

Pierwszy Półmaraton po Puszczy Niepołomickiej oraz Pierwszy Bieg na 10 km po Puszczy

WYNIKI ZAWODÓW / RESULTS LIST

Półmaraton 21km

Organizator: Lasy Państwowe Nadleśnictwo Niepołomice, Urząd Miasta i Gminy w Niepołomicach, ProRunners


























Data: 14 kwietnia 2013 r.

Miejsce: Niepołomice

Dystans: 21,097 km















Klasyfikacja wg. czasów brutto

KOBIETY (WOMEN)

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | 7 km | Check points |
|---------------------------|-------------------------|---------------------------------------|-----------------------------------|-----------------------------------------------------------------------------------------|---------------------------------------------|--------------------------|-------------------------------------|----------------------------|-----------------------------|---------------------------|-------------|---------------------|
| 1 | 245 | STANEK Angelika | SOSNOWIEC |  POL | FIZJOTERAPIA-KACZMAREK.PL | 85 K1/1 | K / 1 | 01:27:09 | 01:27:08 | 04.07 | +0:14:55 | 0:29:04 / 1 |
| 2 | 221 | ROLKA Gabriela | NOWY SĄCZ |  POL | METROPOLIA NIERUCHOMOŚCI KRAKÓW | 89 K1/2 | K / 2 | 01:32:27 | 01:32:26 | 04.22 | +0:20:13 | 0:29:06 / 2 |
| 3 | 192 | PRZYSTASZ Magda | NIEPOLOMICE |  POL | | 91 K1/3 | K / 3 | 01:40:37 | 01:40:32 | 04.45 | +0:28:18 | 0:35:21 / 6 |
| 4 | 249 | BISZTYGA Sabina | KRAKÓW |  POL | AZS AWF MASTERS | 79 K2/1 | K / 4 | 01:41:40 | 01:41:34 | 04.48 | +0:29:21 | 0:34:42 / 4 |
| 5 | 102 | PACHURA Kinga | MSZANA DOLNA / |  POL | CENERIA.PL | 76 K2/2 | K / 5 | 01:46:20 | 01:46:10 | 05.01 | +0:33:56 | 0:34:58 / 5 |
| 6 | 288 | OZDOBA Ewa | KRAKOW |  POL | | 83 K2/3 | K / 6 | 01:47:34 | 01:47:07 | 05.04 | +0:34:53 | 0:36:17 / 9 |
| 7 | 218 | PLINKIEWICZ Ewa | KRAKÓW |  POL | | 82 K2/4 | K / 7 | 01:48:21 | 01:48:04 | 05.07 | +0:35:51 | 0:36:48 / 11 |
| 8 | 232 | KRZANOWSKA Monika | KRAKÓW |  POL | DZWIĘKOWE POLE | 72 K2/5 | K / 8 | 01:48:46 | 01:48:44 | 05.09 | +0:36:30 | 0:36:29 / 10 |
| 9 | 220 | RACHTAN Anna | KRAKÓW |  POL | BIEGAM BO LUBIĘ KRAKÓW | 82 K2/6 | K / 9 | 01:49:23 | 01:49:20 | 05.10 | +0:37:07 | 0:35:36 / 7 |
| 10 | 56 | GRABOWSKA Anna | SZCZYTNO |  POL | | 80 K2/7 | K / 10 | 01:50:58 | 01:50:35 | 05.14 | +0:38:21 | 0:38:32 / 13 |
| 11 | 31 | CHMIELEWSKA Małgorzata | NIEPOLOMICE |  POL | | 87 K1/4 | K / 11 | 01:51:30 | 01:51:25 | 05.16 | +0:39:12 | 0:35:46 / 8 |
| 12 | 246 | STRELKOVSKA Vanda | KRAKOW |  POL | | 80 K2/8 | K / 12 | 01:53:17 | 01:52:53 | 05.21 | +0:40:40 | 0:34:42 / 3 |
| 13 | 219 | PODGÓRSKA Dorota | ALWERNIA |  POL | | 76 K2/9 | K / 13 | 01:55:55 | 01:55:23 | 05.28 | +0:43:09 | 0:38:31 / 12 |
| 14 | 94 | NAZIM Natalia | KRAKÓW |  POL | SHELL SBSC KRAKÓW | 87 K1/5 | K / 14 | 01:58:04 | 01:57:41 | 05.34 | +0:45:27 | 0:39:49 / 19 |
| 15 | 214 | KAMIŃSKA Karolina | KRAKÓW |  POL | SHELL SBSC KRAKOW / LES FEMMES COURANT D | 82 K2/10 | K / 15 | 01:58:37 | 01:58:14 | 05.36 | +0:46:01 | 0:39:51 / 20 |
| 16 | 81 | LISIK Justyna | KRAKÓW |  POL | NIEZRZESZONY | 80 K2/11 | K / 16 | 02:00:16 | 01:59:54 | 05.41 | +0:47:40 | 0:39:32 / 17 |
| 17 | 37 | CZAPCZYŃSKA Małgorzata | KRAKÓW |  POL | | 78 K2/12 | K / 17 | 02:00:44 | 02:00:11 | 05.41 | +0:47:58 | 0:41:04 / 23 |
| 18 | 82 | LISIK Katarzyna | KRAKÓW |  POL | ZYWNOSC-NATURALNA.FIRMY.NET | 82 K2/13 | K / 18 | 02:00:57 | 02:00:36 | 05.42 | +0:48:22 | 0:39:32 / 18 |
| 19 | 205 | WITKOWSKA-DZIADOSZ Anna | KRAKÓW |  POL | | 79 K2/14 | K / 19 | 02:02:10 | 02:01:41 | 05.46 | +0:49:28 | 0:41:12 / 24 |
| 20 | 48 | GASIŃSKA Anna | KRAKÓW |  POL | | 78 K2/15 | K / 20 | 02:03:20 | 02:02:48 | 05.49 | +0:50:35 | 0:41:15 / 25 |
| 21 | 134 | SMOLIK Żaneta | DĄBROWA |  POL | | 84 K1/6 | K / 21 | 02:03:39 | 02:02:59 | 05.49 | +0:50:46 | 0:40:54 / 21 |
| 22 | 122 | RUMIŃSKA-PIETRZYK Joanna | KRAKÓW |  POL | | 74 K2/16 | K / 22 | 02:04:24 | 02:03:51 | 05.52 | +0:51:38 | 0:39:11 / 14 |
| 23 | 259 | GODEK Izabela | KRAKÓW |  POL | STARE RURY | 73 K2/17 | K / 23 | 02:05:06 | 02:04:57 | 05.55 | +0:52:43 | 0:42:52 / 27 |
| 24 | 150 | WACHULEC Ewelina | KRAKÓW |  POL | BIEGAM BO LUBIĘ KRAKÓW | 80 K2/18 | K / 24 | 02:05:47 | 02:05:44 | 05.57 | +0:53:31 | 0:39:13 / 15 |
| 25 | 29 | CHAMCZYK Hanna | WIĘCKOWICE |  POL | BIEGAM BO LUBIĘ KRAKÓW | 68 K2/19 | K / 25 | 02:05:53 | 02:05:49 | 05.57 | +0:53:35 | 0:39:24 / 16 |

Klasyfikacja wg. czasów brutto

KOBIETY (WOMEN)

| <i>Msc Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Miejscowość City</i> | <i>Kraj Nat.</i> | <i>Druż / Klub Team / Club</i> | <i>R-k YoB</i> | <i>Klasyfikacje Ranks</i> | <i>Czas Time</i> | <i>Netto</i> | <i>Tempo m/km</i> | <i>diff Net</i> | <i>Check points</i> |
|-----------------|---------------|-----------------------------|-------------------------|---------------------------------------------------------------------------------------|--------------------------------|----------------|---------------------------|------------------|--------------|-------------------|-----------------|---------------------|
| 26 | 47 | FRENKIEL Monika | KRAKÓW |  POL | STARE RURY | 74 K2/20 | K / 26 | 02:06:28 | 02:06:19 | 05.59 | +0:54:05 | 0:42:52 / 28 |
| 27 | 64 | KAMYSZ Izabela | KRAKÓW |  POL | | 87 K1/7 | K / 27 | 02:06:56 | 02:06:47 | 06.00 | +0:54:33 | 0:41:02 / 22 |
| 28 | 237 | GWÓZDŹ Karolina | WARSZAWA |  POL | | 85 K1/8 | K / 28 | 02:11:07 | 02:10:24 | 06.10 | +0:58:11 | 0:44:42 / 30 |
| 29 | 307 | GAWEDA Barbara | KIELCE |  POL | NIEZRZESZONY | 54 K3/1 | K / 29 | 02:12:15 | 02:11:40 | 06.14 | +0:59:27 | 0:45:11 / 31 |
| 30 | 234 | MACURA Barbara | BOLECHOWICE |  POL | | 76 K2/21 | K / 30 | 02:14:45 | 02:14:40 | 06.23 | +1:02:27 | 0:42:20 / 26 |
| 31 | 202 | TURKO Katarzyna | BYTOM |  POL | PKO BANK POLSKI | 70 K2/22 | K / 31 | 02:15:40 | 02:14:55 | 06.23 | +1:02:41 | 0:43:39 / 29 |
| 32 | 79 | LACH Katarzyna | KRAKÓW |  POL | | 81 K2/23 | K / 32 | 02:22:32 | 02:22:05 | 06.44 | +1:09:52 | 0:46:17 / 35 |
| 33 | 68 | KOWALCZYK Joanna | KRAKÓW |  POL | | 73 K2/24 | K / 33 | 02:22:38 | 02:22:03 | 06.44 | +1:09:49 | 0:45:21 / 32 |
| 34 | 116 | POWAŻKA Elżbieta | KRAKÓW |  POL | | 74 K2/25 | K / 34 | 02:23:28 | 02:23:04 | 06.46 | +1:10:51 | 0:45:58 / 34 |
| 35 | 188 | POROSŁO Anita | MYŚLENICE |  POL | | 62 K3/2 | K / 35 | 02:24:38 | 02:23:58 | 06.49 | +1:11:45 | 0:50:11 / 38 |
| 36 | 165 | ŻAK Alicja | OŚWIĘCIM |  POL | ZADYSZKA OŚWIĘCIM | 80 K2/26 | K / 36 | 02:28:09 | 02:27:40 | 06.59 | +1:15:26 | 0:47:23 / 36 |
| 37 | 39 | DAMASIEWICZ Dorota | KRAKÓW |  POL | | 87 K1/9 | K / 37 | 02:29:43 | 02:29:33 | 07.05 | +1:17:20 | 0:45:35 / 33 |
| 38 | 229 | CYGAN Barbara | KRAKÓW |  POL | * | 73 K2/27 | K / 38 | 02:30:43 | 02:29:59 | 07.06 | +1:17:46 | 0:47:26 / 37 |
| 39 | 171 | GANCARCZYK Monika | KRAKÓW |  POL | | 71 K2/28 | K / 39 | 02:43:53 | 02:42:58 | 07.43 | +1:30:45 | 0:50:16 / 39 |