

BIEG "PRZEŁAJOWA ÓSEMKA" im. Zdzisława Nowaka

WYNIKI ZAWODÓW


















BIEG




Organizator: UM Blachownia, GKRPA Blachownia, Stowarzyszenie Pomocy Dzieciom ALMA

Termin: 02.09.2012










Miejsce: Blachownia

Dystans: 8 km










| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|-----------------------------------|--------|------------------------|-----------------------|---|--------------|---------|------------------------|-----------|------------|----------|
| BIEG Kobiety KATEGORIA:K60 | | | | | | | | | | |
| 1 | 505 | KRAKOWIAK Barbara | TRZEBNICA |  | POL | 46 | K60/1 (K)62 | 00:47:11 | 00:47:04 | 05.53 |
| 2 | 119 | HACZYK Gabriela | OPOLE |  | POL | 48 | K60/2 (K)63 | 00:47:24 | 00:47:10 | 05.53 |
| 3 | 756 | TRYBEK Wanda | CZELADŹ |  | POL | 44 | K60/3 (K)77 | 00:57:35 | 00:57:34 | 07.11 |
| BIEG Kobiety KATEGORIA:K50 | | | | | | | | | | |
| 1 | 481 | WYLECIAŁ Dorota | KATOWICE |  | POL | 60 | K50/1 (K)2 | 00:32:19 | 00:32:19 | 04.02 |
| 2 | 214 | LIBARDI-KŁYŚ Sylwia | GLIWICE |  | POL | 59 | K50/2 (K)49 | 00:44:58 | 00:44:52 | 05.36 |
| 3 | 112 | GRYGIEL Joanna | ŻARKI LETNISKO |  | POL | 59 | K50/3 (K)69 | 00:49:29 | 00:49:26 | 06.10 |
| 4 | 393 | STAGROWSKA Jadwiga | LEWIN BRZESKI |  | POL | 54 | K50/4 (K)71 | 00:50:36 | 00:50:31 | 06.18 |
| BIEG Kobiety KATEGORIA:K40 | | | | | | | | | | |
| 1 | 138 | JARKIEWICZ Aneta | PORAJ |  | POL | 72 | K40/1 (K)7 | 00:35:53 | 00:35:52 | 04.29 |
| 2 | 431 | SZYMCZYK Barbara | RUDA ŚLĄSKA |  | POL | 70 | K40/2 (K)16 | 00:39:14 | 00:39:11 | 04.53 |
| 3 | 132 | JAKUBCZYK Barbara | PSARY |  | POL | 66 | K40/3 (K)19 | 00:39:54 | 00:39:51 | 04.58 |
| 4 | 111 | GRUSZKA Małgorzata | BLACHOWNIA |  | POL | 69 | K40/4 (K)29 | 00:42:21 | 00:42:20 | 05.17 |
| 5 | 276 | NANCKA Brygida | ZABRZE |  | POL | 70 | K40/5 (K)30 | 00:42:36 | 00:42:31 | 05.18 |
| 6 | 238 | MARKOWSKA Iwona | LUBLINIEC |  | POL | 71 | K40/6 (K)34 | 00:43:16 | 00:43:11 | 05.23 |
| 7 | 476 | WRZYCIEL Karina | KOSZWICE |  | POL | 67 | K40/7 (K)43 | 00:44:39 | 00:44:33 | 05.34 |
| 8 | 366 | SERAFIN-PAZDYGA Sylwia | KRUPSKI MŁYN |  | POL | 72 | K40/8 (K)46 | 00:44:44 | 00:44:37 | 05.34 |
| 9 | 465 | WIĘCEK Anna | BYTOM |  | POL | 70 | K40/9 (K)51 | 00:45:12 | 00:45:07 | 05.38 |
| BIEG Kobiety KATEGORIA:K30 | | | | | | | | | | |
| 1 | 382 | SOJDA Mariola | CZĘSTOCHOWA |  | POL | 82 | K30/1 (K)3 | 00:33:10 | 00:33:09 | 04.08 |
| 2 | 429 | SZECÓWKA Aneta | BISKUPICE GM. OLSZTYN |  | POL | 79 | K30/2 (K)8 | 00:36:05 | 00:36:03 | 04.30 |
| 3 | 461 | WESOŁY Sabina | GLIWICE |  | POL | 78 | K30/3 (K)13 | 00:38:13 | 00:38:09 | 04.46 |
| 4 | 8 | BARAŃSKA Olga | CZĘSTOCHOWA |  | POL | 74 | K30/4 (K)15 | 00:38:39 | 00:38:33 | 04.49 |
| 5 | 198 | KUBISZ Dorota | LUBLINIEC |  | POL | 77 | K30/5 (K)17 | 00:39:32 | 00:39:19 | 04.54 |
| 6 | 492 | ZIĘTAŁ Agnieszka | BLACHOWNIA |  | POL | 78 | K30/6 (K)18 | 00:39:45 | 00:39:39 | 04.57 |
| 7 | 388 | SOSNOWSKA Anna | ŁUGI-RADŁY |  | POL | 80 | K30/7 (K)22 | 00:40:24 | 00:40:22 | 05.02 |
| 8 | 518 | WOLNA Karolina | CZĘSTOCHOWA |  | POL | 80 | K30/8 (K)24 | 00:40:55 | 00:40:48 | 05.06 |
| 9 | 269 | MYGA Ewa | CZESTOCHOWA |  | POL | 78 | K30/9 (K)25 | 00:41:03 | 00:40:49 | 05.06 |
| BIEG Kobiety KATEGORIA:K20 | | | | | | | | | | |
| 1 | 160 | KŁOSIŃSKA Ewa | KUŹNICA LECHOWA |  | POL | 90 | K20/1 (K)1 | 00:31:54 | 00:31:54 | 03.59 |
| 2 | 386 | SOSNA Agnieszka | TARNOWSKIE GÓRY |  | POL | 91 | K20/2 (K)4 | 00:35:28 | 00:35:27 | 04.25 |
| 3 | 310 | OSTROWSKA Aneta | CZĘSTOCHOWA |  | POL | 83 | K20/3 (K)5 | 00:35:34 | 00:35:33 | 04.26 |
| 4 | 226 | MAJCHRZAK Katarzyna | KRAKÓW |  | POL | 85 | K20/4 (K)6 | 00:35:36 | 00:35:30 | 04.26 |
| 5 | 466 | WILK Edyta | CZELADŹ |  | POL | 87 | K20/5 (K)9 | 00:36:24 | 00:36:22 | 04.32 |
| 6 | 490 | ZĄBKIEWICZ Katarzyna | CZĘSTOCHOWA |  | POL | 84 | K20/6 (K)10 | 00:36:39 | 00:36:37 | 04.34 |
| 7 | 268 | MUCHA Monika | CZĘSTOCHOWA |  | POL | 84 | K20/7 (K)11 | 00:37:47 | 00:37:37 | 04.42 |
| 8 | 776 | SAKOWICZ Aleksandra | P |  | POL | 87 | K20/8 (K)20 | 00:40:04 | 00:40:04 | 05.00 |
| 9 | 152 | KARMAŃSKA Anna | KATOWICE |  | POL | 84 | K20/9 (K)21 | 00:40:11 | 00:40:04 | 05.00 |
| BIEG Kobiety KATEGORIA:K16 | | | | | | | | | | |
| 1 | 13 | BEDNARCZYK Karolina | JANÓW |  | POL | 96 | K16/1 (K)12 | 00:38:08 | 00:38:08 | 04.46 |
| 2 | 387 | SOSNA Małgorzata | TARNOWSKIE GÓRY |  | POL | 94 | K16/2 (K)14 | 00:38:24 | 00:38:22 | 04.47 |
| 3 | 346 | PTAŚ Agnieszka | CZELADŹ |  | POL | 96 | K16/3 (K)23 | 00:40:31 | 00:40:27 | 05.03 |
| 4 | 108 | GROCHOWSKA Agnieszka | PIEKARY ŚLĄSKIE |  | POL | 96 | K16/4 (K)26 | 00:41:05 | 00:41:01 | 05.07 |
| 5 | 378 | SŁOMCZYŃSKA Jolanta | KAROLINA |  | POL | 94 | K16/5 (K)36 | 00:43:32 | 00:43:30 | 05.26 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|----------------------|------------------|---|--------------|---------|------------------------|-----------|------------|----------|
| 6 | 188 | KRAWCZYK Agnieszka | ŁASK |  POL | | 93 | K16/6 (K)40 | 00:44:08 | 00:44:06 | 05.30 |
| 7 | 353 | RATKA Julia | CZĘSTOCHOWA |  POL | | 98 | K16/7 (K)74 | 00:51:16 | 00:51:08 | 06.23 |
| 8 | 295 | NOWAK Julia | CZĘSTOCHOWA |  POL | | 97 | K16/8 (K)78 | 01:02:11 | 01:02:06 | 07.45 |










BIEG Mężczyźni KATEGORIA:M60

| | | | | | | | | | | |
|---|-----|--------------------------|------------|---|--|----|--------------|----------|----------|-------|
| 1 | 437 | ŚWIETLIK Henryk | CZELADŹ |  POL | | 47 | M60/1 (M)88 | 00:34:39 | 00:34:36 | 04.19 |
| 2 | 291 | NOWAK Czesław | KNURÓW |  POL | | 51 | M60/2 (M)92 | 00:34:48 | 00:34:46 | 04.20 |
| 3 | 506 | KAWECKI Marian | BRANICE |  POL | | 49 | M60/3 (M)153 | 00:37:02 | 00:37:00 | 04.37 |
| 4 | 302 | OGONOWSKI Edward | OPOLE |  POL | | 49 | M60/4 (M)172 | 00:37:39 | 00:37:29 | 04.41 |
| 5 | 63 | CZAJĘCKI Marcel | CZELADŹ |  POL | | 51 | M60/5 (M)187 | 00:38:08 | 00:38:02 | 04.45 |
| 6 | 183 | KOWALSKI-NEUKIRCH Henryk | KATOWICE |  POL | | 49 | M60/6 (M)207 | 00:39:09 | 00:39:04 | 04.53 |
| 7 | 205 | KULIJ Jan | BLACHOWNIA |  POL | | 50 | M60/7 (M)225 | 00:39:28 | 00:39:28 | 04.56 |
| 8 | 263 | MOJSIEJCZUK Ryszard | KNURÓW |  POL | | 45 | M60/8 (M)262 | 00:40:40 | 00:40:33 | 05.04 |
| 9 | 44 | BYSIEC Czesław | DOBRODZIEN |  POL | | 49 | M60/9 (M)297 | 00:41:52 | 00:41:45 | 05.13 |










BIEG Mężczyźni KATEGORIA:M50

| | | | | | | | | | | |
|---|-----|--------------------|-----------------|---|--|----|-------------|----------|----------|-------|
| 1 | 32 | BOROWSKI Krzysztof | BLACHOWNIA |  POL | | 54 | M50/1 (M)7 | 00:28:43 | 00:28:42 | 03.35 |
| 2 | 123 | HANGIEL Krzysztof | SOSNOWIEC |  POL | | 59 | M50/2 (M)10 | 00:29:21 | 00:29:21 | 03.40 |
| 3 | 474 | WRZESIŃSKI Andrzej | TYCHY |  POL | | 61 | M50/3 (M)17 | 00:30:30 | 00:30:29 | 03.48 |
| 4 | 218 | LUBNAU Marek | SOSNOWIEC |  POL | | 62 | M50/4 (M)30 | 00:31:41 | 00:31:41 | 03.57 |
| 5 | 482 | WYMYSŁO Andrzej | PIEKARY ŚLĄSKIE |  POL | | 58 | M50/5 (M)43 | 00:32:16 | 00:32:15 | 04.01 |
| 6 | 491 | ZIELONKA Wiesław | KATOWICE |  POL | | 60 | M50/6 (M)54 | 00:32:50 | 00:32:48 | 04.06 |
| 7 | 106 | GREZEL Andrzej | WANCERZÓW |  POL | | 57 | M50/7 (M)55 | 00:32:55 | 00:32:54 | 04.06 |
| 8 | 372 | SINDERA Mirosław | PSARY |  POL | | 59 | M50/8 (M)62 | 00:33:23 | 00:33:21 | 04.10 |
| 9 | 512 | HELENIAK Edward | MYSŁOWICE |  POL | | 55 | M50/9 (M)64 | 00:33:27 | 00:33:27 | 04.10 |










BIEG Mężczyźni KATEGORIA:M40

| | | | | | | | | | | |
|---|-----|--------------------|-------------|---|--|----|-------------|----------|----------|-------|
| 1 | 10 | BASTA Grzegorz | CHELMEK |  POL | | 70 | M40/1 (M)18 | 00:30:36 | 00:30:34 | 03.49 |
| 2 | 526 | SZWED Krzysztof | LUBLINIEC |  POL | | 65 | M40/2 (M)21 | 00:30:56 | 00:30:54 | 03.51 |
| 3 | 72 | DRAŹEK Paweł | BELCHATÓW |  POL | | 68 | M40/3 (M)23 | 00:31:06 | 00:31:04 | 03.53 |
| 4 | 30 | BORKOWSKI Waldemar | CZĘSTOCHOWA |  POL | | 72 | M40/4 (M)27 | 00:31:20 | 00:31:17 | 03.54 |
| 5 | 91 | GLAB Krzysztof | KŁOBUCK |  POL | | 69 | M40/5 (M)33 | 00:31:49 | 00:31:46 | 03.58 |
| 6 | 350 | RAK Dariusz | KONIECPOL |  POL | | 70 | M40/6 (M)35 | 00:31:50 | 00:31:49 | 03.58 |
| 7 | 327 | PĘDZIWIATR Robert | BLACHOWNIA |  POL | | 71 | M40/7 (M)41 | 00:32:14 | 00:32:14 | 04.01 |
| 8 | 321 | PELIKAN Andrzej | KŁOBUCK |  POL | | 66 | M40/8 (M)50 | 00:32:34 | 00:32:32 | 04.04 |
| 9 | 500 | ŻYWICKI Janusz | SZCZECIN |  POL | | 68 | M40/9 (M)56 | 00:33:07 | 00:32:55 | 04.06 |

BIEG Mężczyźni KATEGORIA:M30

| | | | | | | | | | | |
|---|-----|-----------------------|------------------|---|--|----|-------------|----------|----------|-------|
| 1 | 29 | BORKOWSKI Marcin | CZĘSTOCHOWA |  POL | | 79 | M30/1 (M)13 | 00:29:36 | 00:29:34 | 03.41 |
| 2 | 389 | SOSNOWSKI Tomasz | KŁOBUCK |  POL | | 77 | M30/2 (M)16 | 00:30:19 | 00:30:18 | 03.47 |
| 3 | 390 | SÓJKA Krzysztof | BELCHATÓW |  POL | | 77 | M30/3 (M)25 | 00:31:13 | 00:31:13 | 03.54 |
| 4 | 24 | BŁASZCZYKOWSKI Marcin | TARNOWSKIE GÓRY |  POL | | 79 | M30/4 (M)36 | 00:31:52 | 00:31:51 | 03.58 |
| 5 | 284 | NOCUŃ Tomasz | BOROWNO |  POL | | 81 | M30/5 (M)37 | 00:31:54 | 00:31:52 | 03.59 |
| 6 | 25 | BODANKA Piotr | NIEZANICE |  POL | | 79 | M30/6 (M)38 | 00:32:03 | 00:32:01 | 04.00 |
| 7 | 213 | LEWIŃSKI Krystian | DĄBROWA GÓRNICZA |  POL | | 78 | M30/7 (M)44 | 00:32:16 | 00:32:15 | 04.01 |
| 8 | 227 | MAJER Janusz | TOPOLÓW |  POL | | 76 | M30/8 (M)45 | 00:32:16 | 00:32:14 | 04.01 |
| 9 | 345 | PTAK Arkadiusz | CZĘSTOCHOWA |  POL | | 80 | M30/9 (M)46 | 00:32:19 | 00:32:18 | 04.02 |

BIEG Mężczyźni KATEGORIA:M20

| | | | | | | | | | | |
|---|-----|----------------------|-----------------|---|--|----|-------------|----------|----------|-------|
| 1 | 470 | WOCH Daniel | CZĘSTOCHOWA |  POL | | 88 | M20/1 (M)1 | 00:25:57 | 00:25:57 | 03.14 |
| 2 | 103 | GRAJCAR Łukasz | KONOPISKA |  POL | | 87 | M20/2 (M)2 | 00:26:32 | 00:26:31 | 03.18 |
| 3 | 442 | TOMZA Cyprian | CZĘSTOCHOWA |  POL | | 89 | M20/3 (M)3 | 00:27:12 | 00:27:12 | 03.24 |
| 4 | 520 | KAZEK Mateusz | MOKRZYSKA |  POL | | 90 | M20/4 (M)4 | 00:27:28 | 00:27:28 | 03.26 |
| 5 | 521 | PRZEDZIŃSKI Konrad | CZĘSTOCHOWA |  POL | | 85 | M20/5 (M)6 | 00:28:23 | 00:28:23 | 03.32 |
| 6 | 261 | MISTYGACZ Bartłomiej | WIERZCHLAS |  POL | | 84 | M20/6 (M)8 | 00:29:06 | 00:29:05 | 03.38 |
| 7 | 245 | MAZUR Artur | CZĘSTOCHOWA |  POL | | 87 | M20/7 (M)9 | 00:29:18 | 00:29:18 | 03.39 |
| 8 | 303 | OLSZEWSKI Artur | SARNÓW |  POL | | 89 | M20/8 (M)11 | 00:29:30 | 00:29:29 | 03.41 |
| 9 | 445 | TRZEPIZUR Dominik | WRĘCZYCA WIELKA |  POL | | 87 | M20/9 (M)12 | 00:29:31 | 00:29:31 | 03.41 |

BIEG Mężczyźni KATEGORIA:M16

| | | | | | | | | | | |
|---|-----|-----------------|---------------|---|--|----|-------------|----------|----------|-------|
| 1 | 367 | SĘDZIWIY Damian | RUDNIK WIELKI |  POL | | 93 | M16/1 (M)5 | 00:28:04 | 00:28:04 | 03.30 |
| 2 | 73 | DREKSLER Jakub | CZĘSTOCHOWA |  POL | | 93 | M16/2 (M)14 | 00:29:51 | 00:29:51 | 03.43 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|------------|----------|
| 3 | 18 | BIELECKI Łukasz | CZĘSTOCHOWA | | POL | 94 | M16/3 (M)40 | 00:32:11 | 00:32:07 | 04.00 |
| 4 | 234 | MAŁOLEPSZY Rafał | OLSZTYN | | POL | 93 | M16/4 (M)58 | 00:33:14 | 00:33:11 | 04.08 |
| 5 | 156 | KIELAR Wojciech | BLACHOWNIA | | POL | 97 | M16/5 (M)68 | 00:33:41 | 00:33:41 | 04.12 |
| 6 | 278 | NICPOŃ Sebastian | KRZEPICE | | POL | 93 | M16/6 (M)80 | 00:34:12 | 00:34:11 | 04.16 |
| 7 | 322 | PELIKAN Artur | KŁOBUCK | | POL | 94 | M16/7 (M)102 | 00:35:03 | 00:35:01 | 04.22 |
| 8 | 454 | WALICHNOWSKI Jakub | OLSZTYN | | POL | 96 | M16/8 (M)120 | 00:35:38 | 00:35:33 | 04.26 |
| 9 | 27 | BOLD Wojciech | BLACHOWNIA | | POL | 96 | M16/9 (M)196 | 00:38:23 | 00:38:22 | 04.47 |

NORDIC WALKING Kobiety KATEGORIA:K3

| | | | | | | | | | | |
|---|-----|-----------------------|-------------|--|-----|----|------------|----------|----------|-------|
| 1 | 695 | NIEWIADOMSKA Kornelia | GLIWICE | | POL | 61 | K3/1 (K)8 | 01:00:03 | 00:59:41 | 07.27 |
| 2 | 642 | HANGIEL Elżbieta | SOSNOWIEC | | POL | 62 | K3/2 (K)9 | 01:00:34 | 01:00:09 | 07.31 |
| 3 | 687 | MĘZIK Lidia | BLACHOWNIA | | POL | 49 | K3/3 (K)16 | 01:02:05 | 01:01:43 | 07.42 |
| 4 | 763 | WOJCIECHOWSKA Jolanta | CZĘSTOCHOWA | | POL | 60 | K3/4 (K)19 | 01:02:35 | 01:02:18 | 07.47 |
| 5 | 603 | ADAMUS Bożena | BLACHOWNIA | | POL | 52 | K3/5 (K)20 | 01:02:39 | 01:02:15 | 07.46 |
| 6 | 653 | JÓŹWIAK Bożena | KATOWICE | | POL | 57 | K3/6 (K)21 | 01:03:36 | 01:03:11 | 07.53 |
| 7 | 737 | STACHERA Michalina | DZIAŁOSZYN | | POL | 51 | K3/7 (K)22 | 01:03:45 | 01:03:23 | 07.55 |
| 8 | 668 | KOTAS Katarzyna | CZĘSTOCHOWA | | POL | 65 | K3/8 (K)23 | 01:03:50 | 01:03:31 | 07.56 |
| 9 | 712 | PLUTA Małgorzata | BLACHOWNIA | | POL | 63 | K3/9 (K)26 | 01:04:44 | 01:04:23 | 08.02 |

NORDIC WALKING Kobiety KATEGORIA:K2

| | | | | | | | | | | |
|---|-----|---------------------|----------------|--|-----|----|------------|----------|----------|-------|
| 1 | 729 | SMOLL Mariola | KRUPSKI MŁYN | | POL | 81 | K2/1 (K)2 | 00:55:24 | 00:55:05 | 06.53 |
| 2 | 638 | GRYGIEL Katarzyna | ŻARKI LETNISKO | | POL | 83 | K2/2 (K)4 | 00:56:45 | 00:56:25 | 07.03 |
| 3 | 720 | RAPACZ Ania | KRAKÓW | | POL | 83 | K2/3 (K)5 | 00:57:08 | 00:56:48 | 07.06 |
| 4 | 717 | PTAŚ Jolanta | CZELADŹ | | POL | 68 | K2/4 (K)7 | 00:59:22 | 00:59:07 | 07.23 |
| 5 | 751 | TECZA Edyta | KRUSYZNA | | POL | 84 | K2/5 (K)10 | 01:01:12 | 01:00:48 | 07.36 |
| 6 | 690 | MROSCZAK Aleksandra | RYBNIK | | POL | 69 | K2/6 (K)11 | 01:01:12 | 01:00:43 | 07.35 |
| 7 | 775 | DMOWSKA Aneta | CZĘSTOCHOWA | | POL | 76 | K2/7 (K)13 | 01:01:34 | 01:01:14 | 07.39 |
| 8 | 612 | BRONOWICKA Anna | KRUPSKI MŁYN | | POL | 75 | K2/8 (K)14 | 01:01:35 | 01:01:15 | 07.39 |
| 9 | 759 | WALOS Urszula | KRUPSKI MŁYN | | POL | 70 | K2/9 (K)15 | 01:01:35 | 01:01:16 | 07.39 |

NORDIC WALKING Kobiety KATEGORIA:K1

| | | | | | | | | | | |
|---|-----|---------------------|----------------|--|-----|----|------------|----------|----------|-------|
| 1 | 718 | RADOSZ Aleksandra | JANÓW | | POL | 97 | K1/1 (K)1 | 00:55:15 | 00:54:57 | 06.52 |
| 2 | 773 | LIPOWICZ Judyta | ZŁOTY POTOK | | POL | 96 | K1/2 (K)3 | 00:56:40 | 00:56:24 | 07.03 |
| 3 | 664 | KOKOT Paulina | IWANOWICE DUŻE | | POL | 99 | K1/3 (K)6 | 00:58:42 | 00:58:26 | 07.18 |
| 4 | 689 | MOSKALIK Magdalena | JANÓW | | POL | 96 | K1/4 (K)12 | 01:01:26 | 01:01:09 | 07.38 |
| 5 | 682 | LUBCZAŃSKA Daria | JANÓW | | POL | 97 | K1/5 (K)17 | 01:02:09 | 01:01:48 | 07.43 |
| 6 | 611 | BOROWICZ Daria | JANÓW | | POL | 97 | K1/6 (K)37 | 01:06:38 | 01:06:20 | 08.17 |
| 7 | 709 | PIOTROWSKA Karolina | KIETRZ | | POL | 96 | K1/7 (K)40 | 01:07:08 | 01:06:46 | 08.20 |
| 8 | 672 | KOZIK Anna | JANÓW | | POL | 87 | K1/8 (K)51 | 01:09:21 | 01:08:59 | 08.37 |
| 9 | 710 | PLACEK Karolina | WIELUŃ | | POL | 97 | K1/9 (K)53 | 01:09:35 | 01:09:05 | 08.38 |

NORDIC WALKING Mężczyźni KATEGORIA:M3










| | | | | | | | | | | |
|---|-----|------------------------|-----------------|--|-----|----|------------|----------|----------|-------|
| 1 | 622 | DORS Grzegorz | JANÓW | | POL | 62 | M3/1 (M)2 | 00:49:20 | 00:49:01 | 06.07 |
| 2 | 651 | JEZIORNY Ryszard | WIELUŃ | | POL | 63 | M3/2 (M)5 | 00:50:45 | 00:50:27 | 06.18 |
| 3 | 662 | KŁYŚ Ryszard | GLIWICE | | POL | 60 | M3/3 (M)11 | 00:53:35 | 00:53:19 | 06.39 |
| 4 | 755 | TORCHAŁA Andrzej | GASZYN | | POL | 61 | M3/4 (M)12 | 00:53:51 | 00:53:33 | 06.41 |
| 5 | 605 | ARABAS Krzysztof | CZĘSTOCHOWA | | POL | 52 | M3/5 (M)13 | 00:53:57 | 00:53:38 | 06.42 |
| 6 | 637 | GRYGIEL Jarosław | ŻARKI LETNISKO | | POL | 59 | M3/6 (M)15 | 00:55:02 | 00:54:43 | 06.50 |
| 7 | 764 | WOJCIECHOWSKI Waldemar | CZĘSTOCHOWA | | POL | 63 | M3/7 (M)18 | 00:55:49 | 00:55:31 | 06.56 |
| 8 | 696 | NIEWIADOMSKI Marek | GLIWICE | | POL | 56 | M3/8 (M)20 | 00:56:07 | 00:55:47 | 06.58 |
| 9 | 770 | WYMYSŁO Czesław | PIEKARY ŚLĄSKIE | | POL | 56 | M3/9 (M)23 | 00:56:46 | 00:56:28 | 07.03 |

NORDIC WALKING Mężczyźni KATEGORIA:M2

| | | | | | | | | | | |
|---|-----|------------------|------------------|--|-----|----|------------|----------|----------|-------|
| 1 | 674 | KOZIK Rafał | JANÓW | | POL | 82 | M2/1 (M)3 | 00:49:36 | 00:49:19 | 06.09 |
| 2 | 629 | GAŃSKI Robert | LUBLINIEC | | POL | 69 | M2/2 (M)4 | 00:50:00 | 00:49:40 | 06.12 |
| 3 | 658 | KILAN Piotr | IWANOWICE DUŻE | | POL | 72 | M2/3 (M)8 | 00:52:47 | 00:52:31 | 06.33 |
| 4 | 754 | TOMZIK Radosław | JANÓW | | POL | 82 | M2/4 (M)9 | 00:53:03 | 00:52:48 | 06.36 |
| 5 | 660 | KLEPACZ Mirosław | KĘDZIERZYN-KOŹLE | | POL | 67 | M2/5 (M)10 | 00:53:22 | 00:53:02 | 06.37 |
| 6 | 768 | WRÓBEL Paweł | KATOWICE | | POL | 82 | M2/6 (M)14 | 00:55:02 | 00:54:41 | 06.50 |
| 7 | 747 | SZYMCZYK Tomasz | CZĘSTOCHOWA | | POL | 82 | M2/7 (M)16 | 00:55:10 | 00:54:53 | 06.51 |
| 8 | 686 | MASIAREK Mariusz | GLIWICE | | POL | 71 | M2/8 (M)19 | 00:56:07 | 00:55:47 | 06.58 |
| 9 | 752 | TECZA Jakub | CZĘSTOCHOWA | | POL | 84 | M2/9 (M)21 | 00:56:37 | 00:56:20 | 07.02 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | Czas Netto | [min/km] |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|-------------------------|--------------------|-------------------------------|------------|----------------------|-----------------------|-----------------|
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|-------------------------|--------------------|-------------------------------|------------|----------------------|-----------------------|-----------------|

NORDIC WALKING Mężczyźni KATEGORIA:M1

| | | | | | | | | | | | |
|---|-----|---------------------|----------------------|---|--|----|------|-------|-----------------|----------|-------|
| 1 | 623 | DORS Marek | JANÓW |  POL | | 94 | M1/1 | (M)1 | 00:49:19 | 00:49:03 | 06.07 |
| 2 | 681 | LEWANDOWSKI Norbert | GASZYN |  POL | | 95 | M1/2 | (M)6 | 00:52:02 | 00:51:45 | 06.28 |
| 3 | 677 | KUSAJ Mateusz | JANÓW |  POL | | 91 | M1/3 | (M)7 | 00:52:04 | 00:51:47 | 06.28 |
| 4 | 766 | WOŹNIAK Patryk | JANÓW |  POL | | 96 | M1/4 | (M)17 | 00:55:18 | 00:55:00 | 06.52 |
| 5 | 753 | TĘCZA Mateusz | CZĘSTOCHOWA |  POL | | 91 | M1/5 | (M)29 | 00:59:42 | 00:59:21 | 07.25 |
| 6 | 721 | RAPACZ Maciej | KRAKÓW |  POL | | 89 | M1/6 | (M)37 | 01:03:20 | 01:02:59 | 07.52 |
| 7 | 314 | PAJAK Artur | SIEMIANOWICE ŚLASKIE |  POL | | 88 | M1/7 | (M)38 | 01:03:24 | 01:02:57 | 07.52 |
| 8 | 706 | PAUL Jarosław | ZABRZE |  POL | | 94 | M1/8 | (M)43 | 01:04:34 | 01:04:08 | 08.01 |
| 9 | 701 | OPARA Bartosz | PIEKARY ŚLĄSKIE |  POL | | 99 | M1/9 | (M)49 | 01:07:06 | 01:06:49 | 08.21 |