 6:20         | 9,5        | 00:50:43 | 01:51:33 | 02:12:14   | <b>02:13:28</b> |      | 220 |
| 1243 | 173     | CHOCAJ MONIKA           | CZERWIENSK        |                                 | POLSKA | 1981       | K30-39    | 89         | 6:20         | 9,5        | 00:48:19 | 01:50:33 | 02:12:14   | <b>02:13:34</b> |      | 221 |
| 1244 | 1224    | SZCZEPANIAK MICHAŁ      | KOŚCIAN           |                                 | POLSKA | 1984       | M18-29    | 189        | 6:20         | 9,5        | 00:51:07 | 01:51:04 | 02:12:08   | <b>02:13:35</b> | 1023 |     |
| 1245 | 952     | PAŁKA LESZEK            | WROCŁAW           |                                 | POLSKA | 1951       | M60-64    | 22         | 6:20         | 9,5        | 00:50:10 | 01:51:09 | 02:12:08   | <b>02:13:37</b> | 1024 |     |
| 1246 | 1107    | SADOWSKA IWONA          | OPALENICA         |                                 | POLSKA | 1973       | K40-44    | 32         | 6:20         | 9,5        | 00:46:53 | 01:46:40 | 02:13:47   | <b>02:13:47</b> |      | 222 |
| 1247 | 580     | KORZENIOWSKI MIROSŁAW   | WROCŁAW           | NIE BIEGAJ                      | POLSKA | 1978       | M30-39    | 425        | 6:22         | 9,4        | 00:48:32 | 01:50:59 | 02:12:50   | <b>02:14:20</b> | 1025 |     |
| 1248 | 128     | BRONIARZ ROBERT         | POZNAŃ            |                                 | POLSKA | 1972       | M40-44    | 171        | 6:22         | 9,4        | 00:50:46 | 01:52:10 | 02:13:06   | <b>02:14:27</b> | 1026 |     |
| 1249 | 1406    | WÓJCIK MIKOŁAJ          | WARSZAWA          |                                 | POLSKA | 1969       | M40-44    | 172        | 6:23         | 9,4        | 00:49:18 | 01:50:39 | 02:13:12   | <b>02:14:38</b> | 1027 |     |
| 1250 | 166     | CHIBOWSKI DARIUSZ       | POZNAŃ            |                                 | POLSKA | 1968       | M45-49    | 87         | 6:24         | 9,4        | 00:47:49 | 01:50:37 | 02:13:51   | <b>02:14:53</b> | 1028 |     |
| 1251 | 246     | DUTKIEWICZ MONIKA       | POZNAŃ            | DRUŻYNA SZPIKU                  | POLSKA | 1974       | K30-39    | 90         | 6:24         | 9,4        | 00:47:58 | 01:48:59 | 02:13:40   | <b>02:14:57</b> |      | 223 |
| 1252 | 902     | NOWAK BARTOSZ           | TARNOWSKIE GÓRY   |                                 | POLSKA | 1980       | M30-39    | 426        | 6:24         | 9,4        | 00:45:00 | 01:50:09 | 02:13:53   | <b>02:14:59</b> | 1029 |     |
| 1253 | 251     | DZIEGCIAR DARIUSZ       | POZNAŃ            |                                 | POLSKA | 1963       | M50-54    | 70         | 6:25         | 9,4        | 00:47:52 | 01:50:32 | 02:14:05   | <b>02:15:16</b> | 1030 |     |
| 1254 | 1495    | LEŚNY MARCIN            | GNIEZNO           | ALTOM                           | POLSKA | 1979       | M30-39    | 427        | 6:25         | 9,3        | 00:51:25 | 01:53:54 | 02:13:55   | <b>02:15:25</b> | 1031 |     |
| 1255 | 699     | ŁADOŃSKA KATARZYNA      | WROCŁAW           | PRO-RUN WROCŁAW                 | POLSKA | 1982       | K30-39    | 91         | 6:25         | 9,3        | 00:48:46 | 01:51:52 | 02:14:19   | <b>02:15:27</b> |      | 224 |
| 1256 | 667     | KWAŚNIEWSKI WOJCIECH    | KOMORNIKI         |                                 | POLSKA | 1974       | M30-39    | 428        | 6:26         | 9,3        | 00:50:51 | 01:52:49 | 02:14:07   | <b>02:15:34</b> | 1032 |     |
| 1257 | 731     | MAĆKOWIAK KRZYSZTOF     | POZNAŃ            |                                 | POLSKA | 1982       | M30-39    | 429        | 6:26         | 9,3        | 00:51:43 | 01:53:01 | 02:14:26   | <b>02:15:45</b> | 1033 |     |
| 1258 | 1201    | STĘPAK WŁADYSŁAW        | POLKOWICE         |                                 | POLSKA | 1959       | M50-54    | 71         | 6:27         | 9,3        | 00:51:11 | 01:53:54 | 02:14:30   | <b>02:15:58</b> | 1034 |     |
| 1259 | 432     | JASINOWSKA EMILIA       | MIĘDZYCHÓD        | GIMNAZJUM NR 2 W MIĘDZYCHODZIE  | POLSKA | 1952       | K60-64    | 2          | 6:27         | 9,3        | 00:46:42 | 01:49:24 | 02:14:54   | <b>02:16:04</b> |      | 225 |
| 1260 | 424     | JANKOWSKI GRZEGORZ      | KOŚCIAN           |                                 | POLSKA | 1958       | M55-59    | 42         | 6:27         | 9,3        | 00:47:20 | 01:50:54 | 02:14:54   | <b>02:16:15</b> | 1035 |     |
| 1261 | 326     | GOŹDZIEWIŃSKI WOJCIECH  | POZNAŃ            | DRUŻYNA ZBÓJA                   | POLSKA | 1985       | M18-29    | 190        | 6:28         | 9,3        | 00:51:07 | 02:01:11 | 02:14:58   | <b>02:16:23</b> | 1036 |     |
| 1262 | 420     | JANKOWSKA DANUTA        | POLKOWICE         |                                 | POLSKA | 1965       | K45-49    | 14         | 6:28         | 9,3        | 00:50:17 | 01:52:52 | 02:15:26   | <b>02:16:33</b> |      | 226 |
| 1263 | 423     | JANKOWSKI MAREK         | POLKOWICE         |                                 | POLSKA | 1963       | M50-54    | 72         | 6:28         | 9,3        | 00:50:17 | 01:52:52 | 02:15:26   | <b>02:16:33</b> | 1037 |     |
| 1264 | 353     | GRZAŚLEWICZ BEATA       | KOŚCIAN           |                                 | POLSKA | 1963       | K50-54    | 3          | 6:29         | 9,3        | 00:48:34 | 01:52:11 | 02:16:03   | <b>02:16:40</b> |      | 227 |
| 1265 | 63      | BARTKOWIAK PAULINA      | ŚREM              |                                 | POLSKA | 1988       | K18-29    | 83         | 6:29         | 9,3        | 00:49:49 | 01:53:32 | 02:15:23   | <b>02:16:41</b> | 1038 |     |
| 1266 | 793     | MELCER KATARZYNA        | PSZCZEW           | NIGHT RUNNERS                   | POLSKA | 1988       | K18-29    | 84         | 6:29         | 9,3        | 00:51:05 | 01:53:53 | 02:15:22   | <b>02:16:47</b> | 1039 |     |
| 1267 | 439     | JĄDER ALDONA            | POZNAŃ            | NIGHT RUNNERS                   | POLSKA | 1984       | K18-29    | 85         | 6:29         | 9,3        | 00:51:06 | 01:53:53 | 02:15:22   | <b>02:16:47</b> |      | 230 |
| 1268 | 1080    | ROMANEK DARIUSZ         | WROCŁAW           |                                 | POLSKA | 1971       | M40-44    | 173        | 6:31         | 9,2        | 00:47:48 | 01:51:05 | 02:16:17   | <b>02:17:25</b> | 1038 |     |
| 1269 | 1380    | WŁODARCZYK KASIA        | POZNAŃ            | WWW.BIEGAJACAMATKA.BLOGSPOT.COM | POLSKA | 1984       | K18-29    | 86         | 6:31         | 9,2        | 00:48:06 | 01:53:56 | 02:16:27   | <b>02:17:27</b> |      | 231 |
| 1270 | 77      | BEŁA IZABELA            | SIEDLEC           | E-ELEKTRYK                      | POLSKA | 1981       | K30-39    | 92         | 6:31         | 9,2        | 00:50:22 | 01:54:18 | 02:17:25   | <b>02:17:31</b> |      | 232 |
| 1271 | 1127    | SĘKOWSKA JOLANTA        | ŚREM              | RUNNNER'S POWER                 | POLSKA | 1962       | K50-54    | 4          | 6:31         | 9,2        | 00:51:06 | 01:53:55 | 02:16:23   | <b>02:17:32</b> |      | 233 |
| 1272 | 404     | JAHNZ SYLWIA            | POZNAŃ            |                                 | POLSKA | 1985       | K18-29    | 87         | 6:33         | 9,2        | 00:46:54 | 01:52:28 | 02:17:04   | <b>02:18:15</b> |      | 234 |
| 1273 | 114     | BOLEWSKI ŁUKASZ         | PACZKOWO          | XTRI PACZKOWO                   | POLSKA | 1976       | M30-39    | 430        | 6:33         | 9,2        | 00:46:54 | 01:52:29 | 02:17:05   | <b>02:18:16</b> | 1039 |     |
| 1274 | 1267    | ŚLĄZAK AGNIESZKA        | LEGNICA           |                                 | POLSKA | 1986       | K18-29    | 88         | 6:34         | 9,1        | 00:45:01 | 01:53:03 | 02:17:42   | <b>02:18:23</b> |      | 235 |
| 1275 | 881     | NIEPOROWSKA BEATA       | ZIELONA GÓRA      |                                 | POLSKA | 1963       | K50-54    | 5          | 6:34         | 9,1        | 00:50:43 | 01:54:12 | 02:16:58   | <b>02:18:24</b> |      | 236 |
| 1276 | 1037    | PRYŁ MICHAŁ             | POZNAŃ / SKÓRZEWO | BBL POZNAŃ                      | POLSKA | 1979       | M30-39    | 431        | 6:35         | 9,1        | 00:41:56 | 01:48:27 | 02:17:51   | <b>02:18:44</b> | 1040 |     |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓLMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię          | Miejscowość           | Klub                       | Kraj   | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik           | M    | K   |
|------|---------|------------------------|-----------------------|----------------------------|--------|------------|-----------|------------|--------------|------------|----------|----------|------------|-----------------|------|-----|
| 1277 | 1001    | PISKULSKA SYLWIA       | KOMORNIKI             |                            | POLSKA | 1979       | K30-39    | 93         | 6:35         | 9,1        | 00:48:35 | 01:53:13 | 02:17:44   | <b>02:18:44</b> |      | 237 |
| 1278 | 1471    | ŻUROWSKA ANIA          | MOSINA                |                            | POLSKA | 1980       | K30-39    | 94         | 6:35         | 9,1        | 00:50:52 | 01:54:02 | 02:17:22   | <b>02:18:49</b> |      | 238 |
| 1279 | 243     | DURKA ANNA             | LESZNO                |                            | POLSKA | 1980       | K30-39    | 95         | 6:35         | 9,1        | 00:49:53 | 01:54:14 | 02:17:34   | <b>02:18:54</b> |      | 239 |
| 1280 | 641     | KUBICKA KAMILA         | POZNAŃ                |                            | POLSKA | 1973       | K40-44    | 33         | 6:36         | 9,1        | 00:50:21 | 01:53:57 | 02:17:37   | <b>02:19:05</b> |      | 240 |
| 1281 | 1096    | RYCZAK TOMASZ          | TRZCIANKA             | OLIWKATEAM                 | POLSKA | 1985       | M18-29    | 191        | 6:36         | 9,1        | 00:46:01 | 01:53:24 | 02:17:54   | <b>02:19:17</b> | 1041 |     |
| 1282 | 322     | GORWA TOMASZ           | ŚWIĘCIECHOWA          |                            | POLSKA | 1980       | M30-39    | 432        | 6:36         | 9,1        | 00:45:41 | 01:52:06 | 02:18:14   | <b>02:19:19</b> | 1042 |     |
| 1283 | 1265    | SZYMCZAK ANNA          | WAŁCZ                 |                            | POLSKA | 1969       | K40-44    | 34         | 6:38         | 9,1        | 00:51:06 | 01:56:20 | 02:18:26   | <b>02:19:51</b> |      | 241 |
| 1284 | 254     | ERDMANN DOROTA         | POZNAŃ                |                            | POLSKA | 1983       | K30-39    | 96         | 6:38         | 9,0        | 00:49:07 | 01:54:27 | 02:18:51   | <b>02:19:53</b> |      | 242 |
| 1285 | 253     | DZIUBAŁA MONIKA        | ŚWIĘCIECHOWA          |                            | POLSKA | 1987       | K18-29    | 89         | 6:38         | 9,0        | 00:49:45 | 01:54:11 | 02:19:03   | <b>02:19:54</b> |      | 243 |
| 1286 | 1156    | SŁABACZEWSKI RADOSŁAW  | ŚWIĘCIECHOWA          |                            | POLSKA | 1979       | M30-39    | 433        | 6:38         | 9,0        | 00:49:45 | 01:54:11 | 02:19:02   | <b>02:19:54</b> | 1043 |     |
| 1287 | 1238    | SZKUDLAREK MICHAŁ      | PRZYSIEKA POLSKA      | OKFIR ŚMIGIEL              | POLSKA | 1933       | M70+      | 6          | 6:38         | 9,0        | 00:49:23 | 01:54:27 | 02:19:07   | <b>02:20:07</b> | 1044 |     |
| 1288 | 1149    | SKOWRON BARTŁOMIEJ     | WROCLAW               |                            | POLSKA | 1984       | M18-29    | 192        | 6:39         | 9,0        | 00:49:39 | 01:54:31 | 02:18:43   | <b>02:20:13</b> | 1045 |     |
| 1289 | 732     | MAĆKOWIAK MICHAŁ       | PSARSKIE              |                            | POLSKA | 1978       | M30-39    | 434        | 6:39         | 9,0        | 00:51:27 | 01:54:30 | 02:19:08   | <b>02:20:26</b> | 1046 |     |
| 1290 | 366     | GZYL JAKUB             | WRONKI                | EGZYL.PL                   | POLSKA | 1985       | M18-29    | 193        | 6:39         | 9,0        | 00:49:17 | 01:54:00 | 02:19:10   | <b>02:20:27</b> | 1047 |     |
| 1291 | 707     | ŁOPACZYK MAGDALENA     | LESZNO                |                            | POLSKA | 1983       | K30-39    | 97         | 6:40         | 9,0        | 00:48:27 | 01:54:32 | 02:19:16   | <b>02:20:36</b> |      | 244 |
| 1292 | 708     | ŁOPACZYK MACIEJ        | LESZNO                |                            | POLSKA | 1979       | M30-39    | 435        | 6:40         | 9,0        | 00:48:27 | 01:54:32 | 02:19:16   | <b>02:20:37</b> | 1048 |     |
| 1293 | 716     | ŁUGOWSKI PIOTR         | POZNAŃ                | GEPARD                     | POLSKA | 1958       | M55-59    | 43         | 6:41         | 9,0        | 00:55:05 | 01:56:47 | 02:19:29   | <b>02:20:57</b> | 1049 |     |
| 1294 | 88      | BIAŁOŻYD ANDRZEJ       | WROCLAW               |                            | POLSKA | 1958       | M55-59    | 44         | 6:41         | 9,0        | 00:52:11 | 01:57:01 | 02:19:45   | <b>02:21:09</b> | 1050 |     |
| 1295 | 89      | BIAŁOŻYD BOŻENA        | WROCLAW               |                            | POLSKA | 1959       | K50-54    | 6          | 6:41         | 9,0        | 00:52:11 | 01:57:01 | 02:19:45   | <b>02:21:09</b> |      | 245 |
| 1296 | 1247    | SZUKALSKA AGNIESZKA    | KOŚCIAN               |                            | POLSKA | 1974       | K30-39    | 98         | 6:41         | 9,0        | 00:50:42 | 01:55:39 | 02:19:53   | <b>02:21:10</b> |      | 246 |
| 1297 | 543     | KLECHA TOMASZ          | POZNAŃ                |                            | POLSKA | 1966       | M45-49    | 88         | 6:42         | 9,0        | 00:50:30 | 01:55:48 | 02:19:53   | <b>02:21:19</b> | 1051 |     |
| 1298 | 544     | KLECHA WOJCIECH        | WARSZAWA              |                            | POLSKA | 1991       | M18-29    | 194        | 6:42         | 9,0        | 00:50:30 | 01:55:48 | 02:19:52   | <b>02:21:19</b> | 1052 |     |
| 1299 | 435     | JASZOWSKA AGNIESZKA    | WROCLAW               | PRO-RUN WROCLAW            | POLSKA | 1980       | K30-39    | 99         | 6:43         | 8,9        | 00:51:31 | 01:57:59 | 02:20:27   | <b>02:21:46</b> |      | 247 |
| 1300 | 477     | KACZMAREK MARIUSZ      | ŻARY                  | CZARNA DYWIZJA             | POLSKA | 1970       | M40-44    | 174        | 6:45         | 8,9        | 00:49:35 | 01:56:15 | 02:21:13   | <b>02:22:31</b> | 1053 |     |
| 1301 | 724     | MACIEJEWSKA JADWIGA    | KWIDZYN               |                            | POLSKA | 1957       | K55-59    | 4          | 6:47         | 8,9        | 00:52:34 | 01:58:28 | 02:21:42   | <b>02:22:57</b> |      | 248 |
| 1302 | 549     | KLIMASZYK JOANNA       | GRODZISK WLKP.        |                            | POLSKA | 1980       | K30-39    | 100        | 6:48         | 8,8        | 00:51:07 | 01:57:42 | 02:22:01   | <b>02:23:31</b> |      | 249 |
| 1303 | 373     | HEJNAR MAGDALENA       | GRODZISK WIELKOPOLSKI | GRODZISKI KLUB BIEGACZA    | POLSKA | 1988       | K18-29    | 90         | 6:50         | 8,8        | 00:51:26 | 01:59:13 | 02:23:14   | <b>02:24:15</b> |      | 250 |
| 1304 | 1394    | WOLSKI MACIEJ          | DĄBRÓWKA              |                            | POLSKA | 1981       | M30-39    | 436        | 6:51         | 8,8        | 00:52:03 | 01:58:52 | 02:22:58   | <b>02:24:22</b> | 1054 |     |
| 1305 | 581     | KORZENIOWSKI KRZYSZTOF | LESZNO                | MARATON LESZNO             | POLSKA | 1978       | M30-39    | 437        | 6:53         | 8,7        | 00:52:16 | 01:59:21 | 02:23:55   | <b>02:25:04</b> | 1055 |     |
| 1306 | 670     | LABOCH GRZEGORZ        | KOŚCIAN               |                            | POLSKA | 1983       | M30-39    | 438        | 6:54         | 8,7        | 00:47:44 | 01:55:20 | 02:24:10   | <b>02:25:29</b> | 1056 |     |
| 1307 | 1422    | WYSOCHAŃSKA IRENA      | KOŚCIAN               |                            | POLSKA | 1968       | K45-49    | 15         | 6:54         | 8,7        | 00:49:06 | 01:56:13 | 02:24:43   | <b>02:25:34</b> |      | 251 |
| 1308 | 399     | IWAŃSKI ANDRZEJ        | PIŁA                  | NIEZRZESZONY               | POLSKA | 1955       | M55-59    | 45         | 6:55         | 8,7        | 00:51:45 | 02:00:12 | 02:24:28   | <b>02:25:56</b> | 1057 |     |
| 1309 | 1399    | WOŹNIAK TOMASZ         | POZNAŃ                |                            | POLSKA | 1957       | M55-59    | 46         | 6:55         | 8,7        | 00:50:59 | 01:57:24 | 02:24:26   | <b>02:25:59</b> | 1058 |     |
| 1310 | 480     | KACZYŃSKI KRZYSZTOF    | POZNAŃ                |                            | POLSKA | 1978       | M30-39    | 439        | 6:57         | 8,6        | 00:45:35 | 01:55:20 | 02:25:29   | <b>02:26:48</b> | 1059 |     |
| 1311 | 860     | MUSIAŁ NATALIA         | ŚREM                  | NIGHT RUNNERS              | POLSKA | 1987       | K18-29    | 91         | 6:58         | 8,6        | 00:51:55 | 02:00:42 | 02:25:40   | <b>02:27:07</b> |      | 252 |
| 1312 | 1378    | WŁODARCZAK PAWEŁ       | ZIELONA GÓRA          |                            | POLSKA | 1974       | M30-39    | 440        | 7:01         | 8,6        | 00:44:05 | 01:55:12 | 02:26:58   | <b>02:27:53</b> | 1060 |     |
| 1313 | 909     | NOWAKOWSKI BŁAŻEJ      | POZNAŃ                |                            | POLSKA | 1979       | M30-39    | 441        | 7:05         | 8,5        | 00:53:15 | 02:02:28 | 02:28:07   | <b>02:29:30</b> | 1061 |     |
| 1314 | 1038    | CIEŚLAK RAFAŁ          | KOŚCIAN               | UKS BISKUPIANKA GTS CITIUS | POLSKA | 1982       | M30-39    | 442        | 7:11         | 8,4        | 00:50:09 | 02:02:33 | 02:30:57   | <b>02:31:26</b> | 1062 |     |
| 1315 | 1082    | ROSZAK KATARZYNA       | WROCLAW               |                            | POLSKA | 1980       | K30-39    | 101        | 7:12         | 8,3        | 00:51:03 | 02:02:23 | 02:30:28   | <b>02:31:56</b> |      | 253 |
| 1316 | 1087    | RUSKOWIAK BARBARA      | CZEMPIŃ               |                            | POLSKA | 1958       | K55-59    | 5          | 7:14         | 8,3        | 00:52:42 | 02:03:29 | 02:31:57   | <b>02:32:28</b> |      | 254 |
| 1317 | 1129    | SIEJKA AGATA           | WROCLAW               | ITMZM 2013                 | POLSKA | 1986       | K18-29    | 92         | 7:17         | 8,2        | 00:51:30 | 02:03:33 | 02:32:11   | <b>02:33:30</b> |      | 255 |
| 1318 | 754     | MAŁECKI MARIAN         | PIŁA                  | 4RUN TEAM PIŁA             | POLSKA | 1937       | M70+      | 7          | 7:17         | 8,2        | 00:54:34 | 02:06:19 | 02:32:10   | <b>02:33:40</b> | 1063 |     |
| 1319 | 759     | MARCINKOWSKI ROMAN     | KOŚCIAN               |                            | POLSKA | 1965       | M45-49    | 89         | 7:38         | 7,9        | 00:53:15 | 02:10:20 | 02:40:11   | <b>02:41:04</b> | 1064 |     |
| 1320 | 125     | BRAUN EWELINA          | KIELCZEWO             |                            | POLSKA | 1976       | K30-39    | 102        | 7:42         | 7,8        | 00:52:35 | 02:12:02 | 02:41:35   | <b>02:42:35</b> |      | 256 |
| 1321 | 218     | DENDEK WOJCIECH        | PLEWISKA              | AZS UAM                    | POLSKA | 1976       | M30-39    | 443        | 7:44         | 7,8        | 00:51:57 | 02:11:43 | 02:41:33   | <b>02:43:01</b> | 1065 |     |

# IX MIĘDZYNARODOWY KOŚCIAŃSKI PÓŁMARATON im. dra HENRYKA FLORKOWSKIEGO



Organizator: Starostwo Powiatowe w Kościanie, LKS „Sana” Kościan

Data: 10.11.2013 r.

Dystans: Półmaraton

Miejscowość: Kościan

Klasyfikacja: OPEN

| M-ce | Nr zaw. | Nazwisko Imię            | Miejscowość      | Klub              | Kraj    | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1       | P2       | Czas netto | Wynik | M | K |
|------|---------|--------------------------|------------------|-------------------|---------|------------|-----------|------------|--------------|------------|----------|----------|------------|-------|---|---|
|      | 554     | KMIECIK TOMASZ           | MUROWANA GOŚLINA |                   | POLSKA  | 1975       | M30-39    |            |              |            | 00:29:02 | 01:07:12 |            | DNF   |   |   |
|      | 1481    | NAGIRNIAK WIKTOR         |                  | ACHILLES LESZNO   | UKRAINA | 1987       | M18-29    |            |              |            | 00:25:41 |          |            | DNF   |   |   |
|      | 429     | JANUSEK MIROSŁAW         | MIĘDZYRZECZ      | MOSIW MIĘDZYRZECZ | POLSKA  | 1974       | M30-39    |            |              |            | 00:32:01 |          |            | DNF   |   |   |
|      | 98      | BŁACHOWIAK MARIUSZ       | LESZNO           | MARATON LESZNO    | POLSKA  | 1972       | M40-44    |            |              |            | 00:34:51 |          |            | DNF   |   |   |
|      | 1304    | TRZCIŃSKA IZABELA        | STARY LUBOSZ     |                   | POLSKA  | 1983       | K30-39    |            |              |            | 00:39:32 |          |            | DNF   |   |   |
|      | 563     | KOCIAŁKOWSKI MARCIN      | ŚREM             |                   | POLSKA  | 1985       | M18-29    |            |              |            | 00:41:03 |          |            | DNF   |   |   |
|      | 31      | AUGUŚCIK ŁUKASZ          | POZNAŃ           |                   | POLSKA  | 1991       | M18-29    |            |              |            | 00:48:55 |          |            | DNF   |   |   |
|      | 1241    | SZŁAPKA EWELINA          | RĄBIŃ            |                   | POLSKA  | 1981       | K30-39    |            |              |            | 00:51:18 |          |            | DNF   |   |   |
|      | 852     | MRÓZ-SICZYŃSKA KATARZYNA | ŚREM             | DRUŻYNA SZPIKU    | POLSKA  | 1984       | K18-29    |            |              |            | 00:51:43 |          |            | DNF   |   |   |