

II Legionowska Dycha

WYNIKI ZAWODÓW / RESULTS LIST

BIEG GŁÓWNY

Organizator: KB Legionowo, UM Legionowo, Starostwo Powiatowe w Legionowie, Sport Evolution

Data: 13 czerwca 2010

Miejsce/Spot: Legionowo

Distance: 10km

<i>Miejsce</i> <i>Rank</i>	<i>Nr</i> <i>Bib</i>	<i>Nazwisko i imię</i> <i>Name</i>	<i>Miejscowość</i> <i>City</i>	<i>Kraj</i> <i>Nat</i>	<i>Drużyna</i> <i>Team</i>	<i>R-k</i> <i>YoB</i>	<i>W kategorii</i> <i>in Age</i>	<i>Grupy</i> <i>Group</i>	<i>Sex</i>	<i>Wynik</i> <i>Time</i>	<i>Wynik</i> <i>Netto [km/h]</i>	<i>5km</i>	<i>Check points</i>
1	19	CWIETKOV SVIATOSLAV	KOVEL - UKRAINA	SK KOVEL		86	M20/1		(M)1	00:30:06	00:30:05	19.94	00:14:55 / 1 [20.11]
2	3	DOBROWOLSKI EMIL	CHOTOMÓW	KS WARSZAWIANKA		86	M20/2		(M)2	00:30:34	00:30:33	19.64	00:15:07 / 2 [19.85]
3	26	POTOCKI ANTON	KOVEL - UKRAINA	SK KOVEL		86	M20/3		(M)3	00:30:54	00:30:53	19.43	00:15:14 / 4 [19.69]
4	27	MARCZUK SERGIEJ	KOVEL - UKRAINA	SK KOVEL		86	M20/4		(M)4	00:31:18	00:31:16	19.19	00:15:14 / 3 [19.69]
5	28	SALO TARAS	KOVEL - UKRAINA	SK KOVEL		81	M20/5		(M)5	00:31:25	00:31:24	19.11	00:15:18 / 5 [19.61]
6	25	WASIURYŃ SERGIEJ	KOVEL - UKRAINA	SK KOVEL		88	M20/6		(M)6	00:31:32	00:31:30	19.05	00:15:39 / 6 [19.17]
7	24	BORYS ANDRZEJ	KOVEL - UKRAINA	SK KOVEL		80	M30/1		(M)7	00:32:14	00:32:13	18.62	00:16:08 / 9 [18.60]
8	272	MARKOWSKI MICHAŁ	SIEDLCE	WLKS SIEDLCE		83	M20/7		(M)8	00:32:19	00:32:18	18.58	00:15:52 / 7 [18.91]
9	17	SHVAI RUSLAN	KOVEL - UKRAINA	SK KOVEL		68	M40/1		(M)9	00:32:32	00:32:30	18.46	00:15:58 / 8 [18.79]
10	297	DĄBROWSKI PRZEMYSŁAW	BORAWIE	BORAWIE		89	M20/8		(M)10	00:32:51	00:32:50	18.27	00:16:37 / 11 [18.05]
11	303	WITCZAK PIOTR	WARSZAWA	KENNESAW STATE		88	M20/9		(M)11	00:32:52	00:32:51	18.26	00:16:42 / 12 [17.96]
12	327	BLADOS TOMASZ	KONSTANCIN -	ITI ADVENTURE TEAM		83	M20/10		(M)12	00:33:39	00:33:37	17.85	00:16:43 / 13 [17.95]
13	42	WIECZOREK DARIUSZ	LEGIONOWO			69	M40/2	MUN/1	(M)13	00:33:43	00:33:41	17.81	00:16:47 / 14 [17.87]
14	288	MŁYNARZ KAMIL	ZBUCZYŃ			90	M20/11		(M)14	00:34:08	00:34:06	17.60	00:17:03 / 16 [17.60]
15	29	ANDRIEJEW KONSTANTY	KOVEL - UKRAINA	SK KOVEL		80	M30/2		(M)15	00:34:08	00:34:06	17.60	00:16:35 / 10 [18.09]
16	228	JĘDRUSIŃSKI DAMIAN	MIŃSK MAZOWIECKI	NIEZRZESZONY		91	M16/1		(M)16	00:34:24	00:34:22	17.46	00:17:03 / 15 [17.60]
17	2	JAROSZ BOGDAN	WROCLAW	2 BATALION DOWODZENIA OW WROCLAW		67	M40/3	MUN/2	(M)17	00:35:03	00:35:02	17.13	00:17:29 / 17 [17.16]
18	14	KARMANIENKO KATARZYNA	KOVEL - UKRAINA	SK KOVEL		86	K20/1		(K)1	00:35:27	00:35:26	16.93	00:17:44 / 19 [16.92]
19	23	GOLOVNYTSKYJ OLEKSANDR	KOVEL - UKRAINA	SK KOVEL		75	M30/3		(M)18	00:35:30	00:35:29	16.91	00:17:43 / 18 [16.93]
20	50	GARDENER JACEK	WARSZAWA	K.B. PIMAR LEGIONOWO		66	M40/4		(M)19	00:36:17	00:36:16	16.54	00:17:57 / 20 [16.71]
21	204	ŚWIĄTKOWSKI BARTOSZ	KOŚCIAN	AZS WAT WARSZAWA		89	M20/12	MUN/3	(M)20	00:36:24	00:36:23	16.49	00:18:05 / 22 [16.59]
22	415	BLASZCZAK ANDRZEJ	KARPIELÓWKA	DSP WARSZAWA		61	M45/1	MUN/4	(M)21	00:36:30	00:36:28	16.45	00:18:13 / 25 [16.47]
23	319	RAJZER KRZYSZTOF	MARKI	ENTRE.PL TEAM		73	M30/4		(M)22	00:36:45	00:36:43	16.34	00:18:07 / 23 [16.56]
24	336	GLINKA KRZYSZTOF	WARSZAWA	MKS POLONIA WARSZAWA		64	M45/2		(M)23	00:36:52	00:36:50	16.29	00:18:13 / 24 [16.47]
25	1	JAROSZ ELŻBIETA	WROCLAW	PAO QUEST JELCZ LASKOWICE		71	K30/1	MUN/5	(K)2	00:37:25	00:37:25	16.04	00:18:23 / 27 [16.32]
26	242	KOPER ZBIGNIEW	JANÓW	KB DREPTAK MIŃSK MAZOWIECKI		63	M45/3		(M)24	00:37:28	00:37:26	16.03	00:18:24 / 28 [16.30]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	Check points
27	271	WOJTKOWSKI JAROSŁAW	WARSZAWA		ALETEMPO	79	M30/5 MUN/6 (M)25	00:37:31	00:37:29	16.01	00:18:04 / 21 [16.61]
28	489	BARCEWICZ MARTA	BISZTYNEK			86	K20/2 (K)3	00:37:41	00:37:40	15.93	00:18:20 / 26 [16.36]
29	417	KUCIEJCZYK HENRYK	SZYDŁOWO		KB TKKF PROMYK CIECHANÓW	59	M50/1 (M)26	00:37:50	00:37:48	15.87	00:18:34 / 30 [16.16]
30	490	RADZIKOWSKI ANDRZEJ	KIŚCINNE		LKS OLYMP BŁONIE	81	M20/13 (M)27	00:38:01	00:37:58	15.80	00:18:33 / 29 [16.17]
31	493	DLUGOSZ KAMIL	MRĄGOWO			86	M20/14 (M)28	00:38:02	00:37:58	15.80	00:19:06 / 35 [15.71]
32	492	DLUGOSZ MAREK	MRĄGOWO			62	M45/4 (M)29	00:38:10	00:38:07	15.74	00:19:06 / 34 [15.71]
33	273	KUBIT TADEUSZ	MŁAWA		JW 2370	74	M30/6 MUN/7 (M)30	00:38:16	00:38:14	15.69	00:18:43 / 32 [16.03]
34	177	BECZEK DARIUSZ	LEGIONOWO			75	M30/7 (M)31	00:38:33	00:38:31	15.58	00:18:41 / 31 [16.06]
35	281	KOŁODZIEJEK PIOTR	WARSZAWA		-	70	M40/5 (M)32	00:38:34	00:38:31	15.58	00:19:15 / 37 [15.58]
36	443	STASZEWSKI WOJCIECH	WARSZAWA			67	M40/6 (M)33	00:38:52	00:38:48	15.46	00:19:16 / 38 [15.57]
37	159	KRAWIECKI WOJCIECH	WARSZAWA		AZS WAT WARSZAWA	75	M30/8 MUN/8 (M)34	00:38:54	00:38:51	15.44	00:19:33 / 42 [15.35]
38	200	CZARNECKI MARCIN	WARSZAWA		ART PROFI	76	M30/9 (M)35	00:39:00	00:38:57	15.40	00:19:39 / 44 [15.27]
39	291	PANEJKO-WANAT KATARZYNA	MILANÓWEK		BYLEDOBIEC ANIN	84	K20/3 (K)4	00:39:02	00:39:00	15.38	00:19:38 / 43 [15.28]
40	290	WANAT WOJCIECH	MILANÓWEK		BYLEDOBIEC ANIN	66	M40/7 (M)36	00:39:03	00:38:58	15.40	00:19:12 / 36 [15.63]
41	454	NOWOCIEŃ JACEK	PODKOWA LEŚNA		GLKS NADARZYN	59	M50/2 (M)37	00:39:07	00:39:05	15.35	00:19:17 / 40 [15.56]
42	49	BIEŃKOWSKI PIOTR	JANÓWEK PIERWSZY		K.B. PIMAR LEGIONOWO	90	M20/15 (M)38	00:39:17	00:39:14	15.29	00:19:17 / 41 [15.56]
43	213	JAJSZCZAK MACIEJ	NOWY DWÓR		JOGGER	94	M16/2 (M)39	00:39:28	00:39:27	15.21	00:19:42 / 45 [15.23]
44	180	KOCISZEWSKI KRZYSZTOF	WARSZAWA		WARSZAWIACY	59	M50/3 (M)40	00:39:32	00:39:29	15.20	00:19:16 / 39 [15.57]
45	266	ROGOWSKI MIROSLAW	WIELISZEW			64	M45/5 MUN/9 (M)41	00:39:43	00:39:36	15.15	00:19:45 / 46 [15.19]
46	21	MYKXALJLIUK ANDRIJ	KOVEL - UKRAINA		SK KOVEL	86	M20/16 (M)42	00:39:45	00:39:43	15.11	00:18:57 / 33 [15.83]
47	459	CHRAPEK WOJCIECH	MIŃSK MAZOWIECKI		KB DREPTAK	85	M20/17 MUN/10 (M)43	00:39:45	00:39:37	15.15	00:19:51 / 47 [15.11]
48	118	CIECHANOWSKI BARTOSZ	SZCZECIN			89	M20/18 (M)44	00:39:51	00:39:49	15.07	00:19:52 / 48 [15.10]
49	113	SIERADZKI SŁAWOMIR	SOSNOWIEC			77	M30/10 (M)45	00:39:57	00:39:56	15.03	00:20:01 / 52 [14.99]
50	264	KOSIERADZKI ŁUKASZ	SIEDLCE		KSS EKONOMIK SIEDLCE	91	M16/3 (M)46	00:40:15	00:40:10	14.94	00:19:56 / 49 [15.05]
51	71	JAROSIŃSKI ARKADIUSZ	LEGIONOWO			77	M30/11 (M)47	00:40:23	00:40:17	14.89	00:20:08 / 53 [14.90]
52	462	WASILEWSKI DOMINIK	JABŁONNA		ENTRE.PL TEAM	78	M30/12 (M)48	00:40:23	00:40:19	14.88	00:20:17 / 58 [14.79]
53	241	ZDUŃCZYK SŁAWOMIR	MIŃSK MAZOWIECKI		KB DREPTAK MIŃSK MAZOWIECKI	76	M30/13 (M)49	00:40:28	00:40:20	14.88	00:20:21 / 61 [14.74]
54	32	OLBRYŚ STANISŁAW	NASIELSK		K.B. PIMAR LEGIONOWO	67	M40/8 (M)50	00:40:31	00:40:28	14.83	00:20:29 / 68 [14.65]
55	380	NURKIEWICZ MACIEJ	PIASECZNO			79	M30/14 (M)51	00:40:33	00:40:29	14.82	00:20:36 / 71 [14.56]
56	52	CICHAWA PAWEŁ	OPOCZNO			79	M30/15 (M)52	00:40:34	00:40:30	14.81	00:20:20 / 59 [14.75]
57	169	LATUSZEK JAROSŁAW	GARWOLIN		TRUCHTACZ.PL	70	M40/9 MUN/11 (M)53	00:40:40	00:40:35	14.78	00:20:10 / 55 [14.88]
58	473	ROGUSKI MARCIN	LEGIONOWO			79	M30/16 (M)54	00:40:43	00:40:40	14.75	00:20:24 / 63 [14.71]
59	412	SIDOR KRZYSZTOF	DZIEKANÓW LEŚNY			62	M45/6 (M)55	00:40:45	00:40:44	14.73	00:20:10 / 54 [14.88]
60	320	TYMICKI ZBIGNIEW	WARSZAWA		SBBP.PL	69	M40/10 (M)56	00:40:52	00:40:50	14.69	00:19:57 / 50 [15.04]
61	476	KRAWIEC ANDRZEJ	OLSZTYN		MICHELIN POLSKA SA	72	M30/17 (M)57	00:40:58	00:40:55	14.66	00:20:59 / 79 [14.30]
62	210	LIBERADZKI HUBERT	NOWY DWÓR		JOGGER	90	M20/19 (M)58	00:41:06	00:41:01	14.63	00:20:23 / 62 [14.72]
63	243	ORLIŃSKI TOMASZ	LEGIONOWO			79	M30/18 (M)59	00:41:11	00:41:06	14.60	00:20:43 / 74 [14.48]
64	263	WYSOCKI RAFAŁ	SIEDLCE			90	M20/20 (M)60	00:41:22	00:41:17	14.53	00:20:21 / 60 [14.74]

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65	211	JASTRZĘBSKI KRZYSZTOF	NOWY DWÓR		JOGGER	68	M40/11 MUN/12 (M)61	00:41:26	00:41:21	14.51	00:20:27 / 67 [14.67]
66	318	ŚWIERCZ JACEK	WARSZAWA		BYLEDOBIEC ANIN	69	M40/12 (M)62	00:41:28	00:41:22	14.50	00:20:32 / 69 [14.61]
67	372	STAROBRAT ARKADIUSZ	WARSZAWA			68	M40/13 (M)63	00:41:30	00:41:27	14.48	00:21:18 / 91 [14.08]
68	212	PIETRZYKOWSKI TOMASZ	NOWY DWÓR		JOGGER	93	M16/4 (M)64	00:41:30	00:41:26	14.48	00:20:26 / 66 [14.68]
69	447	MACUGOWSKI MARIUSZ	MŁAWA			75	M30/19 (M)65	00:41:35	00:41:32	14.45	00:20:01 / 51 [14.99]
70	167	PAWĘZKA KRZYSZTOF	WARSZAWA		BRAK	71	M30/20 (M)66	00:41:48	00:41:40	14.40	00:20:36 / 72 [14.56]
71	488	KIERZNOWSKI ADRIAN	LEGIONOWO		THE BRAND	86	M20/21 MUN/13 (M)67	00:41:48	00:41:44	14.38	00:20:16 / 57 [14.80]
72	260	JACZEWSKI WOJCIECH	RADOM		ŚCIEŻKI BIEGOWE - POLE MOKOTOWSKIE	80	M30/21 (M)68	00:41:53	00:41:47	14.36	00:20:26 / 65 [14.68]
73	44	PRZYBYSZ KRZYSZTOF	WARSZAWA		ART. PROFI	69	M40/14 (M)69	00:41:53	00:41:49	14.35	00:20:35 / 70 [14.57]
74	420	NOJSZEWSKI KAZIMIERZ	NOWA IWICZNA		BYLEDOBIEC ANIN	68	M40/15 (M)70	00:41:54	00:41:48	14.35	00:20:46 / 75 [14.45]
75	149	ZAWISTOWSKI ARTUR	WARSZAWA		WARSZAWIACY	76	M30/22 (M)71	00:41:55	00:41:51	14.34	00:21:09 / 88 [14.18]
76	20	SEMERAK KATARZYNA	KOVEL - UKRAINA		SK KOVEL	86	K20/4 (K)5	00:41:58	00:41:56	14.31	00:20:12 / 56 [14.85]
77	483	RAJKOWSKI KRZYSZTOF	PRUSZKÓW		KB PRUSZKÓW	64	M45/7 (M)72	00:42:00	00:41:53	14.33	00:20:55 / 78 [14.34]
78	343	KOWALEWSKI JAN	LEGIONOWO		LOTOS JABŁONNA	50	M60/1 (M)73	00:42:00	00:41:57	14.30	00:21:00 / 80 [14.29]
79	331	MISIOŁOWSKI ROBERT	LEGIONOWO			79	M30/23 (M)74	00:42:05	00:41:42	14.39	00:21:04 / 85 [14.24]
80	427	MUCHOWICZ PAWEŁ	WARSZAWA			74	M30/24 (M)75	00:42:08	00:42:01	14.28	00:21:26 / 97 [14.00]
81	89	DAJCZER RAFAŁ	WARSZAWA			77	M30/25 (M)76	00:42:11	00:42:08	14.24	00:21:15 / 90 [14.12]
82	450	DĄBROWSKI KRZYSZTOF	WARSZAWA		ACCELERATE KB ACCENTURE	50	M60/2 (M)77	00:42:14	00:42:10	14.23	00:21:02 / 82 [14.26]
83	55	LUSAWA ADAM	LEGIONOWO		LOTOS JABŁONNA	80	M30/26 (M)78	00:42:14	00:42:12	14.22	00:20:25 / 64 [14.69]
84	60	NIEWĘGŁOWSKI MARCIN	LEGIONOWO		LEGIONOWO	72	M30/27 (M)79	00:42:16	00:42:14	14.21	00:21:05 / 86 [14.23]
85	236	LESZCZYŃSKI PAWEŁ	WARSZAWA		LASY WAWERSKIE	60	M50/4 (M)80	00:42:19	00:42:13	14.21	00:21:04 / 84 [14.24]
86	184	DĄBROWSKI ROBERT	WARSZAWA			71	M30/28 (M)81	00:42:20	00:42:18	14.18	00:21:48 / 105 [13.76]
87	452	SKALSKI PIOTR	GRODZISK			67	M40/16 (M)82	00:42:25	00:42:21	14.17	00:21:10 / 89 [14.17]
88	424	KLEPACKI TOMASZ	WARSZAWA		BIELAŃSKI KB W-WA	56	M50/5 (M)83	00:42:33	00:42:27	14.13	00:21:27 / 98 [13.99]
89	214	ŚLUSARCZYK PAULINA	NOWY DWÓR		JOGGER	94	K16/1 (K)6	00:42:33	00:42:32	14.11	00:20:48 / 76 [14.42]
90	221	WOJTCZAK KRZYSZTOF	KUTNO		2BMT KUTNO	63	M45/8 MUN/14 (M)84	00:42:38	00:42:29	14.12	00:21:22 / 95 [14.04]
91	138	DĄBROWSKI CEZARY	PIASECZNO			71	M30/29 (M)85	00:42:46	00:42:38	14.07	00:21:01 / 81 [14.27]
92	178	POPOWSKI JAROSŁAW	WARSZAWA		UNTS	69	M40/17 (M)86	00:42:49	00:42:39	14.07	00:21:23 / 96 [14.03]
93	282	ZIMNY EMANUEL	ŁOWICZ		"KM"AKTYWNI" SOCHACZEW"	81	M20/22 (M)87	00:42:52	00:42:49	14.01	00:20:42 / 73 [14.49]
94	61	HORAŻY PAWEŁ	JANÓWEK PIERWSZY			64	M45/9 (M)88	00:42:54	00:42:50	14.01	00:21:05 / 87 [14.23]
95	254	KORCZ SŁAWOMIR	WARSZAWA		SBBP	65	M45/10 (M)89	00:42:56	00:42:45	14.04	00:21:57 / 112 [13.67]
96	103	TERCZYŃSKI PAWEŁ	WARSZAWA		KB TP	73	M30/30 (M)90	00:42:59	00:42:50	14.01	00:21:45 / 103 [13.79]
97	360	KACZANOWSKI MACIEJ	GRÓJEC		WAT	87	M20/23 MUN/15 (M)91	00:43:07	00:43:04	13.93	00:21:04 / 83 [14.24]
98	209	DOBROWOLSKI MAREK	NOWY DWÓR		JOGGER	64	M45/11 (M)92	00:43:09	00:43:05	13.93	00:21:20 / 92 [14.06]
99	120	ARTYSZUK MIROSLAW	WARSZAWA			60	M50/6 MUN/16 (M)93	00:43:09	00:43:01	13.95	00:21:37 / 100 [13.88]
100	423	KMIEĆ NORBERT	LEGIONOWO			81	M20/24 (M)94	00:43:11	00:43:09	13.90	00:20:50 / 77 [14.40]
101	163	KUREK MARCIN	WOŁOMIN		AKTYWNY RELAKS	78	M30/31 (M)95	00:43:16	00:43:13	13.88	00:21:21 / 93 [14.05]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	Check points
102	222	GÓRECKI BARTOSZ	DUCZKI			90	M20/25 (M)96	00:43:27	00:43:27	13.81	00:22:37 / 130 [13.26]
103	267	WYPYCH RADOSŁAW	WARSZAWA	ART	PROFI	69	M40/18 (M)97	00:43:29	00:43:26	13.81	00:22:05 / 115 [13.58]
104	342	WIŚNIEWSKI PIOTR	RADZIKÓW	RUMAKI		73	M30/32 (M)98	00:43:30	00:43:16	13.87	00:21:32 / 99 [13.93]
105	396	KRYPA JAN	WARSZAWA			54	M55/1 (M)99	00:43:31	00:43:28	13.80	00:21:38 / 101 [13.87]
106	152	KOSEDOWSKI KRZYSZTOF	WARSZAWA			60	M50/7 (M)100	00:43:32	00:43:26	13.81	00:22:36 / 129 [13.27]
107	463	PRÓCHNIAK MARCIN	WARSZAWA			88	M20/26 MUN/17 (M)101	00:43:33	00:43:23	13.83	00:21:21 / 94 [14.05]
108	457	PAWŁOWSKI HUBERT	WARSZAWA			92	M16/5 (M)102	00:43:33	00:43:27	13.81	00:22:35 / 128 [13.28]
109	404	KURZAWA SŁAWOMIR	WARSZAWA			66	M40/19 (M)103	00:43:38	00:43:34	13.77	00:22:12 / 120 [13.51]
110	339	CHRZANOWSKI JAKUB	WARSZAWA			81	M20/27 (M)104	00:43:44	00:43:14	13.88	00:21:56 / 111 [13.68]
111	480	REDA SŁAWOMIR	WARSZAWA	KB	GYMNASION WARSZAWA	58	M50/8 (M)105	00:43:48	00:43:45	13.71	00:21:54 / 110 [13.70]
112	293	ŻELAZKO ŁUKASZ	BELSK DUŻY			88	M20/28 (M)106	00:43:50	00:43:39	13.75	00:22:06 / 116 [13.57]
113	147	BŁASZCZYK CEZARY	KATOWICE	KB	HOLMES PLACE	71	M30/33 (M)107	00:44:03	00:43:59	13.64	00:22:11 / 119 [13.52]
114	405	FIEDORUK PIOTR	WARSZAWA			62	M45/12 MUN/18 (M)108	00:44:04	00:44:01	13.63	00:21:43 / 102 [13.81]
115	153	KLIGLICH PAWEŁ	WOŁOMIN	POL-SZKŁO	TEAM	77	M30/34 (M)109	00:44:05	00:43:56	13.66	00:22:17 / 122 [13.46]
116	142	TRONIAK MARCIN	RASZYN	KS	RASZYN	75	M30/35 (M)110	00:44:06	00:44:02	13.63	00:21:48 / 104 [13.76]
117	132	WIŚNIEWSKI ANDRZEJ	WARSZAWA			66	M40/20 (M)111	00:44:14	00:44:08	13.60	00:22:45 / 136 [13.19]
118	164	JANECKI PRZEMYSŁAW	DĄBROWICE	W	PIONIE	80	M30/36 MUN/19 (M)112	00:44:16	00:44:06	13.61	00:22:04 / 114 [13.60]
119	470	ŁAPIŃSKI ZENON	WARSZAWA	ALE	TEMPO	55	M55/2 (M)113	00:44:18	00:44:12	13.57	00:22:12 / 121 [13.51]
120	479	WOŹNIAK GRZEGORZ	ŁAJSKI	NIE	ZRZESZONY	72	M30/37 (M)114	00:44:18	00:44:15	13.56	00:21:53 / 109 [13.71]
121	82	MAZAN PRZEMYSŁAW	WARSZAWA			75	M30/38 (M)115	00:44:25	00:44:20	13.53	00:22:04 / 113 [13.60]
122	133	PRZYSZEWSKI TOMASZ	KOBYŁKA			87	M20/29 (M)116	00:44:36	00:44:23	13.52	00:23:22 / 158 [12.84]
123	302	WITCZAK AGNIESZKA	WARSZAWA	MKS	POLONIA WARSZAWA	86	K20/5 (K)7	00:44:38	00:44:36	13.45	00:21:51 / 108 [13.73]
124	296	WITCZAK ANDRZEJ	WARSZAWA			86	M20/30 MUN/20 (M)117	00:44:38	00:44:36	13.45	00:21:51 / 107 [13.73]
125	216	KOWALCZYK ARKADIUSZ	WARSZAWA	SY	MPATYK MICHAŁÓWKAKY	70	M40/21 (M)118	00:44:48	00:44:37	13.45	00:22:37 / 131 [13.26]
126	325	LEŚ TOMASZ	WARSZAWA			88	M20/31 (M)119	00:44:53	00:44:39	13.44	00:22:56 / 142 [13.08]
127	186	WENTYKIER PIOTR	PŁOŃSK	K.B	IM P.SĘKOWSKIEGO PŁOŃSK	79	M30/39 (M)120	00:44:59	00:44:55	13.36	00:22:09 / 118 [13.54]
128	234	LEŚNOWOLSKI PIOTR	WARSZAWA	SŁU	ŻEW W-WA	68	M40/22 (M)121	00:45:00	00:44:47	13.40	00:22:38 / 132 [13.25]
129	63	ŻUK KONRAD	KOBYŁKA	NA	JSZYBCIEJSI	88	M20/32 (M)122	00:45:06	00:44:44	13.41	00:22:35 / 127 [13.28]
130	367	ROSZKIEWICZ HUBERT	ZALESIE GÓRNE	RH	FITNESS	79	M30/40 (M)123	00:45:20	00:45:14	13.26	00:22:40 / 133 [13.24]
131	390	TLUŚCIK PAWEŁ	WARSZAWA	TEAM	BERLIN E.V.	67	M40/23 (M)124	00:45:28	00:45:21	13.23	00:22:50 / 138 [13.14]
132	36	MUSIAŁOWICZ BARTOSZ	WARSZAWA	CF	CEFARM SA	87	M20/33 (M)125	00:45:31	00:45:25	13.21	00:22:51 / 139 [13.13]
133	157	BARAN ZENON	WARSZAWA	KB	GYMNASION WARSZAWA	60	M50/9 (M)126	00:45:33	00:45:20	13.24	00:22:58 / 143 [13.06]
134	92	SASIN ROMUALD	WARSZAWA	GWŁ	BIAŁOBRZEGI	73	M30/41 MUN/21 (M)127	00:45:36	00:45:27	13.20	00:22:29 / 123 [13.34]
135	313	KMIOLEK JACEK	LEGIONOWO			69	M40/24 (M)128	00:45:37	00:45:22	13.23	00:23:00 / 145 [13.04]
136	160	BONIK PAWEŁ	WARSZAWA	PĘ	DZĄCE CHOMIKI	74	M30/42 (M)129	00:45:41	00:45:29	13.19	00:22:44 / 135 [13.20]
137	411	PILECKI ADAM	STALOWA WOLA	WAT		88	M20/34 (M)130	00:45:51	00:45:48	13.10	00:22:32 / 125 [13.31]
138	253	ŚCISŁOWSKI NORBERT	WARKA	KS	START PUŁASKI WARKA	82	M20/35 (M)131	00:45:51	00:45:39	13.14	00:22:48 / 137 [13.16]
139	174	LEŚNIEWSKI KAZIMIERZ	WŁOCLAWEK	NIE	ZRZESZONY	42	M65/1 (M)132	00:45:56	00:45:54	13.07	00:22:54 / 140 [13.10]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	Check points
140	446	STRYKOWSKI DANIEL	WARSZAWA			80	M30/43 (M)133	00:46:00	00:45:50	13.09	00:22:09 / 117 [13.54]
141	464	MALCZEWSKI ROBERT	WARSZAWA		RAIFFEISEN LEASING RUNERS	73	M30/44 (M)134	00:46:02	00:46:02	13.03	00:22:42 / 134 [13.22]
142	134	KALISIAK MATEUSZ	WARSZAWA		NAJSZYBCIEJSI	81	M20/36 (M)135	00:46:03	00:45:41	13.13	00:22:35 / 126 [13.28]
143	119	GRYCNER TOMASZ	WARSZAWA		BEZIMIENI	80	M30/45 (M)136	00:46:04	00:45:53	13.08	00:22:55 / 141 [13.09]
144	495	SUMIŃSKI MARIUSZ	JABŁONNA			80	M30/46 (M)137	00:46:11	00:45:59	13.05	00:23:01 / 147 [13.03]
145	373	KORCZ DARIUSZ	ŁÓDŹ		POWERADE	63	M45/13 (M)138	00:46:14	00:46:02	13.03	00:23:00 / 146 [13.04]
146	166	SARACEŃ ALEKSANDRA	WARSZAWA		KRP WARSZAWA VII	77	K30/2 MUN/22 (K)8	00:46:15	00:46:08	13.01	00:23:02 / 148 [13.02]
147	361	KOCIELA MONIKA	DZIAŁDOWO		WAT	88	K20/6 MUN/23 (K)9	00:46:20	00:46:17	12.96	00:22:31 / 124 [13.32]
148	441	WOŹNIAK RYSZARD	BORZYCHY		MARATONYPOLSKIE.PL TEAM	71	M30/47 (M)139	00:46:28	00:46:16	12.97	00:22:59 / 144 [13.05]
149	136	KULIK JACEK	GRODZISK			63	M45/14 (M)140	00:46:33	00:46:26	12.92	00:23:03 / 151 [13.02]
150	107	SZMYTKOWSKI KRZYSZTOF	LEGIONOWO		ERDINGER FANCLUB	72	M30/48 (M)141	00:46:34	00:46:26	12.92	00:23:53 / 174 [12.56]
151	329	KOWALCZYK MICHAŁ	WARSZAWA		NMTW TEAM	78	M30/49 (M)142	00:46:35	00:46:27	12.92	00:23:21 / 157 [12.85]
152	261	MISZCZUK ARKADIUSZ	WARSZAWA		STRAZ MIEJSKA WARSZAWA	67	M40/25 MUN/24 (M)143	00:46:37	00:46:17	12.96	00:23:40 / 165 [12.68]
153	469	BOROWY KUBA	WARSZAWA		ERA RUNNIG TEAM	84	M20/37 (M)144	00:46:39	00:46:39	12.86	00:23:40 / 166 [12.68]
154	215	KOŚCIELNIAK MARIAN	NOWY DWÓR		JOGGER	40	M70+1 (M)145	00:46:39	00:46:35	12.88	00:21:49 / 106 [13.75]
155	395	WOJTKOWSKI IRENEUSZ	WARSZAWA		INFOVIDE-MATRIX	61	M45/15 (M)146	00:46:56	00:46:56	12.78	00:23:45 / 168 [12.63]
156	41	NOWAK ARTUR	LEGIONOWO		K.B. PIMAR LEGIONOWO	73	M30/50 MUN/25 (M)147	00:47:04	00:46:56	12.78	00:23:02 / 150 [13.02]
157	33	MICHALSKI RAFAŁ	JABŁONNA			73	M30/51 MUN/26 (M)148	00:47:04	00:46:56	12.78	00:23:02 / 149 [13.02]
158	322	KASIŃSKI GRZEGORZ	WARSZAWA		ERA RUNNING TEAM	70	M40/26 (M)149	00:47:05	00:46:53	12.80	00:24:25 / 188 [12.29]
159	224	ŚWIĘCICKI WOJTEK	WARSZAWA		SALUS TARCHOMIN	63	M45/16 (M)150	00:47:10	00:47:00	12.77	00:23:49 / 170 [12.60]
160	393	TUCZYŃSKI KACPER	PRUSZKÓW			94	M16/6 (M)151	00:47:10	00:47:02	12.76	00:23:46 / 169 [12.62]
161	306	KORKOSZ ANDRZEJ	WARSZAWA		GROTY TEAM	77	M30/52 (M)152	00:47:13	00:47:13	12.71	00:24:18 / 182 [12.35]
162	198	KURCEWICZ DARIUSZ	WARSZAWA			69	M40/27 (M)153	00:47:25	00:47:18	12.68	00:23:25 / 159 [12.81]
163	35	DETKO ARTUR	LEGIONOWO			47	M60/3 (M)154	00:47:29	00:47:21	12.67	00:23:18 / 155 [12.88]
164	321	TYWOŃCZUK MACIEJ	OLSZTYN			81	M20/38 (M)155	00:47:29	00:47:19	12.68	00:23:04 / 153 [13.01]
165	65	KOWALIK DANIEL	CHOTOMÓW		GRUPA BIEGOWA CHTMO	82	M20/39 (M)156	00:47:32	00:47:22	12.67	00:23:32 / 161 [12.75]
166	155	PILIPIUK BARTOSZ	BIALYSTOK			86	M20/40 (M)157	00:47:37	00:47:13	12.71	00:24:44 / 209 [12.13]
167	312	ŚWISTEK DARIUSZ	WIELISZEW			70	M40/28 (M)158	00:47:37	00:47:23	12.66	00:23:40 / 164 [12.68]
168	86	SWIERZYŃSKI TOMASZ	WARSZAWA		GEMS	84	M20/41 (M)159	00:47:40	00:47:29	12.64	00:24:14 / 181 [12.38]
169	168	KASPRZAK MIKOŁAJ	WARSZAWA			92	M16/7 (M)160	00:47:44	00:47:37	12.60	00:23:17 / 154 [12.88]
170	137	BIALOGRODZKI RYSZARD	PIASECZNO		PIASECZNO TEAM	59	M50/10 (M)161	00:47:45	00:47:31	12.63	00:24:31 / 196 [12.24]
171	363	MALISZEWSKI JACEK	WARSZAWA		DRUŻYNA SZPIKU	74	M30/53 (M)162	00:47:45	00:47:38	12.60	00:24:37 / 201 [12.19]
172	338	RONKIEWICZ PATRYCJA	WARSZAWA			78	K30/3 (K)10	00:47:52	00:47:42	12.58	00:24:38 / 203 [12.18]
173	494	ZAPADKA STANISŁAW	MRAĞOWO			55	M55/3 (M)163	00:47:54	00:47:40	12.59	00:24:44 / 207 [12.13]
174	425	MAGRZYK CZESŁAW	WARSZAWA		BIELAŃSKI KB W-WA	55	M55/4 (M)164	00:47:58	00:47:53	12.53	00:23:04 / 152 [13.01]
175	173	GRABOWSKI MICHAŁ	LEGIONOWO			79	M30/54 (M)165	00:47:59	00:47:35	12.61	00:24:22 / 186 [12.31]
176	162	BEBELSKI RAFAŁ	WARSZAWA			77	M30/55 (M)166	00:47:59	00:47:49	12.55	00:24:04 / 177 [12.47]
177	124	SOBOLEWSKI RAFAŁ	WARSZAWA			75	M30/56 (M)167	00:47:59	00:47:48	12.55	00:24:26 / 190 [12.28]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	Check points
178	230	JESINOWICZ BRONISŁAW	WARSZAWA		AKADEMIA OBRONY NARODOWEJ	59 M50/11	MUN/27 (M)168	00:47:59	00:47:52	12.53	00:23:52 / 171 [12.57]
179	53	ZAKRZEWSKI DAMIAN	CHOTOMÓW		GRUPA BIEGOWA CHTMO	92 M16/8	MUN/28 (M)169	00:48:00	00:47:51	12.54	00:23:40 / 167 [12.68]
180	349	BRZOZOWSKI ANDRZEJ	ZAMOŚĆ		WARSZAWA MOKOTÓW	54 M55/5	(M)170	00:48:05	00:48:00	12.50	00:24:10 / 180 [12.41]
181	351	NOWAK PAWEŁ	WARSZAWA			77 M30/57	(M)171	00:48:07	00:47:46	12.56	00:24:38 / 202 [12.18]
182	109	HRYSZKIEWICZ PIOTR	LEGIONOWO			74 M30/58	(M)172	00:48:11	00:47:46	12.56	00:23:38 / 163 [12.69]
183	130	GLIWA RAFAŁ	BOROWA GÓRA			75 M30/59	MUN/29 (M)173	00:48:11	00:48:01	12.50	00:24:05 / 178 [12.46]
184	102	JAROŃCZYK PAWEŁ	BIAŁYSTOK			87 M20/42	(M)174	00:48:23	00:47:59	12.50	00:24:44 / 210 [12.13]
185	309	GODLEWSKI PIOTR	KOBYŁKA	KENSEI		90 M20/43	(M)175	00:48:25	00:48:12	12.45	00:25:35 / 251 [11.73]
186	286	KIELT JACEK	SONINA			87 M20/44	(M)176	00:48:30	00:48:17	12.43	00:24:09 / 179 [12.42]
187	491	AKSAMIT JAKUB	KONARY			88 M20/45	(M)177	00:48:36	00:48:25	12.39	00:24:46 / 211 [12.11]
188	165	FOGLER ADAM	WARSZAWA			76 M30/60	(M)178	00:48:41	00:48:17	12.43	00:24:21 / 184 [12.32]
189	218	RZESZOTARSKI DARIUSZ	WIĄZOWNA		MICHAŁÓWKAKY	70 M40/29	(M)179	00:48:43	00:48:31	12.37	00:24:30 / 194 [12.24]
190	199	BUNICZ SEBASTIAN	WARSZAWA		BIELAŃSKI KLUB KARATE KYOKUSHIN (BKKK)	81 M20/46	(M)180	00:48:43	00:48:30	12.37	00:24:23 / 187 [12.30]
191	475	ŚCIBOR MARIAN	ZEGRZE		CSLII ZEGRZE	72 M30/61	(M)181	00:48:44	00:48:37	12.34	00:23:31 / 160 [12.76]
192	140	KUCZYŃSKI LESŁAW	WARSZAWA			75 M30/62	(M)182	00:48:45	00:48:32	12.36	00:24:55 / 218 [12.04]
193	346	STREFLIK MATEUSZ	GRÓJEC			94 M16/9	(M)183	00:48:46	00:48:35	12.35	00:25:01 / 221 [11.99]
194	305	TALAGA BARTOSZ	WARSZAWA		MARATONKA GRAJEWO	70 M40/30	(M)184	00:48:46	00:48:28	12.38	00:24:20 / 183 [12.33]
195	356	BEDNARCZYK MARIUSZ	WARSZAWA			70 M40/31	MUN/30 (M)185	00:48:47	00:48:38	12.34	00:24:48 / 213 [12.10]
196	85	NIEWIADOMSKI ZDZISŁAW	WARSZAWA			49 M60/4	(M)186	00:48:54	00:48:50	12.29	00:24:21 / 185 [12.32]
197	399	TOLAK TADEUSZ	WARSZAWA		KB GYMNASION WARSZAWA	56 M50/12	(M)187	00:48:56	00:48:42	12.32	00:24:43 / 205 [12.14]
198	449	KORDULEWSKI TOMASZ	DĄBROWA		GRUPA BIEGOWA CHTMO	85 M20/47	(M)188	00:48:58	00:48:48	12.30	00:24:25 / 189 [12.29]
199	383	KURZYK PIOTR	OLSZEWNICA STARA			75 M30/63	MUN/31 (M)189	00:48:59	00:48:29	12.38	00:24:32 / 197 [12.23]
200	146	MACHNACKI MICHAŁ	CHOTOMÓW		GRUPA BIEGOWA CHTMO	76 M30/64	(M)190	00:49:08	00:48:59	12.25	00:23:52 / 173 [12.57]
201	185	JANKOWSKI PIOTR	CHOTOMÓW		GRUPA BIEGOWA CHTMO	85 M20/48	(M)191	00:49:16	00:49:07	12.22	00:23:52 / 172 [12.57]
202	416	KINASIEWICZ MAREK	SKIERDY			52 M55/6	MUN/32 (M)192	00:49:21	00:49:13	12.19	00:25:36 / 252 [11.72]
203	295	LIPCZYŃSKI PRZEMYSŁAW	DĘBICA	WAT		88 M20/49	MUN/33 (M)193	00:49:25	00:49:22	12.15	00:23:20 / 156 [12.86]
204	207	ZARZYCKA MONIKA	NOWY DWÓR		JOGGER	88 K20/7	(K)11	00:49:26	00:49:20	12.16	00:25:28 / 245 [11.78]
205	289	MACIOLEK SZYMON	SIEDLCE		KSS EKONOMIK SIEDLCE	79 M30/65	(M)194	00:49:28	00:49:10	12.20	00:26:00 / 270 [11.54]
206	269	LABRIGA DARIUSZ	KARCZEW			70 M40/32	(M)195	00:49:29	00:49:20	12.16	00:24:44 / 208 [12.13]
207	347	KALICIECKI IRENEUSZ	WARSZAWA		JELONEKRACE	63 M45/17	(M)196	00:49:30	00:49:26	12.14	00:24:33 / 199 [12.22]
208	175	STĘPNIAK KRZYSZTOF	LEGIONOWO			66 M40/33	(M)197	00:49:32	00:49:32	12.11	00:24:41 / 204 [12.15]
209	455	WYPYCH ARKADIUSZ	PIOTRKÓW			78 M30/66	(M)198	00:49:34	00:49:32	12.11	00:25:03 / 225 [11.98]
210	268	ISASI GORKA	MARKI		BILBAO	71 M30/67	(M)199	00:49:37	00:49:10	12.20	00:24:50 / 215 [12.08]
211	433	WITKOWSKI MARCIN	WARSZAWA			82 M20/50	(M)200	00:49:38	00:49:33	12.11	00:24:29 / 192 [12.25]
212	251	CZERWIŃSKI PAWEŁ	WARSZAWA		K.B.GYMNASION WARSZAWA	79 M30/68	(M)201	00:49:38	00:49:12	12.20	00:25:53 / 265 [11.59]
213	391	DYMEL KRZYSZTOF	RASZYN			84 M20/51	(M)202	00:49:39	00:49:18	12.17	00:24:50 / 216 [12.08]
214	397	ROGOZIŃSKI JĘDRZEJ	WARSZAWA			85 M20/52	(M)203	00:49:40	00:49:27	12.13	00:24:31 / 195 [12.24]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	Check points
215	145	BIELEC ARTUR	WARSZAWA			73	M30/69 (M)204	00:49:42	00:49:29	12.13	00:25:11 / 230 [11.91]
216	292	KAREWICZ KATARZYNA	WARSZAWA			73	K30/4 (K)12	00:49:44	00:49:36	12.10	00:24:29 / 191 [12.25]
217	51	SIKORSKI ANDRZEJ	WARSZAWA			71	M30/70 (M)205	00:49:45	00:49:32	12.11	00:25:14 / 233 [11.89]
218	497	PIELACHOWSKI PIOTR	WARSZAWA			59	M50/13 (M)206	00:49:47	00:49:38	12.09	00:24:53 / 217 [12.06]
219	366	LEWIŃSKI HUBERT	LEGIONOWO			85	M20/53 (M)207	00:49:48	00:49:30	12.12	00:25:06 / 229 [11.95]
220	350	KASPRZAK BOGUSŁAW	KARCZEW		DRUŻYNA SZPIKU	58	M50/14 (M)208	00:49:50	00:49:42	12.07	00:25:02 / 222 [11.98]
221	148	KWIATKOWSKI ANDRZEJ	WARSZAWA		10 WPSAM	78	M30/71 MUN/34 (M)209	00:49:50	00:49:40	12.08	00:25:03 / 226 [11.98]
222	436	ŚWIDERSKI DARIUSZ	WARSZAWA		CF CEFARM SA	69	M40/34 (M)210	00:49:52	00:49:47	12.05	00:24:29 / 193 [12.25]
223	79	CZUBAKOWSKI SŁAWOMIR	WARSZAWA			64	M45/18 MUN/35 (M)211	00:49:54	00:49:49	12.04	00:23:38 / 162 [12.69]
224	365	LEWINSKI WOJCIECH	LEGIONOWO			79	M30/72 (M)212	00:49:56	00:49:38	12.09	00:25:40 / 254 [11.69]
225	225	NAREWSKI MACIEJ	LEGIONOWO			77	M30/73 (M)213	00:49:57	00:49:32	12.11	00:26:07 / 275 [11.49]
226	206	HULANICKA IRINA	WARSZAWA		TKKF PIASKI WARSZAWA	56	K50/1 (K)13	00:49:57	00:49:50	12.04	00:25:13 / 232 [11.90]
227	192	CZARNOWSKI MARCIN	JABŁONNA			76	M30/74 (M)214	00:49:59	00:49:49	12.04	00:24:35 / 200 [12.20]
228	151	SZULKOWSKI MAREK	JÓZEFÓW			70	M40/35 (M)215	00:50:00	00:49:54	12.02	00:25:26 / 243 [11.80]
229	195	KOCISZEWSKA MARTA	WARSZAWA		WARSZAWIACY	88	K20/8 (K)14	00:50:01	00:49:52	12.03	00:24:00 / 176 [12.50]
230	46	SZYMBORSKI KRZYSZTOF	GÓRA		K.B. PIMAR LEGIONOWO	90	M20/54 (M)216	00:50:02	00:50:00	12.00	00:25:47 / 260 [11.64]
231	453	MIŁOSZ KAROLINA	WARSZAWA		STRAŻ MIEJSKA M.ST. WARSZAWY	83	K20/9 MUN/36 (K)15	00:50:04	00:49:44	12.06	00:25:17 / 237 [11.87]
232	369	KWIATKOWSKA ANNA	WARSZAWA		-	87	K20/10 (K)16	00:50:07	00:49:57	12.01	00:24:59 / 220 [12.01]
233	252	ROŚLŃ DOMINIK	WARSZAWA			77	M30/75 (M)217	00:50:09	00:49:43	12.07	00:25:53 / 264 [11.59]
234	229	STRZEŚNIEWSKI MAREK	PIASECZNO		IMPACT TEAM	57	M50/15 (M)218	00:50:11	00:50:10	11.96	00:25:03 / 224 [11.98]
235	84	MAJEWSKI KAROL	LEGIONOWO			79	M30/76 (M)219	00:50:12	00:50:00	12.00	00:25:44 / 256 [11.66]
236	413	DĄBROWSKI MARCIN	WARSZAWA			78	M30/77 (M)220	00:50:22	00:49:57	12.01	00:25:14 / 234 [11.89]
237	208	ZARZYCKI ZDZISŁAW	NOWY DWÓR		JOGGER	58	M50/16 (M)221	00:50:26	00:50:20	11.92	00:25:27 / 244 [11.79]
238	461	LUDWINIAK ERNEST	WARSZAWA			75	M30/78 (M)222	00:50:26	00:50:03	11.99	00:25:54 / 266 [11.58]
239	368	SZTOBRYN MAREK	WARSZAWA		POWERADE	76	M30/79 (M)223	00:50:30	00:50:19	11.92	00:25:19 / 239 [11.85]
240	257	ROGUSKI RAFAŁ	LEGIONOWO		KB TP	78	M30/80 (M)224	00:50:36	00:50:33	11.87	00:25:02 / 223 [11.98]
241	34	NADOLNY WIESŁAW	WARSZAWA		WKB META LUBLINIEC	69	M40/36 (M)225	00:50:43	00:50:43	11.83	00:24:57 / 219 [12.02]
242	410	GAĞAŁA PRZEMYSŁAW	WARSZAWA		KLUBBIEGACZA.PL	69	M40/37 (M)226	00:50:46	00:50:27	11.89	00:26:03 / 273 [11.52]
243	486	BIŁYK JAN	WROCLAW			82	M20/55 (M)227	00:50:52	00:50:27	11.89	00:24:46 / 212 [12.11]
244	161	TYMIRSKI PAWEŁ	WARSZAWA			74	M30/81 (M)228	00:50:56	00:50:38	11.85	00:25:20 / 240 [11.84]
245	315	KULMA MAGDALENA	WARSZAWA			80	K30/5 (K)17	00:50:58	00:50:48	11.81	00:25:32 / 247 [11.75]
246	341	ŁUKASZEWSKI MICHAŁ	OLSZEWNICA STARA			72	M30/82 (M)229	00:50:59	00:50:30	11.88	00:24:32 / 198 [12.23]
247	43	ZIELIŃSKI KAZIMIERZ	WARSZAWA		K.B. PIMAR LEGIONOWO	48	M60/5 (M)230	00:50:59	00:50:53	11.79	00:25:24 / 242 [11.81]
248	300	JAWORSKI DARIUSZ	LEGIONOWO		PRANIE DYWANOW	64	M45/19 (M)231	00:51:00	00:50:52	11.80	00:25:15 / 235 [11.88]
249	202	DROZDOWSKI WITOLD	LEGIONOWO			70	M40/38 (M)232	00:51:20	00:51:08	11.73	00:24:44 / 206 [12.13]
250	250	MARCINIEWICZ MARCIN	ZAMOŚĆ			84	M20/56 MUN/37 (M)233	00:51:21	00:51:13	11.71	00:23:58 / 175 [12.52]
251	233	SZYMAŃSKI WIESŁAW	PŁOŃSK		PŁOŃSK	62	M45/20 (M)234	00:51:22	00:51:18	11.70	00:25:46 / 259 [11.64]
252	334	DYNIWICZ ADAM	RADZYMIN			70	M40/39 (M)235	00:51:26	00:51:15	11.71	00:27:12 / 298 [11.03]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	Check points
253	478	SIKORA JAKUB	WARSZAWA			84	M20/57 (M)236	00:51:29	00:51:11	11.72	00:25:28 / 246 [11.78]
254	379	BAGIŃSKI PAWEŁ	WARSZAWA			76	M30/83 (M)237	00:51:30	00:51:17	11.70	00:25:22 / 241 [11.83]
255	117	MIRECKI WOJCIECH	WARSZAWA	WARM		61	M45/21 (M)238	00:51:32	00:51:09	11.73	00:25:16 / 236 [11.87]
256	451	NAKONIECZNY ADAM	WARSZAWA	-		76	M30/84 (M)239	00:51:34	00:51:09	11.73	00:26:12 / 277 [11.45]
257	126	SOSZYŃSKA MAŁGORZATA	WARSZAWA	NIEZRZESZONA		62	K45/1 (K)18	00:51:34	00:51:14	11.71	00:25:52 / 263 [11.60]
258	58	SZCZEPKOWSKI PAWEŁ	WARSZAWA WESOŁA	NIEZRZESZONY		55	M55/7 (M)240	00:51:35	00:51:20	11.69	00:25:13 / 231 [11.90]
259	406	WILCZEK PAWEŁ	WARSZAWA	-		68	M40/40 (M)241	00:51:39	00:51:21	11.68	00:25:46 / 258 [11.64]
260	299	WÓJCIK AGNIESZKA	WARSZAWA			82	K20/11 (K)19	00:51:40	00:51:26	11.67	00:27:19 / 302 [10.98]
261	326	KURZYŃSKI PAWEŁ	LEGIONOWO	BIEGAM BO LUBIE		76	M30/85 (M)242	00:51:46	00:51:29	11.65	00:26:46 / 284 [11.21]
262	56	MAMLA ZBIGNIEW	WARSZAWA	TRUCHT TARCHOMIN		70	M40/41 (M)243	00:51:50	00:51:39	11.62	00:25:39 / 253 [11.70]
263	181	NOWAKOWSKI PAWEŁ	WARSZAWA			78	M30/86 (M)244	00:51:51	00:51:38	11.62	00:26:31 / 280 [11.31]
264	442	WILISZ ROBERT	LEGIONOWO			71	M30/87 (M)245	00:51:53	00:51:47	11.59	00:25:05 / 228 [11.96]
265	69	BEDNARSKI RADOSŁAW	MOŚCISKA	STRAŻ POŻARNA SIERPC		80	M30/88 MUN/38 (M)246	00:51:53	00:51:48	11.58	00:25:55 / 267 [11.58]
266	421	STANISZEWSKI EDWARD	WIŚNIEWO	KB TKKF PROMYK CIECHANÓW		39	M70+2 (M)247	00:51:57	00:51:52	11.57	00:25:34 / 249 [11.73]
267	125	KULAKOWSKI PIOTR	KONSTANCIN-JEZIOR	NIEZRZESZONY		57	M50/17 (M)248	00:52:04	00:51:44	11.60	00:26:02 / 272 [11.52]
268	220	TRAWIŃSKI KRZYSZTOF	OTWOCK			72	M30/89 (M)249	00:52:07	00:51:56	11.55	00:25:59 / 269 [11.55]
269	310	GODLEWSKI ARTUR	KOBYŁKA	JUVEPOLAND		87	M20/58 (M)250	00:52:10	00:51:58	11.55	00:25:35 / 250 [11.73]
270	62	ZARZECKI ADRIAN	TŁUSZCZ			87	M20/59 (M)251	00:52:11	00:51:58	11.55	00:25:34 / 248 [11.73]
271	458	PAWŁOWSKI MATEUSZ	WARSZAWA			94	M16/10 (M)252	00:52:16	00:52:10	11.50	00:27:04 / 292 [11.08]
272	275	BOBRYK ZENON	ŁOSICE	PCK ŁOSICE		57	M50/18 (M)253	00:52:21	00:52:17	11.48	00:27:10 / 296 [11.04]
273	57	KAPAON ŁAZARZ	LEGIONOWA	NIEZRZESZONY		92	M16/11 (M)254	00:52:23	00:52:08	11.51	00:28:38 / 342 [10.48]
274	354	PIETRASIEWICZ WOJCIECH	WARSZAWA			79	M30/90 (M)255	00:52:25	00:52:16	11.48	00:24:49 / 214 [12.09]
275	439	GOŹDZIEWSKI ADAM	MICHAŁÓW REGINOW			73	M30/91 (M)256	00:52:28	00:52:21	11.46	00:25:05 / 227 [11.96]
276	139	KUCZYŃSKI DANIEL	WARSZAWA			75	M30/92 (M)257	00:52:30	00:52:18	11.47	00:25:19 / 238 [11.85]
277	144	ŚLUSARCZYK TOMASZ	WARSZAWA			75	M30/93 (M)258	00:52:39	00:52:14	11.49	00:25:47 / 261 [11.64]
278	482	WIELOCHA WALDEMAR	SKIERDY			60	M50/19 (M)259	00:52:48	00:52:40	11.39	00:25:45 / 257 [11.65]
279	456	SIEKIELSKA BEATA	LEGIONOWO			76	K30/6 (K)20	00:52:50	00:52:50	11.36	00:26:36 / 282 [11.28]
280	73	SZYSZKO RADOSŁAW	LEGIONOWO			79	M30/94 (M)260	00:52:54	00:52:45	11.37	00:26:10 / 276 [11.46]
281	374	MASLANKA PIOTR	KONSTANCIN-JEZIOR			72	M30/95 (M)261	00:52:55	00:52:28	11.44	00:27:12 / 299 [11.03]
282	330	WOŹNIAK JAROSŁAW	WARSZAWA			67	M40/42 MUN/39 (M)262	00:52:55	00:52:49	11.36	00:26:26 / 278 [11.35]
283	333	BOGUCKI WŁODZIMIERZ	SEKOCIN NOWY	BRAK		61	M45/22 (M)263	00:52:56	00:52:56	11.34	00:28:06 / 327 [10.68]
284	219	SKURZAK MICHAŁ	WARSZAWA			75	M30/96 (M)264	00:52:59	00:52:48	11.36	00:25:57 / 268 [11.56]
285	371	LUBAŃSKI STANISŁAW	WARSZAWA	MALWA TEAM SPORT		50	M60/6 (M)265	00:53:08	00:53:05	11.30	00:25:50 / 262 [11.61]
286	217	DOBROWOLSKI MARCIN	WARSZAWA	SYMPATYK MICHAŁÓWKAKY		74	M30/97 (M)266	00:53:08	00:52:56	11.34	00:26:50 / 286 [11.18]
287	188	HATYLAK TOMASZ	WARSZAWA	POLSKA BIEGA		77	M30/98 (M)267	00:53:09	00:52:55	11.34	00:26:52 / 288 [11.17]
288	311	WAGNER JACEK	OTWOCK			72	M30/99 (M)268	00:53:14	00:53:04	11.31	00:26:04 / 274 [11.51]
289	158	URBANSKI PIOTR	WARSZAWA			71	M30/100 (M)269	00:53:37	00:53:12	11.28	00:28:01 / 322 [10.71]
290	77	SAKOWSKA ANETA	DROZDOWO	BIEGAMY Z OCHOTĄ		75	K30/7 (K)21	00:53:37	00:53:28	11.22	00:27:08 / 294 [11.06]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	Check points
291	108	NIKOLAJÓW ADAM - JIMMY	WARSZAWA		62 DR OP	77	M30/101 MUN/40 (M)270	00:53:39	00:53:13	11.27	00:28:00 / 321 [10.71]
292	111	KARWECKI RYSZARD	WARSZAWA			56	M50/20 (M)271	00:53:40	00:53:34	11.20	00:26:02 / 271 [11.52]
293	337	NATORSKI MACIEJ	WARSZAWA			79	M30/102 (M)272	00:53:47	00:53:23	11.24	00:27:57 / 318 [10.73]
294	340	KOŁODZIEJ CEZARY	OTWOCK			82	M20/60 (M)273	00:53:55	00:53:41	11.18	00:26:30 / 279 [11.32]
295	477	OLENDER RAFAŁ	LEGIONOWO			80	M30/103 (M)274	00:53:56	00:53:37	11.19	00:27:29 / 308 [10.92]
296	70	JAŁKIEWICZ JULIUSZ	WARSZAWA			77	M30/104 (M)275	00:53:58	00:53:44	11.17	00:27:27 / 305 [10.93]
297	435	CICHAWA MIROSŁAW	WARSZAWA		CF CEFARM SA	63	M45/23 (M)276	00:54:19	00:54:14	11.06	00:25:42 / 255 [11.67]
298	122	KARPIŃSKI ROBERT	MARKI			71	M30/105 (M)277	00:54:19	00:53:58	11.12	00:28:31 / 338 [10.52]
299	154	GRODZKI ROBERT	WARSZAWA			61	M45/24 (M)278	00:54:19	00:53:57	11.12	00:28:31 / 337 [10.52]
300	316	ROŚLAN GRZEGORZ	WARSZAWA		AKADEMIA OBRONY NARODOWEJ	65	M45/25 MUN/41 (M)279	00:54:24	00:54:24	11.03	00:27:02 / 291 [11.10]
301	332	KARŁOWICZ ANNA	WARSZAWA		WOLNA WOLA WARSZAWA	53	K55+/1 (K)22	00:54:26	00:54:07	11.09	00:27:15 / 300 [11.01]
302	389	WOJCIECHOWSKI TOMASZ	LEGIONOWO		LASEK BIELAŃSKI TEAM	66	M40/43 (M)280	00:54:26	00:54:14	11.06	00:27:20 / 303 [10.98]
303	239	POŁAWSKI LESZEK	WARSZAWA		BIELANY	47	M60/7 (M)281	00:54:41	00:54:23	11.03	00:27:59 / 320 [10.72]
304	238	SŁOWIŃSKA IDA	WARSZAWA		URSUS	75	K30/8 (K)23	00:54:42	00:54:25	11.03	00:27:58 / 319 [10.73]
305	74	KWIATKOWSKI ALEKSANDER	BIELAWY			62	M45/26 (M)282	00:54:48	00:54:34	11.00	00:27:28 / 306 [10.92]
306	170	LATUSZEK AGNIESZKA	GARWOLIN		TRUCHTACZ.PL	70	K40/1 (K)24	00:54:50	00:54:33	11.00	00:27:52 / 314 [10.77]
307	307	ZARZYCKI RADOSŁAW	WARSZAWA		GROTY TEAM	77	M30/106 (M)283	00:54:59	00:54:59	10.91	00:28:02 / 324 [10.70]
308	382	SZYSZKOWSKI WŁODZIMIERZ	WARSZAWA			68	M40/44 (M)284	00:55:04	00:54:49	10.95	00:28:25 / 332 [10.56]
309	460	ROLEWICZ TOMASZ	LEGIONOWO			77	M30/107 (M)285	00:55:06	00:54:46	10.96	00:29:44 / 363 [10.09]
310	104	CHOJNACKA KRYSZYNA	SIERPC		TKKF KUBUŚ SIERPC	52	K55+/2 (K)25	00:55:09	00:55:05	10.89	00:27:11 / 297 [11.04]
311	203	MAKOWIECKI JACEK	WARSZAWA-WESOLA			76	M30/108 MUN/42 (M)286	00:55:12	00:55:02	10.90	00:27:29 / 307 [10.92]
312	358	GROBELNY MAREK	WARSZAWA			73	M30/109 MUN/43 (M)287	00:55:12	00:55:12	10.87	00:27:36 / 311 [10.87]
313	270	JASIŃSKI DAWID SEBASTIAN	LEGIONOWO			86	M20/61 (M)288	00:55:13	00:54:49	10.95	00:27:09 / 295 [11.05]
314	357	JACHYMSKI PIOTR	LEGIONOWO			70	M40/45 MUN/44 (M)289	00:55:15	00:55:01	10.91	00:27:31 / 309 [10.90]
315	237	DOMINIAK-LESZCZYŃSKA ELŻBIETA	WARSZAWA		LASY WAWERSKIE	60	K50/2 (K)26	00:55:17	00:55:03	10.90	00:27:45 / 312 [10.81]
316	30	JANKOWSKI PIOTR	LEGIONOWO			49	M60/8 (M)290	00:55:17	00:55:10	10.88	00:27:52 / 315 [10.77]
317	258	KOZIOL MARIUSZ	WARSZAWA-WESOLA		AKADEMIA OBRONY NARODOWEJ	72	M30/110 MUN/45 (M)291	00:55:25	00:55:04	10.90	00:28:01 / 323 [10.71]
318	428	TOBER MICHAŁ	WARSZAWA			76	M30/111 (M)292	00:55:33	00:55:25	10.83	00:26:49 / 285 [11.19]
319	298	PANUFNIK TOMASZ	BOROWA GÓRA			81	M20/62 (M)293	00:55:35	00:55:24	10.83	00:28:23 / 331 [10.57]
320	401	STEFAŃSKA KATARZYNA	STARA WIEŚ		GLKS NADARZYN	72	K30/9 (K)27	00:55:37	00:55:22	10.84	00:26:35 / 281 [11.29]
321	388	ROGAŁA MONIKA	CHROMIN			71	K30/10 (K)28	00:55:43	00:55:25	10.83	00:28:03 / 325 [10.70]
322	116	GRYCNER PAWEŁ	WARSZAWA		BEZIMIENNI	84	M20/63 (M)294	00:55:44	00:55:44	10.77	00:28:07 / 329 [10.67]
323	259	RUDZKI DOMINIK	WARSZAWA			82	M20/64 (M)295	00:55:46	00:55:24	10.83	00:29:30 / 358 [10.17]
324	12	SEFASTIANOW WASYL	KOVEL - UKRAINA		SK KOVEL	56	M50/21 (M)296	00:55:50	00:55:47	10.76	00:27:00 / 290 [11.11]
325	226	KACZMAREK ARKADIUSZ	LEGIONOWO			74	M30/112 (M)297	00:55:51	00:55:27	10.82	00:26:38 / 283 [11.26]
326	392	SKOCZEK MAREK	SUŁKOWICE			60	M50/22 MUN/46 (M)298	00:55:53	00:55:46	10.76	00:27:55 / 317 [10.75]
327	66	WIELEBA PIOTR	WARSZAWA		WKB ULRYCHÓW	81	M20/65 (M)299	00:55:56	00:55:30	10.81	00:28:57 / 347 [10.36]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	Check points
328	95	RABIŃSKI DAMIAN	LEGIONOWO			92	M16/12 (M)300	00:55:58	00:55:58	10.72	00:28:27 / 334 [10.54]
329	434	JOŃCZYK STANISŁAW	LEGIONOWO			66	M40/46 MUN/47 (M)301	00:56:00	00:55:54	10.73	00:26:54 / 289 [11.15]
330	179	BARTNIKOWSKA MONIKA	WARSZAWA			81	K20/12 (K)29	00:56:01	00:55:51	10.74	00:28:23 / 330 [10.57]
331	432	GOLASZEWSKI MAREK	LEGIONOWO		BIEGAMSAM	58	M50/23 (M)302	00:56:08	00:55:57	10.72	00:27:19 / 301 [10.98]
332	223	WUJTEWICZ BEATA	LEGIONOWO		NAJSZYBIEJSI	89	K20/13 (K)30	00:56:23	00:56:00	10.71	00:28:30 / 336 [10.53]
333	265	ADAMCZYK MICHAŁ	CHOTOMÓW		GRUPA BIEGOWA CHTMO	92	M16/13 (M)303	00:56:25	00:56:18	10.66	00:27:25 / 304 [10.94]
334	431	STOLARSKI PAWEŁ	JABŁONNA			64	M45/27 (M)304	00:56:27	00:56:21	10.65	00:27:35 / 310 [10.88]
335	444	JACKIEWICZ KRZYSZTOF	WARSZAWA			76	M30/113 (M)305	00:56:30	00:56:09	10.69	00:27:46 / 313 [10.80]
336	72	ŚLIWA MIROSLAW	WARSZAWA			74	M30/114 (M)306	00:56:31	00:56:12	10.68	00:28:32 / 339 [10.51]
337	196	NIEŚCIORUK MIROSLAW	ŁOMIANKI			61	M45/28 (M)307	00:56:35	00:56:12	10.68	00:28:05 / 326 [10.68]
338	194	ŻYWEK TERESA	WARSZAWA		ABC KONDYCJA LAS KABACKI	47	K55+/3 (K)31	00:56:42	00:56:42	10.58	00:28:07 / 328 [10.67]
339	283	WOJDALSKA AGATA	LEGIONOWO			88	K20/14 (K)32	00:57:04	00:56:42	10.58	00:28:25 / 333 [10.56]
340	468	BOROWY KRZYSZTOF	WARSZAWA		ERA RUNNIG TEAM	74	M30/115 (M)308	00:57:10	00:56:58	10.53	00:26:51 / 287 [11.17]
341	37	MIĘTEK STANISŁAW	LEGIONOWO			47	M60/9 (M)309	00:57:19	00:57:06	10.51	00:29:30 / 357 [10.17]
342	88	KALATA PIOTR	WARSZAWA			80	M30/116 (M)310	00:57:20	00:57:08	10.50	00:27:07 / 293 [11.06]
343	106	GOCZYŃSKA ANETA	SIERPC		TKKF KUBUŚ SIERPC	80	K30/11 (K)33	00:57:34	00:57:29	10.44	00:28:52 / 345 [10.39]
344	235	GROCHOWSKI GRZEGORZ	WARSZAWA		BIEGAMY Z OCHOTĄ	61	M45/29 (M)311	00:57:45	00:57:17	10.47	00:30:10 / 365 [9.94]
345	481	LESZCZYŃSKI RAFAŁ	LEGIONOWO			71	M30/117 (M)312	00:57:57	00:57:32	10.43	00:29:17 / 352 [10.24]
346	201	SZYMCAK RYSZARD	WARSZAWA			43	M65/2 (M)313	00:57:59	00:57:44	10.39	00:28:35 / 341 [10.50]
347	246	WITKOWSKA EDYTA	SOCHACZEW		AKTYWNI	75	K30/12 (K)34	00:57:59	00:57:37	10.41	00:29:21 / 354 [10.22]
348	426	SZCZEPAŃSKI JACEK	LEGIONOWO			71	M30/118 (M)314	00:58:20	00:57:59	10.35	00:28:52 / 346 [10.39]
349	465	MALCZEWSKA MAGDALENA	WARSZAWA			73	K30/13 (K)35	00:58:26	00:58:26	10.27	00:28:32 / 340 [10.51]
350	245	LIPIŃSKI PIOTR	LEGIONOWO			77	M30/119 (M)315	00:58:32	00:58:05	10.33	00:31:35 / 389 [9.50]
351	135	JAROSZ TOMEK	LEGIONOWO			77	M30/120 (M)316	00:58:34	00:58:09	10.32	00:29:13 / 350 [10.27]
352	429	SCHEFFS WALDEMAR	ZĄBKI		AON	62	M45/30 MUN/48 (M)317	00:58:38	00:58:38	10.23	00:27:53 / 316 [10.76]
353	182	TEICHERT MARIA	WARSZAWA		KB GYMNASION	64	K45/2 (K)36	00:58:38	00:58:38	10.23	00:28:59 / 348 [10.35]
354	81	KOWALEWSKA KATARZYNA	WARSZAWA			74	K30/14 (K)37	00:58:46	00:58:26	10.27	00:29:09 / 349 [10.29]
355	408	WOLIŃSKI RAFAŁ	PRUSZKÓW			73	M30/121 (M)318	00:58:49	00:58:24	10.27	00:30:24 / 369 [9.87]
356	54	ZAKRZEWSKI RAFAŁ	CHOTOMÓW		GRUPA BIEGOWA CHTMO	76	M30/122 (M)319	00:59:17	00:59:07	10.15	00:29:16 / 351 [10.25]
357	385	BRUSZKIEWICZ MIROSLAW	LEGIONOWO			65	M45/31 (M)320	00:59:32	00:59:06	10.15	00:29:33 / 359 [10.15]
358	362	WAWRZYCKA MARTA	KIELCE		MICHU TEAM	84	K20/15 (K)38	00:59:38	00:59:17	10.12	00:31:02 / 375 [9.67]
359	47	ROMAŃSKI JAKUB	LEGIONOWO		K.B. PIMAR LEGIONOWO	64	M45/32 (M)321	00:59:46	00:59:25	10.10	00:30:02 / 364 [9.99]
360	114	PIWOWARCZYK AGNIESZKA	WODYNIE			82	K20/16 (K)39	00:59:48	00:59:25	10.10	00:31:01 / 374 [9.67]
361	403	OBIERZYŃSKI ARKADIUSZ	ZĄBKI			70	M40/47 (M)322	00:59:48	00:59:28	10.09	00:31:04 / 376 [9.66]
362	344	BARECKI WŁODZIMIERZ	WARSZAWA			56	M50/24 (M)323	00:59:52	00:59:32	10.08	00:30:27 / 370 [9.85]
363	121	KALISIAK KAROLINA	WARSZAWA		NAJSZYBIEJSI	84	K20/17 (K)40	01:00:15	00:59:52	10.02	00:28:47 / 343 [10.42]
364	255	BRODOWSKA MAŁGORZATA	ŁAJSKI			88	K20/18 (K)41	01:00:16	00:59:54	10.02	00:28:47 / 344 [10.42]
365	352	HINZMANN SZYMON	WARSZAWA			78	M30/123 (M)324	01:00:20	01:00:02	9.99	00:30:30 / 372 [9.84]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	Check points
366	398	HULAK BOGUSŁAW	WARSZAWA			58 M50/25	(M)325	01:00:28	01:00:20	9.94	00:29:20 / 353 [10.23]
367	115	DZIKI MARZENNA	WARSZAWA	ALETEMPO		53 K55+/4	(K)42	01:01:00	01:00:39	9.89	00:30:40 / 373 [9.78]
368	485	CIEŚLAK WIESŁAW	LEGIONOWO			48 M60/10	(M)326	01:01:06	01:00:42	9.88	00:29:42 / 362 [10.10]
369	370	LUBAŃSKA ELŻBIETA	WARSZAWA	MALWA TEAM SPORT		73 K30/15	(K)43	01:01:06	01:01:03	9.83	00:29:37 / 360 [10.13]
370	249	MIELNIK ANETA	JADWISIN			73 K30/16	(K)44	01:01:20	01:00:56	9.85	00:31:10 / 381 [9.63]
371	141	KUCZALSKI MAREK	WARSZAWA	U ADASIA RUNNING TEAM		75 M30/124	(M)327	01:01:32	01:01:10	9.81	00:31:05 / 377 [9.65]
372	324	KASIEWICZ KATARZYNA	WARSZAWA			78 K30/17	(K)45	01:01:36	01:01:28	9.76	00:29:22 / 355 [10.22]
373	438	FEDER SEBASTIAN	LEGIONOWO			84 M20/66	(M)328	01:01:40	01:01:30	9.76	00:30:17 / 367 [9.91]
374	422	ZIENTEK ŁUKASZ	WARSZAWA	MYAPPLE.PL		84 M20/67	(M)329	01:01:44	01:01:17	9.79	00:31:37 / 390 [9.49]
375	110	ŻACZEK MICHAŁ	LEGIONOWO			79 M30/125	(M)330	01:01:48	01:01:43	9.72	00:28:29 / 335 [10.53]
376	247	PRZYBYLSKA MAŁGORZATA	SOCHACZEW			69 K40/2	(K)46	01:01:59	01:01:37	9.74	00:30:22 / 368 [9.88]
377	474	RAWA DARIUSZ	OSTROŁĘKA			76 M30/126	(M)331	01:01:59	01:01:38	9.73	00:32:41 / 400 [9.18]
378	80	SEKLECKI BOGUMIŁ	WARSZAWA			72 M30/127	(M)332	01:02:04	01:01:36	9.74	00:31:08 / 378 [9.64]
379	437	ZALEWSKI PIOTR	WARSZAWA			69 M40/48	(M)333	01:02:06	01:02:06	9.66	00:29:27 / 356 [10.19]
380	400	NOWORYTA JACEK	WARSZAWA			42 M65/3	(M)334	01:02:14	01:01:53	9.70	00:30:13 / 366 [9.93]
381	176	STĘPNIAK AGNIESZKA	LEGIONOWO			72 K30/18	MUN/49 (K)47	01:02:20	01:02:06	9.66	00:29:40 / 361 [10.11]
382	364	KĘDZIERSKI PAWEŁ	WARSZAWA			57 M50/26	(M)335	01:02:35	01:02:18	9.63	00:32:11 / 392 [9.32]
383	193	GRUCELA ANNA	WARSZAWA			81 K20/19	(K)48	01:02:52	01:02:47	9.56	00:30:28 / 371 [9.85]
384	75	BALCERZAK MONIKA	WARSZAWA	ABCKONDYCJA		78 K30/19	(K)49	01:02:55	01:02:35	9.59	00:31:12 / 382 [9.62]
385	205	BRAŃSKA-DOBROWOLSKA OLGA	WARSZAWA	MARATONYPOLSKIE.PL TEAM		73 K30/20	(K)50	01:02:55	01:02:35	9.59	00:31:12 / 383 [9.62]
386	227	DOBROWOLSKI ARTUR	WARSZAWA	STRAŻ MIEJSKA WARSZAWA		74 M30/128	MUN/50 (M)336	01:02:56	01:02:36	9.58	00:31:13 / 384 [9.61]
387	394	TUCZYŃSKA ELŻBIETA	PRUSZKÓW			65 K45/3	(K)51	01:03:31	01:03:22	9.47	00:31:13 / 385 [9.61]
388	262	KOWALIK ZBIGNIEW	WARSZAWA			66 M40/49	(M)337	01:03:37	01:03:32	9.44	00:31:15 / 386 [9.60]
389	381	ŁACHETA JERZY	WARSZAWA			61 M45/33	(M)338	01:04:36	01:04:09	9.35	00:31:30 / 388 [9.52]
390	231	JESINOWICZ GRAŻYNA	WARSZAWA	WYŚCIGOWA GĘŚ		60 K50/3	(K)52	01:04:39	01:04:32	9.30	00:32:21 / 394 [9.27]
391	39	PANASIUK SERGIEJ	KOVEL	SK KOVEL		77 M30/129	(M)339	01:04:49	01:04:48	9.26	00:31:10 / 380 [9.63]
392	11	SEMENIUK JURIJ	KOVEL - UKRAINA	SK KOVEL		72 M30/130	(M)340	01:04:49	01:04:47	9.26	00:31:10 / 379 [9.63]
393	97	CHUDORLIŃSKI BOGDAN	LEGIONOWO			67 M40/50	(M)341	01:05:10	01:05:10	9.21	00:32:26 / 398 [9.25]
394	197	NIEŚCIORUK ANNA	ŁOMIANKI			61 K45/4	(K)53	01:05:28	01:05:04	9.22	00:31:56 / 391 [9.39]
395	276	BOBRYK ANNA	ŁOSICE	MARATONYPOLSKIE.PL TEAM		93 K16/2	MUN/51 (K)54	01:05:28	01:05:23	9.18	00:32:17 / 393 [9.29]
396	244	LESZCZUK ADAM	WARSZAWA			74 M30/131	(M)342	01:06:07	01:05:42	9.13	00:33:58 / 411 [8.83]
397	87	JASTKOWIAK JUSTYNA	SKARZYSKO			82 K20/20	(K)55	01:06:35	01:06:23	9.04	00:32:23 / 395 [9.26]
398	172	MAKAREWICZ ANDRZEJ	WARSZAWA			81 M20/68	(M)343	01:06:43	01:06:23	9.04	00:32:51 / 401 [9.13]
399	375	MALINOWSKI PIOTR	WARSZAWA			66 M40/51	(M)344	01:06:45	01:06:31	9.02	00:33:40 / 407 [8.91]
400	376	WAWRZYŃCZYK-MALINOWSKA ANNA	WARSZAWA			67 K40/3	(K)56	01:06:45	01:06:31	9.02	00:33:41 / 408 [8.91]
401	348	JAKUBOWSKI KRZYSZTOF	LEGIONOWO			72 M30/132	(M)345	01:06:52	01:06:35	9.01	00:31:23 / 387 [9.56]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	5km	Check points
402	112	CHRZANOWSKI PAWEŁ	WARSZAWA			68	M40/52		(M)346	01:07:01	01:07:01	8.95	00:33:06 / 402 [9.06]
403	98	CHUDORLIŃSKI MAREK	LEGIONOWO			67	M40/53		(M)347	01:07:07	01:07:07	8.94	00:32:26 / 397 [9.25]
404	99	CHUDORLIŃSKA AGNIESZKA	LEGIONOWO			72	K30/21		(K)57	01:07:07	01:06:53	8.97	00:32:26 / 396 [9.25]
405	40	OTTO ZDZISŁAWA			HARLEY - DAVIDSON	47	K55+/5		(K)58	01:07:29	01:07:19	8.91	00:33:07 / 403 [9.06]
406	93	ARCISZEWSKA MARTA	WARSZAWA		OWCZY PĘD	78	K30/22		(K)59	01:07:33	01:07:10	8.93	00:34:09 / 412 [8.78]
407	94	KRZYMOWSKI MAREK	WARSZAWA		OWCZY PĘD	72	M30/133		(M)348	01:07:33	01:07:09	8.94	00:34:09 / 413 [8.78]
408	471	CWALINA URSZULA	WARSZAWA			74	K30/23		(K)60	01:07:40	01:07:23	8.90	00:33:22 / 406 [8.99]
409	187	ŻUCZKOWSKI ŁUKASZ	WARSZAWA			77	M30/134		(M)349	01:07:40	01:07:23	8.90	00:33:22 / 405 [8.99]
410	96	RABIŃSKI MARCIN	LEGIONOWO			70	M40/54		(M)350	01:08:19	01:08:04	8.81	00:33:18 / 404 [9.01]
411	274	BOBRYK KINGA	ŁOSICE		MARATONYPOLSKIE.PL TEAM	95	K16/3		(K)61	01:09:01	01:08:56	8.70	00:34:46 / 416 [8.63]
412	430	STOLARSKA BEATA	JABLONNA			66	K40/4		(K)62	01:09:29	01:09:23	8.65	00:34:39 / 415 [8.66]
413	335	ŻUCHOWSKI ARTUR	LEGIONOWO			76	M30/135		(M)351	01:09:45	01:09:45	8.60	00:34:38 / 414 [8.66]
414	440	DOBROWOLSKI EMIL	CHOTOMÓW		KS WARSZAWIANKA	86	M20/69		(M)352	01:10:02	01:09:45	8.60	00:32:28 / 399 [9.24]
415	384	BRYK PAWEŁ	WARSZAWA			80	M30/136		(M)353	01:10:10	01:09:43	8.61	00:35:00 / 418 [8.57]
416	308	ZAJĄCZKOWSKA JOANNA	WARSZAWA			65	K45/5		(K)63	01:10:55	01:10:43	8.48	00:34:52 / 417 [8.60]
417	467	CZECHOWSKI JERZY	WARSZAWA			49	M60/11		(M)354	01:11:01	01:10:41	8.49	00:35:45 / 419 [8.39]
418	279	NAGRODZKA MARYLA	KOBYŁKA		OPEN	75	K30/24		(K)64	01:11:08	01:10:49	8.47	00:33:50 / 410 [8.87]
419	278	TROCEWICZ ZBIGNIEW	WARSZAWA		OPEN	50	M60/12		(M)355	01:11:11	01:10:52	8.47	00:33:50 / 409 [8.87]

ZAWODNICY NIE UKOŃCZYLI WYŚCIGU