



V BIEG MARZANNY

WYNIKI ZAWODÓW

Organizator: Krakowski Klub Biegacza Dystans Kraków
Termin: 30 marca 2008
Miejsce: Kraków
Dystans: 21,0975 km

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
1	389	DOBRZYŃSKI	Adam	POL	k-link-bortex.net.pl	1974	M-30	1	01:07:22	00:10:49	00:21:51	00:33:03	00:44:23	00:55:46
2	127	FISKOVICZ	Siergiej	UKR	Ukraina	1980	M-20	1	01:08:48	00:10:35	00:21:41	00:33:02	00:44:37	00:56:47
3	347	LACHOWSKI	Andrzej	POL	AZS-AWF Kraków	1982	M-20	2	01:09:02	00:10:49	00:22:08	00:33:50	00:45:38	00:57:23
4	312	SOBCZYK	Tomasz	POL	LUKS Żórawina	1977	M-30	2	01:09:28	00:10:48	00:22:08	00:33:50	00:45:38	00:57:30
5	49	JABŁOŃSKI	Artur	POL	ZS w HORODLE	1981	M-20	3	01:10:01	00:10:50	00:22:09	00:33:56	00:45:55	00:57:59
6	47	KRZYŚCIN	Andrzej	POL	ALTOM Gniezno	1967	M-40	1	01:10:38	00:10:49	00:22:20	00:34:11	00:46:12	00:58:33
7	233	BRACHMAN	Tomasz	POL	AZS-AWF Kraków	1980	M-20	4	01:10:48	00:11:03	00:22:45	00:34:32	00:46:31	00:58:41
8	329	CISŁO	Grzegorz	POL	PG Wadowice Górne	1971	M-30	3	01:12:46	00:11:39	00:23:45	00:35:57	00:48:12	01:00:46
9	194	GAJEWSKI	Wojciech	POL	UKS 14 Zabrze	1978	M-30	4	01:12:58	00:11:27	00:23:42	00:36:01	00:48:20	01:00:50
10	146	KLISZ	Tomasz	POL	Bielsko-Biała	1981	M-20	5	01:13:41	00:11:31	00:23:43	00:36:02	00:48:11	01:00:48
11	120	CIEŚLAR	Maciej	POL	LKS Pogórze	1989	M-16	1	01:13:57	00:11:43	00:24:01	00:36:24	00:48:51	01:01:26
12	19	CYRAN	Maciej	POL	Krakowski Szpital Spec.	1975	M-30	5	01:14:05	00:11:33	00:23:51	00:36:17	00:48:50	01:01:34
13	196	BUDKA	Borys	POL	UKS 14 Zabrze	1978	M-30	6	01:15:27	00:12:03	00:24:32	00:37:02	00:49:39	01:02:33
14	104	ZACHARKO	Michał	POL	ZSP w Zakopanem	1975	M-30	7	01:15:39	00:12:04	00:24:44	00:37:32	00:50:16	01:03:05
15	214	DZIEWIŃSKI	Damian	POL	ZS Nr 3 Sanok	1981	M-20	6	01:15:52	00:11:58	00:24:32	00:37:01	00:49:39	01:02:34
16	280	KRZEMIEN	Rafał	POL	KKB DYSTANS Kraków	1970	M-30	8	01:15:55	00:12:04	00:24:44	00:37:31	00:50:16	01:03:10
17	208	SVENTEK	Ladislav	SLK	SKP Cadca	1965	M-40	2	01:16:33	00:12:18	00:25:02	00:37:47	00:50:34	01:03:53
18	163	KOBAJŁO	Ryszard	POL	TKKF-Czarni Janów	1962	M-40	3	01:16:45	00:12:04	00:24:44	00:37:32	00:50:23	01:03:34
19	197	SLADEK	Dominik	POL	UKS 14 Zabrze	1988	M-20	7	01:16:53	00:12:03	00:24:31	00:37:04	00:50:02	01:03:25
20	70	ZIĘBOWICZ	Miroslaw	POL	KKB DYSTANS Kraków	1962	M-40	4	01:17:30	00:12:18	00:25:05	00:38:01	00:51:03	01:04:18
21	148	GARBACZ	Piotr	POL	MGOKSiR Centrum Zdzie	1979	M-20	8	01:19:22	00:12:05	00:25:01	00:38:18	00:51:51	01:05:45
22	234	BUDZYŃSKI	Piotr	POL	AWF Kraków	1979	M-20	9	01:19:42	00:12:43	00:26:10	00:39:40	00:53:08	01:06:33

2008-03-30 15:53:05

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<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
23	336	MAJKOWSKI	Piotr	POL	MOK Mszana Dolna	1967	M-40	5	01:19:59	00:12:50	00:26:14	00:39:39	00:53:07	01:06:31
24	186	MACIOŁ	Andrzej	POL	AZS-AWF Kraków	1954	M-50	1	01:20:03	00:12:27	00:25:41	00:39:11	00:52:50	01:06:31
25	128	ANTOSIAK	Tomasz	POL	MGOKSiR Centrum Zdzie	1979	M-20	10	01:20:34	00:11:24	00:23:44	00:36:40	00:50:05	01:04:36
26	226	SZEWCZYK	Sławomir	POL	L-UKS BURZA Rogi	1971	M-30	9	01:20:52	00:12:02	00:24:52	00:38:07	00:51:41	01:05:54
27	71	BYCZEK	Stanisław	POL	KKB DYSTANS Kraków	1961	M-40	6	01:20:52	00:12:27	00:25:40	00:39:10	00:53:00	01:07:03
28	374	GRUCA	Zdzisław	POL	KKB DYSTANS Kraków	1969	M-30	10	01:20:59	00:13:24	00:27:10	00:41:08	00:54:39	01:07:51
29	141	ŚCIEGAJ	Hieronim	POL	ELEKTROCIEPŁOWNIA K	1958	M-50	2	01:21:02	00:13:20	00:26:49	00:40:12	00:53:35	01:07:11
30	390	STAWIARZ	Jarosław	POL	WKS WAWEL	1968	M-40	7	01:21:21	00:13:43	00:26:48	00:41:11	00:54:20	01:08:53
31	240	WOSIK	Paweł	POL	LKB Rudnik	1983	M-20	11	01:21:42	00:13:06	00:26:48	00:40:24	00:54:20	01:08:07
32	159	MAJKUT	Andrzej	POL	MaratonyPolskie.pl Team	1975	M-30	11	01:22:27	00:13:14	00:27:09	00:41:08	00:55:09	01:08:56
33	156	CABAJ	Łukasz	POL	WITAR Tarnobrzeg	1987	M-20	12	01:23:02	00:12:21	00:25:51	00:39:43	00:53:54	01:08:36
34	215	JACHYMCZYK	Norbert	POL	KB MCKiS Jaworzno	1978	M-30	12	01:23:17	00:13:53	00:27:36	00:41:24	00:55:10	01:09:11
35	164	WESTENHOLZ	Piotr	POL	KB MCKiS Jaworzno	1964	M-40	8	01:23:21	00:13:42	00:27:20	00:41:08	00:55:10	01:09:11
36	115	KWIATKOWSKI	Dariusz	POL	TS WIJAS UKS RELAX	1974	M-30	13	01:23:55	00:13:53	00:27:56	00:41:54	00:56:12	01:10:25
37	243	PIWOWARCZYK	Dominik	POL	AZS-AGH Kraków	1988	M-20	13	01:24:01	00:12:06	00:25:52	00:40:12	00:54:57	01:09:40
38	177	MAZURKIEWICZ	Krzysztof	POL	WITAR Tarnobrzeg	1974	M-30	14	01:24:01	00:13:24	00:27:34	00:41:51	00:55:57	01:10:14
39	274	MACHLOWSKI	Łukasz	POL	WKS Elite Cafe WAWEL	1986	M-20	14	01:24:01	00:13:05	00:26:54	00:41:01	00:55:12	01:09:41
40	91	PIPIEŃ	Mateusz	POL	Kraków	1973	M-30	15	01:24:26	00:14:13	00:28:06	00:42:06	00:56:10	01:10:36
41	235	DUDEK	Sylwester	POL	LKB Rudnik	1963	M-40	9	01:24:32	00:13:14	00:27:09	00:41:08	00:55:09	01:09:41
42	179	FIJAŁKOWSKI	Zbigniew	POL	KRS TKKF Jastrząb Ruda	1962	M-40	10	01:24:38	00:13:06	00:26:51	00:41:01	00:55:26	01:10:09
43	369	KUSTRA	Piotr	POL	Mogilany Marathon Team	1971	M-30	16	01:25:22	00:13:23	00:27:17	00:41:29	00:56:05	01:10:47
44	298	AGIEJCZYK	Wojciech	POL	AZS AGH Kraków	1985	M-20	15	01:25:23	00:13:55	00:28:00	00:42:02	00:56:20	01:10:58
45	307	CHŁOŃ	Jarosław	POL	KKB DYSTANS Kraków	1965	M-40	11	01:25:38	00:13:42	00:27:55	00:42:07	00:56:23	01:10:57
46	126	ULFIK	Rafał	POL	UKS 14 Zabrze	1987	M-20	16	01:25:51	00:13:32	00:27:48	00:42:12	00:56:38	01:11:12
47	334	KAMMER	Krzysztof	POL	Zawiercie	1978	M-30	17	01:25:52	00:13:56	00:28:00	00:42:12	00:56:39	01:11:08
48	328	MALSKA	Janina	POL	WAWEL Kraków	1970	K-30	1	01:26:05	00:13:41	00:27:55	00:42:11	00:56:39	01:11:08
49	1	MATYSIK	Rafał	POL	Kraków	1974	M-30	18	01:26:24	00:13:35	00:27:38	00:42:09	00:56:29	01:11:34
50	324	GÓRKA	Marcin	POL	MaratonyPolskie.pl Team	1983	M-20	17	01:27:00	00:13:43	00:28:05	00:42:49	00:57:38	01:12:25
51	168	SZYMURA	Grzegorz	POL	Leszczyny	1971	M-30	19	01:27:12	00:14:00	00:28:34	00:43:24	00:58:15	01:13:02
52	387	WOŹNIAK	Kacper	POL	AZS-AWF Kraków	1987	M-20	18	01:27:24	00:13:27	00:27:55	00:42:50	00:58:03	01:13:03
53	327	MAJCHRZAK	Jakub	POL	SPSP w Dęblinie	1987	M-20	19	01:27:27	00:14:03	00:28:42	00:43:27	00:58:13	01:13:02
54	232	SZCZYGIEŁ	Paweł	POL	Podegrodzie	1988	M-20	20	01:27:28	00:12:43	00:27:14	00:42:11	00:57:20	01:12:30
55	236	FILUŚ	Stanisław	POL	biegajz nami.pl	1965	M-40	12	01:27:31	00:15:18	00:30:08	00:44:44	00:58:59	01:13:15
56	66	GRUCA	Barbara	POL	Kraków	1980	K-20	1	01:27:50	00:13:42	00:27:55	00:42:26	00:57:19	01:12:25
57	65	STROŃSKI	Franciszek	POL	KKB DYSTANS Kraków	1961	M-40	13	01:27:51	00:13:14	00:27:09	00:41:08	00:55:45	01:12:25
58	101	NISSAN	Tzur	ISR		1973	M-30	20	01:27:56	00:14:17	00:28:40	00:43:14	00:58:03	01:13:03
59	323	MARECKI	Sebastian	POL	6 bdow	1983	M-20	21	01:28:05	00:14:16	00:28:54	00:43:27	00:58:15	01:13:04

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
60	87	WIECZOREK	Jerzy	POL	Krzeszowice	1970	M-30	21	01:28:44	00:14:07	00:28:52	00:43:46	00:58:57	01:14:03
61	366	SPYRA	Piotr	POL	MOSIR Bukowno	1977	M-30	22	01:29:02	00:13:55	00:28:18	00:42:49	00:57:54	01:13:23
62	165	RUPACZ	Tomasz	POL	UEK Kraków	1982	M-20	22	01:29:10	00:14:57	00:29:58	00:44:46	00:59:30	01:14:20
63	212	BORKOWSKI	Aleksander	POL	KOMENDA PORTU WOJ	1956	M-50	3	01:29:15	00:13:33	00:27:56	00:42:35	00:57:47	01:13:30
64	392	KIJANKA	Artur	POL	KKB DYSTANS Kraków	1968	M-40	14	01:29:20	00:14:13	00:29:06	00:43:57	00:58:56	01:14:08
65	6	KOPEK	Krzysztof	POL	Kraków	1984	M-20	23	01:29:21	00:16:24	00:31:52	00:46:48	01:01:23	01:15:29
66	135	KESSLER	Daniel	POL	Kraków	1973	M-30	23	01:29:34	00:14:51	00:29:29	00:43:59	00:58:47	01:14:12
67	166	KALINOWSKI	Kazimierz	POL	KKB DYSTANS Kraków	1964	M-40	15	01:29:36	00:13:57	00:28:33	00:43:23	00:58:30	01:14:02
68	266	ZIELIŃSKI	Marcin	POL	Opole	1972	M-30	24	01:30:00	00:14:31	00:29:36	00:44:35	00:59:35	01:14:45
69	97	SMOGOROWSKI	Łukasz	POL	Centrum Młodzieży	1978	M-30	25	01:30:09	00:14:24	00:29:11	00:44:16	00:59:44	01:15:24
70	181	DZIWNIEL	Tomasz	POL	Kraków	1972	M-30	26	01:30:13	00:14:56	00:29:58	00:45:05	01:00:08	01:15:22
71	247	FRANCZAK	Paweł	POL	KKB DYSTANS Kraków	1989	M-16	2	01:30:13	00:13:56	00:28:29	00:43:43	01:00:20	01:20:15
72	37	ARNDT	Wojciech	POL	Kraków	1971	M-30	27	01:30:17	00:14:07	00:28:38	00:43:22	00:58:29	01:14:01
73	27	MAZURKIEWICZ	Marek	POL	YMCA Kraków	1966	M-40	16	01:30:41	00:15:14	00:30:40	00:45:35	01:00:30	01:15:41
74	83	TOMASZEWSKI	Dariusz	POL	KKB DYSTANS Kraków	1964	M-40	17	01:30:51	00:14:44	00:29:37	00:44:45	01:00:08	01:15:55
75	2	FRĄCZEK	Justyna	POL	Gimnazjum nr 32	1978	K-30	2	01:30:51	00:13:45	00:28:50	00:43:57	00:59:23	01:15:00
76	29	PALICH	Tomasz	POL	YMCA Kraków	1967	M-40	18	01:30:54	00:15:04	00:30:30	00:45:35	01:00:31	01:15:48
77	76	UCHWAT	Mariusz	POL	Kraków	1965	M-40	19	01:30:56	00:14:15	00:29:25	00:44:39	01:00:07	01:15:36
78	271	BARNAŚ	Dariusz	POL	LKS Jaźwiny	1977	M-30	28	01:30:57	00:13:52	00:28:26	00:43:26	00:58:54	01:14:55
79	364	JĘDRYKA	Aleksander	POL	Nowy Targ	1965	M-40	20	01:31:18	00:13:55	00:28:29	00:43:42	00:59:24	01:15:35
80	246	PAWLIKOWSKI	Jacek	POL	DYM-TEAM MARATON	1968	M-40	21	01:31:35	00:14:11	00:29:09	00:44:27	01:00:06	01:15:40
81	351	PAŁYS	Marek	POL	POLISH RUN Liverpool	1967	M-40	22	01:31:47	00:13:28	00:27:57	00:43:40	00:59:46	01:15:58
82	99	ZGLICZYNSKI	Piotr	POL	Kraków	1964	M-40	23	01:31:54	00:13:47	00:28:29	00:43:51	00:59:45	01:15:44
83	310	WYLECIAŁ	Dorota	POL	Katowice	1960	K-40	1	01:31:55	00:14:04	00:29:15	00:44:38	01:00:15	01:16:01
84	185	LEDWOŃ	Paweł	POL	SP3 Bieruń	1983	M-20	24	01:31:56	00:14:28	00:28:56	00:43:27	00:58:15	01:14:10
85	149	MARKOWSKI	Waldemar	POL	MGOKSiR Centrum Zdzie	1980	M-20	25	01:31:58	00:13:56	00:28:42	00:43:28	00:58:13	01:13:20
86	110	KOŁPAK	Sławomir	POL	Nowy Sącz	1964	M-40	24	01:32:02	00:14:44	00:29:49	00:44:49	01:00:04	01:15:23
87	249	DZIEDZICKI	Jacek	POL	Lesko	1985	M-20	26	01:32:05	00:14:56	00:29:55	00:44:44	01:00:24	01:16:24
88	150	KOST	Mirosław	POL	UKS GIMNAZJON	1963	M-40	25	01:32:10	00:15:09	00:31:02	00:46:42	01:02:30	01:17:55
89	300	SAS	Gracjan	POL	TWIERDZA Przemyśl	1987	M-20	27	01:32:24	00:14:00	00:29:02	00:44:16	00:59:44	01:15:25
90	281	OŹDŻYŃSKI	Grzegorz	POL	KKB DYSTANS Kraków	1968	M-40	26	01:32:42	00:14:25	00:29:39	00:45:04	01:00:31	01:16:10
91	85	GRZĘDZIELSKI	Jacek	POL	Kraków	1977	M-30	29	01:32:49	00:14:13	00:29:17	00:44:36	01:00:06	01:16:07
92	108	ZAWALSKI	Maciej	POL		1974	M-30	30	01:32:51	00:13:33	00:28:22	00:43:51	01:00:05	01:16:31
93	275	MACHLOWSKI	Ryszard	POL	KKB DYSTANS Kraków	1963	M-40	27	01:32:58	00:13:54	00:29:13	00:44:38	01:00:34	01:16:43
94	402	WÓJCIK	Tomasz	POL	Rudze	1984	M-20	28	01:33:04	00:14:37	00:29:48	00:45:26	01:01:01	01:17:13
95	8	GRANAT	Mariusz	POL	Kraków	1973	M-30	31	01:33:06	00:14:28	00:29:38	00:44:56	01:00:29	01:16:33
96	267	DZIADURA	Zenon	POL	WITAR Tarnobrzeg	1955	M-50	4	01:33:11	00:15:06	00:31:16	00:46:33	01:01:48	01:17:47

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
97	279	PORĘBA	Jacek	POL	Nowy Sącz	1971	M-30	32	01:33:17	00:14:23	00:29:29	00:45:03	01:00:57	01:17:22
98	359	KAWECKI	Marian	POL	KB Branice	1949	M-50	5	01:33:18	00:14:51	00:29:57	00:45:29	01:01:05	01:16:57
99	257	GRYCZ	Miroslaw	POL	Kraków	1970	M-30	33	01:33:34	00:14:19	00:29:42	00:45:18	01:01:10	01:17:35
100	88	KIERZEK	Michał	POL	Wilkowisko	1978	M-30	34	01:33:34	00:14:47	00:29:56	00:45:22	01:01:04	01:17:18
101	341	STAŚKO	Łukasz	POL	Świątniki Górne	1983	M-20	29	01:33:43	00:14:35	00:29:41	00:45:00	01:00:29	01:16:30
102	345	LANKAUF	Waldemar	POL	Cross Krapkowice	1961	M-40	28	01:34:00	00:15:16	00:30:55	00:46:41	01:02:47	01:18:36
103	35	WOJTYCZEK	Krzysztof	POL	Kraków	1968	M-40	29	01:34:02	00:14:36	00:30:20	00:46:15	01:02:13	01:18:12
104	133	FERDYN	Rafał	POL	Rogoźnik	1966	M-40	30	01:34:09	00:14:50	00:30:16	00:46:03	01:01:48	01:17:55
105	130	AKSAMIT	Łukasz	POL	doliniarze.com	1982	M-20	30	01:34:11	00:15:00	00:30:33	00:46:05	01:01:49	01:18:00
106	397	ŻELICHOWSKI	Marek	POL	Sosnowiec	1958	M-50	6	01:34:12	00:15:13	00:30:41	00:46:21	01:02:27	01:18:30
107	72	MAZUR	Tomasz	POL	Kraków	1985	M-20	31	01:34:14	00:15:07	00:30:39	00:46:26	01:01:55	01:17:45
108	75	MŁYNARSKI	Wiktor	POL	Kraków	1986	M-20	32	01:34:14	00:15:07	00:30:40	00:46:26	01:01:54	01:17:45
109	403	WÓJCIK	Paweł	POL	Rudze	1976	M-30	35	01:34:25	00:14:36	00:29:48	00:45:26	01:01:01	01:17:13
110	330	KOPTA	Adam	POL	Mogilany	1971	M-30	36	01:34:34	00:14:51	00:30:22	00:46:02	01:01:58	01:18:10
111	404	BALBUS	Anna	POL	MaratonyPolskie.pl Team	1980	K-20	2	01:34:35	00:15:07	00:30:50	00:46:51	01:02:57	01:18:54
112	283	KRAWCZYK	Marcin	POL	ŚCIEŻKI BIEGOWE Kraka	1978	M-30	37	01:34:51	00:17:43	00:36:38	00:55:33	01:14:54	
113	180	WIOREK	Edward	POL	Kraków	1962	M-40	31	01:34:51	00:15:06	00:30:51	00:46:44	01:02:56	01:19:00
114	242	CHOLEWA	Jarosław	POL	AMATOR Katowice	1966	M-40	32	01:34:57	00:15:32	00:31:32	00:47:27	01:03:20	01:19:18
115	268	STĘPNIAK	Janusz	POL	AMATOR Katowice	1968	M-40	33	01:35:01	00:15:32	00:31:32	00:47:27	01:03:20	01:19:19
116	352	JANYGA	Franciszek	POL	Salezjanie	1986	M-20	33	01:35:16	00:16:44	00:33:02	00:49:11	01:04:59	01:20:40
117	124	GRYGA	Łukasz	POL	Kraków	1985	M-20	34	01:35:18	00:15:45	00:31:47	00:47:34	01:03:28	01:19:23
118	68	CHOŁDA	Krzysztof	POL	AZS-AWF Kraków	1964	M-40	34	01:35:19	00:15:23	00:31:02	00:46:53	01:02:55	01:19:03
119	316	CEBULA	Jerzy	POL	Żarki Letnisko	1958	M-50	7	01:35:23	00:15:13	00:30:30	00:46:04	01:01:54	01:18:15
120	116	MIELNIK	Andrzej	POL	Dąbrowa Górnicza	1959	M-40	35	01:35:23	00:15:14	00:30:30	00:46:04	01:01:54	01:18:15
121	171	REMBIASZ	Leszek	POL	Nowy Sącz	1955	M-50	8	01:35:29	00:15:17	00:30:40	00:46:19	01:02:17	01:18:43
122	326	PACZOS	Barbara	POL	STAL Mielec	1960	K-40	2	01:35:30	00:14:37	00:30:08	00:45:50	01:01:52	01:18:21
123	331	CZYSZCZOŃ	Jerzy	POL	Kraków	1951	M-50	9	01:35:37	00:14:55	00:30:38	00:46:37	01:02:48	01:19:20
124	12	MICHAŁEK	Dariusz	POL	Kraków	1967	M-40	36	01:35:41	00:15:16	00:31:08	00:47:03	01:03:26	01:19:53
125	78	KOŁATAJ	Michał	POL	WOLNY STRZELEC	1989	M-16	3	01:35:44	00:13:57	00:29:55	00:45:56	01:02:29	01:19:36
126	198	WCISŁO	Stanisław	POL	Skotniki	1958	M-50	10	01:35:48	00:16:05	00:31:42	00:47:40	01:03:58	01:20:04
127	219	TOPOLSKI	Marcin	POL	biegajz nami.pl	1976	M-30	38	01:35:49	00:16:04	00:31:42	00:47:40	01:03:58	01:20:04
128	190	ISMAIL	Asan	POL	Kraków	1983	M-20	35	01:35:52	00:16:23	00:32:35	00:48:06	01:03:34	01:19:22
129	112	ORAMUS	Tomasz	POL	Nowy Sącz	1973	M-30	39	01:35:55	00:14:47	00:29:58	00:45:19	01:01:11	01:18:03
130	363	ZWONEK	Paweł	POL	rowerowanie.pl	1969	M-30	40	01:36:01	00:15:05	00:30:41	00:46:35	01:02:42	01:19:20
131	63	CIECHANOWSKI	Jakub	POL	Kraków	1987	M-20	36	01:36:03	00:15:24	00:30:52	00:46:42	01:02:51	01:19:24
132	302	LEPA	Beata	POL	KRS TKKF Jastrząb Ruda	1976	K-30	3	01:36:07	00:15:12	00:30:39	00:46:36	01:02:47	01:19:33
133	391	KURKIEWICZ	Sławomir	POL	doliniarze.com, Śląski UM	1967	M-40	37	01:36:07	00:15:12	00:30:40	00:46:36	01:02:47	01:19:34

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
134	337	BETLEJA	Marek	POL	Będzin	1971	M-30	41	01:36:17	00:15:16	00:31:03	00:46:59	01:03:21	01:19:53
135	273	OPIOŁA	Jan	POL	WITAR Tarnobrzeg	1964	M-40	38	01:36:28	00:15:52	00:32:02	00:48:09	01:04:11	01:20:35
136	182	NĘDZA	Marek	POL	DYM-TEAM MARATON	1963	M-40	39	01:36:31	00:14:54	00:30:30	00:46:35	01:03:05	01:19:57
137	414	ZAPAŁA	Marek	POL	Kraków	1955	M-50	11	01:36:38	00:14:45	00:30:16	00:46:15	01:02:45	01:19:21
138	81	PRZYBYLSKI	Jacek szymon	POL	Wróblak Szlachecki	1968	M-40	40	01:36:40	00:16:24	00:32:42	00:48:46	01:04:47	01:20:59
139	79	SUSUŁ	Bogdan	POL	KKB DYSTANS Kraków	1974	M-30	42	01:36:43	00:14:59	00:30:45	00:47:02	01:03:25	01:20:05
140	3	ZWALIŃSKI	Piotr	POL	Kraków	1973	M-30	43	01:36:48	00:15:48	00:31:47	00:48:02	01:04:05	01:20:40
141	398	SROCZYŃSKI	Maciej	POL	Brzesko	1985	M-20	37	01:36:52	00:16:01	00:31:54	00:47:43	01:03:53	01:20:31
142	77	GRZYB	Kazimierz	POL	AZS-AWF WETERANI	1972	M-30	44	01:36:54	00:16:17	00:32:41	00:48:47	01:04:44	01:20:37
143	96	MACHERZYŃSKI	Czesław	POL	KKB DYSTANS Kraków	1955	M-50	12	01:36:57	00:15:00	00:30:55	00:47:15	01:03:56	01:20:29
144	239	ZIELONKA	Wiesław	POL	HUHTAMAKI Polska	1960	M-40	41	01:36:59	00:15:12	00:30:40	00:46:37	01:02:48	01:19:44
145	23	PAJEWSKI	Jerzy	POL	AJ PLUS	1968	M-40	42	01:37:13	00:16:03	00:32:30	00:48:49	01:04:44	01:20:37
146	129	GRAJNY	Mariusz	POL	Kraków	1970	M-30	45	01:37:14	00:14:39	00:30:36	00:47:01	01:03:49	01:20:33
147	308	GRZELA	Grzegorz	POL	FINANSE MASTERS	1985	M-20	38	01:37:23	00:17:29	00:34:16	00:50:46	01:06:30	01:22:05
148	147	POGROSZEWSKI	Krzysztof	POL	KKB DYSTANS Kraków	1956	M-50	13	01:37:32	00:14:59	00:30:38	00:46:36	01:02:53	01:20:02
149	241	SIUDEK	Kazimierz	POL	Czulówek	1960	M-40	43	01:37:42	00:14:10	00:29:52	00:46:12	01:03:02	01:20:16
150	140	JADCZYK	Tomasz	POL	AGH Kraków	1984	M-20	39	01:37:44	00:14:55	00:30:13	00:45:46	01:01:53	01:19:04
151	187	KOS	Krzysztof	POL	AKB PASAT Końskie	1967	M-40	44	01:37:57	00:17:30	00:34:11	00:50:33	01:06:43	01:22:52
152	201	BUKOWSKI	Marian	POL	PASAT Końskie	1948	M-60	1	01:37:59	00:15:52	00:31:37	00:47:45	01:04:13	01:20:58
153	59	WYRĘBEK	Maciej	POL	Kraków	1982	M-20	40	01:38:04	00:14:37	00:30:28	00:46:48	01:03:26	01:20:35
154	396	BIAŁOŃSKI	Michał	POL	interia.pl	1971	M-30	46	01:38:21	00:16:45	00:33:38	00:50:18	01:06:56	01:23:05
155	125	ULFIK	Jerzy	POL	Zabrze	1959	M-40	45	01:38:32	00:15:17	00:30:50	00:47:10	01:03:55	01:20:50
156	113	TOKARCZYK	Marek	POL	UKS RYTER Ryto	1974	M-30	47	01:38:38	00:15:50	00:32:18	00:48:40	01:05:14	01:22:03
157	53	ŁUKASIK	Paweł	POL	Kraków	1978	M-30	48	01:38:39	00:14:34	00:30:37	00:47:02	01:03:51	01:21:16
158	287	MAĆKOWSKI	Krzysztof	POL	KS AZS AWF Kraków	1986	M-20	41	01:38:40	00:13:55	00:29:14	00:45:35	01:02:15	01:19:01
159	254	GŁADCZAK	Jan	POL	KRS TKKF Jastrząb Ruda	1962	M-40	46	01:38:52	00:15:51	00:31:40	00:47:44	01:04:13	01:21:10
160	202	BIEŃKOWSKI	Łukasz	POL	Kraków	1968	M-40	47	01:39:32	00:14:14	00:29:57	00:46:33	01:03:50	01:21:36
161	361	KIERCZAK	Aleksander	POL	Bielsko-Biała	1963	M-40	48	01:39:47	00:15:37	00:32:04	00:48:25	01:05:33	01:22:56
162	69	ŚCISŁO	Mariusz	POL	KKB DYSTANS Kraków	1978	M-30	49	01:40:09	00:17:15	00:33:59	00:50:35	01:07:12	01:23:55
163	211	GRABOWSKI	Stanisław	POL	Kraków	1951	M-50	14	01:40:13	00:17:13	00:34:02	00:50:35	01:07:13	01:24:02
164	258	BIAŁKA	Rafał	POL	KKB DYSTANS Kraków	1974	M-30	50	01:40:13	00:16:41	00:33:20	00:49:43	01:06:24	01:23:10
165	265	TOMCZYK	Andrzej	POL	WITAR Tarnobrzeg	1968	M-40	49	01:40:34	00:15:44	00:32:40	00:49:40	01:06:52	01:24:17
166	105	SZYMKÓW	Henryk	POL	AGROMA Rzeszów	1950	M-50	15	01:40:39	00:15:41	00:32:02	00:48:33	01:05:50	01:23:20
167	183	MIELECKI	Krzysztof	POL	Sułkowice	1964	M-40	50	01:40:42	00:16:50	00:33:08	00:49:28	01:06:03	01:23:28
168	98	ZWONEK	Włodzimierz	POL	Kraków	1965	M-40	51	01:40:45	00:15:58	00:32:25	00:49:27	01:06:30	01:23:41
169	34	PABIAN	Karol	POL	Skawina	1955	M-50	16	01:40:47	00:16:22	00:33:00	00:49:42	01:06:33	01:23:38
170	44	TRYBUŚ	Marian	POL	Kraków	1948	M-60	2	01:40:47	00:19:03	00:38:03	00:58:03	01:18:54	01:41:13

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
171	145	NOSAL	Bogusław	POL	FORMA Wodzisław Śląski	1975	M-30	51	01:41:02	00:14:09	00:29:35	00:45:40	01:03:06	01:22:01
172	40	LIBERA	Stanisław	POL	KKB DYSTANS Kraków	1963	M-40	52	01:41:09	00:16:29	00:32:58	00:49:39	01:06:33	01:23:38
173	143	GONDOR	Jarosław	POL	Kraków	1976	M-30	52	01:41:15	00:16:02	00:32:38	00:49:08	01:05:54	01:23:18
174	122	JANKOWSKI	Dawid	POL	Skoczów	1989	M-16	4	01:41:22	00:14:38	00:29:54	00:47:00	01:06:27	01:24:22
175	46	OPIOŁA	Mariusz	POL	Kraków	1982	M-20	42	01:41:23	00:16:27	00:32:57	00:49:39	01:06:38	01:23:48
176	301	SZUDY	Katarzyna	POL	KRS TKKF Jastrzęb Ruda	1982	K-20	3	01:41:37	00:16:44	00:33:37	00:50:33	01:07:16	01:24:32
177	245	KUCZARA	Robert	POL	Krzyszowice	1979	M-20	43	01:41:37	00:16:51	00:33:42	00:50:45	01:07:47	01:25:03
178	231	MACH	Tadeusz	POL	Ruch Dla Zdrowia	1962	M-40	53	01:41:42	00:17:15	00:34:02	00:50:35	01:07:13	01:24:11
179	227	BZOESKI	Jan	POL	Kraków	1972	M-30	53	01:41:47	00:16:12	00:33:34	00:50:32	01:07:13	01:24:01
180	184	WYSZKOŃ	Franciszek	POL	Łańce	1981	M-20	44	01:42:04	00:14:27	00:30:13	00:46:50	01:04:54	01:23:34
181	21	ŚLIWA	Tomasz	POL	Kozienice	1980	M-20	45	01:42:11	00:17:01	00:34:00	00:50:51	01:07:57	01:25:14
182	269	WROŃSKA	Beata	POL	Jasło	1980	K-20	4	01:42:11	00:15:48	00:32:09	00:48:51	01:06:11	01:24:14
183	50	DANIELAK	Roman	POL	KKB DYSTANS Kraków	1967	M-40	54	01:42:14	00:17:16	00:34:43	00:51:40	01:08:48	01:25:56
184	360	KAMIŃSKI	Łukasz	POL	Tenczynek	1984	M-20	46	01:42:14	00:15:38	00:32:03	00:48:50	01:06:02	01:24:15
185	54	SZCZYPCZYK	Ewa	POL	KKB DYSTANS Kraków	1981	K-20	5	01:42:21	00:17:30	00:34:43	00:51:40	01:08:48	01:25:57
186	284	HANO	Jan	POL	K.Cz. PĘDZIWIATR Gliwic	1947	M-60	3	01:42:25	00:16:47	00:33:59	00:50:56	01:08:03	01:25:13
187	93	MAŁUCHA	Tomasz	POL	VIAMOT Kraków	1976	M-30	54	01:42:29	00:19:41	00:39:25	00:56:28	01:12:11	01:27:26
188	170	SIEŃKO	Rafał	POL	Amator	1979	M-20	47	01:42:38	00:16:43	00:34:00	00:50:49	01:07:34	01:24:52
189	365	MIROSZEWSKI	Bogdan	POL	ŚCIEŻKI KRAKA	1959	M-40	55	01:42:43	00:17:26	00:35:02	00:52:30	01:08:49	01:25:50
190	315	STANOCH	Leon	POL	16 Batalion Powietrzno-De	1961	M-40	56	01:42:50	00:15:51	00:32:08	00:48:49	01:06:16	01:24:12
191	74	MAĆZYŃSKI	Patryk	POL	YMCA Kraków	1981	M-20	48	01:42:57	00:17:43	00:35:24	00:52:40	01:09:34	01:26:32
192	121	STANISZEWSKI	Artur	POL	Kraków AIRPORT	1970	M-30	55	01:43:07	00:16:19	00:33:02	00:50:11	01:07:45	01:25:39
193	252	KITLIŃSKI	Wojciech	POL	Kraków	1968	M-40	57	01:43:08	00:16:09	00:32:30	00:49:00	01:06:24	01:24:35
194	161	LAU	Marcin	POL	Law Family	1974	M-30	56	01:43:10	00:15:59	00:32:06	00:48:37	01:05:58	01:24:11
195	132	KANIA	Wiesław	POL	Kraków	1971	M-30	57	01:43:12	00:17:31	00:34:43	00:51:40	01:08:48	01:25:57
196	381	KŁĘCZAR	Mariusz	POL	Kraków	1974	M-30	58	01:43:24	00:18:08	00:36:04	00:53:45	01:10:56	01:27:20
197	376	MASDA	Kazimierz	POL	KKB DYSTANS Kraków	1964	M-40	58	01:43:29	00:17:16	00:34:42	00:51:40	01:08:47	01:25:56
198	339	MRÓZEK	Michał	POL	Tymbark	1986	M-20	49	01:43:45	00:16:29	00:33:41	00:50:46	01:08:02	01:26:11
199	17	BĘBEN	Jan	POL	Kraków	1976	M-30	59	01:43:45	00:16:16	00:33:12	00:50:22	01:07:53	01:25:54
200	383	KURBIEL	Mariusz	POL	Iwanowice	1982	M-20	50	01:43:46	00:17:18	00:34:22	00:51:12	01:08:37	01:25:58
201	405	BALBUS	Michał	POL	biegajznami.pl	1952	M-50	17	01:43:59	00:15:51	00:32:57	00:50:24	01:07:59	01:26:17
202	299	BOCZKOWSKA	Justyna	POL	Zakopane	1966	K-40	3	01:44:00	00:17:50	00:35:59	00:53:30	01:10:37	01:27:33
203	62	TOMANEK	Marek	POL	Kraków	1974	M-30	60	01:44:01	00:16:34	00:33:33	00:50:46	01:08:12	01:26:20
204	409	GARCEWICZ	Joanna	POL	YMCA Kraków	1972	K-30	4	01:44:05	00:17:43	00:35:25	00:52:42	01:09:58	01:27:12
205	286	WILCZYŃSKI	Jarosław	POL	Tarnów	1972	M-30	61	01:44:14	00:16:26	00:33:37	00:50:32	01:07:56	01:26:08
206	16	RAJTAR	Jarosław	POL	DYM-TEAM MARATON	1973	M-30	62	01:44:16	00:15:56	00:32:33	00:49:40	01:06:51	01:24:51
207	173	TĘCZA	Tomasz	POL	biegajznami.pl	1959	M-40	59	01:44:19	00:16:18	00:33:45	00:51:13	01:09:02	01:27:01

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
208	36	RUSEK	Jarosław	POL	Kraków	1969	M-30	63	01:44:24	00:17:00	00:34:28	00:51:53	01:09:18	01:26:56
209	103	BAK	Piotr	POL	Kraków	1961	M-40	60	01:44:32	00:16:48	00:34:02	00:51:30	01:09:08	01:27:00
210	45	MUZYCZUK	Małgorzata	POL	ZS nr 4 Hrubieszów	1962	K-40	4	01:44:34	00:17:05	00:34:44	00:52:14	01:09:41	01:27:09
211	205	TOKARZ	Andrzej	POL	AZS-AWF WETERANI	1965	M-40	61	01:44:45	00:17:26	00:34:43	00:51:41	01:08:48	01:26:09
212	248	TARAPACZ	Marcin	POL	Miechów	1990	M-16	5	01:44:48	00:17:06	00:34:42	00:52:15	01:09:47	01:27:32
213	102	WACNIK	Janusz	POL	Rzeszów	1967	M-40	62	01:45:21	00:15:44	00:32:45	00:50:22	01:08:43	01:27:37
214	10	DUNASZEWSKI	Radosław	POL	Bęczyn	1971	M-30	64	01:45:23	00:18:23	00:36:42	00:54:36	01:12:16	01:29:23
215	42	GARA	Jacek	POL	Kraków	1964	M-40	63	01:45:29	00:16:21	00:33:42	00:51:08	01:08:45	01:26:40
216	157	ŁOGIEWA	Andrzej	POL	KB JÓZEFINKA Katowice	1950	M-50	18	01:45:31	00:17:10	00:34:16	00:51:31	01:08:58	01:27:07
217	114	MAŚSIOR	Jarosław	POL	Chrzanów	1983	M-20	51	01:45:32	00:16:39	00:33:38	00:50:39	01:08:15	01:26:49
218	73	KRAJEWSKA PÓŁT	Małgorzata	POL	Kraków	1967	K-40	5	01:45:35	00:17:18	00:34:46	00:52:05	01:09:51	01:27:50
219	228	SARAPATA	Mateusz	POL	KS KORONA	1981	M-20	52	01:45:40	00:17:57	00:36:30	00:54:29	01:12:21	01:29:12
220	311	WYLECIAŁ	Zbigniew	POL	Katowice	1955	M-50	19	01:45:51	00:15:34	00:32:15	00:49:20	01:07:01	01:26:16
221	285	SOWINSKI	Walerian	POL	K.Cz. PĘDZIWIATR Gliwic	1946	M-60	4	01:45:55	00:16:49	00:34:21	00:52:05	01:09:59	01:27:50
222	348	GÓRSKI	Michał	POL	Kraków	1984	M-20	53	01:45:58	00:18:19	00:36:32	00:54:25	01:11:31	01:28:55
223	332	BEAUMONT	Barbara	POL	Kraków	1971	K-30	5	01:46:00	00:17:32	00:35:19	00:52:53	01:10:20	01:28:11
224	9	STONARSKI	Paweł	POL	Kraków	1969	M-30	65	01:46:03	00:17:44	00:35:18	00:52:53	01:10:21	01:28:12
225	413	ŻMIGRODZKI	Ryszard	POL	Słomniki	1958	M-50	20	01:46:06	00:19:53	00:40:38	01:01:19	01:22:10	
226	24	KUŻMA	Przemysław	POL	Kraków	1960	M-40	64	01:46:36	00:19:06	00:37:51	00:55:59	01:13:12	01:30:14
227	277	ANTKIEWICZ	Janusz	POL	AZS-AWF Kraków	1964	M-40	65	01:46:38	00:17:26	00:35:02	00:52:30	01:10:36	01:29:17
228	320	MAĆZKA	Jerzy	POL	Kraków	1950	M-50	21	01:46:48	00:17:33	00:35:29	00:53:19	01:11:02	01:28:49
229	213	KOŹMIN	Arkadiusz	POL	Bielsko-Biała	1975	M-30	66	01:46:59	00:18:02	00:36:13	00:54:09	01:11:59	01:30:03
230	11	ŚWIDZIŃSKI	Tomasz	POL	VEGE Runners	1976	M-30	67	01:47:04	00:17:39	00:35:35	00:53:25	01:11:16	01:29:36
231	30	LODEIRO VALES	Ramón	POL	KKB DYSTANS Kraków	1971	M-30	68	01:47:04	00:17:08	00:34:10	00:50:59	01:08:30	01:26:29
232	354	BRUZDA	Grzegorz	POL	Świątniki Górne	1983	M-20	54	01:47:05	00:15:18	00:30:51	00:47:02	01:04:12	01:23:30
233	117	SAPA	Lucjan	POL	Kraków	1969	M-30	69	01:47:12	00:18:18	00:36:03	00:53:44	01:11:17	01:28:57
234	321	MACH	Aleksander	POL	YACHT CLUB Nowa Huta	1968	M-40	66	01:47:19	00:15:06	00:30:50	00:47:13	01:06:57	01:26:56
235	41	KWIATKOWSKI	Tadeusz	POL	KKB DYSTANS Kraków	1977	M-30	70	01:47:27	00:17:07	00:34:10	00:51:28	01:09:13	01:27:53
236	4	WARSZAWSKI	Włodzimierz	POL	MCKiS Jaworzno	1947	M-60	5	01:47:32	00:17:10	00:35:01	00:52:49	01:10:34	01:28:58
237	368	ORMIAŃSKI	Adam	POL	Kraków	1970	M-30	71	01:47:36	00:17:39	00:37:10	00:57:54	01:20:43	
238	356	GRUSZKA	Darek	POL	Kraków	1976	M-30	72	01:47:46	00:17:34	00:35:13	00:52:39	01:10:22	01:28:42
239	375	RÓŻAK	Stanisław	POL	Wołowice	1960	M-40	67	01:47:47	00:15:49	00:32:44	00:51:42	01:09:39	01:28:22
240	229	WŁODARCZYK	Maciej	POL	Kraków	1981	M-20	55	01:47:47	00:18:08	00:36:30	00:54:29	01:12:21	01:29:48
241	346	GAWOR	Przemysław	POL	Świątniki Górne	1979	M-20	56	01:48:03	00:15:18	00:30:51	00:47:02	01:04:12	01:23:54
242	355	PILCH	Krzysztof	POL	Kraków	1958	M-50	22	01:48:06	00:18:05	00:36:33	00:54:47	01:12:46	01:30:47
243	343	JANICKI	Wiesław	POL	KB Głubczyce	1961	M-40	68	01:48:09	00:16:58	00:35:07	00:53:12	01:11:28	01:29:43
244	306	DROŹDŹ	Mateusz	POL	FINANSE Masters	1985	M-20	57	01:48:20	00:17:29	00:34:17	00:50:50	01:08:22	01:26:43

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
245	291	BULKA	Artur	POL	Run Bike Kraków	1952	M-50	23	01:48:22	00:17:54	00:35:56	00:54:06	01:12:29	01:30:50
246	289	CIURA	Mariola	POL	doliniarze.com	1986	K-20	6	01:48:28	00:17:26	00:35:10	00:53:08	01:11:40	01:30:26
247	152	SONDEJ	Wiesław	POL	ZESPÓŁ SZKÓŁ Sokolów	1962	M-40	69	01:48:43	00:17:14	00:35:17	00:53:24	01:11:58	01:30:47
248	200	DUDEK	Michał	POL	Trzebinia	1975	M-30	73	01:48:47	00:18:18	00:36:41	00:54:35	01:11:59	01:30:41
249	411	CZECHOWICZ	Krzysztof	POL	SA PSP Kraków	1984	M-20	58	01:48:59	00:18:55	00:37:44	00:55:46	01:13:47	01:32:04
250	51	CHMURA	Piotr	POL	Kraków	1970	M-30	74	01:49:14	00:15:56	00:34:00	00:52:20	01:10:45	01:29:51
251	367	NIEWIELSKI	Janusz	POL	KKB DYSTANS Kraków	1965	M-40	70	01:49:17	00:17:13	00:35:17	00:53:23	01:11:57	01:30:47
252	304	OBSTARCZYK	Andrzej	POL	OKB Zadyszka	1957	M-50	24	01:49:19	00:18:22	00:36:42	00:55:00	01:13:10	01:31:07
253	134	BOCZKOWSKI	Jerzy	POL	KKB DYSTANS Kraków	1956	M-50	25	01:49:19	00:18:21	00:36:40	00:55:00	01:13:11	01:31:07
254	48	JEWUŁA	Mariusz	POL	HOSTEL JUVENIA	1971	M-30	75	01:49:23	00:16:12	00:33:22	00:50:48	01:09:10	01:28:54
255	172	ŁOŚ	Rafał	POL	Żabno	1985	M-20	59	01:49:25	00:19:05	00:37:31	00:55:39	01:12:48	01:30:49
256	272	SŁAWEK	Kazimierz	POL	WITAR Tarnobrzeg	1949	M-50	26	01:49:28	00:17:31	00:35:38	00:53:59	01:12:25	01:30:56
257	131	KANIA	Zdzisław	POL	Kraków	1976	M-30	76	01:49:35	00:18:06	00:35:42	00:52:50	01:11:11	01:30:17
258	319	ROMANICA	Mateusz	POL	Kraków	1983	M-20	60	01:49:36	00:16:25	00:32:59	00:50:29	01:08:50	01:26:53
259	107	RYZNER	Krzysztof	POL	Jarosław	1960	M-40	71	01:49:37	00:17:15	00:35:18	00:53:31	01:11:58	01:30:48
260	199	LEŚKIEWICZ	Zofia	POL	Bielsko-Biała	1952	K-50	1	01:49:40	00:17:06	00:34:44	00:52:15	01:10:47	01:30:10
261	342	DOBRCZYŃSKI	Tomasz	POL	Kraków	1983	M-20	61	01:50:05	00:18:09	00:37:05	00:55:36	01:14:10	01:32:39
262	169	BARTULA	Tomasz	POL	Amator	1978	M-30	77	01:50:05	00:16:43	00:34:04	00:52:01	01:10:35	01:30:19
263	410	JÓZKOWICZ	Łukasz	POL	YMCA Kraków	1977	M-30	78	01:50:57	00:17:43	00:35:25	00:52:43	01:09:58	01:28:47
264	344	BYLINKA	Kamila	POL	Tomaszow Mazowiecki	1984	K-20	7	01:51:01	00:17:12	00:34:29	00:52:16	01:11:42	01:31:14
265	372	WYSTĘPEK	Piotr	POL	Kraków	1970	M-30	79	01:51:06	00:17:01	00:34:29	00:52:25	01:11:13	01:30:32
266	28	ZUBEL	Ireneusz	POL	YMCA Kraków	1965	M-40	72	01:51:09	00:18:24	00:36:47	00:55:02	01:13:24	01:32:14
267	223	NOWAK	Marek	POL	KKB DYSTANS Kraków	1957	M-50	27	01:51:10	00:16:47	00:34:41	00:53:15	01:12:01	01:31:18
268	218	WAŚIK	Jacek	POL	CBFS	1959	M-40	73	01:51:15	00:18:41	00:37:30	00:55:58	01:14:32	01:32:37
269	309	DRUŻKOWSKI	Mateusz	POL	FINANSE MASTERS	1985	M-20	62	01:51:17	00:18:15	00:37:02	00:55:26	01:14:10	01:33:08
270	60	WRÓBLEWSKI	Marcin	POL	Kraków	1982	M-20	63	01:51:20	00:15:53	00:33:53	00:52:14	01:10:32	01:31:19
271	61	ZEMLA	Kornel	POL	Kraków	1982	M-20	64	01:51:20	00:16:12	00:33:55	00:52:19	01:11:05	01:31:20
272	207	GÓRKA	Grzegorz	POL	Mysłenice	1984	M-20	65	01:51:40	00:17:27	00:35:20	00:53:18	01:11:23	01:30:26
273	139	CEGŁA	Marcin	POL	Kraków	1980	M-20	66	01:51:41	00:17:14	00:34:53	00:53:12	01:12:32	01:32:17
274	158	SIKORSKI	Edmund	POL	ZNP Inowrocław	1944	M-60	6	01:51:43	00:18:09	00:36:47	00:55:31	01:14:20	01:33:06
275	209	WRONICZ	Zygmunt	POL	Kraków	1944	M-60	7	01:51:44	00:17:20	00:35:57	00:54:51	01:13:51	01:32:57
276	18	MROŻEK	Andrzej	POL	KKB DYSTANS Kraków	1954	M-50	28	01:51:44	00:17:52	00:35:54	00:54:04	01:12:28	01:32:10
277	253	WĘGLER	Kornelia	POL	KRS TKKF Jastrząb Ruda	1970	K-30	6	01:51:50	00:18:27	00:37:03	00:55:45	01:14:17	01:33:07
278	154	WODZIAŃSKA	Zofia	POL	Kraków	1959	K-40	6	01:51:52	00:18:19	00:39:56	01:02:50	01:26:33	
279	188	BŁASZCZAK	Paulina	POL	Trzebnica	1985	K-20	8	01:51:56	00:17:06	00:34:47	00:53:01	01:11:42	01:31:29
280	13	TARKOWSKI	Łukasz	POL	Kraków	1985	M-20	67	01:52:06	00:15:55	00:32:19	00:48:52	01:06:27	01:25:36
281	237	DYLAŃ	Marek	POL	KB MCKIS Jaworzno	1961	M-40	74	01:52:08	00:17:25	00:34:49	00:52:39	01:11:28	01:31:44

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
282	210	ZIELIŃSKI	Rafał	POL	AZS-AWF WETERANI	1966	M-40	75	01:52:11	00:16:36	00:33:43	00:51:12	01:10:31	01:32:09
283	204	MROWIEC	Adam	POL	UKS JEDYNKA Skawina	1953	M-50	29	01:52:14	00:18:19	00:37:17	00:56:38	01:15:24	01:33:54
284	313	WROŃSKI	Mateusz	POL	MaratonyPolskie.pl Team	1973	M-30	80	01:52:26	00:16:36	00:35:12	00:53:56	01:13:35	01:34:24
285	55	SZYMCZYNA	Zdzisław	POL	KKB DYSTANS Kraków	1958	M-50	30	01:52:27	00:17:34	00:35:38	00:54:00	01:12:42	01:32:19
286	220	RUT	Stanisław	POL	Rzeszów	1955	M-50	31	01:52:30	00:18:45	00:37:30	00:56:23	01:15:08	01:34:26
287	167	MAJCHRZAK	Michał	POL	KB LOK Bochnia	1984	M-20	68	01:52:32	00:16:10	00:33:53	00:52:27	01:10:48	01:31:03
288	407	PODZOBA	Stanisław	POL	KKB DYSTANS Kraków	1940	M-60	8	01:52:37	00:18:17	00:37:01	00:55:33	01:14:21	01:33:17
289	155	STAROSTKA	Andrzej	POL	Kędzierzyn-Koźle	1948	M-60	9	01:52:40	00:17:49	00:36:40	00:55:43	01:14:41	01:33:52
290	31	ŚLUSARCZYK	Jerzy	POL	AZS-AWF WETERANI	1958	M-50	32	01:52:53	00:17:58	00:36:11	00:54:54	01:13:43	01:33:04
291	340	MIZERA	Agnieszka	POL	Wrocław	1969	K-30	7	01:52:55	00:17:14	00:34:37	00:52:51	01:12:28	01:32:45
292	191	PASEK	Wojciech	POL	AKB PASAT Końskie	1959	M-40	76	01:53:06	00:18:17	00:37:03	00:55:52	01:14:49	01:33:51
293	174	WALTAR	Zbigniew	POL	Bytom	1974	M-30	81	01:53:30	00:19:13	00:38:14	00:57:19	01:16:31	01:35:28
294	56	SEDLAK	Kazimierz	POL	KKB DYSTANS Kraków	1952	M-50	33	01:53:33	00:18:40	00:37:28	00:56:49	01:16:33	01:36:16
295	39	MASŁOCHA	Kazimiera	POL	KKB DYSTANS Kraków	1961	K-40	7	01:53:38	00:18:20	00:36:33	00:55:16	01:14:45	01:34:05
296	388	BACICKI	Marek	POL	Kraków	1971	M-30	82	01:53:42	00:18:54	00:38:09	00:57:16	01:16:25	01:35:45
297	25	WEGENKE	Seweryn	POL	Kraków	1977	M-30	83	01:53:45	00:17:38	00:35:21	00:54:05	01:13:40	01:33:53
298	385	BRONOWSKI	Janusz	POL	KKB DYSTANS Kraków	1957	M-50	34	01:53:53	00:18:17	00:37:12	00:56:13	01:15:13	01:34:33
299	263	OLENDEREK	Zygmunt	POL	WITAR Tarnobrzeg	1942	M-60	10	01:53:58	00:19:19	00:38:49	00:58:00	01:16:50	01:35:24
300	408	FORMA	Ewelina	POL	Mysłowice	1979	K-20	9	01:53:59	00:16:29	00:33:43	00:51:12	01:09:12	01:31:28
301	82	ZIELIŃSKA	Agnieszka	POL	Kraków	1969	K-30	8	01:54:04	00:18:54	00:38:09	00:57:17	01:16:25	01:35:45
302	138	POGON	Piotr	POL	DYM-TEAM MARATON	1967	M-40	77	01:54:26	00:17:12	00:35:34	00:54:27	01:13:56	01:34:02
303	92	OSTACHOWSKA	Beata	POL	Kraków	1978	K-30	9	01:54:33	00:19:41	00:39:26	00:58:32	01:17:25	01:36:14
304	238	KIEROŃSKI	Ryszard	POL	Katowice	1957	M-50	35	01:54:45	00:18:07	00:37:07	00:56:18	01:16:05	01:35:54
305	394	WIĘCEK	Dariusz	POL	Słomniki	1982	M-20	69	01:54:46	00:19:07	00:37:50	00:56:50	01:16:07	01:35:55
306	349	CZERWIONKA	Lidia	POL	Kraków	1980	K-20	10	01:55:10	00:17:34	00:36:27	00:55:51	01:15:32	01:35:20
307	100	MADEJ	Andrzej	POL	KKB DYSTANS Kraków	1955	M-50	36	01:55:10	00:18:18	00:37:06	00:56:04	01:15:53	01:36:11
308	264	MALEC	Mateusz	POL	Dzierzkowice	1981	M-20	70	01:55:22	00:17:00	00:34:01	00:52:04	01:11:25	01:32:03
309	333	BEGLER	Wolfgang	POL	Kraków	1978	M-30	84	01:55:23	00:18:01	00:36:03	00:54:07	01:13:42	01:34:47
310	38	STĘPIEŃ	Mikołaj	POL	Kraków	1977	M-30	85	01:55:23	00:19:42	00:39:26	00:58:32	01:17:25	01:36:16
311	325	RATAJEK	Anna	POL	6 bdow	1979	K-20	11	01:55:25	00:17:26	00:35:51	00:54:41	01:14:20	01:34:40
312	292	KRUMIN	Dominik	POL	WKB PIAST Wrocław	1981	M-20	71	01:55:25	00:17:26	00:35:51	00:54:41	01:14:19	01:34:39
313	322	MAKSYMOWICZ	Bartosz	POL	6 bdow	1983	M-20	72	01:55:30	00:15:24	00:31:16	00:47:18	01:04:23	01:31:09
314	282	MARASEK	Dawid	POL	ŚCIEŻKI BIEGOWE Kraka	1977	M-30	86	01:55:33	00:17:27	00:35:14	00:54:19	01:13:45	01:34:04
315	384	ADAMCZYK	Łukasz	POL	Kraków	1985	M-20	73	01:55:35	00:17:31	00:35:54	00:54:33	01:14:09	01:33:46
316	67	PETERA	Jarosław	POL	JW 2771 Kraków	1980	M-20	74	01:55:40	00:17:48	00:36:24	00:55:22	01:15:07	01:35:13
317	222	SZYMACHA	Marcin	POL	Kraków	1976	M-30	87	01:55:44	00:17:53	00:36:25	00:55:23	01:15:07	01:35:17
318	175	SZCZEPAŃSKI	Jarosław	POL	Tarnów	1969	M-30	88	01:55:47	00:18:11	00:37:11	00:56:21	01:15:54	01:35:59

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
319	136	KOT	Adam	POL	FORMA Wodzisław Śląski	1964	M-40	78	01:56:01	00:18:05	00:37:56	00:55:34	01:14:34	01:35:33
320	144	JAINTA	Agnieszka	POL	FORMA Wodzisław Śląski	1972	K-30	10	01:56:01	00:18:05	00:37:03	00:56:03	01:15:19	01:35:34
321	137	SAMOLAK	Ireneusz	POL	FORMA Wodzisław Śląski	1976	M-30	89	01:56:01	00:18:04	00:36:36	00:55:10	01:14:52	01:35:33
322	260	BIAŁKA	Jakub	POL	Stary Sącz	1980	M-20	75	01:56:11	00:18:08	00:37:06	00:56:19	01:15:53	01:36:04
323	386	MICHALIK	Maciej	POL	Wieliczka	1978	M-30	90	01:56:24	00:18:17	00:37:02	00:55:35	01:14:37	01:34:55
324	52	DEC	Piotr	POL	Kraków	1975	M-30	91	01:56:33	00:17:16	00:35:19	00:53:44	01:13:24	01:34:51
325	399	ŚMIECH	Sławomir	POL	Kraków	1975	M-30	92	01:56:40	00:18:54	00:38:09	00:57:16	01:16:25	01:35:46
326	255	SZYMCZYK	Barbara	POL	KRS TKKF Jastrzęb Ruda	1970	K-30	11	01:56:46	00:18:27	00:37:03	00:55:49	01:15:33	01:36:17
327	206	WAŹTROBA	Bartłomiej	POL		1982	M-20	76	01:56:47	00:17:27	00:35:20	00:53:18	01:11:23	01:32:18
328	317	PRYMAKOWSKA	Barbara	POL	SOKÓŁ Tarnów	1943	K-60	1	01:56:56	00:17:51	00:37:12	00:56:17	01:15:49	01:36:02
329	230	MENTEL	Zbigniew	POL	RAJSKO Kraków	1957	M-50	37	01:57:03	00:18:13	00:37:22	00:56:52	01:17:37	01:37:32
330	90	PITALA	Dominik	POL	rowerowanie.pl	1983	M-20	77	01:57:13	00:16:30	00:33:49	00:51:55	01:11:14	01:33:11
331	412	HANDZEL	Wioletta	POL	Kraków	1984	K-20	12	01:57:22	00:17:26	00:35:38	00:54:45	01:14:56	01:36:05
332	377	KRZYSZTOFEK	Mariusz	POL	Amator	1970	M-30	93	01:57:33	00:18:36	00:38:34	00:58:38	01:18:31	01:38:19
333	176	MAĐRZYK	Daniel	POL	Kraków	1981	M-20	78	01:57:38	00:17:52	00:36:42	00:55:50	01:15:27	01:36:41
334	296	KARPIŃSKI	Zdzisław	POL	WITAR Tarnobrzeg	1942	M-60	11	01:57:41	00:19:20	00:38:49	00:58:05	01:17:53	01:37:50
335	111	LIPIŃSKI	Krzysztof	POL	KKB DYSTANS Kraków	1959	M-40	79	01:57:50	00:18:34	00:37:33	00:56:58	01:16:46	01:37:07
336	15	KNAPIK	Jerzy	POL	KKB DYSTANS Kraków	1946	M-60	12	01:57:52	00:18:39	00:37:28	00:56:50	01:16:34	01:36:44
337	153	MUSIAŁ	Zdzisław	POL	Kraków	1955	M-50	38	01:58:02	00:16:39	00:35:43	00:56:12	01:14:57	01:33:40
338	379	STANUCH	Stanisław	POL	KKB DYSTANS Kraków	1962	M-40	80	01:58:04	00:18:52	00:38:11	00:57:52	01:17:51	01:37:58
339	295	KACZMARCZYK	Tomasz	POL	Trybsz	1986	M-20	79	01:58:17	00:18:48	00:37:47	00:57:32	01:16:44	01:37:06
340	382	OLSZEWSKI	Grzegorz	POL	Kraków	1985	M-20	80	01:58:19	00:17:32	00:35:54	00:54:33	01:14:09	01:33:46
341	43	GONDEK	Krzysztof	POL	Przeclaw	1978	M-30	94	01:58:22	00:17:40	00:35:53	00:54:42	01:14:52	01:36:12
342	160	LAU	Marta	POL	Law Family	1989	K-16	1	01:58:26	00:17:53	00:36:24	00:55:32	01:15:30	01:36:42
343	142	KOT	Marcin	POL	Krzeszowice	1979	M-20	81	01:58:32	00:18:13	00:37:00	00:56:00	01:16:01	01:38:14
344	256	PROKOP	Iwona	POL	KRS TKKF Jastrzęb Ruda	1974	K-30	12	01:58:33	00:18:27	00:37:14	00:56:55	01:17:09	01:37:44
345	362	ZWONEK	Piotr	POL	rowerowanie.pl	1967	M-40	81	01:58:41	00:18:14	00:38:01	00:57:48	01:18:12	01:38:54
346	314	ŻELAZNA	Natalia	POL	Kraków	1980	K-20	13	01:58:42	00:19:20	00:38:50	00:58:26	01:18:14	01:38:35
347	203	PABIASZ	Stanisław	POL	LUKS Groniczek	1948	M-60	13	01:59:00	00:15:58	00:33:13	00:51:36	01:12:09	01:34:23
348	195	CHMIELOW	Aleksander	POL	ZSSnr10, Kraków	1972	M-30	95	01:59:20	00:20:03	00:39:52	01:00:04	01:21:19	
349	189	WOJCIECHOWSKI	Janusz	POL	KKB DYSTANS Kraków	1951	M-50	39	01:59:49	00:17:42	00:36:12	00:54:53	01:14:33	01:35:49
350	221	GOSTKOWSKI	Bartosz	POL	Kraków	1977	M-30	96	02:00:12	00:17:17	00:35:05	00:53:30	01:12:44	01:37:12
351	106	PAPIEŻ	Mariusz	POL	Limanowa	1983	M-20	82	02:00:13	00:17:29	00:35:21	00:53:34	01:13:35	01:34:56
352	406	ZEMUŁA	Zbigniew	POL	KORA & DORA	1954	M-50	40	02:00:20	00:17:51	00:35:59	00:54:46	01:14:55	01:36:36
353	109	ŻYŁA	Paweł	POL	KKB DYSTANS Kraków	1963	M-40	82	02:00:24	00:19:51	00:39:52	00:59:52	01:20:03	01:40:10
354	303	OBSTARCZYK	Małgorzata	POL	OKB Zadyszka	1961	K-40	8	02:00:24	00:19:51	00:39:53	00:59:52	01:20:03	01:40:10
355	358	RAJCHERT	Radosław	POL	Chełm	1984	M-20	83	02:00:54	00:15:10	00:30:48	00:47:31	01:11:44	01:27:41

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
356	84	GRABIEC	Dariusz	POL	Kraków	1976	M-30	97	02:01:07	00:18:17	00:38:01	00:58:06	01:18:39	01:39:45
357	259	GRZESIAK	Tomasz	POL	2 KZ	1975	M-30	98	02:01:37	00:18:07	00:37:24	00:57:24	01:17:45	01:39:09
358	119	TOBJASZ	Wiesław	POL	Kraków	1955	M-50	41	02:01:42	00:17:55	00:37:08	00:56:39	01:17:38	01:39:24
359	33	PALIŚ	Roman	POL	AZS-AWF WETERANI	1967	M-40	83	02:02:12	00:17:57	00:36:11	00:55:12	01:17:57	01:40:09
360	250	ZAWALSKI	Paweł	POL	Zabierzów	1976	M-30	99	02:02:19	00:19:21	00:38:51	00:58:05	01:17:54	01:38:27
361	297	SULENCKI	Adam	POL	SAMOTNY WILK	1974	M-30	100	02:02:53	00:19:20	00:38:49	00:58:05	01:18:12	01:40:14
362	335	ZBUDNIEWER	Roman	POL	tRUCHt Maraton Skierniew	1952	M-50	42	02:02:58	00:18:18	00:37:29	00:57:31	01:18:25	01:40:16
363	162	PIKULSKI	Mieczysław	POL	Pińczów	1943	M-60	14	02:03:30	00:19:53	00:40:38	01:01:20	01:22:12	01:42:59
364	80	NOWAK	Jerzy	POL	Kraków	1950	M-50	43	02:03:30	00:19:53	00:40:38	01:01:20	01:22:12	01:42:59
365	278	SOBCZAK	Barbara	POL	Katowice	1958	K-50	2	02:03:57	00:18:47	00:38:57	00:59:44	01:20:51	01:42:26
366	262	WOJKASIŃSKI	Grzegorz	POL	Kraków	1974	M-30	101	02:04:01	00:19:12	00:38:28	00:58:25	01:19:28	01:42:17
367	192	MALICKI	Grzegorz	POL	AKB PASAT Końskie	1970	M-30	102	02:04:21	00:17:21	00:35:59	00:55:40	01:16:16	01:40:27
368	64	GRZECH	Magdalena	POL	Kraków	1988	K-20	14	02:04:29	00:17:19	00:37:02	00:58:18	01:20:01	01:42:07
369	350	SIKOŃ	Roman	POL	Salezianie	1976	M-30	103	02:04:39	00:20:09	00:39:30	00:59:02	01:19:26	01:41:29
370	178	PURCHLA	Jan	POL	Kraków	1960	M-40	84	02:05:54	00:20:03	00:39:52	01:00:03	01:21:19	01:44:45
371	318	BURYŁO	Luiza	POL	OKB Zadyszka	1967	K-40	9	02:06:13	00:21:04	00:42:07	01:03:12	01:24:06	01:45:01
372	216	ŁABUZ	Marek	POL	WKB PIAST Wrocław	1956	M-50	44	02:07:24	00:20:32	00:41:10	01:02:23	01:24:27	01:48:58
373	86	WIECZOREK	Justyna	POL	Krzyszowice	1970	K-30	13	02:07:44	00:18:21	00:38:05	00:59:33	01:21:49	01:44:01
374	294	FILIMOWSKI	Piotr	POL	Kraków	1978	M-30	104	02:08:17	00:18:01	00:37:32	00:57:44	01:20:01	01:43:04
375	393	PRZYCHODZEŃ	Marek	POL	Kraków	1978	M-30	105	02:08:42	00:16:47	00:34:46	00:53:31	01:14:26	01:42:10
376	123	WIERZGOŃ	Debora	POL	Skoczów	1990	K-16	2	02:09:05	00:17:01	00:37:12	00:58:11	01:20:23	01:44:31
377	5	SZUBERLA	Andrzej	POL	Kraków	1973	M-30	106	02:09:50	00:20:42	00:42:12	01:03:37	01:25:14	01:47:02
378	225	PAWLIK	Jerzy	POL	Katowice	1950	M-50	45	02:09:56	00:21:10	00:42:30	01:03:47	01:25:43	01:47:50
379	290	DOLIŃSKI	Tomasz	POL	Orkiestra Repr.ŚOW	1964	M-40	85	02:10:07	00:21:30	00:43:37	01:05:38	01:27:34	01:49:07
380	251	LIPSKI	Zdzisław	POL	Krasiczyn	1960	M-40	86	02:11:26	00:19:39	00:40:06	01:02:18	01:26:04	01:48:43
381	14	STARZYŃSKI	Tomasz	POL	Kraków AIRPORT	1968	M-40	87	02:11:42	00:20:32	00:41:53	01:03:44	01:26:03	01:48:45
382	380	NOWAK	Monika	POL	MPL Kraków	1979	K-20	15	02:11:42	00:20:32	00:41:53	01:03:45	01:26:03	01:48:44
383	400	ŁENYK	Zygmunt	POL	Kraków	1992	M-16	6	02:12:12	00:16:41	00:35:44	00:55:12	01:15:41	01:36:42
384	244	LATOCHA	Grzegorz	POL	Zdzieszowice	1982	M-20	84	02:12:49	00:18:57	00:38:13	00:58:01	01:23:31	01:48:04
385	401	KLIMEK	Dominika	POL		1982	K-20	16	02:13:24	00:18:53	00:38:50	01:00:17	01:23:13	01:47:54
386	270	ŁAPUSZEK	Marek	POL	Gimnazjum nr 12 Kraków	1957	M-50	46	02:14:14	00:18:20	00:37:42	00:58:23	01:20:38	01:45:12
387	193	JANAS	Paweł	POL	Kraków	1967	M-40	88	02:15:11	00:20:04	00:39:52	01:00:05	01:21:20	01:47:00
388	357	PILCH	Agnieszka	POL	Kraków	1984	K-20	17	02:15:54	00:20:56	00:42:11	01:03:36	01:26:04	01:49:45
389	378	STACHOW	Jan	POL	ZPS Kraków	1929	M-70	1	02:16:27	00:21:15	00:43:46	01:06:06	01:28:58	01:52:15
390	217	ŁABUZ	Małgorzata	POL	Wrocław	1985	K-20	18	02:17:05	00:20:32	00:41:10	01:02:23	01:24:27	01:48:59
391	57	SOKOŁOWSKI	Tadeusz	POL	Modlniczka	1951	M-50	47	02:17:06	00:21:30	00:43:50	01:06:37	01:29:35	01:53:26
392	58	KOWALSKI	Dariusz	POL	Modlniczka	1970	M-30	107	02:17:06	00:21:30	00:43:50	01:06:37	01:29:35	01:53:26

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
393	32	SZUMERA	Piotr	POL	PETER S Team	1957	M-50	48	02:17:07	00:18:42	00:38:21	00:59:16	01:24:55	01:50:27
394	22	KABAT	Krzysztof	POL	Kraków	1947	M-60	15	02:19:08	00:19:29	00:40:37	01:02:54	01:26:29	01:52:04
395	26	RAŻNY	Filip	POL	Kraków	1981	M-20	85	02:19:14	00:20:57	00:42:10	01:03:36	01:26:04	01:49:48
396	353	DOBROWOLSKI	Damian	POL	KB Głubczyce	1971	M-30	108	02:19:34	00:16:58	00:37:49	01:10:47	01:35:00	01:58:25
397	371	PIĘTA	Artur	POL	Kraków	1970	M-30	109	02:21:58	00:21:34	00:44:07	01:06:47	01:30:03	01:54:45
398	395	PAMUŁA	Jan	POL	KKB DYSTANS Kraków	1944	M-60	16	02:22:34	00:20:56	00:42:29	01:05:26	01:29:45	01:55:46
399	373	MADEJ	Józef	POL	OKB Zadyszka	1951	M-50	49	02:22:37	00:21:35	00:44:21	01:08:42	01:33:02	01:57:56
400	7	LEŚNIAKIEWICZ	Aneta	POL	Kraków	1982	K-20	19	02:29:29	00:22:33	00:46:46	01:11:29	01:37:17	02:03:57
401	288	BULICA	Piotr	POL	Kraków	1985	M-20	86	02:34:02	00:17:47	00:38:14	00:58:50	01:20:08	01:44:04
402	224	NOWAK	Urszula	POL	Wieliczka	1957	K-50	3	02:35:17	00:20:54	00:44:14	01:09:28	01:37:23	02:06:17
403	460	ROMANO	Antonio	POL	KKB DYSTANS Kraków	1968	M-40	89	02:35:17	00:22:42	00:46:46	01:11:46	01:37:41	02:06:17