

# Łódź Maraton Dbam o Zdrowie

## WYNIKI ZAWODÓW / RESULTS LIST

### Maraton

**Organizator:** Polska Grupa Farmaceutyczna S.A. oraz Urząd Miasta Łódź

**Data:** 05.06.2011

**Miejsce:** Łódź

**Dystans:** 42km

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[km/h]	Check points				
											5km	10km	21km	30km	
1	4	LIMO SAMMY	NAIROBI	KEN		87	M20/1	M / 1	02:16:39	02:16:37	18.53	00:15:55 / 1	00:31:50 / 1	01:07:21 / 1	01:36:02 / 1
2	6	DAUDI JOSEPH	ARUSZA	TAN		86	M20/2	M / 2	02:21:21	02:21:19	17.91	00:15:55 / 2	00:31:50 / 2	01:07:21 / 2	01:36:57 / 2
3	8	MIERECZKO MACIEJ	WŁOCŁAWEK	POL	FV CITY LAUF ERFTSTADT	79	M30/1	M / 3	02:23:30	02:23:29	17.64	00:15:56 / 3	00:32:31 / 5	01:08:37 / 5	01:36:59 / 3
4	2	SHAFAR WITALIY	KIJEV	UKR		82	M20/3	M / 4	02:26:24	02:26:23	17.29	00:16:20 / 5	00:32:30 / 4	01:08:37 / 3	01:39:32 / 4
5	1	SITKOVSKYY ALEKSANDR	DONIECK	UKR		78	M30/2	M / 5	02:27:33	02:27:33	17.16	00:16:19 / 4	00:32:30 / 3	01:08:37 / 4	01:39:39 / 5
6	3	WÓJCIK RAFAŁ	SZCZECIN	POL	KKL KIELCE	72	M30/3	M / 6	02:29:34	02:29:33	16.93	00:16:39 / 6	00:34:02 / 7	01:12:34 / 6	01:44:52 / 6
7	7	RAJEWSKI PRZEMYSŁAW	LĘBORK	POL		76	M30/4	M / 7	02:33:55	02:33:55	16.45	00:16:39 / 7	00:33:42 / 6	01:12:38 / 7	01:44:52 / 7
8	15	DAMANTSEVICH MARYNA	MINSK	BLR		84	K20/1	K / 1	02:42:20	02:42:19	15.60	00:19:14 / 15	00:38:19 / 11	01:20:33 / 9	01:54:50 / 10
9	10	JANASIAK AGNIESZKA	POZNAŃ	POL	OLIMPIA POZNAŃ	81	K30/1	K / 2	02:42:20	02:42:19	15.60	00:19:14 / 14	00:38:12 / 8	01:20:28 / 8	01:54:48 / 8
10	17	POBŁOCKI PIOTR	LĘBORK	POL		65	M40/1	M / 8	02:42:21	02:42:21	15.59	00:19:02 / 8	00:38:12 / 9	01:20:33 / 10	01:54:48 / 9
11	107	BASSENDOWSKI PIOTR	ŁÓDŹ	POL	ŁÓDŹ NASZYM MIASTEM NA ZIEMI	74	M30/5	M / 9	02:50:36	02:50:34	14.84	00:19:29 / 16	00:39:37 / 12	01:23:49 / 13	01:59:34 / 12
12	11	MELOCH ARLETA	GRUDZIĄDZ	POL	OLIPMIA GRUDZIĄDZ	79	K30/2	K / 3	02:50:39	02:50:39	14.83	00:19:02 / 9	00:38:13 / 10	01:21:26 / 11	01:59:34 / 11
13	388	CECHMANN ANDRZEJ	GDAŃSK	POL	URZĄD MORSKI W GDYNI	60	M50/1	M / 10	02:52:09	02:52:08	14.71	00:19:02 / 11	00:39:48 / 16	01:23:40 / 12	02:00:35 / 14
14	12	BUTAKOWA MARIA		BLR		80	K30/3	K / 4	02:53:55	02:53:54	14.56	00:19:02 / 10	00:39:48 / 15	01:24:25 / 14	02:00:35 / 13
15	393	BŁASZCZAK ANDRZEJ	KOŚCIELISKO	POL	DSP WARSZAWA	61	M50/2	M / 11	02:57:21	02:57:19	14.28	00:19:02 / 12	00:41:41 / 19	01:28:20 / 19	02:06:05 / 15
16	230	KURIATA ROBERT	ZŁOTORYJA	POL	OLAWS ZŁOTORYJA	66	M40/2	M / 12	03:06:56	03:06:54	13.54	00:20:31 / 21	00:42:13 / 22	01:30:05 / 24	02:10:47 / 21
17	14	STANNY MAGDALENA	POZNAŃ	POL		81	K30/4	K / 5	03:08:06	03:08:06	13.46	00:20:31 / 20	00:41:41 / 18	01:28:16 / 18	02:08:54 / 17
18	402	BŁASZCZYK RAFAŁ	ROTMANKA	POL		75	M30/6	M / 13	03:08:39	03:08:38	13.42	00:22:34 / 45	00:45:09 / 47	01:35:15 / 41	02:16:02 / 35
19	275	MICKIEWICZ WOJCIECH	MIĘDZYZDRÓJE	POL	HOTEL AMBER BALTIC	61	M50/3	M / 14	03:09:11	03:09:08	13.38	00:21:46 / 33	00:45:09 / 46	01:33:12 / 32	02:13:39 / 26
20	382	ROŚŁON MARCIN	WARSZAWA	POL	RUN2-D2	78	M30/7	M / 15	03:09:14	03:09:12	13.38	00:20:45 / 24	00:42:14 / 23	01:28:52 / 21	02:08:16 / 16
21	49	BRZENCZEK MICHAŁ	GLIWICE	POL	TEAM TELEGROSIK	71	M40/3	M / 16	03:09:43	03:09:41	13.35	00:20:45 / 23	00:42:43 / 25	01:31:40 / 27	02:12:26 / 23
22	128	WIECZOREK PIOTR	WARSZAWA	POL		78	M30/8	M / 17	03:09:48	03:09:44	13.34	00:22:06 / 36	00:44:11 / 34	01:32:56 / 28	02:13:03 / 24
23	574	PIETRZAK ANDRZEJ	PABIANICE	POL	SZAKALE BAŁUT ŁÓDŹ	75	M30/9	M / 18	03:09:53	03:09:48	13.34	00:21:18 / 26	00:42:43 / 26	01:29:57 / 23	02:10:08 / 20
24	330	CIEMSKI ZENON	WARSZAWA	POL	WWW.BZC.PL	65	M40/4	M / 19	03:10:21	03:10:19	13.30	00:22:09 / 37	00:44:38 / 39	01:33:49 / 36	02:14:34 / 28
25	592	ŁUKASZEWICZ JÓZEF	RUMIA	POL		58	M50/4	M / 20	03:10:38	03:10:36	13.28	00:20:27 / 18	00:41:44 / 21	01:29:51 / 22	02:14:34 / 29
26	159	GWIAZDA CEZARY	WARSZAWA	POL		73	M30/10	M / 21	03:10:53	03:10:49	13.27	00:20:41 / 22	00:41:44 / 20	01:28:15 / 17	02:09:09 / 18
27	252	RAKOWSKI MACIEJ	ŁÓDŹ	POL	SZAKALE BAŁUT ŁÓDŹ	73	M30/11	M / 22	03:11:00	03:10:55	13.26	00:21:32 / 28	00:43:26 / 27	01:32:56 / 30	02:13:11 / 25
28	129	ŚWIDZIŃSKI TOMASZ	KRAKÓW	POL	VEGE RUNNERS	76	M30/12	M / 23	03:11:15	03:11:10	13.24	00:22:32 / 41	00:45:06 / 44	01:35:11 / 40	02:16:37 / 36
29	435	MISKOWIEC TOMASZ	SUCHA BESKIDZKA	POL	KKL KIELCE	81	M30/13	M / 24	03:13:57	03:13:56	13.05	00:19:42 / 17	00:39:38 / 13	01:26:05 / 15	02:09:19 / 19

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[km/h]	5km	10km	21km	30km	
30	158	BORKOWSKI ALEKSANDER	SWINOUJSCIE	POL	MKL-MARATON SWINOUJSCIE	56	M50/5	M / 25	03:14:52	03:14:51	12.99	00:21:29 / 27	00:43:38 / 32	01:33:18 / 33	02:15:31 / 32
31	489	BIESIADA PAWEŁ	KRZĘCIN	POL	ZRZESZENI	87	M20/4	M / 26	03:15:10	03:15:03	12.98	00:22:41 / 50	00:45:06 / 45	01:33:50 / 37	02:14:35 / 30
32	181	DRAŻEK PAWEŁ	BELCHATÓW	POL	PGE JUPITER ELEKTROWNIA BELCHATÓW	68	M40/5	M / 27	03:16:10	03:15:52	12.92	00:22:41 / 51	00:44:29 / 35	01:32:57 / 31	02:14:34 / 27
33	412	UKLEJA MONIKA	OSTRÓW WLKP.	POL		82	K20/2	K / 6	03:16:24	03:16:23	12.89	00:21:51 / 35	00:44:34 / 37	01:35:43 / 42	02:18:45 / 41
34	223	ZAWADZKI PAWEŁ	WŁOCLAWEK	POL	WŁOCLAWSKI KLUB BIEGACZA MARATOŃCZYK	76	M30/14	M / 28	03:17:46	03:17:41	12.81	00:22:33 / 42	00:45:32 / 51	01:36:18 / 45	02:18:34 / 39
35	307	MARYAŃSKI KRZYSZTOF	RYBNIK	POL		83	M20/5	M / 29	03:20:00	03:19:54	12.66	00:22:33 / 43	00:40:47 / 17	01:27:35 / 16	02:11:17 / 22
36	43	BERNASIAK KAROL	ŁÓDŹ	POL	MPK ŁÓDŹ	78	M30/15	M / 30	03:20:26	03:20:21	12.64	00:20:47 / 25	00:42:16 / 24	01:31:23 / 25	02:15:28 / 31
37	476	POGOCKI SEWERYN	ZELÓW	POL	PSP ZDUŃSKA WOLA	79	M30/16	M / 31	03:20:46	03:20:41	12.61	00:23:24 / 62	00:47:05 / 61	01:39:11 / 55	02:21:29 / 46
38	138	PASTWA MAREK	ŁÓDŹ	POL	SKS KATOLIK.EDU.PL	63	M40/6	M / 32	03:20:55	03:20:48	12.61	00:23:24 / 61	00:48:12 / 83	01:40:00 / 62	02:22:35 / 49
39	380	SZCZOTKA PAWEŁ	WARSZAWA	POL		72	M30/17	M / 33	03:20:58	03:20:51	12.60	00:22:40 / 48	00:44:58 / 43	01:34:16 / 38	02:17:07 / 37
40	272	PIECHOTA JAROSŁAW	ŁÓDŹ	POL	K.B.ARTURÓWEK	74	M30/18	M / 34	03:21:35	03:21:34	12.56	00:22:40 / 47	00:43:26 / 29	01:32:56 / 29	02:15:56 / 33
41	423	TROCIŃSKI JACEK	ŁÓDŹ	POL		70	M40/7	M / 35	03:22:35	03:22:32	12.50	00:22:40 / 49	00:43:26 / 30	01:28:25 / 20	02:15:56 / 34
42	66	GRUNTKOWSKI ARTUR	ANTONIEW	POL		69	M40/8	M / 36	03:22:43	03:22:35	12.50	00:23:41 / 69	00:47:49 / 73	01:41:01 / 69	02:25:03 / 61
43	594	LOKWENC MARIUSZ	WARSZAWA	POL		74	M30/19	M / 37	03:23:46	03:23:39	12.43	00:23:47 / 75	00:47:26 / 69	01:41:01 / 70	02:25:03 / 62
44	226	NAREL SŁAWOMIR	LODZ	POL	ŁÓDŹ NASZYM MIASTEM NA ZIEMI	63	M40/9	M / 38	03:24:07	03:24:01	12.41	00:23:17 / 59	00:46:50 / 59	01:39:17 / 57	02:22:36 / 50
45	83	STAWIKOWSKI DARIUSZ	ŁÓDŹ	POL	BIEGACZ NOWOSOLNA	73	M30/20	M / 39	03:24:38	03:24:36	12.37	00:22:48 / 53	00:46:50 / 58	01:39:23 / 58	02:23:21 / 52
46	292	CZUCHWICKI WACŁAW	ZBĄSZYN	POL		58	M50/6	M / 40	03:25:18	03:24:28	12.38	00:24:55 / 110	00:47:53 / 77	01:40:08 / 63	02:24:07 / 54
47	277	TYBURCZY MICHAŁ	ŁÓDŹ	POL		75	M30/21	M / 41	03:25:22	03:25:14	12.33	00:23:42 / 70	00:47:53 / 76	01:39:52 / 60	02:23:40 / 53
48	93	KLIMCZEWSKI ANDRZEJ	ŁÓDŹ	POL	FOREVER YOUNG	62	M40/10	M / 42	03:25:34	03:25:27	12.32	00:22:20 / 38	00:44:36 / 38	01:33:44 / 35	02:17:59 / 38
49	168	TRACZ MACIEK	ŁÓDŹ	POL	NAPIERAJ.PL	70	M40/11	M / 43	03:25:59	03:25:58	12.29	00:21:32 / 30	00:43:26 / 28	01:35:01 / 39	02:21:20 / 44
50	220	ANDRZEJEWSKI PIOTR	ŚWINOUJSCIE	POL	KLUB 8.FLOTYLLI OBRONY WTYBRZEŻA	59	M50/7	M / 44	03:26:23	03:26:20	12.27	00:21:47 / 34	00:44:31 / 36	01:36:53 / 51	02:21:20 / 45
51	599	PIETRASIAK JANUSZ	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	66	M40/12	M / 45	03:26:29	03:26:22	12.27	00:23:38 / 68	00:47:59 / 80	01:40:41 / 65	02:24:13 / 56
52	502	GRACZ MAREK	WIELUŃ	POL	JASTRZĄB - 32.BLOTT ŁASK	72	M30/22	M / 46	03:26:31	03:26:24	12.27	00:22:50 / 54	00:45:56 / 52	01:37:14 / 52	02:21:34 / 47
53	565	GRZEGORCZYK BARTOSZ	PABIANICE	POL	BRE.LOCUM	77	M30/23	M / 47	03:26:35	03:26:27	12.26	00:24:00 / 80	00:47:58 / 79	01:41:01 / 71	02:24:34 / 59
54	451	PIECZARKA DARIUSZ	OLSZTYN	POL		72	M30/24	M / 48	03:26:52	03:26:44	12.25	00:24:00 / 79	00:44:53 / 42	01:36:19 / 48	02:24:34 / 58
55	203	JASIEWICZ TOMASZ	SIERADZ	POL		82	M20/6	M / 49	03:27:00	03:26:53	12.24	00:24:22 / 88	00:48:18 / 85	01:40:42 / 66	02:24:10 / 55
56	386	MARDOFEL MARCIN	ZGIERZ	POL		79	M30/25	M / 50	03:27:22	03:26:59	12.23	00:24:38 / 102	00:47:38 / 72	01:36:43 / 50	02:18:36 / 40
57	602	ROSZYK SŁAWOMIR	POZNAŃ	POL	QUENTINO.PL	70	M40/13	M / 51	03:27:48	03:27:45	12.19	00:23:46 / 74	00:47:56 / 78	01:41:00 / 68	02:24:49 / 60
58	248	FABIŚ ARKADIUSZ	STĘSZEW	POL	DRUŻYNA SZPIKU	72	M30/26	M / 52	03:28:37	03:28:22	12.15	00:23:46 / 73	00:50:08 / 111	01:43:36 / 89	02:28:53 / 83
59	149	STAWSKI DARIUSZ	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	57	M50/8	M / 53	03:29:02	03:28:56	12.12	00:24:33 / 99	00:48:52 / 98	01:42:38 / 82	02:27:29 / 71
60	111	ZĄBECKI PRZEMYSŁAW	TOMASZÓW	POL	PO CO TYLE LATAĆ	82	M20/7	M / 54	03:29:56	03:29:49	12.07	00:24:33 / 98	00:48:06 / 81	01:41:03 / 72	02:25:25 / 63
61	71	KĄŻMIERCZAK MICHAŁ	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	75	M30/27	M / 55	03:30:21	03:30:00	12.05	00:25:14 / 129	00:49:29 / 104	01:42:06 / 79	02:28:35 / 78
62	166	MIROTA RADOŚLAW	WARSZAWA	POL	POGROMCY NIEMOCY	74	M30/28	M / 56	03:30:38	03:30:25	12.03	00:25:19 / 138	00:50:30 / 125	01:45:04 / 99	02:30:18 / 86
63	304	RIEMER TOMASZ	ŁÓDŹ	POL	MKT	65	M40/14	M / 57	03:31:55	03:31:47	11.95	00:23:52 / 77	00:48:12 / 84	01:41:51 / 76	02:30:18 / 87
64	276	OLEŚ KATARZYNA	ŁÓDŹ	POL	SZAKALE BAŁUT ŁÓDŹ	86	K20/3	K / 7	03:32:00	03:31:56	11.94	00:23:52 / 76	00:44:52 / 41	01:36:20 / 49	02:23:05 / 51
65	541	BIAŁOGRODZKI SYLWESTER	ZALESIE GÓRNE	POL	ZALESIE GÓRNE	61	M50/9	M / 58	03:32:03	03:31:56	11.94	00:24:28 / 94	00:49:02 / 101	01:42:51 / 86	02:27:50 / 72
66	431	BAĆMAGA GRZEGORZ	RADOM	POL	MARATOŃCZYK RADOM	68	M40/15	M / 59	03:32:11	03:32:08	11.93	00:24:28 / 93	00:46:39 / 57	01:40:29 / 64	02:26:48 / 67

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[km/h]	5km	10km	21km	30km	
67	324	SĘDECKI PIOTR	SKIERNIEWICE	POL	TRUCHT MARATON SKIERNIEWICE	62	M40/16	M / 60	03:32:32	03:32:28	11.91	00:24:28 / 92	00:46:39 / 55	01:36:19 / 47	02:26:48 / 66
68	421	NAPIERACZ MIROSLAW	DĘBNO	POL	NETTO GB 42,195	73	M30/29	M / 61	03:33:15	03:33:05	11.88	00:25:07 / 125	00:46:39 / 56	01:46:48 / 113	02:31:54 / 93
69	543	BIAŁOGRODZKI LESZEK	PIASECZNO	POL	PIASECZNO	71	M40/17	M / 62	03:33:20	03:33:13	11.87	00:24:28 / 95	00:48:42 / 90	01:42:39 / 85	02:28:43 / 80
70	24	KWIATEK TOMASZ	PRUSZKÓW	POL	PRUSZKÓW	82	M20/8	M / 63	03:34:10	03:33:58	11.83	00:23:45 / 71	00:47:37 / 71	01:40:46 / 67	02:27:15 / 69
71	174	BORKOWSKI GRZEGORZ	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	55	M50/10	M / 64	03:34:26	03:34:19	11.81	00:24:33 / 97	00:48:52 / 97	01:42:38 / 81	02:29:18 / 84
72	491	SMARZEK CEZARY	ŁASK	POL	JASTRZĄB - 32.BLOTT ŁASK	71	M40/18	M / 65	03:34:36	03:34:16	11.81	00:27:04 / 209	00:52:31 / 178	01:48:05 / 138	02:33:27 / 101
73	507	SKONIECKI MICHAŁ	GOSTYNIN	POL		75	M30/30	M / 66	03:34:37	03:34:19	11.81	00:24:00 / 81	00:52:31 / 179	01:41:19 / 73	02:24:20 / 57
74	217	OLBRYŚ STANISŁAW-ADAM	NASIELSK	POL	K B PIMAR LEGIONOWO	67	M40/19	M / 67	03:35:07	03:35:05	11.77	00:24:46 / 107	00:50:30 / 124	01:46:31 / 110	02:32:28 / 97
75	281	JANICKI KRZYSZTOF	ŁÓDŹ	POL		65	M40/20	M / 68	03:36:04	03:35:12	11.76	00:23:30 / 66	00:47:16 / 65	01:41:50 / 75	02:28:08 / 77
76	450	KLIMIUK GRZEGORZ	WISKITKI	POL	NIEZRZESZONY	86	M20/9	M / 69	03:36:08	03:35:43	11.74	00:26:31 / 188	00:47:16 / 66	01:47:36 / 130	02:34:29 / 104
77	86	STANISZEWSKI ZYGMUNT	SZCZUCZYN	POL		60	M50/11	M / 70	03:36:22	03:36:15	11.71	00:24:27 / 89	00:48:45 / 91	01:42:39 / 84	02:27:57 / 73
78	413	SZYMCZAK PIOTR	OSTROLENKA	POL		77	M30/31	M / 71	03:36:23	03:36:16	11.71	00:24:27 / 90	00:48:46 / 92	01:42:39 / 83	02:28:02 / 75
79	310	WYPYSZYŃSKI TOMASZ	PODDĘBICE	POL	'WICHER' DOBRA (WOJ.WIELKOPOLSKIE)	77	M30/32	M / 72	03:36:30	03:36:28	11.69	00:19:03 / 13	00:39:44 / 14	01:31:25 / 26	02:18:50 / 42
80	420	JUREK BOGDAN	MOSINA	POL	DRUZYNA SZPIKU	65	M40/21	M / 73	03:37:33	03:37:19	11.65	00:24:17 / 86	00:48:52 / 96	01:43:36 / 90	02:28:53 / 82
81	497	KURYŁO ARTUR	AUGUSTÓW	POL	ATP AUGUSTÓW	66	M40/22	M / 74	03:38:17	03:38:08	11.61	00:26:30 / 186	00:52:49 / 184	01:50:52 / 167	02:37:35 / 131
82	348	DĄBROWSKI CEZARY	PIASECZNO	POL		71	M40/23	M / 75	03:38:51	03:38:45	11.57	00:22:52 / 55	00:45:18 / 49	01:37:31 / 53	02:26:34 / 65
83	88	SABANDA WITOLD	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	73	M30/33	M / 76	03:39:05	03:38:56	11.56	00:28:15 / 265	00:45:18 / 48	01:50:30 / 161	02:35:55 / 117
84	312	SZREDEL MAREK	ELBLAG	POL	EKO GRYF PRZY JW4260 ELBLAG	55	M50/12	M / 77	03:39:33	03:39:16	11.55	00:27:13 / 226	00:53:31 / 200	01:50:36 / 162	02:37:26 / 129
85	194	ADAMUS WIESŁAW	UJAZD	POL	EUROBOX	57	M50/13	M / 78	03:39:39	03:39:36	11.53	00:22:22 / 39	00:46:03 / 53	01:39:40 / 59	02:26:51 / 68
86	118	KORONA-TRZEBSKI PRZEMEK	ŁÓDŹ	POL	--	76	M30/34	M / 79	03:39:57	03:39:42	11.52	00:23:33 / 67	00:47:24 / 68	01:42:00 / 78	02:30:55 / 88
87	160	TRACZ JAKUB	PIOTRKÓW	POL		81	M30/35	M / 80	03:40:11	03:39:47	11.52	00:27:29 / 249	00:54:31 / 251	01:54:26 / 221	02:42:41 / 179
88	343	KUĆ WITOLD	JASIEŃ	POL		61	M50/14	M / 81	03:40:35	03:40:33	11.48	00:22:30 / 40	00:46:05 / 54	01:54:26 / 222	02:27:57 / 74
89	232	KOSAKOWSKI KRZYSZTOF	BYDGOSZCZ	POL	TKKF KOLEJARZ BYDGOSZCZ	60	M50/15	M / 82	03:40:37	03:40:13	11.50	00:26:22 / 180	00:51:55 / 164	01:48:39 / 144	02:36:23 / 125
90	351	RZEPECKI KRZYSZTOF	PIOTRKÓW	POL		79	M30/36	M / 83	03:40:43	03:40:33	11.48	00:25:34 / 155	00:50:25 / 117	01:45:55 / 103	02:32:05 / 95
91	387	KULBACZYŃSKI JAN	KODEŃ	POL	AMAZONI PAWEŁ	62	M40/24	M / 84	03:40:59	03:40:08	11.50	00:27:15 / 236	00:50:25 / 118	01:46:42 / 112	02:32:28 / 96
92	218	ZAWADZKI MACIEJ	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	78	M30/37	M / 85	03:41:46	03:41:37	11.42	00:24:21 / 87	00:48:19 / 86	01:41:50 / 74	02:28:04 / 76
93	211	TYMICKI ZBIGNIEW	WARSZAWA	POL	SBBP.WAW.PL	69	M40/25	M / 86	03:42:59	03:42:43	11.37	00:24:43 / 104	00:48:54 / 99	01:42:16 / 80	02:31:23 / 89
94	389	KARPIŃSKI KONRAD	WROCLAW	POL		78	M30/38	M / 87	03:43:11	03:43:00	11.35	00:24:43 / 105	00:49:42 / 107	01:45:21 / 101	02:31:33 / 91
95	120	LEMIESZEK GRZEGORZ	ŁÓDŹ	POL	AMATOR	58	M50/16	M / 88	03:43:19	03:43:09	11.34	00:24:43 / 103	00:49:42 / 106	01:47:01 / 115	02:31:33 / 90
96	563	KULAK PRZEMYSŁAW	ŁÓDŹ	POL		86	M20/10	M / 89	03:43:20	03:43:02	11.35	00:26:41 / 198	00:51:56 / 166	01:47:16 / 126	02:33:50 / 102
97	325	TRZECIŃSKI KAROL	ST JUST ST	FRA		45	M60/1	M / 90	03:43:56	03:43:46	11.31	00:26:41 / 197	00:51:56 / 165	01:52:43 / 206	02:40:10 / 157
98	542	BIAŁOGRODZKI TADEUSZ	ZALESIE GÓRNE	POL	ZALESIE GÓRNE	58	M50/17	M / 91	03:43:57	03:43:49	11.31	00:26:48 / 202	00:53:31 / 212	01:52:21 / 202	02:38:52 / 139
99	434	KUROWSKI TOMASZ	ŁÓDŹ	POL	ŁÓDŹ NASZYM MIASTEM NA ZIEMI	74	M30/39	M / 92	03:44:10	03:44:04	11.30	00:23:17 / 60	00:53:31 / 211	01:39:17 / 56	02:25:55 / 64
100	329	BULKA ARTUR	KRAKÓW	POL		52	M50/18	M / 93	03:44:14	03:43:58	11.30	00:27:15 / 235	00:53:31 / 209	01:51:40 / 191	02:39:38 / 146
101	21	PAWLAK MICHAŁ	PABIANICE	POL	KORONA PABIANICE	83	M20/11	M / 94	03:44:21	03:43:52	11.31	00:26:21 / 177	00:53:31 / 208	01:51:11 / 174	02:39:40 / 152
102	327	ASŁANOWICZ MARCIN	WARSZAWA	POL		75	M30/40	M / 95	03:44:30	03:44:24	11.28	00:26:21 / 178	00:48:49 / 93	01:44:19 / 94	02:31:38 / 92
103	143	PIĄTEK BOGDAN	ZIELONKA	POL	LECICI ZIELONKA	53	M50/19	M / 96	03:44:36	03:44:10	11.29	00:27:14 / 232	00:53:27 / 193	01:47:39 / 132	02:36:02 / 121
104	521	MITROFANIUK MAREK	NIEMOJKI	POL	YULO RUN TEAM SIEDLCE	83	M20/12	M / 97	03:44:54	03:44:37	11.27	00:27:13 / 227	00:53:38 / 226	01:52:04 / 197	02:40:32 / 167
105	513	RUTA TADEUSZ	ŁÓDŹ	POL	WKB META LUBLINIEC	50	M60/2	M / 98	03:45:04	03:44:47	11.26	00:27:13 / 225	00:53:31 / 201	01:51:39 / 185	02:39:37 / 143

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[km/h]	5km	10km	21km	30km	
106	465	GŁOWACKI ARKADIUSZ	ŁÓDŹ	POL		79	M30/41	M / 99	03:45:28	03:45:18	11.24	00:27:13 / 224	00:48:40 / 89	01:44:19 / 93	02:33:25 / 100
107	381	POLAK ANDRZEJ	KAJETANY	POL	NADARZYN	69	M40/26	M / 100	03:45:31	03:45:26	11.23	00:26:26 / 183	00:52:58 / 186	01:51:18 / 181	02:40:13 / 158
108	314	WITCZAK BARTŁOMIEJ	BUKOWIEC	POL		84	M20/13	M / 101	03:45:45	03:45:36	11.22	00:25:30 / 150	00:50:21 / 114	01:46:23 / 109	02:34:08 / 103
109	585	GAWRYŚ MARIUSZ	PABIANICE	POL		81	M30/42	M / 102	03:45:56	03:45:24	11.23	00:26:25 / 182	00:51:25 / 152	01:48:04 / 137	02:36:02 / 120
110	406	PIASTA DARIUSZ	WARSZAWA	POL		72	M30/43	M / 103	03:46:00	03:45:43	11.22	00:24:03 / 82	00:47:07 / 62	01:38:47 / 54	02:28:53 / 81
111	169	FIEGA RYSZARD	GORLICE	POL	MARATON GORLICE	58	M50/20	M / 104	03:46:01	03:45:57	11.20	00:23:26 / 64	00:48:37 / 88	01:46:08 / 106	02:36:01 / 119
112	356	KAMIZIELAK MACIEJ	POZNAŃ	POL		84	M20/14	M / 105	03:46:25	03:46:06	11.20	00:23:26 / 65	00:53:49 / 236	01:53:33 / 212	02:41:13 / 172
113	69	KORCZYŃSKI STANISŁAW	ŁÓDŹ	POL	ŚCIEŻKI BIEGOWE PARK PONIATOWSKIEGO	53	M50/21	M / 106	03:46:25	03:46:17	11.19	00:23:26 / 63	00:49:02 / 102	01:46:03 / 105	02:35:38 / 114
114	257	KOCHANOWSKI BARTŁOMIEJ	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	82	M20/15	M / 107	03:46:33	03:46:16	11.19	00:27:13 / 223	00:53:31 / 204	01:50:58 / 171	02:36:13 / 123
115	611	ZIÓLKOWSKI TOMASZ	WARSZAWA	POL		71	M40/27	M / 108	03:46:54	03:46:45	11.16	00:25:06 / 122	00:53:31 / 205	01:48:46 / 145	02:38:23 / 135
116	163	RADCZAK ANDRZEJ	KRAKÓW	POL		61	M50/22	M / 109	03:46:55	03:46:35	11.17	00:27:16 / 238	00:53:31 / 203	01:51:39 / 187	02:39:39 / 151
117	608	MALEK STANISŁAW	PRASZKA	POL	NEAPCO PRASZKA	54	M50/23	M / 110	03:46:56	03:46:40	11.17	00:27:20 / 242	00:53:38 / 224	01:52:03 / 194	02:40:32 / 168
118	475	SEIDLOVA EVA	TLMACE	SVK	AK TLMACE	48	K60/1	K / 8	03:46:56	03:46:47	11.16	00:25:05 / 121	00:50:36 / 130	01:48:06 / 139	02:38:10 / 133
119	422	KUBIAK MACIEJ	OSTRÓW	POL		73	M30/44	M / 111	03:47:16	03:46:46	11.16	00:25:59 / 166	00:51:17 / 147	01:47:33 / 129	02:36:04 / 122
120	429	JĘDRYCHA MARIUSZ	SKIERNIEWICE	POL	DOWÓDZTWO GARNIZONU WARSZAWA	72	M30/45	M / 112	03:48:19	03:47:58	11.10	00:27:14 / 231	00:53:33 / 218	01:50:39 / 164	02:39:38 / 148
121	50	KLIGLICH PAWEŁ	WOŁOMIN	POL	TOWARZYSTWO AKTYWNY RELAKS WOŁOMIN/WWW.POLSKLO.PL	77	M30/46	M / 113	03:48:23	03:48:14	11.09	00:25:56 / 165	00:51:58 / 167	01:50:07 / 152	02:37:40 / 132
122	424	STELMASZYK BŁAŻEJ	DĄBROWA	POL		84	M20/16	M / 114	03:48:28	03:48:16	11.09	00:25:14 / 132	00:51:58 / 168	01:47:05 / 117	02:34:39 / 106
123	352	SALSKI RAFAŁ	ŻYRARDÓW	POL		68	M40/28	M / 115	03:48:40	03:48:21	11.09	00:25:14 / 131	00:53:31 / 213	01:51:39 / 189	02:40:15 / 159
124	539	TOMASSI ROBERT	BARYCZ	POL	NIEZRZESZONY	74	M30/47	M / 116	03:48:40	03:48:23	11.08	00:22:35 / 46	00:44:46 / 40	01:45:03 / 98	02:35:16 / 110
125	273	GRZYBAŁA ANDRZEJ	ŁOMŻA	POL	KR-B 'EKO' ŁOMŻA	53	M50/24	M / 117	03:48:41	03:48:37	11.07	00:25:25 / 147	00:51:25 / 150	01:49:07 / 147	02:39:17 / 142
126	427	NIEDŹWIADEK CZESŁAW	WARSZAWA	POL	DOWÓDZTWO GARNIZONU WARSZAWA	56	M50/25	M / 118	03:48:54	03:48:48	11.06	00:25:25 / 148	00:47:23 / 67	01:43:20 / 88	02:35:25 / 112
127	503	BRUTKOWSKI WOJTEK	WARSZAWA	POL		79	M30/48	M / 119	03:48:57	03:48:42	11.07	00:25:31 / 151	00:50:55 / 138	01:47:14 / 124	02:34:43 / 107
128	391	RUTKOWSKI PIOTR	WARSZAWA	POL		68	M40/29	M / 120	03:49:14	03:48:56	11.06	00:25:48 / 163	00:50:52 / 136	01:46:15 / 107	02:32:43 / 98
129	53	JANCZAK MAREK	RADOM	POL		73	M30/49	M / 121	03:49:30	03:49:22	11.04	00:23:46 / 72	00:47:26 / 70	01:39:55 / 61	02:28:36 / 79
130	133	DYBAŁA MACIEJ	BELCHATÓW	POL	AZS UAM	87	M20/17	M / 122	03:49:31	03:49:21	11.04	00:24:46 / 108	00:50:33 / 126	01:48:01 / 134	02:38:18 / 134
131	137	MARIAŃSKI NORBERT	KARCZEW	POL	NIEZRZESZONY	75	M30/50	M / 123	03:49:38	03:49:29	11.03	00:21:40 / 31	00:50:33 / 127	01:36:17 / 44	02:22:00 / 48
132	127	JUREK ZBIGNIEW	ZWOLEŃ	POL	NIEZRZESZONY	60	M50/26	M / 124	03:49:55	03:49:42	11.02	00:25:22 / 146	00:50:50 / 134	01:48:03 / 135	02:35:59 / 118
133	105	MAJEWSKI SYLWESTER	ŁÓDŹ	POL		71	M40/30	M / 125	03:49:55	03:49:40	11.02	00:25:18 / 137	00:50:25 / 116	01:47:01 / 114	02:36:34 / 126
134	544	KLUCZYŃSKI JAROSŁAW	WARSZAWA	POL	NIEZRZESZONY	63	M40/31	M / 126	03:50:22	03:50:15	10.99	00:22:46 / 52	00:47:08 / 63	01:44:16 / 92	02:34:37 / 105
135	256	SZCZYPKOWSKI HIERONIM	OSTRÓW WLKP	POL	KS MARATON OSTRÓW WLKP./DRUŻYNA SZPIKU	59	M50/27	M / 127	03:50:44	03:50:43	10.97	00:24:28 / 91	00:49:56 / 108	01:47:38 / 131	02:36:49 / 127
136	561	JANUSZ SEBASTIAN	WARSZAWA	POL	POLBANK	76	M30/51	M / 128	03:50:46	03:50:36	10.98	00:24:37 / 101	00:48:52 / 95	01:43:14 / 87	02:32:54 / 99
137	339	TUDEK MARIUSZ	GÓRA KALWARIA	POL		72	M30/52	M / 129	03:50:59	03:50:44	10.97	00:26:03 / 170	00:52:19 / 172	01:50:09 / 154	02:39:59 / 154
138	246	MALEWSKI TOMASZ	ŁÓDŹ	POL	BRE.LOCUM	71	M40/32	M / 130	03:51:19	03:50:51	10.97	00:28:37 / 286	00:55:21 / 259	01:54:56 / 228	02:44:24 / 192
139	215	PIELAT BOGUSŁAW	ŁÓDŹ	POL		55	M50/28	M / 131	03:51:24	03:51:14	10.95	00:25:09 / 127	00:50:24 / 115	01:49:52 / 151	02:40:03 / 155
140	145	SIEROCKI JAN	AUGUSTÓW	POL	ATP AUGUSTÓW	59	M50/29	M / 132	03:51:33	03:51:21	10.94	00:26:30 / 185	00:52:49 / 185	01:50:53 / 169	02:40:30 / 162

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[km/h]	5km	10km	21km	30km	
141	546	WNUK MARCIN	WARSZAWA	POL	RUN&FUN	76	M30/53	M / 133	03:51:42	03:51:28	10.94	00:28:32 / 283	00:56:41 / 283	01:58:10 / 264	02:45:47 / 201
142	136	ADAMCZEWSKI MACIEJ	ŁÓDŹ	POL	UKS BUSHI ŁÓDŹ	73	M30/54	M / 134	03:52:26	03:51:54	10.92	00:28:32 / 282	00:56:41 / 281	01:57:10 / 255	02:45:29 / 197
143	296	FRYDRYCHOWSKI PRZEMYSŁAW	KLECZEW	POL	OSIR KLECZEW	71	M40/33	M / 135	03:52:34	03:52:20	10.90	00:27:08 / 213	00:56:41 / 282	01:51:16 / 177	02:39:47 / 153
144	146	SARZYNSKI ADAM	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	73	M30/55	M / 136	03:52:38	03:52:16	10.90	00:27:27 / 247	00:54:09 / 245	01:48:25 / 143	02:35:26 / 113
145	167	SKALSKI PIOTR	WARSZAWA	POL		67	M40/34	M / 137	03:53:09	03:52:59	10.87	00:24:34 / 100	00:54:09 / 246	01:46:41 / 111	02:37:31 / 130
146	601	STECZKOWSKI PAWEŁ	WARSZAWA	POL	DEALER SPORT	72	M30/56	M / 138	03:53:12	03:52:49	10.87	00:28:21 / 274	00:55:43 / 262	01:56:22 / 247	02:46:09 / 206
147	493	RYBICKI JERZY	STAWISKI	POL	DRUŻYNA SZPIKU	60	M50/30	M / 139	03:53:14	03:53:07	10.86	00:24:08 / 85	00:48:59 / 100	01:45:57 / 104	02:36:22 / 124
148	176	DOMINIAK ANDRZEJ	ŁÓDŹ	POL	KB STOPA ŁÓDŹ	53	M50/31	M / 140	03:53:29	03:53:09	10.86	00:27:08 / 212	00:53:20 / 192	01:51:17 / 180	02:39:37 / 145
149	125	WOLNY MACIEJ	ŁÓDŹ	POL		74	M30/57	M / 141	03:53:32	03:53:22	10.85	00:27:08 / 211	00:53:20 / 191	01:45:17 / 100	02:39:37 / 144
150	142	ILSKI WOJCIECH	ŁÓDŹ	POL	ELTA ŁÓDŹ	50	M60/3	M / 142	03:53:34	03:53:31	10.84	00:26:43 / 201	00:53:47 / 233	01:53:46 / 214	02:43:15 / 183
151	229	BEŚKA MARCIN	PABIANICE	POL		82	M20/18	M / 143	03:53:42	03:53:22	10.85	00:25:21 / 145	00:50:27 / 120	01:44:35 / 95	02:35:19 / 111
152	227	LASOTA MIROŚLAW	WAŁCZ	POL		53	M50/32	M / 144	03:53:46	03:53:22	10.85	00:25:21 / 144	00:53:48 / 235	01:52:41 / 205	02:43:14 / 182
153	99	CIMOCHOWSKI DARIUSZ	POZNAŃ	POL	NIEZRZESZONY	72	M30/58	M / 145	03:53:47	03:53:23	10.85	00:25:21 / 143	00:47:05 / 60	01:43:57 / 91	02:43:14 / 181
154	305	BRZEZIŃSKI MACIEJ	ŚLESIN	POL	LOKALNA GRUPA	85	M20/19	M / 146	03:53:55	03:53:44	10.83	00:23:07 / 58	00:47:09 / 64	01:41:52 / 77	02:31:55 / 94
					LEKKOATLETYCZNA IM. HANNIBALA LECTERA										
155	134	TRZASKACZ KRYSZTOF	DĘBICA	POL	SODASTUDIO.PL	81	M30/59	M / 147	03:54:00	03:53:52	10.82	00:24:06 / 83	00:48:07 / 82	01:45:01 / 97	02:35:53 / 115
156	395	BOJKO FILIP	WARSZAWA	POL	ETO TEAM	79	M30/60	M / 148	03:54:03	03:53:30	10.84	00:29:07 / 291	00:56:14 / 272	01:55:40 / 241	02:45:59 / 205
157	562	MICHAŁSKI MARIUSZ	RADOM	POL	FITNESS PARK RADOM	81	M30/61	M / 149	03:54:09	03:54:05	10.81	00:22:33 / 44	00:45:32 / 50	01:36:18 / 46	02:21:09 / 43
158	447	DOWNAR KATARZYNA	PABIANICE	POL	KORONA PABIANICE	89	K20/4	K / 9	03:54:13	03:54:00	10.82	00:25:04 / 116	00:50:27 / 119	01:47:01 / 116	02:39:38 / 149
159	377	MAJEWSKI ZBIGNIEW	NOWE MIASTO NAD POL			70	M40/35	M / 150	03:54:44	03:54:24	10.80	00:27:24 / 245	00:53:28 / 194	01:51:10 / 173	02:41:04 / 170
160	480	CHAJDAS WŁODZIMIERZ	UNIEJÓW	POL	KB GEOTERMIA UNIEJÓW	65	M40/36	M / 151	03:54:51	03:54:35	10.79	00:27:51 / 255	00:55:51 / 265	01:56:14 / 244	02:46:09 / 207
161	251	DUCH MARCIN	SKIERNIEWICE	POL	SKIERNIEWICE	77	M30/62	M / 152	03:54:54	03:54:25	10.80	00:29:14 / 300	00:56:39 / 277	01:57:09 / 253	02:46:28 / 215
162	487	KOWALSKI PIOTR	SOSNOWIEC	POL		83	M20/20	M / 153	03:54:56	03:54:40	10.79	00:26:58 / 208	00:53:39 / 228	01:52:04 / 196	02:40:32 / 166
163	469	DUBOWIECKI WITOLD	WROCLAW	POL		71	M40/37	M / 154	03:54:58	03:54:36	10.79	00:25:59 / 168	00:51:45 / 160	01:52:04 / 195	02:40:32 / 165
164	367	SZWAJ MARIUSZ	WŁODAWA	POL		68	M40/38	M / 155	03:55:07	03:54:45	10.78	00:25:59 / 167	00:51:45 / 159	01:47:19 / 127	02:40:31 / 164
165	130	OSTROWSKI GRZEGORZ	ŁÓDŹ	POL		73	M30/63	M / 156	03:55:31	03:55:28	10.75	00:21:42 / 32	00:43:46 / 33	01:36:03 / 43	02:29:23 / 85
166	350	BARWIŃSKI SŁAWOMIR	ŁÓDŹ	POL		68	M40/39	M / 157	03:55:33	03:55:20	10.76	00:26:05 / 171	00:52:18 / 171	01:50:09 / 153	02:40:31 / 163
167	481	STASZEWSKI TOMASZ	ŁÓDŹ	POL	BIEGACZ NOWOSOLNA	73	M30/64	M / 158	03:55:35	03:55:16	10.76	00:25:05 / 120	00:50:12 / 113	01:47:08 / 118	02:40:15 / 160
168	438	WYRĄBKIEWICZ JANUSZ	CIECHOCINEK	POL	APTEKA MIKSTURA	57	M50/33	M / 159	03:55:49	03:55:37	10.74	00:25:05 / 119	00:50:39 / 131	01:48:03 / 136	02:41:20 / 173
169	593	MICHAŁICKA FRANTISEK	ZILINA	SVK	ASKP ZILINA	64	M40/40	M / 160	03:55:58	03:55:55	10.73	00:26:20 / 176	00:52:48 / 183	01:51:00 / 172	02:40:06 / 156
170	495	KOWALCZYK WOJCIECH	BELCHATÓW	POL	KB SPARTAKUS BELCHATÓW	61	M50/34	M / 161	03:56:02	03:55:46	10.74	00:24:57 / 111	00:49:33 / 105	01:47:10 / 121	02:38:26 / 136
171	590	KĄŻMIERCZAK MARCIN	ŁÓDŹ	POL		74	M30/65	M / 162	03:56:03	03:55:13	10.76	00:25:40 / 158	00:51:42 / 158	01:49:21 / 149	02:38:34 / 137
172	202	NIEMCZYK DAMIAN	WARSZAWA	POL	SPORT BALANCE	83	M20/21	M / 163	03:56:14	03:56:03	10.72	00:23:07 / 56	00:47:50 / 74	01:44:58 / 96	02:35:12 / 109
173	573	ZIANKOWSKI MICHAŁ	ŁÓDŹ	POL	SZAKALE BAŁUT	79	M30/66	M / 164	03:56:40	03:56:15	10.72	00:23:07 / 57	00:47:50 / 75	01:58:15 / 265	02:48:28 / 229
174	195	CZUBAK TOMASZ	ŁOWICZ	POL		69	M40/41	M / 165	03:56:53	03:56:40	10.70	00:25:14 / 134	00:50:35 / 129	01:47:15 / 125	02:35:54 / 116
175	76	NOWAK JACEK	ŁÓDŹ	POL		89	M20/22	M / 166	03:57:08	03:56:40	10.70	00:25:14 / 133	00:51:40 / 157	01:47:11 / 123	02:45:43 / 200
176	200	KAMOČKA ALEKSANDRA	ŁÓDŹ	POL	MEDICOVER RUNNING TEAM	69	K40/1	K / 10	03:57:16	03:57:12	10.67	00:25:00 / 113	00:51:26 / 153	01:51:59 / 193	02:43:34 / 184
177	201	KAMOČKI KRZYSZTOF	ŁÓDŹ	POL		68	M40/42	M / 167	03:57:17	03:57:12	10.67	00:24:59 / 112	00:51:26 / 154	01:50:57 / 170	02:43:34 / 185

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[km/h]	5km	10km	21km	30km	
178	147	DRYGALSKI DOMINIK	BYDGOSZCZ	POL	42.195BYDGOSZCZ	63	M40/43	M / 168	03:57:21	03:56:58	10.68	00:27:34 / 251	00:54:15 / 247	01:53:47 / 216	02:47:34 / 219
179	100	KLEPACZ PIOTR	ŁÓDŹ	POL	BRAK	68	M40/44	M / 169	03:57:25	03:56:44	10.69	00:29:15 / 301	00:55:56 / 266	01:57:14 / 258	02:47:16 / 218
180	390	ZARĘBA ADAM	SZCZECINEK	POL		86	M20/23	M / 170	03:57:34	03:57:07	10.68	00:29:31 / 335	00:56:54 / 313	01:59:40 / 286	02:49:35 / 238
181	154	BREWKA MARIUSZ	ŁÓDŹ	POL	DRUŻYNA SZPIKU	84	M20/24	M / 171	03:57:40	03:57:29	10.66	00:21:32 / 29	00:43:27 / 31	01:33:32 / 34	02:27:23 / 70
182	179	PALUBSKI ARKADIUSZ	BELCHATÓW	POL	KB SPARTAKUS BELCHATÓW	78	M30/67	M / 172	03:57:49	03:57:22	10.67	00:28:29 / 279	00:56:48 / 292	01:59:11 / 273	02:51:01 / 258
183	357	NIESYTTO HANNA	CZĘSTOCHOWA	POL		86	K20/5	K / 11	03:57:54	03:57:40	10.65	00:25:04 / 118	00:51:05 / 142	01:50:52 / 168	02:51:01 / 259
184	322	MUTRYNOWSKI PIOTR	WARSZAWA	POL		74	M30/68	M / 173	03:58:00	03:57:22	10.67	00:31:33 / 429	00:51:05 / 141	02:02:38 / 334	02:52:22 / 270
185	416	BUSZEWSKI JAKUB	WARSZAWA	POL		86	M20/25	M / 174	03:58:04	03:57:45	10.65	00:31:33 / 430	00:52:25 / 174	01:50:20 / 158	02:40:25 / 161
186	41	WILGOCKI TOMASZ	ŁÓDŹ	POL	LURBEL RUNNING TEAM	65	M40/45	M / 175	03:58:13	03:58:00	10.64	00:25:41 / 159	00:53:11 / 188	01:54:57 / 230	02:48:25 / 227
187	46	TRONIARZ MARCIN	RASZYN	POL	KS RASZYN	75	M30/69	M / 176	03:58:14	03:57:50	10.64	00:29:07 / 292	00:56:58 / 327	02:00:26 / 310	02:50:48 / 256
188	372	DĄBEK RYSZARD	PABIANICE	POL	KORONA PABIANICE	51	M60/4	M / 177	03:58:16	03:57:45	10.65	00:29:23 / 324	00:56:53 / 309	01:59:40 / 290	02:49:35 / 239
189	95	POPLAWSKI KAROL	ŁÓDŹ	POL	LURBEL RUNNING TEAM	60	M50/35	M / 178	03:58:20	03:58:09	10.63	00:25:14 / 130	00:56:53 / 308	01:47:09 / 119	02:39:13 / 141
190	400	WYPYCH RADOSŁAW	WARSZAWA	POL	ART PROFI TEAM	69	M40/46	M / 179	03:58:24	03:58:22	10.62	00:26:52 / 206	00:53:48 / 234	01:53:46 / 215	02:46:20 / 211
191	65	SZYSZKOWSKI WŁODZIMIERZ	WARSZAWA	POL		68	M40/47	M / 180	03:58:25	03:58:05	10.63	00:26:49 / 204	00:53:33 / 219	01:52:57 / 207	02:44:33 / 195
192	186	CZUBAK DARIUSZ	ŁÓDŹ	POL	AMCOR TEAM	69	M40/48	M / 181	03:58:31	03:58:05	10.63	00:26:49 / 205	00:56:32 / 275	01:55:25 / 240	02:46:11 / 210
193	291	KAMIŃSKI STANISŁAW	NADARZYN	POL		58	M50/36	M / 182	03:58:35	03:58:15	10.63	00:27:29 / 250	00:53:39 / 229	01:52:05 / 200	02:42:10 / 177
194	189	JAKSA ARKADIUSZ	PABIANICE	POL	KORONA PABIANICE	72	M30/70	M / 183	03:58:42	03:58:11	10.63	00:29:17 / 315	00:56:54 / 314	01:59:39 / 285	02:49:37 / 244
195	403	KOMPA JAKUB	WARSZAWA	POL		81	M30/71	M / 184	03:58:58	03:58:28	10.62	00:30:49 / 390	00:56:54 / 315	01:59:06 / 272	02:49:37 / 245
196	441	ŚWIDURSKI JAROSŁAW	KOŹMIN	POL		77	M30/72	M / 185	03:59:05	03:58:42	10.61	00:29:13 / 298	00:56:11 / 270	01:57:14 / 257	02:46:38 / 216
197	527	KALASKA MACIEJ	GARWOLIN	POL		83	M20/26	M / 186	03:59:16	03:58:48	10.60	00:28:02 / 261	00:56:11 / 271	01:53:55 / 218	02:44:29 / 194
198	295	CHELMIŃSKI PIOTR	CHELMIŃSKI	POL	MLKS NADWIŚLANIN	64	M40/49	M / 187	03:59:18	03:59:14	10.58	00:26:03 / 169	00:52:45 / 180	01:52:05 / 198	02:40:33 / 169
199	566	GRZĘDA TOMASZ	SZYDŁOWIEC	POL	LENIWCE TEAM	78	M30/73	M / 188	03:59:18	03:58:54	10.60	00:29:16 / 308	00:52:45 / 181	01:59:39 / 282	02:49:34 / 235
200	210	KOWALSKI PAWEŁ	ŁÓDŹ	POL	SKT "PLAZIK" & MAWOS MARATON TEAM	74	M30/74	M / 189	03:59:20	03:59:12	10.58	00:25:43 / 161	00:51:58 / 169	01:51:49 / 192	02:43:38 / 186
201	399	JUREK STANISŁAW	RUDA SLASKA	POL	TKKF JASTRZAB RUDA SLASKA	56	M50/37	M / 190	03:59:36	03:59:23	10.58	00:25:03 / 115	00:50:29 / 122	01:47:41 / 133	02:38:42 / 138
202	525	PROZOROWSKI WIESŁAW	LESZNO	POL		68	M40/50	M / 191	03:59:36	03:59:11	10.58	00:29:16 / 307	00:56:52 / 300	01:59:39 / 284	02:49:34 / 236
203	371	MATYSIAK PAWEŁ	ŻYRARDÓW	POL	BEZIMIENNI	84	M20/27	M / 192	03:59:48	03:59:32	10.57	00:29:16 / 304	00:56:52 / 298	01:50:10 / 156	02:39:00 / 140
204	90	BOGOŁĘBSKI PRZEMYSŁAW	ŁÓDŹ	POL		71	M40/51	M / 193	03:59:50	03:59:33	10.57	00:29:16 / 303	00:56:52 / 297	01:50:10 / 155	02:44:26 / 193
205	426	GAC JACEK	WARSZAWA	POL		67	M40/52	M / 194	04:00:04	03:59:44	10.56	00:29:16 / 306	00:56:52 / 299	01:50:10 / 157	02:45:48 / 202
206	448	MUCHA TOMASZ	JANÓW LUBELSKI	POL		74	M30/75	M / 195	04:00:12	03:59:52	10.55	00:27:16 / 239	00:53:32 / 217	01:51:39 / 186	02:43:02 / 180
207	409	ZGIET RADOSŁAW	CZARTAJEW	POL		67	M40/53	M / 196	04:00:36	04:00:04	10.55	00:28:38 / 287	00:53:32 / 216	01:56:37 / 248	02:46:20 / 212
208	44	KOWALSKI WŁODZIMIERZ	ŁÓDŹ	POL		55	M50/38	M / 197	04:00:38	04:00:27	10.53	00:25:20 / 142	00:50:50 / 135	01:50:51 / 166	02:41:53 / 176
209	603	WIĘCKOWSKI MAREK	ŁÓDŹ	POL		60	M50/39	M / 198	04:00:52	04:00:40	10.52	00:25:16 / 135	00:51:06 / 143	01:49:41 / 150	02:41:52 / 175
210	509	MSTOWSKI MACIEJ	SOSNOWIEC	POL	KSR OMEGA	77	M30/76	M / 199	04:01:01	04:00:41	10.52	00:25:42 / 160	00:50:29 / 121	01:46:21 / 108	02:37:21 / 128
211	407	ŁUCZAK ŁUKASZ	ŁÓDŹ	POL	BSH SPORT TEAM	78	M30/77	M / 200	04:01:30	04:01:16	10.49	00:25:44 / 162	00:51:10 / 145	01:47:11 / 122	02:34:45 / 108
212	319	SĘCZKOWSKI DOMINIK	ŁÓDŹ	POL	SCHODKI ŁÓDŹ	89	M20/28	M / 201	04:02:13	04:01:42	10.47	00:27:28 / 248	00:54:30 / 250	01:55:19 / 236	02:47:41 / 221
213	360	DZIERKA MARIUSZ	TOMASZÓW	POL		70	M40/54	M / 202	04:02:14	04:02:07	10.46	00:24:08 / 84	00:48:49 / 94	01:47:30 / 128	02:41:30 / 174
214	192	DERDERO PIOTR	BIAŁYSTOK	POL	STRAŻ GRANICZNA BIAŁYSTOK	72	M30/78	M / 203	04:02:32	04:02:06	10.46	00:26:24 / 181	00:52:29 / 176	01:50:45 / 165	02:41:06 / 171
215	508	KUCZYŃSKI MARCIN	JABLONNA	POL		78	M30/79	M / 204	04:03:03	04:02:20	10.45	00:30:38 / 386	00:52:29 / 177	02:01:39 / 318	02:51:47 / 265
216	175	KOMAN PIOTR	ŁÓDŹ	POL	BRE.LOCUM	66	M40/55	M / 205	04:03:14	04:02:46	10.43	00:30:38 / 385	00:52:29 / 175	02:01:39 / 317	02:47:00 / 217

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[km/h]	5km	10km	21km	30km	
217	184	PANOCHA DANIEL	TARNÓW	POL		78	M30/80	M / 206	04:03:14	04:02:57	10.42	00:27:15 / 237	00:53:30 / 197	01:51:11 / 175	02:44:02 / 190
218	140	BLADOSZEWSKI CEZARY	WŁOCŁAWEK	POL	DREPTACZ ZAZAMCZE	77	M30/81	M / 207	04:04:09	04:03:40	10.39	00:29:22 / 320	00:53:30 / 196	01:59:54 / 304	02:49:52 / 247
219	92	WYPYCH ARKADIUSZ	PIOTRKÓW	POL		78	M30/82	M / 208	04:04:40	04:04:29	10.35	00:26:21 / 179	00:53:30 / 195	01:54:26 / 220	02:45:54 / 203
220	548	WDÓWKA DANIEL	KONSTANTYNÓW	POL	SZAKALE BAŁUT ŁÓDŹ/AZS WSIF	88	M20/29	M / 209	04:05:00	04:04:08	10.37	00:26:36 / 192	00:51:21 / 149	01:48:13 / 141	02:39:38 / 150
221	334	SZAMBURSKI MAKSYMILIAN	WARSZAWA	POL		72	M30/83	M / 210	04:05:31	04:05:25	10.32	00:26:36 / 190	00:51:21 / 148	01:50:20 / 159	02:45:55 / 204
222	355	BLACHEWICZ MARCIN	BYDGOSZCZ	POL		75	M30/84	M / 211	04:05:34	04:05:16	10.32	00:26:36 / 191	00:53:31 / 210	01:51:40 / 190	02:44:00 / 188
223	190	PILAT MARIUSZ	WARSZAWA	POL	KLUB BIEGACZA PLL LOT	63	M40/56	M / 212	04:05:45	04:05:41	10.30	00:26:31 / 189	00:53:42 / 231	01:55:21 / 237	02:48:40 / 231
224	242	PORĘBSKI ZBIGNIEW	ALEKSANDRÓW	POL		67	M40/57	M / 213	04:06:01	04:05:47	10.30	00:26:42 / 199	00:53:53 / 240	01:56:13 / 242	02:50:26 / 252
225	331	SMIT MACIEJ	KONSTANTYNÓW	POL		73	M30/85	M / 214	04:06:27	04:05:56	10.29	00:29:39 / 344	00:56:58 / 328	01:59:45 / 299	02:50:50 / 257
226	57	ANDRZEJCZAK RAFAŁ	PABIANICE	POL	KORONA PABIANICE	74	M30/86	M / 215	04:06:34	04:06:04	10.29	00:29:23 / 325	00:56:53 / 310	01:59:40 / 289	02:49:36 / 242
227	219	SKOWRON WOJCIECH	RADOMSKO	POL		88	M20/30	M / 216	04:06:54	04:06:10	10.28	00:32:42 / 453	01:01:23 / 404	02:05:18 / 349	02:49:36 / 243
228	474	NEPKO GABRIEL	KOŠICE	SVK	O5 BK FURČA KOŠICE	56	M50/40	M / 217	04:06:56	04:06:19	10.28	00:29:29 / 333	00:57:22 / 337	01:59:41 / 292	02:51:37 / 263
229	61	KACZMARSKI JAROSŁAW	TOMASZÓW	POL		74	M30/87	M / 218	04:06:57	04:06:35	10.27	00:27:26 / 246	00:57:22 / 336	01:54:41 / 225	02:48:34 / 230
230	524	KISIEL TOMASZ	WOLA	POL	NIEZRZESZONY	78	M30/88	M / 219	04:07:03	04:06:46	10.26	00:29:36 / 338	00:58:33 / 353	02:01:59 / 325	02:57:47 / 309
231	280	WILMOWSKI MAREK	ŁÓDŹ	POL	UKS BUSHI ŁÓDŹ	68	M40/58	M / 220	04:07:13	04:06:40	10.26	00:29:47 / 353	00:58:33 / 352	02:03:10 / 337	02:56:21 / 298
232	271	KAMIŃSKI ROBERT	WARSZAWA	POL		76	M30/89	M / 221	04:07:17	04:06:57	10.25	00:28:21 / 273	00:55:40 / 260	01:56:37 / 249	02:51:30 / 262
233	461	ROEHRYCH PAWEŁ	WARSZAWA	POL	REALS	71	M40/59	M / 222	04:07:22	04:06:40	10.26	00:29:09 / 295	00:56:10 / 269	01:57:46 / 261	02:50:43 / 255
234	170	SIKORA JACEK	ŁÓDŹ	POL	LURBEL RUNNING TEAM	62	M40/60	M / 223	04:07:24	04:06:42	10.26	00:29:09 / 294	00:54:06 / 243	02:00:40 / 314	02:52:47 / 271
235	85	GUZEK TADEUSZ	ŁUKÓW	POL	ORLETA ŁUKÓW	62	M40/61	M / 224	04:07:32	04:07:29	10.23	00:25:53 / 164	00:53:00 / 187	01:52:28 / 204	02:47:35 / 220
236	605	SZOTA WOJCIECH	WARSZAWA	POL	ART PROFI TEAM	74	M30/90	M / 225	04:07:58	04:07:33	10.23	00:29:27 / 329	00:58:52 / 358	02:04:05 / 342	02:57:38 / 307
237	235	SZYMAŃSKI DARIUSZ	KLECZEW	POL	OSIR KLECZEW	67	M40/62	M / 226	04:08:02	04:07:48	10.22	00:27:10 / 214	00:54:36 / 254	01:56:47 / 251	02:50:02 / 249
238	185	LUŚTAK ANDRZEJ	ŁÓDŹ	POL		69	M40/63	M / 227	04:08:22	04:07:50	10.21	00:29:28 / 331	00:57:18 / 333	01:59:44 / 297	02:49:49 / 246
239	504	CZUBA KRZYSZTOF	OZORKÓW	POL	NIEZRZESZONY AMATOR BIEGANIA	71	M40/64	M / 228	04:08:31	04:07:48	10.22	00:30:26 / 373	00:57:18 / 334	02:04:55 / 344	02:57:29 / 305
240	452	TOSIK WITOLD	ŁÓDŹ	POL	BRE RUNNERS	82	M20/31	M / 229	04:08:44	04:08:10	10.20	00:29:46 / 351	00:58:44 / 355	02:00:35 / 313	02:51:48 / 267
241	52	BOSKO MARCIN	PIASECZNO	POL	POGROMCY NIEMOCY	74	M30/91	M / 230	04:08:53	04:08:33	10.19	00:27:19 / 241	00:54:32 / 252	01:54:51 / 226	02:51:48 / 266
242	25	PIETRZAK PIOTR	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	69	M40/65	M / 231	04:09:19	04:09:12	10.16	00:23:59 / 78	00:48:26 / 87	01:45:39 / 102	02:44:18 / 191
243	287	BRZESKI RAFAŁ	KONSTANTYNÓW	POL		90	M20/32	M / 232	04:09:21	04:08:45	10.18	00:30:27 / 377	00:58:57 / 359	02:02:51 / 335	02:54:54 / 286
244	398	HAŁACZKIEWICZ BOGUSŁAW	MANCHESTER	GBR		60	M50/41	M / 233	04:09:29	04:08:58	10.17	00:29:16 / 305	00:54:47 / 257	01:53:31 / 211	02:47:57 / 222
245	354	POSMAN RAFAŁ	WAŁBRZYCH	POL		76	M30/92	M / 234	04:10:01	04:09:50	10.13	00:25:34 / 156	00:50:29 / 123	01:48:19 / 142	02:45:32 / 198
246	379	FRĘCH TOMASZ	PABIANICE	POL		86	M20/33	M / 235	04:10:21	04:09:39	10.14	00:25:34 / 157	01:00:10 / 377	02:01:46 / 322	02:55:21 / 289
247	245	WILCZYŃSKI STANISŁAW	ŁÓDŹ	POL	NIEZRZESZONY	47	M60/5	M / 236	04:10:31	04:10:26	10.11	00:26:43 / 200	00:53:58 / 241	01:57:55 / 262	02:53:31 / 277
248	571	KOŁODZIEJ PAWEŁ	JÓZEFÓW	POL	UKS JEDYNKA JÓZEFÓW	66	M40/66	M / 237	04:11:14	04:10:51	10.09	00:28:21 / 272	00:53:58 / 242	01:56:22 / 246	02:48:27 / 228
249	570	SZYGENDA WALDEMAR	KONIN	POL	KB AKTYWNI KONIN	63	M40/67	M / 238	04:11:19	04:11:05	10.08	00:24:29 / 96	00:49:12 / 103	01:48:09 / 140	02:44:47 / 196
250	241	JANUS MACIEJ	SŁUPIA	POL		90	M20/34	M / 239	04:11:29	04:11:01	10.09	00:28:00 / 259	00:54:36 / 253	01:53:54 / 217	02:44:01 / 189
251	595	OLCZAK - PIENKOWSKA ANNA	ŁÓDŹ/WARSZAWA	POL		78	K30/5	K / 12	04:11:31	04:11:07	10.08	00:29:29 / 332	00:57:31 / 339	02:00:45 / 315	02:54:40 / 284
252	22	KASPERCZAK KRZYSZTOF	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	74	M30/93	M / 240	04:11:42	04:11:12	10.08	00:28:27 / 277	00:56:26 / 274	01:58:31 / 268	02:51:05 / 260
253	437	GAPYS DOROTA	ŁÓDŹ	POL	-	84	K20/6	K / 13	04:11:52	04:11:14	10.08	00:29:39 / 345	00:57:09 / 330	01:58:50 / 271	02:53:08 / 272
254	557	ŁAZIŃSKI ZBIGNIEW	ŁOWICZ	POL	LKS VICTORIA ZABOSTÓW	71	M40/68	M / 241	04:11:54	04:11:41	10.06	00:25:09 / 126	00:50:10 / 112	01:47:10 / 120	02:42:39 / 178
255	33	CZAJA DARIUSZ	ŁOWICZ	POL		69	M40/69	M / 242	04:11:54	04:11:30	10.07	00:28:20 / 269	00:55:50 / 264	01:56:14 / 243	02:46:09 / 208
256	36	PODZIŃSKI EDWARD	ŁÓDŹ	POL		61	M50/42	M / 243	04:12:06	04:11:42	10.06	00:28:20 / 270	00:56:54 / 317	01:59:33 / 279	02:46:09 / 209

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[km/h]	5km	10km	21km	30km	
257	528	FUJAŁKOWSKI ANDRZEJ	WARSZAWA	POL	SATURN WARSZAWA	66	M40/70	M / 244	04:13:13	04:12:46	10.02	00:28:20 / 271	00:56:54 / 318	01:59:33 / 280	02:48:20 / 224
258	282	GNYSIŃSKI JACEK	SIERADZ	POL	KS BŁYSKAWICA	60	M50/43	M / 245	04:13:36	04:13:18	9.99	00:27:13 / 222	00:53:32 / 215	01:51:39 / 188	02:43:41 / 187
259	108	SOBCZAK ROBERT	ŁÓDŹ	POL		82	M20/35	M / 246	04:13:42	04:13:08	10.00	00:27:13 / 221	00:53:32 / 214	02:01:57 / 323	02:55:22 / 290
260	239	MULARCZYK MARCIN	ŁÓDŹ	POL	BIEGACZ NOWOSOLNA	76	M30/94	M / 247	04:13:51	04:13:31	9.99	00:28:26 / 276	00:56:33 / 276	01:59:29 / 277	02:53:55 / 278
261	72	KRAŚNIEWSKI KRZYSZTOF	BRANIEWO	POL		61	M50/44	M / 248	04:13:58	04:13:41	9.98	00:27:14 / 228	00:53:31 / 202	01:51:39 / 184	02:39:38 / 147
262	597	KOROŚCIK - KOSSAK TOMASZ	WARSZAWA	POL	MOKRA 13	68	M40/71	M / 249	04:13:59	04:13:48	9.97	00:25:33 / 154	00:51:25 / 151	01:52:24 / 203	02:50:13 / 251
263	418	BADOWSKI MAREK	WARSZAWA	POL		71	M40/72	M / 250	04:14:00	04:13:24	9.99	00:25:33 / 153	01:01:02 / 400	02:07:25 / 371	02:50:13 / 250
264	289	FISZER MAGDA	ŁÓDŹ	POL		67	K40/2	K / 14	04:14:14	04:14:02	9.97	00:29:12 / 297	00:58:06 / 349	02:03:21 / 338	02:57:39 / 308
265	209	KACZMAREK BOGDAN	ŁÓDŹ	POL	KB STOPA	57	M50/45	M / 251	04:14:18	04:13:54	9.97	00:29:12 / 296	00:53:46 / 232	01:53:35 / 213	02:49:25 / 233
266	205	KAŻMIERCZAK TOMASZ	OZORKÓW	POL	CONRAD	70	M40/73	M / 252	04:14:26	04:13:48	9.97	00:32:42 / 452	01:03:09 / 431	02:08:42 / 393	03:01:21 / 329
267	515	BIELECKA DOROTA	KONSTANTYNÓW	POL		74	K30/6	K / 15	04:14:27	04:13:52	9.97	00:30:52 / 399	01:01:01 / 396	02:07:25 / 375	03:01:32 / 333
268	516	BIELECKI NORBERT	KONSTANTYNÓW	POL		69	M40/74	M / 253	04:14:27	04:13:53	9.97	00:30:52 / 398	01:01:00 / 395	02:07:24 / 370	03:01:31 / 332
269	549	LEŚNIEWICZ TOMASZ	WISKITKI	POL		89	M20/36	M / 254	04:14:37	04:14:13	9.96	00:28:35 / 285	00:56:47 / 291	01:59:30 / 278	02:50:34 / 254
270	250	WALENDZIK SŁAWOMIR	SKIERNIEWICE	POL	SKIERNIEWICE	65	M40/75	M / 255	04:14:49	04:14:21	9.95	00:29:13 / 299	00:56:41 / 280	02:00:15 / 308	02:54:47 / 285
271	468	PEKAŁA JAROSŁAW	ZGIERZ	POL	JASTRZĄB - 32.BLOTT ŁASK	70	M40/76	M / 256	04:15:14	04:14:55	9.93	00:27:13 / 218	00:53:31 / 207	01:51:16 / 179	02:48:23 / 226
272	81	WIĘCŁAWSKI ROBERT	ŁÓDŹ	POL		70	M40/77	M / 257	04:16:04	04:15:45	9.90	00:27:13 / 217	00:53:31 / 206	01:51:16 / 178	02:48:23 / 225
273	148	STAWSKA ANNA	ŁÓDŹ	POL		57	K50/1	K / 16	04:16:07	04:15:53	9.89	00:27:43 / 252	00:56:46 / 288	02:06:03 / 355	03:00:24 / 322
274	558	KOBIERSKI RADOSŁAW	WARSZAWA	POL		79	M30/95	M / 258	04:16:18	04:15:39	9.90	00:31:03 / 412	00:56:46 / 289	02:07:25 / 374	03:01:31 / 331
275	34	KUCHARSKI MAREK	KLWÓW	POL		75	M30/96	M / 259	04:16:43	04:16:23	9.87	00:27:18 / 240	00:53:50 / 237	01:53:04 / 208	02:48:09 / 223
276	579	JACH JERZY	ZAŁAZY	POL		58	M50/46	M / 260	04:16:43	04:16:29	9.87	00:25:17 / 136	00:51:06 / 144	01:52:12 / 201	02:53:15 / 275
277	126	URBAŃSKI MIROSLAW	SIERADZ	POL		69	M40/78	M / 261	04:17:12	04:16:53	9.85	00:27:14 / 233	00:53:38 / 227	01:54:36 / 224	02:56:00 / 294
278	490	CROZIER JOHN	INOWŁODZ	POL		72	M30/97	M / 262	04:17:13	04:16:53	9.85	00:27:14 / 234	00:54:37 / 255	01:56:47 / 250	02:56:00 / 295
279	538	SOTEK MAREK	WARSZAWA	POL		73	M30/98	M / 263	04:17:20	04:17:04	9.85	00:28:32 / 284	00:56:42 / 285	01:58:37 / 270	02:49:35 / 241
280	260	STOLECKI PIOTR	BELCHATÓW	POL	KB SPARTAKUS BELCHATÓW/DRUŻYNA SZPIKU	79	M30/99	M / 264	04:17:22	04:16:58	9.85	00:28:00 / 260	00:55:43 / 261	01:57:27 / 259	02:51:19 / 261
281	531	NOWAK PAWEŁ	SZCZECIN	POL		77	M30/100	M / 265	04:17:35	04:17:07	9.85	00:29:18 / 316	00:56:54 / 316	01:59:40 / 287	02:49:35 / 240
282	419	KREFT KAZIMIERZ	ŁÓDŹ	POL	NIEZRZESZONY	54	M50/47	M / 266	04:17:46	04:17:33	9.83	00:27:53 / 257	00:56:43 / 287	02:01:40 / 320	02:57:17 / 302
283	180	KRASKA TOMASZ	NOWE MIASTO	POL	BIEGIEM PRZEZ POLSKĘ	68	M40/79	M / 267	04:18:18	04:17:33	9.83	00:27:53 / 256	00:56:43 / 286	02:01:40 / 319	03:01:18 / 327
284	417	MILCZAREK JANUSZ	ŁÓDŹ	POL	JASTRZĄB - 32.BLOTT ŁASK	62	M40/80	M / 268	04:18:19	04:17:58	9.81	00:27:13 / 220	00:53:33 / 222	01:54:59 / 232	02:56:06 / 297
285	113	KWIATKOWSKI MARIUSZ	ŁÓDŹ	POL		63	M40/81	M / 269	04:18:25	04:18:04	9.81	00:27:13 / 219	00:53:33 / 220	01:54:57 / 229	02:56:06 / 296
286	317	KRZYWIK ZBIGNIEW	ALEKSANDRÓW	POL		86	M20/37	M / 270	04:18:33	04:18:00	9.81	00:29:07 / 293	00:53:33 / 221	01:59:22 / 274	02:54:07 / 280
287	547	WRYK STANISŁAW	POZNAN	POL		81	M30/101	M / 271	04:19:02	04:18:30	9.79	00:30:49 / 391	00:53:33 / 223	02:07:53 / 385	03:04:36 / 356
288	586	KOLASIŃSKI JAROSŁAW	WARSZAWA	POL		59	M50/48	M / 272	04:19:11	04:18:32	9.79	00:30:49 / 392	00:56:56 / 326	01:59:43 / 296	02:56:33 / 299
289	604	MIELCZARSKI BARTOSZ	WARSZAWA	POL		84	M20/38	M / 273	04:19:36	04:19:18	9.76	00:27:12 / 216	00:53:38 / 225	01:55:11 / 234	02:53:13 / 274
290	500	DRABIK MARCIN	WROCLAW	POL	WKB PIAST	71	M40/82	M / 274	04:20:13	04:19:47	9.74	00:26:38 / 195	00:53:12 / 189	01:55:21 / 238	02:53:11 / 273
291	47	ANTCZAK AGNIESZKA	ŁÓDŹ	POL	BIEGACZ NOWOSOLNA	76	K30/7	K / 17	04:20:47	04:20:08	9.73	00:31:02 / 410	01:01:03 / 401	02:07:27 / 378	03:02:55 / 345
292	197	PIECHOCKI PIOTR	ZGIERZ	POL		83	M20/39	M / 275	04:20:50	04:20:17	9.73	00:27:48 / 253	00:54:29 / 249	01:55:19 / 235	03:02:55 / 347
293	151	CHRUŚCIEL WOJCIECH	POZNAŃ	POL	RUTYNORUNNERS	80	M30/102	M / 276	04:20:55	04:20:32	9.72	00:26:30 / 187	00:51:59 / 170	01:51:29 / 183	03:02:55 / 346
294	383	SZWAST DARIUSZ	WARSZAWA	POL		73	M30/103	M / 277	04:21:09	04:20:29	9.72	00:31:03 / 411	01:00:01 / 375	02:06:03 / 354	03:02:00 / 341
295	598	ZIĘBA BOGUMIŁ	ŁÓDŹ	POL	INOVATICA	78	M30/104	M / 278	04:21:10	04:20:56	9.70	00:29:16 / 302	00:58:02 / 347	02:00:15 / 309	02:55:45 / 293



Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[km/h]	5km	10km	21km	30km	
296	131	KUBIK MICHAŁ	ŁÓDŹ	POL		84	M20/40	M / 279	04:21:20	04:20:49	9.71	00:27:22 / 244	00:58:02 / 346	01:52:05 / 199	02:45:34 / 199
297	554	STANOWSKI GRZEGORZ	ŁÓDŹ	POL		71	M40/83	M / 280	04:21:50	04:21:20	9.69	00:29:27 / 328	00:56:53 / 306	01:59:45 / 298	02:49:34 / 237
298	505	KACPRZAK MAREK	JÓZEFOW	POL		71	M40/84	M / 281	04:22:05	04:21:37	9.68	00:28:10 / 264	00:55:50 / 263	01:57:10 / 254	03:00:13 / 320
299	589	TROJAN STANISŁAW	WROCLAW	POL	WKB PIAST WROCLAW	58	M50/49	M / 282	04:22:07	04:21:46	9.67	00:27:12 / 215	00:53:40 / 230	01:54:57 / 231	02:54:13 / 281
300	506	GARCIA JONATHAN	LAKE JACKSON	USA		84	M20/41	M / 283	04:22:21	04:22:10	9.66	00:25:19 / 141	00:51:03 / 140	01:50:22 / 160	02:49:23 / 232
301	345	RUTKOWSKI SŁAWOMIR	WARSZAWA	POL		59	M50/50	M / 284	04:22:40	04:22:18	9.65	00:27:21 / 243	00:51:03 / 139	01:57:36 / 260	02:57:49 / 310
302	161	KOTYŃSKI ŁUKASZ	WOŁOMIN	POL		84	M20/42	M / 285	04:22:46	04:22:36	9.64	00:25:06 / 123	00:50:34 / 128	01:54:32 / 223	02:58:22 / 313
303	484	KOPACZ GRZEGORZ	KOLONIA WOLA	POL		71	M40/85	M / 286	04:22:59	04:22:45	9.63	00:25:06 / 124	00:50:45 / 133	01:51:14 / 176	02:50:33 / 253
304	428	WOŁOWSKI MARIUSZ	WYGLĘDY	POL	DOWÓDZTWO GARNIZONU WARSZAWA	73	M30/105	M / 287	04:23:05	04:22:31	9.64	00:31:14 / 421	00:50:45 / 132	02:08:41 / 392	03:04:53 / 359
305	347	KUŁAKOWSKI PIOTR	KONSTANCIN-JEZIOPOL	POL	NIEZRZESZONY	57	M50/51	M / 288	04:23:13	04:22:31	9.64	00:30:33 / 378	01:00:26 / 382	02:07:03 / 368	03:05:05 / 360
306	112	DYGDŃ PRZEMYSŁAW	WARSZAWA	POL	ACCELERATE	74	M30/106	M / 289	04:23:22	04:22:59	9.63	00:27:55 / 258	00:56:23 / 273	01:59:33 / 281	02:57:24 / 303
307	236	BRZEZIŃSKI ŁUKASZ	PABIANICE	POL		87	M20/43	M / 290	04:23:50	04:23:14	9.62	00:30:53 / 403	01:01:00 / 392	02:07:25 / 373	03:01:32 / 334
308	582	JAKUS MARIUSZ	ŁÓDŹ	POL	NIEZRZESZONY	66	M40/86	M / 291	04:24:24	04:23:41	9.60	00:31:33 / 428	01:02:43 / 425	02:13:51 / 423	03:25:04 / 448
309	551	ROGACZ ŁUKASZ	DĄBROWA	POL		75	M30/107	M / 292	04:24:50	04:24:23	9.58	00:29:32 / 336	00:56:52 / 295	01:59:40 / 288	02:54:57 / 287
310	264	BAŃBURA PIOTR	KOŃSKIE	POL	PASAT KOŃSKIE	79	M30/108	M / 293	04:25:08	04:24:47	9.56	00:25:13 / 128	00:51:11 / 146	01:53:30 / 210	02:53:30 / 276
311	231	SZCZEPANEK JAN	PODDĘBICE	POL		63	M40/87	M / 294	04:25:14	04:24:47	9.56	00:30:55 / 407	00:59:41 / 368	02:06:15 / 357	02:59:41 / 318
312	568	KUCHARSKI ZBIGNIEW	BELCHATÓW	POL	KB SPARTAKUS	56	M50/52	M / 295	04:25:36	04:25:19	9.54	00:26:26 / 184	00:53:30 / 198	01:55:07 / 233	02:52:11 / 268
313	442	KLIMCZAK MARCIN	ŁÓDŹ	POL		76	M30/109	M / 296	04:25:46	04:24:57	9.55	00:32:46 / 461	01:04:36 / 448	02:14:26 / 434	03:11:11 / 388
314	73	KLUSZCZYŃSKI RAFAŁ	WARSZAWA	POL		73	M30/110	M / 297	04:25:52	04:25:19	9.54	00:32:46 / 460	01:04:36 / 447	01:57:10 / 256	02:51:44 / 264
315	152	ZIELONKA MARIUSZ	POZNAŃ	POL	CSWŁĄD POZNAŃ	70	M40/88	M / 298	04:25:59	04:25:26	9.54	00:28:17 / 266	00:56:51 / 294	02:02:04 / 329	03:03:35 / 351
316	255	ZIELONKA BOGUMIŁ	PIOTRKÓW	POL	ŁOWCY MARATONÓW	72	M30/111	M / 299	04:25:59	04:25:25	9.54	00:28:17 / 267	00:56:51 / 293	02:02:03 / 328	03:03:35 / 350
317	492	KOWALCZYK KRZYSZTOF	SKIERNIEWICE	POL	TRUCHT MARATON SKIERNIEWICE	72	M30/112	M / 300	04:26:11	04:25:40	9.53	00:27:49 / 254	00:56:01 / 268	01:58:31 / 267	02:50:02 / 248
318	102	PIELACHOWSKI PIOTR	WARSZAWA	POL		59	M50/53	M / 301	04:26:14	04:26:00	9.52	00:26:56 / 207	00:54:39 / 256	01:55:24 / 239	02:52:17 / 269
319	609	ASAYEVICH ROMAN	MINSK	BLR	VICTORIA	64	M40/89	M / 302	04:26:33	04:26:12	9.51	00:28:24 / 275	00:56:46 / 290	02:05:44 / 352	03:10:50 / 384
320	376	SIKORSKI WITOLD	BOBOLICE	POL	KB RUN 42 BOBOLICE	61	M50/54	M / 303	04:26:50	04:26:27	9.50	00:26:40 / 196	00:53:12 / 190	01:56:49 / 252	02:56:50 / 300
321	228	LASOTA IRENA	WAŁCZ	POL		51	K60/2	K / 18	04:26:50	04:26:27	9.50	00:28:58 / 289	00:58:49 / 357	02:06:55 / 365	03:06:05 / 365
322	117	GOŁĘBIEWSKI MARIUSZ	ŁÓDŹ	POL	BRE RUNNERS	71	M40/90	M / 304	04:26:55	04:26:22	9.50	00:29:23 / 323	00:56:54 / 319	01:59:43 / 295	02:58:21 / 312
323	555	DANYCH KRZYSZTOF	ALEKSANDROW	POL		58	M50/55	M / 305	04:27:06	04:26:19	9.51	00:32:41 / 448	01:04:34 / 441	02:14:25 / 428	03:11:11 / 389
324	243	SMODLIBOWSKI TOMASZ	BELCHATÓW	POL	KB SPARTAKUS BELCHATÓW	39	M70/1	M / 306	04:27:30	04:26:50	9.49	00:30:00 / 362	00:59:01 / 360	02:03:42 / 340	03:01:07 / 325
325	610	SULEJ JAROSŁAW	WARSZAWA	POL		71	M40/91	M / 307	04:27:37	04:26:57	9.48	00:30:00 / 363	00:59:34 / 365	02:08:36 / 389	03:01:07 / 326
326	453	MORAWIEC JAN	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	33	M70/2	M / 308	04:27:43	04:27:05	9.48	00:30:53 / 402	01:01:00 / 394	02:07:25 / 376	03:01:46 / 339
327	274	BARTOS STEFAN	ŁOWICZ	POL	NIEZRZESZONY	59	M50/56	M / 309	04:28:02	04:27:33	9.46	00:30:53 / 401	01:01:00 / 393	02:05:45 / 353	03:01:33 / 336
328	97	SOCHA WOJCIECH	ŁÓDŹ	POL	LURBEL RUNNING TEAM	77	M30/113	M / 310	04:28:18	04:27:50	9.45	00:29:18 / 317	00:56:54 / 320	01:59:45 / 300	03:02:07 / 342
329	526	TRUSZKOWSKI MAREK	ŁÓDŹ	POL	DENTAL TEAM	74	M30/114	M / 311	04:28:26	04:27:53	9.45	00:29:51 / 355	00:56:54 / 321	02:02:18 / 331	03:01:58 / 340
330	432	GRANCOW WOJCIECH	ŁÓDŹ	POL		75	M30/115	M / 312	04:28:33	04:28:12	9.44	00:29:04 / 290	00:56:40 / 278	02:00:33 / 311	02:59:10 / 317
331	249	GŁOWACKI TOMASZ	ŁÓDŹ	POL	NIEZRZESZONY	76	M30/116	M / 313	04:28:39	04:28:05	9.44	00:29:47 / 352	00:58:44 / 356	02:02:00 / 326	02:59:10 / 316
332	512	SZYMCZAK PIOTR	ŁÓDŹ	POL	CROSS ŁÓDŹ	79	M30/117	M / 314	04:28:50	04:28:11	9.44	00:32:41 / 446	01:04:35 / 443	02:14:25 / 429	03:11:11 / 387
333	341	WŁODARCZYK ZBIGNIEW	ŁÓDŹ	POL		57	M50/57	M / 315	04:28:52	04:28:21	9.43	00:29:22 / 321	00:56:56 / 323	01:59:42 / 293	02:58:45 / 315
334	30	BONIK PAWEŁ	WARSZAWA	POL	PĘDZĄCE CHOMIKI	74	M30/118	M / 316	04:28:54	04:28:25	9.43	00:29:22 / 319	00:56:54 / 311	02:00:14 / 307	03:03:49 / 352

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[km/h]	5km	10km	21km	30km	
335	82	KORDELAS GRZEGORZ	ŁÓDŹ	POL	BIEGACZ NOWOSOLNA	50	M60/6	M / 317	04:29:02	04:28:26	9.43	00:30:52 / 397	00:56:54 / 312	02:06:36 / 363	03:04:22 / 355
336	301	ŁUKASZEWSKI MAREK	BELCHATÓW	POL	K.B. SPARTAKUS BELCHATÓW	76	M30/119	M / 318	04:29:15	04:29:00	9.41	00:26:16 / 175	00:53:51 / 239	01:59:28 / 276	03:01:06 / 324
337	35	CHRABELSKI PIOTR	PABIANICE	POL	KORONA PABIANICE	77	M30/120	M / 319	04:29:17	04:28:41	9.42	00:26:16 / 174	00:53:51 / 238	02:07:25 / 372	03:02:11 / 343
338	496	KUCZKOWSKI JERZY	OŻARÓW	POL	GOSIR OŻARÓW MAZOWIECKI	56	M50/58	M / 320	04:29:18	04:28:30	9.43	00:32:53 / 463	01:04:35 / 442	02:14:26 / 431	03:11:12 / 391
339	519	KARGOL MARCIN	POZNAŃ	POL	PACEMAKER / DRUŻYNA SZPIKU	85	M20/44	M / 321	04:29:18	04:28:40	9.42	00:32:40 / 445	01:04:35 / 444	02:14:25 / 430	03:11:12 / 390
340	457	ŚWIDERSKI DARIUSZ	WARSZAWA	POL	CF CEFARM SA	69	M40/92	M / 322	04:29:20	04:29:07	9.41	00:25:26 / 149	00:52:47 / 182	01:58:18 / 266	02:59:59 / 319
341	575	OGIŃSKI ARTUR	KONSTANTYNÓW	POL		86	M20/45	M / 323	04:30:10	04:29:33	9.39	00:30:51 / 396	01:00:59 / 391	02:06:34 / 362	03:06:31 / 366
342	353	JARZĄBSKI ROMAN	AUGUSTÓW	POL	ATP AUGUSTÓW	68	M40/93	M / 324	04:30:15	04:29:39	9.39	00:30:51 / 394	01:00:59 / 390	02:05:41 / 351	03:01:32 / 335
343	485	JURGA KAZIMIERZ	WOLA	POL	NIEZRZESZONY	62	M40/94	M / 325	04:30:19	04:30:00	9.38	00:29:37 / 339	00:58:33 / 351	02:01:59 / 324	02:58:40 / 314
344	511	WALENCIK MAREK	PIONKI	POL		55	M50/59	M / 326	04:30:22	04:29:58	9.38	00:30:08 / 367	01:01:26 / 405	02:10:46 / 404	03:09:29 / 376
345	439	PRAŻANOWSKI MARIUSZ	ŁÓDŹ	POL		67	M40/95	M / 327	04:30:57	04:30:20	9.36	00:30:21 / 368	00:59:49 / 372	02:06:17 / 358	03:01:35 / 338
346	208	CZEKAJ TOMASZ	ŁÓDŹ	POL	KS AZS UM ŁÓDŹ	87	M20/46	M / 328	04:31:13	04:30:42	9.35	00:29:31 / 334	01:00:20 / 380	02:12:58 / 418	03:08:25 / 372
347	581	WITASZEK WOJCIECH	ŁÓDŹ	POL	OZORKÓW	78	M30/121	M / 329	04:31:52	04:31:12	9.33	00:30:48 / 389	00:59:27 / 363	02:05:12 / 348	03:03:01 / 349
348	288	GAJEK KRZYSZTOF	ŁÓDŹ	POL		61	M50/60	M / 330	04:32:12	04:31:38	9.32	00:29:17 / 311	00:56:52 / 302	01:59:27 / 275	02:49:28 / 234
349	311	MATYSIAK MICHAŁ	TOMASZÓW	POL		84	M20/47	M / 331	04:32:16	04:31:48	9.31	00:29:17 / 312	00:56:52 / 303	02:21:14 / 458	03:18:08 / 436
350	425	RYNIAK ANDRZEJ	WARSZAWA	POL	DOWÓDZTWO GARNIZONU WARSZAWA	66	M40/96	M / 332	04:32:20	04:31:46	9.32	00:29:17 / 313	01:01:22 / 403	02:08:45 / 394	03:05:17 / 362
351	51	MAKOWSKI MACIEJ	BĘDKÓW	POL		81	M30/122	M / 333	04:32:23	04:31:48	9.31	00:28:02 / 262	00:54:24 / 248	01:54:52 / 227	02:55:30 / 292
352	254	KOZA KONRAD	ŁOWICZ	POL		81	M30/123	M / 334	04:33:23	04:32:38	9.29	00:34:01 / 473	01:05:11 / 461	02:16:47 / 444	03:14:49 / 418
353	396	POLKA RADOSŁAW	PODDĘBICE	POL	GRACZE	84	M20/48	M / 335	04:33:25	04:32:44	9.28	00:32:42 / 454	01:05:11 / 462	02:14:26 / 433	03:11:23 / 393
354	233	GALKA TOMASZ	ŁÓDŹ	POL	CAPOEIRA UNICAR	87	M20/49	M / 336	04:33:32	04:32:58	9.27	00:30:05 / 365	01:00:14 / 378	02:06:44 / 364	03:04:39 / 357
355	346	SOSZYŃSKA MALGORZATA	WARSZAWA	POL	NIEZRZESZONA	62	K40/3	K / 19	04:33:34	04:32:51	9.28	00:31:35 / 432	01:03:00 / 428	02:14:07 / 425	03:13:09 / 406
356	540	TAIPALE PEKKA	WARSZAWA	POL	ACCELERATE KB ACCENTURE	78	M30/124	M / 337	04:33:37	04:33:14	9.27	00:31:35 / 433	01:03:00 / 429	02:06:56 / 367	03:10:49 / 383
357	104	LEWIŃSKI KRZYSZTOF	NOWE MIASTO NAD	POL	BIEGIEM PRZEZ POLSKĘ	67	M40/97	M / 338	04:33:54	04:33:08	9.27	00:30:57 / 409	00:59:58 / 374	02:04:54 / 343	03:01:19 / 328
358	45	AULAK MICHAŁ	ŁÓDŹ	POL		83	M20/50	M / 339	04:33:56	04:33:15	9.26	00:32:05 / 438	01:03:13 / 432	02:11:23 / 407	03:10:41 / 382
359	204	KĄŻMIERCZAK MAREK	ŁÓDŹ	POL		59	M50/61	M / 340	04:33:59	04:33:26	9.26	00:28:31 / 281	00:57:38 / 341	02:06:55 / 366	03:07:36 / 367
360	183	ROSIĄK PAWEŁ	ŁÓDŹ	POL		59	M50/62	M / 341	04:34:09	04:33:49	9.25	00:28:31 / 280	00:57:38 / 340	02:10:01 / 400	03:09:21 / 374
361	335	ŻUKOWSKI KRZYSZTOF	WARSZAWA	POL		68	M40/98	M / 342	04:34:33	04:34:04	9.24	00:29:40 / 347	00:57:38 / 343	01:59:39 / 283	02:57:31 / 306
362	290	FISZER WOJTEK	ŁÓDŹ	POL	BK JANOSIK TERCHOVA	66	M40/99	M / 343	04:34:41	04:34:29	9.22	00:29:40 / 346	00:57:38 / 342	02:03:21 / 339	03:01:35 / 337
363	370	MALARCZYK AGATA	WARSZAWA	POL	ENTRE.PL TEAM	75	K30/8	K / 20	04:35:06	04:34:23	9.23	00:31:35 / 431	01:02:45 / 426	02:13:08 / 420	03:12:44 / 402
364	80	WICHMAN RAFAŁ	ŁÓDŹ	POL		68	M40/100	M / 344	04:35:17	04:34:24	9.23	00:30:40 / 387	00:59:29 / 364	02:06:10 / 356	03:12:44 / 401
365	606	MACIEJCZYK JAN	CIESZYN	POL		42	M60/7	M / 345	04:35:37	04:35:01	9.20	00:30:56 / 408	01:01:01 / 397	02:07:27 / 377	03:09:09 / 373
366	115	SKRZYPKOWSKI TOMASZ	OTWOCK	POL	ADVENTURESQUAD.PL	57	M50/63	M / 346	04:35:55	04:35:44	9.18	00:27:14 / 229	00:54:08 / 244	01:59:51 / 302	03:05:32 / 363
367	303	GIELEC GRZEGORZ	WOLA	POL		68	M40/101	M / 347	04:36:11	04:35:34	9.19	00:31:04 / 413	01:01:47 / 411	02:10:36 / 403	03:09:26 / 375
368	494	KOSMOWSKI KAMIL PATRYK	ŁÓDŹ	POL		85	M20/51	M / 348	04:36:25	04:36:07	9.17	00:31:04 / 414	01:01:47 / 412	01:58:09 / 263	03:04:19 / 354
369	263	MOKRZYCKA KRYSZYNA	WROCLAW	POL		52	K50/2	K / 21	04:36:49	04:36:11	9.17	00:30:26 / 374	01:00:45 / 388	02:13:20 / 421	03:13:23 / 408
370	56	STANKIEWICZ ANDRZEJ	ŁÓDŹ	POL	RUNNING BUNNIES	74	M30/125	M / 349	04:36:56	04:36:20	9.16	00:30:53 / 404	01:00:45 / 387	02:07:33 / 382	03:13:23 / 407
371	221	KLONOWICZ JACEK	ŁÓDŹ	POL		67	M40/102	M / 350	04:37:27	04:36:58	9.14	00:29:25 / 326	00:56:55 / 322	01:59:41 / 291	02:55:23 / 291
372	560	LEWERA ROBERT	PABIANICE	POL		70	M40/103	M / 351	04:37:42	04:37:24	9.13	00:28:57 / 288	00:57:05 / 329	02:00:10 / 306	03:00:27 / 323
373	545	LISIAK JERZY	LUBLIN	POL	PGF CEFARM LUBLIN	70	M40/104	M / 352	04:37:55	04:37:33	9.12	00:26:49 / 203	00:53:31 / 199	01:59:43 / 294	03:07:37 / 368

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[km/h]	5km	10km	21km	30km	
374	193	ŻULCZYK WOJCIECH	NIDZICA	POL		59	M50/64	M / 353	04:38:09	04:37:35	9.12	00:30:53 / 405	01:00:49 / 389	02:07:05 / 369	03:04:46 / 358
375	433	GRADOWSKI WOJCIECH	ŁÓDŹ	POL		73	M30/126	M / 354	04:38:19	04:38:00	9.11	00:26:09 / 173	00:51:53 / 163	01:50:37 / 163	02:53:59 / 279
376	68	PAŚNIK JAROSŁAW	ŁÓDŹ	POL	NIEZRZESZONY	66	M40/105	M / 355	04:38:24	04:37:51	9.11	00:26:09 / 172	00:51:53 / 162	02:02:01 / 327	02:55:19 / 288
377	559	KĄZMIERCZUK GRZEGORZ	WROCŁAW	POL		77	M30/127	M / 356	04:38:31	04:38:00	9.11	00:30:23 / 371	01:00:43 / 386	02:07:27 / 379	03:07:48 / 370
378	285	POLEĆ ANDRZEJ	SOCHACZEW	POL	KM AKTYWNI SOCHACZEW	65	M40/106	M / 357	04:38:47	04:38:15	9.10	00:29:21 / 318	00:56:56 / 325	01:59:49 / 301	03:02:42 / 344
379	114	IDZIKOWSKI PIOTR	ŁÓDŹ	POL		69	M40/107	M / 358	04:39:12	04:38:26	9.09	00:29:58 / 360	00:56:56 / 324	02:09:10 / 396	03:11:08 / 385
380	144	DYKTYŃSKI KRZYSZTOF	ŁÓDŹ	POL		63	M40/108	M / 359	04:39:13	04:38:40	9.08	00:29:53 / 356	00:56:41 / 284	01:58:33 / 269	02:56:51 / 301
381	552	KOŁODZIEJCZYK EMIL	RADOM	POL		89	M20/52	M / 360	04:39:48	04:39:09	9.07	00:31:23 / 424	01:01:48 / 413	02:08:39 / 391	03:10:19 / 380
382	486	FELIS PAWEŁ	BOBROWIEC	POL		69	M40/109	M / 361	04:39:51	04:39:13	9.07	00:31:26 / 426	01:02:42 / 424	02:12:58 / 419	03:12:35 / 398
383	283	KACZMAREK PIOTR	ZGIERZ	POL	NIEZRZESZONY	57	M50/65	M / 362	04:40:33	04:39:51	9.05	00:31:07 / 417	01:02:42 / 421	02:08:18 / 386	03:12:24 / 395
384	440	SMOLIŃSKI MARIUSZ	ŁÓDŹ	POL	METALCHEM	63	M40/110	M / 363	04:40:48	04:40:04	9.04	00:31:07 / 418	01:02:42 / 422	02:08:39 / 390	03:10:19 / 379
385	446	KOZŁOWSKI PIOTR	ŁÓDŹ	POL		77	M30/128	M / 364	04:40:52	04:40:47	9.02	00:20:28 / 19	01:02:42 / 423	01:53:10 / 209	02:54:21 / 283
386	42	MOSÓR SŁAWOMIR	WARSZAWA	POL		83	M20/53	M / 365	04:41:03	04:40:33	9.02	00:28:08 / 263	00:55:03 / 258	01:56:18 / 245	02:54:21 / 282
387	578	KORDEK ANNA	ŁÓDŹ	POL		63	K40/4	K / 22	04:41:07	04:40:13	9.03	00:33:45 / 469	01:05:59 / 468	02:15:56 / 440	03:15:10 / 424
388	267	KULMA MAGDALENA	GDAŃSK	POL		80	K30/9	K / 23	04:41:15	04:40:46	9.02	00:31:24 / 425	01:02:38 / 420	02:14:34 / 437	03:15:01 / 420
389	576	MAKSYMOWICZ PIOTR	ŁÓDŹ	POL		62	M40/111	M / 366	04:41:30	04:40:59	9.01	00:29:17 / 314	00:56:52 / 296	02:00:34 / 312	03:05:16 / 361
390	520	GLUCK WITOLD	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	65	M40/112	M / 367	04:41:43	04:40:55	9.01	00:32:44 / 457	01:05:04 / 456	02:16:47 / 445	03:14:48 / 417
391	247	BRZOZOWSKI SZYMON	ZALASEWO	POL	DRUŻYNA SZPIKU	72	M30/129	M / 368	04:41:44	04:40:57	9.01	00:28:27 / 278	01:05:04 / 455	02:05:09 / 346	03:07:40 / 369
392	580	MATUSIAK DANIEL	ŁÓDŹ	POL		84	M20/54	M / 369	04:42:06	04:41:19	9.00	00:36:12 / 487	01:10:51 / 488	02:15:56 / 439	03:14:49 / 419
393	591	STRÓŻYŃSKI TOMASZ	ZGIERZ	POL		78	M30/130	M / 370	04:42:24	04:41:33	8.99	00:36:12 / 488	01:10:51 / 489	02:01:41 / 321	03:07:53 / 371
394	59	PROKOPCZYK IZABELA	ŁÓDŹ	POL	ŁÓDŹ NASZYM MIASTEM NA ZIEMI	87	K20/7	K / 24	04:42:30	04:41:49	8.98	00:32:42 / 451	01:04:35 / 446	02:14:26 / 435	03:14:48 / 416
395	477	CZYŻEWSKI PIOTR	ŁÓDŹ	POL	ŁÓDŹ NASZYM MIASTEM NA ZIEMI	65	M40/113	M / 371	04:42:55	04:42:09	8.97	00:29:28 / 330	00:57:23 / 338	02:02:19 / 332	03:04:04 / 353
396	336	PASTUSZKA PAWEŁ	SIENNO	POL		91	M20/55	M / 372	04:43:12	04:42:25	8.96	00:32:43 / 455	01:04:37 / 451	02:14:24 / 427	03:11:09 / 386
397	374	WALKOWIAK DARIUSZ	ŁÓDŹ	POL		78	M30/131	M / 373	04:43:48	04:43:27	8.93	00:30:01 / 364	01:00:07 / 376	02:09:11 / 397	03:12:09 / 394
398	408	SOWIŃSKI SEBASTIAN	ZDZIESZULICE	POL		78	M30/132	M / 374	04:43:51	04:43:36	8.93	00:25:19 / 139	00:51:52 / 161	01:54:00 / 219	03:00:24 / 321
399	467	PRZEGALIŃSKI MACIEJ	ŁÓDŹ	POL		74	M30/133	M / 375	04:44:04	04:43:31	8.93	00:25:19 / 140	01:00:17 / 379	02:07:34 / 383	03:10:29 / 381
400	279	JURACHNO EDWARD	BELCHATÓW	POL	KB „SPARTAKUS	60	M50/66	M / 376	04:45:06	04:44:56	8.88	00:25:01 / 114	00:50:55 / 137	01:51:20 / 182	02:58:08 / 311
401	123	GARBARCZYK KAMIL	TARCHAŁY WIELKIE	POL	LZD TARCHALANKA	87	M20/56	M / 377	04:45:49	04:45:38	8.86	00:24:53 / 109	00:51:39 / 155	02:12:19 / 412	03:17:52 / 434
402	587	TRYBUŚ MARIAN	KRAKÓW	POL		48	M60/8	M / 378	04:46:46	04:46:09	8.85	00:27:04 / 210	00:51:39 / 156	02:07:31 / 381	03:14:29 / 414
403	478	KACZMAREK ROBERT	ŁÓDŹ	POL	„JASTRZĄB” 32BLOTT ŁASK	78	M30/134	M / 379	04:46:48	04:46:20	8.84	00:29:17 / 310	00:56:52 / 304	02:04:57 / 345	03:12:40 / 400
404	302	SZEWCZYK MARCIN	ŁÓDŹ	POL	ROMANO MARTINO MARATON TEAM	62	M40/114	M / 380	04:47:04	04:46:16	8.84	00:32:46 / 459	01:05:05 / 457	02:16:58 / 447	03:21:23 / 437
405	340	MIKOŁAJCZYK ADAM	POZNAŃ	POL	WSPWŁĄD. POZNAŃ	80	M30/135	M / 381	04:47:17	04:47:01	8.82	00:25:04 / 117	00:52:23 / 173	02:00:04 / 305	03:06:02 / 364
406	316	WESOŁOWSKI TADEUSZ	GDYNIA	POL		55	M50/67	M / 382	04:47:36	04:46:57	8.82	00:30:27 / 376	01:00:20 / 381	02:08:30 / 387	03:09:37 / 377
407	308	SOBCZAK PIOTR	ŁÓDŹ	POL		71	M40/115	M / 383	04:48:09	04:47:36	8.80	00:30:27 / 375	00:56:53 / 305	02:03:57 / 341	03:12:31 / 396
408	443	SKRZYPCZAK JAROSŁAW	WARSZAWA	POL	KB ACTIVESPORTS WARSZAWA	67	M40/116	M / 384	04:48:22	04:47:57	8.79	00:29:43 / 348	00:57:15 / 332	01:59:53 / 303	02:57:28 / 304
409	405	NARTOWSKI JAN	WARSZAWA	POL	KB JÓZEFOSŁAW	59	M50/68	M / 385	04:48:23	04:48:10	8.78	00:25:31 / 152	00:57:15 / 331	01:49:18 / 148	03:01:26 / 330
410	63	SIENKIEWICZ KRZYSZTOF	ŁÓDŹ	POL		81	M30/136	M / 386	04:48:37	04:47:56	8.79	00:32:07 / 439	01:04:08 / 434	02:12:55 / 416	03:11:12 / 392
411	530	ŁUCZAK PAWEŁ	ŁÓDŹ	POL		70	M40/117	M / 387	04:48:51	04:48:10	8.78	00:30:34 / 380	01:00:30 / 383	02:10:00 / 399	03:12:34 / 397
412	265	KRYDA JACEK	ŁÓDŹ	POL		66	M40/118	M / 388	04:48:58	04:48:13	8.78	00:31:17 / 422	01:01:54 / 416	02:12:24 / 413	03:17:00 / 432
413	293	WRÓBEL LESZEK	ŁÓDŹ	POL	NIEZRZESZONY	58	M50/69	M / 389	04:49:37	04:49:28	8.75	00:24:44 / 106	00:50:05 / 109	01:48:51 / 146	02:46:27 / 213

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[km/h]	5km	10km	21km	30km	
414	321	MANDECKI JAKUB	WARSZAWA	POL		78	M30/137	M / 390	04:50:11	04:49:31	8.74	00:36:52 / 490	00:50:05 / 110	02:30:17 / 487	02:46:27 / 214
415	472	KRCMARK VILADIMIR	ZILINA	SVK	HGM ZILINA	54	M50/70	M / 391	04:50:38	04:50:03	8.73	00:30:53 / 400	01:01:02 / 399	02:09:33 / 398	03:13:38 / 409
416	466	MENTEL ZBIGNIEW	KRAKÓW	POL	RAJSKO KRAKÓW	57	M50/71	M / 392	04:50:49	04:50:08	8.73	00:32:22 / 441	01:03:21 / 433	02:12:27 / 414	03:15:47 / 427
417	48	WLAŻLAK TADEUSZ	PABIANICE	POL	NIEZRZESZONY	61	M50/72	M / 393	04:51:40	04:50:56	8.70	00:31:36 / 434	01:02:25 / 419	02:13:52 / 424	03:14:13 / 413
418	156	MAZURKIEWICZ ANDRZEJ	ZGIERZ	POL	BRAK	58	M50/73	M / 394	04:51:40	04:51:01	8.70	00:31:31 / 427	01:02:25 / 418	02:11:13 / 406	03:12:36 / 399
419	332	GRZYB RYSZARD	WARSZAWA	POL		56	M50/74	M / 395	04:52:10	04:51:00	8.70	00:31:07 / 419	01:01:38 / 408	02:16:47 / 446	03:24:05 / 445
420	96	WILKANOWSKI JAN	STEGNA	POL		68	M40/119	M / 396	04:52:32	04:51:51	8.67	00:32:41 / 447	01:04:24 / 440	02:12:57 / 417	03:12:52 / 404
421	240	GIERAS ADAM	ZGIERZ	POL		93	M20/57	M / 397	04:53:03	04:52:29	8.66	00:30:50 / 393	01:01:34 / 406	02:14:26 / 432	03:15:26 / 426
422	488	SZPRUCH BLAŻEJ	ŁÓDŹ	POL	NIEZRZESZONY	86	M20/58	M / 398	04:53:03	04:52:44	8.65	00:27:14 / 230	01:01:34 / 407	02:05:11 / 347	03:17:59 / 435
423	344	JELENIOWICZ PIOTR	PŁOCK	POL		78	M30/138	M / 399	04:54:14	04:53:31	8.62	00:33:13 / 467	01:05:40 / 466	02:19:42 / 452	03:24:19 / 446
424	212	ŻYCHLIŃSKI MIŁOSZ	ŁÓDŹ	POL		73	M30/139	M / 400	04:54:42	04:54:15	8.60	00:30:22 / 369	01:05:40 / 467	02:22:44 / 462	03:26:54 / 455
425	499	POLAK PIOTR	PRUSZKÓW	POL	LABORATORIA NATURY	64	M40/120	M / 401	04:54:58	04:54:24	8.60	00:30:22 / 370	00:59:05 / 361	02:08:31 / 388	03:12:46 / 403
426	375	GÓRKA RYSZARD	WÓJCIN	POL	POLICJA WIERUSZÓW	69	M40/121	M / 402	04:55:00	04:54:21	8.60	00:32:47 / 462	01:04:37 / 450	02:14:30 / 436	03:14:12 / 412
427	40	SKOKOWSKI ROBERT	ŁÓDŹ	POL		88	M20/59	M / 403	04:55:01	04:54:31	8.60	00:29:27 / 327	00:56:53 / 307	02:03:01 / 336	03:15:07 / 422
428	553	ŁASZCZUK WITOLD	WARSZAWA	POL		59	M50/75	M / 404	04:55:04	04:54:38	8.59	00:29:16 / 309	00:56:52 / 301	02:05:36 / 350	03:15:07 / 423
429	349	WENGRZYK PIOTR	ŁÓDŹ	POL	SKT PŁAZIK	61	M50/76	M / 405	04:55:04	04:54:36	8.59	00:28:20 / 268	00:56:01 / 267	02:02:25 / 333	03:14:47 / 415
430	26	BIENIEK GRZEGORZ	ŁÓDŹ	POL		66	M40/122	M / 406	04:55:10	04:54:48	8.59	00:29:35 / 337	00:57:18 / 335	02:00:57 / 316	03:02:57 / 348
431	207	KRZACZYŃSKI BOGDAN	PIOTRKÓW	POL	-	49	M60/9	M / 407	04:55:42	04:55:06	8.58	00:31:06 / 416	01:01:52 / 414	02:12:51 / 415	03:15:06 / 421
432	261	DĄBEK PAWEŁ	RUDNIK NAD SANEMPOL			70	M40/123	M / 408	04:55:50	04:55:13	8.58	00:31:05 / 415	01:01:03 / 402	02:07:34 / 384	03:13:01 / 405
433	266	MINIAK RAFAL	TOMASZÓW	POL	KB 'OLIMP' TOMASZÓW MAZOWIECKI	79	M30/140	M / 409	04:56:56	04:56:19	8.54	00:30:26 / 372	00:59:50 / 373	02:10:11 / 401	03:13:55 / 410
434	164	NIECKULA ZBYSZEK	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	55	M50/77	M / 410	04:56:59	04:55:59	8.55	00:34:48 / 484	01:08:23 / 475	02:30:10 / 484	03:31:05 / 461
435	535	SZELC MONIKA	TORUŃ	POL	MARATONYPOLSKIE.PL TEAM	75	K30/10	K / 25	04:57:18	04:56:34	8.54	00:33:12 / 466	01:05:40 / 465	02:19:42 / 453	03:25:49 / 449
436	394	KOMOR MIROSLAW	PIASTÓW	POL	PIAST PIASTÓW	51	M60/10	M / 411	04:57:19	04:56:31	8.54	00:33:12 / 465	01:05:37 / 463	02:18:16 / 448	03:23:25 / 443
437	315	PACHO JULIUSZ	WARSZAWA	POL	DINAMITA SOLO	71	M40/124	M / 412	04:57:26	04:56:44	8.53	00:29:58 / 358	00:58:43 / 354	02:11:00 / 405	03:17:44 / 433
438	600	MISIAK PIOTR	JÓZEFÓW	POL	DEALER SPORT	72	M30/141	M / 413	04:57:30	04:56:48	8.53	00:29:58 / 359	00:57:57 / 345	02:08:52 / 395	03:16:40 / 430
439	103	PODGÓRSKI PAWEŁ	WASZAWA	POL		81	M30/142	M / 414	04:57:40	04:57:00	8.52	00:32:35 / 444	00:57:57 / 344	02:13:24 / 422	03:15:14 / 425
440	401	WASIELEWSKI MAREK	ŁÓDŹ	POL		75	M30/143	M / 415	04:58:01	04:57:27	8.51	00:30:40 / 388	01:00:36 / 384	02:10:16 / 402	03:16:59 / 431
441	91	HYPŚ LESZEK	OLSZTYN	POL	MARATONYPOLSKIE.PL TEAM	62	M40/125	M / 416	04:58:31	04:57:41	8.50	00:31:20 / 423	01:04:23 / 439	02:18:28 / 449	03:25:49 / 450
442	67	SZKOEK JACEK	ŁÓDŹ	POL		59	M50/78	M / 417	04:58:34	04:57:46	8.50	00:34:03 / 478	01:04:23 / 438	02:22:49 / 465	03:26:35 / 453
443	23	SZMELIK KAROL	TYCHY	POL		89	M20/60	M / 418	04:58:43	04:57:47	8.50	00:36:31 / 489	01:12:59 / 492	02:31:11 / 489	03:35:09 / 474
444	518	PASTUSZKA WIESLAW	LUBSKO	POL	PACEMAKER	52	M50/79	M / 419	04:59:04	04:58:16	8.49	00:34:02 / 475	01:10:17 / 487	02:28:10 / 478	03:32:39 / 464
445	338	MOSKAL IZABELLA	WARSZAWA	POL	BRYLANT KÓRNIK	73	K30/11	K / 26	04:59:04	04:58:16	8.49	00:34:02 / 474	01:10:17 / 486	02:28:10 / 480	03:32:39 / 465
446	196	KĄCKI PIOTR	WŁOCLAWEK	POL	WKB MARATOŃCZYK	67	M40/126	M / 420	04:59:51	04:59:15	8.46	00:30:54 / 406	01:01:02 / 398	02:11:49 / 410	03:22:57 / 441
447	106	BAKOWSKI LUKASZ	LUTOSLAWICE	POL		87	M20/61	M / 421	04:59:57	04:59:23	8.46	00:29:43 / 349	00:58:19 / 350	02:02:07 / 330	03:14:09 / 411
448	262	WILK ZYGMUNT	RUDA ŚLĄSKA	POL		57	M50/80	M / 422	04:59:58	04:59:18	8.46	00:29:43 / 350	01:00:41 / 385	02:16:25 / 442	03:24:54 / 447
449	286	ŁĄTKOWSKI KRZYSZTOF	POZNAŃ	POL	KB MANIAC POZNAŃ	79	M30/144	M / 423	05:00:02	04:59:18	8.46	00:29:57 / 357	00:59:27 / 362	02:11:51 / 411	03:22:17 / 439
450	326	ROMANIEC KAZIMIERZ	WARSZAWA	POL		69	M40/127	M / 424	05:00:24	04:59:38	8.45	00:33:49 / 470	01:07:01 / 471	02:19:30 / 451	03:25:57 / 451
451	259	MADEJSKI RADOSLAW	KRAKÓW	POL	NIEZRZESZONY	71	M40/128	M / 425	05:00:28	04:59:44	8.45	00:32:44 / 456	01:04:42 / 452	02:14:17 / 426	03:23:25 / 444
452	470	KRALKOWSKI BOGDAN	ŁÓDŹ	POL		86	M20/62	M / 426	05:00:48	05:00:16	8.43	00:29:22 / 322	00:58:03 / 348	02:11:48 / 409	03:22:57 / 440

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	Check points					
										[km/h]	5km	10km	21km	30km	
453	323	ROGAŁA MACIEJ	SIERADZ	POL		63	M40/129	M / 427	05:03:28	05:02:40	8.36	00:34:35 / 482	01:09:56 / 479	02:28:10 / 479	03:32:38 / 463
454	411	NOWAK SYLWESTER	ŁÓDŹ	POL		85	M20/63	M / 428	05:03:47	05:02:56	8.36	00:31:44 / 436	01:04:19 / 435	02:20:18 / 454	03:28:55 / 458
455	318	PAWLAK MAREK	PABIANICE	POL	KORONA PABIANICE	59	M50/81	M / 429	05:05:19	05:04:49	8.31	00:29:48 / 354	00:59:38 / 367	02:16:25 / 443	03:27:00 / 456
456	456	TOMCZYK ARKADIUSZ	ŁÓDŹ	POL	BIEGACZ NOWOSOLNA	73	M30/145	M / 430	05:06:11	05:06:07	8.27	00:26:37 / 194	00:56:40 / 279	02:07:29 / 380	03:10:11 / 378
457	178	ŻACH ANDRZEJ	MALKINIA	POL	MKB TEAM MALKINIA	57	M50/82	M / 431	05:06:14	05:05:28	8.29	00:26:37 / 193	01:05:38 / 464	02:20:28 / 455	03:29:21 / 459
458	320	DOBIE SZ ARTUR	ŁÓDŹ	POL	VOBOLOT ŁÓDŹ	89	M20/64	M / 432	05:06:18	05:05:46	8.28	00:30:51 / 395	00:59:45 / 370	02:06:25 / 360	03:16:17 / 429
459	55	RADZIKOWSKI MACIEJ	ŁÓDŹ	POL	PEKAOEKIPA	75	M30/146	M / 433	05:06:42	05:05:47	8.28	00:30:38 / 382	00:59:45 / 369	02:06:25 / 359	03:16:17 / 428
460	572	GRE CZKA PRZEMYSŁAW	KSAWERÓW	POL	PRZEMEK61	61	M50/83	M / 434	05:07:37	05:06:42	8.25	00:30:38 / 384	00:59:45 / 371	02:06:25 / 361	03:28:08 / 457
461	454	FIRAZA MAREK	ŁÓDŹ	POL		73	M30/147	M / 435	05:10:54	05:10:32	8.15	00:30:38 / 383	00:59:36 / 366	02:11:45 / 408	03:21:52 / 438
462	533	STASZAK JACEK	WRZEŚNIA	POL		73	M30/148	M / 436	05:12:38	05:11:56	8.12	00:32:29 / 443	01:05:06 / 458	02:21:11 / 457	03:33:35 / 468
463	534	KĄKOL DARIUSZ	KAMIONKA	POL		65	M40/130	M / 437	05:12:38	05:11:56	8.12	00:32:28 / 442	01:05:06 / 460	02:21:10 / 456	03:33:35 / 469
464	284	KIERESIŃSKI WALDEMAR	ŁÓDŹ	POL		64	M40/131	M / 438	05:12:39	05:11:45	8.12	00:33:05 / 464	01:05:06 / 459	02:24:54 / 472	03:35:32 / 475
465	198	KERNSTEIN MICHAŁ	ŁÓDŹ	POL		76	M30/149	M / 439	05:12:54	05:12:09	8.11	00:32:41 / 450	01:04:36 / 449	02:15:57 / 441	03:26:54 / 454
466	141	STANO PRZEMYSŁAW	PABIANICE	POL	KORONA PABIANICE	89	M20/65	M / 440	05:14:28	05:13:35	8.07	00:32:41 / 449	01:06:45 / 470	02:23:09 / 467	03:31:15 / 462
467	213	LEWANDOWSKI GRZEGORZ	ŁÓDŹ	POL	NIEZRZESZONY	73	M30/150	M / 441	05:14:32	05:14:22	8.05	00:31:46 / 437	01:04:53 / 453	02:22:44 / 463	03:33:39 / 470
468	214	ZIĘBA MAŁGORZATA	ŁÓDŹ	POL		63	K40/5	K / 27	05:14:45	05:13:57	8.06	00:34:03 / 479	01:09:56 / 480	02:22:44 / 464	03:34:34 / 471
469	415	DEDERKO TOMASZ	PRUSZKÓW	POL		69	M40/132	M / 442	05:15:19	05:14:52	8.04	00:30:37 / 381	01:03:07 / 430	02:19:25 / 450	03:31:04 / 460
470	607	KRAWCZYK PIOTR	WARSZAWA	POL	STOWARZYSZENIE TERAPEUTÓW	67	M40/133	M / 443	05:15:21	05:14:29	8.05	00:38:03 / 493	01:14:33 / 493	02:38:10 / 493	03:44:07 / 485
471	482	WOJDAK MAGDALENA	LIPCE	POL		82	K20/8	K / 28	05:17:55	05:17:06	7.98	00:38:03 / 492	01:07:30 / 474	02:22:37 / 461	03:33:06 / 467
472	60	MIELCZAREK JAKUB	ŁÓDŹ	POL		80	M30/151	M / 444	05:18:04	05:17:14	7.98	00:34:26 / 481	01:09:58 / 484	02:28:12 / 482	03:32:40 / 466
473	27	MICHAŁOWICZ TOMASZ	ŁÓDŹ	POL		75	M30/152	M / 445	05:23:06	05:22:17	7.85	00:34:03 / 476	01:09:58 / 483	02:28:11 / 481	03:34:51 / 473
474	268	ADAMSKI KAROL	POZNAŃ	POL		80	M30/153	M / 446	05:23:29	05:22:44	7.84	00:34:12 / 480	01:08:35 / 477	02:22:27 / 460	03:26:21 / 452
475	38	CIENNIK WIKTOR	ZGIERZ	POL	FOREVER YOUNG	66	M40/134	M / 447	05:24:02	05:23:26	7.83	00:30:33 / 379	01:02:03 / 417	02:22:52 / 466	03:35:48 / 476
476	94	KLIMCZEWSKI MAREK	ŁÓDŹ	POL	FOREVER YOUNG	65	M40/135	M / 448	05:24:03	05:23:27	7.83	00:29:59 / 361	01:01:53 / 415	02:23:50 / 469	03:38:31 / 478
477	584	SZYGLER SEBASTIAN	TOMASZÓW	POL	WKB-FRAJDA	74	M30/154	M / 449	05:25:09	05:24:25	7.80	00:31:11 / 420	01:01:40 / 410	02:14:41 / 438	03:23:10 / 442
478	404	BLAJET MAREK	SUCHY LAS	POL	AMATOR	57	M50/84	M / 450	05:27:29	05:26:43	7.75	00:34:03 / 477	01:01:40 / 409	02:24:25 / 470	03:39:11 / 481
479	237	HOTIUK ANNA	PLESZE W	POL		85	K20/9	K / 29	05:27:29	05:26:45	7.75	00:32:45 / 458	01:04:53 / 454	02:26:21 / 477	03:39:11 / 479
480	364	REMBOWSKI JACEK	ŁOWICZ	POL	NZ	46	M60/11	M / 451	05:27:30	05:27:00	7.74	00:32:13 / 440	01:06:41 / 469	02:24:25 / 471	03:39:11 / 480
481	479	KACPRZAK PAWEŁ	BEDLNO	POL		69	M40/136	M / 452	05:27:33	05:26:47	7.75	00:33:52 / 472	01:07:04 / 473	02:23:09 / 468	03:34:49 / 472
482	191	JENEK SŁAWOMIR	ROKIETNICA	POL	MARATONYPOLSKIE.PL TEAM	70	M40/137	M / 453	05:28:38	05:27:47	7.72	00:33:52 / 471	01:07:04 / 472	02:22:25 / 459	03:36:21 / 477
483	510	PFADT WOJCIECH	WARSZAWA	POL		62	M40/138	M / 454	05:31:50	05:30:52	7.65	00:35:03 / 485	01:09:10 / 478	02:30:11 / 485	03:42:06 / 483
484	300	SKOWRON JOANNA	ŁÓDŹ	POL	RUNNING BUNNIES	75	K30/12	K / 30	05:32:02	05:32:02	7.62	00:34:44 / 483	01:10:03 / 485	02:28:55 / 483	03:43:28 / 484
485	596	MEJ PAWEŁ	BACZKÓW K.	POL	NIEZRZESZONY BIEGAM BOSO	72	M30/155	M / 455	05:36:36	05:36:33	7.52	00:29:37 / 343	01:02:54 / 427	02:36:02 / 491	03:49:01 / 489
486	532	LEJK PAWEŁ	WOLA DUCKA	POL		79	M30/156	M / 456	05:38:20	05:37:31	7.50	00:29:37 / 341	01:09:57 / 482	02:30:12 / 486	03:48:24 / 488
487	342	GRZELIŃSKI MACIEJ	HERMANÓW	POL		81	M30/157	M / 457	05:38:33	05:37:46	7.49	00:29:37 / 340	01:09:57 / 481	02:25:20 / 473	03:40:43 / 482
488	588	PIETRASI K DOMINIK	SOKOLNIKI LAS	POL		76	M30/158	M / 458	05:39:59	05:39:09	7.46	00:29:37 / 342	01:12:23 / 491	02:32:31 / 490	03:44:18 / 486
489	459	CICHAWA MIROSŁAW	WARSZAWA	POL		63	M40/139	M / 459	05:45:21	05:45:07	7.34	00:30:07 / 366	01:04:35 / 445	02:30:44 / 488	03:53:02 / 491
490	410	JANICKI TOMASZ	ŁÓDŹ	POL		84	M20/66	M / 460	05:45:26	05:44:35	7.35	00:31:40 / 435	01:04:21 / 436	02:25:46 / 474	03:47:34 / 487
491	483	BORKOWSKI CEZARY	ŁÓDŹ	POL		73	M30/159	M / 461	05:45:28	05:44:46	7.34	00:36:54 / 491	01:04:21 / 437	02:25:46 / 475	03:50:17 / 490
492	556	CZAJCZYŃSKA MARTA	ŁÓDŹ	POL		76	K30/13	K / 31	05:47:44	05:47:21	7.29	00:33:26 / 468	01:08:34 / 476	02:25:46 / 476	03:56:18 / 492

Msc Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Wynik Time	Wynik Netto	[km/h]	Check points				
											5km	10km	21km	30km	
493	84	WYPŁOSZ ANNA	ŁÓDŹ	POL	NIEZRZESZONA	69	K40/6	K / 32	05:50:14	05:49:23	7.25	00:38:27 / 494	01:15:04 / 494	02:39:59 / 494	03:57:23 / 493
494	373	BULSKI LESZEK	ŁÓDŹ	POL	NIEZRZESZONY	46	M60/12	M / 462	05:50:17	05:49:23	7.25	00:35:16 / 486	01:12:06 / 490	02:37:41 / 492	03:57:24 / 494

# Łódź Maraton Dbam o Zdrowie

## WYNIKI ZAWODÓW

### Maraton

**Organizator:** Polska Grupa Farmaceutyczna S.A. oraz Urząd Miasta Łódź

**Termin:** 05.06.2011

**Miejsce:** Łódź

**Dystans:** 42km

### KOBIETY (WOMEN)

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k W kategorii Grupy YoB in Age Group Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>[km/h]</i>
1	15	DAMANTSEVICH MARYNA	MINSK	BLR		84 K20/1 (K)1	02:42:20	02:42:19	15.60
2	10	JANASIAK AGNIESZKA	POZNAŃ	POL	OLIMPIA POZNAŃ	81 K30/1 (K)2	02:42:20	02:42:19	15.60
3	11	MELOCH ARLETA	GRUDZIĄDZ	POL	OLIPMIA GRUDZIĄDZ	79 K30/2 (K)3	02:50:39	02:50:39	14.83
4	12	BUTAKOWA MARIA		BLR		80 K30/3 (K)4	02:53:55	02:53:54	14.56
5	14	STANNY MAGDALENA	POZNAŃ	POL		81 K30/4 (K)5	03:08:06	03:08:06	13.46
6	412	UKLEJA MONIKA	OSTRÓW WLKP.	POL		82 K20/2 (K)6	03:16:24	03:16:23	12.89
7	276	OLEŚ KATARZYNA	ŁÓDŹ	POL	SZAKALE BALUT ŁÓDŹ	86 K20/3 (K)7	03:32:00	03:31:56	11.94
8	475	SEIDLOVA EVA	TLMACE	SVK	AK TLMACE	48 K60/1 (K)8	03:46:56	03:46:47	11.16
9	447	DOWNAR KATARZYNA	PABIANICE	POL	KORONA PABIANICE	89 K20/4 (K)9	03:54:13	03:54:00	10.82
10	200	KAMOCKA ALEKSANDRA	ŁÓDŹ	POL	MEDICOVER RUNNING TEAM	69 K40/1 (K)10	03:57:16	03:57:12	10.67
11	357	NIESYTTO HANNA	CZĘSTOCHOWA	POL		86 K20/5 (K)11	03:57:54	03:57:40	10.65
12	595	OLCZAK - PIEŃKOWSKA ANNA	ŁÓDŹ/WARSZAWA	POL		78 K30/5 (K)12	04:11:31	04:11:07	10.08
13	437	GAPYS DOROTA	ŁÓDŹ	POL	-	84 K20/6 (K)13	04:11:52	04:11:14	10.08
14	289	FISZER MAGDA	ŁÓDŹ	POL		67 K40/2 (K)14	04:14:14	04:14:02	9.97
15	515	BIELECKA DOROTA	KONSTANTYNÓW ŁÓDZKI	POL		74 K30/6 (K)15	04:14:27	04:13:52	9.97
16	148	STAWSKA ANNA	ŁÓDŹ	POL		57 K50/1 (K)16	04:16:07	04:15:53	9.89
17	47	ANTCZAK AGNIESZKA	ŁÓDŹ	POL	BIEGACZ NOWOSOLNA	76 K30/7 (K)17	04:20:47	04:20:08	9.73
18	228	LASOTA IRENA	WALCZ	POL		51 K60/2 (K)18	04:26:50	04:26:27	9.50
19	346	SOSZYŃSKA MAŁGORZATA	WARSZAWA	POL	NIEZRZESZONA	62 K40/3 (K)19	04:33:34	04:32:51	9.28
20	370	MALARCZYK AGATA	WARSZAWA	POL	ENTRE.PL TEAM	75 K30/8 (K)20	04:35:06	04:34:23	9.23
21	263	MOKRZYCKA KRYSZYNA	WROCLAW	POL		52 K50/2 (K)21	04:36:49	04:36:11	9.17
22	578	KORDEK ANNA	ŁÓDŹ	POL		63 K40/4 (K)22	04:41:07	04:40:13	9.03
23	267	KULMA MAGDALENA	GDAŃSK	POL		80 K30/9 (K)23	04:41:15	04:40:46	9.02
24	59	PROKOPCZYK IZABELA	ŁÓDŹ	POL	ŁÓDŹ NASZYM MIASTEM NA ZIEMI	87 K20/7 (K)24	04:42:30	04:41:49	8.98
25	535	SZELC MONIKA	TORUŃ	POL	MARATONYPOLSKIE.PL TEAM	75 K30/10 (K)25	04:57:18	04:56:34	8.54
26	338	MOSKAL IZABELLA	WARSZAWA	POL	BRYLANT KÓRNIK	73 K30/11 (K)26	04:59:04	04:58:16	8.49
27	214	ZIĘBA MAŁGORZATA	ŁÓDŹ	POL		63 K40/5 Farm/6 (K)27	05:14:45	05:13:57	8.06
28	482	WOJDAK MAGDALENA	LIPCE REYMONTOWSKIE	POL		82 K20/8 (K)28	05:17:55	05:17:06	7.98
29	237	HOTIUK ANNA	PLESZEW	POL		85 K20/9 (K)29	05:27:29	05:26:45	7.75
30	300	SKOWRON JOANNA	ŁÓDŹ	POL	RUNNING BUNNIES	75 K30/12 (K)30	05:32:02	05:32:02	7.62
31	556	CZAJCZYŃSKA MARTA	ŁÓDŹ	POL		76 K30/13 (K)31	05:47:44	05:47:21	7.29
32	84	WYPŁOSZ ANNA	ŁÓDŹ	POL	NIEZRZESZONA	69 K40/6 (K)32	05:50:14	05:49:23	7.25