

# 19. OTWARTE MISTRZOSTWA WROCLAWIA - EDYCJA I CROSS MIĘDZY MOSTAMI

## WYNIKI ZAWODÓW

12.1km

Organizator: Stowarzyszenie OTWARTE MISTRZOSTWA WROCLAWIA

Termin: 05.03.2011

Miejsce: Wrocław

Dystans: 12,1 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]
1	90	GRONOSTAJ GRZEGORZ	WROCLAW	POL	OPERA SOFTWARE	74	M30/1		(M)1	00:41:22	00:41:22	17.55
2	35	BRYL KAROL	STRZEGOM	POL	STRZEGOM	82	M20/1		(M)2	00:41:59	00:41:59	17.29
3	121	KIELCZEWSKI GRZEGORZ	WROCLAW	POL	BIEGAJZNA.MI.PL	60	M50/1		(M)3	00:42:01	00:42:01	17.28
4	335	PIECZUROWSKI SŁAWOMIR	WROCLAW	POL	LUKS ŻÓRAWINA	60	M50/2		(M)4	00:42:29	00:42:28	17.10
5	61	DOBROWOLSKI JAN	WROCLAW	POL	MATHRIDERS.PL	87	M20/2		(M)5	00:42:47	00:42:46	16.98
6	339	SIEMASZKO JERZY	OPOLE	POL	LUKS ŻÓRAWINA	62	M40/1		(M)6	00:43:59	00:43:58	16.51
7	342	DURAK KATARZYNA	SZALEJEWO DRUGIE	POL	LUKS ŻÓRAWINA	80	K30/1		(K)1	00:44:06	00:44:05	16.47
8	41	BUSZEWSKI BENIAMIN	WROCLAW	POL		74	M30/2		(M)7	00:44:12	00:44:12	16.43
9	261	STEFAŃSKI DAWID	POZNAŃ	POL	GRUNWALD POZNAŃ	89	M20/3		(M)8	00:44:30	00:44:29	16.32
10	310	ZABŁOTNY WIESŁAW	LEGNICA	POL		66	M40/2		(M)9	00:44:56	00:44:55	16.16
11	27	GRABLEWSKI GRZEGORZ	WROCLAW	POL	WKB PIAST WROCLAW	75	M30/3		(M)10	00:45:16	00:45:15	16.04
12	332	JUSZCZAK TOMASZ	TARNOWSKIE GÓRY	POL	ISKRA LASOWICE	79	M30/4		(M)11	00:45:24	00:45:23	16.00
13	251	SPALIŃSKI PIOTR	OLAWA	POL	KB DOMBUD OLAWA	68	M40/3		(M)12	00:45:30	00:45:29	15.96
14	112	KACZMAREK ZBIGNIEW	TRZEBNICA	POL	LZS-4RUN-PILA	72	M30/5		(M)13	00:46:00	00:45:47	15.86
15	99	JACHYMZYK NORBERT	JAWORZNO	POL	KB MCKIS JAWORZNO	78	M30/6		(M)14	00:46:08	00:46:03	15.77
16	191	OPALIŃSKI ARKADIUSZ	ŻÓRAWINA	POL	LUKS ŻÓRAWINA	82	M20/4		(M)15	00:46:11	00:46:09	15.73
17	374	KUŻMA WIESŁAW	WROCLAW	POL	WKB PIAST WROCLAW	62	M40/4		(M)16	00:46:13	00:46:12	15.71
18	373	CZERSKI MARIAN	WROCLAW	POL	WKB PIAST WROCLAW	57	M50/3		(M)17	00:46:23	00:46:22	15.66
19	214	POPIACKI WIESŁAW	SICHÓW	POL		82	M20/5		(M)18	00:46:30	00:46:28	15.62
20	59	JAREMA MICHAŁ	WROCLAW	POL	SEKCJA BIEGÓW PWR	87	M20/6		(M)19	00:46:38	00:46:37	15.57
21	345	FRANKOWSKI DAMIAN	WROCLAW	POL	WKB PIAST WROCLAW	70	M40/5		(M)20	00:46:50	00:46:49	15.51
22	221	REGIMOWICZ TOMASZ	GŁOGÓWEK	POL		76	M30/7		(M)21	00:47:03	00:47:02	15.44
23	400	STRZAŁKA SŁAWOMIR	WROCLAW	POL		86	M20/7		(M)22	00:47:14	00:47:11	15.39
24	116	KAPA WOJCIECH	CHRZANÓW	POL	KS AZS POLITECHNIKA WROCLAWSKA	84	M20/8		(M)23	00:47:17	00:47:14	15.37
25	23	BIELICKI BARTOSZ	MILICZ	POL		80	M30/8		(M)24	00:47:19	00:47:18	15.35
26	343	DOMOWICZ JACEK	BOLESŁAWIEC	POL	CYKLO SPORT	67	M40/6		(M)25	00:47:27	00:47:23	15.32
27	337	ŁOZA ADAM	WROCLAW	POL	JUVENIA WROCLAW	64	M40/7		(M)26	00:47:33	00:47:24	15.32
28	185	NOWACKI MATEUSZ	OLAWA	POL	ODRA BRZEG	91	M20/9		(M)27	00:47:41	00:47:40	15.23
29	280	PILARSKI DIONIZY	OLEŚNICA	POL	LUPUS OLEŚNICA	61	M50/4		(M)28	00:47:46	00:47:43	15.21
30	73	GADZIŃSKI MAREK	WROCLAW	POL	WKB PIAST WROCLAW	62	M40/8		(M)29	00:47:50	00:47:48	15.19
31	336	NOWACKI SŁAWOMIR	WROCLAW	POL	LUKS ŻÓRAWINA	57	M50/5		(M)30	00:47:52	00:47:50	15.18
32	206	PŁONECKI MARCIN	WROCLAW	POL	KB DOMBUD OLAWA	82	M20/10		(M)31	00:47:58	00:47:32	15.27
33	290	URAMEK GRZEGORZ	OBORNIKI ŚLĄSKIE	POL		74	M30/9		(M)32	00:48:03	00:48:02	15.11
34	134	KOZŁOWSKI KRYSZTIAN	ZŁOTORYJA	POL	OLAWS ZŁOTORYJA	85	M20/11		(M)33	00:48:06	00:48:04	15.10
35	201	PISKOROWSKA DANUTA	WROCLAW	POL	LUKS ŻÓRAWINA	80	K30/2		(K)2	00:48:06	00:48:06	15.09
36	24	BIENIAS ANDRZEJ	WROCLAW	POL	LUKS ŻÓRAWINA	71	M40/9		(M)34	00:48:12	00:48:11	15.07
37	360	KOZŁOWSKI PAWEŁ	WROCLAW	POL	WKB PIAST WROCLAW	91	M20/12		(M)35	00:48:13	00:48:11	15.07
38	107	JAROSIK JACEK	MIĘDZYBÓRZ	POL	UKS MIĘDZYBÓRZ	89	M20/13		(M)36	00:48:19	00:48:10	15.07
39	216	PROSTEK SŁAWOMIR	KŁODZKO	POL	LUKS ŻÓRAWINA	78	M30/10		(M)37	00:48:25	00:48:20	15.02
40	379	PIECHOWICZ MARCIN	WROCLAW	POL	WKB PIAST WROCLAW	84	M20/14		(M)38	00:48:31	00:48:28	14.98
41	249	SOBOLEWSKI MARCIN	WROCLAW	POL		80	M30/11		(M)39	00:48:34	00:48:28	14.98
42	277	SZYMENDERSKI MARCIN	KOTOWICE	POL	KB DOMBUD OLAWA	81	M30/12		(M)40	00:48:51	00:48:47	14.88
43	289	ULIASZ JERZY	BYSTRZYCA KŁODZKA	POL	L.K.S.ISKRA JASZKOWA	69	M40/10		(M)41	00:48:57	00:48:54	14.85
44	169	MELECH TOMASZ	OLAWA	POL		78	M30/13		(M)42	00:49:10	00:49:07	14.78
45	203	PLESNER MIECZYSLAW	WIŃSKO	POL		71	M40/11		(M)43	00:49:11	00:49:09	14.77
46	282	TOMCZAK HENRYK	WROCLAW	POL	WKB PIAST WROCLAW	62	M40/12		(M)44	00:49:12	00:49:09	14.77

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47	51	SAKOWSKI MARCIN	RYCHWAŁ	POL		91 M20/15 (M)45	00:49:22	00:49:20 14.72
48	383	KOWALCZYK JACEK	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	69 M40/13 (M)46	00:49:26	00:49:23 14.70
49	147	LESKIEWICZ IGOR	ŻÓRAWINA	POL		85 M20/16 (M)47	00:49:30	00:49:24 14.70
50	231	RYMARSKI ARKADIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	75 M30/14 (M)48	00:49:39	00:49:37 14.63
51	47	CIBIS PAWEŁ	WROCLAW	POL		82 M20/17 (M)49	00:49:56	00:49:52 14.56
52	204	PLESNER RYSZARD	WOŁÓW	POL	ULKS PODLASIE WOŁÓW	64 M40/14 (M)50	00:50:05	00:50:03 14.51
53	218	RAJA PAWEŁ	WROCLAW	POL	BIEGI.ORG	85 M20/18 (M)51	00:50:09	00:50:07 14.49
54	198	PAWLAK GABRIEL	WOJNOWICE	POL	KS AZS POLITECHNIKA WROCLAWSKA	79 M30/15 (M)52	00:50:10	00:50:07 14.49
55	255	STANKIEWICZ ANTONI	SOBÓTKA	POL	WKB PIAST WROCLAW	58 M50/6 (M)53	00:50:12	00:50:08 14.48
56	357	WILK CZESŁAW	WĘGRÓW	POL	TSV PERŁA WĘGRÓW	58 M50/7 (M)54	00:50:20	00:50:16 14.44
57	177	MORAWSKA MARZENA	WROCLAW	POL	WKB PIAST WROCLAW	76 K30/3 (K)3	00:50:25	00:50:24 14.40
58	69	FEDOROWICZ JACEK	WROCLAW	POL	VAMOS AMIGOS	70 M40/15 (M)55	00:50:29	00:49:03 14.80
59	103	JANOWSKI KRZYSZTOF	KAMIENIEC	POL	LUKS ŻÓRAWINA	70 M40/16 (M)56	00:50:37	00:50:35 14.35
60	105	JARECKI DAMIAN	TRZEBNICA	POL	LZS TRZEBNICA	93 M16/1 (M)57	00:50:40	00:50:38 14.34
61	164	MALEK KRZYSZTOF	MOCZYDLINICA	POL	WKB PIAST WROCLAW	68 M40/17 (M)58	00:50:52	00:50:48 14.29
62	170	MICHALSKI ADAM	SOBÓTKA	POL	AM SOBÓTKA	70 M40/18 (M)59	00:50:56	00:50:51 14.28
63	359	ZIOBER PAWEŁ	WROCLAW	POL	WKB PIAST WROCLAW	77 M30/16 (M)60	00:50:57	00:50:57 14.25
64	60	DOBROWOLSKI EMILIAN	WROCLAW	POL		77 M30/17 (M)61	00:50:58	00:50:53 14.27
65	42	WIŚNIEWSKI SŁAWOMIR	WROCLAW	POL	WKB PIAST WROCLAW	73 M30/18 (M)62	00:51:12	00:51:06 14.21
66	165	MALESZKA WOJCIECH	WROCLAW	POL		80 M30/19 (M)63	00:51:14	00:51:14 14.17
67	229	RYBA JAN	WROCLAW	POL		62 M40/19 (M)64	00:51:19	00:51:18 14.15
68	281	TOŁŁOCZKO ARKADIUSZ	JELCZ-LASKOWICE	POL	JELCZ-LASKOWICE	77 M30/20 (M)65	00:51:25	00:51:16 14.16
69	308	WRÓBEL SEBASTIAN	WROCLAW	POL	MARATONY POLSKIE TEAM	80 M30/21 (M)66	00:51:33	00:51:28 14.11
70	226	ROJKOWSKI ŁUKASZ	ŻERNIKI WROCLAWSKIE	POL	MKS MOS WROCLAW	92 M16/2 (M)67	00:51:36	00:51:34 14.08
71	153	LORYŚ MARCIN	WROCLAW	POL	MKS MOS WROCLAW	92 M16/3 (M)68	00:51:37	00:51:35 14.07
72	32	BORKOWSKI WALDEMAR	CZĘSTOCHOWA	POL	KLA ZABIEGANI CZĘSTOCHOWA	72 M30/22 (M)69	00:51:40	00:51:31 14.09
73	306	BORUTA PAWEŁ	WROCLAW	POL	JUVENIA WROCLAW	94 M16/4 (M)70	00:51:48	00:51:47 14.02
74	67	DYGUDAJ JERZY	LEGNICA	POL	KB LEW LEGNICA	49 M60/1 (M)71	00:51:55	00:51:53 13.99
75	44	CHODOR MARIUSZ	WROCLAW	POL	TRENER OSIEDLOWY	79 M30/23 (M)72	00:52:04	00:51:51 14.00
76	384	TAJDUŚ BOGUSŁAW	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	65 M40/20 (M)73	00:52:06	00:52:02 13.95
77	154	LYSZCZYNA TOMASZ	KATOWICE	POL		80 M30/24 (M)74	00:52:09	00:51:54 13.99
78	304	JĘDRYSIK JACEK	OPOLE	POL	MOST	88 M20/19 (M)75	00:52:12	00:52:04 13.94
79	74	GARCZYŃSKI GRZEGORZ	LUBIN	POL		47 M60/2 (M)76	00:52:21	00:52:17 13.89
80	120	KICINSKI ROMAN	NOWA WIEŚ	POL	NIEZRZESZONY	54 M50/8 (M)77	00:52:25	00:52:20 13.87
81	71	FOKSA MAREK	OSTRZESZÓW	POL	BORKI MORAWA	56 M50/9 (M)78	00:52:25	00:52:21 13.87
82	303	WOYCZYŃSKI DARIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	68 M40/21 (M)79	00:52:27	00:52:20 13.87
83	151	LITWIN JAN	WROCLAW	POL	IM2010 ŚCIEŻKI BIEGOWE	61 M50/10 (M)80	00:52:33	00:52:31 13.82
84	242	SKUZA KRZYSZTOF	LEGNICA	POL		80 M30/25 (M)81	00:52:34	00:52:25 13.85
85	68	CHODAKOWSKI ŁUKASZ	WROCLAW	POL		81 M30/26 (M)82	00:52:38	00:52:29 13.83
86	287	TUREK MICHAŁ	WSCHOWA	POL		87 M20/20 (M)83	00:52:43	00:52:31 13.82
87	145	SIDOR DARIUSZ	WROCLAW	POL	IM 2010	67 M40/22 (M)84	00:52:52	00:52:44 13.77
88	300	WINNICKA NATALIA	ŁĄKA PRUDNICKA	POL	UKS MOS OPOLE	91 K20/1 (K)4	00:52:58	00:52:56 13.72
89	241	SKRZYPCZAK TOMASZ	WROCLAW	POL	WKB PIAST WROCLAW	85 M20/21 (M)85	00:53:00	00:52:59 13.70
90	83	GOŁĘBIEWSKI JACEK	ŚWIDNICA	POL	HERMES ŚWIDNICA	74 M30/27 (M)86	00:53:01	00:52:51 13.74
91	62	DREWNICKA-OGRODNIK JOANNA	WROCLAW/PRZEMILÓW	POL		67 K40/1 (K)5	00:53:04	00:53:03 13.69
92	301	WOJCIESZONEK KRZYSZTOF	GÓRA->WROCLAW	POL	ODDZIAŁ ŻANDARMERII WOJSKOWEJ WE WROCLAWIU	86 M20/22 (M)87	00:53:06	00:53:02 13.69
93	133	KORKUŚ JAROSŁAW	WROCLAW	POL	JOHN WESTON GROUP	86 M20/23 (M)88	00:53:14	00:52:50 13.74
94	396	WRÓBLEWSKI MIECZYSLAW	WROCLAW	POL		56 M50/11 (M)89	00:53:15	00:53:13 13.64
95	299	WIKTOROWICZ TOMASZ	WROCLAW	POL		81 M30/28 (M)90	00:53:16	00:53:05 13.68
96	313	ZALĘSKI HENRYK	SOBÓTKA	POL	WKB PIAST WROCLAW	45 M60/3 (M)91	00:53:19	00:53:14 13.64
97	20	BASIŃSKI PIOTR	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	89 M20/24 (M)92	00:53:31	00:53:19 13.62
98	247	SOBCZAK ANDRZEJ	NOWA WIEŚ KAĆKA	POL	BIEGAJZNAMI.PL	61 M50/12 (M)93	00:53:36	00:53:30 13.57
99	45	CHOJA ŁUKASZ	BOGATYNIA	POL	NIEZRZESZONA	84 M20/25 (M)94	00:53:40	00:53:35 13.55
100	296	WIECZOREK KRZYSZTOF	RAWICZ	POL		93 M16/5 (M)95	00:53:41	00:53:28 13.58
101	232	SABOK BERNARD	WROCLAW	POL	IM2010	74 M30/29 (M)96	00:53:49	00:53:41 13.52
102	395	PIETRZYK DARIUSZ	WROCLAW	POL		59 M50/13 (M)97	00:53:49	00:53:46 13.50

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103	128	KOMAR MARCIN	ZĄBKOWICE ŚLĄSKIE	POL		83	M20/26 (M)98	00:53:53	00:53:41 13.52
104	248	ANDRZEJEWSKI PAWEŁ	WROCLAW	POL	IM 2010	83	M20/27 (M)99	00:53:54	00:53:45 13.51
105	114	KALINOWSKI GRZEGORZ	BIELANY WROCLAWSKIE	POL	TEMMPPO WALBRZYCH	75	M30/30 (M)100	00:54:03	00:53:58 13.45
106	200	PIOTRKOWSKI JERZY	WROCLAW	POL	WKB PIAST WROCLAW	58	M50/14 (M)101	00:54:03	00:53:55 13.47
107	353	ANASZEWSKI ANDRZEJ	WROCLAW	POL		68	M40/23 (M)102	00:54:16	00:54:07 13.42
108	18	BARTCZAK GRZEGORZ	WROCLAW	POL		87	M20/28 (M)103	00:54:24	00:54:12 13.39
109	311	ZACZYK DARIUSZ	BOGUSZÓW-GORCE	POL	WBIEGU24.PL	93	M16/6 (M)104	00:54:27	00:54:23 13.35
110	381	DRESZER PAWEŁ	CHMIELOWICE	POL		85	M20/29 (M)105	00:54:30	00:54:26 13.34
111	138	KRAŚNIEWSKI KRZYSZTOF	RADZIĄDZ	POL		65	M40/24 (M)106	00:54:44	00:54:35 13.30
112	258	WARWAS ARTUR	WROCLAW	POL	WKB PIAST WROCLAW	66	M40/25 (M)107	00:54:48	00:54:30 13.32
113	159	ŁUDZIŃSKI MIROSLAW	WROCLAW	POL	WCT SPARTAN	60	M50/15 (M)108	00:54:48	00:54:43 13.27
114	372	TROJAN STANISŁAW	WROCLAW	POL	WKB PIAST WROCLAW	58	M50/16 (M)109	00:55:01	00:54:58 13.21
115	208	PLUKARSKI PATRYK	WROCLAW	POL	GREEN TEAM	82	M20/30 (M)110	00:55:04	00:54:52 13.23
116	368	WITKOWSKI ZYGMUNT	KĄTY WROCLAWSKIE	POL	KB KĄTY WROCLAWSKIE	49	M60/4 (M)111	00:55:05	00:54:39 13.28
117	140	KRĘŻEL MAREK	WROCLAW	POL		84	M20/31 (M)112	00:55:06	00:54:47 13.25
118	127	KŁOPOTOWSKI GRZEGORZ	LWÓWEK ŚLĄSKI	POL		75	M30/31 (M)113	00:55:09	00:55:01 13.20
119	91	GRZYB SŁAWOMIR	WROCLAW	POL		81	M30/32 (M)114	00:55:11	00:54:58 13.21
120	230	RYBICKI MARCIN	SKARŻYSKO-KAMIENNA	POL		80	M30/33 (M)115	00:55:13	00:54:49 13.24
121	328	JENDASZAK ZDZISŁAW	JELCZ LASKOWICE	POL		53	M50/17 (M)116	00:55:16	00:55:15 13.14
122	158	ŁOPUSIEWICZ JANUSZ	WROCLAW	POL		84	M20/32 (M)117	00:55:16	00:55:01 13.20
123	97	IDCZAK BARTOSZ	WROCLAW	POL		83	M20/33 (M)118	00:55:20	00:55:10 13.16
124	33	BORUCKI ARTUR	WROCLAW	POL	CSWIICH WROCLAW	64	M40/26 (M)119	00:55:24	00:55:16 13.14
125	356	KROWICKA DOROTA	WROCLAW	POL	WKB PIAST WROCLAW	69	K40/2 (K)6	00:55:41	00:55:37 13.05
126	130	KONIECZNY JANUSZ	WROCLAW	POL		55	M50/18 (M)120	00:55:41	00:55:26 13.10
127	57	BARANIEC MARIUSZ	WROCLAW	POL		78	M30/34 (M)121	00:55:43	00:55:43 13.03
128	278	WIACEK MAREK		POL		62	M40/27 (M)122	00:56:01	00:55:46 13.02
129	239	SKUDLARSKI KAMIL	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ	61	M50/19 (M)123	00:56:02	00:55:56 12.98
130	183	NONAS PIOTR	WROCLAW	POL	WCT SPARTAN	67	M40/28 (M)124	00:56:04	00:55:59 12.97
131	276	SZYMAŃSKA ANNA	KRZEPTÓW	POL		85	K20/2 (K)7	00:56:05	00:56:01 12.96
132	161	MACHATA JACEK	WROCLAW	POL		78	M30/35 (M)125	00:56:06	00:55:56 12.98
133	215	PROĆ MAREK	WROCLAW	POL		72	M30/36 (M)126	00:56:14	00:56:00 12.96
134	386	CIBORSKI IRENEUSZ	WROCLAW	POL	ADDICT WROCLAW	53	M50/20 (M)127	00:56:17	00:56:10 12.93
135	104	JANUSZKIEWICZ GRZEGORZ	JELENIA GÓRA	POL		57	M50/21 (M)128	00:56:18	00:56:14 12.91
136	113	BORKOWSKI TOMASZ	WROCLAW	POL		74	M30/37 (M)129	00:56:23	00:56:13 12.91
137	157	ŁAWRYNOWICZ JAKUB	WROCLAW	POL	NIEZRZESZONY	80	M30/38 (M)130	00:56:27	00:56:21 12.88
138	34	BORUCKI KRZYSZTOF	WROCLAW	POL	AZS UW	91	M20/34 (M)131	00:56:28	00:56:20 12.89
139	294	HENIEC PAWEŁ	SŁUBICE	POL		87	M20/35 (M)132	00:56:31	00:56:25 12.87
140	341	WESOŁOWSKI STANISŁAW	URAZ	POL	WKB PIAST WROCLAW	54	M50/22 (M)133	00:56:34	00:56:26 12.86
141	331	KASZUBA EDWARD	WROCLAW	POL	WKB PIAST WROCLAW	44	M60/5 (M)134	00:56:35	00:56:28 12.86
142	115	KANIEWSKI LESŁAW	TRZEBNICA	POL	LZS TRZEBNICA	53	M50/23 (M)135	00:56:37	00:56:33 12.84
143	375	SZCZEPANIAK KRZYSZTOF	OLEŚNICA	POL	LUPUS OLEŚNICA	72	M30/39 (M)136	00:56:43	00:56:36 12.83
144	17	LEBIODA RAFAŁ	WROCLAW	POL		75	M30/40 (M)137	00:56:44	00:56:40 12.81
145	354	MARCINKIEWICZ TADEUSZ	WROCLAW	POL	WKB PIAST WROCLAW	53	M50/24 (M)138	00:56:48	00:56:34 12.83
146	11	ADAMCZYK MATEUSZ	ŻÓRAWINA	POL	KLUB KRASNALA	80	M30/41 (M)139	00:56:52	00:56:34 12.83
147	233	SADZIŃSKI ROBERT	WROCLAW	POL		61	M50/25 (M)140	00:56:55	00:56:51 12.77
148	317	ŻABIŃSKI GRZEGORZ	TRZEBNICA	POL	LZS TRZEBNICA	82	M20/36 (M)141	00:56:57	00:56:53 12.76
149	385	SIERKA ARTUR	WROCLAW	POL		81	M30/42 (M)142	00:56:58	00:56:42 12.80
150	366	MRÓZ WOJCIECH	WROCLAW	POL		83	M20/37 (M)143	00:57:03	00:56:54 12.76
151	362	KOZŁOWSKI SEBASTIAN	WROCLAW	POL		94	M16/7 (M)144	00:57:03	00:57:02 12.73
152	98	JACH PAWEŁ	WROCLAW	POL		64	M40/29 (M)145	00:57:06	00:57:00 12.74
153	19	BASAŁYGO MACIEK	WROCLAW	POL		71	M40/30 (M)146	00:57:06	00:56:56 12.75
154	189	OLENIA SZ MAREK	TRZEBNICA	POL	LZS TRZEBNICA	55	M50/26 (M)147	00:57:07	00:57:01 12.73
155	265	SZCZEPANIAK JAN	GÓRKI	POL	WKB `SKORPION` - OPOLE	58	M50/27 (M)148	00:57:07	00:56:46 12.79
156	267	SZCZEŚNIAK ANDRZEJ	WROCLAW	POL	KS ARTEMIS/WOMP WROCLAW	49	M60/6 (M)149	00:57:16	00:57:15 12.68
157	49	CYMANEK ANDRZEJ	WROCLAW	POL	FORTUM WROCLAW	62	M40/31 (M)150	00:57:23	00:57:22 12.66
158	199	PIEŚKIEWICZ MAŁGORZATA	LEŚNA	POL	AZS AM WROCLAW	86	K20/3 (K)8	00:57:27	00:57:25 12.64
159	329	PUSZCZEWICZ ZENON	KOŚCIERZYCE	POL	LUPUS OLEŚNICA	41	M70/1 (M)151	00:57:35	00:57:34 12.61

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k W kategorii Grupy YoB in Age Group Sex</b>	<b>Wynik Time</b>	<b>Wynik Netto [km/h]</b>
160	156	ŁASAK GRZEGORZ	OLAWA	POL		77 M30/43 (M)152	00:57:35	00:57:16 12.68
161	149	LISOWSKI PRZEMYSŁAW	CHABRÓW	POL	AMATOR	87 M20/38 (M)153	00:57:36	00:57:15 12.68
162	389	PALCZAK JÓZEF	WROCLAW	POL	WKB PIAST WROCLAW	41 M70/2 (M)154	00:57:36	00:57:33 12.62
163	168	MASALSKA-PAWLAK AGATA	WROCLAW	POL	KS AZS POLITECHNIKA WROCLAWSKA	81 K30/4 (K)9	00:57:43	00:57:39 12.59
164	141	GERUS MACIEJ	WROCLAW	POL		93 M16/8 (M)155	00:57:45	00:57:30 12.63
165	295	WAWRZYNIAK HUBERT	WROCLAW	POL		71 M40/32 (M)156	00:57:46	00:57:20 12.66
166	365	LELEWSKI JACEK	WROCLAW	POL	JUVENIA WROCLAW	65 M40/33 (M)157	00:58:03	00:57:38 12.60
167	205	PLUCIŃSKI DARIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	62 M40/34 (M)158	00:58:05	00:57:05 12.72
168	321	SEMLA RAFAŁ	WROCLAW	POL		74 M30/44 (M)159	00:58:08	00:58:01 12.51
169	28	BOBORYK STANISŁAW	GORZÓW WLKP.	POL	TROMBARE GORZÓW	87 M20/39 (M)160	00:58:09	00:57:51 12.55
170	238	SERAFIN JACEK	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	67 M40/35 (M)161	00:58:14	00:58:07 12.49
171	143	KSOK MIROSLAW	WROCLAW	POL	ŚCIEŻKI BIEGOWE WROCLAW	57 M50/28 (M)162	00:58:16	00:58:03 12.51
172	50	CZAJKOWSKI STANISŁAW	JELCZ-LASKOWICE	POL	ZIMNAR JELCZ-LASKOWICE	50 M60/7 (M)163	00:58:21	00:58:18 12.45
173	307	MACHOWSKI EDWARD	WOŁÓW	POL	WKB PIAST WROCLAW	48 M60/8 (M)164	00:58:23	00:58:18 12.45
174	272	SZOSTAK ŁUKASZ	WROCLAW	POL	IM2010	83 M20/40 (M)165	00:58:25	00:58:18 12.45
175	188	OLENDER GRZEGORZ	WROCLAW	POL		78 M30/45 (M)166	00:58:25	00:58:12 12.47
176	243	SMAGAŁA WOJCIECH	WROCLAW	POL	WKB PIAST WROCLAW	81 M30/46 (M)167	00:58:29	00:58:20 12.45
177	136	KOZYRSKA AGNIESZKA	SOBÓTKA	POL	WKB PIAST WROCLAW	72 K30/5 (K)10	00:58:47	00:58:38 12.38
178	106	JAROCKA EWA	WROCLAW	POL		78 K30/6 (K)11	00:59:00	00:58:55 12.32
179	236	SEIFFERT PAWEŁ	BRZEG	POL		87 M20/41 (M)168	00:59:03	00:58:55 12.32
180	129	KOMÓR WIESŁAW	WIĄZÓW	POL	VRATISLAVIA 2011	62 M40/36 (M)169	00:59:05	00:57:43 12.58
181	66	DUDA JAROSŁAW	OLEŚNICA	POL		74 M30/47 (M)170	00:59:08	00:59:03 12.29
182	29	BOGDAŁ ŻANETA	WROCLAW	POL		80 K30/7 (K)12	00:59:08	00:58:48 12.35
183	166	MALSKI PIOTR	LUBIN	POL		65 M40/37 (M)171	00:59:12	00:58:50 12.34
184	314	ZARĘBSKI WOJCIECH	WROCLAW	POL		72 M30/48 (M)172	00:59:22	00:59:15 12.25
185	334	STRZELCZYK ARKADIUSZ	GLUCHOŁAZY	POL	CHROBRY GLUCHOŁAZY	58 M50/29 (M)173	00:59:24	00:59:13 12.26
186	63	WIŚNIEWSKI SYLWESTER	WROCLAW	POL		64 M40/38 (M)174	00:59:34	00:59:30 12.20
187	369	BANDZARZEWSKI MACIEJ	KOMOROWICE	POL	AZS POLITECHNIKA WROCLAWSKA	88 M20/42 (M)175	00:59:36	00:59:25 12.22
188	22	BIAŁA WERONIKA	OSIECZNA	POL	LKO	86 K20/4 (K)13	00:59:42	00:59:38 12.17
189	378	RUTA PAWEŁ	WROCLAW	POL		75 M30/49 (M)176	00:59:48	00:59:31 12.20
190	194	PASZKOWSKI TOMASZ	WROCLAW	POL	NIEZRZESZONY	74 M30/50 (M)177	01:00:08	01:00:03 12.09
191	364	MICHLER AGNIESZKA	WROCLAW	POL	MKS JUVENIA WROCLAW	94 K16/1 (K)14	01:00:09	01:00:08 12.07
192	363	KOZŁOWSKI JAKUB	WROCLAW	POL		92 M16/9 (M)178	01:00:10	01:00:03 12.09
193	76	GĘSTWA WOJCIECH	WROCLAW	POL	TEAM AMNESTY INTERNATIONAL	78 M30/51 (M)179	01:00:14	00:59:58 12.11
194	207	PŁONKA MARIAN	WROCLAW	POL	WKB PIAST WROCLAW	48 M60/9 (M)180	01:00:16	01:00:14 12.05
195	274	SZUMSKI PIOTR	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	69 M40/39 (M)181	01:00:21	01:00:08 12.07
196	371	DRABIK MARCIN	WROCLAW	POL	WKB PIAST WROCLAW	71 M40/40 (M)182	01:00:30	01:00:17 12.04
197	351	SIEŁOWSKI MARCIN	OBORNIKI ŚLĄSKIE	POL	MARATONY 24.PL	78 M30/52 (M)183	01:00:32	01:00:25 12.02
198	305	WOŹNICA ROMAN	BIERZYCE	POL		71 M40/41 (M)184	01:00:36	01:00:23 12.02
199	268	SZCZĘŚNIK JERZY	WROCLAW	POL		68 M40/42 (M)185	01:00:36	01:00:26 12.01
200	240	SIKORA JANUSZ	WROCLAW	POL	WKB PIAST WROCLAW	57 M50/30 (M)186	01:00:38	01:00:32 11.99
201	361	GRONOWICZ TOMASZ	WROCLAW	POL		73 M30/53 (M)187	01:00:46	01:00:30 12.00
202	252	SPYCHAŁA MAREK	WROCLAW	POL	MKS MOS WROCLAW	75 M30/54 (M)188	01:00:50	01:00:31 12.00
203	394	DROZD PAWEŁ	NYSA	POL		85 M20/43 (M)189	01:00:53	01:00:37 11.98
204	14	AUGUSTYNIAK RAFAŁ	ZŁOTNIKI	POL	NIEZRZESZONY	72 M30/55 (M)190	01:00:58	01:00:52 11.93
205	397	MACIEJEWSKI MACIEJ	WROCLAW	POL		89 M20/44 (M)191	01:01:01	01:00:54 11.92
206	270	SZMIT RADOSŁAW	STRZELIN	POL	WKB PIAST WROCLAW	79 M30/56 (M)192	01:01:02	01:00:48 11.94
207	286	TRZEBSKI GRZEGORZ	DOMANICE	POL		80 M30/57 (M)193	01:01:16	01:01:06 11.88
208	222	REKOWSKI KRZYSZTOF	WROCLAW	POL		75 M30/58 (M)194	01:01:18	01:01:12 11.86
209	144	CZYKINOWSKI ADAM	MACIEJOWICE	POL		76 M30/59 (M)195	01:01:21	01:01:10 11.87
210	347	PAROBCZY PIOTR	WROCLAW	POL		76 M30/60 (M)196	01:01:21	01:01:11 11.87
211	323	MATKOWSKI KAZIMIERZ	PIETRZYKOWICE	POL		62 M40/43 (M)197	01:01:23	01:01:16 11.85
212	46	CHOJNACKI BARTŁOMIEJ	WROCLAW	POL		86 M20/45 (M)198	01:01:25	01:01:09 11.87
213	269	SZCZOT ANDRZEJ	WROCLAW	POL	WKB PIAST WROCLAW	76 M30/61 (M)199	01:01:36	01:01:22 11.83
214	257	STAROŚCIAK ANTONI	WROCLAW	POL	WSOWLAD	44 M60/10 (M)200	01:01:39	01:01:23 11.83
215	12	ADAMCZYK TOMEK	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA	67 M40/44 (M)201	01:01:49	01:01:16 11.85
216	30	BOGDANOWICZ MARIA	WROCLAW	POL	AMATOR	66 K40/3 (K)15	01:01:54	01:01:50 11.74

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<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k W kategorii Grupy YoB in Age Group Sex</b>	<b>Wynik Time</b>	<b>Wynik Netto [km/h]</b>
217	399	WOŹNIAK JUSTYNA	WROCLAW	POL		82 K20/5 (K)16	01:02:05	01:01:42 11.77
218	344	KUBASEK KRZYSZTOF	WROCLAW	POL		79 M30/62 (M)202	01:02:15	01:02:12 11.67
219	340	BIAŁOWAŚ KAROL	OLAWA	POL	DOMBUD OLAWA	84 M20/46 (M)203	01:02:16	01:01:50 11.74
220	100	JACKOWIAK JACEK	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	77 M30/63 (M)204	01:02:21	01:02:00 11.71
221	318	HACKEMER MAREK	WROCLAW	POL		58 M50/31 (M)205	01:02:25	01:02:14 11.67
222	96	HURAS ADRIANNA	MYSZKÓW	POL		88 K20/6 (K)17	01:02:25	01:02:09 11.68
223	273	SZPAK MARCIN	WROCLAW	POL	KLUB MISIA	80 M30/64 (M)206	01:02:30	01:02:06 11.69
224	184	NORKIEWICZ WIKTOR	WROCLAW	POL		82 M20/47 (M)207	01:02:34	01:02:34 11.60
225	101	JALOCHA TOMEK	WYSOKA	POL	AMATOR	79 M30/65 (M)208	01:02:35	01:02:22 11.64
226	246	SNOPEK RAFAŁ	WROCLAW	POL		78 M30/66 (M)209	01:02:35	01:02:22 11.64
227	319	ŻAK KRZYSZTOF	WROCLAW	POL	NIEZRZESZONY	49 M60/11 (M)210	01:02:40	01:02:18 11.65
228	202	PIWOWARSKI GRZEGORZ	SYCÓW	POL	KB LUPUS SYCÓW	66 M40/45 (M)211	01:02:51	01:02:46 11.57
229	224	ROGAŁA KLAUDIUSZ	WROCLAW	POL	DRUŻYNA SZPIKU	73 M30/67 (M)212	01:02:53	01:02:45 11.57
230	122	KIELT JACEK	ŁAŃCUT	POL		87 M20/48 (M)213	01:02:57	01:02:43 11.58
231	77	GIERAŚ TOMASZ	WROCLAW	POL		85 M20/49 (M)214	01:03:01	01:02:36 11.60
232	291	WANAT WACŁAW	WROCLAW	POL	WROCLAW KUŹNIKI	46 M60/12 (M)215	01:03:01	01:02:55 11.54
233	256	STANKIEWICZ IWONA	SOBÓTKA	POL	WKB PIAST WROCLAW	59 K50/1 (K)18	01:03:06	01:02:55 11.54
234	70	FIGAS SEBASTIAN	SADKÓW	POL		76 M30/68 (M)216	01:03:10	01:02:51 11.55
235	109	JURECKI HENRYK	WROCLAW	POL	WKB PIAST WROCLAW	59 M50/32 (M)217	01:03:13	01:03:10 11.49
236	146	KWIECIEŃ PIOTR	OLEŚNICA	POL		72 M30/69 (M)218	01:03:27	01:03:22 11.46
237	346	PIETRZAK PRZEMYSŁAW	BRZEZINKA	POL		68 M40/46 (M)219	01:03:34	01:03:27 11.44
238	16	BARAN PAWEŁ	ZAWIDÓW	POL		88 M20/50 (M)220	01:03:38	01:03:23 11.45
239	358	MANDAT JAN	OLEŚNICA	POL	LUPUS OLEŚNICA	59 M50/33 (M)221	01:03:39	01:03:37 11.41
240	309	WRZESIŃSKI KRZYSZTOF	BORÓW	POL	WKB PIAST WROCLAW	68 M40/47 (M)222	01:03:54	01:03:46 11.39
241	352	WOJTAS KRZYSZTOF	WROCLAW	POL		86 M20/51 (M)223	01:03:55	01:03:43 11.39
242	155	ŁABUŚ ŁUKASZ	WROCLAW	POL	TAM GDZIE OCZY PONIOSA	78 M30/70 (M)224	01:03:56	01:03:37 11.41
243	213	PONIATOWSKI RAFAŁ	ZACHOWICE	POL	FOCUS W R C RALLY TEAM	89 M20/52 (M)225	01:04:09	01:03:52 11.37
244	135	GIZIŃSKI STEFAN	WOŁÓW	POL	WKB PIAST WROCLAW	48 M60/13 (M)226	01:04:10	01:04:05 11.33
245	234	GOŁĘBIEWICZ MICHAŁ	OLAWA	POL		83 M20/53 (M)227	01:04:17	01:04:12 11.31
246	228	RUDNO-RUDZIŃSKI KRZYSZTOF	WROCLAW	POL		49 M60/14 (M)228	01:04:20	01:04:08 11.32
247	380	PRZYBYSZEWSKI ADAM	WROCLAW	POL	ZDIUN WROCLAW	61 M50/34 (M)229	01:04:21	01:04:16 11.30
248	123	KINAL LESZEK	WROCLAW	POL	WROCLAW KUŹNIKI	50 M60/15 (M)230	01:04:30	01:04:20 11.28
249	132	KORALEWSKI JANUSZ	WROCLAW	POL	WROCLAW KUŹNIKI	56 M50/35 (M)231	01:04:32	01:04:22 11.28
250	52	JANECKI DAMIAN	ŚWIEBODZICE	POL		81 M30/71 (M)232	01:04:40	01:04:35 11.24
251	65	DUBIJ LEON	WROCLAW	POL	WKB PIAST WROCLAW	41 M70/3 (M)233	01:04:45	01:04:36 11.24
252	377	WESOLY FABIAN	KOBIELA	POL		88 M20/54 (M)234	01:04:53	01:04:38 11.23
253	235	SANKOWSKI JACEK	KŁODZKO	POL		88 M20/55 (M)235	01:05:03	01:04:43 11.22
254	94	HAZUBSKA ANNA	TRZEBNICA	POL	LZS TRZEBNICA	69 K40/4 (K)19	01:05:06	01:04:47 11.21
255	95	HAZUBSKI ANDRZEJ	TRZEBNICA	POL	LZS TRZEBNICA	68 M40/48 (M)236	01:05:08	01:04:49 11.20
256	125	DUDA TOMASZ	ŚLIWICE	POL		68 M40/49 (M)237	01:05:19	01:04:54 11.19
257	53	DANCH RAFAŁ	KĄTY WROCLAWSKIE	POL	WKB PIAST WROCLAW	86 M20/56 (M)238	01:05:20	01:05:08 11.15
258	262	STĘPAK TOMASZ	WROCLAW	POL		81 M30/72 (M)239	01:05:25	01:05:07 11.15
259	338	KLISZCZAK PRZEMYSŁAW	OLAWA	POL		73 M30/73 (M)240	01:05:52	01:05:35 11.07
260	150	WRZESIŃSKI MAREK	WROCLAW	POL		59 M50/36 (M)241	01:05:56	01:05:44 11.04
261	320	ŻUKROWSKI JANUSZ	WROCLAW	POL	WKB PIAST WROCLAW	55 M50/37 (M)242	01:05:59	01:05:55 11.01
262	148	LEŚNIAK JÓZEF	WROCLAW	POL	WKB PIAST WROCLAW	45 M60/16 (M)243	01:06:02	01:05:53 11.02
263	223	RESPONDEK DARIUSZ	WROCLAW	POL		74 M30/74 (M)244	01:06:12	01:06:00 11.00
264	288	KLISOWSKI MAREK	WROCLAW	POL	CADBURY	79 M30/75 (M)245	01:06:47	01:06:31 10.91
265	315	ZIELONKA WOJCIECH	KOBYLA	POL	SPRINTERSI	80 M30/76 (M)246	01:07:06	01:06:57 10.84
266	108	JEMIELJAŃCZUK JAKUB	WROCLAW	POL		84 M20/57 (M)247	01:07:31	01:07:16 10.79
267	119	BORKOWSKI JACEK	ZĄBKOWICE ŚL.	POL		87 M20/58 (M)248	01:07:41	01:07:23 10.77
268	348	SIKORSKI JERZY	WROCLAW	POL	WROCLAWSKA SZKOŁA KARATE	59 M50/38 (M)249	01:07:44	01:07:41 10.73
269	167	MAŁYS WALDEMAR	WROCLAW	POL	WKB PIAST WROCLAW	57 M50/39 (M)250	01:07:48	01:07:46 10.71
270	31	BORA ANDRZEJ	WROCLAW	POL	WKB PIAST WROCLAW	48 M60/17 (M)251	01:07:49	01:07:43 10.72
271	187	NOWICKI GRZEGORZ	WROCLAW	POL	WKB PIAST WROCLAW	86 M20/59 (M)252	01:07:49	01:07:38 10.73
272	25	BIERNACKI WITOLD	WROCLAW	POL		74 M30/77 (M)253	01:07:52	01:07:24 10.77
273	102	JANKOWICZ AGNIESZKA	WAŁBRZYCH	POL	TEMPO WAŁBRZYCH	81 K30/8 (K)20	01:07:53	01:07:36 10.74

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [km/h]
274	292	WAŚKO JAN	KIELCZÓW	POL		72 M30/78 (M)254	01:07:53	01:07:43 10.72
275	250	SOLTYŃSKI ANDRZEJ	NADOLICE	POL	WKB PIAST WROCLAW	60 M50/40 (M)255	01:08:09	01:08:07 10.66
276	298	WIĘCKOWSKI PAWEŁ	WROCLAW	POL		88 M20/60 (M)256	01:08:14	01:08:06 10.66
277	40	BUNDYRA CZESŁAW	WROCLAW	POL	WROCLAW KUZNIKI	50 M60/18 (M)257	01:08:34	01:08:23 10.62
278	126	KLESZCZ TOMEK	ZAWIERCIE	POL	CADBURY	82 M20/61 (M)258	01:08:46	01:08:30 10.60
279	355	MAZUR TADEUSZ	WROCLAW	POL	WKB PIAST WROCLAW	55 M50/41 (M)259	01:08:51	01:08:28 10.60
280	89	GROCHALSKI SEBASTIAN	WROCLAW	POL		76 M30/79 (M)260	01:08:52	01:08:21 10.62
281	330	KOWALCZYK TADEUSZ	BOROWA	POL	ORZEŁ BOROWA	55 M50/42 (M)261	01:08:53	01:06:54 10.85
282	55	DĄBROWSKI KAMIL	SUCHEDNIÓW	POL		81 M30/80 (M)262	01:09:01	01:08:30 10.60
283	139	KRENZ DAMIAN	WROCLAW	POL		74 M30/81 (M)263	01:09:02	01:08:48 10.55
284	64	DROŚ SYLWESTER	RUSZÓW	POL		86 M20/62 (M)264	01:09:03	01:08:42 10.57
285	370	KUŹMICZ JANUSZ	WROCLAW	POL		68 M40/50 (M)265	01:09:06	01:08:47 10.55
286	38	BUBEL MARCIN	WROCLAW	POL	DRUŻYNA SZPIKU	70 M40/51 (M)266	01:09:09	01:08:48 10.55
287	54	WENK BERNHARD	WROCLAW	POL	WKB PIAST WROCLAW	49 M60/19 (M)267	01:09:28	01:09:08 10.50
288	175	MODRZEJEWSKI ROMAN	GRABÓW NAD PROSNĄ	POL	SKS SZCZĘSCIE OSTRZESZÓW	67 M40/52 (M)268	01:09:38	01:09:19 10.47
289	275	SZWAJA ŁUKASZ	LEGNICA	POL		81 M30/82 (M)269	01:09:44	01:09:34 10.44
290	72	GADZIŃSKA KRYSZYNA	WROCLAW	POL	WKB PIAST WROCLAW	64 K40/5 (K)21	01:09:54	01:09:54 10.39
291	245	SKONIECZNY ANDRZEJ	WROCLAW	POL	WKB PIAST WROCLAW	57 M50/43 (M)270	01:09:54	01:09:51 10.39
292	284	TOMCZAK MONIKA	WROCLAW	POL		76 K30/9 (K)22	01:10:03	01:09:49 10.40
293	316	ZIMOŃ ADAM	WROCLAW	POL	AMATOR	75 M30/83 (M)271	01:10:05	01:09:52 10.39
294	197	PAWLAK ALEKSANDRA	SIERADZ	POL	JACEK MNIE WROBIŁ	89 K20/7 (K)23	01:10:26	01:10:16 10.33
295	212	POŁOMSKI DANIEL	JELCZ-LASKOWICE	POL		76 M30/84 (M)272	01:10:30	01:10:09 10.35
296	264	SOSIŃSKA JOLANTA	WROCLAW	POL		69 K40/6 (K)24	01:10:51	01:10:35 10.29
297	293	WAŚKO KATARZYNA	KIELCZÓW	POL		76 K30/10 (K)25	01:11:05	01:10:55 10.24
298	15	BARABASZ MAREK	WROCLAW	POL		80 M30/85 (M)273	01:11:15	01:10:56 10.23
299	131	KORALEWICZ AGNIESZKA	KŁODZKO	POL		81 K30/11 (K)26	01:11:15	01:10:55 10.24
300	118	KAROLEWICZ BOŻENA	WROCLAW	POL	PROJEKT BIEGUNKA	75 K30/12 (K)27	01:11:28	01:10:59 10.23
301	43	CHABOWSKI MARCIN	WROCLAW	POL	PROJEKT BIEGUNKA	77 M30/86 (M)274	01:11:28	01:11:15 10.19
302	111	KABAROWSKI TOMASZ	OPOLE	POL	MONEY.PL	77 M30/87 (M)275	01:11:28	01:11:11 10.20
303	227	ROSZKOWSKA ELŻBIETA	WROCLAW	POL	PROJEKT BIEGUNKA	79 K30/13 (K)28	01:11:28	01:10:54 10.24
304	93	HALLER WOJCIECH	WROCLAW	POL	PROJEKT BIEGUNKA	77 M30/88 (M)276	01:11:28	01:11:14 10.19
305	179	MUSZKAT BARTOSZ	WROCLAW	POL		74 M30/89 (M)277	01:11:56	01:11:47 10.11
306	58	DŁUGOPOLSKA - MIKONOWICZ ANETA	WROCLAW	POL		76 K30/14 (K)29	01:12:00	01:11:46 10.12
307	393	KRAUZE SYLWIA	WROCLAW	POL	AZS AWF WROCLAW	93 K16/2 (K)30	01:12:11	01:11:55 10.10
308	36	BRZOZOWSKI BARTOSZ	NAMYŚLÓW	POL	NIEZRZESZONY	90 M20/63 (M)278	01:12:33	01:12:16 10.05
309	78	GIESZCZYK TOMASZ	WROCLAW	POL	TMG SOFTWARE	81 M30/90 (M)279	01:12:42	01:12:31 10.01
310	124	KIRCUŃ PAWEŁ	OLEŚNICA	POL	KB LUPUS OLEŚNICA	75 M30/91 (M)280	01:12:42	01:12:35 10.00
311	333	STERNALSKI MICHAŁ	WROCLAW	POL	PIAST WROCLAW	76 M30/92 (M)281	01:12:48	01:12:27 10.02
312	219	RATAJCZAK PRZEMYSŁAW	WROCLAW	POL		78 M30/93 (M)282	01:12:54	01:12:37 10.00
313	21	BERDOWSKA IZABELA	WROCLAW	POL	AMATOR	66 K40/7 (K)31	01:13:02	01:12:36 10.00
314	37	BUBEL ALINA	WROCLAW	POL	DRUŻYNA SZPIKU	69 K40/8 (K)32	01:13:06	01:12:45 9.98
315	297	WIECZOREK MARIAN	WROCLAW	POL		57 M50/44 (M)283	01:13:08	01:12:56 9.95
316	382	ZIMNICKI KRZYSZTOF	KONIN	POL		86 M20/64 (M)284	01:13:09	01:12:56 9.95
317	390	MALISZEWSKI JÓZEF	WROCLAW	POL	WKB PIAST WROCLAW	40 M70/4 (M)285	01:13:33	01:13:26 9.89
318	137	KRAKOWIAK BARBARA	TRZEBNICA	POL	LZS TRZEBNICA	46 K60/1 (K)33	01:13:34	01:13:25 9.89
319	244	SMEŁA AGATA	BIELANY WROCLAWSKIE	POL	CADBURY	77 K30/15 (K)34	01:13:50	01:13:34 9.87
320	117	KARCZYŃSKI KRZYSZTOF	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	71 M40/53 (M)286	01:13:54	01:13:42 9.85
321	26	BŁASZCZYK SEBASTIAN	WROCLAW	POL		84 M20/65 (M)287	01:14:37	01:14:12 9.78
322	152	LITWIN RENATA	WROCLAW	POL	ŚCIEŻKI BIEGOWA	65 K40/9 (K)35	01:14:39	01:14:24 9.76
323	279	ŚWIĘS DARIUSZ	ŁĘG	POL		68 M40/54 (M)288	01:15:05	01:14:42 9.72
324	13	ANTOSZ KASIA	WROCLAW	POL	BIKESTATS.PL	81 K30/16 (K)36	01:15:12	01:14:53 9.70
325	210	PODSIADŁY ROBERT	WROCLAW	POL	IM2010 / KS ARTEMIS	59 M50/45 (M)289	01:15:12	01:14:53 9.70
326	376	SZCZEPANIAK RENATA	OLEŚNICA	POL	LUPUS OLEŚNICA	73 K30/17 (K)37	01:15:18	01:14:58 9.68
327	80	GMYREK MACIEJ	TWARDOGÓRA	POL	NIEZRZESZONY	75 M30/94 (M)290	01:15:20	01:15:14 9.65
328	325	TYRAS PIOTR	OBORNIKI ŚLĄSKIE	POL		69 M40/55 (M)291	01:15:21	01:15:10 9.66
329	260	STEFANIAK JUSTYNA	OLEŚNICA	POL	KB LUPUS OLEŚNICA	76 K30/18 (K)38	01:15:30	01:15:11 9.66

07.03.2011 15:41:18

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k W kategorii Grupy YoB in Age Group Sex</b>	<b>Wynik Time</b>	<b>Wynik Netto</b>	<b>[km/h]</b>
330	392	PODKOWSKI STANISŁAW	WROCLAW	POL	WKB PIAST WROCLAW	43 M60/20 (M)292	01:15:31	01:15:25	9.63
331	196	PAWLACZYK MARIAN	WROCLAW	POL	WKB PIAST WROCLAW	34 M70/5 (M)293	01:15:42	01:15:19	9.64
332	56	CZAJKOWSKI JAN	WROCLAW	POL	UWR	84 M20/66 (M)294	01:15:48	01:15:05	9.67
333	285	TOMCZAK WIESŁAWA	WROCLAW	POL	WKB PIAST WROCLAW	61 K50/2 (K)39	01:15:51	01:15:43	9.59
334	327	DOLATA LESZEK	SYCÓW	POL	LUPUS SYCÓW	58 M50/46 (M)295	01:16:36	01:16:21	9.51
335	322	STROJWĄS ANNA	WROCLAW	POL	WKB PIAST WROCLAW	57 K50/3 (K)40	01:16:36	01:16:27	9.50
336	211	POLOCZEK MAREK	WROCLAW	POL	WKB PIAST WROCLAW	55 M50/47 (M)296	01:16:42	01:16:16	9.52
337	398	RUTKOWSKI MARCIN	NOWA RUDA	POL		84 M20/67 (M)297	01:16:47	01:16:35	9.48
338	271	KARWECKA EWA	WROCLAW	POL		78 K30/19 (K)41	01:17:36	01:17:14	9.40
339	283	TOMCZAK JULIA	WROCLAW	POL	NIEZRZESZONA	87 K20/8 (K)42	01:17:40	01:17:32	9.36
340	86	GÓRSKA ANNA	WROCLAW	POL	KLUB MISIA	83 K20/9 (K)43	01:17:51	01:17:29	9.37
341	195	PATER ZBIGNIEW	WROCLAW	POL	WKB PIAST WROCLAW	40 M70/6 (M)298	01:17:54	01:13:46	9.84
342	48	KURTYKA ANDRZEJ	WROCLAW	POL		63 M40/56 (M)299	01:18:04	01:14:47	9.71
343	324	STADNICZUK MICHAŁ	MIKOWICE	POL	ZRYW NAMYSŁÓW	30 M70/7 (M)300	01:18:27	01:18:14	9.28
344	181	NIEMIEC KATARZYNA	WROCLAW	POL	AMATOR	83 K20/10 (K)44	01:18:49	01:18:39	9.23
345	259	STEFANIAK JACEK	OLEŚNICA	POL	KB LUPUS OLEŚNICA	68 M40/57 (M)301	01:19:11	01:19:03	9.18
346	142	KSOK KRYSZYNA	WROCLAW	POL	ŚCIEŻKI BIEGOWE WROCLAW	58 K50/4 (K)45	01:20:06	01:19:43	9.11
347	326	MUSIELAK EWA	SYCÓW	POL	LUPUS OLEŚNICA	58 K50/5 (K)46	01:21:38	01:21:27	8.91
348	253	STAGROWSKA JADWIGA	LEWIN BRZESKI	POL		54 K50/6 (K)47	01:23:49	01:23:46	8.67
349	254	STAGROWSKI MARCIN	LEWIN BRZESKI	POL	STOWARZYSZENIE BIEG OPOLSKI	76 M30/95 (M)302	01:23:49	01:23:46	8.67
350	391	URAMOWSKI JÓZEF	WROCLAW	POL	WKB PIAST WROCLAW	38 M70/8 (M)303	01:29:07	01:29:00	8.16
351	263	STORY WIEŃCZYŚLAW	WROCLAW	POL		60 M50/48 (M)304	01:34:27	01:34:01	7.72
352	350	NASKRĘT EUGENIUSZ	KROŚNICE	POL		45 M60/21 (M)305	01:55:21	01:55:00	6.31



# 19. OTWARTE MISTRZOSTWA WROCLAWIA - EDYCJA I CROSS MIĘDZY MOSTAMI

## WYNIKI ZAWODÓW

### 12.1km

**Organizator:** Stowarzyszenie OTWARTE MISTRZOSTWA WROCLAWIA

**Termin:** 05.03.2011

**Miejsce:** Wrocław

**Dystans:** 12,1 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Czas Netto	[km/h]
<b>12.1km Mężczyźni KATEGORIA:M16</b>											
1	105	JARECKI DAMIAN	TRZEBNICA	POL	LZS TRZEBNICA	93	M16/1	(M)57	00:50:40	00:50:38	14.34
2	226	ROJKOWSKI LUKASZ	ŻERNIKI WROCLAWSKIE	POL	MKS MOS WROCLAW	92	M16/2	(M)67	00:51:36	00:51:34	14.08
3	153	LORYŚ MARCIN	WROCLAW	POL	MKS MOS WROCLAW	92	M16/3	(M)68	00:51:37	00:51:35	14.07
4	306	BORUTA PAWEŁ	WROCLAW	POL	JUVENIA WROCLAW	94	M16/4	(M)70	00:51:48	00:51:47	14.02
5	296	WIECZOREK KRZYSZTOF	RAWICZ	POL		93	M16/5	(M)95	00:53:41	00:53:28	13.58
6	311	ZACZYK DARIUSZ	BOGUSZÓW-GORCE	POL	WBIEGU24.PL	93	M16/6	(M)104	00:54:27	00:54:23	13.35
7	362	KOZŁOWSKI SEBASTIAN	WROCLAW	POL		94	M16/7	(M)144	00:57:03	00:57:02	12.73
8	141	GERUS MACIEJ	WROCLAW	POL		93	M16/8	(M)155	00:57:45	00:57:30	12.63
9	363	KOZŁOWSKI JAKUB	WROCLAW	POL		92	M16/9	(M)178	01:00:10	01:00:03	12.09
<b>12.1km Mężczyźni KATEGORIA:M20</b>											
1	35	BRYL KAROL	STRZEGOM	POL	STRZEGOM	82	M20/1	(M)2	00:41:59	00:41:59	17.29
2	61	DOBROWOLSKI JAN	WROCLAW	POL	MATHRIDERS.PL	87	M20/2	(M)5	00:42:47	00:42:46	16.98
3	261	STEFAŃSKI DAWID	POZNAŃ	POL	GRUNWALD POZNAŃ	89	M20/3	(M)8	00:44:30	00:44:29	16.32
4	191	OPALIŃSKI ARKADIUSZ	ŻÓRAWINA	POL	LUKS ŻÓRAWINA	82	M20/4	(M)15	00:46:11	00:46:09	15.73
5	214	POPIACKI WIESŁAW	SICHÓW	POL		82	M20/5	(M)18	00:46:30	00:46:28	15.62
6	59	JAREMA MICHAŁ	WROCLAW	POL	SEKCJA BIEGÓW PWR	87	M20/6	(M)19	00:46:38	00:46:37	15.57
7	400	STRZAŁKA SŁAWOMIR	WROCLAW	POL		86	M20/7	(M)22	00:47:14	00:47:11	15.39
8	116	KAPA WOJCIECH	CHRZANÓW	POL	KS AZS POLITECHNIKA WROCLAWSKA	84	M20/8	(M)23	00:47:17	00:47:14	15.37
9	185	NOWACKI MATEUSZ	OLAWA	POL	ODRA BRZEG	91	M20/9	(M)27	00:47:41	00:47:40	15.23
10	206	PŁONECKI MARCIN	WROCLAW	POL	KB DOMBUD OLAWA	82	M20/10	(M)31	00:47:58	00:47:32	15.27
11	134	KOZŁOWSKI KRYSZTIAN	ZŁOTORYJA	POL	OLAWS ZŁOTORYJA	85	M20/11	(M)33	00:48:06	00:48:04	15.10
12	360	KOZŁOWSKI PAWEŁ	WROCLAW	POL	WKB PIAST WROCLAW	91	M20/12	(M)35	00:48:13	00:48:11	15.07
13	107	JAROSIK JACEK	MIĘDZYBÓRZ	POL	UKS MIĘDZYBÓRZ	89	M20/13	(M)36	00:48:19	00:48:10	15.07
14	379	PIECHOWICZ MARCIN	WROCLAW	POL	WKB PIAST WROCLAW	84	M20/14	(M)38	00:48:31	00:48:28	14.98
15	51	SAKOWSKI MARCIN	RYCHWAŁ	POL		91	M20/15	(M)45	00:49:22	00:49:20	14.72
16	147	LESKIEWICZ IGOR	ŻÓRAWINA	POL		85	M20/16	(M)47	00:49:30	00:49:24	14.70
17	47	CIBIS PAWEŁ	WROCLAW	POL		82	M20/17	(M)49	00:49:56	00:49:52	14.56
18	218	RAJA PAWEŁ	WROCLAW	POL	BIEGI.ORG	85	M20/18	(M)51	00:50:09	00:50:07	14.49
19	304	JĘDRYSIK JACEK	OPOLE	POL	MOST	88	M20/19	(M)75	00:52:12	00:52:04	13.94
20	287	TUREK MICHAŁ	WSCHOWA	POL		87	M20/20	(M)83	00:52:43	00:52:31	13.82
21	241	SKRZYPCZAK TOMASZ	WROCLAW	POL	WKB PIAST WROCLAW	85	M20/21	(M)85	00:53:00	00:52:59	13.70
22	301	WOJCIESZONEK KRZYSZTOF	GÓRA->WROCLAW	POL	ODDZIAŁ ŻANDARMERII WOJSKOWEJ WE WROCLAWIU	86	M20/22	(M)87	00:53:06	00:53:02	13.69
23	133	KORKUŚ JAROSŁAW	WROCLAW	POL	JOHN WESTON GROUP	86	M20/23	(M)88	00:53:14	00:52:50	13.74
24	20	BASIŃSKI PIOTR	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	89	M20/24	(M)92	00:53:31	00:53:19	13.62
25	45	CHOJA LUKASZ	BOGATYNIA	POL	NIEZRZESZONA	84	M20/25	(M)94	00:53:40	00:53:35	13.55
26	128	KOMAR MARCIN	ZĄBKOWICE ŚLĄSKIE	POL		83	M20/26	(M)98	00:53:53	00:53:41	13.52
27	248	ANDRZEJEWSKI PAWEŁ	WROCLAW	POL	IM 2010	83	M20/27	(M)99	00:53:54	00:53:45	13.51
28	18	BARTCZAK GRZEGORZ	WROCLAW	POL		87	M20/28	(M)103	00:54:24	00:54:12	13.39
29	381	DRESZER PAWEŁ	CHMIELOWICE	POL		85	M20/29	(M)105	00:54:30	00:54:26	13.34
30	208	PŁUKARSKI PATRYK	WROCLAW	POL	GREEN TEAM	82	M20/30	(M)110	00:55:04	00:54:52	13.23
31	140	KRĘŻEL MAREK	WROCLAW	POL		84	M20/31	(M)112	00:55:06	00:54:47	13.25
32	158	ŁOPUSIEWICZ JANUSZ	WROCLAW	POL		84	M20/32	(M)117	00:55:16	00:55:01	13.20
33	97	IDCZAK BARTOSZ	WROCLAW	POL		83	M20/33	(M)118	00:55:20	00:55:10	13.16
34	34	BORUCKI KRZYSZTOF	WROCLAW	POL	AZS UW	91	M20/34	(M)131	00:56:28	00:56:20	12.89
35	294	HENIEC PAWEŁ	SŁUBICE	POL		87	M20/35	(M)132	00:56:31	00:56:25	12.87



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[km/h]
36	317	ŻABIŃSKI GRZEGORZ	TRZEBNICA	POL	LZS TRZEBNICA	82	M20/36 (M)141	00:56:57	00:56:53	12.76
37	366	MRÓZ WOJCIECH	WROCLAW	POL		83	M20/37 (M)143	00:57:03	00:56:54	12.76
38	149	LISOWSKI PRZEMYSŁAW	CHABRÓW	POL	AMATOR	87	M20/38 (M)153	00:57:36	00:57:15	12.68
39	28	BOBORYK STANISŁAW	GORZÓW WLKP.	POL	TROMBARE GORZÓW	87	M20/39 (M)160	00:58:09	00:57:51	12.55
40	272	SZOSTAK ŁUKASZ	WROCLAW	POL	IM2010	83	M20/40 (M)165	00:58:25	00:58:18	12.45
41	236	SEIFFERT PAWEŁ	BRZEG	POL		87	M20/41 (M)168	00:59:03	00:58:55	12.32
42	369	BANDZARZEWSKI MACIEJ	KOMOROWICE	POL	AZS POLITECHNIKA WROCLAWSKA	88	M20/42 (M)175	00:59:36	00:59:25	12.22
43	394	DROZD PAWEŁ	NYSA	POL		85	M20/43 (M)189	01:00:53	01:00:37	11.98
44	397	MACIEJEWSKI MACIEJ	WROCLAW	POL		89	M20/44 (M)191	01:01:01	01:00:54	11.92
45	46	CHOJNACKI BARTŁOMIEJ	WROCLAW	POL		86	M20/45 (M)198	01:01:25	01:01:09	11.87
46	340	BIAŁOWAŚ KAROL	ÓLAWA	POL	DOMBUD ÓLAWA	84	M20/46 (M)203	01:02:16	01:01:50	11.74
47	184	NORKIEWICZ WIKTOR	WROCLAW	POL		82	M20/47 (M)207	01:02:34	01:02:34	11.60
48	122	KIELT JACEK	ŁAŃCUT	POL		87	M20/48 (M)213	01:02:57	01:02:43	11.58
49	77	GIERAŚ TOMASZ	WROCLAW	POL		85	M20/49 (M)214	01:03:01	01:02:36	11.60
50	16	BARAN PAWEŁ	ZAWIDÓW	POL		88	M20/50 (M)220	01:03:38	01:03:23	11.45
51	352	WOJTAS KRZYSZTOF	WROCLAW	POL		86	M20/51 (M)223	01:03:55	01:03:43	11.39
52	213	PONIATOWSKI RAFAŁ	ZACHOWICE	POL	FOCUS W R C RALLY TEAM	89	M20/52 (M)225	01:04:09	01:03:52	11.37
53	234	GOŁĘBIEWICZ MICHAŁ	ÓLAWA	POL		83	M20/53 (M)227	01:04:17	01:04:12	11.31
54	377	WESOLY FABIAN	KOBIELA	POL		88	M20/54 (M)234	01:04:53	01:04:38	11.23
55	235	SANKOWSKI JACEK	KŁODZKO	POL		88	M20/55 (M)235	01:05:03	01:04:43	11.22
56	53	DANCH RAFAŁ	KĄTY WROCLAWSKIE	POL	WKB PIAST WROCLAW	86	M20/56 (M)238	01:05:20	01:05:08	11.15
57	108	JEMIELJAŃCZUK JAKUB	WROCLAW	POL		84	M20/57 (M)247	01:07:31	01:07:16	10.79
58	119	BORKOWSKI JACEK	ZĄBKOWICE ŚL.	POL		87	M20/58 (M)248	01:07:41	01:07:23	10.77
59	187	NOWICKI GRZEGORZ	WROCLAW	POL	WKB PIAST WROCLAW	86	M20/59 (M)252	01:07:49	01:07:38	10.73
60	298	WIĘCKOWSKI PAWEŁ	WROCLAW	POL		88	M20/60 (M)256	01:08:14	01:08:06	10.66
61	126	KLESZCZ TOMEK	ZAWIERCIE	POL	CADBURY	82	M20/61 (M)258	01:08:46	01:08:30	10.60
62	64	DROŚ SYLWESTER	RUSZÓW	POL		86	M20/62 (M)264	01:09:03	01:08:42	10.57
63	36	BRZOZOWSKI BARTOSZ	NAMYSŁÓW	POL	NIEZRZESZONY	90	M20/63 (M)278	01:12:33	01:12:16	10.05
64	382	ZIMNICKI KRZYSZTOF	KONIN	POL		86	M20/64 (M)284	01:13:09	01:12:56	9.95
65	26	BŁASZCZYK SEBASTIAN	WROCLAW	POL		84	M20/65 (M)287	01:14:37	01:14:12	9.78
66	56	CZAJKOWSKI JAN	WROCLAW	POL	UWR	84	M20/66 (M)294	01:15:48	01:15:05	9.67
67	398	RUTKOWSKI MARCIN	NOWA RUDA	POL		84	M20/67 (M)297	01:16:47	01:16:35	9.48

## 12.1km Mężczyźni KATEGORIA:M30

1	90	GRONOSTAJ GRZEGORZ	WROCLAW	POL	OPERA SOFTWARE	74	M30/1 (M)1	00:41:22	00:41:22	17.55
2	41	BUSZEWSKI BENIAMIN	WROCLAW	POL		74	M30/2 (M)7	00:44:12	00:44:12	16.43
3	27	GRABLEWSKI GRZEGORZ	WROCLAW	POL	WKB PIAST WROCLAW	75	M30/3 (M)10	00:45:16	00:45:15	16.04
4	332	JUSZCZAK TOMASZ	TARNOWSKIE GÓRY	POL	ISKRA LASOWICE	79	M30/4 (M)11	00:45:24	00:45:23	16.00
5	112	KACZMAREK ZBIGNIEW	TRZEBNICA	POL	LZS-4RUN-PILA	72	M30/5 (M)13	00:46:00	00:45:47	15.86
6	99	JACHYMZYK NORBERT	JAWORZNO	POL	KB MCKIS JAWORZNO	78	M30/6 (M)14	00:46:08	00:46:03	15.77
7	221	REGIMOWICZ TOMASZ	GŁOGÓWEK	POL		76	M30/7 (M)21	00:47:03	00:47:02	15.44
8	23	BIELICKI BARTOSZ	MILICZ	POL		80	M30/8 (M)24	00:47:19	00:47:18	15.35
9	290	URAMEK GRZEGORZ	OBORNIKI ŚLĄSKIE	POL		74	M30/9 (M)32	00:48:03	00:48:02	15.11
10	216	PROSTEK SŁAWOMIR	KŁODZKO	POL	LUKS ŻÓRAWINA	78	M30/10 (M)37	00:48:25	00:48:20	15.02
11	249	SOBOLEWSKI MARCIN	WROCLAW	POL		80	M30/11 (M)39	00:48:34	00:48:28	14.98
12	277	SZYMENDERSKI MARCIN	KOTOWICE	POL	KB DOMBUD ÓLAWA	81	M30/12 (M)40	00:48:51	00:48:47	14.88
13	169	MEŁECH TOMASZ	ÓLAWA	POL		78	M30/13 (M)42	00:49:10	00:49:07	14.78
14	231	RYMARSKI ARKADIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	75	M30/14 (M)48	00:49:39	00:49:37	14.63
15	198	PAWLAK GABRIEL	WOJNOWICE	POL	KS AZS POLITECHNIKA WROCLAWSKA	79	M30/15 (M)52	00:50:10	00:50:07	14.49
16	359	ZIOBER PAWEŁ	WROCLAW	POL	WKB PIAST WROCLAW	77	M30/16 (M)60	00:50:57	00:50:57	14.25
17	60	DOBROWOLSKI EMILIAN	WROCLAW	POL		77	M30/17 (M)61	00:50:58	00:50:53	14.27
18	42	WIŚNIEWSKI SŁAWOMIR	WROCLAW	POL	WKB PIAST WROCLAW	73	M30/18 (M)62	00:51:12	00:51:06	14.21
19	165	MALESZKA WOJCIECH	WROCLAW	POL		80	M30/19 (M)63	00:51:14	00:51:14	14.17
20	281	TOLŁOCZKO ARKADIUSZ	JELCZ-LASKOWICE	POL	JELCZ-LASKOWICE	77	M30/20 (M)65	00:51:25	00:51:16	14.16
21	308	WRÓBEL SEBASTIAN	WROCLAW	POL	MARATONY POLSKIE TEAM	80	M30/21 (M)66	00:51:33	00:51:28	14.11
22	32	BORKOWSKI WALDEMAR	CZĘSTOCHOWA	POL	KLA ZABIEGANI CZĘSTOCHOWA	72	M30/22 (M)69	00:51:40	00:51:31	14.09
23	44	CHODOR MARIUSZ	WROCLAW	POL	TRENER OSIEDLOWY	79	M30/23 (M)72	00:52:04	00:51:51	14.00
24	154	LYSZCZYNA TOMASZ	KATOWICE	POL		80	M30/24 (M)74	00:52:09	00:51:54	13.99
25	242	SKUZA KRZYSZTOF	LEGNICA	POL		80	M30/25 (M)81	00:52:34	00:52:25	13.85

<b>Miejsce Rank</b>	<b>Nr Bib</b>	<b>Nazwisko i imię Name</b>	<b>Miejscowość City</b>	<b>Kraj Nat</b>	<b>Drużyna Team</b>	<b>R-k YoB</b>	<b>W kategorii in Age Sex</b>	<b>Czas Time</b>	<b>Czas Netto</b>	<b>[km/h]</b>
26	68	CHODAKOWSKI ŁUKASZ	WROCLAW	POL		81	M30/26 (M)82	00:52:38	00:52:29	13.83
27	83	GOŁĘBIEWSKI JACEK	ŚWIDNICA	POL	HERMES ŚWIDNICA	74	M30/27 (M)86	00:53:01	00:52:51	13.74
28	299	WIKTOROWICZ TOMASZ	WROCLAW	POL		81	M30/28 (M)90	00:53:16	00:53:05	13.68
29	232	SABOK BERNARD	WROCLAW	POL	IM2010	74	M30/29 (M)96	00:53:49	00:53:41	13.52
30	114	KALINOWSKI GRZEGORZ	BIELANY WROCLAWSKIE	POL	TEMMPO WALBRZYCH	75	M30/30 (M)100	00:54:03	00:53:58	13.45
31	127	KŁOPOTOWSKI GRZEGORZ	LWÓWEK ŚLĄSKI	POL		75	M30/31 (M)113	00:55:09	00:55:01	13.20
32	91	GRZYB SŁAWOMIR	WROCLAW	POL		81	M30/32 (M)114	00:55:11	00:54:58	13.21
33	230	RYBICKI MARCIN	SKARŻYSKO-KAMIENNA	POL		80	M30/33 (M)115	00:55:13	00:54:49	13.24
34	57	BARANIEC MARIUSZ	WROCLAW	POL		78	M30/34 (M)121	00:55:43	00:55:43	13.03
35	161	MACHATA JACEK	WROCLAW	POL		78	M30/35 (M)125	00:56:06	00:55:56	12.98
36	215	PROĆ MAREK	WROCLAW	POL		72	M30/36 (M)126	00:56:14	00:56:00	12.96
37	113	BORKOWSKI TOMASZ	WROCLAW	POL		74	M30/37 (M)129	00:56:23	00:56:13	12.91
38	157	ŁAWRYNOWICZ JAKUB	WROCLAW	POL	NIEZRZESZONY	80	M30/38 (M)130	00:56:27	00:56:21	12.88
39	375	SZCZEPANIAK KRZYSZTOF	OLEŚNICA	POL	LUPUS OLEŚNICA	72	M30/39 (M)136	00:56:43	00:56:36	12.83
40	17	LEBIODA RAFAŁ	WROCLAW	POL		75	M30/40 (M)137	00:56:44	00:56:40	12.81
41	11	ADAMCZYK MATEUSZ	ŻÓRAWINA	POL	KLUB KRASNALA	80	M30/41 (M)139	00:56:52	00:56:34	12.83
42	385	SIERKA ARTUR	WROCLAW	POL		81	M30/42 (M)142	00:56:58	00:56:42	12.80
43	156	ŁASAK GRZEGORZ	OLAWA	POL		77	M30/43 (M)152	00:57:35	00:57:16	12.68
44	321	SEMLA RAFAŁ	WROCLAW	POL		74	M30/44 (M)159	00:58:08	00:58:01	12.51
45	188	OLENDER GRZEGORZ	WROCLAW	POL		78	M30/45 (M)166	00:58:25	00:58:12	12.47
46	243	SMAGAŁA WOJCIECH	WROCLAW	POL	WKB PIAST WROCLAW	81	M30/46 (M)167	00:58:29	00:58:20	12.45
47	66	DUDA JAROSŁAW	OLEŚNICA	POL		74	M30/47 (M)170	00:59:08	00:59:03	12.29
48	314	ZARĘBSKI WOJCIECH	WROCLAW	POL		72	M30/48 (M)172	00:59:22	00:59:15	12.25
49	378	RUTA PAWEŁ	WROCLAW	POL		75	M30/49 (M)176	00:59:48	00:59:31	12.20
50	194	PASZKOWSKI TOMASZ	WROCLAW	POL	NIEZRZESZONY	74	M30/50 (M)177	01:00:08	01:00:03	12.09
51	76	GĘSTWA WOJCIECH	WROCLAW	POL	TEAM AMNESTY INTERNATIONAL	78	M30/51 (M)179	01:00:14	00:59:58	12.11
52	351	SIEŁOWSKI MARCIN	OBORNIKI ŚLĄSKIE	POL	MARATONY 24.PL	78	M30/52 (M)183	01:00:32	01:00:25	12.02
53	361	GRONOWICZ TOMASZ	WROCLAW	POL		73	M30/53 (M)187	01:00:46	01:00:30	12.00
54	252	SPYCHAŁA MAREK	WROCLAW	POL	MKS MOS WROCLAW	75	M30/54 (M)188	01:00:50	01:00:31	12.00
55	14	AUGUSTYNIAK RAFAŁ	ZŁOTNIKI	POL	NIEZRZESZONY	72	M30/55 (M)190	01:00:58	01:00:52	11.93
56	270	SZMIT RADOŚLAW	STRZELIN	POL	WKB PIAST WROCLAW	79	M30/56 (M)192	01:01:02	01:00:48	11.94
57	286	TRZEBSKI GRZEGORZ	DOMANICE	POL		80	M30/57 (M)193	01:01:16	01:01:06	11.88
58	222	REKOWSKI KRZYSZTOF	WROCLAW	POL		75	M30/58 (M)194	01:01:18	01:01:12	11.86
59	144	CZYKINOWSKI ADAM	MACIEJOWICE	POL		76	M30/59 (M)195	01:01:21	01:01:10	11.87
60	347	PAROBCZY PIOTR	WROCLAW	POL		76	M30/60 (M)196	01:01:21	01:01:11	11.87
61	269	SZCZOT ANDRZEJ	WROCLAW	POL	WKB PIAST WROCLAW	76	M30/61 (M)199	01:01:36	01:01:22	11.83
62	344	KUBASEK KRZYSZTOF	WROCLAW	POL		79	M30/62 (M)202	01:02:15	01:02:12	11.67
63	100	JACKOWIAK JACEK	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	77	M30/63 (M)204	01:02:21	01:02:00	11.71
64	273	SZPAK MARCIN	WROCLAW	POL	KLUB MISIA	80	M30/64 (M)206	01:02:30	01:02:06	11.69
65	101	JALOCHA TOMEK	WYSOKA	POL	AMATOR	79	M30/65 (M)208	01:02:35	01:02:22	11.64
66	246	SNOPEK RAFAŁ	WROCLAW	POL		78	M30/66 (M)209	01:02:35	01:02:22	11.64
67	224	ROGAŁA KLAUDIUSZ	WROCLAW	POL	DRUŻYNA SZPIKU	73	M30/67 (M)212	01:02:53	01:02:45	11.57
68	70	FIGAS SEBASTIAN	SADKÓW	POL		76	M30/68 (M)216	01:03:10	01:02:51	11.55
69	146	KWIECIEN PIOTR	OLEŚNICA	POL		72	M30/69 (M)218	01:03:27	01:03:22	11.46
70	155	ŁABUŚ ŁUKASZ	WROCLAW	POL	TAM GDZIE OCZY PONIOSAŁ	78	M30/70 (M)224	01:03:56	01:03:37	11.41
71	52	JANECKI DAMIAN	ŚWIEBODZICE	POL		81	M30/71 (M)232	01:04:40	01:04:35	11.24
72	262	STĘPAK TOMASZ	WROCLAW	POL		81	M30/72 (M)239	01:05:25	01:05:07	11.15
73	338	KLISZCZAK PRZEMYSŁAW	OLAWA	POL		73	M30/73 (M)240	01:05:52	01:05:35	11.07
74	223	RESPONDEK DARIUSZ	WROCLAW	POL		74	M30/74 (M)244	01:06:12	01:06:00	11.00
75	288	KLISOWSKI MAREK	WROCLAW	POL	CADBURY	79	M30/75 (M)245	01:06:47	01:06:31	10.91
76	315	ZIELONKA WOJCIECH	KOBYLA	POL	SPRINTERSI	80	M30/76 (M)246	01:07:06	01:06:57	10.84
77	25	BIERNACKI WITOLD	WROCLAW	POL		74	M30/77 (M)253	01:07:52	01:07:24	10.77
78	292	WAŚKO JAN	KIEŁCZÓW	POL		72	M30/78 (M)254	01:07:53	01:07:43	10.72
79	89	GROCHALSKI SEBASTIAN	WROCLAW	POL		76	M30/79 (M)260	01:08:52	01:08:21	10.62
80	55	DĄBROWSKI KAMIL	SUCHEDNIÓW	POL		81	M30/80 (M)262	01:09:01	01:08:30	10.60
81	139	KRENZ DAMIAN	WROCLAW	POL		74	M30/81 (M)263	01:09:02	01:08:48	10.55
82	275	SZWAJA ŁUKASZ	LEGNICA	POL		81	M30/82 (M)269	01:09:44	01:09:34	10.44
83	316	ZIMOŃ ADAM	WROCLAW	POL	AMATOR	75	M30/83 (M)271	01:10:05	01:09:52	10.39

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[km/h]
84	212	POŁOMSKI DANIEL	JELCZ-LASKOWICE	POL		76	M30/84 (M)272	01:10:30	01:10:09	10.35
85	15	BARABASZ MAREK	WROCLAW	POL		80	M30/85 (M)273	01:11:15	01:10:56	10.23
86	43	CHABOWSKI MARCIN	WROCLAW	POL	PROJEKT BIEGUNKA	77	M30/86 (M)274	01:11:28	01:11:15	10.19
87	111	KABAROWSKI TOMASZ	OPOLE	POL	MONEY.PL	77	M30/87 (M)275	01:11:28	01:11:11	10.20
88	93	HALLER WOJCIECH	WROCLAW	POL	PROJEKT BIEGUNKA	77	M30/88 (M)276	01:11:28	01:11:14	10.19
89	179	MUSZKAT BARTOSZ	WROCLAW	POL		74	M30/89 (M)277	01:11:56	01:11:47	10.11
90	78	GIESZCZYK TOMASZ	WROCLAW	POL	TMG SOFTWARE	81	M30/90 (M)279	01:12:42	01:12:31	10.01
91	124	KIRCUN PAWEŁ	OLEŚNICA	POL	KB LUPUS OLEŚNICA	75	M30/91 (M)280	01:12:42	01:12:35	10.00
92	333	STERNALSKI MICHAŁ	WROCLAW	POL	PIAST WROCLAW	76	M30/92 (M)281	01:12:48	01:12:27	10.02
93	219	RATAJCZAK PRZEMYSŁAW	WROCLAW	POL		78	M30/93 (M)282	01:12:54	01:12:37	10.00
94	80	GMYREK MACIEJ	TWARDOGÓRA	POL	NIEZRZESZONY	75	M30/94 (M)290	01:15:20	01:15:14	9.65
95	254	STAGROWSKI MARCIN	LEWIN BRZESKI	POL	STOWARZYSZENIE BIEG OPOLSKI	76	M30/95 (M)302	01:23:49	01:23:46	8.67

## 12.1km Mężczyźni KATEGORIA:M40

1	339	SIEMASZKO JERZY	OPOLE	POL	LUKS ŻÓRAWINA	62	M40/1 (M)6	00:43:59	00:43:58	16.51
2	310	ZABŁOTNY WIESŁAW	LEGNICA	POL		66	M40/2 (M)9	00:44:56	00:44:55	16.16
3	251	SPALIŃSKI PIOTR	OLAWA	POL	KB DOMBUD OLAWA	68	M40/3 (M)12	00:45:30	00:45:29	15.96
4	374	KUŻMA WIESŁAW	WROCLAW	POL	WKB PIAST WROCLAW	62	M40/4 (M)16	00:46:13	00:46:12	15.71
5	345	FRANKOWSKI DAMIAN	WROCLAW	POL	WKB PIAST WROCLAW	70	M40/5 (M)20	00:46:50	00:46:49	15.51
6	343	DOMOWICZ JACEK	BOLESŁAWIEC	POL	CYKLO SPORT	67	M40/6 (M)25	00:47:27	00:47:23	15.32
7	337	ŁOZA ADAM	WROCLAW	POL	JUVENIA WROCLAW	64	M40/7 (M)26	00:47:33	00:47:24	15.32
8	73	GADZIŃSKI MAREK	WROCLAW	POL	WKB PIAST WROCLAW	62	M40/8 (M)29	00:47:50	00:47:48	15.19
9	24	BIENIAS ANDRZEJ	WROCLAW	POL	LUKS ŻÓRAWINA	71	M40/9 (M)34	00:48:12	00:48:11	15.07
10	289	ULIASZ JERZY	BYSTRZYCA KŁODZKA	POL	L.K.S.ISKRA JASZKOWA	69	M40/10 (M)41	00:48:57	00:48:54	14.85
11	203	PLESNER MIECZYSLAW	WIŃSKO	POL		71	M40/11 (M)43	00:49:11	00:49:09	14.77
12	282	TOMCZAK HENRYK	WROCLAW	POL	WKB PIAST WROCLAW	62	M40/12 (M)44	00:49:12	00:49:09	14.77
13	383	KOWALCZYK JACEK	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	69	M40/13 (M)46	00:49:26	00:49:23	14.70
14	204	PLESNER RYSZARD	WOŁÓW	POL	ULKS PODLASIE WOŁÓW	64	M40/14 (M)50	00:50:05	00:50:03	14.51
15	69	FEDOROWICZ JACEK	WROCLAW	POL	VAMOS AMIGOS	70	M40/15 (M)55	00:50:29	00:49:03	14.80
16	103	JANOWSKI KRZYSZTOF	KAMIENIEC	POL	LUKS ŻÓRAWINA	70	M40/16 (M)56	00:50:37	00:50:35	14.35
17	164	MALEK KRZYSZTOF	MOCZYDLINICA	POL	WKB PIAST WROCLAW	68	M40/17 (M)58	00:50:52	00:50:48	14.29
18	170	MICHALSKI ADAM	SOBÓTKA	POL	AM SOBÓTKA	70	M40/18 (M)59	00:50:56	00:50:51	14.28
19	229	RYBA JAN	WROCLAW	POL		62	M40/19 (M)64	00:51:19	00:51:18	14.15
20	384	TAJDUŚ BOGUSŁAW	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	65	M40/20 (M)73	00:52:06	00:52:02	13.95
21	303	WOYCZYŃSKI DARIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	68	M40/21 (M)79	00:52:27	00:52:20	13.87
22	145	SIDOR DARIUSZ	WROCLAW	POL	IM 2010	67	M40/22 (M)84	00:52:52	00:52:44	13.77
23	353	ANASZEWSKI ANDRZEJ	WROCLAW	POL		68	M40/23 (M)102	00:54:16	00:54:07	13.42
24	138	KRAŚNIEWSKI KRZYSZTOF	RADZIĄDZ	POL		65	M40/24 (M)106	00:54:44	00:54:35	13.30
25	258	WARWAS ARTUR	WROCLAW	POL	WKB PIAST WROCLAW	66	M40/25 (M)107	00:54:48	00:54:30	13.32
26	33	BORUCKI ARTUR	WROCLAW	POL	CSWICH WROCLAW	64	M40/26 (M)119	00:55:24	00:55:16	13.14
27	278	WIACEK MAREK		POL		62	M40/27 (M)122	00:56:01	00:55:46	13.02
28	183	NONAS PIOTR	WROCLAW	POL	WCT SPARTAN	67	M40/28 (M)124	00:56:04	00:55:59	12.97
29	98	JACH PAWEŁ	WROCLAW	POL		64	M40/29 (M)145	00:57:06	00:57:00	12.74
30	19	BASAŁYGO MACIEK	WROCLAW	POL		71	M40/30 (M)146	00:57:06	00:56:56	12.75
31	49	CYMANEK ANDRZEJ	WROCLAW	POL	FORTUM WROCLAW	62	M40/31 (M)150	00:57:23	00:57:22	12.66
32	295	WAWRZYŃIAK HUBERT	WROCLAW	POL		71	M40/32 (M)156	00:57:46	00:57:20	12.66
33	365	LELEWSKI JACEK	WROCLAW	POL	JUVENIA WROCLAW	65	M40/33 (M)157	00:58:03	00:57:38	12.60
34	205	PLUCIŃSKI DARIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	62	M40/34 (M)158	00:58:05	00:57:05	12.72
35	238	SERAFIN JACEK	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	67	M40/35 (M)161	00:58:14	00:58:07	12.49
36	129	KOMÓR WIESŁAW	WIĄZÓW	POL	VRATISLAVIA 2011	62	M40/36 (M)169	00:59:05	00:57:43	12.58
37	166	MAŁSKI PIOTR	LUBIN	POL		65	M40/37 (M)171	00:59:12	00:58:50	12.34
38	63	WIŚNIEWSKI SYLWESTER	WROCLAW	POL		64	M40/38 (M)174	00:59:34	00:59:30	12.20
39	274	SZUMSKI PIOTR	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	69	M40/39 (M)181	01:00:21	01:00:08	12.07
40	371	DRABIK MARCIN	WROCLAW	POL	WKB PIAST WROCLAW	71	M40/40 (M)182	01:00:30	01:00:17	12.04
41	305	WOŹNICA ROMAN	BIERZYCE	POL		71	M40/41 (M)184	01:00:36	01:00:23	12.02
42	268	SZCZĘŚNIK JERZY	WROCLAW	POL		68	M40/42 (M)185	01:00:36	01:00:26	12.01
43	323	MATKOWSKI KAZIMIERZ	PIETRZYKOWICE	POL		62	M40/43 (M)197	01:01:23	01:01:16	11.85
44	12	ADAMCZYK TOMEK	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA	67	M40/44 (M)201	01:01:49	01:01:16	11.85
45	202	PIWOWARSKI GRZEGORZ	SYCÓW	POL	KB LUPUS SYCÓW	66	M40/45 (M)211	01:02:51	01:02:46	11.57



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[km/h]
46	346	PIETRZAK PRZEMYSŁAW	BRZEZINKA	POL		68	M40/46 (M)219	01:03:34	01:03:27	11.44
47	309	WRZESIŃSKI KRZYSZTOF	BORÓW	POL	WKB PIAST WROCLAW	68	M40/47 (M)222	01:03:54	01:03:46	11.39
48	95	HAZUBSKI ANDRZEJ	TRZEBNICA	POL	LZS TRZEBNICA	68	M40/48 (M)236	01:05:08	01:04:49	11.20
49	125	DUDA TOMASZ	ŚLIWICE	POL		68	M40/49 (M)237	01:05:19	01:04:54	11.19
50	370	KUŹMICZ JANUSZ	WROCLAW	POL		68	M40/50 (M)265	01:09:06	01:08:47	10.55
51	38	BUBEL MARCIN	WROCLAW	POL	DRUŻYNA SZPIKU	70	M40/51 (M)266	01:09:09	01:08:48	10.55
52	175	MODRZEJEWSKI ROMAN	GRABÓW NAD PROSNĄ	POL	SKS SZCZĘŚCIE OSTRZESZÓW	67	M40/52 (M)268	01:09:38	01:09:19	10.47
53	117	KARCZYŃSKI KRZYSZTOF	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	71	M40/53 (M)286	01:13:54	01:13:42	9.85
54	279	ŚWIĘS DARIUSZ	ŁĘG	POL		68	M40/54 (M)288	01:15:05	01:14:42	9.72
55	325	TYRAS PIOTR	OBORNIKI ŚLĄSKIE	POL		69	M40/55 (M)291	01:15:21	01:15:10	9.66
56	48	KURTYKA ANDRZEJ	WROCLAW	POL		63	M40/56 (M)299	01:18:04	01:14:47	9.71
57	259	STEFANIAK JACEK	OLEŚNICA	POL	KB LUPUS OLEŚNICA	68	M40/57 (M)301	01:19:11	01:19:03	9.18

## 12.1km Mężczyźni KATEGORIA:M50

1	121	KIEŁCZEWSKI GRZEGORZ	WROCLAW	POL	BIEGAJZNAMI.PL	60	M50/1 (M)3	00:42:01	00:42:01	17.28
2	335	PIECZUROWSKI SŁAWOMIR	WROCLAW	POL	LUKS ŻÓRAWINA	60	M50/2 (M)4	00:42:29	00:42:28	17.10
3	373	CZERSKI MARIAN	WROCLAW	POL	WKB PIAST WROCLAW	57	M50/3 (M)17	00:46:23	00:46:22	15.66
4	280	PILARSKI DIONIZY	OLEŚNICA	POL	LUPUS OLEŚNICA	61	M50/4 (M)28	00:47:46	00:47:43	15.21
5	336	NOWACKI SŁAWOMIR	WROCLAW	POL	LUKS ŻÓRAWINA	57	M50/5 (M)30	00:47:52	00:47:50	15.18
6	255	STANKIEWICZ ANTONI	SOBÓTKA	POL	WKB PIAST WROCLAW	58	M50/6 (M)53	00:50:12	00:50:08	14.48
7	357	WILK CZESŁAW	WĘGRÓW	POL	TSV PERŁA WĘGRÓW	58	M50/7 (M)54	00:50:20	00:50:16	14.44
8	120	KICINSKI ROMAN	NOWA WIEŚ	POL	NIEZRZESZONY	54	M50/8 (M)77	00:52:25	00:52:20	13.87
9	71	FOKSA MAREK	OSTRZESZÓW	POL	BORKI MORAWA	56	M50/9 (M)78	00:52:25	00:52:21	13.87
10	151	LITWIN JAN	WROCLAW	POL	IM2010 ŚCIEŻKI BIEGOWE	61	M50/10 (M)80	00:52:33	00:52:31	13.82
11	396	WRÓBLEWSKI MIECZYSLAW	WROCLAW	POL		56	M50/11 (M)89	00:53:15	00:53:13	13.64
12	247	SOBCZAK ANDRZEJ	NOWA WIEŚ KAČKA	POL	BIEGAJZNAMI.PL	61	M50/12 (M)93	00:53:36	00:53:30	13.57
13	395	PIETRZYK DARIUSZ	WROCLAW	POL		59	M50/13 (M)97	00:53:49	00:53:46	13.50
14	200	PIOTRKOWSKI JERZY	WROCLAW	POL	WKB PIAST WROCLAW	58	M50/14 (M)101	00:54:03	00:53:55	13.47
15	159	ŁUDZIŃSKI MIROSLAW	WROCLAW	POL	WCT SPARTAN	60	M50/15 (M)108	00:54:48	00:54:43	13.27
16	372	TROJAN STANISŁAW	WROCLAW	POL	WKB PIAST WROCLAW	58	M50/16 (M)109	00:55:01	00:54:58	13.21
17	328	JENDASZAK ZDZISŁAW	JELCZ LASKOWICE	POL		53	M50/17 (M)116	00:55:16	00:55:15	13.14
18	130	KONIECZNY JANUSZ	WROCLAW	POL		55	M50/18 (M)120	00:55:41	00:55:26	13.10
19	239	SKUDLARSKI KAMIL	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ	61	M50/19 (M)123	00:56:02	00:55:56	12.98
20	386	CIBORSKI IRENEUSZ	WROCLAW	POL	ADDICT WROCLAW	53	M50/20 (M)127	00:56:17	00:56:10	12.93
21	104	JANUSZKIEWICZ GRZEGORZ	JELENIA GÓRA	POL		57	M50/21 (M)128	00:56:18	00:56:14	12.91
22	341	WESOŁOWSKI STANISŁAW	URAZ	POL	WKB PIAST WROCLAW	54	M50/22 (M)133	00:56:34	00:56:26	12.86
23	115	KANIOWSKI LESŁAW	TRZEBNICA	POL	LZS TRZEBNICA	53	M50/23 (M)135	00:56:37	00:56:33	12.84
24	354	MARCINKIEWICZ TADEUSZ	WROCLAW	POL	WKB PIAST WROCLAW	53	M50/24 (M)138	00:56:48	00:56:34	12.83
25	233	SADZIŃSKI ROBERT	WROCLAW	POL		61	M50/25 (M)140	00:56:55	00:56:51	12.77
26	189	OLENIASZ MAREK	TRZEBNICA	POL	LZS TRZEBNICA	55	M50/26 (M)147	00:57:07	00:57:01	12.73
27	265	SZCZEPANIAK JAN	GÓRKI	POL	WKB `SKORPION` - OPOLE	58	M50/27 (M)148	00:57:07	00:56:46	12.79
28	143	KSOK MIROSLAW	WROCLAW	POL	ŚCIEŻKI BIEGOWE WROCLAW	57	M50/28 (M)162	00:58:16	00:58:03	12.51
29	334	STRZELCZYK ARKADIUSZ	GLUCHOŁAZY	POL	CHROBRY GLUCHOŁAZY	58	M50/29 (M)173	00:59:24	00:59:13	12.26
30	240	SIKORA JANUSZ	WROCLAW	POL	WKB PIAST WROCLAW	57	M50/30 (M)186	01:00:38	01:00:32	11.99
31	318	HACKEMER MAREK	WROCLAW	POL		58	M50/31 (M)205	01:02:25	01:02:14	11.67
32	109	JURECKI HENRYK	WROCLAW	POL	WKB PIAST WROCLAW	59	M50/32 (M)217	01:03:13	01:03:10	11.49
33	358	MANDAT JAN	OLEŚNICA	POL	LUPUS OLEŚNICA	59	M50/33 (M)221	01:03:39	01:03:37	11.41
34	380	PRZYBYSZEWSKI ADAM	WROCLAW	POL	ZDIUN WROCLAW	61	M50/34 (M)229	01:04:21	01:04:16	11.30
35	132	KORALEWSKI JANUSZ	WROCLAW	POL	WROCLAW KUŹNIKI	56	M50/35 (M)231	01:04:32	01:04:22	11.28
36	150	WRZESIŃSKI MAREK	WROCLAW	POL		59	M50/36 (M)241	01:05:56	01:05:44	11.04
37	320	ŻUKROWSKI JANUSZ	WROCLAW	POL	WKB PIAST WROCLAW	55	M50/37 (M)242	01:05:59	01:05:55	11.01
38	348	SIKORSKI JERZY	WROCLAW	POL	WROCLAWSKA SZKOŁA KARATE	59	M50/38 (M)249	01:07:44	01:07:41	10.73
39	167	MAŁYS WALDEMAR	WROCLAW	POL	WKB PIAST WROCLAW	57	M50/39 (M)250	01:07:48	01:07:46	10.71
40	250	SOLTYŃSKI ANDRZEJ	NADOLICE	POL	WKB PIAST WROCLAW	60	M50/40 (M)255	01:08:09	01:08:07	10.66
41	355	MAZUR TADEUSZ	WROCLAW	POL	WKB PIAST WROCLAW	55	M50/41 (M)259	01:08:51	01:08:28	10.60
42	330	KOWALCZYK TADEUSZ	BOROWA	POL	ORZEL BOROWA	55	M50/42 (M)261	01:08:53	01:06:54	10.85
43	245	SKONIECZNY ANDRZEJ	WROCLAW	POL	WKB PIAST WROCLAW	57	M50/43 (M)270	01:09:54	01:09:51	10.39
44	297	WIECZOREK MARIAN	WROCLAW	POL		57	M50/44 (M)283	01:13:08	01:12:56	9.95
45	210	PODSIADŁY ROBERT	WROCLAW	POL	IM2010 / KS ARTEMIS	59	M50/45 (M)289	01:15:12	01:14:53	9.70



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[km/h]
46	327	DOLATA LESZEK	SYCÓW	POL	LUPUS SYCÓW	58	M50/46 (M)295	01:16:36	01:16:21	9.51
47	211	POLOCZEK MAREK	WROCLAW	POL	WKB PIAST WROCLAW	55	M50/47 (M)296	01:16:42	01:16:16	9.52
48	263	STORY WIEŃCZYSLAW	WROCLAW	POL		60	M50/48 (M)304	01:34:27	01:34:01	7.72
<b>12.1km Mężczyźni KATEGORIA:M60</b>										
1	67	DYGUDAJ JERZY	LEGNICA	POL	KB LEW LEGNICA	49	M60/1 (M)71	00:51:55	00:51:53	13.99
2	74	GARCZYŃSKI GRZEGORZ	LUBIN	POL		47	M60/2 (M)76	00:52:21	00:52:17	13.89
3	313	ZALĘSKI HENRYK	SOBÓTKA	POL	WKB PIAST WROCLAW	45	M60/3 (M)91	00:53:19	00:53:14	13.64
4	368	WITKOWSKI ZYGMUNT	KĄTY WROCLAWSKIE	POL	KB KĄTY WROCLAWSKIE	49	M60/4 (M)111	00:55:05	00:54:39	13.28
5	331	KASZUBA EDWARD	WROCLAW	POL	WKB PIAST WROCLAW	44	M60/5 (M)134	00:56:35	00:56:28	12.86
6	267	SZCZEŚNIAK ANDRZEJ	WROCLAW	POL	KS ARTEMIS/WOMP WROCLAW	49	M60/6 (M)149	00:57:16	00:57:15	12.68
7	50	CZAJKOWSKI STANISLAW	JELCZ-LASKOWICE	POL	ZIMNAR JELCZ-LASKOWICE	50	M60/7 (M)163	00:58:21	00:58:18	12.45
8	307	MACHOWSKI EDWARD	WOŁÓW	POL	WKB PIAST WROCLAW	48	M60/8 (M)164	00:58:23	00:58:18	12.45
9	207	PŁONKA MARIAN	WROCLAW	POL	WKB PIAST WROCLAW	48	M60/9 (M)180	01:00:16	01:00:14	12.05
10	257	STAROŚCIAK ANTONI	WROCLAW	POL	WSOWLAD	44	M60/10 (M)200	01:01:39	01:01:23	11.83
11	319	ŻAK KRZYSZTOF	WROCLAW	POL	NIEZRZESZONY	49	M60/11 (M)210	01:02:40	01:02:18	11.65
12	291	WANAT WACLAW	WROCLAW	POL	WROCLAW KUŹNIKI	46	M60/12 (M)215	01:03:01	01:02:55	11.54
13	135	GIZIŃSKI STEFAN	WOŁÓW	POL	WKB PIAST WROCLAW	48	M60/13 (M)226	01:04:10	01:04:05	11.33
14	228	RUDNO-RUDZINSKI KRZYSZTOF	WROCLAW	POL		49	M60/14 (M)228	01:04:20	01:04:08	11.32
15	123	KINAL LESZEK	WROCLAW	POL	WROCLAW KUŹNIKI	50	M60/15 (M)230	01:04:30	01:04:20	11.28
16	148	LEŚNIAK JÓZEF	WROCLAW	POL	WKB PIAST WROCLAW	45	M60/16 (M)243	01:06:02	01:05:53	11.02
17	31	BORA ANDRZEJ	WROCLAW	POL	WKB PIAST WROCLAW	48	M60/17 (M)251	01:07:49	01:07:43	10.72
18	40	BUNDYRA CZESLAW	WROCLAW	POL	WROCLAW KUŹNIKI	50	M60/18 (M)257	01:08:34	01:08:23	10.62
19	54	WENK BERNHARD	WROCLAW	POL	WKB PIAST WROCLAW	49	M60/19 (M)267	01:09:28	01:09:08	10.50
20	392	PODKOWSKI STANISLAW	WROCLAW	POL	WKB PIAST WROCLAW	43	M60/20 (M)292	01:15:31	01:15:25	9.63
21	350	NASKRĘT EUGENIUSZ	KROŚNICE	POL		45	M60/21 (M)305	01:55:21	01:55:00	6.31
<b>12.1km Mężczyźni KATEGORIA:M70</b>										
1	329	PUSZCZEWICZ ZENON	KOŚCIERZYCE	POL	LUPUS OLEŚNICA	41	M70/1 (M)151	00:57:35	00:57:34	12.61
2	389	PALCZAK JÓZEF	WROCLAW	POL	WKB PIAST WROCLAW	41	M70/2 (M)154	00:57:36	00:57:33	12.62
3	65	DUBIJ LEON	WROCLAW	POL	WKB PIAST WROCLAW	41	M70/3 (M)233	01:04:45	01:04:36	11.24
4	390	MALISZEWSKI JÓZEF	WROCLAW	POL	WKB PIAST WROCLAW	40	M70/4 (M)285	01:13:33	01:13:26	9.89
5	196	PAWLACZYK MARIAN	WROCLAW	POL	WKB PIAST WROCLAW	34	M70/5 (M)293	01:15:42	01:15:19	9.64
6	195	PATER ZBIGNIEW	WROCLAW	POL	WKB PIAST WROCLAW	40	M70/6 (M)298	01:17:54	01:13:46	9.84
7	324	STADNICZUK MICHAŁ	MIKOWICE	POL	ZRYW NAMYSŁÓW	30	M70/7 (M)300	01:18:27	01:18:14	9.28
8	391	URAMOWSKI JÓZEF	WROCLAW	POL	WKB PIAST WROCLAW	38	M70/8 (M)303	01:29:07	01:29:00	8.16
<b>12.1km Kobiety KATEGORIA:K16</b>										
1	364	MICHLER AGNIESZKA	WROCLAW	POL	MKS JUWENIA WROCLAW	94	K16/1 (K)14	01:00:09	01:00:08	12.07
2	393	KRAUZE SYLWIA	WROCLAW	POL	AZS AWF WROCLAW	93	K16/2 (K)30	01:12:11	01:11:55	10.10
<b>12.1km Kobiety KATEGORIA:K20</b>										
1	300	WINNICKA NATALIA	ŁĄKA PRUDNICKA	POL	UKS MOS OPOLE	91	K20/1 (K)4	00:52:58	00:52:56	13.72
2	276	SZYMAŃSKA ANNA	KRZEPTÓW	POL		85	K20/2 (K)7	00:56:05	00:56:01	12.96
3	199	PIEŚKIEWICZ MAŁGORZATA	LEŚNA	POL	AZS AM WROCLAW	86	K20/3 (K)8	00:57:27	00:57:25	12.64
4	22	BIAŁA WERONIKA	OSIECZNA	POL	LKO	86	K20/4 (K)13	00:59:42	00:59:38	12.17
5	399	WOŹNIAK JUSTYNA	WROCLAW	POL		82	K20/5 (K)16	01:02:05	01:01:42	11.77
6	96	HURAS ADRIANNA	MYSZKÓW	POL		88	K20/6 (K)17	01:02:25	01:02:09	11.68
7	197	PAWLAK ALEKSANDRA	SIERADZ	POL	JACEK MNIE WROBIŁ	89	K20/7 (K)23	01:10:26	01:10:16	10.33
8	283	TOMCZAK JULIA	WROCLAW	POL	NIEZRZESZONA	87	K20/8 (K)42	01:17:40	01:17:32	9.36
9	86	GÓRSKA ANNA	WROCLAW	POL	KLUB MISIA	83	K20/9 (K)43	01:17:51	01:17:29	9.37
10	181	NIEMIEC KATARZYNA	WROCLAW	POL	AMATOR	83	K20/10 (K)44	01:18:49	01:18:39	9.23
<b>12.1km Kobiety KATEGORIA:K30</b>										
1	342	DURAK KATARZYNA	SZALEJEWO DRUGIE	POL	LUKS ŻÓRAWINA	80	K30/1 (K)1	00:44:06	00:44:05	16.47
2	201	PISKOROWSKA DANUTA	WROCLAW	POL	LUKS ŻÓRAWINA	80	K30/2 (K)2	00:48:06	00:48:06	15.09
3	177	MORAWSKA MARZENA	WROCLAW	POL	WKB PIAST WROCLAW	76	K30/3 (K)3	00:50:25	00:50:24	14.40
4	168	MASALSKA-PAWLAK AGATA	WROCLAW	POL	KS AZS POLITECHNIKA WROCLAWSKA	81	K30/4 (K)9	00:57:43	00:57:39	12.59
5	136	KOZYRSKA AGNIESZKA	SOBÓTKA	POL	WKB PIAST WROCLAW	72	K30/5 (K)10	00:58:47	00:58:38	12.38
6	106	JAROCKA EWA	WROCLAW	POL		78	K30/6 (K)11	00:59:00	00:58:55	12.32
7	29	BOGDAŁ ŻANETA	WROCLAW	POL		80	K30/7 (K)12	00:59:08	00:58:48	12.35
8	102	JANKOWICZ AGNIESZKA	WAŁBRZYCH	POL	TEMMPO WAŁBRZYCH	81	K30/8 (K)20	01:07:53	01:07:36	10.74

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[km/h]
9	284	TOMCZAK MONIKA	WROCLAW	POL		76	K30/9 (K)22	01:10:03	01:09:49	10.40
10	293	WAŚKO KATARZYNA	KIELCZÓW	POL		76	K30/10 (K)25	01:11:05	01:10:55	10.24
11	131	KORALEWICZ AGNIESZKA	KŁODZKO	POL		81	K30/11 (K)26	01:11:15	01:10:55	10.24
12	118	KAROLEWICZ BOŻENA	WROCLAW	POL	PROJEKT BIEGUNKA	75	K30/12 (K)27	01:11:28	01:10:59	10.23
13	227	ROSZKOWSKA ELŻBIETA	WROCLAW	POL	PROJEKT BIEGUNKA	79	K30/13 (K)28	01:11:28	01:10:54	10.24
14	58	DŁUGOPOLSKA - MIKONOWICZ ANETA	WROCLAW	POL		76	K30/14 (K)29	01:12:00	01:11:46	10.12
15	244	SMELA AGATA	BIELANY WROCLAWSKIE	POL	CADBURY	77	K30/15 (K)34	01:13:50	01:13:34	9.87
16	13	ANTOSZ KASIA	WROCLAW	POL	BIKESTATS.PL	81	K30/16 (K)36	01:15:12	01:14:53	9.70
17	376	SZCZEPANIAK RENATA	OLEŚNICA	POL	LUPUS OLEŚNICA	73	K30/17 (K)37	01:15:18	01:14:58	9.68
18	260	STEFANIAK JUSTYNA	OLEŚNICA	POL	KB LUPUS OLEŚNICA	76	K30/18 (K)38	01:15:30	01:15:11	9.66
19	271	KARWECKA EWA	WROCLAW	POL		78	K30/19 (K)41	01:17:36	01:17:14	9.40

### 12.1km Kobiety KATEGORIA:K40

1	62	DREWNICKA-OGRODNIK JOANNA	WROCLAW/PRZEMIŁÓW	POL		67	K40/1 (K)5	00:53:04	00:53:03	13.69
2	356	KROWICKA DOROTA	WROCLAW	POL	WKB PIAST WROCLAW	69	K40/2 (K)6	00:55:41	00:55:37	13.05
3	30	BOGDANOWICZ MARIA	WROCLAW	POL	AMATOR	66	K40/3 (K)15	01:01:54	01:01:50	11.74
4	94	HAZUBSKA ANNA	TRZEBNICA	POL	LZS TRZEBNICA	69	K40/4 (K)19	01:05:06	01:04:47	11.21
5	72	GADZIŃSKA KRYSZYNA	WROCLAW	POL	WKB PIAST WROCLAW	64	K40/5 (K)21	01:09:54	01:09:54	10.39
6	264	SOSIŃSKA JOLANTA	WROCLAW	POL		69	K40/6 (K)24	01:10:51	01:10:35	10.29
7	21	BERDOWSKA IZABELA	WROCLAW	POL	AMATOR	66	K40/7 (K)31	01:13:02	01:12:36	10.00
8	37	BUBEL ALINA	WROCLAW	POL	DRUŻYNA SZPIKU	69	K40/8 (K)32	01:13:06	01:12:45	9.98
9	152	LITWIN RENATA	WROCLAW	POL	ŚCIEŻKI BIEGOWA	65	K40/9 (K)35	01:14:39	01:14:24	9.76

### 12.1km Kobiety KATEGORIA:K50

1	256	STANKIEWICZ IWONA	SOBÓTKA	POL	WKB PIAST WROCLAW	59	K50/1 (K)18	01:03:06	01:02:55	11.54
2	285	TOMCZAK WIESŁAWA	WROCLAW	POL	WKB PIAST WROCLAW	61	K50/2 (K)39	01:15:51	01:15:43	9.59
3	322	STROJWAŚ ANNA	WROCLAW	POL	WKB PIAST WROCLAW	57	K50/3 (K)40	01:16:36	01:16:27	9.50
4	142	KSOK KRYSZYNA	WROCLAW	POL	ŚCIEŻKI BIEGOWE WROCLAW	58	K50/4 (K)45	01:20:06	01:19:43	9.11
5	326	MUSIELAK EWA	SYCÓW	POL	LUPUS OLEŚNICA	58	K50/5 (K)46	01:21:38	01:21:27	8.91
6	253	STAGROWSKA JADWIGA	LEWIN BRZESKI	POL		54	K50/6 (K)47	01:23:49	01:23:46	8.67

### 12.1km Kobiety KATEGORIA:K60

1	137	KRAKOWIAK BARBARA	TRZEBNICA	POL	LZS TRZEBNICA	46	K60/1 (K)33	01:13:34	01:13:25	9.89
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